

21  
 03.11.2024 - 10:00

, 100m

11-13 (2011-2013 . . )

1 9

3	13	,	.	NT
4	12	,		1:43.00
5	13	,	4	1:50.00

2 9

1	12	,	-19	1:42.00
2	11	,	" "	1:40.00
3	11	,	" "	1:40.00
4	12	,	" "	1:39.00
5	13	,	" "	1:40.00
6	12	,	" "	1:40.00
7	11	,		1:41.00

3 9

1	12	,	4	1:38.00
2	11	,	-19	1:37.00
3	12	,	" "	1:36.50
4	12	,	.	1:35.20
5	12	,	" "	1:35.25
6	12	,	" "	1:37.00
7	11	,		1:37.50
8	12	,	" "	1:39.00

4 9

1	12	,	" "	1:35.00
2	11	,	" "	1:35.00
3	12	,	" "	1:35.00
4	13	-	,	1:34.57
5	13	,	" "	1:35.00
6	13	,	" "	1:35.00
7	13	-	,	1:35.00
8	11	,	" "	1:35.00

5 9

1	11	,	" "	1:33.00
2	13	,	-19	1:33.00
3	12	,	" "	1:32.00
4	12	,	" "	1:31.36
5	12	,	-19	1:31.50
6	11	,	" "	1:33.00
7	11	,	" "	1:33.00
8	11	,	-19	1:34.00

" "(50 .)

ALT- TIMING

21, , 100m

<u>6 9</u>					
1	12	,	-19		1:31.00
2	11	,	.	.	1:30.50
3	13	,	"	"	1:30.00
4	12	,	4		1:30.00
5	11	,	-19		1:30.00
6	13	,	"	"	1:30.00
7	12	,			1:30.80
8	12	,	"	"	1:31.00
<u>7 9</u>					
1	12	,	-19		1:30.00
2	11	,			1:29.30
3	12	,	4		1:29.00
4	12	,	"	"	1:28.00
5	12	,			1:28.95
6	12	,			1:29.00
7	12	,	"	"	1:30.00
8	12	,	-19		1:30.00
<u>8 9</u>					
1	11	,	"	"	1:28.00
2	12	,	"	"	1:27.20
3	11	,	"	"	1:26.00
4	12	,	"	"	1:24.50
5	12	,			1:25.00
6	11	-	,		1:26.30
7	11	-	,		1:27.90
8	12	,	"	"	1:28.00
<u>9 9</u>					
1	12	,	"	"	1:24.00
2	11	,	"	"	1:21.00
3	11	,	1		1:20.50
4	11	,			1:18.00
5	11	,	-19		1:20.00
6	12	,	"	"	1:20.50
7	11	,			1:23.00
8	12	,			1:24.00

" (50 .)

ALT- TIMING

22 , 100m 11-13 (2011-2013 . .)  
 03.11.2024 - 10:15

1 6				
1	11	,		1:37.00
2	11	-	,	1:35.37
3	12	,	" "	1:35.00
4	12	,	" "	1:32.00
5	13	-	,	1:34.20
6	13	,	.	1:35.00
7	13	,	" "	1:36.00
8	13	,	" "	1:49.20

2 6				
1	12	,		1:30.50
2	13	,	-19	1:30.00
3	11	,	-19	1:30.00
4	11	,	" "	1:30.00
5	13	,	" "	1:30.00
6	11	,	" "	1:30.00
7	11	,	-19	1:30.00
8	13	,	" "	1:31.00

3 6				
1	13	,		1:30.00
2	11	,	" "	1:29.00
3	11	,	" "	1:26.00
4	11	,	" "	1:26.00
5	11	,	-19	1:26.00
6	11	,	-19	1:27.00
7	11	,	" "	1:29.00
8	11	,	.	1:30.00

4 6				
1	11	,	" "	1:25.15
2	12	,	" "	1:25.00
3	11	,	" "	1:24.00
4	11	-	,	1:22.01
5	12	,	" "	1:23.00
6	11	-	,	1:24.00
7	11	,	1-	1:25.00
8	11	,	" "	1:25.50

" (50 .)

