

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

1 , 100m 2011 - 2012
 03.11.2023 - 14:45

: FINA 2023

1.	50m:	29.99	29.99	2011 I	100m:	1:02.52	32.53	,	"	"	1:02.52	I	519
2.	50m:	29.22	29.22	2011 I	100m:	1:03.24	34.02	,			1:03.24	I	501
3.	50m:	31.06	31.06	2011 II	100m:	1:03.88	32.82	,			1:03.88	I	486
4.	50m:	18.70	18.70	2011 II	100m:	1:04.57	45.87	,			1:04.57	II	471
5.	50m:	30.90	30.90	2011 I	100m:	1:04.73	33.83	,	-19		1:04.73	II	467
6.	50m:	31.44	31.44	2012 I	100m:	1:05.83	34.39	,	-19		1:05.83	II	444
7.	50m:	31.80	31.80	2011 II	100m:	1:05.91	34.11	,	"	"	1:05.91	II	443
8.	50m:	31.86	31.86	2011 II	100m:	1:05.92	34.06	,	"	"	1:05.92	II	442
9.	50m:	32.00	32.00	2012 II	100m:	1:06.54	34.54	,			1:06.54	II	430
10.	50m:	31.89	31.89	2011 II	100m:	1:07.07	35.18	,			1:07.07	II	420
11.	50m:	32.07	32.07	2011 II	100m:	1:07.39	35.32	,			1:07.39	II	414
12.	50m:	31.99	31.99	2011 II	100m:	1:07.41	35.42	,	"	"	1:07.41	II	414
13.	50m:	32.92	32.92	2011 II	100m:	1:08.22	35.30	,	"	"	1:08.22	II	399
14.	50m:	32.91	32.91	2012 II	100m:	1:08.58	35.67	,			1:08.58	II	393
15.	50m:	33.47	33.47	2011 II	100m:	1:08.60	35.13	,	"	"	1:08.60	II	393
16.	50m:	33.06	33.06	2011 II	100m:	1:08.82	35.76	,	"	"	1:08.82	II	389
17.	50m:	33.94	33.94	2012 II	100m:	1:08.87	34.93	,	"	"	1:08.87	II	388
18.	50m:	33.04	33.04	2011 II	100m:	1:09.17	36.13	,			1:09.17	II	383
19.	50m:	33.73	33.73	2012 II	100m:	1:09.62	35.89	,	4		1:09.62	II	376
20.	50m:	33.15	33.15	2012 II	100m:	1:09.90	36.75	,	"	"	1:09.90	II	371

" (25 .)

ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

1,		, 100m				2011 - 2012						
21.	50m:	33.91	33.91	2011 100m:	 1:10.58	36.67	,	"	"	1:10.58		360
22.	50m:	34.16	34.16	2011 100m:	 1:10.59	36.43	,	-19		1:10.59		360
23.	50m:	33.82	33.82	2011 100m:	 1:10.76	36.94	,	"	"	1:10.76		358
24.	50m:	34.48	34.48	2011 100m:	 1:10.85	36.37	,	"	"	1:10.85		356
25.	50m:	34.10	34.10	2011 100m:	 1:10.87	36.77	,	4		1:10.87		356
26.	50m:	34.01	34.01	2012 100m:	 1:10.88	36.87	,	"	"	1:10.88		356
27.	50m:	34.41	34.41	2011 100m:	 1:10.97	36.56	,	-19		1:10.97		354
28.	50m:	34.23	34.23	2012 100m:	 1:11.33	37.10	,			1:11.33		349
29.	50m:	34.31	34.31	2011 100m:	 1:11.54	37.23	,	4		1:11.54		346
30.	50m:	34.09	34.09	2012 100m:	 1:11.65	37.56	-	,		1:11.65		344
31.	50m:	34.12	34.12	2011 100m:	 1:11.89	37.77	,			1:11.89		341
32.	50m:	34.28	34.28	2011 100m:	 1:12.50	38.22	,	-19		1:12.50		332
33.	50m:	34.95	34.95	2011 100m:	 1:12.53	37.58		"	"	1:12.53		332
34.	50m:	34.25	34.25	2011 100m:	 1:12.55	38.30	,	-19		1:12.55		332
35.	50m:	35.79	35.79	2011 100m:	 1:13.37	37.58		"	"	1:13.37		321
36.	50m:	35.53	35.53	2011 100m:	 1:13.51	37.98	,	"	"	1:13.51		319
37.	50m:	35.12	35.12	2011 100m:	 1:13.63	38.51	,	"	"	1:13.63		317
38.	50m:	35.45	35.45	2011 100m:	 1:13.66	38.21	,	"	"	1:13.66		317
39.	50m:	35.32	35.32	2011 100m:	 1:13.98	38.66	,			1:13.98		313
40.	50m:	34.97	34.97	2012 100m:	 1:14.21	39.24	,	"	"	1:14.21		310
41.	50m:	35.29	35.29	2011 100m:	 1:14.42	39.13	,	"	"	1:14.42		307

"(25 .)

ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

1,		, 100m				2011 - 2012						
42.	50m:	36.04	36.04	2012 III	100m:	1:15.32	39.28	,	" "	1:15.32	III	296
43.	50m:	35.41	35.41	2011 II	100m:	1:15.43	40.02	,	" "	1:15.43	III	295
44.	50m:	36.09	36.09	2012 II	100m:	1:15.46	39.37	,	" "	1:15.46	III	295
45.	50m:	35.83	35.83	2012 III	100m:	1:15.59	39.76	,	" "	1:15.59	III	293
46.	50m:	37.05	37.05	2012 III	100m:	1:15.90	38.85	,	" "	1:15.90	III	290
47.	50m:	35.95	35.95	2011 II	100m:	1:16.15	40.20	,	" "	1:16.15	III	287
	50m:	37.09	37.09	2011 II	100m:	1:16.15	39.06	,	" "	1:16.15	III	287
49.	50m:	36.25	36.25	2011 II	100m:	1:16.18	39.93	,	" "	1:16.18	III	287
50.	50m:	37.91	37.91	2011 III	100m:	1:17.05	39.14	,	" "	1:17.05	III	277
51.	50m:	38.00	38.00	2011 III	100m:	1:17.15	39.15	,	" "	1:17.15	III	276
52.	50m:	36.17	36.17	2012 III	100m:	1:17.88	41.71	,	" "	1:17.88	III	268
53.	50m:	36.54	36.54	2011 II	100m:	1:18.06	41.52	,	" "	1:18.06	III	266
54.	50m:	39.94	39.94	2011 III	100m:	1:23.40	43.46	,	" "	1:23.40	1	218
55.	50m:	41.19	41.19	2012 III	100m:	1:27.45	46.26	,	" "	1:27.45	1	189
56.	50m:	44.57	44.57	2012 III	100m:	1:30.51	45.94	,	" "	1:30.51	1	171
DSQ				2012 III				,	" "			
DNS				2011 II				,	" -19			
DNS				2012 III				,	" "			
DNS				2012 III				,	" "			
DNS				2012 III				,	" "			

" (25 .)

ALT- TIMING

13-14 (2009-2010 . .), (25)
11-12 (2011-2012 . .)
03.11 - 05.11.2023 .

2
03.11.2023 - 15:05

, 100m

2009 - 2010

: FINA 2023

1.	50m:	27.02	27.02	2009	100m:	55.49	28.47	,	"	"	55.49		527	
2.	50m:	26.71	26.71	2009		100m:	55.72	29.01	,	-19	55.72		521	
3.	50m:	26.99	26.99	2009		100m:	55.82	28.83	,		55.82		518	
4.	50m:	27.09	27.09	2009		100m:	56.08	28.99	,	-19	56.08		511	
5.	50m:	26.48	26.48	2009		100m:	56.73	30.25	,		56.73		493	
6.	50m:	56.82	56.82	2009		100m:	56.82		,	"	"	56.82		491
7.	50m:	28.08	28.08	2010		100m:	57.62	29.54	,	"	"	57.62		471
8.	50m:	27.49	27.49	2009		100m:	57.82	30.33	,		57.82		466	
9.	50m:	28.41	28.41	2009		100m:	58.12	29.71	,	"	"	58.12		459
10.	50m:	28.24	28.24	2009		100m:	58.22	29.98	,	"	"	58.22		456
11.	50m:	28.29	28.29	2009		100m:	58.31	30.02	,	-19	58.31		454	
12.	50m:	27.46	27.46	2009		100m:	58.74	31.28	,		58.74		444	
13.	50m:	28.05	28.05	2009		100m:	58.76	30.71	,	"	"	58.76		444
14.	50m:	28.10	28.10	2009		100m:	59.13	31.03	,		59.13		436	
15.	50m:	28.30	28.30	2009		100m:	59.23	30.93	,	"	"	59.23		433
16.	50m:	29.13	29.13	2009		100m:	59.40	30.27	,	"	"	59.40		430
17.	50m:	29.03	29.03	2009		100m:	59.63	30.60	,	"	"	59.63		425
18.	50m:	29.30	29.30	2009		100m:	59.68	30.38	,	-19	59.68		424	
19.	50m:	28.99	28.99	2009		100m:	59.71	30.72	,	"	"	59.71		423
20.	50m:	28.92	28.92	2009		100m:	59.76	30.84	,		59.76		422	

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ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

2,		, 100m				2009 - 2010			
21.	50m:	28.72	28.72	2009		100m:	59.77	31.05	59.77 422
22.	50m:	29.20	29.20	2009		100m:	59.81	30.61	59.81 421
23.	50m:	28.97	28.97	2009		100m:	59.90	30.93	59.90 419
24.	50m:	28.70	28.70	2009		100m:	59.97	31.27	59.97 418
25.	50m:	28.98	28.98	2009		100m:	1:00.11	31.13	1:00.11 415
26.	50m:	29.50	29.50	2010		100m:	1:00.15	30.65	1:00.15 414
27.	50m:	28.18	28.18	2009		100m:	1:00.17	31.99	1:00.17 413
28.	50m:	29.18	29.18	2009		100m:	1:00.26	31.08	1:00.26 412
29.	50m:	28.51	28.51	2009		100m:	1:00.33	31.82	1:00.33 410
30.	50m:	28.91	28.91	2009		100m:	1:00.36	31.45	1:00.36 409
31.	50m:	29.68	29.68	2009		100m:	1:00.51	30.83	1:00.51 406
32.	50m:	29.44	29.44	2010		100m:	1:00.54	31.10	1:00.54 406
33.	50m:	27.14	27.14	2009	2	100m:	1:00.64	33.50	1:00.64 404
34.	50m:	29.19	29.19	2009		100m:	1:00.73	31.54	1:00.73 402
35.	50m:	29.41	29.41	2009		100m:	1:00.78	31.37	1:00.78 401
36.	50m:	30.15	30.15	2010		100m:	1:01.30	31.15	1:01.30 391
	50m:	30.03	30.03	2010		100m:	1:01.30	31.27	1:01.30 391
38.	50m:	29.43	29.43	2009		100m:	1:01.31	31.88	1:01.31 391
39.	50m:	29.71	29.71	2009		100m:	1:01.47	31.76	1:01.47 388
40.	50m:	29.98	29.98	2010		100m:	1:01.67	31.69	1:01.67 384
41.	50m:	29.09	29.09	2009		100m:	1:01.69	32.60	1:01.69 384

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 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

2,		, 100m				2009 - 2010			
42.	50m:	29.29	29.29	2010 100m:	 1:01.77	32.48	-	,	1:01.77 382
43.	50m:	30.38	30.38	2010 100m:	 1:01.79	31.41	,	" "	1:01.79 382
44.	50m:	30.34	30.34	2009 100m:	 1:01.92	31.58	,	" "	1:01.92 379
45.	50m:	29.29	29.29	2009 100m:	 1:01.98	32.69	,		1:01.98 378
46.	50m:	29.67	29.67	2009 100m:	 1:02.00	32.33	,	" "	1:02.00 378
47.	50m:	29.71	29.71	2010 100m:	 1:02.06	32.35	,		1:02.06 377
48.	50m:	29.69	29.69	2010 100m:	 1:02.16	32.47	,	" "	1:02.16 375
49.	50m:	30.26	30.26	2009 100m:	 1:02.21	31.95	,		1:02.21 374
50.	50m:	29.94	29.94	2010 100m:	 1:02.23	32.29	,	4	1:02.23 374
51.	50m:	29.40	29.40	2009 100m:	 1:02.30	32.90	,	-19	1:02.30 372
52.	50m:	30.27	30.27	2010 100m:	 1:02.34	32.07	,	" "	1:02.34 372
53.	50m:	29.41	29.41	2009 100m:	 1:02.37	32.96	,	. . .	1:02.37 371
54.	50m:	30.27	30.27	2009 100m:	 1:02.39	32.12	,		1:02.39 371
55.	50m:	29.78	29.78	2009 100m:	 1:02.48	32.70	,		1:02.48 369
56.	50m:	30.16	30.16	2010 100m:	 1:02.55	32.39	,	" "	1:02.55 368
57.	50m:	29.85	29.85	2009 100m:	 1:02.79	32.94	,		1:02.79 364
58.	50m:	30.11	30.11	2010 100m:	 1:02.90	32.79	,	" "	1:02.90 362
59.	50m:	30.25	30.25	2009 100m:	 1:02.96	32.71	,	-19	1:02.96 361
60.	50m:	30.78	30.78	2009 100m:	 1:02.97	32.19	,	" "	1:02.97 361
61.	50m:	30.75	30.75	2009 100m:	 1:03.10	32.35	,	-19	1:03.10 358
62.	50m:	1:03.21	1:03.21	2009 100m:	 1:03.21		,	" "	1:03.21 356

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2,		, 100m				2009 - 2010						
63.	50m:	29.95	29.95	2010		100m:	1:03.39	33.44	, " "	1:03.39		353
64.	50m:	29.95	29.95	2009		100m:	1:03.45	33.50	, -19	1:03.45		352
	50m:	30.69	30.69	2009		100m:	1:03.45	32.76	, " "	1:03.45		352
66.	50m:	30.53	30.53	2009		100m:	1:03.50	32.97	, " "	1:03.50		352
67.	50m:	31.12	31.12	2010		100m:	1:03.74	32.62	,	1:03.74		348
68.	50m:	31.10	31.10	2009		100m:	1:03.90	32.80	,	1:03.90		345
69.	50m:	30.14	30.14	2009		100m:	1:03.91	33.77	,	1:03.91		345
70.	50m:	29.66	29.66	2010		100m:	1:03.97	34.31	,	1:03.97		344
71.	50m:	30.65	30.65	2009		100m:	1:04.05	33.40	, " "	1:04.05		343
72.	50m:	30.52	30.52	2010		100m:	1:04.06	33.54	, " "	1:04.06		342
73.	50m:	31.40	31.40	2009		100m:	1:04.11	32.71	, " "	1:04.11		342
74.	50m:	30.73	30.73	2009		100m:	1:04.13	33.40	,	1:04.13		341
75.	50m:	31.22	31.22	2009		100m:	1:04.22	33.00	, " "	1:04.22		340
76.	50m:	30.83	30.83	2010		100m:	1:04.29	33.46	, " "	1:04.29		339
77.	50m:	30.52	30.52	2009		100m:	1:04.32	33.80	,	1:04.32		338
78.	50m:	31.47	31.47	2010		100m:	1:04.33	32.86	, " "	1:04.33		338
79.	50m:	31.22	31.22	2010		100m:	1:04.51	33.29	- ,	1:04.51		335
80.	50m:	30.88	30.88	2010		100m:	1:04.53	33.65	, " "	1:04.53		335
	50m:	31.22	31.22	2009		100m:	1:04.53	33.31	,	1:04.53		335
82.	50m:	32.05	32.05	2009		100m:	1:04.70	32.65	, " "	1:04.70		332
83.	50m:	31.45	31.45	2010		100m:	1:04.74	33.29	, 4	1:04.74		332

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

2,		, 100m				2009 - 2010						
84.	50m:	31.68	31.68	2010		100m:	1:04.99	33.31	, " "	1:04.99	III	328
	50m:	31.38	31.38	2010		100m:	1:04.99	33.61	" "	1:04.99	III	328
86.	50m:	30.95	30.95	2010		100m:	1:05.02	34.07	, " "	1:05.02	III	327
87.	50m:	31.47	31.47	2009		100m:	1:05.04	33.57	- ,	1:05.04	III	327
88.	50m:	31.43	31.43	2010		100m:	1:05.05	33.62	, " "	1:05.05	III	327
89.	50m:	31.50	31.50	2010		100m:	1:05.08	33.58	, " "	1:05.08	III	327
90.	50m:	31.24	31.24	2009		100m:	1:05.11	33.87	" "	1:05.11	III	326
91.	50m:	31.42	31.42	2009		100m:	1:05.13	33.71	,	1:05.13	III	326
92.	50m:	30.73	30.73	2010		100m:	1:05.15	34.42	, " "	1:05.15	III	326
93.	50m:	31.37	31.37	2009		100m:	1:05.18	33.81	, -19	1:05.18	III	325
94.	50m:	31.25	31.25	2010		100m:	1:05.25	34.00	, " "	1:05.25	III	324
95.	50m:	31.55	31.55	2009		100m:	1:05.42	33.87	,	1:05.42	III	322
96.	50m:	31.89	31.89	2010		100m:	1:05.49	33.60	, " "	1:05.49	III	320
97.	50m:	31.72	31.72	2010		100m:	1:05.51	33.79	, " "	1:05.51	III	320
98.	50m:	30.64	30.64	2010		100m:	1:05.57	34.93	, " "	1:05.57	III	319
99.	50m:	31.64	31.64	2009		100m:	1:05.59	33.95	" "	1:05.59	III	319
100.	50m:	32.02	32.02	2009		100m:	1:05.60	33.58	, " "	1:05.60	III	319
101.	50m:	33.06	33.06	2010		100m:	1:05.61	32.55	, -19	1:05.61	III	319
102.	50m:	31.71	31.71	2009		100m:	1:05.77	34.06	,	1:05.77	III	316
103.	50m:	31.41	31.41	2009		100m:	1:05.89	34.48	,	1:05.89	III	315
104.	50m:	32.36	32.36	2010		100m:	1:05.90	33.54	, " "	1:05.90	III	315

" (25 .)

ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

2,		, 100m				2009 - 2010			
105.	50m:	30.68	30.68	2009	III	100m:	1:06.10	35.42	1:06.10 III 312
				2010	II		1:06.10	34.95	1:06.10 III 312
107.	50m:	31.15	31.15	2010	II		1:06.15	34.70	1:06.15 III 311
108.	50m:	31.10	31.10	2009	II		1:06.19	35.09	1:06.19 III 310
109.	50m:	32.74	32.74	2009	II		1:06.22	33.48	1:06.22 III 310
110.	50m:	32.26	32.26	2010	II		1:06.30	34.04	1:06.30 III 309
111.	50m:	32.70	32.70	2010	II		1:06.52	33.82	1:06.52 III 306
112.	50m:	31.94	31.94	2009	II		1:06.57	34.63	1:06.57 III 305
				2010	II		1:06.57	34.55	1:06.57 III 305
114.	50m:	31.96	31.96	2010	II		1:06.76	34.80	1:06.76 III 303
115.	50m:	32.41	32.41	2010	III		1:06.77	34.36	1:06.77 III 302
116.	50m:	32.29	32.29	2010	II		1:06.78	34.49	1:06.78 III 302
117.	50m:	31.57	31.57	2010	II		1:06.79	35.22	1:06.79 III 302
118.	50m:	32.50	32.50	2010	II		1:06.93	34.43	1:06.93 III 300
119.	50m:	32.36	32.36	2009	II		1:06.98	34.62	1:06.98 III 300
120.	50m:	32.34	32.34	2010	III		1:07.04	34.70	1:07.04 III 299
121.	50m:	31.17	31.17	2009	III		1:07.14	35.97	1:07.14 III 297
122.	50m:	32.25	32.25	2010	II		1:07.24	34.99	1:07.24 III 296
123.	50m:	31.94	31.94	2010	II		1:07.30	35.36	1:07.30 III 295
124.	50m:	32.58	32.58	2009	II		1:07.39	34.81	1:07.39 III 294
125.	50m:	32.76	32.76	2009	II		1:07.41	34.65	1:07.41 III 294

"(25 .)

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

2,		, 100m				2009 - 2010						
126.	50m:	32.43	32.43	2010 II	100m:	1:07.59	35.16	,	" "	1:07.59	III	291
127.	50m:	32.38	32.38	2010 II	100m:	1:08.00	35.62	,	" "	1:08.00	III	286
128.	50m:	31.41	31.41	2010 II	100m:	1:08.16	36.75	,	" "	1:08.16	III	284
129.	50m:	32.31	32.31	2010 II	100m:	1:08.35	36.04	,	-19	1:08.35	III	282
130.	50m:	32.70	32.70	2010 II	100m:	1:08.47	35.77	,	" "	1:08.47	III	280
131.	50m:	33.08	33.08	2010 III	100m:	1:08.72	35.64	,	" "	1:08.72	III	277
132.	50m:	32.96	32.96	2010 II	100m:	1:08.80	35.84	,	4	1:08.80	III	276
133.	50m:	32.54	32.54	2010 II	100m:	1:08.99	36.45	,	" "	1:08.99	III	274
134.	50m:	33.03	33.03	2010 III	100m:	1:09.00	35.97	,	-19	1:09.00	III	274
135.	50m:	32.45	32.45	2009 III	100m:	1:09.20	36.75	,		1:09.20	III	272
136.	50m:	33.57	33.57	2009 II	100m:	1:09.22	35.65	,	" "	1:09.22	III	271
137.	50m:	33.31	33.31	2009 II	100m:	1:09.75	36.44	,		1:09.75	III	265
138.	50m:	32.53	32.53	2010 II	100m:	1:10.00	37.47	"	"	1:10.00	III	262
139.	50m:	32.49	32.49	2009 III	100m:	1:10.08	37.59	,		1:10.08	III	261
140.	50m:	33.08	33.08	2010 II	100m:	1:10.18	37.10	,		1:10.18	III	260
141.	50m:	32.97	32.97	2009 II	100m:	1:10.35	37.38	,	4	1:10.35	III	258
142.	50m:	34.03	34.03	2010 II	100m:	1:10.97	36.94	"	"	1:10.97	III	252
143.	50m:	33.76	33.76	2009 III	100m:	1:11.06	37.30	,		1:11.06	1	251
144.	50m:	33.61	33.61	2010 II	100m:	1:11.11	37.50	,	" "	1:11.11	1	250
145.	50m:	33.96	33.96	2009 III	100m:	1:11.43	37.47	,		1:11.43	1	247
146.	50m:	36.38	36.38	2010 II	100m:	1:15.03	38.65	"	"	1:15.03	1	213

"(25 .)

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(25)

13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 . , 03.11 - 05.11.2023 .

2, , 100m , 2009 - 2010

DSQ	2010	II	,	"	"
DSQ	2009	II	,		
DNS	2009	II	,	"	"
DNS	2010	II	.	"	"
DNS	2010	III	.	"	"

3 , 200m 2011 - 2012

03.11.2023 - 15:50

: FINA 2023

1.			2011	I	,	"	"	2:33.41	I	473		
	50m:	35.20	35.20	100m:	1:15.08	39.88	150m:	1:54.90	39.82	200m:	2:33.41	38.51
2.			2011	I	,	"	"	2:33.74	I	470		
	50m:	34.82	34.82	100m:	1:13.51	38.69	150m:	1:53.86	40.35	200m:	2:33.74	39.88
3.			2011	II	,			2:38.03	II	433		
	50m:	35.60	35.60	100m:	1:16.24	40.64	150m:	1:57.26	41.02	200m:	2:38.03	40.77
4.			2011	II	,	"	"	2:41.40	II	406		
	50m:	35.67	35.67	100m:	1:16.09	40.42	150m:	1:56.99	40.90	200m:	2:41.40	44.41
5.			2012	II	,			2:42.81	II	396		
6.			2011	II	,			2:57.26	III	307		
	50m:	36.83	36.83	100m:	1:19.71	42.88	150m:	2:07.33	47.62	200m:	2:57.26	49.93
7.			2011	II	,	"	"	2:59.04	III	298		
	50m:	38.52	38.52	100m:	1:23.32	44.80	150m:	2:12.35	49.03	200m:	2:59.04	46.69
8.			2011	II	,	"	"	3:02.43	III	281		
	50m:	39.21	39.21	100m:	1:26.41	47.20	150m:	2:14.57	48.16	200m:	3:02.43	47.86

4 , 200m 2009 - 2010

03.11.2023 - 16:00

: FINA 2023

1.			2009		,	-19		2:13.84	I	508		
	50m:	29.94	29.94	100m:	1:03.95	34.01	150m:	1:37.82	33.87	200m:	2:13.84	36.02
2.			2009	II	,	"	"	2:19.08	II	453		
	50m:	32.06	32.06	100m:	1:07.84	35.78	150m:	1:44.35	36.51	200m:	2:19.08	34.73
3.			2009	I	,	"	"	2:19.34	II	450		
	50m:	30.18	30.18	100m:	1:06.27	36.09	150m:	1:43.52	37.25	200m:	2:19.34	35.82
4.			2009	I	,	"	"	2:20.88	II	436		
	50m:	30.99	30.99	100m:	1:06.25	35.26	150m:	1:43.05	36.80	200m:	2:20.88	37.83
5.			2009	II	,	"	"	2:23.28	II	414		
	50m:	31.25	31.25	100m:	1:07.70	36.45	150m:	1:45.44	37.74	200m:	2:23.28	37.84
6.			2009	I	,			2:23.61	II	411		
	50m:	31.66	31.66	100m:	1:08.07	36.41	150m:	1:45.40	37.33	200m:	2:23.61	38.21

" (25 .)

