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 12-13 (2010 - 2011 . .), 10-11 (2012- 2013 . .)
 , 13.10 - 15.10.2023 .

3 , 200m 2012 - 2013
 14.10.2023 - 10:00

: FINA 2023

1.	50m: 37.10	37.10	2012 I	100m: 1:16.54	39.44	150m: 2:04.47	47.93	200m: 2:41.96	37.49	2:41.96		425
2.	50m: 34.72	34.72	2012 II	100m: 1:16.70	41.98	150m: 2:05.24	48.54	200m: 2:42.95	37.71	2:42.95		418
3.	50m: 34.96	34.96	2012 II	100m: 1:20.43	45.47	150m: 2:07.98	47.55	200m: 2:45.36	37.38	2:45.36		400
4.	50m: 36.02	36.02	2012 II	100m: 1:19.53	43.51	150m: 2:08.62	49.09	200m: 2:46.64	38.02	2:46.64		391
5.	50m: 36.82	36.82	2012 II	100m: 1:21.14	44.32	150m: 2:10.50	49.36	200m: 2:48.22	37.72	2:48.22		380
6.	50m: 37.09	37.09	2012 II	100m: 1:21.64	44.55	150m: 2:10.62	48.98	200m: 2:48.53	37.91	2:48.53		378
7.	50m: 37.54	37.54	2012 II	100m: 1:23.49	45.95	150m: 2:11.66	48.17	200m: 2:50.22	38.56	2:50.22		366
8.	50m: 37.86	37.86	2012 II	100m: 1:22.03	44.17	150m: 2:14.19	52.16	200m: 2:51.71	37.52	2:51.71		357
9.	50m: 39.53	39.53	2012 II	100m: 1:24.44	44.91	150m: 2:13.33	48.89	200m: 2:52.20	38.87	2:52.20		354
10.	50m: 38.09	38.09	2012 II	100m: 1:21.80	43.71	150m: 2:15.30	53.50	200m: 2:52.67	37.37	2:52.67		351
11.	50m: 39.03	39.03	2012 II	100m: 1:24.37	45.34	150m: 2:15.54	51.17	200m: 2:53.09	37.55	2:53.09		348
12.	50m: 39.50	39.50	2012 III	100m: 1:23.48	43.98	150m: 2:17.51	54.03	200m: 2:53.55	36.04	2:53.55		346
13.	50m: 39.16	39.16	2012 II	100m: 1:23.77	44.61	150m: 2:14.44	50.67	200m: 2:53.65	39.21	2:53.65		345
14.	50m: 37.92	37.92	2012 II	100m: 1:20.20	42.28	150m: 2:14.60	54.40	200m: 2:53.68	39.08	2:53.68		345
15.	50m: 39.49	39.49	2012 II	100m: 1:21.30	41.81	150m: 2:13.55	52.25	200m: 2:53.89	40.34	2:53.89		344
16.	50m: 39.39	39.39	2012 II	100m: 1:23.49	44.10	150m: 2:14.83	51.34	200m: 2:54.65	39.82	2:54.65		339
17.	50m: 40.19	40.19	2012 II	100m: 1:24.46	44.27	150m: 2:16.12	51.66	200m: 2:55.24	39.12	2:55.24		336
18.	50m: 40.16	40.16	2012 II	100m: 1:27.26	47.10	150m: 2:16.64	49.38	200m: 2:55.81	39.17	2:55.81		333
19.	50m: 38.37	38.37	2012 II	100m: 1:23.18	44.81	150m: 2:14.65	51.47	200m: 2:56.02	41.37	2:56.02		331
20.	50m: 39.69	39.69	2012 III	100m: 1:23.88	44.19	150m: 2:15.94	52.06	200m: 2:56.56	40.62	2:56.56		328
21.	50m: 38.59	38.59	2012 II	100m: 1:22.93	44.34	150m: 2:16.96	54.03	200m: 2:56.61	39.65	2:56.61		328

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12-13 (2010 - 2011 . . .), 10-11 (2012- 2013 . . .)
, 13.10 - 15.10.2023 .

3, , 200m			2012 - 2013						
22.	50m:	40.19 40.19	2012 II	100m:	1:25.11 44.92	150m:	2:17.97 52.86	200m:	2:56.73 II 327
23.	50m:	41.23 41.23	2012 III	100m:	1:25.74 44.51	150m:	2:15.85 50.11	200m:	2:56.94 II 326
24.	50m:	40.24 40.24	2013 II	100m:	1:25.23 44.99	150m:	2:17.58 52.35	200m:	2:57.24 II 325
25.	50m:	37.66 37.66	2012 III	100m:	1:23.69 46.03	150m:	2:15.88 52.19	200m:	2:57.76 II 322
26.	50m:	40.63 40.63	2012 II	100m:	1:25.99 45.36	150m:	2:15.30 49.31	200m:	2:58.04 II 320
27.	50m:	42.55 42.55	2012 III	100m:	1:27.45 44.90	150m:	2:19.86 52.41	200m:	2:59.09 II 315
28.	50m:	37.98 37.98	2012 III	100m:	1:24.82 46.84	150m:	2:17.30 52.48	200m:	2:59.69 II 311
29.	50m:	39.61 39.61	2012 III	100m:	1:24.62 45.01	150m:	2:16.93 52.31	200m:	3:00.52 III 307
30.	50m:	39.20 39.20	2012 III	100m:	1:25.35 46.15	150m:	2:21.64 56.29	200m:	3:00.62 III 307
31.	50m:	40.50 40.50	2012 III	100m:	1:27.75 47.25	150m:	2:21.69 53.94	200m:	3:00.71 III 306
32.	50m:	42.28 42.28	2012 III	100m:	1:28.18 45.90	150m:	2:21.48 53.30	200m:	3:01.23 III 304
33.	50m:	40.72 40.72	2012 III	100m:	1:27.87 47.15	150m:	2:21.03 53.16	200m:	3:01.51 III 302
34.	50m:	38.64 38.64	2013 III	100m:	1:26.47 47.83	150m:	2:21.78 55.31	200m:	3:02.16 III 299
35.	50m:	41.36 41.36	2012 III	100m:	1:28.36 47.00	150m:	2:22.71 54.35	200m:	3:02.25 III 298
36.	50m:	40.73 40.73	2012 II	100m:	1:26.33 45.60	150m:	2:21.38 55.05	200m:	3:02.35 III 298
37.	50m:	41.20 41.20	2012 III	100m:	1:29.13 47.93	150m:	2:22.59 53.46	200m:	3:03.01 III 295
38.	50m:	41.24 41.24	2013 III	100m:	1:30.30 49.06	150m:	2:22.09 51.79	200m:	3:03.22 III 294
39.	50m:	39.10 39.10	2013 III	100m:	1:25.42 46.32	150m:	2:18.55 53.13	200m:	3:03.23 III 294
40.	50m:	42.44 42.44	2012 II	100m:	1:27.25 44.81	150m:	2:22.69 55.44	200m:	3:03.99 III 290
41.	50m:	41.51 41.51	2012 III	100m:	1:26.97 45.46	150m:	2:22.41 55.44	200m:	3:04.21 III 289
42.	50m:	40.71 40.71	2012 II	100m:	1:27.68 46.97	150m:	2:24.04 56.36	200m:	3:04.24 III 289
43.	50m:	40.98 40.98	2013 III	100m:	1:26.68 45.70	150m:	2:24.49 57.81	200m:	3:04.48 III 288

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12-13 (2010 - 2011 . . .), 10-11 (2012- 2013 . . .)
, 13.10 - 15.10.2023 .

3, , 200m				2012 - 2013										
44.	50m:	42.32	42.32	2013 III	100m:	1:28.62	46.30	150m:	2:24.33	55.71	200m:	3:04.62	III	287
45.	50m:	45.36	45.36	2012 III	100m:	1:31.25	45.89	150m:	2:25.86	54.61	200m:	3:05.50	III	283
46.	50m:	44.18	44.18	2012 III	100m:	1:32.13	47.95	150m:	2:24.67	52.54	200m:	3:05.70	III	282
47.	50m:	40.82	40.82	2012 III	100m:	1:27.98	47.16	150m:	2:23.52	55.54	200m:	3:05.94	III	281
48.	50m:	43.30	43.30	2012 III	100m:	1:32.50	49.20	150m:	2:27.26	54.76	200m:	3:06.63	III	278
49.	50m:	40.86	40.86	2012 III	100m:	1:28.99	48.13	150m:	2:23.87	54.88	200m:	3:06.92	III	277
50.	50m:	45.07	45.07	2012 III	100m:	1:33.62	48.55	150m:	2:26.77	53.15	200m:	3:08.28	III	271
51.	50m:	44.68	44.68	2013 III	100m:	1:31.90	47.22	150m:	2:23.01	51.11	200m:	3:08.80	III	268
52.	50m:	38.96	38.96	2012 III	100m:	1:27.94	48.98	150m:	2:25.85	57.91	200m:	3:09.04	III	267
53.	50m:	42.51	42.51	2012 III	100m:	1:30.21	47.70	150m:	2:23.90	53.69	200m:	3:09.13	III	267
54.	50m:	40.58	40.58	2013 III	100m:	1:29.10	48.52	150m:	2:26.03	56.93	200m:	3:09.86	III	264
55.	50m:	41.11	41.11	2012 III	100m:	1:26.40	45.29	150m:	2:28.19	1:01.79	200m:	3:09.94	III	264
56.	50m:	45.70	45.70	2012 III	100m:	1:34.84	49.14	150m:	2:27.97	53.13	200m:	3:10.67	III	261
57.	50m:	47.71	47.71	2013 III	100m:	1:34.77	47.06	150m:	2:28.32	53.55	200m:	3:10.75	III	260
58.	50m:	44.88	44.88	2012 III	100m:	1:33.82	48.94	150m:	2:29.44	55.62	200m:	3:11.12	III	259
59.	50m:	44.56	44.56	2012 III	100m:	1:32.06	47.50	150m:	2:31.28	59.22	200m:	3:11.87	III	256
60.	50m:	42.03	42.03	2012 III	100m:	1:30.26	48.23	150m:	2:28.33	58.07	200m:	3:13.75	III	248
61.	50m:	49.74	49.74	2013 III	100m:	1:39.99	50.25	150m:	2:34.22	54.23	200m:	3:13.78	III	248
62.	50m:	40.77	40.77	2012 III	100m:	1:30.04	49.27	150m:	2:28.81	58.77	200m:	3:14.65	III	245
	50m:	46.65	46.65	2012 III	100m:	1:35.41	48.76	150m:	2:29.20	53.79	200m:	3:14.65	III	245
64.	50m:	44.27	44.27	2013 III	100m:	1:31.70	47.43	150m:	2:29.22	57.52	200m:	3:14.72	III	245
65.	50m:	43.70	43.70	2012 III	100m:	1:34.57	50.87	150m:	2:32.08	57.51	200m:	3:14.89	III	244

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12-13 (2010 - 2011 . . .), 10-11 (2012- 2013 . . .)
, 13.10 - 15.10.2023 .

