

,06-08.12.2019 .

1
06.12.2019 - 10:00

, 50m

13

		31.15			28.11.2008
II	9 +: 40.25 / 14 +: 30.62	I	9 +: 36.15 /	10 +: 34.45 /	12 +: 32.65 /
1.	,	2003	,	" "	33.49 620
2.	,	1999	,	" "	33.60 614
3.	,	2000	,		34.30 577
4.	,	2005	,		34.62 561
5.	,	2003	,	" "	34.68 558
6.	,	2004	,	19	34.72 556
7.	,	2004	,		35.00 543
8.	,	2006 I	,	1	35.24 532
9.	,	2004 I	,	" "	35.34 527
10.	,	2004	,	" "	35.40 525
11.	,	2001	,	" "	35.74 510
12.	,	2002	,	" "	36.21 490
13.	,	2004 I	,	" "	36.39 483
	,	1999	,		36.39 483
15.	,	2006 I	,	" "	36.45 481
16.	,	2006 I	,	1	36.50 479
17.	,	2006 I	,	" "	36.64 473
18.	,	2005	,	" "	36.77 468
19.	,	2006 I	,	1	36.86 465
20.	,	2005	,	19	36.90 463
21.	,	2006 I	,		36.91 463
22.	,	2004 I	,	" "	37.09 456
23.	,	2006 II	,	" "	37.13 455
24.	,	2005 I	,	" "	37.22 451
25.	,	2003 I	,	" "	37.38 446
26.	,	2004 I	,	" "	37.47 442
27.	,	2005 I	,	4	37.55 439
28.	,	2005 I	,	" "	37.57 439
29.	,	2006 II	,	" "	37.58 438
30.	,	2004 I	,	19	37.67 435
31.	,	2006 I	,	" "	37.68 435
32.	,	2003 I	,		37.90 427
33.	,	2005 II	,	" "	38.05 422
34.	,	2006 I	,	" "	38.10 421
35.	,	2006 I	,	" "	38.13 420
36.	,	2006 I	,	" "	38.22 417
37.	,	2005 I	,	" "	38.23 416
38.	,	2005 II	,	" "	38.38 412
39.	,	2005 II	,	" "	38.45 409
40.	,	2006 II	,	" "	38.63 404
41.	,	2006 II	,	" "	38.78 399
42.	,	2005 II	,	" "	39.00 392
43.	,	2005 I	,	" "	39.02 392
44.	,	2001	,	" "	39.05 391
45.	,	2001	,	" "	39.25 385
46.	,	2005 I	,	" "	39.43 380
47.	,	2005 I	,	" "	39.48 378
48.	,	2004	,	4	39.82 368
49.	,	2006 II	,	" "	40.20 358
	,	2005 II	,	" "	40.20 358

: FINA 2019

,06-08.12.2019 .

1, , 50m , 13

51.	,	2006 I	,	" "	40.38	353
52.	,	2003 II	,	" "	40.64	347
53.	,	2006 I	,	19	40.67	346
54.	,	2006 I	,	" "	40.87	341
55.	,	2005 I	,	" "	41.06	336
56.	,	2005 II	,	" "	41.31	330
57.	,	2006 II	,	" "	41.41	328
58.	,	2006 I	,	" "	42.81	296
59.	,	2003 I	,	" "	44.02	273
60.	,	2006 I	,	" "	44.40	266
DSQ	,	2005 II	,	" "		
DSQ	,	2006 I	,	" "		