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13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

4, , 200m , 2009 - 2010

7.				2010							2:34.52		330
	50m:	34.29	34.29	100m:	1:12.94	38.65	150m:	1:53.51	40.57	200m:	2:34.52	41.01	
8.				2010							2:47.49		259
	50m:	36.14	36.14	100m:	1:19.31	43.17	150m:	2:03.34	44.03	200m:	2:47.49	44.15	

5 , 200m 2011 - 2012

03.11.2023 - 16:05

: FINA 2023

1.				2011							2:18.86		628
	50m:	32.87	32.87	100m:	1:07.80	34.93	150m:	1:43.40	35.60	200m:	2:18.86	35.46	
2.				2011							2:27.30		526
	50m:	35.07	35.07	100m:	1:12.11	37.04	150m:	1:50.24	38.13	200m:	2:27.30	37.06	
3.				2011							2:32.38		475
	50m:	35.72	35.72	100m:	1:13.60	37.88	150m:	1:53.44	39.84	200m:	2:32.38	38.94	
4.				2011							2:35.55		447
	50m:	36.38	36.38	100m:	1:15.85	39.47	150m:	1:56.17	40.32	200m:	2:35.55	39.38	
5.				2011							2:36.71		437
	50m:	36.57	36.57	100m:	1:16.29	39.72	150m:	1:56.68	40.39	200m:	2:36.71	40.03	
6.				2011							2:37.19		433
	50m:	36.64	36.64	100m:	1:16.47	39.83	150m:	1:57.18	40.71	200m:	2:37.19	40.01	
7.				2011							2:42.63		391
	50m:	38.84	38.84	100m:	1:19.68	40.84	150m:	2:01.78	42.10	200m:	2:42.63	40.85	
8.				2011							2:45.66		370
	50m:	39.85	39.85	100m:	1:21.47	41.62	150m:	2:04.22	42.75	200m:	2:45.66	41.44	
9.				2011					4		2:46.47		364
	50m:	38.89	38.89	100m:	1:21.21	42.32	150m:	2:04.64	43.43	200m:	2:46.47	41.83	
10.				2012							2:46.66		363
	50m:	39.06	39.06	100m:	1:20.51	41.45	150m:	2:03.90	43.39	200m:	2:46.66	42.76	
11.				2012							2:48.27		353
	50m:	39.15	39.15	100m:	1:21.88	42.73	150m:	2:06.20	44.32	200m:	2:48.27	42.07	
				2012					4		2:48.27		353
	50m:	39.32	39.32	100m:	1:21.81	42.49	150m:	2:05.91	44.10	200m:	2:48.27	42.36	
13.				2011							2:48.67		350
	50m:	37.42	37.42	100m:	1:19.12	41.70	150m:	2:03.93	44.81	200m:	2:48.67	44.74	
14.				2011							2:48.72		350
	50m:	39.19	39.19	100m:	1:20.80	41.61	150m:	2:05.06	44.26	200m:	2:48.72	43.66	
15.				2012							2:50.17		341
	50m:	41.58	41.58	100m:	1:24.36	42.78	150m:	2:07.91	43.55	200m:	2:50.17	42.26	
16.				2011					4		2:51.30		334
	50m:	41.76	41.76	100m:	1:25.97	44.21	150m:	2:08.72	42.75	200m:	2:51.30	42.58	

" (25 .)

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(25)

13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
03.11 - 05.11.2023 .

5,		, 200m				2011 - 2012									
17.	50m:	42.02	42.02	2011		100m:	1:25.97	43.95	150m:	2:10.70	44.73	200m:	2:52.80		326
													2:52.80	42.10	
18.	50m:	41.60	41.60	2012		100m:	1:26.19	44.59	150m:	2:10.53	44.34	200m:	2:55.83		309
													2:55.83	45.30	
19.	50m:	42.01	42.01	2012		100m:	1:28.16	46.15	150m:	2:14.34	46.18	200m:	2:57.82		299
													2:57.82	43.48	
20.	50m:	44.96	44.96	2012		100m:	1:34.81	49.85	150m:	2:24.98	50.17	200m:	3:13.79		231
													3:13.79	48.81	
DNS				2012											

6 , 200m 2009 - 2010
03.11.2023 - 16:20

: FINA 2023

1.	50m:	30.05	30.05	2009		100m:	1:03.96	33.91	150m:	1:39.43	35.47	200m:	2:14.99		479
													2:14.99	35.56	
2.	50m:	32.94	32.94	2009		100m:	1:07.44	34.50	150m:	1:42.20	34.76	200m:	2:16.94		458
													2:16.94	34.74	
3.	50m:	31.86	31.86	2009		100m:	1:06.39	34.53	150m:	1:41.42	35.03	200m:	2:17.05		457
													2:17.05	35.63	
4.	50m:	32.25	32.25	2009		100m:	1:06.94	34.69	150m:	1:42.23	35.29	200m:	2:17.35		454
													2:17.35	35.12	
5.	50m:	31.89	31.89	2010		100m:	1:08.11	36.22	150m:	1:44.38	36.27	200m:	2:17.77		450
													2:17.77	33.39	
6.	50m:	33.16	33.16	2009		100m:	1:07.89	34.73	150m:	1:43.95	36.06	200m:	2:19.21		436
													2:19.21	35.26	
7.	50m:	32.08	32.08	2010		100m:	1:07.15	35.07	150m:	1:44.75	37.60	200m:	2:20.67		423
													2:20.67	35.92	
8.	50m:	33.94	33.94	2009		100m:	1:09.45	35.51	150m:	1:46.17	36.72	200m:	2:22.19		409
													2:22.19	36.02	
9.	50m:	32.71	32.71	2010		100m:	1:08.70	35.99	150m:	1:46.11	37.41	200m:	2:23.39		399
													2:23.39	37.28	
10.	50m:	33.46	33.46	2009		100m:	1:09.61	36.15	150m:	1:47.16	37.55	200m:	2:24.19		393
													2:24.19	37.03	
11.	50m:	33.46	33.46	2009		100m:	1:10.30	36.84	150m:	1:48.26	37.96	200m:	2:24.45		391
													2:24.45	36.19	
12.	50m:	34.59	34.59	2009		100m:	1:11.45	36.86	150m:	1:49.07	37.62	200m:	2:25.70		381
													2:25.70	36.63	
13.	50m:	35.19	35.19	2010		100m:	1:12.85	37.66	150m:	1:50.99	38.14	200m:	2:26.84		372
													2:26.84	35.85	
14.	50m:	34.58	34.58	2010		100m:	1:11.96	37.38	150m:	1:50.13	38.17	200m:	2:27.31		368
													2:27.31	37.18	

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 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

6,		, 200m				2009 - 2010					
15.				2009						2:27.45	367
	50m:	34.12	34.12	100m:	1:12.43	38.31	150m:	1:50.93	38.50	200m:	2:27.45 36.52
16.				2010						2:28.12	362
	50m:	34.70	34.70	100m:	1:12.13	37.43	150m:	1:50.57	38.44	200m:	2:28.12 37.55
17.				2009						2:28.93	356
	50m:	33.77	33.77	100m:	1:11.57	37.80	150m:	1:50.95	39.38	200m:	2:28.93 37.98
18.				2010						2:29.81	350
	50m:	35.98	35.98	100m:	1:13.53	37.55	150m:	1:51.32	37.79	200m:	2:29.81 38.49
19.				2010						2:30.59	345
	50m:	35.63	35.63	100m:	1:13.96	38.33	150m:	1:52.92	38.96	200m:	2:30.59 37.67
20.				2010						2:31.55	338
	50m:	36.06	36.06	100m:	1:14.56	38.50	150m:	1:53.87	39.31	200m:	2:31.55 37.68
21.				2009						2:35.78	311
	50m:	36.43	36.43	100m:	1:15.61	39.18	150m:	1:56.20	40.59	200m:	2:35.78 39.58
22.				2009						2:35.85	311
	50m:	36.24	36.24	100m:	1:16.08	39.84	150m:	1:57.26	41.18	200m:	2:35.85 38.59
23.				2010						2:36.64	306
	50m:	38.02	38.02	100m:	1:17.78	39.76	150m:	1:58.25	40.47	200m:	2:36.64 38.39
24.				2010						2:45.00	262
	50m:	38.51	38.51	100m:	1:20.73	42.22	150m:	2:03.85	43.12	200m:	2:45.00 41.15
25.				2009						2:51.00	235
	50m:	39.72	39.72	100m:	1:23.37	43.65	150m:	2:07.88	44.51	200m:	2:51.00 43.12
26.				2010						2:54.60	221
	50m:	42.32	42.32	100m:	1:26.51	44.19	150m:	2:11.49	44.98	200m:	2:54.60 43.11

7 , 100m 2011 - 2012
 03.11.2023 - 16:40

: FINA 2023

1.				2011						1:08.81	553
	50m:	31.60	31.60	100m:	1:08.81	37.21					
2.				2011	I					1:10.69	I 510
	50m:	34.04	34.04	100m:	1:10.69	36.65					
3.				2011						1:14.14	I 442
	50m:	35.93	35.93	100m:	1:14.14	38.21					
4.				2011						1:14.39	I 438
	50m:	34.56	34.56	100m:	1:14.39	39.83					
5.				2011						1:14.74	I 432
	50m:	35.41	35.41	100m:	1:14.74	39.33					
6.				2011	I					1:15.11	425
	50m:	34.46	34.46	100m:	1:15.11	40.65					

" (25 .)

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

7,		, 100m				2011 - 2012						
7.	50m:	34.32	34.32	2011 100m:	 1:15.30	40.98	,	"	"	1:15.30		422
8.	50m:	37.30	37.30	2012 100m:	 1:15.41	38.11	,	"	"	1:15.41		420
9.	50m:	35.85	35.85	2011 100m:	 1:15.47	39.62	,	"	"	1:15.47		419
10.	50m:	35.65	35.65	2011 100m:	 1:15.71	40.06	,			1:15.71		415
11.	50m:	35.60	35.60	2011 100m:	I 1:16.38	40.78	,	"	"	1:16.38		404
12.	50m:	35.96	35.96	2012 100m:	 1:16.76	40.80	,			1:16.76		398
13.	50m:	38.05	38.05	2011 100m:	 1:18.03	39.98	,	"	"	1:18.03		379
14.	50m:	36.72	36.72	2012 100m:	 1:18.22	41.50	-	,		1:18.22		377
15.	50m:	38.57	38.57	2012 100m:	 1:20.02	41.45	,	"	"	1:20.02		352
16.	50m:	36.58	36.58	2011 100m:	 1:20.19	43.61	,			1:20.19		349
17.	50m:	37.93	37.93	2011 100m:	 1:20.68	42.75	,	"	"	1:20.68		343
18.	50m:	36.30	36.30	2011 100m:	 1:20.70	44.40	,			1:20.70		343
19.	50m:	38.27	38.27	2011 100m:	 1:20.76	42.49	,	"	"	1:20.76		342
20.	50m:	37.88	37.88	2012 100m:	 1:20.91	43.03	,	"	"	1:20.91		340
21.	50m:	38.78	38.78	2012 100m:	 1:21.22	42.44	,			1:21.22		336
22.	50m:	37.78	37.78	2011 100m:	 1:21.65	43.87	,	"	"	1:21.65		331
23.	50m:	38.41	38.41	2012 100m:	 1:22.07	43.66	,	"	"	1:22.07		326
24.	50m:	38.26	38.26	2011 100m:	 1:22.31	44.05	,	"	"	1:22.31		323
25.	50m:	39.89	39.89	2011 100m:	 1:22.53	42.64	,	"	"	1:22.53		321
26.	50m:	36.47	36.47	2011 100m:	 1:23.05	46.58	,	"	"	1:23.05		315
27.	50m:	38.23	38.23	2011 100m:	 1:23.10	44.87	,			1:23.10		314

"(25 .)

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

7,		, 100m				2011 - 2012						
28.	50m:	39.51	39.51	2012 II	100m:	1:23.20	43.69	,	" "	1:23.20	II	313
29.	50m:	39.58	39.58	2011 II	100m:	1:23.78	44.20		" "	1:23.78	II	306
30.	50m:	38.91	38.91	2011 II	100m:	1:23.95	45.04	,	" "	1:23.95	II	305
31.	50m:	38.00	38.00	2011 II	100m:	1:24.48	46.48	,		1:24.48	III	299
32.	50m:	39.33	39.33	2012 II	100m:	1:24.49	45.16	,	" "	1:24.49	III	299
33.	50m:	39.34	39.34	2012 II	100m:	1:24.52	45.18	,	" "	1:24.52	III	298
34.	50m:	40.18	40.18	2011 III	100m:	1:24.97	44.79	,		1:24.97	III	294
35.	50m:	41.68	41.68	2011 II	100m:	1:25.07	43.39	,		1:25.07	III	293
36.	50m:	40.17	40.17	2012 II	100m:	1:25.27	45.10	,	" "	1:25.27	III	291
37.	50m:	41.34	41.34	2011 II	100m:	1:25.34	44.00	-	,	1:25.34	III	290
38.	50m:	42.99	42.99	2012 II	100m:	1:25.53	42.54	,		1:25.53	III	288
39.	50m:	38.86	38.86	2012 II	100m:	1:25.75	46.89	,	" "	1:25.75	III	286
40.	50m:	41.60	41.60	2011 II	100m:	1:26.07	44.47	,	" "	1:26.07	III	283
41.	50m:	38.97	38.97	2011 II	100m:	1:26.13	47.16	,	" "	1:26.13	III	282
42.	50m:	41.81	41.81	2011 II	100m:	1:26.38	44.57		" "	1:26.38	III	279
43.	50m:	40.54	40.54	2011 II	100m:	1:27.08	46.54	,	" "	1:27.08	III	273
44.	50m:	40.65	40.65	2012 II	100m:	1:27.39	46.74	,		1:27.39	III	270
45.	50m:	42.03	42.03	2012 III	100m:	1:27.45	45.42	,	-19	1:27.45	III	269
46.	50m:	40.65	40.65	2011 II	100m:	1:27.73	47.08	,		1:27.73	III	267
47.	50m:	43.38	43.38	2011 III	100m:	1:28.78	45.40	,	" "	1:28.78	III	257
48.	50m:	44.84	44.84	2011 II	100m:	1:31.42	46.58		" "	1:31.42	III	236

"(25 .)

ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

7,		, 100m				2011 - 2012				
49.	50m:	44.96	44.96	2012		100m:	1:31.85	46.89	, " "	1:31.85 232
50.	50m:	44.32	44.32	2012		100m:	1:32.30	47.98	, " "	1:32.30 229
51.	50m:	44.38	44.38	2011		100m:	1:33.02	48.64	, " "	1:33.02 224
DNS				2012			.		, " "	
DNS				2012			.		, " "	

8 , 100m 2009 - 2010
 03.11.2023 - 16:55

: FINA 2023

1.	50m:	29.23	29.23	2009		100m:	1:02.34	33.11	, " "	1:02.34 493
2.	50m:	28.84	28.84	2009		100m:	1:03.38	34.54	, " "	1:03.38 470
3.	50m:	29.30	29.30	2009		100m:	1:04.07	34.77	, 1	1:04.07 455
4.	50m:	31.32	31.32	2009		100m:	1:05.79	34.47	, " "	1:05.79 420
5.	50m:	30.83	30.83	2009		100m:	1:06.24	35.41	, " / "	1:06.24 411
6.	50m:	31.56	31.56	2009		100m:	1:06.85	35.29	, " "	1:06.85 400
7.	50m:	32.17	32.17	2010		100m:	1:07.00	34.83	, " "	1:07.00 397
8.	50m:	30.78	30.78	2009		100m:	1:07.24	36.46	, " "	1:07.24 393
9.	50m:	31.07	31.07	2009		100m:	1:07.33	36.26	, " "	1:07.33 392
10.	50m:	31.37	31.37	2009		100m:	1:07.57	36.20	, -19	1:07.57 387
11.	50m:	18.20	18.20	2009		100m:	1:07.66	49.46	, " "	1:07.66 386
12.	50m:	33.01	33.01	2009		100m:	1:07.79	34.78	, " "	1:07.79 384
13.	50m:	31.22	31.22	2009		100m:	1:07.85	36.63	, " "	1:07.85 383
14.	50m:	32.49	32.49	2010		100m:	1:08.28	35.79	, " "	1:08.28 375

" "(25 .)

ALT- TIMING

8,		, 100m				2009 - 2010						
15.	50m:	31.78	31.78	2009 100m:	 1:08.81	37.03	,	"	"	1:08.81		367
16.	50m:	32.65	32.65	2009 100m:	 1:08.86	36.21	,	-19		1:08.86		366
17.	50m:	31.96	31.96	2009 100m:	 1:09.29	37.33	,	"	"	1:09.29		359
18.	50m:	31.76	31.76	2010 100m:	 1:09.32	37.56	,	"	"	1:09.32		359
19.	50m:	32.55	32.55	2010 100m:	 1:09.37	36.82	,	"	"	1:09.37		358
20.	50m:	32.33	32.33	2009 100m:	 1:09.67	37.34	,	"	"	1:09.67		353
21.	50m:	31.78	31.78	2009 100m:	 1:09.68	37.90	,			1:09.68		353
22.	50m:	33.03	33.03	2009 100m:	 1:09.92	36.89	,			1:09.92		350
23.	50m:	32.65	32.65	2009 100m:	 1:09.99	37.34	,	"	"	1:09.99		349
24.	50m:	32.98	32.98	2009 100m:	 1:10.09	37.11	,			1:10.09		347
25.	50m:	33.18	33.18	2010 100m:	 1:10.21	37.03	,			1:10.21		345
26.	50m:	31.84	31.84	2009 100m:	 1:10.28	38.44	,	"	"	1:10.28		344
27.	50m:	33.63	33.63	2009 100m:	 1:10.44	36.81	,	-19		1:10.44		342
28.	50m:	34.50	34.50	2010 100m:	 1:10.65	36.15	,	"	"	1:10.65		339
29.	50m:	34.52	34.52	2009 100m:	 1:10.75	36.23	,			1:10.75		337
30.	50m:	33.75	33.75	2010 100m:	 1:10.90	37.15	,	"	"	1:10.90		335
31.	50m:	31.10	31.10	2010 100m:	 1:11.06	39.96	,			1:11.06		333
32.	50m:	34.02	34.02	2010 100m:	 1:11.22	37.20	,	4		1:11.22		331
33.	50m:	34.66	34.66	2009 100m:	 1:11.29	36.63	,	-19		1:11.29		330
34.	50m:	34.24	34.24	2009 100m:	 1:11.49	37.25	,	"	"	1:11.49		327
35.	50m:	35.41	35.41	2009 100m:	 1:11.68	36.27	,	"	"	1:11.68		324

"(25 .)

8,		, 100m				2009 - 2010					
36.	50m:	33.19	33.19	2010	100m:	1:11.78	38.59	,	" "	1:11.78	323
37.	50m:	33.91	33.91	2009	100m:	1:11.81	37.90	,		1:11.81	323
38.	50m:	34.78	34.78	2009	100m:	1:12.01	37.23	,		1:12.01	320
39.	50m:	33.71	33.71	2010	100m:	1:12.21	38.50	,		1:12.21	317
40.	50m:	33.62	33.62	2009	100m:	1:12.42	38.80	,		1:12.42	315
41.	50m:	20.11	20.11	2010	100m:	1:12.55	52.44	,		1:12.55	313
	50m:	33.30	33.30	2010	100m:	1:12.55	39.25	,	" "	1:12.55	313
43.	50m:	33.82	33.82	2010	100m:	1:12.62	38.80	,	" "	1:12.62	312
44.	50m:	34.85	34.85	2010	100m:	1:12.86	38.01	,	" "	1:12.86	309
45.	50m:	34.81	34.81	2010	100m:	1:12.95	38.14	,	" "	1:12.95	308
46.	50m:	34.45	34.45	2010	100m:	1:12.96	38.51	,	" "	1:12.96	308
47.	50m:	32.78	32.78	2009	100m:	1:13.05	40.27	,		1:13.05	307
48.	50m:	34.19	34.19	2009	100m:	1:13.17	38.98	,		1:13.17	305
49.	50m:	34.39	34.39	2009	100m:	1:13.27	38.88	,	" "	1:13.27	304
50.	50m:	35.39	35.39	2009	100m:	1:13.37	37.98	,	" "	1:13.37	303
51.	50m:	34.78	34.78	2009	100m:	1:13.50	38.72	,		1:13.50	301
52.	50m:	33.86	33.86	2010	100m:	1:13.58	39.72	,	" "	1:13.58	300
53.	50m:	34.34	34.34	2009	100m:	1:13.59	39.25	,	" "	1:13.59	300
54.	50m:	34.13	34.13	2009	100m:	1:13.61	39.48	,	" "	1:13.61	300
55.	50m:	36.54	36.54	2010	100m:	1:13.86	37.32	,	-19	1:13.86	297
56.	50m:	35.78	35.78	2009	100m:	1:14.02	38.24	-	,	1:14.02	295

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

8,		, 100m				2009 - 2010						
57.	50m:	34.43	34.43	2010 II	100m:	1:14.12	39.69	,	" "	1:14.12	III	293
58.	50m:	35.77	35.77	2010 II	100m:	1:14.17	38.40	,	" "	1:14.17	III	293
59.	50m:	34.11	34.11	2010 II	100m:	1:14.50	40.39	,	-19	1:14.50	III	289
60.	50m:	34.48	34.48	2010 II	100m:	1:14.57	40.09	,	" "	1:14.57	III	288
61.	50m:	33.50	33.50	2009 III	100m:	1:14.78	41.28	,	" "	1:14.78	III	286
62.	50m:	34.78	34.78	2009 II	100m:	1:15.09	40.31	,		1:15.09	III	282
63.	50m:	35.56	35.56	2010 II	100m:	1:15.12	39.56	,	4	1:15.12	III	282
64.	50m:	35.22	35.22	2010 II	100m:	1:15.24	40.02	,	" "	1:15.24	III	280
65.	50m:	35.70	35.70	2009 II	100m:	1:15.36	39.66	,		1:15.36	III	279
66.	50m:	34.31	34.31	2010 II	100m:	1:15.39	41.08	,	" "	1:15.39	III	279
67.	50m:	35.59	35.59	2010 II	100m:	1:15.95	40.36	,	" "	1:15.95	III	273
68.	50m:	35.63	35.63	2009 II	100m:	1:15.97	40.34	,	" "	1:15.97	III	272
	50m:	35.88	35.88	2010 II	100m:	1:15.97	40.09	,		1:15.97	III	272
70.	50m:	36.45	36.45	2010 II	100m:	1:15.99	39.54	,	" "	1:15.99	III	272
71.	50m:	37.71	37.71	2010 II	100m:	1:16.44	38.73	,		1:16.44	III	267
72.	50m:	36.26	36.26	2009 II	100m:	1:16.53	40.27	,	4	1:16.53	III	267
73.	50m:	35.51	35.51	2009 II	100m:	1:16.83	41.32	,		1:16.83	III	263
74.	50m:	37.52	37.52	2009 II	100m:	1:17.66	40.14	,	" "	1:17.66	III	255
75.	50m:	37.68	37.68	2009 II	100m:	1:17.85	40.17	,	" "	1:17.85	III	253
76.	50m:	34.73	34.73	2010 II	100m:	1:17.95	43.22	,	" "	1:17.95	III	252
77.	50m:	35.91	35.91	2009 III	100m:	1:18.35	42.44	,		1:18.35	III	248

"(25 .)

8,		, 100m				2009 - 2010			
78.	50m:	37.78	37.78	2010 II	100m:	1:18.39	40.61	" "	1:18.39 III 248
79.	50m:	37.67	37.67	2010 II	100m:	1:18.57	40.90	, " "	1:18.57 III 246
80.	50m:	37.28	37.28	2010 II	100m:	1:18.69	41.41	, " "	1:18.69 III 245
81.	50m:	38.20	38.20	2009 III	100m:	1:18.88	40.68	,	1:18.88 III 243
82.	50m:	37.04	37.04	2010 II	100m:	1:19.05	42.01	, " "	1:19.05 III 242
83.	50m:	37.03	37.03	2010 II	100m:	1:19.07	42.04	, " "	1:19.07 III 242
84.	50m:	36.78	36.78	2009 II	100m:	1:19.14	42.36	,	1:19.14 III 241
85.	50m:	37.55	37.55	2010 II	100m:	1:19.16	41.61	, 4	1:19.16 III 241
86.	50m:	37.64	37.64	2010 II	100m:	1:19.28	41.64	, 4	1:19.28 III 240
87.	50m:	37.18	37.18	2009 III	100m:	1:19.55	42.37	,	1:19.55 III 237
88.	50m:	37.99	37.99	2009 III	100m:	1:19.67	41.68	,	1:19.67 III 236
89.	50m:	36.68	36.68	2010 II	100m:	1:19.94	43.26	, " "	1:19.94 III 234
90.	50m:	38.99	38.99	2010 II	100m:	1:20.27	41.28	,	1:20.27 III 231
91.	50m:	39.17	39.17	2010 II	100m:	1:22.70	43.53	" "	1:22.70 III 211
92.	50m:	40.43	40.43	2009 III	100m:	1:23.72	43.29	,	1:23.72 III 203
93.	50m:	39.64	39.64	2010 II	100m:	1:25.09	45.45	" "	1:25.09 1 194
DSQ				2009 II				,	
DSQ				2009 II				,	
DSQ				2010 II				, " "	
DSQ				2010 II				,	
DSQ				2009 II				, " "	
DNS				2010 II				, " "	
DNS				2010 III				, " "	

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 . , 03.11 - 05.11.2023 .