3, , 200m			2012 - 2013											
66.	50m:	41.99	41.99	2013 III	100m:	1:31.64	49.65	150m:	2:28.11	56.47	200m:	3:14.92	III	244
67.	50m:	45.39	45.39	2012 III	100m:	1:33.96	48.57	150m:	2:33.45	59.49	200m:	3:15.16	III	243
68.	50m:	41.31	41.31	2012 III	100m:	1:32.21	50.90	150m:	2:29.90	57.69	200m:	3:15.55	III	241
69.	50m:	47.14	47.14	2012 III	100m:	1:37.85	50.71	150m:	2:31.94	54.09	200m:	3:16.83	III	237
70.	50m:	45.17	45.17	2012 III	100m:	1:34.80	49.63	150m:	2:32.13	57.33	200m:	3:17.21	III	235
71.	50m:	44.18	44.18	2012 III	100m:	1:35.96	51.78	150m:	2:32.05	56.09	200m:	3:17.31	III	235
72.	50m:	46.21	46.21	2012 III	100m:	1:33.52	47.31	150m:	2:34.09	1:00.57	200m:	3:17.78	III	233
73.	50m:	48.95	48.95	2012 III	100m:	1:40.09	51.14	150m:	2:34.24	54.15	200m:	3:17.95	III	233
74.	50m:	44.93	44.93	2013 III	100m:	1:32.74	47.81	150m:	2:33.70	1:00.96	200m:	3:18.09	III	232
75.	50m:	45.95	45.95	2012 III	100m:	1:36.72	50.77	150m:	2:31.98	55.26	200m:	3:18.22	III	232
76.	50m:	46.79	46.79	2012 III	100m:	1:38.70	51.91	150m:	2:32.23	53.53	200m:	3:18.53	III	231
77.	50m:	45.04	45.04	2013 III	100m:	1:35.73	50.69	150m:	2:36.87	1:01.14	200m:	3:19.25	III	228
78.	50m:	44.66	44.66	2012 III	100m:	1:34.57	49.91	150m:	2:35.11	1:00.54	200m:	3:19.86	III	226
79.	50m:	45.55	45.55	2012 III	100m:	1:36.38	50.83	150m:	2:31.71	55.33	200m:	3:19.96	III	226
	50m:	47.19	47.19	2012 III	100m:	1:38.33	51.14	150m:	2:36.07	57.74	200m:	3:19.96	III	226
81.	50m:	48.25	48.25	2012 III	100m:	1:37.80	49.55	150m:	2:37.47	59.67	200m:	3:20.62	III	224
82.	50m:	50.18	50.18	2012 III	100m:	1:41.17	50.99	150m:	2:36.96	55.79	200m:	3:20.75	III	223
83.	50m:	47.70	47.70	2013 III	100m:	1:36.58	48.88	150m:	2:34.68	58.10	200m:	3:20.99	III	222
84.	50m:	48.11	48.11	2013 III	100m:	1:39.41	51.30	150m:	2:36.89	57.48	200m:	3:21.25	III	222
85.	50m:	46.21	46.21	2012 III	100m:	1:37.64	51.43	150m:	2:37.21	59.57	200m:	3:21.71	III	220
86.	50m:	46.75	46.75	2012 III	100m:	1:36.08	49.33	150m:	2:34.39	58.31	200m:	3:21.79	III	220
87.	50m:	48.33	48.33	2012 III	100m:	1:38.92	50.59	150m:	2:36.92	58.00	200m:	3:23.35	III	215

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12-13 (2010 - 2011 . . .), 10-11 (2012- 2013 . . .)
, 13.10 - 15.10.2023 .

3, , 200m , 2012 - 2013

88.	50m:	46.24	46.24	2012	III	100m:	1:34.32	48.08	150m:	2:39.71	1:05.39	200m:	3:25.01	III	210
89.	50m:	47.90	47.90	2012	III	100m:	1:36.56	48.66	150m:	2:35.87	59.31	200m:	3:25.30	III	209
90.	50m:	46.76	46.76	2013	III	100m:	1:39.01	52.25	150m:	2:38.60	59.59	200m:	3:25.71	III	207
91.	50m:	47.46	47.46	2013	III	100m:	1:41.31	53.85	150m:	2:42.15	1:00.84	200m:	3:27.13	I	203
92.	50m:	56.25	56.25	2013	III	100m:	1:50.16	53.91	150m:	2:57.58	1:07.42	200m:	3:45.54	I	157
DSQ				2012	III										
DSQ				2012	II										
DSQ				2012	III										
DSQ				2012	III										
DSQ				2012	III										
DSQ				2013	III										
DSQ				2013	III										
DSQ				2012	III										
DSQ				2012	III										
DSQ				2013	III										
DSQ				2013	III										

4 , 400m 2010 - 2011

14.10.2023 - 10:40

: FINA 2023

1.	50m:	28.70	28.70	2010	III	150m:	1:34.85	33.41	250m:	2:42.97	34.11	350m:	4:26.46	I	505
	100m:	1:01.44	32.74	200m:	2:08.86	34.01	300m:	3:18.35	35.38	400m:	4:26.46	33.45			
2.	50m:	30.35	30.35	2010	I	150m:	1:38.78	34.76	250m:	2:46.98	34.30	350m:	4:27.47	I	499
	100m:	1:04.02	33.67	200m:	2:12.68	33.90	300m:	3:21.29	34.31	400m:	4:27.47	31.96			
3.	50m:	30.34	30.34	2010	II	150m:	1:38.58	34.48	250m:	2:46.78	34.13	350m:	4:29.08	II	490
	100m:	1:04.10	33.76	200m:	2:12.65	34.07	300m:	3:21.28	34.50	400m:	4:29.08	33.28			
4.	50m:	30.70	30.70	2010	II	150m:	1:38.46	34.42	250m:	2:48.98	35.58	350m:	4:31.52	II	477
	100m:	1:04.04	33.34	200m:	2:13.40	34.94	300m:	3:24.38	35.40	400m:	4:31.52	32.51			
5.	50m:	31.69	31.69	2010	II	150m:	1:41.36	35.09	250m:	2:52.86	35.70	350m:	4:38.85	II	440
	100m:	1:06.27	34.58	200m:	2:17.16	35.80	300m:	3:28.74	35.88	400m:	4:38.85	34.64			
6.	50m:	30.93	30.93	2010	II	150m:	1:39.55	34.87	250m:	2:51.23	36.08	350m:	4:39.80	II	436
	100m:	1:04.68	33.75	200m:	2:15.15	35.60	300m:	3:28.08	36.85	400m:	4:39.80	35.39			

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12-13 (2010 - 2011 . . .), 10-11 (2012- 2013 . . .)
, 13.10 - 15.10.2023 .

		4, , 400m				2010 - 2011					
7.				2010				"	"	4:40.18	434
	50m:	31.23	31.23	150m:	1:40.88	35.32	250m:	2:53.50	36.49	350m:	4:05.42 35.70
	100m:	1:05.56	34.33	200m:	2:17.01	36.13	300m:	3:29.72	36.22	400m:	4:40.18 34.76
8.				2010				"	"	4:41.90	426
	50m:	30.32	30.32	150m:	1:38.80	35.28	250m:	2:52.15	36.93	350m:	4:06.13 36.96
	100m:	1:03.52	33.20	200m:	2:15.22	36.42	300m:	3:29.17	37.02	400m:	4:41.90 35.77
9.				2010				"	"	4:41.95	426
	50m:	29.77	29.77	150m:	1:38.79	35.31	250m:	2:52.68	36.46	350m:	4:07.14 36.84
	100m:	1:03.48	33.71	200m:	2:16.22	37.43	300m:	3:30.30	37.62	400m:	4:41.95 34.81
10.				2010				"	"	4:42.18	425
	50m:	31.33	31.33	150m:	1:42.06	35.70	250m:	2:55.27	36.96	350m:	4:08.14 36.87
	100m:	1:06.36	35.03	200m:	2:18.31	36.25	300m:	3:31.27	36.00	400m:	4:42.18 34.04
11.				2010				"	"	4:42.54	423
	50m:	30.44	30.44	150m:	1:40.03	35.68	250m:	2:53.19	36.45	350m:	4:07.18 36.83
	100m:	1:04.35	33.91	200m:	2:16.74	36.71	300m:	3:30.35	37.16	400m:	4:42.54 35.36
12.				2011				"	"	4:42.87	422
	50m:	31.59	31.59	150m:	1:42.14	35.83	250m:	2:54.78	36.68	350m:	4:07.77 36.59
	100m:	1:06.31	34.72	200m:	2:18.10	35.96	300m:	3:31.18	36.40	400m:	4:42.87 35.10
13.				2010				"	"	4:43.29	420
	50m:	31.59	31.59	150m:	1:43.24	36.22	250m:	2:55.85	36.38	350m:	4:08.99 36.33
	100m:	1:07.02	35.43	200m:	2:19.47	36.23	300m:	3:32.66	36.81	400m:	4:43.29 34.30
14.				2010				"	"	4:43.57	419
	50m:	31.71	31.71	150m:	1:43.17	36.69	250m:	2:56.24	36.94	350m:	4:09.17 36.03
	100m:	1:06.48	34.77	200m:	2:19.30	36.13	300m:	3:33.14	36.90	400m:	4:43.57 34.40
15.				2010				"	"	4:43.96	417
	50m:	30.45	30.45	150m:	1:39.54	35.41	250m:	2:53.29	37.03	350m:	4:08.10 37.24
	100m:	1:04.13	33.68	200m:	2:16.26	36.72	300m:	3:30.86	37.57	400m:	4:43.96 35.86
16.				2010			-19	"	"	4:45.51	410
	50m:	31.53	31.53	150m:	1:42.42	36.24	250m:	2:55.88	36.81	350m:	4:10.35 36.99
	100m:	1:06.18	34.65	200m:	2:19.07	36.65	300m:	3:33.36	37.48	400m:	4:45.51 35.16
17.				2010				"	"	4:45.52	410
	50m:	32.17	32.17	150m:	1:43.84	36.34	250m:	2:56.37	36.58	350m:	4:09.59 36.52
	100m:	1:07.50	35.33	200m:	2:19.79	35.95	300m:	3:33.07	36.70	400m:	4:45.52 35.93
18.				2011				"	"	4:45.80	409
	50m:	31.03	31.03	150m:	1:43.11	36.82	250m:	2:56.79	36.72	350m:	4:10.60 36.80
	100m:	1:06.29	35.26	200m:	2:20.07	36.96	300m:	3:33.80	37.01	400m:	4:45.80 35.20
19.				2010			-19	"	"	4:46.57	406
	50m:	31.30	31.30	150m:	1:43.02	36.86	250m:	2:56.74	36.69	350m:	4:11.24 36.77
	100m:	1:06.16	34.86	200m:	2:20.05	37.03	300m:	3:34.47	37.73	400m:	4:46.57 35.33
20.				2010				"	"	4:46.72	405
	50m:	32.02	32.02	150m:	1:43.10	36.06	250m:	2:56.35	37.13	350m:	4:10.60 37.31
	100m:	1:07.04	35.02	200m:	2:19.22	36.12	300m:	3:33.29	36.94	400m:	4:46.72 36.12
21.				2010				"	"	4:47.14	403
	50m:	32.62	32.62	150m:	1:44.56	36.38	250m:	2:58.56	37.25	350m:	4:12.68 36.84
	100m:	1:08.18	35.56	200m:	2:21.31	36.75	300m:	3:35.84	37.28	400m:	4:47.14 34.46
22.				2011				"	"	4:48.32	398
	50m:	31.94	31.94	150m:	1:44.41	36.99	250m:	2:58.83	37.07	350m:	4:12.93 37.17
	100m:	1:07.42	35.48	200m:	2:21.76	37.35	300m:	3:35.76	36.93	400m:	4:48.32 35.39