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15

06.12.2019 - 10:15

27.95

28.11.2008

II 9 +: 35.25 /
14 +: 26.87

I 9 +: 31.85 /

10 +: 30.00 /

12 +: 28.45 /

: FINA 2019

1.	,	1994	,	" "	28.01	732
2.	,	1998	,	" "	29.53	625
3.	,	2002	,	" "	29.59	621
4.	,	1993	,	" "	29.83	606
5.	,	1993	,	" "	29.95	599
6.	,	2002	,	" "	30.09	590
7.	,	2003	,	19	30.33	576
8.	,	2001	,	" "	30.53	565
9.	,	2002	,	19	30.56	564
10.	,	2001	,	" "	30.62	560
11.	,	2002 I	,	" "	30.80	550
12.	,	2003	,	" "	30.83	549
13.	,	1993	,	19	30.87	547
14.	,	2002	,	" "	30.92	544
15.	,	2000	,	" "	31.05	537
16.	,	2001	,	" "	31.06	537
17.	,	1998	,	" "	31.35	522
18.	,	2004 I	,	" "	31.37	521
19.	,	2003 I	,	" "	31.58	511
20.	,	2003 I	,	" "	31.66	507
21.	,	2004 I	,	" "	31.68	506
22.	,	2001	,	" "	31.70	505
23.	,	2003 I	,	" "	31.72	504
24.	,	2004 I	,	" "	31.75	502
25.	,	2002	,	" "	31.85	498
26.	,	2002 I	,	" "	31.88	496
27.	,	2004 I	,	" "	31.98	492
28.	,	2004 I	,	" "	32.07	488
29.	,	2002	,	" "	32.23	480
30.	,	2003 I	,	" "	32.25	479
31.	,	2004 I	,	" "	32.61	464
32.	,	2004 I	-	,	32.65	462
33.	,	2003	,	" "	32.67	461

2, , 50m , 15

34.	,	2004 I	,	"	"	32.68		461
35.	,	2004 I	,	"	"	32.76		457
36.	,	2004 I	,	"	"	32.79		456
37.	,	2003 II	,	"	"	33.03		446
38.	,	2004 I	,	"	"	33.06		445
39.	,	2004 II	,	"	"	33.28		436
40.	,	2004 I	,	"	"	33.35		434
41.	,	2003 I	,	"	"	33.41		431
42.	,	2002 I	,	"	"	33.85		415
43.	,	2004 I	,	"	"	34.01		409
44.	,	2003 I	,	"	"	34.10		405
45.	,	2003 II	,	"	"	34.34		397
46.	,	2004 I	,	"	"	34.36		396
47.	,	2004 I	,	"	"	34.46		393
48.	,	2003 II	,	19		34.58		389
49.	,	2003 II	,	"	"	34.75		383
50.	,	2003 II	,	"	"	34.85		380
51.	,	2004 II	,		4	35.39		363
52.	,	2004 II	,	"	"	35.73		352
53.	,	2004 II	,	"	"	36.03		344
54.	,	2004 II	,	19		38.94		272
DSQ	,	2004 II						
DSQ	,	2004 I	-	,	"	"		

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15

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25.43

27.11.2015

II 9 +: 32.25 /
14 +: 24.45

I 9 +: 29.35 /

10 +: 27.55 /

12 +: 26.00 /

: FINA 2019

1.	,	1996	,	"	"	24.74		724
2.	,	2001	,	"	"	26.22		608
3.	,	2001	,	"	"	26.78		571
4.	,	2003	,	19		27.15		548
5.	,	2002	,	19-		27.31		538
6.	,	2002	,	"	"	27.44		530
7.	,	2003	,	"	"	27.49		528
8.	,	2001	,	"	"	27.51		526
9.	,	2004	,	"	"	27.65		518
10.	,	2003 I	,	"	"	27.72		515
11.	,	2003	,	"	"	27.78		511
12.	,	2002	,	"	"	28.06		496
13.	,	2002 I	,	"	"	28.11		493
14.	,	2003 I	,	"	"	28.73		462
15.	,	2004 I	,	"	"	29.00		449
16.	,	2004 I	,	"	"	29.03		448
	,	2002	,	"	"	29.03		448
18.	,	2001	,	"	"	29.04		447
19.	,	2002 I	,	"	"	29.13		443
20.	,	2003 I	,	"	"	29.32		435
21.	,	2003 I	,	"	"	29.43		430
22.	,	2003 I	,	"	"	29.44		429