9 , 4 x 50m 2011 - 2012
 03.11.2023 - 17:30

: FINA 2023

1.							1:57.60	486
	11	28.96	,	"	"	11		30.06
	11	30.59				11		27.99
2.							2:01.07	445
	12	30.35	,	-19		11		30.27
	11	30.88				11		29.57
3.							2:01.17	444
	11	28.55	,			12		29.60
	11	29.42				12		33.60
4.							2:03.13	423
	11	31.41	,			11		30.59
	11	30.42				11		30.71
5.							2:08.24	375
	12	31.68	,			12		32.88
	12	31.67				11		32.01
6.							2:08.75	370
	11	32.09	,	"	"	11		32.41
	12	34.56				11		29.69
7.							2:09.17	367
	11	31.89	,	"	"	11		33.93
	11	31.78				11		31.57
8.							2:10.36	357
		33.15	,	"	"			32.43
		34.13						30.65
9.							2:14.89	322
	11	33.86	,			11		33.86
	11	35.30				11		31.87
10.							2:20.95	282
	12	35.08	,	"	"	12		39.43
	11	34.84				11		31.60
DNS			,	"	"			
DNS			,	"	"			

10 , 4 x 50m 2009 - 2010
 03.11.2023 - 17:35

: FINA 2023

"(25 .)

ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

10, , 4 x 50m

1.				, -19		1:44.48	479
	09	26.46			09		26.19
	09	26.43			09		25.40
2.				, " "		1:44.70	476
	09	25.58			09		26.88
	09	26.25			09		25.99
3.				, " "		1:47.89	435
	09	27.13			10		26.85
	09	27.45			09		26.46
4.				, "		1:49.08	421
	09	27.10			10		27.71
	09	28.47			09		25.80
5.				, " "		1:49.71	414
	09	26.30			10		28.33
	09	27.09			10		27.99
6.				, "		1:50.62	404
	09	25.80			09		28.02
	09	28.04			09		28.76
7.				, "		1:51.35	396
	09	27.61			09		29.48
	09	27.14			09		27.12
8.				, "		1:51.84	391
	09	27.34			09		26.72
	10	28.80			10		28.98
9.				, "		1:52.88	380
	10	28.43			09		29.19
	09	28.61			09		26.65
10.				, " "		1:53.54	373
	09	27.94			09		30.06
	09	28.62			09		26.92
11.				, 4		1:53.64	372
	10	28.72			10		30.17
	10	28.68			09		26.07
12.				, " "		1:55.16	358
	09	28.20			09		28.98
	09	28.00			10		29.98
13.				, "		1:56.32	347
	09	28.97			10		28.29
	10	28.48			09		30.58

" "(25 .)

ALT- TIMING

11 , 800m 2011 - 2012
03.11.2023 - 17:45

: FINA 2023

1.			2011	I		-19		9:48.35	I	534		
	100m:	1:09.03	1:09.03	300m:	3:34.71	1:13.33	500m:	6:02.66	1:14.31	700m:	8:33.95	1:15.96
	200m:	2:21.38	1:12.35	400m:	4:48.35	1:13.64	600m:	7:17.99	1:15.33	800m:	9:48.35	1:14.40
2.			2011	I		-19		10:09.50	I	480		
	100m:	1:09.77	1:09.77	300m:	3:37.53	1:14.55	500m:	6:12.62	1:18.11	700m:	8:50.92	1:19.76
	200m:	2:22.98	1:13.21	400m:	4:54.51	1:16.98	600m:	7:31.16	1:18.54	800m:	10:09.50	1:18.58
3.			2011	II		"	"	10:32.47	II	430		
	100m:	1:13.46	1:13.46	300m:	3:53.43	1:20.72	500m:	6:34.59	1:20.42	700m:	9:15.51	1:20.36
	200m:	2:32.71	1:19.25	400m:	5:14.17	1:20.74	600m:	7:55.15	1:20.56	800m:	10:32.47	1:16.96
4.			2012	II		,		10:38.88	II	417		
	100m:	1:14.59	1:14.59	300m:	3:54.30	1:20.23	500m:	6:37.36	1:21.85	700m:	9:18.92	1:20.79
	200m:	2:34.07	1:19.48	400m:	5:15.51	1:21.21	600m:	7:58.13	1:20.77	800m:	10:38.88	1:19.96
5.			2011	II		-19		10:39.66	II	415		
	100m:	1:13.35	1:13.35	300m:	3:54.04	1:20.74	500m:	6:37.01	1:21.78	700m:	9:21.34	1:22.32
	200m:	2:33.30	1:19.95	400m:	5:15.23	1:21.19	600m:	7:59.02	1:22.01	800m:	10:39.66	1:18.32
6.			2012	II		,		10:40.09	II	414		
	100m:	1:16.40	1:16.40	300m:	3:59.67	1:21.94	500m:	6:42.53	1:21.25	700m:	9:23.49	1:19.64
	200m:	2:37.73	1:21.33	400m:	5:21.28	1:21.61	600m:	8:03.85	1:21.32	800m:	10:40.09	1:16.60
7.			2011	II		"	"	10:43.41	II	408		
	100m:	1:14.14	1:14.14	300m:	3:54.48	1:21.04	500m:	6:38.45	1:22.17	700m:	9:23.90	1:22.66
	200m:	2:33.44	1:19.30	400m:	5:16.28	1:21.80	600m:	8:01.24	1:22.79	800m:	10:43.41	1:19.51
8.			2012	II		"	"	10:48.25	II	399		
	100m:	1:17.16	1:17.16	300m:	4:01.49	1:22.66	500m:	6:44.44	1:20.92	700m:	9:27.14	1:21.19
	200m:	2:38.83	1:21.67	400m:	5:23.52	1:22.03	600m:	8:05.95	1:21.51	800m:	10:48.25	1:21.11
9.			2011	II		"	"	10:52.89	II	391		
	100m:	1:13.63	1:13.63	300m:	3:58.85	1:23.98	500m:	6:46.06	1:22.93	700m:	9:33.50	1:23.40
	200m:	2:34.87	1:21.24	400m:	5:23.13	1:24.28	600m:	8:10.10	1:24.04	800m:	10:52.89	1:19.39
10.			2012	II		,	4	10:54.58	II	387		
	100m:	1:15.93	1:15.93	300m:	4:01.35	1:22.75	500m:	6:47.93	1:23.63	700m:	9:35.11	1:23.20
	200m:	2:38.60	1:22.67	400m:	5:24.30	1:22.95	600m:	8:11.91	1:23.98	800m:	10:54.58	1:19.47
11.			2012	II		,		10:54.83	II	387		
	100m:	1:14.25	1:14.25	300m:	3:59.37	1:24.17	500m:	6:47.73	1:24.09	700m:	9:36.23	1:24.67
	200m:	2:35.20	1:20.95	400m:	5:23.64	1:24.27	600m:	8:11.56	1:23.83	800m:	10:54.83	1:18.60
12.			2011	II		"	"	11:00.09	II	378		
	100m:	1:16.00	1:16.00	300m:	4:04.61	1:24.42	500m:	6:55.14	1:24.93	700m:	9:44.17	1:24.05
	200m:	2:40.19	1:24.19	400m:	5:30.21	1:25.60	600m:	8:20.12	1:24.98	800m:	11:00.09	1:15.92
13.			2011	II		-19		11:00.78	II	377		
	100m:	1:16.50	1:16.50	300m:	4:03.83	1:23.93	500m:	6:53.51	1:24.91	700m:	9:41.90	1:24.17
	200m:	2:39.90	1:23.40	400m:	5:28.60	1:24.77	600m:	8:17.73	1:24.22	800m:	11:00.78	1:18.88
14.			2012	II		,	4	11:01.45	II	376		
	100m:	1:16.91	1:16.91	300m:	4:04.91	1:24.18	500m:	6:53.49	1:24.22	700m:	9:42.33	1:24.13
	200m:	2:40.73	1:23.82	400m:	5:29.27	1:24.36	600m:	8:18.20	1:24.71	800m:	11:01.45	1:19.12
15.			2011	II		,		11:13.20	II	356		
	100m:	1:17.37	1:17.37	300m:	4:06.27	1:24.99	500m:	6:57.10	1:25.42	700m:	9:49.04	1:25.62
	200m:	2:41.28	1:23.91	400m:	5:31.68	1:25.41	600m:	8:23.42	1:26.32	800m:	11:13.20	1:24.16

" (25 .)

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

11, , 800m ,		2011 - 2012	
16.		2012 II	11:13.24 II 356
100m:	1:17.88 1:17.88	300m: 4:06.73 1:25.00	500m: 6:58.90 1:26.34 700m: 9:50.80 1:25.75
200m:	2:41.73 1:23.85	400m: 5:32.56 1:25.83	600m: 8:25.05 1:26.15 800m: 11:13.24 1:22.44
17.		2011 II	11:18.48 II 348
100m:	1:20.22 1:20.22	300m: 4:11.35 1:26.48	500m: 7:04.59 1:27.01 700m: 9:56.88 1:26.82
200m:	2:44.87 1:24.65	400m: 5:37.58 1:26.23	600m: 8:30.06 1:25.47 800m: 11:18.48 1:21.60
18.		2011 II	11:22.75 II 341
100m:	1:20.32 1:20.32	300m: 4:56.05 2:09.95	500m: 7:49.56 1:27.08 700m: 10:42.69 1:26.87
200m:	2:46.10 1:25.78	400m: 6:22.48 1:26.43	600m: 9:15.82 1:26.26 800m: 11:22.75 40.06
19.		2011 II	11:24.31 II 339
100m:	1:20.27 1:20.27	300m: 4:14.28 1:27.69	500m: 7:08.08 1:26.31 700m: 10:00.76 1:25.95
200m:	2:46.59 1:26.32	400m: 5:41.77 1:27.49	600m: 8:34.81 1:26.73 800m: 11:24.31 1:23.55
20.		2012 II	11:28.02 II 334
100m:	1:19.86 1:19.86	300m: 4:12.08 1:26.92	500m: 7:07.99 1:28.38 700m: 10:03.83 1:27.65
200m:	2:45.16 1:25.30	400m: 5:39.61 1:27.53	600m: 8:36.18 1:28.19 800m: 11:28.02 1:24.19
21.		2011 II	11:31.50 II 329
100m:	1:19.23 1:19.23	300m: 4:16.28 1:29.25	500m: 7:14.19 1:27.80 700m: 10:09.07 1:26.23
200m:	2:47.03 1:27.80	400m: 5:46.39 1:30.11	600m: 8:42.84 1:28.65 800m: 11:31.50 1:22.43
22.		2011 II	11:33.05 II 326
100m:	1:18.05 1:18.05	300m: 4:12.21 1:27.06	500m: 7:08.67 1:28.21 700m: 10:06.03 1:28.61
200m:	2:45.15 1:27.10	400m: 5:40.46 1:28.25	600m: 8:37.42 1:28.75 800m: 11:33.05 1:27.02
23.		2012 III	11:38.67 II 319
100m:	1:21.29 1:21.29	300m: 4:15.91 1:27.85	500m: 7:13.92 1:29.26 700m: 10:11.64 1:29.29
200m:	2:48.06 1:26.77	400m: 5:44.66 1:28.75	600m: 8:42.35 1:28.43 800m: 11:38.67 1:27.03
24.		2012 II	11:39.46 II 317
100m:	1:19.55 1:19.55	300m: 4:16.30 1:29.44	500m: 7:16.10 1:29.43 700m: 10:14.54 1:29.44
200m:	2:46.86 1:27.31	400m: 5:46.67 1:30.37	600m: 8:45.10 1:29.00 800m: 11:39.46 1:24.92
25.		2011 II	11:44.67 II 310
100m:	1:22.36 1:22.36	300m: 4:19.12 1:29.53	500m: 7:20.20 1:30.69 700m: 10:19.18 1:29.20
200m:	2:49.59 1:27.23	400m: 5:49.51 1:30.39	600m: 8:49.98 1:29.78 800m: 11:44.67 1:25.49
26.		2011 II	11:49.19 III 305
100m:	1:23.72 1:23.72	300m: 4:22.16 1:28.71	500m: 7:19.48 1:29.70 700m: 10:21.29 1:32.34
200m:	2:53.45 1:29.73	400m: 5:49.78 1:27.62	600m: 8:48.95 1:29.47 800m: 11:49.19 1:27.90
27.		2012 II	11:58.54 III 293
100m:	1:26.17 1:26.17	300m: 4:22.26 1:26.90	500m: 7:23.40 1:31.79 700m: 10:27.90 1:33.39
200m:	2:55.36 1:29.19	400m: 5:51.61 1:29.35	600m: 8:54.51 1:31.11 800m: 11:58.54 1:30.64
28.		2012 III	12:06.18 III 284
100m:	1:25.70 1:25.70	300m: 4:28.07 1:30.82	500m: 7:32.07 1:31.93 700m: 10:39.12 1:33.94
200m:	2:57.25 1:31.55	400m: 6:00.14 1:32.07	600m: 9:05.18 1:33.11 800m: 12:06.18 1:27.06
29.		2011 III	12:12.12 III 277
100m:	1:19.91 1:19.91	300m: 4:24.34 1:31.54	500m: 7:33.04 1:34.87 700m: 10:42.34 1:34.11
200m:	2:52.80 1:32.89	400m: 5:58.17 1:33.83	600m: 9:08.23 1:35.19 800m: 12:12.12 1:29.78
30.		2012 III	13:25.91 1 207
100m:	1:32.24 1:32.24	300m: 4:55.60 1:42.39	500m: 8:21.24 1:43.20 700m: 11:48.16 1:43.25
200m:	3:13.21 1:40.97	400m: 6:38.04 1:42.44	600m: 10:04.91 1:43.67 800m: 13:25.91 1:37.75
31.		2011 III	14:06.40 1 179
100m:	1:30.40 1:30.40	300m: 4:58.37 1:45.18	500m: 8:28.55 1:45.05 700m: 12:26.14 1:45.12
200m:	3:13.19 1:42.79	400m: 6:43.50 1:45.13	600m: 10:41.02 2:12.47 800m: 14:06.40 1:40.26

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

12 , 100m 2011 - 2012
 04.11.2023 - 10:15

: FINA 2023

1.	50m:	33.32	33.32	2011 I 100m: 1:10.48	37.16	,	"	"	1:10.48	II	451
2.	50m:	33.22	33.22	2011 II 100m: 1:11.62	38.40	,			1:11.62	II	429
3.	50m:	33.89	33.89	2011 II 100m: 1:13.42	39.53	,	"	"	1:13.42	II	398
4.	50m:	34.70	34.70	2012 II 100m: 1:14.12	39.42	,			1:14.12	II	387
5.	50m:	34.74	34.74	2012 II 100m: 1:14.78	40.04	,			1:14.78	II	377
6.	50m:	36.03	36.03	2011 II 100m: 1:17.70	41.67	,			1:17.70	II	336
7.	50m:	36.34	36.34	2011 II 100m: 1:18.21	41.87	,	"	"	1:18.21	II	330
8.	50m:	35.02	35.02	2011 II 100m: 1:18.53	43.51	,	"	"	1:18.53	II	326
9.	50m:	37.69	37.69	2011 II 100m: 1:19.77	42.08	,			1:19.77	III	311
10.	50m:	40.57	40.57	2012 III 100m: 1:24.79	44.22	-	,		1:24.79	III	259
11.	50m:	38.94	38.94	2012 II 100m: 1:25.68	46.74	,		4	1:25.68	III	251
12.	50m:	40.83	40.83	2011 II 100m: 1:28.50	47.67	,		-19	1:28.50	III	227
13.	50m:	42.14	42.14	2012 II 100m: 1:31.33	49.19	,		4	1:31.33	I	207

13 , 100m 2009 - 2010
 04.11.2023 - 10:20

: FINA 2023

1.	50m:	28.44	28.44	2009 100m: 1:00.39	31.95	,		-19	1:00.39	I	495
2.	50m:	28.51	28.51	2009 I 100m: 1:01.28	32.77	,			1:01.28	I	474
3.	50m:	29.85	29.85	2009 I 100m: 1:03.20	33.35	,	"	"	1:03.20	II	432
4.	50m:	30.43	30.43	2009 II 100m: 1:03.84	33.41	,	"	"	1:03.84	II	419

"(25 .)

ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 . , 03.11 - 05.11.2023 .

13,		, 100m				2009 - 2010						
5.	50m:	29.90	29.90	2009 100m:	 1:03.92	34.02	,	"	"	1:03.92		417
6.	50m:	29.95	29.95	2009 100m:	 1:04.92	34.97	,			1:04.92		398
7.	50m:	30.52	30.52	2009 100m:	 1:05.78	35.26	,	-19		1:05.78		383
8.	50m:	30.69	30.69	2009 100m:	 1:06.53	35.84	,	"	"	1:06.53		370
9.	50m:	30.21	30.21	2009 100m:	 1:06.61	36.40	,			1:06.61		369
10.	50m:	31.17	31.17	2009 100m:	 1:08.26	37.09	,	"	"	1:08.26		342
11.	50m:	30.91	30.91	2009 100m:	 1:09.21	38.30	,			1:09.21		329
12.	50m:	31.57	31.57	2009 100m:	 1:10.03	38.46	,			1:10.03		317
13.	50m:	33.55	33.55	2009 100m:	 1:11.24	37.69	,			1:11.24		301
14.	50m:	33.72	33.72	2010 100m:	 1:12.65	38.93	,	-19		1:12.65		284
15.	50m:	33.46	33.46	2009 100m:	 1:12.82	39.36	,	"	"	1:12.82		282
16.	50m:	34.53	34.53	2009 100m:	 1:14.09	39.56	,			1:14.09		268
17.	50m:	32.48	32.48	2010 100m:	 1:15.85	43.37	,			1:15.85		249
18.	50m:	33.94	33.94	2010 100m:	 1:16.06	42.12	,	"	"	1:16.06		247
19.	50m:	34.94	34.94	2009 100m:	 1:16.40	41.46	,			1:16.40		244
20.	50m:	35.04	35.04	2010 100m:	 1:17.50	42.46	,	"	"	1:17.50		234
21.	50m:	34.98	34.98	2010 100m:	 1:17.73	42.75	,	"	"	1:17.73		232
22.	50m:	38.08	38.08	2010 100m:	 1:21.82	43.74	,	"	"	1:21.82		199
23.	50m:	38.80	38.80	2010 100m:	 1:26.20	47.40	,	"	"	1:26.20		170
DSQ				2010			,	"	"			

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ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

14
 04.11.2023 - 10:30

, 200m

2011 - 2012

: FINA 2023

1.				2011	I							2:12.09	582
	50m:	31.01	31.01	100m:	1:04.34	33.33	150m:	1:38.12	33.78	200m:	2:12.09	33.97	
2.				2011								2:15.98	I 533
	50m:	31.21	31.21	100m:	1:05.32	34.11	150m:	1:40.70	35.38	200m:	2:15.98	35.28	
3.				2011	I							2:16.69	I 525
	50m:	32.80	32.80	100m:	1:07.09	34.29	150m:	1:42.24	35.15	200m:	2:16.69	34.45	
4.				2011	II							2:21.88	II 469
	50m:	33.57	33.57	100m:	1:09.14	35.57	150m:	1:45.92	36.78	200m:	2:21.88	35.96	
5.				2011	I							2:22.76	II 461
	50m:	33.58	33.58	100m:	1:10.87	37.29	150m:	1:47.97	37.10	200m:	2:22.76	34.79	
6.				2011	II							2:23.06	II 458
	50m:	32.35	32.35	100m:	1:06.59	34.24	150m:	1:44.15	37.56	200m:	2:23.06	38.91	
7.				2012	I							2:23.99	II 449
	50m:	32.03	32.03	100m:	1:08.75	36.72	150m:	1:47.22	38.47	200m:	2:23.99	36.77	
8.				2011	I							2:24.74	II 442
	50m:	32.85	32.85	100m:	1:09.28	36.43	150m:	1:47.29	38.01	200m:	2:24.74	37.45	
9.				2011	I							2:26.68	II 425
	50m:	33.54	33.54	100m:	1:11.37	37.83	150m:	1:50.39	39.02	200m:	2:26.68	36.29	
10.				2011	II							2:27.12	II 421
	50m:	34.02	34.02	100m:	1:11.89	37.87	150m:	1:50.16	38.27	200m:	2:27.12	36.96	
11.				2011	II							2:27.55	II 417
	50m:	33.65	33.65	100m:	1:11.20	37.55	150m:	1:49.98	38.78	200m:	2:27.55	37.57	
12.				2011	II							2:27.65	II 417
	50m:	33.64	33.64	100m:	1:10.73	37.09	150m:	1:50.09	39.36	200m:	2:27.65	37.56	
13.				2011	II							2:28.08	II 413
	50m:	33.99	33.99	100m:	1:11.33	37.34	150m:	1:50.47	39.14	200m:	2:28.08	37.61	
14.				2012	II							2:28.14	II 412
	50m:	34.25	34.25	100m:	1:11.50	37.25	150m:	1:50.67	39.17	200m:	2:28.14	37.47	
15.				2012	II							2:28.70	II 408
	50m:	34.33	34.33	100m:	1:13.34	39.01	150m:	1:51.37	38.03	200m:	2:28.70	37.33	
16.				2011	II							2:28.82	II 407
	50m:	33.26	33.26	100m:	1:10.35	37.09	150m:	1:49.80	39.45	200m:	2:28.82	39.02	
17.				2012	II							2:29.04	II 405
	50m:	34.55	34.55	100m:	1:12.81	38.26	150m:	1:52.35	39.54	200m:	2:29.04	36.69	
18.				2011	II							2:29.55	II 401
	50m:	34.32	34.32	100m:	1:12.40	38.08	150m:	1:51.63	39.23	200m:	2:29.55	37.92	
19.				2011	II							2:29.59	II 400
	50m:	34.90	34.90	100m:	1:13.01	38.11	150m:	1:51.62	38.61	200m:	2:29.59	37.97	
20.				2011	II							2:30.47	II 393
	50m:	34.92	34.92	100m:	1:12.83	37.91	150m:	1:51.71	38.88	200m:	2:30.47	38.76	

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

14,		, 200m				2011 - 2012									
21.	50m:	34.45	34.45	2012		100m:	1:13.19	38.74	150m:	1:52.56	39.37	200m:	2:30.59		393
													2:30.59	38.03	
22.	50m:	35.18	35.18	2012		100m:	1:14.34	39.16	150m:	1:54.61	40.27	200m:	2:32.44		378
													2:32.44	37.83	
23.	50m:	35.01	35.01	2011		100m:	1:13.34	38.33	150m:	1:53.09	39.75	200m:	2:32.82		376
													2:32.82	39.73	
24.	50m:	35.54	35.54	2011		100m:	1:14.90	39.36	150m:	1:54.83	39.93	200m:	2:33.10		374
													2:33.10	38.27	
25.	50m:	35.35	35.35	2011		100m:	1:14.79	39.44	150m:	1:54.81	40.02	200m:	2:33.97		367
													2:33.97	39.16	
26.	50m:	35.17	35.17	2012		100m:	1:14.54	39.37	150m:	1:55.33	40.79	200m:	2:34.07		367
													2:34.07	38.74	
27.	50m:	35.09	35.09	2011		100m:	1:14.85	39.76	150m:	1:56.16	41.31	200m:	2:35.00		360
													2:35.00	38.84	
28.	50m:	36.79	36.79	2012		100m:	1:16.94	40.15	150m:	1:56.91	39.97	200m:	2:35.78		355
													2:35.78	38.87	
29.	50m:	34.69	34.69	2012		100m:	1:13.78	39.09	150m:	1:55.47	41.69	200m:	2:36.00		353
													2:36.00	40.53	
	50m:	35.87	35.87	2011		100m:	1:15.78	39.91	150m:	1:57.42	41.64	200m:	2:36.00		353
													2:36.00	38.58	
31.	50m:	36.90	36.90	2011		100m:	1:17.06	40.16	150m:	1:58.09	41.03	200m:	2:36.63		349
													2:36.63	38.54	
32.	50m:	35.24	35.24	2011		100m:	1:15.46	40.22	150m:	1:57.78	42.32	200m:	2:36.97		347
													2:36.97	39.19	
33.	50m:	36.27	36.27	2011		100m:	1:16.00	39.73	150m:	1:57.18	41.18	200m:	2:37.62		342
													2:37.62	40.44	
34.	50m:	36.52	36.52	2011		100m:	1:16.49	39.97	150m:	1:58.31	41.82	200m:	2:37.74		341
													2:37.74	39.43	
35.	50m:	36.20	36.20	2011		100m:	1:17.06	40.86	150m:	1:59.34	42.28	200m:	2:38.74		335
													2:38.74	39.40	
36.	50m:	36.04	36.04	2011		100m:	1:16.01	39.97	150m:	1:58.55	42.54	200m:	2:38.88		334
													2:38.88	40.33	
37.	50m:	34.89	34.89	2012		100m:	1:14.99	40.10	150m:	1:57.81	42.82	200m:	2:39.31		331
													2:39.31	41.50	
38.	50m:	35.96	35.96	2011		100m:	1:17.27	41.31	150m:	2:00.44	43.17	200m:	2:39.39		331
													2:39.39	38.95	
39.	50m:	36.36	36.36	2011		100m:	1:17.43	41.07	150m:	1:59.22	41.79	200m:	2:40.58		324
													2:40.58	41.36	
40.	50m:	35.88	35.88	2011		100m:	1:17.41	41.53	150m:	1:59.54	42.13	200m:	2:40.72		323
													2:40.72	41.18	
41.	50m:	36.77	36.77	2012		100m:	1:17.93	41.16	150m:	2:00.68	42.75	200m:	2:41.13		320
													2:41.13	40.45	

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14,		, 200m				2011 - 2012									
42.	50m:	36.56	36.56	2011	II	100m:	1:17.04	40.48	150m:	1:59.47	42.43	200m:	2:41.42	III	319
													2:41.42	41.95	
43.	50m:	36.49	36.49	2012	II	100m:	1:18.45	41.96	150m:	2:00.34	41.89	200m:	2:41.45	III	318
													2:41.45	41.11	
44.	50m:	38.33	38.33	2011	II	100m:	1:19.55	41.22	150m:	2:01.14	41.59	200m:	2:41.69	III	317
													2:41.69	40.55	
45.	50m:	39.30	39.30	2011	III	100m:	1:21.88	42.58	150m:	2:02.36	40.48	200m:	2:42.03	III	315
													2:42.03	39.67	
46.	50m:	36.58	36.58	2011	III	100m:	1:17.91	41.33	150m:	2:02.13	44.22	200m:	2:43.06	III	309
													2:43.06	40.93	
47.	50m:	36.40	36.40	2012	II	100m:	1:18.97	42.57	150m:	2:02.37	43.40	200m:	2:43.59	III	306
													2:43.59	41.22	
48.	50m:	35.98	35.98	2011	III	100m:	1:17.82	41.84	150m:	2:01.45	43.63	200m:	2:43.85	III	305
													2:43.85	42.40	
49.	50m:	38.17	38.17	2012	III	100m:	1:20.36	42.19	150m:	2:03.76	43.40	200m:	2:44.27	III	302
													2:44.27	40.51	
50.	50m:	37.38	37.38	2012	III	100m:	1:19.88	42.50	150m:	2:03.10	43.22	200m:	2:44.49	III	301
													2:44.49	41.39	
51.	50m:	37.45	37.45	2012	II	100m:	1:19.86	42.41	150m:	2:02.65	42.79	200m:	2:44.51	III	301
													2:44.51	41.86	
52.	50m:	36.61	36.61	2011	II	100m:	1:18.94	42.33	150m:	2:03.01	44.07	200m:	2:45.39	III	296
													2:45.39	42.38	
53.	50m:	39.86	39.86	2011	III	100m:	1:22.33	42.47	150m:	2:05.36	43.03	200m:	2:45.47	III	296
													2:45.47	40.11	
54.	50m:	35.73	35.73	2011	II	100m:	1:17.19	41.46	150m:	2:02.32	45.13	200m:	2:46.92	III	288
													2:46.92	44.60	
55.	50m:	38.25	38.25	2012	III	100m:	1:21.22	42.97	150m:	2:06.03	44.81	200m:	2:47.51	III	285
													2:47.51	41.48	
56.	50m:	35.46	35.46	2012	II	100m:	1:18.75	43.29	150m:	2:06.07	47.32	200m:	2:51.40	III	266
													2:51.40	45.33	
57.	50m:	38.05	38.05	2011	II	100m:	1:21.66	43.61	150m:	2:07.45	45.79	200m:	2:52.47	III	261
													2:52.47	45.02	
58.	50m:	39.20	39.20	2012	III	100m:	1:22.81	43.61	150m:	2:08.10	45.29	200m:	2:52.58	III	261
													2:52.58	44.48	
59.	50m:	38.84	38.84	2012	III	100m:	1:24.40	45.56	150m:	2:10.79	46.39	200m:	2:54.74	III	251
													2:54.74	43.95	
60.	50m:	36.97	36.97	2012	III	100m:	1:22.84	45.87	150m:	2:11.53	48.69	200m:	2:55.28	I	249
													2:55.28	43.75	
61.	50m:	40.18	40.18	2012	III	100m:	1:27.38	47.20	150m:	2:15.78	48.40	200m:	3:03.47	I	217
													3:03.47	47.69	
62.	50m:	41.26	41.26	2012	III	100m:	1:26.90	45.64	150m:	2:17.35	50.45	200m:	3:04.72	I	212
													3:04.72	47.37	

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13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
. , 03.11 - 05.11.2023 .