" " " "

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		4, , 400m				2010 - 2011					
23.				2010			-19		4:48.94		396
	50m:	33.46	33.46	150m:	1:45.23	36.38	250m:	2:59.34	37.68	350m:	4:13.26 38.36
	100m:	1:08.85	35.39	200m:	2:21.66	36.43	300m:	3:34.90	35.56	400m:	4:48.94 35.68
24.				2011			" "		4:49.20		395
	50m:	32.61	32.61	150m:	1:43.62	35.17	250m:	2:57.20	36.99	350m:	4:11.80 37.28
	100m:	1:08.45	35.84	200m:	2:20.21	36.59	300m:	3:34.52	37.32	400m:	4:49.20 37.40
25.				2010			" "		4:49.59		393
	50m:	32.17	32.17	150m:	1:44.99	36.84	250m:	2:59.65	37.62	350m:	4:13.97 36.64
	100m:	1:08.15	35.98	200m:	2:22.03	37.04	300m:	3:37.33	37.68	400m:	4:49.59 35.62
26.				2010			4		4:49.84		392
	50m:	30.65	30.65	150m:	1:43.13	37.75	250m:	2:58.50	37.58	350m:	4:13.29 37.40
	100m:	1:05.38	34.73	200m:	2:20.92	37.79	300m:	3:35.89	37.39	400m:	4:49.84 36.55
27.				2011			" "		4:51.63		385
	50m:	31.69	31.69	150m:	1:44.87	37.05	250m:	3:00.03	37.37	350m:	4:15.97 37.92
	100m:	1:07.82	36.13	200m:	2:22.66	37.79	300m:	3:38.05	38.02	400m:	4:51.63 35.66
28.				2010					4:51.68		385
	50m:	34.15	34.15	150m:	1:49.90	38.53	250m:	3:06.05	37.73	350m:	4:17.61 34.21
	100m:	1:11.37	37.22	200m:	2:28.32	38.42	300m:	3:43.40	37.35	400m:	4:51.68 34.07
29.				2010			" "		4:52.54		381
	50m:	30.80	30.80	150m:	1:41.11	35.89	250m:	2:56.15	37.80	350m:	4:14.14 39.24
	100m:	1:05.22	34.42	200m:	2:18.35	37.24	300m:	3:34.90	38.75	400m:	4:52.54 38.40
30.				2010			" "		4:52.70		381
	50m:	31.44	31.44	150m:	1:45.52	37.26	250m:	3:01.58	38.52	350m:	4:16.82 37.47
	100m:	1:08.26	36.82	200m:	2:23.06	37.54	300m:	3:39.35	37.77	400m:	4:52.70 35.88
31.				2010					4:53.33		378
	50m:	32.05	32.05	150m:	1:44.62	36.80	250m:	3:00.71	38.18	350m:	4:16.41 36.79
	100m:	1:07.82	35.77	200m:	2:22.53	37.91	300m:	3:39.62	38.91	400m:	4:53.33 36.92
32.				2011			-		4:53.47		378
	50m:	31.73	31.73	150m:	1:45.21	37.46	250m:	3:01.19	38.16	350m:	4:16.99 37.87
	100m:	1:07.75	36.02	200m:	2:23.03	37.82	300m:	3:39.12	37.93	400m:	4:53.47 36.48
33.				2010			" "		4:53.52		378
	50m:	33.45	33.45	150m:	1:47.48	37.11	250m:	3:02.32	37.47	350m:	4:17.38 37.38
	100m:	1:10.37	36.92	200m:	2:24.85	37.37	300m:	3:40.00	37.68	400m:	4:53.52 36.14
34.				2010			-		4:54.14		375
	50m:	32.39	32.39	150m:	1:46.15	37.14	250m:	3:01.49	37.69	350m:	4:18.19 38.04
	100m:	1:09.01	36.62	200m:	2:23.80	37.65	300m:	3:40.15	38.66	400m:	4:54.14 35.95
35.				2011			-19		4:54.35		374
	50m:	31.14	31.14	150m:	1:43.08	36.59	250m:	2:58.74	38.44	350m:	4:16.47 39.03
	100m:	1:06.49	35.35	200m:	2:20.30	37.22	300m:	3:37.44	38.70	400m:	4:54.35 37.88
36.				2010			" "		4:54.75		373
	50m:	33.82	33.82	150m:	1:48.25	37.63	250m:	3:04.36	37.88	350m:	4:19.13 37.57
	100m:	1:10.62	36.80	200m:	2:26.48	38.23	300m:	3:41.56	37.20	400m:	4:54.75 35.62
37.				2011			4		4:55.11		372
	50m:	33.62	33.62	150m:	1:47.60	37.47	250m:	3:03.64	37.88	350m:	4:19.35 37.61
	100m:	1:10.13	36.51	200m:	2:25.76	38.16	300m:	3:41.74	38.10	400m:	4:55.11 35.76
38.				2011			" "		4:55.44		370
	50m:	33.06	33.06	150m:	1:47.72	37.63	250m:	3:03.51	37.41	350m:	4:19.22 37.99
	100m:	1:10.09	37.03	200m:	2:26.10	38.38	300m:	3:41.23	37.72	400m:	4:55.44 36.22

" " " "

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		4, , 400m				2010 - 2011					
39.				2010				"	"	4:55.57	370
	50m:	32.11	32.11	150m:	1:46.21	37.60	250m:	3:03.41	39.04	350m:	4:20.19 37.71
	100m:	1:08.61	36.50	200m:	2:24.37	38.16	300m:	3:42.48	39.07	400m:	4:55.57 35.38
40.				2010				"	"	4:55.97	368
	50m:	33.58	33.58	150m:	1:47.25	37.24	250m:	3:03.20	38.06	350m:	4:20.03 38.68
	100m:	1:10.01	36.43	200m:	2:25.14	37.89	300m:	3:41.35	38.15	400m:	4:55.97 35.94
41.				2011				"	"	4:56.20	367
	50m:	32.88	32.88	150m:	1:48.23	38.12	250m:	3:04.66	38.27	350m:	4:20.28 37.47
	100m:	1:10.11	37.23	200m:	2:26.39	38.16	300m:	3:42.81	38.15	400m:	4:56.20 35.92
42.				2011				"	"	4:56.24	367
	50m:	33.25	33.25	150m:	1:48.18	38.09	250m:	3:04.46	38.34	350m:	4:20.40 37.70
	100m:	1:10.09	36.84	200m:	2:26.12	37.94	300m:	3:42.70	38.24	400m:	4:56.24 35.84
43.				2010				"	"	4:56.44	367
	50m:	31.89	31.89	150m:	1:45.18	37.37	250m:	3:01.17	38.58	350m:	4:18.18 38.94
	100m:	1:07.81	35.92	200m:	2:22.59	37.41	300m:	3:39.24	38.07	400m:	4:56.44 38.26
44.				2011				"	"	4:56.72	366
	50m:	33.96	33.96	150m:	1:49.84	38.56	250m:	3:05.96	37.94	350m:	4:21.49 37.54
	100m:	1:11.28	37.32	200m:	2:28.02	38.18	300m:	3:43.95	37.99	400m:	4:56.72 35.23
45.				2010				"	"	4:57.11	364
	50m:	33.28	33.28	150m:	1:46.65	37.26	250m:	3:03.13	37.73	350m:	4:20.43 38.87
	100m:	1:09.39	36.11	200m:	2:25.40	38.75	300m:	3:41.56	38.43	400m:	4:57.11 36.68
46.				2011				"	"	4:57.49	363
	50m:	31.57	31.57	150m:	1:43.00	37.15	250m:	2:58.97	38.30	350m:	4:18.14 39.81
	100m:	1:05.85	34.28	200m:	2:20.67	37.67	300m:	3:38.33	39.36	400m:	4:57.49 39.35
47.				2010				"	"	4:57.50	363
	50m:	31.28	31.28	150m:	1:45.22	37.35	250m:	3:02.53	38.51	350m:	4:19.25 37.36
	100m:	1:07.87	36.59	200m:	2:24.02	38.80	300m:	3:41.89	39.36	400m:	4:57.50 38.25
48.				2010				"	"	4:57.75	362
	50m:	32.53	32.53	150m:	1:45.45	36.91	250m:	3:01.48	38.14	350m:	4:19.37 38.99
	100m:	1:08.54	36.01	200m:	2:23.34	37.89	300m:	3:40.38	38.90	400m:	4:57.75 38.38
49.				2010				"	"	4:57.79	362
	50m:	32.26	32.26	150m:	1:45.88	37.42	250m:	3:01.92	38.13	350m:	4:18.75 38.64
	100m:	1:08.46	36.20	200m:	2:23.79	37.91	300m:	3:40.11	38.19	400m:	4:57.79 39.04
50.				2010				"	"	4:58.13	360
	50m:	31.14	31.14	150m:	1:46.17	38.68	250m:	3:03.33	38.79	350m:	4:19.61 37.46
	100m:	1:07.49	36.35	200m:	2:24.54	38.37	300m:	3:42.15	38.82	400m:	4:58.13 38.52
51.				2011				"	"	4:58.18	360
	50m:	32.21	32.21	150m:	1:46.64	37.69	250m:	3:04.24	38.85	350m:	4:21.99 38.91
	100m:	1:08.95	36.74	200m:	2:25.39	38.75	300m:	3:43.08	38.84	400m:	4:58.18 36.19
52.				2010				"	"	4:58.35	360
	50m:	32.62	32.62	150m:	1:46.59	37.86	250m:	3:03.13	38.17	350m:	4:21.05 38.97
	100m:	1:08.73	36.11	200m:	2:24.96	38.37	300m:	3:42.08	38.95	400m:	4:58.35 37.30
53.				2010				"	"	4:58.38	359
	50m:	31.44	31.44	150m:	1:46.09	38.08	250m:	3:03.14	38.45	350m:	4:21.34 39.48
	100m:	1:08.01	36.57	200m:	2:24.69	38.60	300m:	3:41.86	38.72	400m:	4:58.38 37.04
54.				2011				"	"	4:58.51	359
	50m:	31.52	31.52	150m:	1:44.90	37.96	250m:	3:01.43	38.43	350m:	4:20.03 39.20
	100m:	1:06.94	35.42	200m:	2:23.00	38.10	300m:	3:40.83	39.40	400m:	4:58.51 38.48