3, , 50m , 15

23.	,		2003 I	,	"	"	29.54	425
24.	,	,	2003 I	,	"	"	29.58	423
25.	,	,	2003 I	,	"	"	29.67	420
26.	,	,	2004 II	,	"	"	29.84	412
27.	,	,	2004 I	,	"	"	29.86	412
28.	,	,	2004 I	,	"	"	30.01	405
29.	,	,	2004 II	,	"	"	30.18	399
30.	,	,	2004 II	,	"	"	30.33	393
31.	,	,	2004 II	,	"	"	30.52	385
32.	,	,	2000 I	,	"	"	30.87	372
33.	,	,	2003 I	,	"	"	31.01	367
34.	,	,	2004 II	,	"	"	31.06	366
35.	,	,	2001 I	,	"	"	31.23	360
36.	,	,	2004 II	,	"	"	31.48	351
37.	,	,	2004 I	,	"	"	31.86	339
38.	,	,	2002 I	,	"	"	32.07	332
39.	,	,	2004 I	,	"	"	32.15	330
40.	,	,	1999 I	,	"	"	32.32	324
41.	,	,	2004 II	,	19	"	32.36	323
42.	,	,	2001 I	,	"	"	33.97	279
43.	,	,	2003 II	,	"	"	34.80	260

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1:47.98

07.12.2007

II 9 +: 2:21.00 /
14 +: 1:44.25

I 9 +: 2:06.50 /

10 +: 1:58.25 /

12 +: 1:51.75 /

: FINA 2019

1.	,		2002	,	"	"	1:52.19	694
	50m:	27.04 27.04	100m: 55.51 28.47	150m: 1:23.41 27.90	200m: 1:52.19 28.78			
2.	,		1998	,	"	"	1:53.10	678
	50m:	26.91 26.91	100m: 54.94 28.03	150m: 1:23.62 28.68	200m: 1:53.10 29.48			
3.	,		2004	,	"	"	1:55.48	637
	50m:	27.20 27.20	100m: 56.61 29.41	150m: 1:26.21 29.60	200m: 1:55.48 29.27			
4.	,		1999	,	"	"	1:55.70	633
	50m:	27.71 27.71	100m: 56.51 28.80	150m: 1:26.12 29.61	200m: 1:55.70 29.58			
5.	,		2004	,	"	"	1:55.80	631
	50m:	27.15 27.15	100m: 56.37 29.22	150m: 1:26.77 30.40	200m: 1:55.80 29.03			
6.	,		2002	,	"	"	1:55.84	631
	50m:	27.17 27.17	100m: 55.76 28.59	150m: 1:25.06 29.30	200m: 1:55.84 30.78			
7.	,		2004 I	,	"	"	1:56.94	613
	50m:	26.92 26.92	100m: 56.15 29.23	150m: 1:26.94 30.79	200m: 1:56.94 30.00			
8.	,		2002	,	"	"	1:57.26	608
	50m:	27.27 27.27	100m: 57.50 30.23	150m: 1:27.69 30.19	200m: 1:57.26 29.57			
9.	,		2003	,	"	"	1:58.18	594
	50m:	28.07 28.07	100m: 57.54 29.47	150m: 1:28.13 30.59	200m: 1:58.18 30.05			
10.	,		2003 I	,	"	"	1:58.85	584
	50m:	28.08 28.08	100m: 58.42 30.34	150m: 1:29.14 30.72	200m: 1:58.85 29.71			
11.	,		2001	,	"	"	1:59.42	576
	50m:	27.71 27.71	100m: 58.25 30.54	150m: 1:29.48 31.23	200m: 1:59.42 29.94			