ALT- TIMING

11-13 (2011-2013 . .), 11-13 (2011-2013 . .)  
 , 01.11-03.11.2024 .

22, , 100m

5 6

1	11	,	"	"	1:21.50
2	12	,	"	"	1:21.00
3	11	,	"	"	1:20.00
4	12	,	"	"	1:20.00
5	11	,	"	"	1:20.00
6	11	,	"	"	1:20.00
7	11	,	"	"	1:21.00
8	11	,	"	"	1:22.00

6 6

1	11	,	"	"	1:20.00
2	11	,	-19		1:18.00
3	11	,	-19		1:17.00
4	11	,	"	"	1:10.00
5	11	,	"	"	1:10.40
6	11	,	"	"	1:17.50
7	11	,	"	"	1:18.00
8	11	,	"	"	1:20.00

23

, 200m

11-13 (2011-2013 . .)

03.11.2024 - 10:30

1 12

3	13	,	.	.	NT
4	12	,	"	"	25:30.00
5	11	,	"	"	NT

2 12

2	12	,	.	.	3:20.50
3	13	,	"	"	3:15.00
4	13	,			3:12.00
5	12	,	-19		3:15.00
6	13	,	.	.	3:19.00
7	13	,	.	.	3:25.00

" (50 .)

ALT- TIMING

23, , 200m

3 12

1	12	,	"	"	3:10.00
2	11	,	"	"	3:10.00
3	11	,	"	"	3:08.00
4	13	,	"	"	3:08.00
5	11	,	4	"	3:08.00
6	12	,	"	"	3:08.63
7	11	,	"	"	3:10.00
8	13	,	"	"	3:10.50

4 12

1	11	,	-19	"	3:07.00
2	13	,	"	"	3:06.00
3	12	,	"	"	3:05.23
4	12	,	-19	"	3:05.00
5	12	,	-19	"	3:05.00
6	11	,	"	"	3:05.78
7	13	,	"	"	3:06.98
8	13	,	"	"	3:07.00

5 12

1	13	,	"	"	3:05.00
2	12	,	-19	"	3:05.00
3	12	,	"	"	3:03.00
4	13	,	"	"	3:02.00
5	11	,	"	"	3:02.34
6	13	,	"	"	3:04.00
7	13	,	"	"	3:05.00
8	12	,	-19	"	3:05.00

6 12

1	12	,	"	"	3:01.39
2	12	,	-19	"	3:00.00
3	11	,	"	"	2:59.00
4	12	,	-19	"	2:57.00
5	11	,	"	"	2:58.10
6	12	,	-19	"	3:00.00
7	12	,	-19	"	3:00.00
8	13	,	"	"	3:02.00

" (50 .)

ALT- TIMING

23, , 200m

<u>7 12</u>				
1	13	,	" "	2:56.77
2	11	,	4 "	2:55.00
3	12	,	" "	2:55.00
4	12	,	" "	2:54.64
5	11	,	" "	2:55.00
6	13	,	" "	2:55.00
7	12	,	" "	2:55.55
8	13	,	" "	2:57.00
<u>8 12</u>				
1	12	,	4 "	2:52.00
2	11	,	" "	2:51.20
3	11	,	" "	2:50.50
4	11	,	" "	2:49.11
5	12	,	" "	2:50.10
6	12	,	" "	2:51.00
7	12	,	" "	2:51.60
8	11	,	" "	2:54.00
<u>9 12</u>				
1	12	,	" "	2:48.00
2	11	,	" "	2:47.00
3	13	,	" "	2:46.00
4	13	,	" "	2:45.00
5	12	,	" "	2:45.00
6	12	-	" "	2:46.37
7	13	,	" "	2:48.00
8	12	,	" "	2:48.11
<u>10 12</u>				
1	11	,	" "	2:44.00
2	11	,	-19 "	2:43.00
3	11	,	" "	2:42.00
4	11	,	" "	2:41.00
5	12	,	" "	2:41.00
6	12	,	" "	2:42.00
7	12	,	" "	2:44.00
8	11	,	-19 "	2:45.00

" "(50 .)