" " " "

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		4, , 400m				2010 - 2011					
55.				2010				"	"	4:58.74	358
	50m:	31.70	31.70	150m:	1:44.72	37.33	250m:	3:01.48	39.06	350m:	4:19.45 39.33
	100m:	1:07.39	35.69	200m:	2:22.42	37.70	300m:	3:40.12	38.64	400m:	4:58.74 39.29
56.				2010				"	"	4:59.18	357
	50m:	31.94	31.94	150m:	1:44.81	37.43	250m:	3:02.73	39.32	350m:	4:22.85 40.46
	100m:	1:07.38	35.44	200m:	2:23.41	38.60	300m:	3:42.39	39.66	400m:	4:59.18 36.33
57.				2010				-	,	4:59.22	356
	50m:	32.03	32.03	150m:	1:44.87	37.80	250m:	3:02.92	39.51	350m:	4:21.10 38.20
	100m:	1:07.07	35.04	200m:	2:23.41	38.54	300m:	3:42.90	39.98	400m:	4:59.22 38.12
58.				2011				,	"	5:00.23	353
	50m:	34.65	34.65	150m:	1:51.76	38.68	250m:	3:08.05	38.25	350m:	4:23.95 37.53
	100m:	1:13.08	38.43	200m:	2:29.80	38.04	300m:	3:46.42	38.37	400m:	5:00.23 36.28
59.				2010				,	"	5:00.50	352
	50m:	33.26	33.26	150m:	1:48.60	38.18	250m:	3:04.98	38.30	350m:	4:22.97 38.22
	100m:	1:10.42	37.16	200m:	2:26.68	38.08	300m:	3:44.75	39.77	400m:	5:00.50 37.53
60.				2010				,	"	5:00.67	351
	50m:	33.19	33.19	150m:	1:47.43	37.85	250m:	3:04.70	38.90	350m:	4:22.61 38.87
	100m:	1:09.58	36.39	200m:	2:25.80	38.37	300m:	3:43.74	39.04	400m:	5:00.67 38.06
61.				2010				,	4	5:00.90	350
	50m:	32.71	32.71	150m:	1:47.11	37.51	250m:	3:04.56	38.56	350m:	4:22.45 39.45
	100m:	1:09.60	36.89	200m:	2:26.00	38.89	300m:	3:43.00	38.44	400m:	5:00.90 38.45
62.				2010				,	-19	5:01.07	350
	50m:	32.25	32.25	150m:	1:49.65	39.70	250m:	3:07.73	38.93	350m:	4:23.86 37.62
	100m:	1:09.95	37.70	200m:	2:28.80	39.15	300m:	3:46.24	38.51	400m:	5:01.07 37.21
63.				2010				,		5:01.09	350
	50m:	33.87	33.87	150m:	1:48.90	38.03	250m:	3:05.79	38.84	350m:	4:23.89 38.92
	100m:	1:10.87	37.00	200m:	2:26.95	38.05	300m:	3:44.97	39.18	400m:	5:01.09 37.20
64.				2010				,	"	5:01.39	349
	50m:	33.37	33.37	150m:	1:49.73	38.67	250m:	3:07.22	38.90	350m:	4:24.49 38.75
	100m:	1:11.06	37.69	200m:	2:28.32	38.59	300m:	3:45.74	38.52	400m:	5:01.39 36.90
65.				2010				,	4	5:01.88	347
	50m:	34.57	34.57	150m:	1:49.57	37.88	250m:	3:04.92	37.73	350m:	4:23.78 38.73
	100m:	1:11.69	37.12	200m:	2:27.19	37.62	300m:	3:45.05	40.13	400m:	5:01.88 38.10
66.				2011				,	"	5:01.99	347
	50m:	33.71	33.71	150m:	1:48.97	37.97	250m:	3:07.01	39.39	350m:	4:25.01 38.60
	100m:	1:11.00	37.29	200m:	2:27.62	38.65	300m:	3:46.41	39.40	400m:	5:01.99 36.98
67.				2010				,	"	5:02.16	346
	50m:	32.92	32.92	150m:	1:49.57	39.02	250m:	3:07.38	38.80	350m:	4:25.03 38.78
	100m:	1:10.55	37.63	200m:	2:28.58	39.01	300m:	3:46.25	38.87	400m:	5:02.16 37.13
68.				2010				,	"	5:03.07	343
	50m:	32.13	32.13	150m:	1:45.05	37.14	250m:	3:02.99	39.32	350m:	4:20.48 37.70
	100m:	1:07.91	35.78	200m:	2:23.67	38.62	300m:	3:42.78	39.79	400m:	5:03.07 42.59
69.				2011				,	"	5:03.63	341
	50m:	33.93	33.93	150m:	1:50.24	38.70	250m:	3:08.83	39.21	350m:	4:26.83 38.17
	100m:	1:11.54	37.61	200m:	2:29.62	39.38	300m:	3:48.66	39.83	400m:	5:03.63 36.80
70.				2010				,		5:04.42	338
	50m:	35.03	35.03	150m:	1:51.75	39.01	250m:	3:09.18	38.93	350m:	4:27.35 39.11
	100m:	1:12.74	37.71	200m:	2:30.25	38.50	300m:	3:48.24	39.06	400m:	5:04.42 37.07

" " " "

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		4, , 400m				2010 - 2011					
71.				2011	II			"	"	5:04.54	III 338
	50m:	32.03	32.03	150m:	1:50.27	40.16	250m:	3:09.83	39.42	350m:	4:27.38 38.62
	100m:	1:10.11	38.08	200m:	2:30.41	40.14	300m:	3:48.76	38.93	400m:	5:04.54 37.16
72.				2010	II			"	"	5:04.69	III 338
	50m:	33.54	33.54	150m:	1:48.44	38.02	250m:	3:07.37	39.66	350m:	4:27.34 40.09
	100m:	1:10.42	36.88	200m:	2:27.71	39.27	300m:	3:47.25	39.88	400m:	5:04.69 37.35
73.				2010	III			"	"	5:04.92	III 337
	50m:	33.93	33.93	150m:	1:49.62	38.12	250m:	3:04.77	37.33	350m:	4:24.91 40.75
	100m:	1:11.50	37.57	200m:	2:27.44	37.82	300m:	3:44.16	39.39	400m:	5:04.92 40.01
74.				2010	II			"	"	5:05.14	III 336
	50m:	33.12	33.12	150m:	1:49.14	38.24	250m:	3:07.76	39.34	350m:	4:27.99 40.40
	100m:	1:10.90	37.78	200m:	2:28.42	39.28	300m:	3:47.59	39.83	400m:	5:05.14 37.15
75.				2010	III			-19		5:05.23	III 336
	50m:	32.89	32.89	150m:	1:48.10	38.33	250m:	3:07.30	39.25	350m:	4:26.76 39.33
	100m:	1:09.77	36.88	200m:	2:28.05	39.95	300m:	3:47.43	40.13	400m:	5:05.23 38.47
76.				2010	II			4		5:05.28	III 336
	50m:	32.87	32.87	150m:	1:48.35	38.73	250m:	3:08.40	40.18	350m:	4:27.59 39.78
	100m:	1:09.62	36.75	200m:	2:28.22	39.87	300m:	3:47.81	39.41	400m:	5:05.28 37.69
77.				2010	III			"	"	5:05.57	III 335
	50m:	32.55	32.55	150m:	1:47.42	38.33	250m:	3:06.46	39.90	350m:	4:28.49 40.87
	100m:	1:09.09	36.54	200m:	2:26.56	39.14	300m:	3:47.62	41.16	400m:	5:05.57 37.08
78.				2011	II			-		5:06.01	III 333
	50m:	34.47	34.47	150m:	1:53.07	39.57	250m:	3:10.93	38.74	350m:	4:28.63 38.54
	100m:	1:13.50	39.03	200m:	2:32.19	39.12	300m:	3:50.09	39.16	400m:	5:06.01 37.38
79.				2010	II			"	"	5:06.30	III 332
	50m:	33.24	33.24	150m:	1:49.68	38.70	250m:	3:09.17	40.06	350m:	4:28.13 39.26
	100m:	1:10.98	37.74	200m:	2:29.11	39.43	300m:	3:48.87	39.70	400m:	5:06.30 38.17
80.				2011	II			"	"	5:06.73	III 331
	50m:	34.69	34.69	150m:	1:52.47	39.10	250m:	3:10.63	39.29	350m:	4:28.80 39.03
	100m:	1:13.37	38.68	200m:	2:31.34	38.87	300m:	3:49.77	39.14	400m:	5:06.73 37.93
81.				2010	III			"	"	5:06.79	III 331
	50m:	34.22	34.22	150m:	1:50.80	38.66	250m:	3:09.74	39.84	350m:	4:29.34 39.67
	100m:	1:12.14	37.92	200m:	2:29.90	39.10	300m:	3:49.67	39.93	400m:	5:06.79 37.45
82.				2010	II			-19		5:06.87	III 330
	50m:	33.98	33.98	150m:	1:51.61	39.32	250m:	3:09.54	38.90	350m:	4:28.14 39.34
	100m:	1:12.29	38.31	200m:	2:30.64	39.03	300m:	3:48.80	39.26	400m:	5:06.87 38.73
83.				2010	III			"	"	5:07.31	III 329
	50m:	30.76	30.76	150m:	1:47.37	40.06	250m:	3:08.24	40.65	350m:	4:29.48 40.65
	100m:	1:07.31	36.55	200m:	2:27.59	40.22	300m:	3:48.83	40.59	400m:	5:07.31 37.83
84.				2010	III			"	"	5:08.10	III 326
	50m:	33.81	33.81	150m:	1:51.16	39.31	250m:	3:10.29	39.97	350m:	4:29.34 39.69
	100m:	1:11.85	38.04	200m:	2:30.32	39.16	300m:	3:49.65	39.36	400m:	5:08.10 38.76
85.				2011	II			-19		5:08.75	III 324
	50m:	33.45	33.45	150m:	1:49.71	39.00	250m:	3:09.04	39.62	350m:	4:30.24 40.65
	100m:	1:10.71	37.26	200m:	2:29.42	39.71	300m:	3:49.59	40.55	400m:	5:08.75 38.51
86.				2010	III					5:08.79	III 324
	50m:	31.95	31.95	150m:	1:48.93	39.29	250m:	3:09.81	40.58	350m:	4:30.56 40.06
	100m:	1:09.64	37.69	200m:	2:29.23	40.30	300m:	3:50.50	40.69	400m:	5:08.79 38.23

" " " "