	4,	, 200m	, 15								
12.			2004							1:59.62	573
	50m:	27.22 27.22	100m: 57.36 30.14	150m:	1:28.71 31.35	200m:	1:59.62 30.91				
13.			2004			19				1:59.78	570
	50m:	27.05 27.05	100m: 57.86 30.81	150m:	1:28.63 30.77	200m:	1:59.78 31.15				
14.			2004							1:59.79	570
	50m:	27.57 27.57	100m: 57.34 29.77	150m:	1:28.44 31.10	200m:	1:59.79 31.35				
15.			2001							1:59.91	569
	50m:	27.41 27.41	100m: 56.97 29.56	150m:	1:27.99 31.02	200m:	1:59.91 31.92				
16.			2003							2:00.08	566
	50m:	27.99 27.99	100m: 57.86 29.87	150m:	1:28.87 31.01	200m:	2:00.08 31.21				
17.			2003		-					2:01.08	552
	50m:	28.75 28.75	100m: 58.80 30.05	150m:	1:29.78 30.98	200m:	2:01.08 31.30				
18.			2002							2:01.18	551
	50m:	28.13 28.13	100m: 58.83 30.70	150m:	1:30.17 31.34	200m:	2:01.18 31.01				
19.			1998							2:02.08	539
	50m:	27.56 27.56	100m: 57.62 30.06	150m:	1:28.64 31.02	200m:	2:02.08 33.44				
20.			2003		-					2:02.32	536
	50m:	27.72 27.72	100m: 58.61 30.89	150m:	1:30.67 32.06	200m:	2:02.32 31.65				
21.			2001							2:02.34	535
	50m:	28.46 28.46	100m: 58.57 30.11	150m:	1:29.67 31.10	200m:	2:02.34 32.67				
22.			2002							2:02.67	531
	50m:	29.22 29.22	100m: 1:00.16 30.94	150m:	1:31.95 31.79	200m:	2:02.67 30.72				
23.			2004							2:02.77	530
	50m:	27.43 27.43	100m: 58.64 31.21	150m:	1:31.25 32.61	200m:	2:02.77 31.52				
24.			2003							2:03.40	522
	50m:	28.09 28.09	100m: 58.15 30.06	150m:	1:30.11 31.96	200m:	2:03.40 33.29				
25.			2002							2:03.51	520
	50m:	27.22 27.22	100m: 58.45 31.23	150m:	1:30.74 32.29	200m:	2:03.51 32.77				
26.			2000							2:03.74	517
	50m:	28.36 28.36	100m: 59.11 30.75	150m:	1:31.27 32.16	200m:	2:03.74 32.47				
27.			2002							2:03.75	517
	50m:	27.91 27.91	100m: 58.29 30.38	150m:	1:30.29 32.00	200m:	2:03.75 33.46				
28.			2003							2:04.37	510
	50m:	28.31 28.31	100m: 59.46 31.15	150m:	1:32.24 32.78	200m:	2:04.37 32.13				
29.			2004							2:04.70	506
	50m:	28.85 28.85	100m: 1:00.30 31.45	150m:	1:32.52 32.22	200m:	2:04.70 32.18				
30.			1998							2:04.79	504
	50m:	28.50 28.50	100m: 58.70 30.20	150m:	1:30.01 31.31	200m:	2:04.79 34.78				
31.			2003							2:04.81	504
	50m:	27.88 27.88	100m: 59.65 31.77	150m:	1:32.80 33.15	200m:	2:04.81 32.01				
32.			2003							2:04.87	503
	50m:	28.65 28.65	100m: 1:00.53 31.88	150m:	1:33.18 32.65	200m:	2:04.87 31.69				
33.			2003							2:05.22	499
	50m:	28.82 28.82	100m: 1:00.61 31.79	150m:	1:33.66 33.05	200m:	2:05.22 31.56				
34.			2004							2:05.35	498
	50m:	27.71 27.71	100m: 58.82 31.11	150m:	1:31.42 32.60	200m:	2:05.35 33.93				
35.			2003							2:05.93	491
	50m:	27.57 27.57	100m: 58.44 30.87	150m:	1:32.23 33.79	200m:	2:05.93 33.70				