ALT- TIMING

11-13 (2011-2013 . .), 11-13 (2011-2013 . .)  
 , 01.11-03.11.2024 .

23, , 200m

11 12

1	12	,			2:40.00
2	12	,	"	"	2:40.00
3	11	,			2:40.00
4	11	,	"	"	2:38.00
5	11	,			2:40.00
6	11	,	-19		2:40.00
7	11	,			2:40.00
8	12	,	1-		2:40.60

12 12

1	11	,	1		2:37.60
2	11	,	"	"	2:36.00
3	11	,	-19		2:35.00
4	11	,	"	"	2:24.00
5	11	,	"	"	2:34.00
6	12	,	"	"	2:35.00
7	11	,			2:36.00
8	11	,	"	"	2:38.00

24

, 200m

11-13 (2011-2013 . .)

03.11.2024 - 11:50

1 9

3	11	,	"	"	NT
4	13	,	-19		3:15.00
5	13	,			3:15.00
6	13	,	"	"	NT

2 9

1	12	,	"	"	3:07.11
2	13	,			3:05.20
3	12	,	"	"	3:04.50
4	12	,	"	"	3:00.00
5	12	,	"	"	3:01.00
6	12	,	"	"	3:05.00
7	12	,	-19		3:07.00
8	13	,	"	"	3:10.00

" (50 .)

ALT- TIMING

24, , 200m

3 9

1	11	,	-19		3:00.00
2	13	,	"	"	2:58.00
3	11	,	"	"	2:56.00
4	11	,	-19		2:55.00
5	12	,	"	"	2:55.95
6	13	,	-19		2:57.00
7	11	,	"	"	2:59.90
8	12	,	-19		3:00.00

4 9

1	11	,	"	"	2:55.00
2	11	,	"	"	2:54.46
3	12	,	"	"	2:54.00
4	12	,	"	"	2:53.00
5	13	,	"	"	2:53.00
6	11	,	"	"	2:54.00
7	11	,	"	"	2:55.00
8	12	,	"	"	2:55.00

5 9

1	13	,	"	"	2:51.14
2	11	,	"	"	2:50.50
3	11	,	"	"	2:50.00
4	11	,	"	"	2:50.00
5	11	,	"	"	2:50.00
6	11	,	-19		2:50.00
7	13	,			2:51.00
8	11	,			2:53.00

6 9

1	13	,	"	"	2:46.00
2	11	,	"	"	2:45.00
3	11	,	"	"	2:45.00
4	12	,	"	"	2:45.00
5	13	,	"	"	2:45.00
6	12	,	"	"	2:45.00
7	11	,	"	"	2:46.00
8	11	,	"	"	2:49.00

" (50 .)

ALT- TIMING



24, , 200m

7 9

1	11	,				2:44.00
2	11	,		"	"	2:43.00
3	13	,		"	"_" - "	2:42.51
4	11	,		"	"	2:40.00
5	12	,		"	"	2:40.50
6	11	,		"	"	2:43.00
7	11	,		"	"	2:44.00
8	11	,		"	"	2:44.00

8 9

1	11	,				2:40.00
2	11	,		-19		2:39.00
3	11	,		"	"	2:35.00
4	11	,		"	"	2:32.00
5	12	,		"	"	2:32.00
6	11	,		-19		2:38.00
7	11	,		-19		2:40.00
8	11	,		"	"	2:40.00

9 9

1	12	,		"	"	2:29.00
2	11	,		"	"	2:27.00
3	11	,		"	"	2:25.00
4	11	,		"	"	2:20.10
5	11	,		"	"	2:23.00
6	11	-		,		2:27.00
7	11	,		"	"	2:27.50
8	11	,		"	"	2:30.40

25

, 100m

11-13 (2011-2013 . .)