14, , 200m , 2011 - 2012

DSQ	2011	II	,	"	"
DNS	2011	II	,	-19	
DNS	2012	III	.	,	"

15 , 200m 2009 - 2010
04.11.2023 - 11:05

: FINA 2023

1.	50m:	28.76	28.76	2009	100m:	59.91	31.15	150m:	1:31.49	31.58	200m:	2:00.82	I	556
												29.33		
2.	50m:	28.72	28.72	2009	100m:	1:00.03	31.31	150m:	1:31.46	31.43	200m:	2:00.93	I	554
												29.47		
3.	50m:	28.83	28.83	2009	100m:	59.95	31.12	150m:	1:30.92	30.97	200m:	2:01.02	I	553
												30.10		
4.	50m:	28.42	28.42	2009	100m:	1:00.17	31.75	150m:	1:32.06	31.89	200m:	2:03.47	I	521
				I								31.41		
5.	50m:	29.22	29.22	2009	100m:	1:00.76	31.54	150m:	1:32.88	32.12	200m:	2:04.30	I	510
				I								31.42		
6.	50m:	28.92	28.92	2009	100m:	1:01.48	32.56	150m:	1:33.77	32.29	200m:	2:06.04	I	490
				II								32.27		
7.	50m:	29.89	29.89	2009	100m:	1:02.10	32.21	150m:	1:34.77	32.67	200m:	2:06.84	II	480
				II				,	" /	"		32.07		
8.	50m:	28.30	28.30	2009	100m:	59.82	31.52	150m:	1:32.65	32.83	200m:	2:06.90	II	480
				II				,	"	"		34.25		
9.	50m:	29.45	29.45	2009	100m:	1:01.36	31.91	150m:	1:34.31	32.95	200m:	2:07.13	II	477
				II				,	"	"		32.82		
10.	50m:	30.18	30.18	2009	100m:	1:02.18	32.00	150m:	1:35.51	33.33	200m:	2:08.08	II	467
				II				,	4			32.57		
11.	50m:	30.15	30.15	2009	100m:	1:02.10	31.95	150m:	1:35.48	33.38	200m:	2:08.76	II	459
				I				,				33.28		
12.	50m:	30.58	30.58	2009	100m:	1:04.47	33.89	150m:	1:38.14	33.67	200m:	2:10.59	II	440
				II				,				32.45		
13.	50m:	28.72	28.72	2009	100m:	1:01.63	32.91	150m:	1:37.82	36.19	200m:	2:11.92	II	427
				II				,	-19			34.10		
14.	50m:	30.61	30.61	2009	100m:	1:03.93	33.32	150m:	1:37.71	33.78	200m:	2:11.95	II	427
				II				,	"	"		34.24		
15.	50m:	30.55	30.55	2009	100m:	1:04.25	33.70	150m:	1:38.58	34.33	200m:	2:12.02	II	426
				II				,				33.44		
16.	50m:	28.94	28.94	2009	100m:	1:01.91	32.97	150m:	1:37.46	35.55	200m:	2:12.56	II	421
				II				,	"	"		35.10		
17.	50m:	30.60	30.60	2009	100m:	1:03.88	33.28	150m:	1:38.51	34.63	200m:	2:12.69	II	420
				II				,	"	"		34.18		

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

15,		, 200m				2009 - 2010										
18.	50m:	30.16	30.16	2009		100m:	1:03.53	33.37	150m:	1:39.13	35.60	200m:	2:13.45		34.32	412
19.	50m:	30.03	30.03	2009		100m:	1:03.86	33.83	150m:	1:38.91	35.05	200m:	2:13.69		34.78	410
20.	50m:	31.52	31.52	2009		100m:	1:05.67	34.15	150m:	1:40.69	35.02	200m:	2:13.73		33.04	410
21.	50m:	31.99	31.99	2010		100m:	1:06.88	34.89	150m:	1:40.57	33.69	200m:	2:13.76		33.19	410
22.	50m:	30.09	30.09	2009		100m:	1:03.90	33.81	150m:	1:39.20	35.30	200m:	2:13.78		34.58	409
23.	50m:	29.87	29.87	2009		100m:	1:03.66	33.79	150m:	1:39.15	35.49	200m:	2:14.18		35.03	406
24.	50m:	31.73	31.73	2010		100m:	1:05.99	34.26	150m:	1:40.62	34.63	200m:	2:14.32		33.70	404
25.	50m:	31.73	31.73	2009		100m:	1:06.08	34.35	150m:	1:40.88	34.80	200m:	2:14.37		33.49	404
26.	50m:	29.82	29.82	2010		100m:	1:02.72	32.90	150m:	1:38.47	35.75	200m:	2:14.74		36.27	401
27.	50m:	30.53	30.53	2010		100m:	1:04.70	34.17	150m:	1:40.43	35.73	200m:	2:14.93		34.50	399
28.	50m:	29.98	29.98	2009		100m:	1:04.78	34.80	150m:	1:40.89	36.11	200m:	2:15.26		34.37	396
29.	50m:	31.28	31.28	2009		100m:	1:05.57	34.29	150m:	1:41.07	35.50	200m:	2:15.27		34.20	396
30.	50m:	30.81	30.81	2009		100m:	1:05.16	34.35	150m:	1:40.18	35.02	200m:	2:15.30		35.12	396
31.	50m:	32.40	32.40	2009	2	100m:	1:08.26	35.86	150m:	1:43.78	35.52	200m:	2:15.63		31.85	393
32.	50m:	30.51	30.51	2009		100m:	1:05.13	34.62	150m:	1:40.80	35.67	200m:	2:15.74		34.94	392
33.	50m:	31.67	31.67	2010		100m:	1:07.28	35.61	150m:	1:43.69	36.41	200m:	2:16.61		32.92	384
34.	50m:	31.84	31.84	2010		100m:	1:06.88	35.04	150m:	1:42.58	35.70	200m:	2:16.73		34.15	383
35.	50m:	31.85	31.85	2010		100m:	1:07.27	35.42	150m:	1:43.26	35.99	200m:	2:17.00		33.74	381
36.	50m:	32.01	32.01	2009		100m:	1:06.42	34.41	150m:	1:41.81	35.39	200m:	2:17.15		35.34	380
37.	50m:	31.93	31.93	2009		100m:	1:07.02	35.09	150m:	1:42.86	35.84	200m:	2:17.22		34.36	379
38.	50m:	31.88	31.88	2010		100m:	1:07.27	35.39	150m:	1:43.41	36.14	200m:	2:17.25		33.84	379

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

15,		, 200m				2009 - 2010									
39.	50m:	32.02	32.02	2009		100m:	1:06.78	34.76	150m:	1:42.13	35.35	200m:	2:17.28		379
													2:17.28	35.15	
40.	50m:	32.24	32.24	2010		100m:	1:07.15	34.91	150m:	1:42.77	35.62	200m:	2:17.31		379
													2:17.31	34.54	
41.	50m:	31.67	31.67	2010		100m:	1:07.18	35.51	150m:	1:43.21	36.03	200m:	2:17.54		377
													2:17.54	34.33	
42.	50m:	29.87	29.87	2009		100m:	1:04.89	35.02	150m:	1:41.57	36.68	200m:	2:17.62		376
													2:17.62	36.05	
43.	50m:	32.16	32.16	2010		100m:	1:07.56	35.40	150m:	1:43.72	36.16	200m:	2:17.88		374
													2:17.88	34.16	
44.	50m:	31.72	31.72	2009		100m:	1:06.33	34.61	150m:	1:42.36	36.03	200m:	2:17.93		373
													2:17.93	35.57	
45.	50m:	31.19	31.19	2009		100m:	1:06.87	35.68	150m:	1:44.12	37.25	200m:	2:18.04		373
													2:18.04	33.92	
46.	50m:	30.48	30.48	2009		100m:	1:05.93	35.45	150m:	1:43.15	37.22	200m:	2:18.07		372
													2:18.07	34.92	
47.	50m:	32.28	32.28	2010		100m:	1:08.62	36.34	150m:	1:44.27	35.65	200m:	2:18.14		372
													2:18.14	33.87	
48.	50m:	31.66	31.66	2010		100m:	1:07.17	35.51	150m:	1:44.04	36.87	200m:	2:18.16		372
													2:18.16	34.12	
49.	50m:	30.30	30.30	2009		100m:	1:05.13	34.83	150m:	1:42.68	37.55	200m:	2:18.40		370
													2:18.40	35.72	
50.	50m:	32.37	32.37	2010		100m:	1:07.57	35.20	150m:	1:43.39	35.82	200m:	2:18.71		367
													2:18.71	35.32	
51.	50m:	31.71	31.71	2009		100m:	1:06.83	35.12	150m:	1:43.98	37.15	200m:	2:18.92		365
													2:18.92	34.94	
52.	50m:	32.77	32.77	2009		100m:	1:07.75	34.98	150m:	1:43.22	35.47	200m:	2:18.95		365
													2:18.95	35.73	
53.	50m:	32.84	32.84	2010		100m:	1:08.35	35.51	150m:	1:44.15	35.80	200m:	2:19.11		364
													2:19.11	34.96	
54.	50m:	32.27	32.27	2010		100m:	1:08.17	35.90	150m:	1:44.67	36.50	200m:	2:19.54		361
													2:19.54	34.87	
55.	50m:	32.87	32.87	2009		100m:	1:08.90	36.03	150m:	1:44.51	35.61	200m:	2:19.64		360
													2:19.64	35.13	
56.	50m:	32.73	32.73	2009		100m:	1:08.32	35.59	150m:	1:44.60	36.28	200m:	2:19.80		359
													2:19.80	35.20	
57.	50m:	29.04	29.04	2009	I	100m:	1:06.43	37.39	150m:	1:44.55	38.12	200m:	2:19.95		357
													2:19.95	35.40	
58.	50m:	34.26	34.26	2010		100m:	1:11.08	36.82	150m:	1:47.09	36.01	200m:	2:20.14		356
													2:20.14	33.05	
59.	50m:	32.23	32.23	2010		100m:	1:08.44	36.21	150m:	1:45.50	37.06	200m:	2:21.01		349
													2:21.01	35.51	

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

15, , 200m ,		2009 - 2010	
60.	50m: 32.14 32.14	2009 II 100m: 1:08.69 36.55	, " " 150m: 1:47.20 38.51 200m: 2:21.25 III 348 2:21.25 34.05
61.	50m: 31.91 31.91	2009 II 100m: 1:08.39 36.48	, " " 150m: 1:46.07 37.68 200m: 2:21.26 III 348 2:21.26 35.19
62.	50m: 32.26 32.26	2010 II 100m: 1:08.28 36.02	, " " 150m: 1:45.63 37.35 200m: 2:21.55 III 345 2:21.55 35.92
63.	50m: 32.29 32.29	2009 II 100m: 1:08.58 36.29	, " " 150m: 1:46.13 37.55 200m: 2:21.93 III 343 2:21.93 35.80
64.	50m: 32.94 32.94	2010 II 100m: 1:09.42 36.48	, " " 150m: 1:46.51 37.09 200m: 2:22.11 III 341 2:22.11 35.60
65.	50m: 31.70 31.70	2010 II 100m: 1:07.43 35.73	, " " 150m: 1:45.72 38.29 200m: 2:22.25 III 340 2:22.25 36.53
66.	50m: 33.41 33.41	2009 II 100m: 1:09.43 36.02	, " " 150m: 1:46.11 36.68 200m: 2:22.38 III 339 2:22.38 36.27
67.	50m: 32.39 32.39	2010 II 100m: 1:09.11 36.72	, " " 150m: 1:46.48 37.37 200m: 2:22.46 III 339 2:22.46 35.98
68.	50m: 33.67 33.67	2010 II 100m: 1:10.14 36.47	, " " 150m: 1:47.32 37.18 200m: 2:22.64 III 338 2:22.64 35.32
69.	50m: 24.67 24.67	2010 II 100m: 1:08.94 44.27	, " " 150m: 1:46.23 37.29 200m: 2:22.86 III 336 2:22.86 36.63
70.	50m: 31.51 31.51	2009 II 100m: 1:08.02 36.51	, " " 150m: 1:46.32 38.30 200m: 2:23.05 III 335 2:23.05 36.73
71.	50m: 32.31 32.31	2009 II 100m: 1:08.58 36.27	, " " 150m: 1:46.19 37.61 200m: 2:23.17 III 334 2:23.17 36.98
72.	50m: 33.20 33.20	2010 II 100m: 1:11.05 37.85	, " " 150m: 1:48.67 37.62 200m: 2:23.18 III 334 2:23.18 34.51
73.	50m: 33.87 33.87	2009 II 100m: 1:11.01 37.14	, " " 150m: 1:48.53 37.52 200m: 2:23.50 III 332 2:23.50 34.97
74.	50m: 31.62 31.62	2009 III 100m: 1:08.82 37.20	, " " 150m: 1:47.34 38.52 200m: 2:23.64 III 331 2:23.64 36.30
75.	50m: 33.20 33.20	2009 II 100m: 1:09.63 36.43	, " " 150m: 1:46.96 37.33 200m: 2:23.81 III 329 2:23.81 36.85
76.	50m: 31.90 31.90	2009 II 100m: 1:08.12 36.22	, " " 150m: 1:47.01 38.89 200m: 2:24.38 III 326 2:24.38 37.37
77.	50m: 32.50 32.50	2009 II 100m: 1:09.23 36.73	, " " 150m: 1:47.43 38.20 200m: 2:24.51 III 325 2:24.51 37.08
78.	50m: 33.12 33.12	2009 II 100m: 1:08.94 35.82	, " " 150m: 1:46.86 37.92 200m: 2:24.87 III 322 2:24.87 38.01
79.	50m: 33.41 33.41	2010 II 100m: 1:09.74 36.33	, " " 150m: 1:47.35 37.61 200m: 2:25.31 III 319 2:25.31 37.96
80.	50m: 32.35 32.35	2010 II 100m: 1:09.69 37.34	, " " 150m: 1:48.12 38.43 200m: 2:25.60 III 317 2:25.60 37.48

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

15,		, 200m				2009 - 2010									
81.	50m:	33.59	33.59	2009		100m:	1:10.08	36.49	150m:	1:47.98	37.90	200m:	2:25.86	III	316
													2:25.86	37.88	
82.	50m:	34.03	34.03	2010		100m:	1:11.68	37.65	150m:	1:49.17	37.49	200m:	2:26.28	III	313
													2:26.28	37.11	
83.	50m:	33.37	33.37	2009		100m:	1:10.74	37.37	150m:	1:49.71	38.97	200m:	2:26.35	III	313
													2:26.35	36.64	
84.	50m:	31.57	31.57	2010		100m:	1:08.23	36.66	150m:	1:47.42	39.19	200m:	2:26.40	III	312
													2:26.40	38.98	
85.	50m:	28.71	28.71	2009		100m:	1:12.68	43.97	150m:	1:50.13	37.45	200m:	2:27.36	III	306
													2:27.36	37.23	
86.	50m:	33.28	33.28	2010		100m:	1:11.74	38.46	150m:	1:50.80	39.06	200m:	2:27.63	III	304
													2:27.63	36.83	
87.	50m:	33.00	33.00	2009		100m:	1:10.14	37.14	150m:	1:49.07	38.93	200m:	2:27.64	III	304
													2:27.64	38.57	
88.	50m:	33.59	33.59	2009		100m:	1:11.69	38.10	150m:	1:51.27	39.58	200m:	2:27.96	III	302
													2:27.96	36.69	
89.	50m:	33.91	33.91	2009		100m:	1:11.69	37.78	150m:	1:50.61	38.92	200m:	2:28.03	III	302
													2:28.03	37.42	
90.	50m:	33.38	33.38	2010		100m:	1:10.62	37.24	150m:	1:49.70	39.08	200m:	2:28.13	III	301
													2:28.13	38.43	
91.	50m:	34.20	34.20	2010		100m:	1:12.44	38.24	150m:	1:52.67	40.23	200m:	2:29.43	III	294
													2:29.43	36.76	
92.	50m:	32.05	32.05	2010		100m:	1:09.50	37.45	150m:	1:50.24	40.74	200m:	2:30.14	III	289
													2:30.14	39.90	
93.	50m:	34.59	34.59	2009		100m:	1:12.95	38.36	150m:	1:52.64	39.69	200m:	2:30.39	III	288
													2:30.39	37.75	
94.	50m:	34.06	34.06	2010		100m:	1:12.61	38.55	150m:	1:52.13	39.52	200m:	2:31.34	III	283
													2:31.34	39.21	
95.	50m:	32.15	32.15	2009	III	100m:	1:09.09	36.94	150m:	1:50.86	41.77	200m:	2:31.41	III	282
													2:31.41	40.55	
96.	50m:	33.43	33.43	2010		100m:	1:10.60	37.17	150m:	1:50.87	40.27	200m:	2:31.59	III	281
													2:31.59	40.72	
97.	50m:	33.78	33.78	2010		100m:	1:12.21	38.43	150m:	1:52.84	40.63	200m:	2:31.61	III	281
													2:31.61	38.77	
98.	50m:	33.11	33.11	2010		100m:	1:12.73	39.62	150m:	1:54.39	41.66	200m:	2:31.66	III	281
													2:31.66	37.27	
99.	50m:	35.13	35.13	2009		100m:	1:14.12	38.99	150m:	1:54.93	40.81	200m:	2:31.94	III	279
													2:31.94	37.01	
100.	50m:	34.18	34.18	2010		100m:	1:13.97	39.79	150m:	1:54.02	40.05	200m:	2:32.49	III	276
													2:32.49	38.47	
101.	50m:	35.02	35.02	2009		100m:	1:15.11	40.09	150m:	1:55.65	40.54	200m:	2:32.52	III	276
													2:32.52	36.87	

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ALT- TIMING

(25)

13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
, 03.11 - 05.11.2023 .

15,		, 200m				2009 - 2010								
102.	50m:	34.42	34.42	2009 III	100m:	1:14.40	39.98	150m:	1:55.27	40.87	200m:	2:34.16	III	267
103.	50m:	34.38	34.38	2010 II	100m:	1:13.06	38.68	150m:	1:53.89	40.83	200m:	2:35.72	III	259
104.	50m:	34.85	34.85	2010 II	100m:	1:14.63	39.78	150m:	1:56.61	41.98	200m:	2:36.67	III	255
105.	50m:	34.29	34.29	2009 III	100m:	1:13.06	38.77	150m:	1:56.27	43.21	200m:	2:42.17	I	230
DNS				2010 II										
DNS				2010 III										

16 , 200m 2011 - 2012
04.11.2023 - 12:00

: FINA 2023

1.	50m:	36.80	36.80	2011 I	100m:	1:19.77	42.97	150m:	2:03.74	43.97	200m:	2:47.31	I	520
2.	50m:	40.58	40.58	2011 II	100m:	1:26.19	45.61	150m:	2:12.39	46.20	200m:	2:57.73	II	434
3.	50m:	39.03	39.03	2011 II	100m:	1:24.18	45.15	150m:	2:11.50	47.32	200m:	2:57.88	II	432
4.	50m:	42.16	42.16	2012 II	100m:	1:28.83	46.67	150m:	2:15.10	46.27	200m:	2:59.32	II	422
5.	50m:	41.75	41.75	2011 II	100m:	1:27.92	46.17	150m:	2:15.35	47.43	200m:	3:03.32	II	395
6.	50m:	41.05	41.05	2011 II	100m:	1:28.57	47.52	150m:	2:16.26	47.69	200m:	3:03.63	II	393
7.	50m:	41.49	41.49	2011 II	100m:	1:26.56	45.07	150m:	2:15.05	48.49	200m:	3:05.35	II	382
8.	50m:	42.40	42.40	2012 II	100m:	1:30.43	48.03	150m:	2:18.89	48.46	200m:	3:07.28	II	370
9.	50m:	44.18	44.18	2011 II	100m:	1:32.13	47.95	150m:	2:21.09	48.96	200m:	3:08.01	II	366
10.	50m:	42.69	42.69	2012 II	100m:	1:31.41	48.72	150m:	2:20.72	49.31	200m:	3:09.18	II	359
11.	50m:	44.12	44.12	2012 II	100m:	1:32.66	48.54	150m:	2:21.18	48.52	200m:	3:09.84	II	356
12.	50m:	43.64	43.64	2011 III	100m:	1:31.91	48.27	150m:	2:21.13	49.22	200m:	3:11.11	II	349
13.	50m:	42.29	42.29	2011 II	100m:	1:31.60	49.31	150m:	2:22.42	50.82	200m:	3:12.12	II	343

" (25 .)

ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

16, , 200m ,		2011 - 2012		
14.	50m: 44.80 44.80	2012 II 100m: 1:33.88 49.08	150m: 2:24.16 50.28	200m: 3:14.12 II 333 49.96
15.	50m: 45.87 45.87	2012 II 100m: 1:36.65 50.78	150m: 2:26.42 49.77	200m: 3:15.29 III 327 48.87
16.	50m: 46.88 46.88	2011 III 100m: 1:37.22 50.34	150m: 2:28.02 50.80	200m: 3:17.55 III 316 49.53
17.	50m: 43.28 43.28	2012 II 100m: 1:35.02 51.74	150m: 2:27.49 52.47	200m: 3:18.18 III 313 50.69
18.	50m: 46.17 46.17	2012 II 100m: 1:37.38 51.21	150m: 2:29.29 51.91	200m: 3:19.17 III 308 49.88
19.	50m: 45.19 45.19	2011 II 100m: 1:36.28 51.09	150m: 2:27.22 50.94	200m: 3:19.28 III 307 52.06
20.	50m: 45.76 45.76	2012 II 100m: 1:36.09 50.33	150m: 2:27.67 51.58	200m: 3:19.47 III 307 51.80
21.	50m: 46.12 46.12	2011 II 100m: 1:37.29 51.17	150m: 2:28.86 51.57	200m: 3:19.72 III 305 50.86
22.	50m: 45.19 45.19	2012 III 100m: 1:37.20 52.01	150m: 2:29.66 52.46	200m: 3:21.57 III 297 51.91
23.	50m: 46.78 46.78	2012 III 100m: 1:39.03 52.25	150m: 2:32.83 53.80	200m: 3:25.11 III 282 52.28
24.	50m: 47.83 47.83	2011 III 100m: 1:40.19 52.36	150m: 2:33.36 53.17	200m: 3:27.50 III 272 54.14
25.	50m: 45.95 45.95	2011 II 100m: 1:38.74 52.79	150m: 2:34.80 56.06	200m: 3:28.16 III 270 53.36
26.	50m: 47.00 47.00	2011 II 100m: 1:41.71 54.71	150m: 2:37.31 55.60	200m: 3:29.47 III 265 52.16
27.	50m: 48.59 48.59	2012 III 100m: 1:42.23 53.64	150m: 2:37.06 54.83	200m: 3:31.19 III 258 54.13
28.	50m: 49.60 49.60	2012 III 100m: 1:45.68 56.08	150m: 2:40.36 54.68	200m: 3:32.68 III 253 52.32
29.	50m: 49.60 49.60	2011 II 100m: 1:44.10 54.50	150m: 2:39.10 55.00	200m: 3:32.95 III 252 53.85
30.	50m: 50.13 50.13	2011 III 100m: 1:48.62 58.49	150m: 2:49.01 1:00.39	200m: 3:47.99 I 205 58.98
31.	50m: 53.35 53.35	2012 III 100m: 1:53.37 1:00.02	150m: 2:52.38 59.01	200m: 3:48.41 I 204 56.03

" (25 .)

ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

17 , 200m 2009 - 2010
 04.11.2023 - 12:25

: FINA 2023

1.				2009	I				1		2:27.78	I	537
	50m:	34.36	34.36	100m:	1:12.06	37.70	150m:	1:49.65	37.59	200m:	2:27.78	38.13	
2.				2009	I				"		2:33.72	I	477
	50m:	34.42	34.42	100m:	1:13.05	38.63	150m:	1:53.32	40.27	200m:	2:33.72	40.40	
3.				2010	II				"		2:35.23	I	463
	50m:	35.78	35.78	100m:	1:15.09	39.31	150m:	1:54.72	39.63	200m:	2:35.23	40.51	
4.				2009	II				,		2:37.18	I	446
	50m:	36.67	36.67	100m:	1:17.75	41.08	150m:	1:57.41	39.66	200m:	2:37.18	39.77	
5.				2009	II				,		2:39.56	II	427
	50m:	34.81	34.81	100m:	1:15.01	40.20	150m:	1:56.46	41.45	200m:	2:39.56	43.10	
6.				2009	II				"		2:40.40	II	420
	50m:	35.87	35.87	100m:	1:15.60	39.73	150m:	1:56.92	41.32	200m:	2:40.40	43.48	
7.				2009	II				-19		2:41.33	II	413
	50m:	37.16	37.16	100m:	1:18.04	40.88	150m:	1:59.77	41.73	200m:	2:41.33	41.56	
8.				2010	II				"		2:46.67	II	374
	50m:	37.85	37.85	100m:	1:20.56	42.71	150m:	2:04.54	43.98	200m:	2:46.67	42.13	
9.				2010	II				-19		2:46.89	II	373
	50m:	38.64	38.64	100m:	1:21.45	42.81	150m:	2:05.10	43.65	200m:	2:46.89	41.79	
10.				2010	II				,		2:46.98	II	372
	50m:	37.62	37.62	100m:	1:19.56	41.94	150m:	2:03.38	43.82	200m:	2:46.98	43.60	
11.				2009	II				,		2:47.59	II	368
	50m:	36.90	36.90	100m:	1:19.19	42.29	150m:	2:02.78	43.59	200m:	2:47.59	44.81	
12.				2010	II				,		2:49.37	II	357
	50m:	39.94	39.94	100m:	1:24.52	44.58	150m:	2:10.39	45.87	200m:	2:49.37	38.98	
13.				2010	II				"		2:49.39	II	356
	50m:	38.85	38.85	100m:	1:22.33	43.48	150m:	2:07.01	44.68	200m:	2:49.39	42.38	
14.				2009	II				"		2:49.90	II	353
	50m:	37.69	37.69	100m:	1:21.25	43.56	150m:	2:05.74	44.49	200m:	2:49.90	44.16	
15.				2010	II				"		2:51.31	II	345
	50m:	39.10	39.10	100m:	1:22.12	43.02	150m:	2:07.12	45.00	200m:	2:51.31	44.19	
16.				2009	II				-19		2:51.76	II	342
	50m:	37.55	37.55	100m:	1:22.03	44.48	150m:	2:08.24	46.21	200m:	2:51.76	43.52	
17.				2010	II				"		2:51.94	II	341
	50m:	39.39	39.39	100m:	1:23.61	44.22	150m:	2:08.04	44.43	200m:	2:51.94	43.90	
18.				2010	II				"		2:54.08	II	328
	50m:	38.38	38.38	100m:	1:22.28	43.90	150m:	2:07.91	45.63	200m:	2:54.08	46.17	
19.				2009	II				4		2:56.45	II	315
	50m:	39.58	39.58	100m:	1:24.32	44.74	150m:	2:10.18	45.86	200m:	2:56.45	46.27	
20.				2009	III				,		2:57.33	III	311
	50m:	39.53	39.53	100m:	1:24.49	44.96	150m:	2:11.42	46.93	200m:	2:57.33	45.91	

" (25 .)

ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

17, , 200m , 2009 - 2010

21. 50m: 41.61 41.61 2010 II 4 3:01.78 III 288
 100m: 1:28.17 46.56 150m: 2:15.25 47.08 200m: 3:01.78 46.53
 DSQ 2010 II ,

18 , 400m 2011 - 2012
 04.11.2023 - 12:40

: FINA 2023

1.			2012 II							5:29.42 I 485
	50m:	35.57	35.57	150m:	1:59.55	43.77	250m:	3:26.49	46.16	350m: 4:52.24 37.45
	100m:	1:15.78	40.21	200m:	2:40.33	40.78	300m:	4:14.79	48.30	400m: 5:29.42 37.18
2.			2011 I							5:33.48 I 468
	50m:	36.43	36.43	150m:	2:00.78	41.09	250m:	3:28.51	47.97	350m: 4:56.35 38.37
	100m:	1:19.69	43.26	200m:	2:40.54	39.76	300m:	4:17.98	49.47	400m: 5:33.48 37.13
3.			2011 II							5:35.17 I 461
	50m:	36.43	36.43	150m:	2:02.16	43.14	250m:	3:31.49	46.63	350m: 4:58.04 38.85
	100m:	1:19.02	42.59	200m:	2:44.86	42.70	300m:	4:19.19	47.70	400m: 5:35.17 37.13
4.			2011 II							5:41.52 II 435
	50m:	35.45	35.45	150m:	2:00.15	42.52	250m:	3:31.95	49.65	350m: 5:02.58 40.64
	100m:	1:17.63	42.18	200m:	2:42.30	42.15	300m:	4:21.94	49.99	400m: 5:41.52 38.94
5.			2011 II							5:44.74 II 423
	50m:	35.16	35.16	150m:	2:00.97	44.09	250m:	3:34.86	50.93	350m: 5:05.84 39.67
	100m:	1:16.88	41.72	200m:	2:43.93	42.96	300m:	4:26.17	51.31	400m: 5:44.74 38.90
6.			2012 II							5:53.00 II 394
	50m:	36.75	36.75	150m:	2:11.62	47.58	250m:	3:46.06	48.43	350m: 5:14.27 39.21
	100m:	1:24.04	47.29	200m:	2:57.63	46.01	300m:	4:35.06	49.00	400m: 5:53.00 38.73
7.			2011 II							5:53.48 II 393
	50m:	37.39	37.39	150m:	2:06.70	45.70	250m:	3:41.50	50.47	350m: 5:14.46 40.94
	100m:	1:21.00	43.61	200m:	2:51.03	44.33	300m:	4:33.52	52.02	400m: 5:53.48 39.02
8.			2012 II							6:01.36 II 367
	50m:	39.26	39.26	150m:	2:11.47	46.42	250m:	3:47.83	50.64	350m: 5:20.93 41.59
	100m:	1:25.05	45.79	200m:	2:57.19	45.72	300m:	4:39.34	51.51	400m: 6:01.36 40.43
9.			2011 II							6:01.65 II 367
	50m:	38.78	38.78	150m:	2:12.33	46.29	250m:	3:47.68	50.62	350m: 5:21.91 43.10
	100m:	1:26.04	47.26	200m:	2:57.06	44.73	300m:	4:38.81	51.13	400m: 6:01.65 39.74

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ALT- TIMING

19 , 400m 2009 - 2010
 04.11.2023 - 12:55

: FINA 2023

1.			2009	I					4:51.60	I	522	
	50m:	31.60	31.60	150m:	1:46.74	38.04	250m:	3:04.53	41.18	350m:	4:19.33	33.34
	100m:	1:08.70	37.10	200m:	2:23.35	36.61	300m:	3:45.99	41.46	400m:	4:51.60	32.27
2.			2009	I						5:01.78	I	471
	50m:	31.55	31.55	150m:	1:45.90	37.32	250m:	3:05.49	43.05	350m:	4:26.63	36.28
	100m:	1:08.58	37.03	200m:	2:22.44	36.54	300m:	3:50.35	44.86	400m:	5:01.78	35.15
3.			2009	II						5:11.61	II	427
	50m:	32.86	32.86	150m:	1:50.52	40.07	250m:	3:14.08	44.81	350m:	4:36.16	36.70
	100m:	1:10.45	37.59	200m:	2:29.27	38.75	300m:	3:59.46	45.38	400m:	5:11.61	35.45
4.			2009	II						5:15.59	II	411
	50m:	34.24	34.24	150m:	1:53.26	39.57	250m:	3:15.81	45.22	350m:	4:39.21	38.50
	100m:	1:13.69	39.45	200m:	2:30.59	37.33	300m:	4:00.71	44.90	400m:	5:15.59	36.38
5.			2009	II						5:20.57	II	392
	50m:	34.05	34.05	150m:	1:55.10	39.36	250m:	3:20.51	46.98	350m:	4:44.46	37.07
	100m:	1:15.74	41.69	200m:	2:33.53	38.43	300m:	4:07.39	46.88	400m:	5:20.57	36.11
6.			2010	II						5:22.77	II	385
	50m:	33.65	33.65	150m:	1:55.58	42.68	250m:	3:23.66	47.32	350m:	4:47.87	37.07
	100m:	1:12.90	39.25	200m:	2:36.34	40.76	300m:	4:10.80	47.14	400m:	5:22.77	34.90
7.			2010	II						5:22.87	II	384
	50m:	33.07	33.07	150m:	1:52.58	40.63	250m:	3:19.03	47.61	350m:	4:45.24	38.33
	100m:	1:11.95	38.88	200m:	2:31.42	38.84	300m:	4:06.91	47.88	400m:	5:22.87	37.63
8.			2010	II						5:25.74	II	374
	50m:	34.02	34.02	150m:	1:57.21	39.97	250m:	3:25.96	51.91	350m:	4:52.64	38.42
	100m:	1:17.24	43.22	200m:	2:34.05	36.84	300m:	4:14.22	48.26	400m:	5:25.74	33.10
9.			2009	II						5:26.42	II	372
	50m:	35.32	35.32	150m:	1:56.14	40.26	250m:	3:23.89	48.13	350m:	4:50.82	38.13
	100m:	1:15.88	40.56	200m:	2:35.76	39.62	300m:	4:12.69	48.80	400m:	5:26.42	35.60
10.			2009	II						5:27.80	II	367
	50m:	35.98	35.98	150m:	2:00.22	42.80	250m:	3:26.98	45.74	350m:	4:51.61	38.25
	100m:	1:17.42	41.44	200m:	2:41.24	41.02	300m:	4:13.36	46.38	400m:	5:27.80	36.19
11.			2010	II						5:28.01	II	366
	50m:	34.85	34.85	150m:	1:57.31	41.28	250m:	3:24.75	46.18	350m:	4:51.56	39.02
	100m:	1:16.03	41.18	200m:	2:38.57	41.26	300m:	4:12.54	47.79	400m:	5:28.01	36.45
12.			2010	II						5:28.81	II	364
	50m:	35.24	35.24	150m:	1:57.81	41.84	250m:	3:26.46	48.32	350m:	4:53.34	38.17
	100m:	1:15.97	40.73	200m:	2:38.14	40.33	300m:	4:15.17	48.71	400m:	5:28.81	35.47
13.			2010	II						5:43.16	II	320
	50m:	34.46	34.46	150m:	1:59.72	43.34	250m:	3:32.19	49.68	350m:	5:02.37	40.68
	100m:	1:16.38	41.92	200m:	2:42.51	42.79	300m:	4:21.69	49.50	400m:	5:43.16	40.79
14.			2010	II						5:49.38	III	303
	50m:	36.40	36.40	150m:	2:06.08	45.51	250m:	3:39.47	49.96	350m:	5:12.13	40.66
	100m:	1:20.57	44.17	200m:	2:49.51	43.43	300m:	4:31.47	52.00	400m:	5:49.38	37.25

" (25 .)

ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 . , 03.11 - 05.11.2023 .

20 , 4 x 50m 2011 - 2012
 04.11.2023 - 13:10

: FINA 2023

1.								2:09.73	491
	11	30.18	,	"	"	11		30.04	
	12	39.73				11		29.78	
2.								2:14.49	440
	12	37.85	,			12		32.60	
	11	34.59				11		29.45	
3.					-19			2:15.99	426
	12	33.24	,			11		33.39	
	11	39.70				11		29.66	
4.								2:16.78	418
	11	34.78	,			11		33.50	
	11	37.95				11		30.55	
5.				"	"			2:20.56	386
	11	32.29	,			12		38.45	
	11	37.95				11		31.87	
6.				"	"			2:23.69	361
	11	36.14	,			11		33.81	
	11	40.68				11		33.06	
7.								2:25.00	351
	12	39.03	,			11		35.59	
	12	39.16				12		31.22	
8.				"	"			2:25.76	346
	11	37.15	,			11		36.55	
	11	40.96				11		31.10	
9.				"	"			2:28.86	325
	11	36.46	,			12		38.04	
	12	43.75				11		30.61	
10.					4			2:29.66	319
	12	23.23	,			12		39.68	
	12	18.03				11		1:08.72	
11.				"	"			2:40.90	257
	11	40.88	,			11		37.62	
	11	49.52				11		32.88	

" "(25 .)

ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 . , 03.11 - 05.11.2023 .

21 , 4 x 50m 2009 - 2010
 04.11.2023 - 13:20

: FINA 2023

1.			,	"	"	1:52.61	505
	09	28.38				09	27.15
	09	31.16				09	25.92
2.			,	-19		1:56.10	461
	09	30.50				09	27.17
	09	32.89				09	25.54
3.			,	"	"	1:59.12	427
	09	31.42				09	28.04
	10	33.30				09	26.36
4.			,			1:59.92	418
	09	32.65				09	27.10
	09	31.82				09	28.35
5.			,			2:01.59	401
	10	31.23				09	29.68
	09	33.03				10	27.65
6.			,			2:01.97	398
	10	30.13				10	32.63
	09	32.92				09	26.29
7.			,	"	"	2:03.38	384
	10	31.71				10	18.83
	09	35.66				09	37.18
8.			,	"	"	2:06.33	358
	09	33.59				09	29.92
	09	35.59				09	27.23
9.			,			2:06.45	357
	09	33.86				09	35.18
	10	26.71				09	30.70
10.			,			2:07.87	345
	10	34.37				09	29.29
	09	36.22				10	27.99
11.			,	"	"	2:08.91	337
	10	33.81				09	29.69
	09	36.79				09	28.62

" "(25 .)

ALT- TIMING

22
04.11.2023 - 13:25

, 1500m

2009 - 2010

: FINA 2023

1.			2009	I	,	"	"	17:42.98	I	505		
	100m:	1:08.10	1:08.10	500m:	5:53.59	1:11.39	900m:	10:38.63	1:10.84	1300m:	15:22.58	1:11.87
	200m:	2:18.23	1:10.13	600m:	7:05.72	1:12.13	1000m:	11:48.38	1:09.75	1400m:	16:34.12	1:11.54
	300m:	3:29.84	1:11.61	700m:	8:16.93	1:11.21	1100m:	12:58.68	1:10.30	1500m:	17:42.98	1:08.86
	400m:	4:42.20	1:12.36	800m:	9:27.79	1:10.86	1200m:	14:10.71	1:12.03			
2.			2010	I	,	"	"	17:43.52	I	504		
	100m:	1:06.87	1:06.87	500m:	5:52.09	1:11.87	900m:	10:39.42	1:12.08	1300m:	15:25.48	1:11.17
	200m:	2:16.62	1:09.75	600m:	7:04.01	1:11.92	1000m:	11:50.70	1:11.28	1400m:	16:35.91	1:10.43
	300m:	3:28.33	1:11.71	700m:	8:16.12	1:12.11	1100m:	13:01.92	1:11.22	1500m:	17:43.52	1:07.61
	400m:	4:40.22	1:11.89	800m:	9:27.34	1:11.22	1200m:	14:14.31	1:12.39			
3.			2009	II	,	"	"	17:44.20	I	503		
	100m:	1:08.18	1:08.18	500m:	5:55.97	1:12.28	900m:	10:39.26	1:11.08	1300m:	15:23.22	1:11.16
	200m:	2:19.95	1:11.77	600m:	7:06.47	1:10.50	1000m:	11:50.39	1:11.13	1400m:	16:34.78	1:11.56
	300m:	3:32.35	1:12.40	700m:	8:17.44	1:10.97	1100m:	13:01.37	1:10.98	1500m:	17:44.20	1:09.42
	400m:	4:43.69	1:11.34	800m:	9:28.18	1:10.74	1200m:	14:12.06	1:10.69			
4.			2009	II	,	"	"	17:45.27	I	502		
	100m:	1:07.93	1:07.93	500m:	5:53.35	1:11.70	900m:	10:40.49	1:11.07	1300m:	15:26.34	1:11.81
	200m:	2:18.59	1:10.66	600m:	7:05.26	1:11.91	1000m:	11:51.82	1:11.33	1400m:	16:36.60	1:10.26
	300m:	3:29.77	1:11.18	700m:	8:17.57	1:12.31	1100m:	13:02.80	1:10.98	1500m:	17:45.27	1:08.67
	400m:	4:41.65	1:11.88	800m:	9:29.42	1:11.85	1200m:	14:14.53	1:11.73			
5.			2009	II	,	"	"	17:49.58	I	496		
	100m:	1:06.04	1:06.04	500m:	5:49.17	1:11.77	900m:	10:37.86	1:12.74	1300m:	15:26.72	1:12.33
	200m:	2:15.43	1:09.39	600m:	7:01.09	1:11.92	1000m:	11:50.70	1:12.84	1400m:	16:39.35	1:12.63
	300m:	3:25.87	1:10.44	700m:	8:13.02	1:11.93	1100m:	13:02.75	1:12.05	1500m:	17:49.58	1:10.23
	400m:	4:37.40	1:11.53	800m:	9:25.12	1:12.10	1200m:	14:14.39	1:11.64			
6.			2009	I	,	"	"	17:50.55	I	495		
	100m:	1:08.07	1:08.07	500m:	5:50.68	1:10.90	900m:	10:36.12	1:11.87	1300m:	15:27.82	1:12.18
	200m:	2:18.65	1:10.58	600m:	7:01.79	1:11.11	1000m:	11:48.52	1:12.40	1400m:	16:40.31	1:12.49
	300m:	3:29.18	1:10.53	700m:	8:12.83	1:11.04	1100m:	13:01.90	1:13.38	1500m:	17:50.55	1:10.24
	400m:	4:39.78	1:10.60	800m:	9:24.25	1:11.42	1200m:	14:15.64	1:13.74			
7.			2009	II	,	"	"	17:54.47	I	489		
	100m:	1:07.40	1:07.40	500m:	5:52.97	1:11.51	900m:	10:40.84	1:12.15	1300m:	15:30.80	1:12.00
	200m:	2:18.25	1:10.85	600m:	7:05.49	1:12.52	1000m:	11:53.72	1:12.88	1400m:	16:43.33	1:12.53
	300m:	3:29.41	1:11.16	700m:	8:16.98	1:11.49	1100m:	13:06.54	1:12.82	1500m:	17:54.47	1:11.14
	400m:	4:41.46	1:12.05	800m:	9:28.69	1:11.71	1200m:	14:18.80	1:12.26			
8.			2010	II	,	"	"	18:02.26	I	479		
	100m:	1:07.00	1:07.00	500m:	5:53.05	1:13.51	900m:	10:46.05	1:13.54	1300m:	15:39.42	1:12.73
	200m:	2:16.98	1:09.98	600m:	7:05.74	1:12.69	1000m:	11:59.14	1:13.09	1400m:	16:52.05	1:12.63
	300m:	3:28.00	1:11.02	700m:	8:18.86	1:13.12	1100m:	13:12.88	1:13.74	1500m:	18:02.26	1:10.21
	400m:	4:39.54	1:11.54	800m:	9:32.51	1:13.65	1200m:	14:26.69	1:13.81			
9.			2009	II	,	"	"	18:06.85	I	473		
	100m:	1:07.03	1:07.03	500m:	5:55.48	1:12.97	900m:	10:48.34	1:13.60	1300m:	15:41.15	1:13.08
	200m:	2:17.31	1:10.28	600m:	7:08.91	1:13.43	1000m:	12:01.44	1:13.10	1400m:	16:54.66	1:13.51
	300m:	3:30.11	1:12.80	700m:	8:21.28	1:12.37	1100m:	13:14.86	1:13.42	1500m:	18:06.85	1:12.19
	400m:	4:42.51	1:12.40	800m:	9:34.74	1:13.46	1200m:	14:28.07	1:13.21			
10.			2009	II	,	"	"	18:16.14	II	461		
	100m:	1:06.79	1:06.79	500m:	5:59.19	1:14.52	900m:	10:57.47	1:14.61	1300m:	15:53.11	1:13.91
	200m:	2:18.95	1:12.16	600m:	7:13.93	1:14.74	1000m:	12:11.74	1:14.27	1400m:	17:06.14	1:13.03
	300m:	3:31.70	1:12.75	700m:	8:29.23	1:15.30	1100m:	13:25.65	1:13.91	1500m:	18:16.14	1:10.00
	400m:	4:44.67	1:12.97	800m:	9:42.86	1:13.63	1200m:	14:39.20	1:13.55			

"(25 .)