4,	, 200m	, 15						
36.	50m: 28.15 28.15	100m: 1:00.13 31.98	150m: 1:33.54 33.41	200m: 2:06.07 32.53	2002 I	19	2:06.07 I	489
37.	50m: 27.22 27.22	100m: 57.55 30.33	150m: 1:29.79 32.24	200m: 2:06.12 36.33	2002 I	" "	2:06.12 I	489
38.	50m: 30.52 30.52	100m: 1:03.21 32.69	150m: 1:35.12 31.91	200m: 2:06.46 31.34	2002 I	" "	2:06.46 I	485
39.	50m: 28.56 28.56	100m: 1:00.16 31.60	150m: 1:33.93 33.77	200m: 2:07.78 33.85	2004 I	" "	2:07.78 II	470
40.	50m: 28.82 28.82	100m: 1:00.26 31.44	150m: 1:33.57 33.31	200m: 2:08.29 34.72	2004 I	" "	2:08.29 II	464
41.	50m: 29.77 29.77	100m: 1:02.62 32.85	150m: 1:35.76 33.14	200m: 2:08.70 32.94	2003 I	" "	2:08.70 II	460
42.	50m: 29.97 29.97	100m: 1:02.89 32.92	150m: 1:36.67 33.78	200m: 2:08.84 32.17	2004 I	" "	2:08.84 II	458
43.	50m: 29.27 29.27	100m: 1:01.39 32.12	150m: 1:35.23 33.84	200m: 2:09.10 33.87	2002 I	" "	2:09.10 II	456
44.	50m: 29.31 29.31	100m: 1:02.31 33.00	150m: 1:36.68 34.37	200m: 2:09.82 33.14	2004 I	" "	2:09.82 II	448
45.	50m: 30.13 30.13	100m: 1:02.93 32.80	150m: 1:36.49 33.56	200m: 2:10.04 33.55	2004 I	" "	2:10.04 II	446
46.	50m: 29.45 29.45	100m: 1:01.86 32.41	150m: 1:36.54 34.68	200m: 2:10.20 33.66	2004 II	" "	2:10.20 II	444
47.	50m: 29.41 29.41	100m: 1:02.60 33.19	150m: 1:36.93 34.33	200m: 2:10.36 33.43	2004 II	19	2:10.36 II	442
48.	50m: 29.52 29.52	100m: 1:02.42 32.90	150m: 1:37.46 35.04	200m: 2:10.82 33.36	2004 I	" "	2:10.82 II	438
49.	50m: 29.26 29.26	100m: 1:02.54 33.28	150m: 1:37.51 34.97	200m: 2:11.01 33.50	2004 I	" "	2:11.01 II	436
50.	50m: 29.42 29.42	100m: 1:01.86 32.44	150m: 1:36.25 34.39	200m: 2:11.05 34.80	2004 II	" "	2:11.05 II	435
51.	50m: 28.87 28.87	100m: 1:02.27 33.40	150m: 1:37.71 35.44	200m: 2:11.08 33.37	2004 II	" "	2:11.08 II	435
52.	50m: 27.90 27.90	100m: 57.89 29.99	150m: 1:27.53 29.64	200m: 2:11.31 43.78	2001	" "	2:11.31 II	433
53.	50m: 30.44 30.44	100m: 1:03.51 33.07	150m: 1:38.34 34.83	200m: 2:11.44 33.10	2004 I	" "	2:11.44 II	432
54.	50m: 29.50 29.50	100m: 1:02.31 32.81	150m: 1:37.47 35.16	200m: 2:11.49 34.02	2002 II	" "	2:11.49 II	431
55.	50m: 30.70 30.70	100m: 1:03.87 33.17	150m: 1:37.93 34.06	200m: 2:11.73 33.80	2004 I	" "	2:11.73 II	429
56.	50m: 30.57 30.57	100m: 1:04.16 33.59	150m: 1:38.80 34.64	200m: 2:11.96 33.16	2003 I	" "	2:11.96 II	427
57.	50m: 29.88 29.88	100m: 1:03.23 33.35	150m: 1:37.45 34.22	200m: 2:12.14 34.69	2004 I	19	2:12.14 II	425
58.	50m: 29.52 29.52	100m: 1:02.38 32.86	150m: 1:37.62 35.24	200m: 2:14.15 36.53	2003 I	" "	2:14.15 II	406
59.	50m: 30.78 30.78	100m: 1:04.80 34.02	150m: 1:39.81 35.01	200m: 2:14.86 35.05	2004 II	" "	2:14.86 II	400