03.11.2024 - 12:20

1 9

3	12	,		"	"	1:43.00
4	11	,		"	"	1:34.00
5	13	,		"	"	1:35.00

" (50 .)

ALT- TIMING

25, , 100m

2 9

1	11	,	"	"	1:30.00
2	12	,	"	"	1:28.00
3	12	,	-19		1:27.00
4	12	,			1:26.50
5	11	,	"	"	1:27.00
6	12	,	"	"	1:27.10
7	13	,			1:29.00
8	13	,			1:30.13

3 9

1	13	,			1:26.00
2	13	-	,		1:25.56
3	12	,			1:25.00
4	11	,	"	"	1:24.50
5	12	,			1:25.00
6	13	,	"	"	1:25.00
7	13	-	,		1:26.00
8	12	,	4		1:26.00

4 9

1	12	,	-19		1:24.00
2	12	,	"	"	1:22.00
3	12	,	"	"	1:21.00
4	12	,	"	"	1:20.00
5	12	,			1:20.50
6	12	,			1:21.00
7	11	,			1:23.00
8	11	,			1:24.00

5 9

1	13	,			1:20.00
2	12	,	"	"	1:20.00
3	11	,	-19		1:20.00
4	12	,	"	"	1:19.35
5	12	,	"	"	1:19.56
6	12	,			1:20.00
7	12	,			1:20.00
8	11	,	"	"	1:20.00

" (50 .)

ALT- TIMING

25, , 100m

6 9

1	12	,	"	"	1:19.00
2	11	,	"	"	1:18.36
3	11	,	"	"	1:18.00
4	12	,	"	"	1:18.00
5	12	,	"	"	1:18.00
6	12	,	"	"	1:18.36
7	12	,	"	"	1:18.65
8	11	,	"	"	1:19.07

7 9

1	12	,	"	"	1:18.00
2	11	,	"	"	1:17.42
3	11	,	"	"	1:16.50
4	11	,	4	"	1:16.00
5	11	,	4	"	1:16.00
6	12	,	"	"	1:17.00
7	12	,	4	"	1:17.50
8	12	,	"	"	1:18.00

8 9

1	12	,	"	"	1:15.00
2	12	,	"	"	1:15.00
3	12	-	,	"	1:14.01
4	11	,	"	"	1:13.00
5	11	,	"	"	1:14.00
6	12	,	"	"	1:15.00
7	12	,	"	"	1:15.00
8	12	,	"	"	1:15.50

9 9

1	11	,	"	"	1:12.20
2	11	,	-19	"	1:09.00
3	11	,	"	"	1:08.00
4	11	,	"	"	1:05.00
5	11	,	-19	"	1:07.00
6	12	,	-19	"	1:09.00
7	11	,	"	"	1:10.00
8	11	,	"	"	1:13.00

" (50 .)

ALT- TIMING

26  
 03.11.2024 - 12:35

, 100m

11-13 (2011-2013 . .)

1 6

1	13	,	"	"	NT
2	11	,	"	"	NT
3	12	,	"	"	1:24.00
4	12	,	"	"	1:23.00
5	12	,	"	"	1:23.31
6	11	,	"	"	1:27.50
7	13	,	"	4	NT

2 6

1	13	,	"	"	1:23.00
2	12	,	"	"	1:22.00
3	12	,	"	"	1:21.50
4	12	,	"	"	1:21.00
5	12	,	"	"	1:21.15
6	13	,	"	"	1:21.90
7	12	-	"	"	1:22.37
8	11	,	"	"	1:23.00