ALT- TIMING

22, , 1500m				2009 - 2010							
11.				2010				"	"	18:16.94	460
100m:	1:06.36	1:06.36	500m:	5:59.44	1:14.32	900m:	10:57.00	1:13.70	1300m:	15:53.81	1:13.92
200m:	2:18.57	1:12.21	600m:	7:13.88	1:14.44	1000m:	12:11.96	1:14.96	1400m:	17:08.38	1:14.57
300m:	3:31.16	1:12.59	700m:	8:28.95	1:15.07	1100m:	13:26.29	1:14.33	1500m:	18:16.94	1:08.56
400m:	4:45.12	1:13.96	800m:	9:43.30	1:14.35	1200m:	14:39.89	1:13.60			
12.			2009					"	"	18:30.51	443
100m:	1:08.28	1:08.28	500m:	6:04.97	1:15.35	900m:	11:07.92	1:15.95	1300m:	16:10.84	1:15.89
200m:	2:21.09	1:12.81	600m:	7:20.52	1:15.55	1000m:	12:23.55	1:15.63	1400m:	17:26.13	1:15.29
300m:	3:34.64	1:13.55	700m:	8:35.75	1:15.23	1100m:	13:38.88	1:15.33	1500m:	18:30.51	1:04.38
400m:	4:49.62	1:14.98	800m:	9:51.97	1:16.22	1200m:	14:54.95	1:16.07			
13.			2009					"	"	18:31.17	442
100m:	1:08.50	1:08.50	500m:	6:05.24	1:14.22	900m:	11:06.56	1:15.45	1300m:	16:05.27	1:14.26
200m:	2:21.52	1:13.02	600m:	7:21.01	1:15.77	1000m:	12:21.65	1:15.09	1400m:	17:19.23	1:13.96
300m:	3:36.39	1:14.87	700m:	8:36.46	1:15.45	1100m:	13:37.04	1:15.39	1500m:	18:31.17	1:11.94
400m:	4:51.02	1:14.63	800m:	9:51.11	1:14.65	1200m:	14:51.01	1:13.97			
14.			2009					4		18:33.23	440
100m:	1:05.79	1:05.79	500m:	5:55.18	1:14.59	900m:	10:57.87	1:15.42	1300m:	16:02.04	1:16.07
200m:	2:14.85	1:09.06	600m:	7:10.99	1:15.81	1000m:	12:13.84	1:15.97	1400m:	17:17.13	1:15.09
300m:	3:26.97	1:12.12	700m:	8:27.12	1:16.13	1100m:	13:29.67	1:15.83	1500m:	18:33.23	1:16.10
400m:	4:40.59	1:13.62	800m:	9:42.45	1:15.33	1200m:	14:45.97	1:16.30			
15.			2009					-19		18:39.34	433
100m:	1:05.33	1:05.33	500m:	6:10.14	1:15.50	900m:	11:10.58	1:15.11	1300m:	16:10.41	1:14.86
200m:	2:24.43	1:19.10	600m:	7:25.12	1:14.98	1000m:	12:25.81	1:15.23	1400m:	17:25.58	1:15.17
300m:	3:39.22	1:14.79	700m:	8:40.10	1:14.98	1100m:	13:41.20	1:15.39	1500m:	18:39.34	1:13.76
400m:	4:54.64	1:15.42	800m:	9:55.47	1:15.37	1200m:	14:55.55	1:14.35			
16.			2009					-19		18:42.28	429
100m:	1:07.53	1:07.53	500m:	6:07.65	1:16.01	900m:	11:10.30	1:15.87	1300m:	16:16.32	1:16.40
200m:	2:21.96	1:14.43	600m:	7:23.58	1:15.93	1000m:	12:27.47	1:17.17	1400m:	17:32.32	1:16.00
300m:	3:37.11	1:15.15	700m:	8:38.77	1:15.19	1100m:	13:43.87	1:16.40	1500m:	18:42.28	1:09.96
400m:	4:51.64	1:14.53	800m:	9:54.43	1:15.66	1200m:	14:59.92	1:16.05			
17.			2010					"	"	18:46.33	425
100m:	1:09.56	1:09.56	500m:	6:09.08	1:15.19	900m:	11:13.17	1:16.27	1300m:	16:17.09	1:15.96
200m:	2:23.43	1:13.87	600m:	7:24.87	1:15.79	1000m:	12:29.35	1:16.18	1400m:	17:32.64	1:15.55
300m:	3:38.60	1:15.17	700m:	8:40.57	1:15.70	1100m:	13:45.47	1:16.12	1500m:	18:46.33	1:13.69
400m:	4:53.89	1:15.29	800m:	9:56.90	1:16.33	1200m:	15:01.13	1:15.66			
18.			2009					"	"	18:49.32	421
100m:	1:09.51	1:09.51	500m:	6:09.14	1:15.09	900m:	11:12.39	1:15.95	1300m:	16:19.25	1:16.66
200m:	2:23.98	1:14.47	600m:	7:24.40	1:15.26	1000m:	12:28.15	1:15.76	1400m:	17:34.29	1:15.04
300m:	3:39.00	1:15.02	700m:	8:40.36	1:15.96	1100m:	13:45.16	1:17.01	1500m:	18:49.32	1:15.03
400m:	4:54.05	1:15.05	800m:	9:56.44	1:16.08	1200m:	15:02.59	1:17.43			
19.			2010					"	"	18:49.78	421
100m:	1:08.81	1:08.81	500m:	6:09.02	1:15.73	900m:	11:13.69	1:16.61	1300m:	16:20.07	1:16.43
200m:	2:22.31	1:13.50	600m:	7:25.01	1:15.99	1000m:	12:30.51	1:16.82	1400m:	17:35.50	1:15.43
300m:	3:37.75	1:15.44	700m:	8:40.53	1:15.52	1100m:	13:46.96	1:16.45	1500m:	18:49.78	1:14.28
400m:	4:53.29	1:15.54	800m:	9:57.08	1:16.55	1200m:	15:03.64	1:16.68			
20.			2009					"	"	18:53.02	417
100m:	1:11.30	1:11.30	500m:	6:17.42	1:15.90	900m:	11:19.48	1:16.28	1300m:	16:25.04	1:16.13
200m:	2:28.56	1:17.26	600m:	7:32.40	1:14.98	1000m:	12:35.99	1:16.51	1400m:	17:40.38	1:15.34
300m:	3:44.81	1:16.25	700m:	8:47.41	1:15.01	1100m:	13:52.20	1:16.21	1500m:	18:53.02	1:12.64
400m:	5:01.52	1:16.71	800m:	10:03.20	1:15.79	1200m:	15:08.91	1:16.71			

22,		, 1500m				2009 - 2010					
21.				2010						19:06.46	403
	100m:	1:15.91	1:15.91	500m:	6:20.90	1:16.34	900m:	11:24.93	1:15.90	1300m:	16:30.98 1:18.23
	200m:	2:33.74	1:17.83	600m:	7:37.14	1:16.24	1000m:	12:39.68	1:14.75	1400m:	17:48.81 1:17.83
	300m:	3:48.66	1:14.92	700m:	8:53.10	1:15.96	1100m:	13:55.16	1:15.48	1500m:	19:06.46 1:17.65
	400m:	5:04.56	1:15.90	800m:	10:09.03	1:15.93	1200m:	15:12.75	1:17.59		
22.				2010				4		19:07.21	402
	100m:	1:11.19	1:11.19	500m:	6:16.91	1:16.72	900m:	11:23.45	1:16.91	1300m:	16:30.98 1:17.44
	200m:	2:27.40	1:16.21	600m:	7:33.90	1:16.99	1000m:	12:40.12	1:16.67	1400m:	17:49.10 1:18.12
	300m:	3:43.71	1:16.31	700m:	8:50.52	1:16.62	1100m:	13:56.24	1:16.12	1500m:	19:07.21 1:18.11
	400m:	5:00.19	1:16.48	800m:	10:06.54	1:16.02	1200m:	15:13.54	1:17.30		
23.				2010				" "		19:08.11	401
	100m:	1:09.35	1:09.35	500m:	6:10.50	1:16.95	900m:	11:21.61	1:17.73	1300m:	16:35.26 1:18.15
	200m:	2:22.11	1:12.76	600m:	7:27.94	1:17.44	1000m:	12:39.97	1:18.36	1400m:	17:55.65 1:20.39
	300m:	3:37.30	1:15.19	700m:	8:46.55	1:18.61	1100m:	13:58.44	1:18.47	1500m:	19:08.11 1:12.46
	400m:	4:53.55	1:16.25	800m:	10:03.88	1:17.33	1200m:	15:17.11	1:18.67		
24.				2010				" "		19:08.17	401
	100m:	1:10.43	1:10.43	500m:	6:13.45	1:17.49	900m:	11:22.27	1:17.56	1300m:	16:34.98 1:17.43
	200m:	2:25.45	1:15.02	600m:	7:30.24	1:16.79	1000m:	12:41.02	1:18.75	1400m:	17:53.04 1:18.06
	300m:	3:40.59	1:15.14	700m:	8:46.72	1:16.48	1100m:	13:58.02	1:17.00	1500m:	19:08.17 1:15.13
	400m:	4:55.96	1:15.37	800m:	10:04.71	1:17.99	1200m:	15:17.55	1:19.53		
25.				2010			-			19:09.33	400
	100m:	1:12.09	1:12.09	500m:	6:20.17	1:16.20	900m:	11:28.80	1:16.74	1300m:	16:37.55 1:18.90
	200m:	2:28.71	1:16.62	600m:	7:37.95	1:17.78	1000m:	12:45.63	1:16.83	1400m:	17:55.98 1:18.43
	300m:	3:46.83	1:18.12	700m:	8:54.70	1:16.75	1100m:	14:02.11	1:16.48	1500m:	19:09.33 1:13.35
	400m:	5:03.97	1:17.14	800m:	10:12.06	1:17.36	1200m:	15:18.65	1:16.54		
26.				2009				" "		19:14.36	394
	100m:	1:08.05	1:08.05	500m:	6:08.56	1:16.06	900m:	11:18.23	1:18.30	1300m:	16:36.15 1:19.75
	200m:	2:21.92	1:13.87	600m:	7:25.60	1:17.04	1000m:	12:38.03	1:19.80	1400m:	17:58.48 1:22.33
	300m:	3:37.10	1:15.18	700m:	8:42.12	1:16.52	1100m:	13:56.09	1:18.06	1500m:	19:14.36 1:15.88
	400m:	4:52.50	1:15.40	800m:	9:59.93	1:17.81	1200m:	15:16.40	1:20.31		
27.				2010						19:34.96	374
	100m:	1:13.60	1:13.60	500m:	6:30.41	1:18.95	900m:	11:46.09	1:19.30	1300m:	17:01.53 1:17.70
	200m:	2:32.16	1:18.56	600m:	7:48.44	1:18.03	1000m:	13:05.41	1:19.32	1400m:	18:20.22 1:18.69
	300m:	3:51.77	1:19.61	700m:	9:07.52	1:19.08	1100m:	14:24.14	1:18.73	1500m:	19:34.96 1:14.74
	400m:	5:11.46	1:19.69	800m:	10:26.79	1:19.27	1200m:	15:43.83	1:19.69		
28.				2010				4		19:37.75	371
	100m:	1:15.68	1:15.68	500m:	6:31.04	1:19.24	900m:	11:45.75	1:18.44	1300m:	17:02.58 1:18.85
	200m:	2:34.75	1:19.07	600m:	7:49.81	1:18.77	1000m:	13:05.59	1:19.84	1400m:	18:21.58 1:19.00
	300m:	3:53.37	1:18.62	700m:	9:08.36	1:18.55	1100m:	14:24.20	1:18.61	1500m:	19:37.75 1:16.17
	400m:	5:11.80	1:18.43	800m:	10:27.31	1:18.95	1200m:	15:43.73	1:19.53		
29.				2009						19:38.78	370
	100m:	1:11.51	1:11.51	500m:	6:28.15	1:20.43	900m:	11:48.00	1:20.04	1300m:	17:04.45 1:19.06
	200m:	2:28.87	1:17.36	600m:	7:48.08	1:19.93	1000m:	13:07.72	1:19.72	1400m:	18:23.37 1:18.92
	300m:	3:48.18	1:19.31	700m:	9:07.62	1:19.54	1100m:	14:27.15	1:19.43	1500m:	19:38.78 1:15.41
	400m:	5:07.72	1:19.54	800m:	10:27.96	1:20.34	1200m:	15:45.39	1:18.24		
30.				2010				" "		19:39.10	370
	100m:	1:14.94	1:14.94	500m:	6:32.45	1:20.03	900m:	11:49.32	1:19.02	1300m:	17:05.80 1:19.50
	200m:	2:34.31	1:19.37	600m:	7:52.54	1:20.09	1000m:	13:08.00	1:18.68	1400m:	18:24.43 1:18.63
	300m:	3:53.35	1:19.04	700m:	9:11.52	1:18.98	1100m:	14:27.08	1:19.08	1500m:	19:39.10 1:14.67
	400m:	5:12.42	1:19.07	800m:	10:30.30	1:18.78	1200m:	15:46.30	1:19.22		

22, , 1500m				2009 - 2010							
31.			2010 III		-19		19:59.77	II	351		
100m:	1:11.65	1:11.65	500m:	6:32.76	1:20.79	900m:	12:01.58	1:23.19	1300m:	17:24.10	1:18.02
200m:	2:31.67	1:20.02	600m:	7:54.35	1:21.59	1000m:	13:24.32	1:22.74	1400m:	18:43.71	1:19.61
300m:	3:52.05	1:20.38	700m:	9:16.86	1:22.51	1100m:	14:45.91	1:21.59	1500m:	19:59.77	1:16.06
400m:	5:11.97	1:19.92	800m:	10:38.39	1:21.53	1200m:	16:06.08	1:20.17			
32.			2010 III		-19		20:05.70	II	346		
100m:	1:15.15	1:15.15	500m:	6:35.09	1:18.68	900m:	11:58.48	1:21.80	1300m:	17:25.04	1:21.20
200m:	2:36.65	1:21.50	600m:	7:55.14	1:20.05	1000m:	13:20.34	1:21.86	1400m:	18:46.81	1:21.77
300m:	3:56.87	1:20.22	700m:	9:15.25	1:20.11	1100m:	14:42.62	1:22.28	1500m:	20:05.70	1:18.89
400m:	5:16.41	1:19.54	800m:	10:36.68	1:21.43	1200m:	16:03.84	1:21.22			
33.			2010 II		4		20:11.00	II	342		
100m:	1:13.02	1:13.02	500m:	6:37.83	1:21.67	900m:	12:01.23	1:22.29	1300m:	17:29.94	1:21.86
200m:	2:33.64	1:20.62	600m:	7:58.05	1:20.22	1000m:	13:23.64	1:22.41	1400m:	18:52.38	1:22.44
300m:	3:55.11	1:21.47	700m:	9:17.51	1:19.46	1100m:	14:45.71	1:22.07	1500m:	20:11.00	1:18.62
400m:	5:16.16	1:21.05	800m:	10:38.94	1:21.43	1200m:	16:08.08	1:22.37			
34.			2010 II				20:40.10	III	318		
100m:	1:14.97	1:14.97	500m:	6:37.41	1:21.88	900m:	12:13.60	1:23.61	1300m:	17:53.99	1:24.84
200m:	2:32.91	1:17.94	600m:	8:01.45	1:24.04	1000m:	13:38.37	1:24.77	1400m:	19:19.63	1:25.64
300m:	3:53.85	1:20.94	700m:	9:25.35	1:23.90	1100m:	15:04.05	1:25.68	1500m:	20:40.10	1:20.47
400m:	5:15.53	1:21.68	800m:	10:49.99	1:24.64	1200m:	16:29.15	1:25.10			
35.			2010 II		-19		20:43.51	III	315		
100m:	1:16.95	1:16.95	500m:	6:43.39	1:23.58	900m:	12:20.12	1:24.77	1300m:	17:58.54	1:25.15
200m:	2:36.62	1:19.67	600m:	8:06.90	1:23.51	1000m:	13:43.38	1:23.26	1400m:	19:22.18	1:23.64
300m:	3:58.17	1:21.55	700m:	9:30.88	1:23.98	1100m:	15:09.17	1:25.79	1500m:	20:43.51	1:21.33
400m:	5:19.81	1:21.64	800m:	10:55.35	1:24.47	1200m:	16:33.39	1:24.22			
36.			2010 III		-19		20:52.73	III	308		
100m:	1:17.34	1:17.34	500m:	6:57.12	1:25.27	900m:	12:31.87	1:23.32	1300m:	18:05.44	1:22.83
200m:	2:41.75	1:24.41	600m:	8:21.40	1:24.28	1000m:	13:55.26	1:23.39	1400m:	19:30.36	1:24.92
300m:	4:06.69	1:24.94	700m:	9:45.05	1:23.65	1100m:	15:20.55	1:25.29	1500m:	20:52.73	1:22.37
400m:	5:31.85	1:25.16	800m:	11:08.55	1:23.50	1200m:	16:42.61	1:22.06			
37.			2010 III		" "		20:54.07	III	307		
100m:	1:18.88	1:18.88	500m:	6:54.04	1:24.17	900m:	12:30.08	1:24.56	1300m:	18:07.49	1:24.84
200m:	2:42.09	1:23.21	600m:	8:11.43	1:17.39	1000m:	13:54.40	1:24.32	1400m:	19:32.67	1:25.18
300m:	4:05.84	1:23.75	700m:	9:41.43	1:30.00	1100m:	15:18.51	1:24.11	1500m:	20:54.07	1:21.40
400m:	5:29.87	1:24.03	800m:	11:05.52	1:24.09	1200m:	16:42.65	1:24.14			
38.			2009 III				21:51.80	III	269		
100m:	1:20.05	1:20.05	500m:	7:07.72	1:27.54	900m:	12:58.24	1:27.51	1300m:	18:55.80	1:29.68
200m:	2:46.52	1:26.47	600m:	8:35.05	1:27.33	1000m:	14:27.87	1:29.63	1400m:	20:25.21	1:29.41
300m:	4:13.29	1:26.77	700m:	10:01.78	1:26.73	1100m:	15:55.86	1:27.99	1500m:	21:51.80	1:26.59
400m:	5:40.18	1:26.89	800m:	11:30.73	1:28.95	1200m:	17:26.12	1:30.26			
39.			2010 II		" "		22:10.11	III	258		
100m:	1:17.54	1:17.54	500m:	7:04.08	1:28.03	900m:	13:05.25	1:31.81	1300m:	19:10.89	1:31.39
200m:	2:42.01	1:24.47	600m:	8:33.51	1:29.43	1000m:	14:36.83	1:31.58	1400m:	20:40.40	1:29.51
300m:	4:07.58	1:25.57	700m:	10:03.09	1:29.58	1100m:	16:08.08	1:31.25	1500m:	22:10.11	1:29.71
400m:	5:36.05	1:28.47	800m:	11:33.44	1:30.35	1200m:	17:39.50	1:31.42			

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 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

23 , 100m 2011 - 2012
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1.	50m:	36.01	36.01	2011 I	100m:	1:16.50	40.49	,			1:16.50	I	541
2.	50m:	39.02	39.02	2011 II	100m:	1:22.56	43.54	,	"	"	1:22.56	II	430
3.	50m:	40.52	40.52	2011 II	100m:	1:24.27	43.75	,			1:24.27	II	405
4.	50m:	41.24	41.24	2011 II	100m:	1:25.81	44.57	-	,		1:25.81	II	383
5.	50m:	40.92	40.92	2012 II	100m:	1:26.14	45.22	,	"	"	1:26.14	II	379
6.	50m:	41.22	41.22	2011 II	100m:	1:26.38	45.16	,	-19		1:26.38	II	376
7.	50m:	41.04	41.04	2011 II	100m:	1:28.46	47.42	,	"	"	1:28.46	II	350
8.	50m:	42.55	42.55	2012 II	100m:	1:29.81	47.26	,	"	"	1:29.81	II	334
9.	50m:	41.42	41.42	2012 II	100m:	1:30.00	48.58	,			1:30.00	II	332
10.	50m:	42.76	42.76	2011 II	100m:	1:30.09	47.33	,	"	"	1:30.09	III	331
11.	50m:	42.67	42.67	2012 II	100m:	1:30.14	47.47	,	"	"	1:30.14	III	331
12.	50m:	42.92	42.92	2011 II	100m:	1:31.14	48.22	,	"	"	1:31.14	III	320
13.	50m:	43.87	43.87	2011 III	100m:	1:31.17	47.30	,			1:31.17	III	320
14.	50m:	44.02	44.02	2011 II	100m:	1:32.99	48.97	,	"	"	1:32.99	III	301
15.	50m:	44.58	44.58	2012 II	100m:	1:33.14	48.56	,			1:33.14	III	300
16.	50m:	43.45	43.45	2012 II	100m:	1:33.28	49.83	,	"	"	1:33.28	III	298
17.	50m:	44.64	44.64	2012 II	100m:	1:33.67	49.03	,	4		1:33.67	III	295
18.	50m:	44.36	44.36	2012 III	100m:	1:34.42	50.06	,	-19		1:34.42	III	288
19.	50m:	44.52	44.52	2011 II	100m:	1:34.60	50.08	,	"	"	1:34.60	III	286
20.	50m:	45.08	45.08	2012 II	100m:	1:35.13	50.05	,	"	"	1:35.13	III	281

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13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

23,		, 100m				2011 - 2012								
21.	50m:	46.23	46.23	2011	II	100m:	1:35.94	49.71	,	"	"	1:35.94	III	274
22.	50m:	46.96	46.96	2011	II	100m:	1:37.05	50.09	,	"	"	1:37.05	III	265
23.	50m:	48.53	48.53	2011	II	100m:	1:39.25	50.72	,	"	"	1:39.25	III	248
24.	50m:	48.60	48.60	2012	III	100m:	1:39.77	51.17	,	"	"	1:39.77	III	244
25.	50m:	46.81	46.81	2011	II	100m:	1:39.85	53.04	,	-19		1:39.85	III	243
26.	50m:	48.35	48.35	2012	III	100m:	1:41.79	53.44	,	"	"	1:41.79	III	229
27.	50m:	51.52	51.52	2011	III	100m:	1:49.14	57.62	,	"	"	1:49.14	I	186
28.	50m:	53.44	53.44	2012	III	100m:	1:50.43	56.99	,	"	"	1:50.43	I	180
DSQ				2011	III				,	"	"			
DSQ				2011	II				,	"	"			
DNS				2012	III				,	"	"			

24 , 100m 2009 - 2010
 05.11.2023 - 10:25

: FINA 2023

1.	50m:	32.39	32.39	2009	I	100m:	1:08.25	35.86	,	1		1:08.25	I	531
2.	50m:	31.87	31.87	2009	I	100m:	1:08.70	36.83	,	"	"	1:08.70	I	520
3.	50m:	33.92	33.92	2009	II	100m:	1:12.46	38.54	,			1:12.46	II	444
4.	50m:	34.08	34.08	2009	II	100m:	1:12.47	38.39	,			1:12.47	II	443
5.	50m:	34.42	34.42	2010	II	100m:	1:12.48	38.06	,	"	"	1:12.48	II	443
6.	50m:	34.51	34.51	2009	II	100m:	1:12.77	38.26	,			1:12.77	II	438
7.	50m:	34.98	34.98	2009	II	100m:	1:14.50	39.52	,	-19		1:14.50	II	408
8.	50m:	34.90	34.90	2009	II	100m:	1:14.61	39.71	,	"	"	1:14.61	II	406
9.	50m:	35.05	35.05	2010	II	100m:	1:14.87	39.82	,	"	"	1:14.87	II	402

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 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

24,		, 100m		, 2009 - 2010					
10.	50m:	35.31	35.31	2010 II	100m:	1:16.02	40.71	,	1:16.02 II 384
11.	50m:	35.45	35.45	2009 II	100m:	1:16.49	41.04	,	1:16.49 II 377
12.	50m:	36.81	36.81	2010 II	100m:	1:17.07	40.26	,	1:17.07 II 369
13.	50m:	36.76	36.76	2009 II	100m:	1:17.13	40.37	,	1:17.13 II 368
14.	50m:	36.22	36.22	2009 II	100m:	1:17.16	40.94	,	1:17.16 II 367
15.	50m:	37.40	37.40	2010 II	100m:	1:18.60	41.20	,	" " 1:18.60 II 347
16.	50m:	37.51	37.51	2010 II	100m:	1:18.69	41.18	,	" " 1:18.69 II 346
17.	50m:	37.52	37.52	2010 II	100m:	1:18.74	41.22	,	" " 1:18.74 II 346
18.	50m:	36.80	36.80	2009 II	100m:	1:18.76	41.96	,	-19 1:18.76 II 345
19.	50m:	37.11	37.11	2010 II	100m:	1:18.82	41.71	,	" " 1:18.82 II 344
20.	50m:	37.82	37.82	2010 II	100m:	1:18.87	41.05	,	-19 1:18.87 II 344
21.	50m:	37.50	37.50	2010 II	100m:	1:19.02	41.52	,	4 1:19.02 II 342
22.	50m:	37.70	37.70	2010 II	100m:	1:19.16	41.46	,	1:19.16 II 340
23.	50m:	37.54	37.54	2009 II	100m:	1:19.73	42.19	- ,	1:19.73 II 333
24.	50m:	38.03	38.03	2010 II	100m:	1:20.22	42.19	,	" " 1:20.22 II 327
25.	50m:	38.29	38.29	2010 II	100m:	1:21.10	42.81	,	1:21.10 III 316
26.	50m:	39.02	39.02	2009 III	100m:	1:21.94	42.92	,	1:21.94 III 307
27.	50m:	38.62	38.62	2009 II	100m:	1:22.34	43.72	,	4 1:22.34 III 302
28.	50m:	39.51	39.51	2010 II	100m:	1:22.64	43.13	,	" " 1:22.64 III 299
29.	50m:	38.83	38.83	2010 II	100m:	1:23.81	44.98	,	1:23.81 III 286
30.	50m:	39.96	39.96	2010 II	100m:	1:24.68	44.72	,	" " 1:24.68 III 278

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 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 . , 03.11 - 05.11.2023 .

24,		, 100m		, 2009 - 2010							
31.	50m:	39.93	39.93	2009		100m:	1:25.72	45.79	, -19	1:25.72	268
32.	50m:	41.49	41.49	2010		100m:	1:27.38	45.89	, 4	1:27.38	253
33.	50m:	40.95	40.95	2010		100m:	1:27.84	46.89	, " "	1:27.84	249
DSQ				2010					, " "		
DSQ				2010					, " "		
DSQ				2010					, " "		

25 , 100m 2011 - 2012
 05.11.2023 - 10:35

: FINA 2023

1.	50m:	30.83	30.83	2011		100m:	1:03.43	32.60	, " "	1:03.43	648
2.	50m:	33.76	33.76	2011		100m:	1:07.75	33.99	, " "	1:07.75	531
3.	50m:	35.07	35.07	2011		100m:	1:10.11	35.04	, " "	1:10.11	479
4.	50m:	34.49	34.49	2012		100m:	1:11.53	37.04	, -19	1:11.53	451
5.	50m:	35.76	35.76	2011		100m:	1:12.20	36.44	, " "	1:12.20	439
6.	50m:	35.92	35.92	2011		100m:	1:13.59	37.67	, "	1:13.59	414
7.	50m:	35.36	35.36	2011		100m:	1:13.71	38.35	, -19	1:13.71	412
8.	50m:	36.56	36.56	2011		100m:	1:16.07	39.51	, "	1:16.07	375
9.	50m:	37.37	37.37	2011		100m:	1:16.30	38.93	, "	1:16.30	372
10.	50m:	37.47	37.47	2011		100m:	1:16.66	39.19	, " "	1:16.66	367
11.	50m:	37.86	37.86	2011		100m:	1:17.48	39.62	, -19	1:17.48	355
12.	50m:	37.79	37.79	2011		100m:	1:17.64	39.85	, 4	1:17.64	353
13.	50m:	37.97	37.97	2011		100m:	1:18.41	40.44	, " "	1:18.41	343
14.	50m:	38.17	38.17	2012		100m:	1:18.44	40.27	, " "	1:18.44	342

" "(25 .)