4,		, 200m		, 15							
60.				2004 II			"	"	2:15.14	II	397
50m:	29.71	29.71	100m:	1:03.03	33.32	150m:	1:39.04	36.01	200m:	2:15.14	36.10
61.				2004 II			"	"	2:15.99	II	390
50m:	30.75	30.75	100m:	1:04.34	33.59	150m:	1:39.62	35.28	200m:	2:15.99	36.37
62.				2004 II			"	"	2:17.73	II	375
50m:	30.40	30.40	100m:	1:05.11	34.71	150m:	1:40.58	35.47	200m:	2:17.73	37.15
63.				2004 II			"	"	2:18.44	II	369
50m:	32.28	32.28	100m:	1:07.35	35.07	150m:	1:43.62	36.27	200m:	2:18.44	34.82
64.				1998			"	"	2:18.74	II	367
50m:	33.39	33.39	100m:	1:08.84	35.45	150m:	1:44.21	35.37	200m:	2:18.74	34.53
65.				2004 I			"	"	2:19.62	II	360
50m:	30.74	30.74	100m:	1:05.06	34.32	150m:	1:42.45	37.39	200m:	2:19.62	37.17
66.				2004 II			"	"	2:20.33	II	355
50m:	29.65	29.65	100m:	1:05.94	36.29	150m:	1:43.61	37.67	200m:	2:20.33	36.72
67.				2003 I			"	"	2:21.39		347
50m:	30.67	30.67	100m:	1:05.44	34.77	150m:	1:42.57	37.13	200m:	2:21.39	38.82
68.				2004 I			"	"	2:22.52		338
50m:	32.43	32.43	100m:	1:09.06	36.63	150m:	1:46.30	37.24	200m:	2:22.52	36.22
69.				2004 II			"	"	2:23.25		333
50m:	31.86	31.86	100m:	1:07.68	35.82	150m:	1:44.73	37.05	200m:	2:23.25	38.52
70.				2004 I			"	"	2:24.29		326
50m:	31.56	31.56	100m:	1:07.53	35.97	150m:	1:45.52	37.99	200m:	2:24.29	38.77
EXH				2005 I			"	"	2:01.38	I	548
50m:	28.68	28.68	100m:	59.61	30.93	150m:	1:30.75	31.14	200m:	2:01.38	30.63
EXH				2005 I			"	"	2:02.03	I	539
50m:	27.60	27.60	100m:	58.45	30.85	150m:	1:30.44	31.99	200m:	2:02.03	31.59

5		, 200m		13							
06.12.2019 - 11:15											
		2:16.25								28.11.2014	
II	9 +: 2:56.00 /	I	9 +: 2:35.25 /	10 +: 2:25.25 /	12 +: 2:17.75 /						
14 +: 2:06.17											

: FINA 2019

1.				2001			"	"	2:20.40		618
50m:	31.77	31.77	100m:	1:06.47	34.70	150m:	1:42.81	36.34	200m:	2:20.40	37.59
2.				2003			"	"	2:23.29		581
50m:	33.48	33.48	100m:	1:09.92	36.44	150m:	1:46.69	36.77	200m:	2:23.29	36.60
3.				2003			"	"	2:24.38		568
50m:	32.02	32.02	100m:	1:08.28	36.26	150m:	1:45.69	37.41	200m:	2:24.38	38.69
4.				2004			"	"	2:25.18		559
50m:	31.05	31.05	100m:	1:07.85	36.80	150m:	1:46.05	38.20	200m:	2:25.18	39.13
5.				2005			"	"	2:28.58	I	521
50m:	34.94	34.94	100m:	1:12.80	37.86	150m:	1:50.23	37.43	200m:	2:28.58	38.35
6.				2005 I			"	"	2:34.72	I	462
50m:	34.34	34.34	100m:	1:13.10	38.76	150m:	1:52.36	39.26	200m:	2:34.72	42.36

