

2012 - 2013												
1.	400	5:05.25	435	100	1:12.48	434	200	2:41.96	425	-19	1294	3
2.	100	1:05.59	449	200	2:42.95	418	400	5:14.41	398		1265	3
3.	200	2:45.36	400	400	5:15.74	393	100	1:15.14	372		1165	3
4.	200	2:46.64	391	100	1:08.88	388	400	5:18.84	381	" "	1160	3
5.	400	5:16.89	388	200	2:48.53	378	100	1:27.25	365	" "	1131	3
6.	200	2:48.22	380	400	5:21.33	372	100	1:09.81	372		1124	3
7.	400	5:15.78	392	100	1:10.67	359	200	2:51.71	357	" "	1108	3
8.	100	1:24.99	395	200	2:50.22	366	400	5:29.42	346	" "	1107	3
9.	100	1:07.29	416	200	2:53.55	346	400	5:31.61	339		1101	3
10.	100	1:09.10	384	400	5:24.18	363	200	2:53.09	348		1095	3
11.	400	5:22.31	369	100	1:10.59	360	200	2:52.67	351	-	1080	3
12.	100	1:27.15	366	400	5:26.13	356	200	2:52.20	354	" "	1076	3
13.	100	1:09.42	379	400	5:29.16	346	200	2:53.89	344	4	1069	3
14.	100	1:17.22	359	200	2:53.68	345	400	5:31.34	340	" "	1044	3
15.	400	5:26.34	356	100	1:12.16	337	200	2:56.73	327	4	1020	3
16.	400	5:28.07	350	100	1:19.13	333	200	2:56.61	328	-	1011	3
17.	400	5:30.14	343	200	2:55.81	333	100	1:31.14	320		996	3
18.	200	2:54.65	339	100	1:18.96	335	400	5:40.79	312	" "	986	3
	100	1:17.60	353	200	2:55.24	336	400	5:46.46	297	4	986	3
	100	1:11.36	349	400	5:34.66	330	200	3:00.62	307		986	3

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21.	400	5:26.82	354	200	2:57.24	325	100	1:21.51	305	"	"	984	3
22.	400	5:26.45	355	100	1:13.41	320	200	3:00.71	306	"	"	981	3
23.	400	5:32.22	337	200	2:56.94	326	100	1:20.67	315	"	"	978	3
24.	100	1:28.92	344	200	2:58.04	320	400	5:40.94	312	"	"	976	3
25.	200	2:53.65	345	400	5:40.18	314	100	1:14.73	304	"	"	963	3
26.	400	5:32.64	336	200	2:59.09	315	100	1:14.20	310	"	"	961	3
27.	200	2:56.56	328	100	1:20.59	315	400	5:44.31	303	"	"	946	3
28.	400	5:35.25	328	100	1:13.47	319	200	3:04.62	287	"	"	934	3
29.	400	5:33.62	333	100	1:14.31	309	200	3:04.48	288	"	"	930	3
30.	400	5:32.93	335	200	3:02.25	298	100	1:22.64	293	"	"	926	3
31.	100	1:13.81	315	400	5:43.20	306	200	3:01.23	304	"	"	925	3
32.	200	2:56.02	331	400	5:45.77	299	100	1:22.95	289	"	"	919	3
33.	200	2:57.76	322	100	1:21.75	302	400	5:48.88	291	"	"	915	3
34.	400	5:35.15	328	200	3:02.35	298	100	1:16.49	283	"	"	909	3
35.	400	5:42.24	308	100	1:32.34	307	200	3:05.50	283	"	"	898	3
36.	400	5:42.24	308	100	1:22.78	291	200	3:03.99	290	"	"	889	3
37.	100	1:28.33	351	200	3:00.52	307	400	6:18.20	228	"	"	886	3
38.	200	3:01.51	302	400	5:47.58	294	100	1:16.08	288	"	"	884	3
39.	100	1:30.33	329	200	2:59.69	311	400	6:10.94	242	"	"	882	3
40.	100	1:14.83	302	200	3:04.24	289	400	5:52.47	282	"	"	873	3
41.	100	1:15.69	292	400	5:54.03	278	200	3:06.92	277	"	"	847	3
42.	200	3:03.01	295	100	1:16.71	281	400	6:00.87	263	"	"	839	3

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, 13.10 - 15.10.2023 .