3 6

1	12	,	"	"	1:20.00
2	11	,	"	"	1:20.00
3	11	,	"	"	1:20.00
4	12	,	"	"	1:19.00
5	13	,	"	"	1:19.14
6	13	,	"	"	1:20.00
7	11	,	"	"	1:20.00
8	11	,	"	"	1:20.50

4 6

1	11	,	"	"	1:18.00
2	11	,	"	"	1:18.00
3	13	,	"	"	1:17.00
4	12	,	"	"	1:16.00
5	13	,	"	"	1:16.00
6	11	,	"	"	1:17.00
7	12	,	"	"	1:18.00
8	11	,	"	"	1:19.00

" (50 .)

ALT- TIMING

11-13 (2011-2013 . .), 11-13 (2011-2013 . .)  
 , 01.11-03.11.2024 .

26, , 100m

5 6

1	11	,	"	"	1:15.00
2	12	,	.	.	1:15.00
3	11	,			1:14.00
4	12	,	-19		1:14.00
5	11	,	"	"	1:14.00
6	11	,	"	"	1:14.50
7	11	,	"	"	1:15.00
8	11	,	"	"	1:15.30

6 6

1	11	,	"	"	1:13.00
2	11	,	"	"	1:10.00
3	11	,	"	"	1:08.59
4	11	,	"	"	1:06.00
5	12	,	"	"	1:08.00
6	11	,	"	"	1:10.00
7	11	,	-19		1:12.00
8	11	,	"	"	1:13.00

27

, 400m

11-13 (2011-2013 . .)

03.11.2024 - 12:50

1 9

1	12	,	"	"	4:55.00
2	11	,	-19		4:50.00
3	11	,	-19		4:45.00
4	11	,	"	"	4:44.00
5	11	,			4:45.00
6	12	-	,		4:50.00
7	12	,	"	"	4:55.00
8	11	,	"	"	4:55.00

2 9

1	11	,	"	"	5:02.00
2	12	,	.	.	5:00.00
3	11	,	-19		5:00.00
4	12	,	"	"	4:57.00
5	11	,			4:58.00
6	11	,	"	"	5:00.00
7	11	,			5:00.10
8	11	,	1		5:02.00

" (50 .)

ALT- TIMING

27, , 400m

3 9

1	12	,	1-		5:10.00
2	12	,	"	"	5:05.00
3	11	,			5:03.30
4	12	,			5:03.00
5	12	,	"	"	5:03.00
6	11	,			5:05.00
7	11	,			5:09.00
8	13	,	"	"	5:10.00

4 9

1	12	,	"	"	5:18.00
2	12	,	4		5:15.00
3	11	,	"	"	5:13.54
4	11	,			5:10.00
5	12	,	"	"	5:11.96
6	11	,	4		5:14.00
7	12	,	4		5:15.00
8	11	,	"	"	5:20.00

5 9

1	12	,			5:30.00
2	12	,	4		5:25.00
3	11	,			5:25.00
4	12	,			5:20.00
5	12	,	"	"	5:23.00
6	12	,	4		5:25.00
7	11	,	"	"	5:30.00
8	11	,	"	"	5:30.00

6 9

1	11	,			5:35.00
2	12	,			5:32.00
3	12	,	"	"	5:31.00
4	12	,	"	"	5:30.00
5	11	,	"	"	5:30.00
6	12	,			5:32.00
7	12	,			5:33.00
8	11	,	"	"	5:35.00

" (50 .)

ALT- TIMING

11-13 (2011-2013 . .), 11-13 (2011-2013 . .)  
 , 01.11-03.11.2024 .