6
06.12.2019 - 11:15

, 100m

15

		54.19				18.11.2016	
II	9 +: 1:10.50 / 14 +: 50.66	I	9 +: 1:01.90 /	10 +: 58.40 /	12 +: 54.40 /		
1.	, 50m: 25.37 25.37	2001 100m: 54.40 29.03			54.40	690	
2.	, 50m: 26.54 26.54	2001 100m: 56.79 30.25		, " "	56.79	606	
3.	, 50m: 27.32 27.32	2001 100m: 57.64 30.32		, "	57.64	580	
4.	, 50m: 27.45 27.45	2002 100m: 58.12 30.67		, "	58.12	566	
5.	, 50m: 27.09 27.09	2002 100m: 58.28 31.19		, "	58.28	561	
6.	, 50m: 27.58 27.58	2003 100m: 58.30 30.72		, 19	58.30	560	
7.	, 50m: 28.04 28.04	2002 100m: 58.44 30.40		, " "	58.44	556	
8.	, 50m: 27.50 27.50	2001 100m: 58.61 31.11		, " "	58.61	552	
9.	, 50m: 27.78 27.78	2002 100m: 58.78 31.00		, 19	58.78	547	
10.	, 50m: 27.73 27.73	2002 100m: 58.94 31.21		, " "	58.94	542	
11.	, 50m: 27.73 27.73	2003 100m: 59.26 31.53		, " "	59.26	534	
12.	, 50m: 27.98 27.98	2001 100m: 59.98 32.00		, " "	59.98	515	
13.	, 50m: 28.02 28.02	2002 100m: 1:00.04 32.02		, " "	1:00.04	513	
	, 50m: 28.12 28.12	2001 100m: 1:00.04 31.92		, "	1:00.04	513	
15.	, 50m: 27.59 27.59	2002 100m: 1:00.22 32.63		, " "	1:00.22	508	
16.	, 50m: 27.79 27.79	2003 100m: 1:00.38 32.59		, " "	1:00.38	504	
17.	, 50m: 28.13 28.13	1998 100m: 1:00.57 32.44		, 19	1:00.57	500	
18.	, 50m: 27.70 27.70	2001 100m: 1:00.64 32.94		, "	1:00.64	498	
19.	, 50m: 28.47 28.47	2004 100m: 1:00.73 32.26		, " "	1:00.73	496	
20.	, 50m: 28.03 28.03	2003 100m: 1:00.80 32.77		, 19	1:00.80	494	
21.	, 50m: 28.34 28.34	2004 100m: 1:01.22 32.88		, " "	1:01.22	484	
22.	, 50m: 28.66 28.66	2003 100m: 1:01.23 32.57		, " "	1:01.23	484	

	6,	, 100m	, 15								
23.	50m:	28.44	28.44	100m:	1:01.27	32.83	,	"	"	1:01.27	483
24.	50m:	29.00	29.00	100m:	1:01.37	32.37	,	19		1:01.37	480
25.	50m:	29.29	29.29	100m:	1:01.60	32.31	,	"	"	1:01.60	475
26.	50m:	29.29	29.29	100m:	1:01.62	32.33	,	19		1:01.62	475
27.	50m:	28.75	28.75	100m:	1:01.75	33.00	,	"	"	1:01.75	472
28.	50m:	28.65	28.65	100m:	1:01.89	33.24	,	"	"	1:01.89	468
29.	50m:	29.36	29.36	100m:	1:01.99	32.63	,	"	"	1:01.99	466
30.	50m:	28.78	28.78	100m:	1:02.07	33.29	,	"	"	1:02.07	464
31.	50m:	29.37	29.37	100m:	1:02.31	32.94	,	"	"	1:02.31	459
32.	50m:	29.70	29.70	100m:	1:02.40	32.70	,	"	"	1:02.40	457
33.	50m:	28.98	28.98	100m:	1:02.41	33.43	,	"	"	1:02.41	457
34.	50m:	28.77	28.77	100m:	1:02.55	33.78	,	"	"	1:02.55	454
35.	50m:	28.83	28.83	100m:	1:02.59	33.76	,	"	"	1:02.59	453
36.	50m:	29.50	29.50	100m:	1:02.69	33.19	,	"	"	1:02.69	451
37.	50m:	29.56	29.56	100m:	1:02.96	33.40	,	"	"	1:02.96	445
38.	50m:	29.49	29.49	100m:	1:03.14	33.65	,	"	"	1:03.14	441
	50m:	28.99	28.99	100m:	1:03.14	34.15	,	"	"	1:03.14	441
40.	50m:	29.39	29.39	100m:	1:03.20	33.81	,	"	"	1:03.20	440
41.	50m:	28.52	28.52	100m:	1:03.22	34.70	,	"	"	1:03.22	439
42.	50m:	29.16	29.16	100m:	1:03.68	34.52	,	"	"	1:03.68	430
43.	50m:	30.06	30.06	100m:	1:04.09	34.03	,	"	"	1:04.09	422
44.	50m:	29.12	29.12	100m:	1:04.20	35.08	,	"	"	1:04.20	420
45.	50m:	29.07	29.07	100m:	1:05.27	36.20	,	19		1:05.27	399
46.	50m:	30.29	30.29	100m:	1:05.46	35.17	,	"	"	1:05.46	396

,06-08.12.2019 .