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		4, , 400m				2010 - 2011					
86.				2011 III				" "		5:08.79	III 324
	50m:	33.60	33.60	150m:	1:50.47	38.76	250m:	3:09.44	39.36	350m:	4:29.73 40.30
	100m:	1:11.71	38.11	200m:	2:30.08	39.61	300m:	3:49.43	39.99	400m:	5:08.79 39.06
88.				2010 III				" "		5:09.37	III 322
	50m:	32.78	32.78	150m:	1:49.96	39.21	250m:	3:09.95	40.07	350m:	4:30.50 40.37
	100m:	1:10.75	37.97	200m:	2:29.88	39.92	300m:	3:50.13	40.18	400m:	5:09.37 38.87
89.				2010 II				" "		5:10.03	III 320
	50m:	33.54	33.54	150m:	1:50.40	39.07	250m:	3:09.91	39.59	350m:	4:30.29 40.12
	100m:	1:11.33	37.79	200m:	2:30.32	39.92	300m:	3:50.17	40.26	400m:	5:10.03 39.74
90.				2011 II				" "		5:10.16	III 320
	50m:	35.54	35.54	150m:	1:53.16	39.39	250m:	3:12.80	40.13	350m:	4:31.17 39.27
	100m:	1:13.77	38.23	200m:	2:32.67	39.51	300m:	3:51.90	39.10	400m:	5:10.16 38.99
91.				2011 III				" "		5:10.32	III 319
	50m:	32.78	32.78	150m:	1:50.94	40.06	250m:	3:11.04	40.13	350m:	4:31.99 40.24
	100m:	1:10.88	38.10	200m:	2:30.91	39.97	300m:	3:51.75	40.71	400m:	5:10.32 38.33
92.				2010 II				" "		5:10.85	III 318
	50m:	32.03	32.03	150m:	1:50.36	39.99	250m:	3:11.77	41.27	350m:	4:32.57 39.91
	100m:	1:10.37	38.34	200m:	2:30.50	40.14	300m:	3:52.66	40.89	400m:	5:10.85 38.28
93.				2010 III				" "		5:11.52	III 316
	50m:	34.96	34.96	150m:	1:53.14	40.59	250m:	3:13.54	39.57	350m:	4:34.03 40.02
	100m:	1:12.55	37.59	200m:	2:33.97	40.83	300m:	3:54.01	40.47	400m:	5:11.52 37.49
94.				2011 III				" "		5:11.54	III 316
	50m:	34.57	34.57	150m:	1:52.49	39.30	250m:	3:11.44	39.45	350m:	4:31.82 40.42
	100m:	1:13.19	38.62	200m:	2:31.99	39.50	300m:	3:51.40	39.96	400m:	5:11.54 39.72
95.				2010 III				" "		5:11.59	III 316
	50m:	34.42	34.42	150m:	1:51.80	38.82	250m:	3:13.12	41.13	350m:	4:33.72 40.01
	100m:	1:12.98	38.56	200m:	2:31.99	40.19	300m:	3:53.71	40.59	400m:	5:11.59 37.87
96.				2010 II				" "		5:12.10	III 314
	50m:	34.67	34.67	150m:	1:52.42	39.58	250m:	3:12.69	40.48	350m:	4:33.75 40.21
	100m:	1:12.84	38.17	200m:	2:32.21	39.79	300m:	3:53.54	40.85	400m:	5:12.10 38.35
97.				2011 III				" "		5:12.40	III 313
	50m:	35.08	35.08	150m:	1:53.45	40.11	250m:	3:13.79	40.45	350m:	4:31.56 37.55
	100m:	1:13.34	38.26	200m:	2:33.34	39.89	300m:	3:54.01	40.22	400m:	5:12.40 40.84
98.				2011 III				-19		5:12.59	III 313
	50m:	32.29	32.29	150m:	1:47.74	38.72	250m:	3:08.73	40.36	350m:	4:31.88 42.09
	100m:	1:09.02	36.73	200m:	2:28.37	40.63	300m:	3:49.79	41.06	400m:	5:12.59 40.71
99.				2010 II				" "		5:13.49	III 310
	50m:	33.21	33.21	150m:	1:50.85	39.57	250m:	3:12.26	41.10	350m:	4:34.09 40.91
	100m:	1:11.28	38.07	200m:	2:31.16	40.31	300m:	3:53.18	40.92	400m:	5:13.49 39.40
100.				2011 II				" "		5:13.77	III 309
	50m:	35.25	35.25	150m:	1:54.57	39.93	250m:	3:14.36	39.85	350m:	4:35.20 40.89
	100m:	1:14.64	39.39	200m:	2:34.51	39.94	300m:	3:54.31	39.95	400m:	5:13.77 38.57
101.				2010 II				" "		5:13.89	III 309
	50m:	33.89	33.89	150m:	1:53.27	39.87	250m:	3:13.18	39.79	350m:	4:34.14 40.20
	100m:	1:13.40	39.51	200m:	2:33.39	40.12	300m:	3:53.94	40.76	400m:	5:13.89 39.75
102.				2010 II				" "		5:13.96	III 308
	50m:	31.83	31.83	150m:	1:49.96	39.89	250m:	3:11.89	41.11	350m:	4:34.27 41.51
	100m:	1:10.07	38.24	200m:	2:30.78	40.82	300m:	3:52.76	40.87	400m:	5:13.96 39.69

" " " "

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		4, , 400m				2010 - 2011					
103.				2010	II			"	"	5:14.50	III 307
	50m:	32.13	32.13	150m:	1:48.40	39.71	250m:	3:09.79	40.46	350m:	4:34.38 42.58
	100m:	1:08.69	36.56	200m:	2:29.33	40.93	300m:	3:51.80	42.01	400m:	5:14.50 40.12
104.				2010	III					5:14.83	III 306
	50m:	32.00	32.00	150m:	1:49.60	40.29	250m:	3:13.05	41.58	350m:	4:36.72 42.07
	100m:	1:09.31	37.31	200m:	2:31.47	41.87	300m:	3:54.65	41.60	400m:	5:14.83 38.11
105.				2010	III					5:15.21	III 305
	50m:	35.07	35.07	150m:	1:53.47	39.95	250m:	3:14.64	40.92	350m:	4:36.46 40.89
	100m:	1:13.52	38.45	200m:	2:33.72	40.25	300m:	3:55.57	40.93	400m:	5:15.21 38.75
106.				2011	III			"	"	5:15.30	III 305
	50m:	34.66	34.66	150m:	1:54.10	40.26	250m:	3:15.80	41.37	350m:	4:37.19 40.43
	100m:	1:13.84	39.18	200m:	2:34.43	40.33	300m:	3:56.76	40.96	400m:	5:15.30 38.11
107.				2010	II			"	"	5:15.58	III 304
	50m:	32.93	32.93	150m:	1:53.00	41.31	250m:	3:16.19	41.36	350m:	4:37.74 40.07
	100m:	1:11.69	38.76	200m:	2:34.83	41.83	300m:	3:57.67	41.48	400m:	5:15.58 37.84
108.				2010	III					5:15.65	III 304
	50m:	34.67	34.67	150m:	1:53.79	39.45	250m:	3:13.75	40.93	350m:	4:36.28 41.02
	100m:	1:14.34	39.67	200m:	2:32.82	39.03	300m:	3:55.26	41.51	400m:	5:15.65 39.37
109.				2011	III			"	"	5:16.21	III 302
	50m:	34.40	34.40	150m:	1:52.97	39.75	250m:	3:14.84	40.91	350m:	4:35.88 41.22
	100m:	1:13.22	38.82	200m:	2:33.93	40.96	300m:	3:54.66	39.82	400m:	5:16.21 40.33
110.				2010	II			"	"	5:16.57	III 301
	50m:	33.84	33.84	150m:	1:51.07	39.53	250m:	3:13.03	41.29	350m:	4:37.25 41.93
	100m:	1:11.54	37.70	200m:	2:31.74	40.67	300m:	3:55.32	42.29	400m:	5:16.57 39.32
111.				2010	III					5:16.61	III 301
	50m:	33.56	33.56	150m:	1:52.79	40.37	250m:	3:14.55	40.63	350m:	4:38.32 42.03
	100m:	1:12.42	38.86	200m:	2:33.92	41.13	300m:	3:56.29	41.74	400m:	5:16.61 38.29
112.				2010	III					5:16.81	III 300
	50m:	33.06	33.06	150m:	1:53.29	40.80	250m:	3:15.10	40.96	350m:	4:37.99 41.70
	100m:	1:12.49	39.43	200m:	2:34.14	40.85	300m:	3:56.29	41.19	400m:	5:16.81 38.82
113.				2011	II			"	"	5:16.83	III 300
	50m:	35.23	35.23	150m:	1:55.42	40.38	250m:	3:16.27	40.15	350m:	4:37.33 40.47
	100m:	1:15.04	39.81	200m:	2:36.12	40.70	300m:	3:56.86	40.59	400m:	5:16.83 39.50
114.				2010	III			"	"	5:16.99	III 300
	50m:	33.16	33.16	150m:	1:51.21	40.11	250m:	3:14.03	41.81	350m:	4:37.38 41.71
	100m:	1:11.10	37.94	200m:	2:32.22	41.01	300m:	3:55.67	41.64	400m:	5:16.99 39.61
115.				2010	II			"	"	5:17.10	III 299
	50m:	33.22	33.22	150m:	1:50.76	40.11	250m:	3:11.96	40.87	350m:	4:36.33 42.97
	100m:	1:10.65	37.43	200m:	2:31.09	40.33	300m:	3:53.36	41.40	400m:	5:17.10 40.77
116.				2010	III					5:17.19	III 299
	50m:	33.82	33.82	150m:	1:51.87	39.86	250m:	3:14.29	41.27	350m:	4:36.91 41.01
	100m:	1:12.01	38.19	200m:	2:33.02	41.15	300m:	3:55.90	41.61	400m:	5:17.19 40.28
117.				2010	II			"	"	5:17.53	III 298
	50m:	34.01	34.01	150m:	1:52.75	40.22	250m:	3:15.20	41.38	350m:	4:37.98 41.18
	100m:	1:12.53	38.52	200m:	2:33.82	41.07	300m:	3:56.80	41.60	400m:	5:17.53 39.55
118.				2011	III			"	"	5:17.64	III 298
	50m:	35.13	35.13	150m:	1:55.20	40.31	250m:	3:15.97	40.60	350m:	4:37.67 40.82
	100m:	1:14.89	39.76	200m:	2:35.37	40.17	300m:	3:56.85	40.88	400m:	5:17.64 39.97

" " " "