27, , 400m

7 9

1	13	,			5:45.00
2	13	,	"	"	5:40.00
3	13	,	"	"	5:40.00
4	12	,	"	"	5:36.45
5	13	,	"	"	5:40.00
6	11	,	"	"	5:40.00
7	11	,			5:44.00
8	12	,	-19		5:45.00

8 9

1	12	,	"	"	6:00.23
2	13	,	"	"	5:52.49
3	11	,	"	"	5:50.00
4	13	,	-19		5:45.00
5	12	,	-19		5:48.00
6	11	,	-19		5:50.00
7	11	,	"	"	5:58.11
8	13	,	"	"	6:10.00

9 9

3	13	,			6:20.00
4	12	,	"	"	6:10.00
5	12	,	"	"	6:15.40
6	12	,			6:22.50

28

, 400m

11-13 (2011-2013 . .)

03.11.2024 - 13:35

1 11

1	11	,	-19		4:40.20
2	12	,	"	"	4:40.00
3	11	,	"	"	4:32.00
4	11	,			4:30.00
5	11	,	"	"	4:30.00
6	11	,	"	"	4:33.00
7	11	,			4:40.00
8	11	,	"	"	4:43.00

" (50 .)

ALT- TIMING

28, , 400m

2 11

1	11	,	"	"	4:53.00
2	11	,			4:50.90
3	11	,			4:50.00
4	11	,	"	"	4:48.00
5	11	,	"	"	4:50.00
6	11	,	4		4:50.00
7	11	,	"	"	4:52.00
8	11	,	"	"	4:55.00

3 11

1	11	,	"	"	4:58.00
2	11	,	"	"	4:56.00
3	11	,	-19		4:55.00
4	12	,	"	"	4:55.00
5	12	,	"	"	4:55.00
6	11	,			4:56.00
7	11	,			4:57.27
8	11	,			5:00.00

4 11

1	11	,			5:07.00
2	12	,	"	"	5:05.00
3	13	,	"	"	5:00.00
4	12	,	"	"	5:00.00
5	13	,	"	"	5:00.00
6	11	,			5:02.50
7	11	,			5:06.00
8	11	,	"	"	5:09.10

5 11

1	12	,			5:12.00
2	11	,			5:10.00
3	12	,	"	"	5:10.00
4	12	,	"	"	5:10.00
5	11	,	"	"	5:10.00
6	13	,	"	"	5:10.00
7	11	,			5:12.00
8	13	,	"	"	5:12.00

" (50 .)

ALT- TIMING



28, , 400m

6 11

1	12	,	"	"	5:18.00
2	11	,	"	"	5:15.00
3	11	,	-19		5:15.00
4	12	,	"	"	5:12.50
5	11	,	"	"	5:15.00
6	13	,	"	"	5:15.00
7	11	,	"	"	5:16.00
8	12	,			5:18.00

7 11

1	12	,	"	"	5:26.00
2	11	,	"	"	5:25.00
3	11	,	-19		5:20.00
4	12	,	"	"	5:19.00
5	13	,	"	"	5:20.00
6	11	,			5:20.30
7	12	,	"	"	5:25.00
8	12	,	"	"	5:27.00

8 11

1	11	,			5:32.00
2	12	,	"	"	5:30.00
3	11	,	-19		5:30.00
4	12	,	"	"	5:28.00
5	13	,	"	"	5:30.00
6	13	,	-19		5:30.00
7	11	,	"	"	5:30.00
8	11	,			5:32.40

9 11

1	12	,	"	"	5:41.00
2	13	,			5:40.00
3	12	,	"	"	5:35.00
4	12	,	"	"	5:33.40
5	11	,	4		5:35.00
6	12	,	"	"	5:38.00
7	11	,			5:40.00
8	11	,	"	"	5:41.00

" (50 .)

ALT- TIMING

28, , 400m

10 11

1	11	,	"	"	5:50.00
2	13	,			5:48.00
3	13	,	"	"	5:45.00
4	12	,			5:45.00
5	11	,	"	"	5:45.00
6	12	,	"	"	5:45.00
7	11	,	"	"	5:50.00
8	11	,	"	"	5:53.00

11 11

1	11	,	"	"	6:00.00
8	11	,	"	"	5:59.90

" (50 .)

ALT- TIMING