ALT- TIMING

25,		, 100m		, 2011 - 2012					
15.	50m:	38.57	38.57	2012 II	100m:	1:19.08	40.51	-	, 1:19.08 II 334
16.	50m:	38.56	38.56	2012 II	100m:	1:19.31	40.75	,	4 1:19.31 II 331
17.	50m:	37.36	37.36	2011 II	100m:	1:19.46	42.10	,	" " 1:19.46 II 329
18.	50m:	38.66	38.66	2012 II	100m:	1:19.75	41.09	,	" " 1:19.75 II 326
19.	50m:	39.29	39.29	2011 II	100m:	1:19.98	40.69	,	4 1:19.98 II 323
20.	50m:	40.04	40.04	2012 II	100m:	1:20.85	40.81	,	" " 1:20.85 II 312
21.	50m:	38.72	38.72	2012 II	100m:	1:20.98	42.26	,	1:20.98 II 311
22.	50m:	39.46	39.46	2011 II	100m:	1:21.51	42.05	,	" " 1:21.51 III 305
23.	50m:	39.90	39.90	2012 II	100m:	1:21.70	41.80	,	" " 1:21.70 III 303
24.	50m:	40.67	40.67	2012 III	100m:	1:22.12	41.45	,	1:22.12 III 298
25.	50m:	40.68	40.68	2011 II	100m:	1:22.76	42.08	,	1:22.76 III 291
26.	50m:	39.60	39.60	2011 III	100m:	1:23.48	43.88	,	1:23.48 III 284
27.	50m:	40.43	40.43	2011 III	100m:	1:24.25	43.82	,	" " 1:24.25 III 276
28.	50m:	39.43	39.43	2011 II	100m:	1:24.76	45.33	,	" " 1:24.76 III 271
29.	50m:	41.20	41.20	2012 II	100m:	1:25.98	44.78	,	1:25.98 III 260
30.	50m:	42.69	42.69	2012 III	100m:	1:29.11	46.42	,	" " 1:29.11 III 233
31.	50m:	44.80	44.80	2012 III	100m:	1:32.98	48.18	,	" " 1:32.98 1 205
DSQ				2012 III				,	" " "

26 , 100m 2009 - 2010
05.11.2023 - 10:50

: FINA 2023

1.				2009	I				1:00.57		508
	50m:	29.08	29.08	100m:							
2.				2010	II				1:02.87	I	454
	50m:	30.72	30.72	100m:							
3.				2009	II				1:03.24	I	446
	50m:	30.48	30.48	100m:							
4.				2009	I		1		1:04.44	I	421
	50m:	31.40	31.40	100m:							
5.				2009	II				1:05.75	II	397
	50m:	32.09	32.09	100m:							
6.				2009	II				1:06.02	II	392
	50m:	31.85	31.85	100m:							
7.				2010	II				1:06.63	II	381
	50m:	32.06	32.06	100m:							
8.				2009	II				1:06.91	II	376
	50m:	32.71	32.71	100m:							
9.				2009	II				1:07.05	II	374
	50m:	32.75	32.75	100m:							
10.				2010	II				1:07.50	II	367
	50m:	32.65	32.65	100m:							
11.				2009	II				1:08.20	II	355
	50m:	33.10	33.10	100m:							
12.				2009	II				1:08.39	II	352
	50m:	33.16	33.16	100m:							
13.				2010	II				1:08.44	II	352
	50m:	33.49	33.49	100m:							
14.				2010	II				1:08.86	II	345
	50m:	33.75	33.75	100m:							
15.				2010	II				1:09.06	II	342
	50m:	33.49	33.49	100m:							
16.				2009	II				1:09.11	II	342
	50m:	33.66	33.66	100m:							
17.				2009	II				1:09.38	II	338
	50m:	34.02	34.02	100m:							
18.				2010	II				1:09.41	II	337
	50m:	34.19	34.19	100m:							
19.				2009	II				1:09.66	II	333
	50m:	33.84	33.84	100m:							
20.				2010	II				1:09.68	II	333
	50m:	34.30	34.30	100m:							

" (25 .)

26,		, 100m		, 2009 - 2010					
21.	50m:	34.12	34.12	2009 II	100m:	1:09.95	35.83	, -19	1:09.95 II 329
22.	50m:	34.14	34.14	2010 II	100m:	1:10.67	36.53	, " "	1:10.67 II 319
23.	50m:	35.15	35.15	2010 II	100m:	1:11.04	35.89	, " "	1:11.04 II 314
24.	50m:	35.17	35.17	2009 II	100m:	1:11.79	36.62	, "	1:11.79 II 305
25.	50m:	35.33	35.33	2010 II	100m:	1:12.25	36.92	- ,	1:12.25 II 299
26.	50m:	35.21	35.21	2009 II	100m:	1:12.53	37.32	, " "	1:12.53 II 295
27.	50m:	35.35	35.35	2009 II	100m:	1:12.85	37.50	, " "	1:12.85 II 291
28.	50m:	34.94	34.94	2010 II	100m:	1:12.89	37.95	, " "	1:12.89 II 291
29.	50m:	35.89	35.89	2010 II	100m:	1:13.30	37.41	, " "	1:13.30 III 286
30.	50m:	36.29	36.29	2010 II	100m:	1:13.80	37.51	, "	1:13.80 III 280
31.	50m:	36.42	36.42	2009 II	100m:	1:14.02	37.60	, " "	1:14.02 III 278
32.	50m:	35.37	35.37	2009 III	100m:	1:15.00	39.63	, " "	1:15.00 III 267
33.	50m:	36.84	36.84	2009 II	100m:	1:15.07	38.23	, " "	1:15.07 III 266
34.	50m:	37.54	37.54	2009 II	100m:	1:15.12	37.58	, " "	1:15.12 III 266
35.	50m:	38.20	38.20	2009 II	100m:	1:17.12	38.92	, "	1:17.12 III 246
36.	50m:	37.19	37.19	2010 II	100m:	1:17.39	40.20	, 4	1:17.39 III 243
37.	50m:	42.81	42.81	2010 III	100m:	1:26.62	43.81	, " "	1:26.62 1 173

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

27 , 200m 2011 - 2012
 05.11.2023 - 11:00

: FINA 2023

1.				2011	I							2:37.26	I	465
	50m:	33.55	33.55	100m:	1:14.03	40.48	150m:	1:58.88	44.85	200m:	2:37.26	38.38		
2.				2012	II							2:37.32	I	464
	50m:	34.75	34.75	100m:	1:15.97	41.22	150m:	2:02.19	46.22	200m:	2:37.32	35.13		
3.				2011	I							2:38.86	I	451
	50m:	35.33	35.33	100m:	1:13.01	37.68	150m:	2:02.08	49.07	200m:	2:38.86	36.78		
4.				2011	II							2:39.12	I	449
	50m:	34.60	34.60	100m:	1:15.78	41.18	150m:	2:01.99	46.21	200m:	2:39.12	37.13		
5.				2011	II							2:40.24	II	439
	50m:	35.35	35.35	100m:	1:15.53	40.18	150m:	2:01.94	46.41	200m:	2:40.24	38.30		
6.				2011	II							2:41.56	II	429
	50m:	35.25	35.25	100m:	1:17.03	41.78	150m:	2:04.48	47.45	200m:	2:41.56	37.08		
7.				2011	II							2:44.82	II	404
	50m:	36.28	36.28	100m:	1:19.14	42.86	150m:	2:07.78	48.64	200m:	2:44.82	37.04		
8.				2012	II							2:46.78	II	390
	50m:	35.73	35.73	100m:	1:18.56	42.83	150m:	2:08.23	49.67	200m:	2:46.78	38.55		
9.				2012	II							2:46.84	II	389
	50m:	35.57	35.57	100m:	1:19.04	43.47	150m:	2:08.42	49.38	200m:	2:46.84	38.42		
10.				2011	II							2:47.84	II	382
	50m:	38.50	38.50	100m:	1:23.08	44.58	150m:	2:09.76	46.68	200m:	2:47.84	38.08		
11.				2011	II							2:47.85	II	382
	50m:	35.32	35.32	100m:	1:19.06	43.74	150m:	2:10.67	51.61	200m:	2:47.85	37.18		
12.				2011	II							2:48.63	II	377
	50m:	37.13	37.13	100m:	1:19.99	42.86	150m:	2:10.45	50.46	200m:	2:48.63	38.18		
13.				2011	II							2:50.87	II	362
	50m:	38.32	38.32	100m:	1:22.11	43.79	150m:	2:11.36	49.25	200m:	2:50.87	39.51		
14.				2011	II							2:51.69	II	357
	50m:	37.12	37.12	100m:	1:22.65	45.53	150m:	2:13.83	51.18	200m:	2:51.69	37.86		
15.				2012	II							2:52.61	II	351
	50m:	38.32	38.32	100m:	1:24.02	45.70	150m:	2:13.28	49.26	200m:	2:52.61	39.33		
16.				2011	II							2:54.62	II	339
	50m:	39.02	39.02	100m:	1:23.92	44.90	150m:	2:15.61	51.69	200m:	2:54.62	39.01		
17.				2012	II				4			2:56.45	II	329
	50m:	41.55	41.55	100m:	1:24.62	43.07	150m:	2:16.21	51.59	200m:	2:56.45	40.24		
18.				2012	II							2:56.59	II	328
	50m:	38.75	38.75	100m:	1:24.07	45.32	150m:	2:15.81	51.74	200m:	2:56.59	40.78		
19.				2011	II				-19			2:57.38	II	324
	50m:	38.67	38.67	100m:	1:22.30	43.63	150m:	2:17.62	55.32	200m:	2:57.38	39.76		
20.				2011	II							2:59.65	II	312
	50m:	40.43	40.43	100m:	1:26.86	46.43	150m:	2:18.12	51.26	200m:	2:59.65	41.53		

" (25 .)

ALT- TIMING

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

27, , 200m				2011 - 2012										
21.	50m:	43.40	43.40	2012 III	100m:	1:29.06	45.66	150m:	2:21.36	52.30	200m:	3:01.31	39.95	303
22.	50m:	41.63	41.63	2012 II	100m:	1:28.18	46.55	150m:	2:21.19	53.01	200m:	3:03.95	42.76	290
23.	50m:	39.83	39.83	2011 II	100m:	1:28.68	48.85	150m:	2:20.61	51.93	200m:	3:04.39	43.78	288
24.	50m:	43.83	43.83	2012 II	100m:	1:30.86	47.03	150m:	2:22.79	51.93	200m:	3:05.54	42.75	283
25.	50m:	45.03	45.03	2011 III	100m:	1:32.87	47.84	150m:	2:25.09	52.22	200m:	3:06.32	41.23	279
26.	50m:	44.32	44.32	2011 II	100m:	1:33.06	48.74	150m:	2:25.99	52.93	200m:	3:06.94	40.95	276
27.	50m:	44.55	44.55	2012 III	100m:	1:32.34	47.79	150m:	2:26.87	54.53	200m:	3:08.07	41.20	272
28.	50m:	40.10	40.10	2012 II	100m:	1:29.22	49.12	150m:	2:25.39	56.17	200m:	3:09.10	43.71	267
29.	50m:	46.28	46.28	2011 III	100m:	1:34.10	47.82	150m:	2:28.79	54.69	200m:	3:09.92	41.13	264
30.	50m:	41.27	41.27	2012 II	100m:	1:30.62	49.35	150m:	2:27.15	56.53	200m:	3:10.01	42.86	263
31.	50m:	45.50	45.50	2012 III	100m:	1:36.67	51.17	150m:	2:37.23	1:00.56	200m:	3:22.51	45.28	217
32.	50m:	47.26	47.26	2012 III	100m:	1:36.54	49.28	150m:	2:37.98	1:01.44	200m:	3:24.27	46.29	212
DSQ				2012 II										
DSQ				2011 III										
DSQ				2011 III										
DSQ				2012 II										
DNS				2011 II										

28 , 200m 2009 - 2010
 05.11.2023 - 11:25

: FINA 2023

1.	50m:	28.99	28.99	2009	100m:	1:04.15	35.16	150m:	1:44.23	40.08	200m:	2:15.25	31.02	532
2.	50m:	30.34	30.34	2009 I	100m:	1:05.49	35.15	150m:	1:45.08	39.59	200m:	2:15.76	30.68	526
3.	50m:	30.22	30.22	2009 II	100m:	1:05.07	34.85	150m:	1:48.39	43.32	200m:	2:20.70	32.31	473
4.	50m:	30.69	30.69	2009 II	100m:	1:08.78	38.09	150m:	1:49.44	40.66	200m:	2:23.00	33.56	450

" (25 .)

ALT- TIMING

28,		, 200m				2009 - 2010							
5.	50m:	31.06	31.06	2009 100m:	1:07.62	36.56	150m:	1:49.64	42.02	200m:	2:23.07		449
6.	50m:	30.18	30.18	2009 100m:	1:08.60	38.42	150m:	1:50.27	41.67	200m:	2:23.76		443
7.	50m:	30.55	30.55	2009 100m:	1:07.99	37.44	150m:	1:51.29	43.30	200m:	2:24.69		434
8.	50m:	31.66	31.66	2009 100m:	1:08.90	37.24	150m:	1:52.32	43.42	200m:	2:27.54		410
9.	50m:	31.78	31.78	2009 100m:	1:09.34	37.56	150m:	1:53.32	43.98	200m:	2:28.38		403
10.	50m:	30.60	30.60	2009 100m:	1:10.10	39.50	150m:	1:53.18	43.08	200m:	2:28.90		399
11.	50m:	33.65	33.65	2010 100m:	1:12.15	38.50	150m:	1:56.17	44.02	200m:	2:29.52		394
12.	50m:	32.83	32.83	2009 100m:	1:08.62	35.79	150m:	1:54.32	45.70	200m:	2:29.86		391
13.	50m:	29.19	29.19	2009 100m:	1:07.83	38.64	150m:	1:56.46	48.63	200m:	2:29.89		391
14.	50m:	31.89	31.89	2009 100m:	1:10.95	39.06	150m:	1:57.42	46.47	200m:	2:31.42		379
15.	50m:	34.58	34.58	2009 100m:	1:12.47	37.89	150m:	1:57.09	44.62	200m:	2:31.66		377
16.	50m:	33.69	33.69	2010 100m:	1:12.77	39.08	150m:	1:58.15	45.38	200m:	2:32.40		372
17.	50m:	33.68	33.68	2010 100m:	1:12.77	39.09	150m:	1:59.22	46.45	200m:	2:33.13		366
18.	50m:	32.50	32.50	2010 100m:	1:11.69	39.19	150m:	1:57.61	45.92	200m:	2:33.26		366
19.	50m:	31.26	31.26	2009 100m:	1:12.46	41.20	150m:	1:57.28	44.82	200m:	2:33.49		364
20.	50m:	33.15	33.15	2010 100m:	1:13.28	40.13	150m:	1:57.14	43.86	200m:	2:34.19		359
21.	50m:	34.11	34.11	2010 100m:	1:13.93	39.82	150m:	2:00.82	46.89	200m:	2:35.63		349
22.	50m:	35.44	35.44	2009 100m:	1:15.15	39.71	150m:	2:00.44	45.29	200m:	2:35.74		348
23.	50m:	33.05	33.05	2009 100m:	1:15.31	42.26	150m:	2:01.05	45.74	200m:	2:36.66		342
24.	50m:	35.23	35.23	2009 100m:	1:16.02	40.79	150m:	2:02.97	46.95	200m:	2:38.12		333
25.	50m:	33.56	33.56	2010 100m:	1:13.77	40.21	150m:	2:00.36	46.59	200m:	2:38.58		330

"(25 .)

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

28,		, 200m				2009 - 2010									
26.	50m:	33.94	33.94	2009		100m:	1:14.31	40.37	150m:	2:04.11	49.80	200m:	2:40.56		318
27.	50m:	35.02	35.02	2010		100m:	1:17.16	42.14	150m:	2:06.48	49.32	200m:	2:42.81		305
28.	50m:	36.52	36.52	2010		100m:	1:17.80	41.28	150m:	2:05.79	47.99	200m:	2:43.72		300
29.	50m:	37.32	37.32	2009		100m:	1:20.28	42.96	150m:	2:06.23	45.95	200m:	2:44.52		295
30.	50m:	33.33	33.33	2009		100m:	1:14.10	40.77	150m:	2:05.12	51.02	200m:	2:44.97		293
31.	50m:	35.02	35.02	2009		100m:	1:17.15	42.13	150m:	2:08.25	51.10	200m:	2:46.46		285
32.	50m:	37.21	37.21	2010		100m:	1:22.55	45.34	150m:	2:08.31	45.76	200m:	2:47.24		281
33.	50m:	37.75	37.75	2010		100m:	1:21.39	43.64	150m:	2:11.90	50.51	200m:	2:48.52		275
34.	50m:	38.17	38.17	2010		100m:	1:22.76	44.59	150m:	2:11.64	48.88	200m:	2:48.78		274
35.	50m:	38.96	38.96	2010		100m:	1:21.57	42.61	150m:	2:12.80	51.23	200m:	2:51.36		261
36.	50m:	37.77	37.77	2010		100m:	1:22.28	44.51	150m:	2:14.78	52.50	200m:	2:53.79		251
37.	50m:	37.44	37.44	2010		100m:	1:22.92	45.48	150m:	2:16.22	53.30	200m:	2:55.30		244
DSQ				2009											
DSQ				2009											
DNS				2010											

29 , 400m 2011 - 2012
 05.11.2023 - 11:45

: FINA 2023

1.	50m:	33.54	33.54	2011		150m:	1:44.32	35.69	250m:	2:55.83	35.78	350m:	4:42.94		546
	100m:	1:08.63	35.09	200m:		200m:	2:20.05	35.73	300m:	3:31.36	35.53	400m:	4:42.94		34.85
2.	50m:	33.33	33.33	2011		150m:	1:44.06	35.77	250m:	2:56.80	36.28	350m:	4:43.38		543
	100m:	1:08.29	34.96	200m:		200m:	2:20.52	36.46	300m:	3:33.52	36.72	400m:	4:43.38		33.86
3.	50m:	33.81	33.81	2011		150m:	1:45.22	36.14	250m:	2:59.03	37.06	350m:	4:51.14		501
	100m:	1:09.08	35.27	200m:		200m:	2:21.97	36.75	300m:	3:36.57	37.54	400m:	4:51.14		37.03
4.	50m:	34.82	34.82	2011		150m:	1:51.28	38.52	250m:	3:07.99	37.94	350m:	5:02.57		446
	100m:	1:12.76	37.94	200m:		200m:	2:30.05	38.77	300m:	3:47.16	39.17	400m:	5:02.57		36.77

" (25 .)

ALT- TIMING

29, , 400m						2011 - 2012					
5.				2011				"	"	5:03.20	443
	50m:	34.32	34.32	150m:	1:48.89	37.89	250m:	3:06.93	39.08	350m:	4:25.30 38.95
	100m:	1:11.00	36.68	200m:	2:27.85	38.96	300m:	3:46.35	39.42	400m:	5:03.20 37.90
6.				2011				"	"	5:08.47	421
	50m:	34.92	34.92	150m:	1:51.46	38.77	250m:	3:08.69	38.34	350m:	4:28.79 39.98
	100m:	1:12.69	37.77	200m:	2:30.35	38.89	300m:	3:48.81	40.12	400m:	5:08.47 39.68
7.				2012				,		5:11.12	410
	50m:	35.31	35.31	200m:	2:35.62	1:20.93	400m:	5:11.12	1:15.74		
	100m:	1:14.69	39.38	300m:	3:55.38	1:19.76					
8.				2011				,		5:11.54	409
	50m:	35.29	35.29	200m:	2:29.35	1:16.84	400m:	5:11.54	1:21.27		
	100m:	1:12.51	37.22	300m:	3:50.27	1:20.92					
9.				2011				,		5:14.07	399
	50m:	34.61	34.61	150m:	1:54.58	40.77	250m:	3:16.31	41.17	350m:	4:37.08 40.20
	100m:	1:13.81	39.20	200m:	2:35.14	40.56	300m:	3:56.88	40.57	400m:	5:14.07 36.99
10.				2011				,	"	"	5:14.09 399
	50m:	35.60	35.60	150m:	1:52.35	39.01	250m:	3:12.99	40.28	350m:	4:34.13 40.60
	100m:	1:13.34	37.74	200m:	2:32.71	40.36	300m:	3:53.53	40.54	400m:	5:14.09 39.96
11.				2011				,	-19		5:14.75 396
	50m:	34.81	34.81	200m:	2:32.94	1:19.94	400m:	5:14.75	1:21.54		
	100m:	1:13.00	38.19	300m:	3:53.21	1:20.27					
12.				2011				,	"	"	5:14.97 396
	50m:	36.47	36.47	200m:	2:35.14	1:19.69	400m:	5:14.97	1:18.75		
	100m:	1:15.45	38.98	300m:	3:56.22	1:21.08					
13.				2012				,	"	"	5:20.45 376
	50m:	36.73	36.73	200m:	2:36.86	1:20.91	400m:	5:20.45	1:21.44		
	100m:	1:15.95	39.22	300m:	3:59.01	1:22.15					
14.				2012				,			5:21.65 371
	50m:	34.64	34.64	150m:	1:55.92	41.96	250m:	3:17.67	41.08	350m:	4:41.59 42.51
	100m:	1:13.96	39.32	200m:	2:36.59	40.67	300m:	3:59.08	41.41	400m:	5:21.65 40.06
15.				2012				-	,		5:21.81 371
	50m:	37.12	37.12	200m:	2:38.82	1:21.51	400m:	5:21.81	1:20.27		
	100m:	1:17.31	40.19	300m:	4:01.54	1:22.72					
16.				2011				,			5:25.05 360
	50m:	35.77	35.77	150m:	1:57.16	41.25	250m:	3:21.04	41.75	350m:	4:45.12 41.92
	100m:	1:15.91	40.14	200m:	2:39.29	42.13	300m:	4:03.20	42.16	400m:	5:25.05 39.93
17.				2011				,	"	"	5:26.56 355
	50m:	37.42	37.42	200m:	2:42.49	1:23.94	400m:	5:26.56	1:20.96		
	100m:	1:18.55	41.13	300m:	4:05.60	1:23.11					
18.				2011				,	4		5:26.82 354
	50m:	36.54	36.54	200m:	2:42.11	1:24.26	400m:	5:26.82	1:21.17		
	100m:	1:17.85	41.31	300m:	4:05.65	1:23.54					
19.				2011				,	"	"	5:27.72 351
	50m:	37.72	37.72	200m:	2:43.47	1:24.42	400m:	5:27.72	1:20.67		
	100m:	1:19.05	41.33	300m:	4:07.05	1:23.58					
20.				2012				,			5:27.99 350
	50m:	37.34	37.34	150m:	2:00.30	41.84	250m:	3:24.48	42.07	350m:	4:47.98 41.23
	100m:	1:18.46	41.12	200m:	2:42.41	42.11	300m:	4:06.75	42.27	400m:	5:27.99 40.01

"(25 .)

(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

29,		, 400m				2011 - 2012					
21.				2012				4		5:29.06	347
	50m:	37.00	37.00	200m:	2:41.81	1:23.99	400m:	5:29.06	1:22.98		
	100m:	1:17.82	40.82	300m:	4:06.08	1:24.27					
22.				2012						5:29.08	347
	50m:	37.83	37.83	150m:	2:01.10	41.59	250m:	3:25.02	41.15	350m:	4:48.87 40.92
	100m:	1:19.51	41.68	200m:	2:43.87	42.77	300m:	4:07.95	42.93	400m:	5:29.08 40.21
23.				2011						5:29.59	345
	50m:	37.50	37.50	200m:	2:42.62	1:24.31	400m:	5:29.59	1:22.42		
	100m:	1:18.31	40.81	300m:	4:07.17	1:24.55					
24.				2011				"	"	5:30.16	343
	50m:	36.86	36.86	150m:	1:59.27	41.20	250m:	3:23.92	42.38	350m:	4:48.30 42.32
	100m:	1:18.07	41.21	200m:	2:41.54	42.27	300m:	4:05.98	42.06	400m:	5:30.16 41.86
25.				2011				4		5:33.04	334
	50m:	39.22	39.22	150m:	2:04.50	43.04	250m:	3:29.69	42.87	350m:	4:53.57 41.65
	100m:	1:21.46	42.24	200m:	2:46.82	42.32	300m:	4:11.92	42.23	400m:	5:33.04 39.47
26.				2011				"	"	5:33.27	334
	50m:	36.30	36.30	200m:	2:44.90	1:26.14	400m:	5:33.27	1:22.28		
	100m:	1:18.76	42.46	300m:	4:10.99	1:26.09					
27.				2011				"	"	5:34.63	330
	50m:	38.62	38.62	150m:	2:02.32	42.80	250m:	3:28.83	42.68	350m:	4:54.55 42.26
	100m:	1:19.52	40.90	200m:	2:46.15	43.83	300m:	4:12.29	43.46	400m:	5:34.63 40.08
28.				2012				"	"	5:34.85	329
	50m:	39.56	39.56	150m:	2:04.31	42.81	250m:	3:30.53	42.79	350m:	4:55.07 41.61
	100m:	1:21.50	41.94	200m:	2:47.74	43.43	300m:	4:13.46	42.93	400m:	5:34.85 39.78
29.				2012				"	"	5:34.87	329
	50m:	37.50	37.50	200m:	2:45.75	1:25.77	400m:	5:34.87	1:23.74		
	100m:	1:19.98	42.48	300m:	4:11.13	1:25.38					
30.				2011						5:35.10	328
	50m:	39.61	39.61	150m:	2:05.28	43.08	250m:	3:30.77	42.36	350m:	4:54.85 41.47
	100m:	1:22.20	42.59	200m:	2:48.41	43.13	300m:	4:13.38	42.61	400m:	5:35.10 40.25
31.				2011				"	"	5:36.03	326
	50m:	38.81	38.81	200m:	2:48.80	1:27.40	400m:	5:36.03	1:22.04		
	100m:	1:21.40	42.59	300m:	4:13.99	1:25.19					
32.				2011				"	"	5:36.57	324
	50m:	36.95	36.95	150m:	2:01.04	42.37	250m:	3:26.55	42.65	350m:	4:53.72 44.24
	100m:	1:18.67	41.72	200m:	2:43.90	42.86	300m:	4:09.48	42.93	400m:	5:36.57 42.85
33.				2012				"	"	5:38.60	318
	50m:	38.01	38.01	200m:	2:46.28	1:27.13	400m:	5:38.60	1:25.44		
	100m:	1:19.15	41.14	300m:	4:13.16	1:26.88					
34.				2011				"	"	5:44.42	302
	50m:	38.47	38.47	200m:	2:49.16	1:27.70	400m:	5:44.42	1:27.01		
	100m:	1:21.46	42.99	300m:	4:17.41	1:28.25					
35.				2012				"	"	5:57.06	271
	50m:	40.32	40.32	200m:	2:55.87	1:31.05	400m:	5:57.06	1:29.69		
	100m:	1:24.82	44.50	300m:	4:27.37	1:31.50					
36.				2012				"	"	6:03.12	258
	50m:	40.72	40.72	200m:	2:59.76	1:27.67	400m:	6:03.12	1:29.47		
	100m:	1:32.09	51.37	300m:	4:33.65	1:33.89					