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		4, , 400m				2010 - 2011					
119.				2011	II			"	"	5:17.65	III 298
	50m:	33.99	33.99	150m:	1:52.76	40.50	250m:	3:14.75	41.27	350m:	4:38.11 41.73
	100m:	1:12.26	38.27	200m:	2:33.48	40.72	300m:	3:56.38	41.63	400m:	5:17.65 39.54
120.				2010	II			, -19		5:17.66	III 298
	50m:	32.64	32.64	150m:	1:51.59	40.91	250m:	3:13.71	41.11	350m:	4:36.61 41.58
	100m:	1:10.68	38.04	200m:	2:32.60	41.01	300m:	3:55.03	41.32	400m:	5:17.66 41.05
121.				2011	II			, "	"	5:17.80	III 297
	50m:	35.45	35.45	150m:	1:55.80	40.46	250m:	3:16.33	40.07	350m:	4:38.17 40.73
	100m:	1:15.34	39.89	200m:	2:36.26	40.46	300m:	3:57.44	41.11	400m:	5:17.80 39.63
122.				2010	II			, -19		5:18.01	III 297
	50m:	33.77	33.77	150m:	1:51.09	39.63	250m:	3:13.70	41.22	350m:	4:37.14 41.61
	100m:	1:11.46	37.69	200m:	2:32.48	41.39	300m:	3:55.53	41.83	400m:	5:18.01 40.87
123.				2010	II			, "	"	5:18.54	III 295
	50m:	35.61	35.61	150m:	1:55.31	39.70	250m:	3:17.80	41.37	350m:	4:40.08 40.91
	100m:	1:15.61	40.00	200m:	2:36.43	41.12	300m:	3:59.17	41.37	400m:	5:18.54 38.46
124.				2011	II			, "	"	5:18.72	III 295
	50m:	35.52	35.52	150m:	1:57.31	41.32	250m:	3:18.47	40.49	350m:	4:40.20 40.53
	100m:	1:15.99	40.47	200m:	2:37.98	40.67	300m:	3:59.67	41.20	400m:	5:18.72 38.52
125.				2010	III			, "	"	5:18.76	III 295
	50m:	34.56	34.56	150m:	1:52.89	39.41	250m:	3:14.69	40.26	350m:	4:39.22 42.77
	100m:	1:13.48	38.92	200m:	2:34.43	41.54	300m:	3:56.45	41.76	400m:	5:18.76 39.54
126.				2011	III			, "	"	5:18.94	III 294
	50m:	35.86	35.86	150m:	1:56.69	40.69	250m:	3:17.75	40.68	350m:	4:39.25 41.06
	100m:	1:16.00	40.14	200m:	2:37.07	40.38	300m:	3:58.19	40.44	400m:	5:18.94 39.69
127.				2011	III			, "	"	5:19.08	III 294
	50m:	35.32	35.32	150m:	1:55.72	40.41	250m:	3:17.64	41.66	350m:	4:39.62 41.10
	100m:	1:15.31	39.99	200m:	2:35.98	40.26	300m:	3:58.52	40.88	400m:	5:19.08 39.46
128.				2010	III			, 4		5:19.14	III 294
	50m:	34.33	34.33	150m:	1:54.44	40.63	250m:	3:17.31	41.55	350m:	4:41.33 42.67
	100m:	1:13.81	39.48	200m:	2:35.76	41.32	300m:	3:58.66	41.35	400m:	5:19.14 37.81
129.				2011	II			, -19		5:19.35	III 293
	50m:	35.39	35.39	150m:	1:55.53	40.69	250m:	3:17.48	41.07	350m:	4:39.47 41.99
	100m:	1:14.84	39.45	200m:	2:36.41	40.88	300m:	3:57.48	40.00	400m:	5:19.35 39.88
130.				2011	III			, "	"	5:19.52	III 293
	50m:	35.92	35.92	150m:	1:56.06	40.30	250m:	3:18.01	41.25	350m:	4:39.86 40.40
	100m:	1:15.76	39.84	200m:	2:36.76	40.70	300m:	3:59.46	41.45	400m:	5:19.52 39.66
131.				2011	II			, "	"	5:19.92	III 292
	50m:	35.60	35.60	150m:	1:56.27	41.34	250m:	3:18.84	41.54	350m:	4:41.12 40.91
	100m:	1:14.93	39.33	200m:	2:37.30	41.03	300m:	4:00.21	41.37	400m:	5:19.92 38.80
132.				2011	III			, "	"	5:20.02	III 291
	50m:	34.44	34.44	150m:	1:53.16	40.46	250m:	3:14.77	41.05	350m:	4:38.24 41.89
	100m:	1:12.70	38.26	200m:	2:33.72	40.56	300m:	3:56.35	41.58	400m:	5:20.02 41.78
133.				2010	III			, -19		5:20.07	III 291
	50m:	34.45	34.45	150m:	1:54.59	40.71	250m:	3:17.18	41.14	350m:	4:40.66 41.66
	100m:	1:13.88	39.43	200m:	2:36.04	41.45	300m:	3:59.00	41.82	400m:	5:20.07 39.41
134.				2011	III			, "	"	5:20.37	III 290
	50m:	34.26	34.26	150m:	1:54.26	40.91	250m:	3:17.29	41.53	350m:	4:40.68 41.38
	100m:	1:13.35	39.09	200m:	2:35.76	41.50	300m:	3:59.30	42.01	400m:	5:20.37 39.69

" " " "

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		4, , 400m				2010 - 2011					
135.				2010	III			"	"	5:20.50	III 290
	50m:	33.91	33.91	150m:	1:52.77	40.06	250m:	3:15.94	41.47	350m:	4:40.06 41.68
	100m:	1:12.71	38.80	200m:	2:34.47	41.70	300m:	3:58.38	42.44	400m:	5:20.50 40.44
136.				2010	III			"	"	5:21.36	III 288
	50m:	35.22	35.22	150m:	1:55.03	40.51	250m:	3:17.11	41.08	350m:	4:40.06 41.58
	100m:	1:14.52	39.30	200m:	2:36.03	41.00	300m:	3:58.48	41.37	400m:	5:21.36 41.30
137.				2011	III			"	"	5:21.44	III 287
	50m:	36.26	36.26	150m:	1:57.54	41.05	250m:	3:19.91	41.65	350m:	4:42.85 41.69
	100m:	1:16.49	40.23	200m:	2:38.26	40.72	300m:	4:01.16	41.25	400m:	5:21.44 38.59
138.				2010	II			"	"	5:22.08	III 286
	50m:	34.55	34.55	150m:	1:53.33	40.00	250m:	3:16.30	42.02	350m:	4:41.70 42.72
	100m:	1:13.33	38.78	200m:	2:34.28	40.95	300m:	3:58.98	42.68	400m:	5:22.08 40.38
139.				2011	III			"	"	5:22.77	III 284
	50m:	35.38	35.38	150m:	1:56.45	41.32	250m:	3:19.97	42.67	350m:	4:44.35 42.76
	100m:	1:15.13	39.75	200m:	2:37.30	40.85	300m:	4:01.59	41.62	400m:	5:22.77 38.42
140.				2010	III			"	"	5:23.43	III 282
	50m:	36.01	36.01	150m:	1:56.70	40.53	250m:	3:19.41	41.96	350m:	4:43.62 42.23
	100m:	1:16.17	40.16	200m:	2:37.45	40.75	300m:	4:01.39	41.98	400m:	5:23.43 39.81
141.				2010	III			"	"	5:24.22	III 280
	50m:	35.75	35.75	150m:	1:56.06	41.07	250m:	3:18.78	41.48	350m:	4:42.46 42.02
	100m:	1:14.99	39.24	200m:	2:37.30	41.24	300m:	4:00.44	41.66	400m:	5:24.22 41.76
142.				2010	II			"	"	5:24.71	III 279
	50m:	35.27	35.27	150m:	1:56.30	41.24	250m:	3:20.64	42.02	350m:	4:43.86 41.57
	100m:	1:15.06	39.79	200m:	2:38.62	42.32	300m:	4:02.29	41.65	400m:	5:24.71 40.85
143.				2010	II			"	"	5:24.80	III 279
	50m:	33.28	33.28	150m:	1:52.77	40.99	250m:	3:18.19	42.88	350m:	4:43.63 42.64
	100m:	1:11.78	38.50	200m:	2:35.31	42.54	300m:	4:00.99	42.80	400m:	5:24.80 41.17
144.				2010	III			"	"	5:25.23	III 277
	50m:	36.18	36.18	150m:	1:57.74	40.93	250m:	3:21.54	42.32	350m:	4:45.63 42.29
	100m:	1:16.81	40.63	200m:	2:39.22	41.48	300m:	4:03.34	41.80	400m:	5:25.23 39.60
145.				2011	III			"	"	5:25.86	III 276
	50m:	34.57	34.57	150m:	1:57.12	41.74	250m:	3:21.34	42.33	350m:	4:46.09 41.85
	100m:	1:15.38	40.81	200m:	2:39.01	41.89	300m:	4:04.24	42.90	400m:	5:25.86 39.77
146.				2010	III			"	"	5:26.10	III 275
	50m:	34.85	34.85	150m:	1:56.80	41.59	250m:	3:19.96	41.76	350m:	4:45.12 42.88
	100m:	1:15.21	40.36	200m:	2:38.20	41.40	300m:	4:02.24	42.28	400m:	5:26.10 40.98
147.				2011	III			-19		5:26.26	III 275
	50m:	36.48	36.48	150m:	1:59.48	41.50	250m:	3:22.64	41.53	350m:	4:46.29 41.73
	100m:	1:17.98	41.50	200m:	2:41.11	41.63	300m:	4:04.56	41.92	400m:	5:26.26 39.97
148.				2010	III			"	"	5:26.28	III 275
	50m:	32.30	32.30	150m:	1:51.00	40.46	250m:	3:15.34	42.86	350m:	4:43.77 44.29
	100m:	1:10.54	38.24	200m:	2:32.48	41.48	300m:	3:59.48	44.14	400m:	5:26.28 42.51
149.				2011	II			"	"	5:26.35	III 275
	50m:	36.18	36.18	150m:	1:57.73	41.58	250m:	3:21.11	40.93	350m:	4:45.32 42.23
	100m:	1:16.15	39.97	200m:	2:40.18	42.45	300m:	4:03.09	41.98	400m:	5:26.35 41.03
150.				2010	III			"	"	5:27.10	III 273
	50m:	32.79	32.79	150m:	1:55.07	41.49	250m:	3:19.54	42.11	350m:	4:43.53 40.70
	100m:	1:13.58	40.79	200m:	2:37.43	42.36	300m:	4:02.83	43.29	400m:	5:27.10 43.57

" " " "