43.	400	5:50.98	286	100	1:35.60	277	200	3:08.28	271	"	"	834	3
44.	200	3:02.16	299	100	1:34.54	286	400	6:13.05	238	,		823	3
45.	200	3:03.23	294	100	1:23.97	266	400	6:02.80	259	,	" "	819	3
46.	100	1:32.70	304	200	3:08.80	268	400	6:10.82	242	,	" "	814	3
47.	100	1:15.54	294	400	5:55.31	275	200	3:15.16	243	,	" "	812	3
48.	200	3:03.22	294	400	5:56.50	273	100	1:26.85	241	,		808	3
49.	400	5:52.00	283	100	1:18.19	265	200	3:11.87	256	,	" "	804	3
50.	100	1:33.02	301	400	6:04.85	254	200	3:13.78	248	,	-19	803	3
51.	400	5:54.05	278	100	1:18.41	263	200	3:10.67	261	,	4	802	3
52.	100	1:34.28	289	200	3:09.13	267	400	6:09.19	245	,	-19	801	3
53.	400	5:46.16	298	200	3:09.04	267	100	1:27.88	232	,	" "	797	3
54.	400	5:57.87	269	100	1:18.29	264	200	3:11.12	259	,		792	3
55.	100	1:24.37	275	400	5:58.41	268	200	3:13.75	248	,	" "	791	3
56.	200	3:05.94	281	400	5:56.07	274	100	1:29.84	228	,		783	3
57.	100	1:16.80	280	400	6:00.45	264	200	3:17.78	233	,	" "	777	3
58.	100	1:17.37	273	400	6:02.75	259	200	3:14.89	244	,	-19	776	3
59.	400	6:01.21	262	100	1:37.36	262	200	3:14.65	245	,	" "	769	3
60.	200	3:06.63	278	400	6:01.85	261	100	1:42.32	226	,	" "	765	3
61.	200	3:09.94	264	400	6:03.56	257	100	1:29.05	234	,	-19	755	3
62.	100	1:34.19	290	200	3:18.53	231	400	6:17.42	230	,	" "	751	3
63.	100	1:18.81	259	400	6:03.32	258	200	3:17.95	233	,	" "	750	3
64.	400	6:00.79	263	200	3:15.55	241	100	1:40.25	240	,		744	3

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65.	200	3:10.75	260	100	1:19.99	247	400	6:13.98	236	"	"	743	3	
66.	200	3:05.70	282	400	6:11.06	242	100	1:31.26	207	,	-19	731	3	
67.	400	6:03.17	258	100	1:28.28	240	200	3:19.96	226	,	"	"	724	3
68.	100	1:26.00	260	200	3:14.72	245	400	6:24.40	217	,	-19	722	3	
69.	400	6:05.59	253	100	1:40.92	235	200	3:18.22	232	,	"	"	720	3
70.	400	6:08.65	246	100	1:28.46	238	200	3:17.21	235	,	"	"	719	3
71.	100	1:19.30	254	400	6:14.88	234	200	3:19.86	226	,	"	"	714	3
72.	200	3:09.86	264	100	1:19.25	254	400	6:39.91	193	,			711	3
73.	100	1:20.29	245	400	6:12.24	239	200	3:20.62	224	,	"	"	708	3
74.	400	6:11.30	241	200	3:16.83	237	100	1:42.14	227	,	"	"	705	3
75.	200	3:17.31	235	100	1:21.45	234	400	6:17.22	230	,	"	"	699	3
76.	200	3:14.92	244	100	1:29.05	234	400	6:23.25	219	,			697	3
77.	400	6:15.67	233	100	1:21.74	232	200	3:19.25	228	,			693	3
78.	400	6:12.64	239	200	3:18.09	232	100	1:31.70	214	,	"	"	685	3
79.	100	1:40.89	236	200	3:20.75	223	400	6:25.59	215	,	-19	674	3	
80.	400	6:15.05	234	200	3:21.25	222	100	1:23.58	217	,		673	3	
81.	100	1:38.22	255	200	3:19.96	226	400	6:45.42	185	,	"	"	666	3
82.	100	1:29.34	231	200	3:23.35	215	400	6:30.46	207	,		653	3	
83.	100	1:30.74	221	200	3:21.79	220	400	6:29.69	209	,		650	3	
84.	200	3:20.99	222	100	1:30.85	220	400	6:33.73	202	,	"	"	644	3
85.	100	1:21.48	234	400	6:32.26	205	200	3:27.13	203	,	"	"	642	3
86.	400	6:18.54	228	200	3:21.71	220	100	1:48.15	191	,	"	"	639	3

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87.	100	1:30.38	224	200	3:25.30	209	400	6:40.07	193	"	"	626	3
88.	100	1:24.69	208	200	3:25.71	207	400	6:32.52	204	"	"	619	3
89.	200	3:25.01	210	400	6:32.53	204	100	1:33.95	199	"	"	613	3
90.	400	6:19.82	225	100	1:24.61	209	200	3:45.54	157	"	"	591	3
91.	400	6:00.10	265							"	"	265	1
92.	400	6:01.99	260							"	"	260	1
93.	100	1:30.55	170							"	"	170	1
DSQ	400	5:44.84	301	200	3:04.21	289	100		263	"	"		3
DSQ	200	3:14.65	245	400	6:11.85	240	100		194	"	"		3
DSQ	100	1:26.89	193	400	6:40.98	191	200		163	"	"		3
DSQ	400	5:26.60	355	100	1:12.58	331	200		-	"	"		3
DSQ	400	6:16.92	231	100	1:23.43	218	200		204	"	"		3
DSQ	400	6:03.94	256	100	1:19.69	250	200		-19 219	"	"		3
DSQ	200		215	100	1:24.00	214	400	6:37.62	-19 196	"	"		3
DSQ	100	1:09.23	382	400	5:36.75	324	200		320	"	"		3
DSQ	100	1:22.44	226	200		191	400	7:02.57	163	"	"		3
DSQ	100	1:24.35	211	400	6:44.86	186	200		177	"	"		3
DSQ	100	1:35.19	281	400	6:12.09	240	200		234	"	"		3
DSQ	100	1:46.23	202	400	6:40.68	192	200		180	"	"		3
DSQ	100	1:20.35	244	400	6:27.10	213	200		-19 211	"	"		3