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

30 , 400m 2009 - 2010
 05.11.2023 - 12:15

: FINA 2023

1.			2009			,	-19			4:11.86	I	598		
	50m:	29.80	29.80	150m:	1:34.18	32.57	250m:	2:38.02	31.72	350m:	3:42.74	32.13		
	100m:	1:01.61	31.81	200m:	2:06.30	32.12	300m:	3:10.61	32.59	400m:	4:11.86	29.12		
2.			2009			,	"	"			4:11.92	I	598	
	50m:	29.92	29.92	150m:	1:34.24	32.34	250m:	2:38.20	32.14	350m:	3:42.46	32.00		
	100m:	1:01.90	31.98	200m:	2:06.06	31.82	300m:	3:10.46	32.26	400m:	4:11.92	29.46		
3.			2009	I			,	"	"			4:21.93	I	532
	50m:	30.72	30.72	150m:	1:36.94	33.28	250m:	2:42.82	33.09	350m:	3:48.91	33.27		
	100m:	1:03.66	32.94	200m:	2:09.73	32.79	300m:	3:15.64	32.82	400m:	4:21.93	33.02		
4.			2009	I			,					4:24.48	I	516
	50m:	28.48	28.48	150m:	1:34.90	33.91	250m:	2:43.31	34.25	350m:	3:52.01	34.28		
	100m:	1:00.99	32.51	200m:	2:09.06	34.16	300m:	3:17.73	34.42	400m:	4:24.48	32.47		
5.			2009	I			,	-19			4:25.38	I	511	
	50m:	30.60	30.60	150m:	1:36.68	33.25	250m:	2:43.19	33.21	350m:	3:51.13	33.97		
	100m:	1:03.43	32.83	200m:	2:09.98	33.30	300m:	3:17.16	33.97	400m:	4:25.38	34.25		
6.			2010	I			,	"	"			4:28.15	II	495
	50m:	30.78	30.78	150m:	1:38.39	34.09	250m:	2:46.69	34.07	350m:	3:56.33	34.95		
	100m:	1:04.30	33.52	200m:	2:12.62	34.23	300m:	3:21.38	34.69	400m:	4:28.15	31.82		
7.			2009	II			,					4:29.05	II	490
	50m:	30.88	30.88	150m:	1:38.11	34.24	250m:	2:47.04	34.40	350m:	3:55.59	34.37		
	100m:	1:03.87	32.99	200m:	2:12.64	34.53	300m:	3:21.22	34.18	400m:	4:29.05	33.46		
8.			2009	II			,	"	"			4:30.61	II	482
	50m:	30.74	30.74	150m:	1:38.37	34.13	250m:	2:47.44	34.70	350m:	3:57.71	34.82		
	100m:	1:04.24	33.50	200m:	2:12.74	34.37	300m:	3:22.89	35.45	400m:	4:30.61	32.90		
9.			2009	II			,	"	"			4:33.02	II	469
	50m:	31.02	31.02	150m:	1:38.47	34.14	250m:	2:48.09	35.08	350m:	3:58.79	35.43		
	100m:	1:04.33	33.31	200m:	2:13.01	34.54	300m:	3:23.36	35.27	400m:	4:33.02	34.23		
10.			2009	I			,	"	"			4:34.21	II	463
	50m:	30.06	30.06	150m:	1:38.41	34.92	250m:	2:49.47	35.54	350m:	4:00.22	35.20		
	100m:	1:03.49	33.43	200m:	2:13.93	35.52	300m:	3:25.02	35.55	400m:	4:34.21	33.99		
11.			2009	II			,	"	"			4:34.46	II	462
	100m:	1:05.44	1:05.44	200m:	2:14.88	1:09.44	300m:	3:24.94	1:10.06	400m:	4:34.46	1:09.52		
12.			2009	I			,					4:34.76	II	460
	50m:	31.82	31.82	150m:	1:38.70	33.60	250m:	2:48.61	35.17	350m:	3:59.89	35.84		
	100m:	1:05.10	33.28	200m:	2:13.44	34.74	300m:	3:24.05	35.44	400m:	4:34.76	34.87		
13.			2010	II			,	"	"			4:34.97	II	459
	50m:	31.33	31.33	150m:	1:40.56	35.54	250m:	2:51.08	35.58	350m:	4:01.14	35.19		
	100m:	1:05.02	33.69	200m:	2:15.50	34.94	300m:	3:25.95	34.87	400m:	4:34.97	33.83		
14.			2009	II			,	-19			4:35.03	II	459	
	100m:	1:05.31	1:05.31	200m:	2:16.72	1:11.41	300m:	3:26.59	1:09.87	400m:	4:35.03	1:08.44		
15.			2009	II			,					4:35.39	II	457
	100m:	1:05.77	1:05.77	200m:	2:15.99	1:10.22	300m:	3:26.12	1:10.13	400m:	4:35.39	1:09.27		
16.			2009	II			,	"	"			4:37.57	II	447
	100m:	1:05.46	1:05.46	200m:	2:14.96	1:09.50	300m:	3:26.48	1:11.52	400m:	4:37.57	1:11.09		

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(25)
 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
 , 03.11 - 05.11.2023 .

30,		, 400m				2009 - 2010									
17.	100m:	1:05.06	1:05.06	2009		200m:	2:15.07	1:10.01	300m:	3:26.90	1:11.83	400m:	4:37.76		446
18.	50m:	31.82	31.82	2009		150m:	1:41.87	35.09	250m:	2:52.45	34.74	350m:	4:37.80		446
	100m:	1:06.78	34.96	200m:		200m:	2:17.71	35.84	300m:	3:27.83	35.38	400m:	4:37.80		33.80
19.	50m:	31.86	31.86	2009		150m:	1:42.47	35.19	250m:	2:53.51	35.45	350m:	4:37.96		445
	100m:	1:07.28	35.42	200m:		200m:	2:18.06	35.59	300m:	3:29.41	35.90	400m:	4:37.96		32.96
20.	100m:	1:07.20	1:07.20	2009		200m:	2:19.22	1:12.02	300m:	3:30.26	1:11.04	400m:	4:39.20		439
21.	50m:	31.51	31.51	2009		150m:	1:41.13	35.69	250m:	2:53.28	36.00	350m:	4:39.25		439
	100m:	1:05.44	33.93	200m:		200m:	2:17.28	36.15	300m:	3:29.27	35.99	400m:	4:39.25		34.55
22.	50m:	31.68	31.68	2009		150m:	1:43.23	36.51	250m:	2:54.92	35.77	350m:	4:39.40		438
	100m:	1:06.72	35.04	200m:		200m:	2:19.15	35.92	300m:	3:30.48	35.56	400m:	4:39.40		33.50
23.	100m:	1:06.28	1:06.28	2010		200m:	2:17.87	1:11.59	300m:	3:29.65	1:11.78	400m:	4:39.76		436
24.	50m:	31.42	31.42	2009		150m:	1:39.98	34.71	250m:	2:51.32	35.75	350m:	4:40.68		432
	100m:	1:05.27	33.85	200m:		200m:	2:15.57	35.59	300m:	3:27.89	36.57	400m:	4:40.68		35.59
25.	50m:	33.67	33.67	2009		150m:	1:45.30	36.17	250m:	2:57.04	35.68	350m:	4:41.37		429
	100m:	1:09.13	35.46	200m:		200m:	2:21.36	36.06	300m:	3:32.36	35.32	400m:	4:41.37		33.81
26.	50m:	32.59	32.59	2010		150m:	1:44.17	36.34	250m:	2:55.98	35.73	350m:	4:44.52		415
	100m:	1:07.83	35.24	200m:		200m:	2:20.25	36.08	300m:	3:32.14	36.16	400m:	4:44.52		35.64
27.	100m:	1:09.36	1:09.36	2009		200m:	2:21.78	1:12.42	300m:	3:34.21	1:12.43	400m:	4:45.57		410
28.	50m:	31.45	31.45	2010		150m:	1:41.55	35.64	250m:	2:55.34	37.31	350m:	4:47.19		403
	100m:	1:05.91	34.46	200m:		200m:	2:18.03	36.48	300m:	3:32.84	37.50	400m:	4:47.19		36.62
29.	100m:	1:08.50	1:08.50	2010		200m:	2:22.92	1:14.42	300m:	3:37.05	1:14.13	400m:	4:47.62		401
30.	100m:	1:07.49	1:07.49	2009		200m:	2:21.36	1:13.87	300m:	3:35.68	1:14.32	400m:	4:48.38		398
31.	50m:	33.02	33.02	2009		150m:	1:47.06	37.20	250m:	3:00.29	36.63	350m:	4:48.87		396
	100m:	1:09.86	36.84	200m:		200m:	2:23.66	36.60	300m:	3:36.49	36.20	400m:	4:48.87		35.96
32.	100m:	1:07.49	1:07.49	2009		200m:	2:20.17	1:12.68	300m:	3:34.70	1:14.53	400m:	4:49.67		393
33.	100m:	1:07.06	1:07.06	2009		200m:	2:21.00	1:13.94	300m:	3:36.00	1:15.00	400m:	4:49.88		392
34.	100m:	1:08.98	1:08.98	2010		200m:	2:23.12	1:14.14	300m:	3:37.98	1:14.86	400m:	4:49.98		392

"(25 .)

30,		, 400m				2009 - 2010					
35.				2010				"	"	4:50.07	391
	50m:	33.19	33.19	150m:	1:45.21	36.61	250m:	2:59.51	37.15	350m:	4:14.79 38.06
	100m:	1:08.60	35.41	200m:	2:22.36	37.15	300m:	3:36.73	37.22	400m:	4:50.07 35.28
36.				2009						4:50.44	390
	100m:	1:08.64	1:08.64	200m:	2:22.30	1:13.66	300m:	3:38.25	1:15.95	400m:	4:50.44 1:12.19
37.				2009						4:51.51	385
	100m:	1:06.07	1:06.07	200m:	2:20.31	1:14.24	300m:	3:36.78	1:16.47	400m:	4:51.51 1:14.73
38.				2010						4:51.92	384
	50m:	32.73	32.73	150m:	1:44.95	37.09	250m:	2:59.42	37.47	350m:	4:14.64 38.02
	100m:	1:07.86	35.13	200m:	2:21.95	37.00	300m:	3:36.62	37.20	400m:	4:51.92 37.28
39.				2009						4:52.01	384
	100m:	1:07.85	1:07.85	200m:	2:23.29	1:15.44	300m:	3:37.90	1:14.61	400m:	4:52.01 1:14.11
40.				2010						4:52.22	383
	50m:	34.04	34.04	150m:	1:48.14	37.61	250m:	3:04.40	37.85	350m:	4:16.36 36.12
	100m:	1:10.53	36.49	200m:	2:26.55	38.41	300m:	3:40.24	35.84	400m:	4:52.22 35.86
41.				2009	2					4:52.86	380
	50m:	34.17	34.17	150m:	1:48.81	38.00	250m:	3:04.68	37.87	350m:	4:19.25 36.96
	100m:	1:10.81	36.64	200m:	2:26.81	38.00	300m:	3:42.29	37.61	400m:	4:52.86 33.61
42.				2010						4:54.09	375
	100m:	1:12.52	1:12.52	200m:	2:28.03	1:15.51	300m:	3:42.40	1:14.37	400m:	4:54.09 1:11.69
43.				2009						4:54.19	375
	50m:	33.82	33.82	150m:	1:47.26	36.84	250m:	3:01.14	37.03	350m:	4:17.25 38.45
	100m:	1:10.42	36.60	200m:	2:24.11	36.85	300m:	3:38.80	37.66	400m:	4:54.19 36.94
44.				2009						4:54.22	375
	50m:	35.14	35.14	150m:	1:47.43	36.44	250m:	3:01.97	37.35	350m:	4:16.69 37.43
	100m:	1:10.99	35.85	200m:	2:24.62	37.19	300m:	3:39.26	37.29	400m:	4:54.22 37.53
45.				2010						4:54.55	374
	100m:	1:10.55	1:10.55	200m:	2:24.48	1:13.93	300m:	3:39.94	1:15.46	400m:	4:54.55 1:14.61
46.				2009						4:54.65	373
	100m:	1:07.05	1:07.05	200m:	2:22.02	1:14.97	300m:	3:38.93	1:16.91	400m:	4:54.65 1:15.72
47.				2009						4:55.12	372
	50m:	33.39	33.39	150m:	1:47.52	37.48	250m:	3:03.86	38.50	350m:	4:20.01 38.05
	100m:	1:10.04	36.65	200m:	2:25.36	37.84	300m:	3:41.96	38.10	400m:	4:55.12 35.11
48.				2009						4:55.57	370
	50m:	34.44	34.44	150m:	1:47.79	37.15	250m:	3:03.49	37.88	350m:	4:19.44 38.32
	100m:	1:10.64	36.20	200m:	2:25.61	37.82	300m:	3:41.12	37.63	400m:	4:55.57 36.13
49.				2010						4:56.19	367
	100m:	1:09.40	1:09.40	200m:	2:24.32	1:14.92	300m:	3:41.30	1:16.98	400m:	4:56.19 1:14.89
50.				2010						4:56.36	367
	100m:	1:10.54	1:10.54	200m:	2:25.93	1:15.39	300m:	3:42.15	1:16.22	400m:	4:56.36 1:14.21
51.				2010						4:56.71	366
	100m:	1:10.84	1:10.84	200m:	2:25.27	1:14.43	300m:	3:40.84	1:15.57	400m:	4:56.71 1:15.87
52.				2009						4:56.72	366
	50m:	34.29	34.29	150m:	1:49.70	37.80	250m:	3:04.77	37.42	350m:	4:20.31 37.86
	100m:	1:11.90	37.61	200m:	2:27.35	37.65	300m:	3:42.45	37.68	400m:	4:56.72 36.41

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 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
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30,		, 400m				2009 - 2010					
53.				2010							
	50m:	35.09	35.09	150m:	1:49.08	37.49	250m:	3:04.63	37.67	350m:	4:20.53
	100m:	1:11.59	36.50	200m:	2:26.96	37.88	300m:	3:42.63	38.00	400m:	4:57.15
											364
											4:57.15
54.				2009							
	50m:	32.65	32.65	150m:	1:46.06	37.72	250m:	3:01.76	38.23	350m:	4:19.04
	100m:	1:08.34	35.69	200m:	2:23.53	37.47	300m:	3:40.45	38.69	400m:	4:57.21
											364
											4:57.21
55.				2009							
	100m:	1:08.51	1:08.51	200m:	2:23.98	1:15.47	300m:	3:41.00	1:17.02	400m:	4:57.24
											364
											1:16.24
56.				2010							
	50m:	33.05	33.05	150m:	1:48.18	38.46	250m:	3:04.94	38.56	350m:	4:21.55
	100m:	1:09.72	36.67	200m:	2:26.38	38.20	300m:	3:43.51	38.57	400m:	4:57.82
											361
											4:57.82
57.				2010							
	50m:	33.74	33.74	150m:	1:48.68	37.30	250m:	3:05.18	38.24	350m:	4:21.15
	100m:	1:11.38	37.64	200m:	2:26.94	38.26	300m:	3:43.44	38.26	400m:	4:57.90
											361
											4:57.90
58.				2009							
	100m:	1:10.73	1:10.73	200m:	2:27.65	1:16.92	300m:	3:45.42	1:17.77	400m:	4:58.24
											360
											1:12.82
59.				2010							
	100m:	1:09.68	1:09.68	200m:	2:26.40	1:16.72	300m:	3:43.20	1:16.80	400m:	4:58.28
											360
											1:15.08
60.				2009							
	100m:	1:11.09	1:11.09	200m:	2:26.45	1:15.36	300m:	3:42.72	1:16.27	400m:	4:58.41
											359
											1:15.69
61.				2010							
	100m:	1:10.66	1:10.66	200m:	2:26.47	1:15.81	300m:	3:43.80	1:17.33	400m:	4:59.24
											356
											1:15.44
62.				2010							
	50m:	32.98	32.98	150m:	1:48.83	38.00	250m:	3:05.70	38.45	350m:	4:22.21
	100m:	1:10.83	37.85	200m:	2:27.25	38.42	300m:	3:44.28	38.58	400m:	4:59.89
											354
											4:59.89
63.				2009							
	100m:	1:10.51	1:10.51	200m:	2:26.93	1:16.42	300m:	3:43.95	1:17.02	400m:	4:59.91
											354
											1:15.96
64.				2010							
	100m:	1:10.95	1:10.95	200m:	2:27.80	1:16.85	300m:	3:45.16	1:17.36	400m:	5:00.21
											353
											1:15.05
65.				2009							
	100m:	1:12.89	1:12.89	200m:	2:29.99	1:17.10	300m:	3:47.62	1:17.63	400m:	5:00.33
											352
											1:12.71
66.				2009							
	100m:	1:12.44	1:12.44	200m:	2:29.07	1:16.63	300m:	3:46.94	1:17.87	400m:	5:00.54
											352
											1:13.60
67.				2010							
	50m:	34.15	34.15	150m:	1:50.31	38.26	250m:	3:07.85	39.17	350m:	4:25.07
	100m:	1:12.05	37.90	200m:	2:28.68	38.37	300m:	3:46.84	38.99	400m:	5:00.83
											351
											4:25.07
68.				2010							
	50m:	34.49	34.49	150m:	1:50.64	38.47	250m:	3:08.13	39.09	350m:	4:24.92
	100m:	1:12.17	37.68	200m:	2:29.04	38.40	300m:	3:46.73	38.60	400m:	5:01.28
											349
											4:24.92
69.				2010							
	50m:	34.63	34.63	150m:	1:49.76	38.16	250m:	3:06.52	38.45	350m:	4:24.03
	100m:	1:11.60	36.97	200m:	2:28.07	38.31	300m:	3:45.38	38.86	400m:	5:01.65
											348
											4:24.03
70.				2010							
	50m:	33.31	33.31	150m:	1:49.38	38.57	250m:	3:07.05	39.43	350m:	4:26.36
	100m:	1:10.81	37.50	200m:	2:27.62	38.24	300m:	3:46.56	39.51	400m:	5:04.81
											337
											4:26.36

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 13-14 (2009-2010 . .), 11-12 (2011-2012 . .)
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30,		, 400m				2009 - 2010					
71.				2009	II			"	"	5:05.98	III 333
	50m:	34.66	34.66	150m:	1:51.90	38.94	250m:	3:09.94	39.23	350m:	4:27.78 38.36
	100m:	1:12.96	38.30	200m:	2:30.71	38.81	300m:	3:49.42	39.48	400m:	5:05.98 38.20
72.				2009	II			-19		5:06.64	III 331
	100m:	1:11.95	1:11.95	200m:	2:29.39	1:17.44	300m:	3:48.96	1:19.57	400m:	5:06.64 1:17.68
73.				2009	II			"	"	5:06.89	III 330
	50m:	35.33	35.33	150m:	1:50.46	37.68	250m:	3:07.61	38.71	350m:	4:27.58 40.25
	100m:	1:12.78	37.45	200m:	2:28.90	38.44	300m:	3:47.33	39.72	400m:	5:06.89 39.31
74.				2010	II			4		5:07.32	III 329
	100m:	1:15.52	1:15.52	200m:	2:34.88	1:19.36	300m:	3:53.01	1:18.13	400m:	5:07.32 1:14.31
75.				2009	II					5:07.83	III 327
	50m:	34.37	34.37	150m:	1:50.58	38.80	250m:	3:09.22	39.63	350m:	4:29.93 40.80
	100m:	1:11.78	37.41	200m:	2:29.59	39.01	300m:	3:49.13	39.91	400m:	5:07.83 37.90
76.				2009	II					5:09.40	III 322
	100m:	1:14.80	1:14.80	200m:	2:33.72	1:18.92	300m:	3:53.78	1:20.06	400m:	5:09.40 1:15.62
77.				2009	III					5:10.10	III 320
	100m:	1:12.39	1:12.39	200m:	2:32.12	1:19.73	300m:	3:52.18	1:20.06	400m:	5:10.10 1:17.92
78.				2009	II			"	"	5:10.78	III 318
	50m:	34.22	34.22	150m:	1:52.10	39.59	250m:	3:12.16	39.53	350m:	4:32.23 39.98
	100m:	1:12.51	38.29	200m:	2:32.63	40.53	300m:	3:52.25	40.09	400m:	5:10.78 38.55
79.				2009	II					5:10.98	III 317
	100m:	1:10.51	1:10.51	200m:	2:29.72	1:19.21	300m:	3:50.30	1:20.58	400m:	5:10.98 1:20.68
80.				2009	II			"	"	5:11.32	III 316
	100m:	1:13.27	1:13.27	200m:	2:31.03	1:17.76	300m:	3:50.41	1:19.38	400m:	5:11.32 1:20.91
81.				2010	II			-19		5:11.73	III 315
	50m:	33.94	33.94	150m:	1:51.36	39.26	250m:	3:11.08	40.39	350m:	4:32.09 39.96
	100m:	1:12.10	38.16	200m:	2:30.69	39.33	300m:	3:52.13	41.05	400m:	5:11.73 39.64
82.				2010	III			-19		5:12.07	III 314
	100m:	1:15.48	1:15.48	200m:	2:35.48	1:20.00	300m:	3:54.56	1:19.08	400m:	5:12.07 1:17.51
83.				2010	III			-19		5:12.49	III 313
	50m:	35.89	35.89	150m:	1:55.07	39.89	250m:	3:14.62	40.24	350m:	4:33.56 39.37
	100m:	1:15.18	39.29	200m:	2:34.38	39.31	300m:	3:54.19	39.57	400m:	5:12.49 38.93
84.				2010	III			-19		5:12.95	III 311
	100m:	1:14.51	1:14.51	200m:	2:35.06	1:20.55	300m:	3:55.32	1:20.26	400m:	5:12.95 1:17.63
85.				2010	II			"	"	5:12.97	III 311
	50m:	34.85	34.85	150m:	1:53.69	40.78	250m:	3:15.10	41.18	350m:	4:34.94 40.20
	100m:	1:12.91	38.06	200m:	2:33.92	40.23	300m:	3:54.74	39.64	400m:	5:12.97 38.03
86.				2010	II			4		5:13.23	III 311
	50m:	35.89	35.89	150m:	1:53.41	38.89	250m:	3:14.14	40.48	350m:	4:33.87 39.54
	100m:	1:14.52	38.63	200m:	2:33.66	40.25	300m:	3:54.33	40.19	400m:	5:13.23 39.36
87.				2009	II					5:13.89	III 309
	50m:	35.90	35.90	150m:	1:53.88	39.56	250m:	3:13.71	39.72	350m:	4:34.83 40.21
	100m:	1:14.32	38.42	200m:	2:33.99	40.11	300m:	3:54.62	40.91	400m:	5:13.89 39.06
88.				2009	II			-		5:13.99	III 308
	100m:	1:15.33	1:15.33	200m:	2:35.71	1:20.38	300m:	3:55.41	1:19.70	400m:	5:13.99 1:18.58

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 , 03.11 - 05.11.2023 .

30,		, 400m				2009 - 2010					
89.				2010	II			,	"	"	5:14.94 III 306
	100m:	1:15.84	1:15.84	200m:	2:37.13	1:21.29	300m:	3:56.58	1:19.45	400m:	5:14.94 1:18.36
90.				2010	III			,	"	"	5:15.30 III 305
	50m:	35.92	35.92	150m:	1:57.25	40.76	250m:	3:18.37	40.38	350m:	4:38.26 39.68
	100m:	1:16.49	40.57	200m:	2:37.99	40.74	300m:	3:58.58	40.21	400m:	5:15.30 37.04
91.				2009	II			,	"	"	5:15.93 III 303
92.				2010	II			,	"	"	5:16.10 III 302
	50m:	35.06	35.06	150m:	1:54.34	41.21	250m:	3:17.60	41.73	350m:	4:39.92 41.27
	100m:	1:13.13	38.07	200m:	2:35.87	41.53	300m:	3:58.65	41.05	400m:	5:16.10 36.18
93.				2010	II			,	"	"	5:16.17 III 302
	100m:	1:13.44	1:13.44	200m:	2:34.23	1:20.79	300m:	3:56.05	1:21.82	400m:	5:16.17 1:20.12
94.				2010	II			,	"	"	5:17.69 III 298
	50m:	32.58	32.58	150m:	1:48.32	39.17	250m:	3:11.28	42.73	350m:	4:36.06 42.20
	100m:	1:09.15	36.57	200m:	2:28.55	40.23	300m:	3:53.86	42.58	400m:	5:17.69 41.63
95.				2010	II			,	"	"	5:23.22 III 283
	100m:	1:14.04	1:14.04	200m:	2:35.90	1:21.86	300m:	3:59.27	1:23.37	400m:	5:23.22 1:23.95
96.				2009	III			,	"	"	5:26.78 III 274
	100m:	1:15.71	1:15.71	200m:	2:39.39	1:23.68	300m:	4:05.55	1:26.16	400m:	5:26.78 1:21.23
97.				2010	III			,	"	"	5:28.16 III 270
	50m:	37.87	37.87	150m:	2:00.24	41.65	250m:	3:24.54	42.08	350m:	4:47.76 41.07
	100m:	1:18.59	40.72	200m:	2:42.46	42.22	300m:	4:06.69	42.15	400m:	5:28.16 40.40
98.				2009	III			,	"	"	5:34.43 III 255
	50m:	36.67	36.67	150m:	2:00.11	42.50	250m:	3:27.83	43.86	350m:	4:53.78 42.81
	100m:	1:17.61	40.94	200m:	2:43.97	43.86	300m:	4:10.97	43.14	400m:	5:34.43 40.65
DNS				2009	II			,	"	"	
DNS				2010	III			,	"	"	