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		4, , 400m				2010 - 2011					
151.				2010 III				" "		5:27.54	III 272
	50m:	33.44	33.44	150m:	1:54.15	41.86	250m:	3:21.05	44.15	350m:	4:48.47 43.49
	100m:	1:12.29	38.85	200m:	2:36.90	42.75	300m:	4:04.98	43.93	400m:	5:27.54 39.07
152.				2010 III				" "		5:27.61	III 271
	50m:	35.44	35.44	150m:	1:56.87	41.69	250m:	3:20.37	42.21	350m:	4:46.86 42.81
	100m:	1:15.18	39.74	200m:	2:38.16	41.29	300m:	4:04.05	43.68	400m:	5:27.61 40.75
153.				2010 III				" "		5:28.19	III 270
	50m:	33.45	33.45	150m:	1:53.25	40.97	250m:	3:19.54	43.98	350m:	4:46.29 43.60
	100m:	1:12.28	38.83	200m:	2:35.56	42.31	300m:	4:02.69	43.15	400m:	5:28.19 41.90
154.				2011 III				" "		5:28.67	III 269
	50m:	35.43	35.43	150m:	1:56.21	40.89	250m:	3:18.94	41.89	350m:	4:45.56 44.67
	100m:	1:15.32	39.89	200m:	2:37.05	40.84	300m:	4:00.89	41.95	400m:	5:28.67 43.11
155.				2011 III				" "		5:29.29	III 267
	50m:	35.91	35.91	150m:	1:58.73	42.44	250m:	3:23.99	42.84	350m:	4:48.19 42.03
	100m:	1:16.29	40.38	200m:	2:41.15	42.42	300m:	4:06.16	42.17	400m:	5:29.29 41.10
156.				2011 III				" "		5:29.39	III 267
	50m:	36.17	36.17	150m:	1:56.83	41.43	250m:	3:22.44	42.97	350m:	4:48.21 43.19
	100m:	1:15.40	39.23	200m:	2:39.47	42.64	300m:	4:05.02	42.58	400m:	5:29.39 41.18
157.				2010 III				" "		5:29.52	III 267
	50m:	37.41	37.41	150m:	1:59.00	41.20	250m:	3:22.80	41.72	350m:	4:48.14 42.22
	100m:	1:17.80	40.39	200m:	2:41.08	42.08	300m:	4:05.92	43.12	400m:	5:29.52 41.38
158.				2010 III				" "		5:30.24	III 265
	50m:	33.62	33.62	150m:	1:52.63	40.41	250m:	3:20.12	44.92	350m:	4:48.64 44.46
	100m:	1:12.22	38.60	200m:	2:35.20	42.57	300m:	4:04.18	44.06	400m:	5:30.24 41.60
159.				2011 III				" "		5:30.62	III 264
	50m:	35.55	35.55	150m:	1:57.79	42.03	250m:	3:22.73	42.49	350m:	4:46.51 40.95
	100m:	1:15.76	40.21	200m:	2:40.24	42.45	300m:	4:05.56	42.83	400m:	5:30.62 44.11
160.				2011 III				" "		5:30.92	III 263
	50m:	36.16	36.16	150m:	1:59.80	42.78	250m:	3:25.08	42.83	350m:	4:50.34 42.35
	100m:	1:17.02	40.86	200m:	2:42.25	42.45	300m:	4:07.99	42.91	400m:	5:30.92 40.58
161.				2010 II				" "		5:31.66	III 262
	50m:	34.52	34.52	150m:	1:55.97	41.47	250m:	3:21.53	43.15	350m:	4:49.62 44.11
	100m:	1:14.50	39.98	200m:	2:38.38	42.41	300m:	4:05.51	43.98	400m:	5:31.66 42.04
162.				2011 III				" "		5:31.78	III 261
	50m:	34.47	34.47	150m:	1:56.80	42.16	250m:	3:22.85	43.52	350m:	4:51.22 44.50
	100m:	1:14.64	40.17	200m:	2:39.33	42.53	300m:	4:06.72	43.87	400m:	5:31.78 40.56
163.				2011 III				-19		5:31.92	III 261
	50m:	36.21	36.21	150m:	2:02.48	43.79	250m:	3:29.14	41.81	350m:	4:51.42 39.49
	100m:	1:18.69	42.48	200m:	2:47.33	44.85	300m:	4:11.93	42.79	400m:	5:31.92 40.50
164.				2010 III				" "		5:32.35	III 260
	50m:	33.56	33.56	150m:	1:56.49	43.39	250m:	3:24.05	43.36	350m:	4:50.89 42.97
	100m:	1:13.10	39.54	200m:	2:40.69	44.20	300m:	4:07.92	43.87	400m:	5:32.35 41.46
165.				2010 III				" "		5:32.57	III 259
	50m:	36.23	36.23	150m:	1:59.11	41.74	250m:	3:24.07	42.71	350m:	4:50.40 43.51
	100m:	1:17.37	41.14	200m:	2:41.36	42.25	300m:	4:06.89	42.82	400m:	5:32.57 42.17
166.				2011 III				-19		5:33.04	III 258
	50m:	35.10	35.10	150m:	1:59.31	43.04	250m:	3:26.52	43.58	350m:	4:52.34 42.52
	100m:	1:16.27	41.17	200m:	2:42.94	43.63	300m:	4:09.82	43.30	400m:	5:33.04 40.70

" " " "

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, 13.10 - 15.10.2023 .

		4, , 400m				2010 - 2011					
167.				2010	III			"	"	5:33.07	III 258
	50m:	36.20	36.20	150m:	2:00.64	43.14	250m:	3:26.98	42.88	350m:	4:52.48 43.29
	100m:	1:17.50	41.30	200m:	2:44.10	43.46	300m:	4:09.19	42.21	400m:	5:33.07 40.59
168.				2010	II					5:33.22	III 258
	50m:	37.91	37.91	150m:	2:02.38	42.21	250m:	3:27.59	42.69	350m:	4:53.55 42.90
	100m:	1:20.17	42.26	200m:	2:44.90	42.52	300m:	4:10.65	43.06	400m:	5:33.22 39.67
169.				2011	III			"	"	5:33.33	III 258
	50m:	36.52	36.52	150m:	1:59.77	42.07	250m:	3:25.26	42.79	350m:	4:53.26 43.97
	100m:	1:17.70	41.18	200m:	2:42.47	42.70	300m:	4:09.29	44.03	400m:	5:33.33 40.07
170.				2011	III			"	"	5:33.34	III 258
	50m:	36.42	36.42	150m:	1:59.26	42.18	250m:	3:25.28	42.87	350m:	4:54.02 44.25
	100m:	1:17.08	40.66	200m:	2:42.41	43.15	300m:	4:09.77	44.49	400m:	5:33.34 39.32
171.				2010	III			"	"	5:33.37	III 258
	50m:	33.49	33.49	150m:	1:57.11	43.39	250m:	3:24.99	43.71	350m:	4:53.28 44.42
	100m:	1:13.72	40.23	200m:	2:41.28	44.17	300m:	4:08.86	43.87	400m:	5:33.37 40.09
172.				2011	III			-19		5:33.48	III 257
	50m:	35.60	35.60	150m:	1:59.70	42.87	250m:	3:26.44	43.41	350m:	4:52.78 43.00
	100m:	1:16.83	41.23	200m:	2:43.03	43.33	300m:	4:09.78	43.34	400m:	5:33.48 40.70
173.				2011	III			"	"	5:33.60	III 257
	50m:	38.29	38.29	150m:	2:00.99	41.31	250m:	3:25.14	41.55	350m:	4:51.69 42.91
	100m:	1:19.68	41.39	200m:	2:43.59	42.60	300m:	4:08.78	43.64	400m:	5:33.60 41.91
174.				2011	III			"	"	5:33.99	III 256
	50m:	36.58	36.58	150m:	2:00.34	42.52	250m:	3:25.44	42.62	350m:	4:50.80 42.73
	100m:	1:17.82	41.24	200m:	2:42.82	42.48	300m:	4:08.07	42.63	400m:	5:33.99 43.19
175.				2010	III			"	"	5:34.18	III 256
	50m:	34.75	34.75	150m:	1:58.04	43.51	250m:	3:24.14	43.82	350m:	4:52.45 42.99
	100m:	1:14.53	39.78	200m:	2:40.32	42.28	300m:	4:09.46	45.32	400m:	5:34.18 41.73
176.				2011	III			-19		5:34.20	III 256
	50m:	36.60	36.60	150m:	2:00.98	42.86	250m:	3:28.23	43.40	350m:	4:54.78 43.15
	100m:	1:18.12	41.52	200m:	2:44.83	43.85	300m:	4:11.63	43.40	400m:	5:34.20 39.42
177.				2010	III			"	"	5:34.45	III 255
	50m:	34.40	34.40	150m:	1:56.03	42.06	250m:	3:23.68	43.93	350m:	4:52.07 43.93
	100m:	1:13.97	39.57	200m:	2:39.75	43.72	300m:	4:08.14	44.46	400m:	5:34.45 42.38
178.				2011	III			"	"	5:34.80	III 254
	50m:	38.11	38.11	150m:	2:01.04	41.75	250m:	3:25.51	42.51	350m:	4:52.28 43.58
	100m:	1:19.29	41.18	200m:	2:43.00	41.96	300m:	4:08.70	43.19	400m:	5:34.80 42.52
179.				2011	III			"	"	5:34.98	III 254
	50m:	36.20	36.20	150m:	2:00.23	43.44	250m:	3:27.71	43.78	350m:	4:54.40 43.33
	100m:	1:16.79	40.59	200m:	2:43.93	43.70	300m:	4:11.07	43.36	400m:	5:34.98 40.58
180.				2010	III			"	"	5:35.29	III 253
	50m:	36.40	36.40	150m:	2:01.89	43.51	250m:	3:27.31	43.46	350m:	4:53.95 42.86
	100m:	1:18.38	41.98	200m:	2:43.85	41.96	300m:	4:11.09	43.78	400m:	5:35.29 41.34
181.				2011	III			"	"	5:35.78	III 252
	50m:	34.16	34.16	150m:	1:58.44	43.31	250m:	3:23.08	40.44	350m:	4:51.28 43.68
	100m:	1:15.13	40.97	200m:	2:42.64	44.20	300m:	4:07.60	44.52	400m:	5:35.78 44.50
182.				2010	III			"	"	5:36.83	III 250
	50m:	36.12	36.12	150m:	2:00.86	43.35	250m:	3:29.26	44.54	350m:	4:57.09 44.23
	100m:	1:17.51	41.39	200m:	2:44.72	43.86	300m:	4:12.86	43.60	400m:	5:36.83 39.74

" " " "

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		4, , 400m				2010 - 2011					
183.				2011	III			"	"	5:36.88	III 250
	50m:	36.59	36.59	150m:	2:00.19	42.94	250m:	3:26.75	43.89	350m:	4:54.22 44.19
	100m:	1:17.25	40.66	200m:	2:42.86	42.67	300m:	4:10.03	43.28	400m:	5:36.88 42.66
184.				2011	III					5:37.53	III 248
	50m:	36.02	36.02	150m:	2:00.16	43.13	250m:	3:27.59	44.00	350m:	4:55.16 42.52
	100m:	1:17.03	41.01	200m:	2:43.59	43.43	300m:	4:12.64	45.05	400m:	5:37.53 42.37
185.				2010	III			"	"	5:37.74	III 248
	50m:	37.13	37.13	150m:	2:00.77	42.24	250m:	3:27.56	43.77	350m:	4:55.49 44.05
	100m:	1:18.53	41.40	200m:	2:43.79	43.02	300m:	4:11.44	43.88	400m:	5:37.74 42.25
186.				2011	III			"	"	5:38.01	III 247
	50m:	37.70	37.70	150m:	2:03.29	43.37	250m:	3:32.30	44.21	350m:	4:59.29 43.48
	100m:	1:19.92	42.22	200m:	2:48.09	44.80	300m:	4:15.81	43.51	400m:	5:38.01 38.72
187.				2011	III			"	"	5:38.57	III 246
	50m:	34.67	34.67	150m:	1:57.92	43.41	250m:	3:26.21	44.52	350m:	4:54.33 43.98
	100m:	1:14.51	39.84	200m:	2:41.69	43.77	300m:	4:10.35	44.14	400m:	5:38.57 44.24
188.				2010	III			"	"	5:40.68	III 241
	50m:	37.60	37.60	150m:	2:03.87	43.82	250m:	3:31.91	43.84	350m:	4:59.60 43.29
	100m:	1:20.05	42.45	200m:	2:48.07	44.20	300m:	4:16.31	44.40	400m:	5:40.68 41.08
189.				2011	III					5:40.70	III 241
	50m:	36.41	36.41	150m:	2:03.06	43.77	250m:	3:30.93	43.96	350m:	5:00.28 44.62
	100m:	1:19.29	42.88	200m:	2:46.97	43.91	300m:	4:15.66	44.73	400m:	5:40.70 40.42
190.				2011	III			"	"	5:41.39	III 240
	50m:	35.21	35.21	150m:	2:00.95	44.60	250m:	3:30.37	45.17	350m:	4:59.47 44.61
	100m:	1:16.35	41.14	200m:	2:45.20	44.25	300m:	4:14.86	44.49	400m:	5:41.39 41.92
191.				2011	III			"	"	5:41.87	III 239
	50m:	35.44	35.44	150m:	2:00.79	43.65	250m:	3:29.19	44.52	350m:	4:58.71 44.48
	100m:	1:17.14	41.70	200m:	2:44.67	43.88	300m:	4:14.23	45.04	400m:	5:41.87 43.16
192.				2011	III			"	"	5:42.11	III 238
	50m:	35.90	35.90	150m:	2:02.24	43.96	250m:	3:30.46	43.92	350m:	4:59.67 45.08
	100m:	1:18.28	42.38	200m:	2:46.54	44.30	300m:	4:14.59	44.13	400m:	5:42.11 42.44
193.				2011	III			"	"	5:43.47	III 235
	50m:	36.18	36.18	150m:	2:00.25	43.24	250m:	3:29.01	45.09	350m:	5:00.10 45.36
	100m:	1:17.01	40.83	200m:	2:43.92	43.67	300m:	4:14.74	45.73	400m:	5:43.47 43.37
194.				2011	III			"	"	5:43.64	III 235
	50m:	34.00	34.00	150m:	1:58.30	42.97	250m:	3:28.32	45.03	350m:	4:59.43 45.34
	100m:	1:15.33	41.33	200m:	2:43.29	44.99	300m:	4:14.09	45.77	400m:	5:43.64 44.21
195.				2011	III			"	"	5:44.50	1 233
	50m:	37.67	37.67	150m:	2:06.45	44.40	250m:	3:31.73	42.42	350m:	4:58.74 45.74
	100m:	1:22.05	44.38	200m:	2:49.31	42.86	300m:	4:13.00	41.27	400m:	5:44.50 45.76
196.				2011	III			-19		5:45.06	1 232
	50m:	37.75	37.75	150m:	2:06.05	44.65	250m:	3:35.43	45.22	350m:	5:03.67 43.96
	100m:	1:21.40	43.65	200m:	2:50.21	44.16	300m:	4:19.71	44.28	400m:	5:45.06 41.39
197.				2011	III					5:45.14	1 232
	50m:	36.57	36.57	150m:	2:03.59	44.61	250m:	3:32.64	44.61	350m:	5:01.32 44.35
	100m:	1:18.98	42.41	200m:	2:48.03	44.44	300m:	4:16.97	44.33	400m:	5:45.14 43.82
198.				2011	III			"	"	5:45.62	1 231
	50m:	36.74	36.74	150m:	2:02.66	44.10	250m:	3:32.10	45.22	350m:	5:02.61 44.77
	100m:	1:18.56	41.82	200m:	2:46.88	44.22	300m:	4:17.84	45.74	400m:	5:45.62 43.01

" " " "

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, 13.10 - 15.10.2023 .

		4, , 400m				2010 - 2011					
199.				2011 III			-19			5:45.83	1 231
	50m:	36.82	36.82	150m:	2:07.56	45.39	250m:	3:36.56	44.39	350m:	5:02.84 42.91
	100m:	1:22.17	45.35	200m:	2:52.17	44.61	300m:	4:19.93	43.37	400m:	5:45.83 42.99
200.				2010 III			-19			5:46.15	1 230
	50m:	36.89	36.89	150m:	2:04.34	44.47	250m:	3:34.07	45.46	350m:	5:04.66 44.96
	100m:	1:19.87	42.98	200m:	2:48.61	44.27	300m:	4:19.70	45.63	400m:	5:46.15 41.49
201.				2010 III			" "			5:46.27	1 230
	50m:	37.32	37.32	150m:	2:02.33	43.83	250m:	3:31.25	44.56	350m:	5:01.05 45.05
	100m:	1:18.50	41.18	200m:	2:46.69	44.36	300m:	4:16.00	44.75	400m:	5:46.27 45.22
202.				2011 III			" "			5:46.62	1 229
	50m:	38.17	38.17	150m:	2:04.31	43.60	250m:	3:33.00	44.20	350m:	5:04.12 46.06
	100m:	1:20.71	42.54	200m:	2:48.80	44.49	300m:	4:18.06	45.06	400m:	5:46.62 42.50
203.				2011 III			" "			5:47.12	1 228
	50m:	35.24	35.24	150m:	2:01.38	44.96	250m:	3:32.25	44.87	350m:	5:03.44 46.16
	100m:	1:16.42	41.18	200m:	2:47.38	46.00	300m:	4:17.28	45.03	400m:	5:47.12 43.68
204.				2011 III			" "			5:47.82	1 227
	50m:	37.30	37.30	150m:	2:05.94	45.28	250m:	3:36.03	44.73	350m:	5:05.28 43.92
	100m:	1:20.66	43.36	200m:	2:51.30	45.36	300m:	4:21.36	45.33	400m:	5:47.82 42.54
205.				2011 III						5:48.08	1 226
	50m:	36.91	36.91	150m:	2:05.60	45.03	250m:	3:36.47	44.87	350m:	5:04.13 43.79
	100m:	1:20.57	43.66	200m:	2:51.60	46.00	300m:	4:20.34	43.87	400m:	5:48.08 43.95
206.				2011 III			" "			5:48.82	1 225
	50m:	35.74	35.74	150m:	2:02.26	44.24	250m:	3:32.37	45.62	350m:	5:05.13 46.89
	100m:	1:18.02	42.28	200m:	2:46.75	44.49	300m:	4:18.24	45.87	400m:	5:48.82 43.69
207.				2011 III						5:49.37	1 224
	50m:	37.31	37.31	150m:	2:05.67	45.41	250m:	3:36.43	44.96	350m:	5:07.83 46.16
	100m:	1:20.26	42.95	200m:	2:51.47	45.80	300m:	4:21.67	45.24	400m:	5:49.37 41.54
208.				2011 III			-19			5:49.73	1 223
	50m:	36.32	36.32	150m:	2:04.89	45.20	250m:	3:35.27	46.31	350m:	5:06.70 45.11
	100m:	1:19.69	43.37	200m:	2:48.96	44.07	300m:	4:21.59	46.32	400m:	5:49.73 43.03
209.				2011 III			-			5:51.37	1 220
	50m:	36.22	36.22	150m:	2:04.29	45.32	250m:	3:37.47	46.76	350m:	5:10.91 46.78
	100m:	1:18.97	42.75	200m:	2:50.71	46.42	300m:	4:24.13	46.66	400m:	5:51.37 40.46
210.				2010 II						5:51.47	1 220
	50m:	36.47	36.47	150m:	2:00.63	42.43	250m:	3:31.00	45.77	350m:	5:04.35 46.61
	100m:	1:18.20	41.73	200m:	2:45.23	44.60	300m:	4:17.74	46.74	400m:	5:51.47 47.12
211.				2011 III			" "			5:53.15	1 217
	50m:	38.59	38.59	150m:	2:07.47	44.75	250m:	3:38.61	45.64	350m:	5:09.15 45.36
	100m:	1:22.72	44.13	200m:	2:52.97	45.50	300m:	4:23.79	45.18	400m:	5:53.15 44.00
212.				2011 III			-19			5:53.24	1 216
	50m:	39.91	39.91	150m:	2:11.88	46.27	250m:	3:43.26	45.39	350m:	5:12.51 43.11
	100m:	1:25.61	45.70	200m:	2:57.87	45.99	300m:	4:29.40	46.14	400m:	5:53.24 40.73
213.				2010 III			" "			5:54.18	1 215
	50m:	34.66	34.66	150m:	1:59.12	43.77	250m:	3:33.10	47.63	350m:	5:09.74 47.99
	100m:	1:15.35	40.69	200m:	2:45.47	46.35	300m:	4:21.75	48.65	400m:	5:54.18 44.44
214.				2011 III			" "			5:54.64	1 214
	50m:	37.92	37.92	150m:	2:04.87	44.51	250m:	3:38.11	47.32	350m:	5:05.88 41.59
	100m:	1:20.36	42.44	200m:	2:50.79	45.92	300m:	4:24.29	46.18	400m:	5:54.64 48.76

" " " "
 12-13 (2010 - 2011 . .), 10-11 (2012- 2013 . .)
 , 13.10 - 15.10.2023 .

		4, , 400m				2010 - 2011					
215.				2011	III			"	"	5:57.50	1 209
	50m:	38.58	38.58	150m:	2:08.79	46.07	250m:	3:40.00	46.51	350m:	5:13.91 46.25
	100m:	1:22.72	44.14	200m:	2:53.49	44.70	300m:	4:27.66	47.66	400m:	5:57.50 43.59
216.				2011	III			"	"	5:58.27	1 207
	50m:	38.09	38.09	150m:	2:08.54	45.97	250m:	3:41.56	46.95	350m:	5:14.43 46.95
	100m:	1:22.57	44.48	200m:	2:54.61	46.07	300m:	4:27.48	45.92	400m:	5:58.27 43.84
217.				2010	III			"	"	5:59.58	1 205
	50m:	36.21	36.21	150m:	2:06.16	46.31	250m:	3:39.49	47.12	350m:	5:12.58 46.41
	100m:	1:19.85	43.64	200m:	2:52.37	46.21	300m:	4:26.17	46.68	400m:	5:59.58 47.00
218.				2011	III			-19		6:03.28	1 199
	50m:	37.37	37.37	150m:	2:08.83	46.66	250m:	3:41.59	47.12	350m:	5:16.54 47.59
	100m:	1:22.17	44.80	200m:	2:54.47	45.64	300m:	4:28.95	47.36	400m:	6:03.28 46.74
219.				2011	III			"	"	6:11.01	1 187
	50m:	38.05	38.05	150m:	2:11.91	47.62	250m:	3:47.73	49.24	350m:	5:25.09 49.10
	100m:	1:24.29	46.24	200m:	2:58.49	46.58	300m:	4:35.99	48.26	400m:	6:11.01 45.92
220.				2010	II					6:17.41	1 177
	50m:	38.40	38.40	150m:	2:14.35	49.07	250m:	3:51.52	48.54	350m:	5:30.88 49.91
	100m:	1:25.28	46.88	200m:	3:02.98	48.63	300m:	4:40.97	49.45	400m:	6:17.41 46.53
DSQ				2011	III			"	"		