6,		, 100m		, 15					
47.				2001 I			" "	1:05.89	II 388
50m:	30.48	30.48	100m:	1:05.89	35.41				
48.				2003 II			, 19	1:06.27	II 381
50m:	31.25	31.25	100m:	1:06.27	35.02				
49.				2004 I			, " "	1:06.32	II 381
50m:	31.04	31.04	100m:	1:06.32	35.28				
50.				2002 I			, "	1:06.36	II 380
50m:	30.69	30.69	100m:	1:06.36	35.67				
51.				1999 I			,	1:07.03	II 369
50m:	29.46	29.46	100m:	1:07.03	37.57				
52.				2003 II			, 19	1:07.63	II 359
50m:	31.35	31.35	100m:	1:07.63	36.28				
53.				2004 II			, "	1:08.37	II 347
50m:	31.61	31.61	100m:	1:08.37	36.76				
54.				2004 I			, " "	1:09.11	II 336
50m:	31.62	31.62	100m:	1:09.11	37.49				
55.				2004 II			,	1:12.52	291
50m:	34.42	34.42	100m:	1:12.52	38.10				
56.				2003 I			, 4	1:14.67	266
50m:	31.59	31.59	100m:	1:14.67	43.08				
57.				2004 II			, " "	1:16.87	244
50m:	34.75	34.75	100m:	1:16.87	42.12				
DSQ				2004 II			, " "	"	
DSQ				2004 I			, " "	1:17.71	
50m:	35.17	35.17	100m:	1:17.71	42.54				

7
06.12.2019 - 11:30

, 100m

13

55.28		18.11.2016	
II	9 +: 1:11.80 / 14 +: 52.66	I	9 +: 1:04.24 / 10 +: 1:00.40 / 12 +: 56.40 /

: FINA 2019

1.				1998			, " "-	55.08	759
50m:	26.39	26.39	100m:	55.08	28.69				
2.				1998			, " "-	55.21	753
50m:	27.09	27.09	100m:	55.21	28.12				
3.				2004			,	57.91	653
50m:	28.17	28.17	100m:	57.91	29.74				
4.				2003			,	58.28	640
50m:	28.41	28.41	100m:	58.28	29.87				
5.				2002			, " "	59.40	605
50m:	28.67	28.67	100m:	59.40	30.73				
6.				2004			,	59.58	599
50m:	28.54	28.54	100m:	59.58	31.04				
7.				2004			, 19	59.84	592
50m:	29.01	29.01	100m:	59.84	30.83				
8.				2003			, " "	59.87	591
50m:	29.29	29.29	100m:	59.87	30.58				

	7,	, 100m	, 13				
9.	50m:	29.34	29.34	100m:	1:00.02	30.68	1:00.02 586
10.	50m:	28.95	28.95	100m:	1:00.07	31.12	1:00.07 585
11.	50m:	29.23	29.23	100m:	1:00.23	31.00	1:00.23 580
12.	50m:	29.16	29.16	100m:	1:00.35	31.19	1:00.35 577
13.	50m:	29.35	29.35	100m:	1:00.39	31.04	1:00.39 576
14.	50m:	29.38	29.38	100m:	1:00.70	31.32	1:00.70 567
15.	50m:	29.02	29.02	100m:	1:00.71	31.69	1:00.71 567
16.	50m:	29.67	29.67	100m:	1:01.10	31.43	1:01.10 556
17.	50m:	29.56	29.56	100m:	1:01.11	31.55	1:01.11 555
18.	50m:	29.58	29.58	100m:	1:01.18	31.60	1:01.18 554
19.	50m:	29.61	29.61	100m:	1:01.21	31.60	1:01.21 553
20.	50m:	29.63	29.63	100m:	1:01.24	31.61	1:01.24 552
21.	50m:	29.61	29.61	100m:	1:01.28	31.67	1:01.28 551
22.	50m:	29.34	29.34	100m:	1:01.31	31.97	1:01.31 550
23.	50m:	29.92	29.92	100m:	1:01.52	31.60	1:01.52 544
24.	50m:	29.06	29.06	100m:	1:01.74	32.68	1:01.74 539
25.	50m:	29.87	29.87	100m:	1:01.76	31.89	1:01.76 538
26.	50m:	29.60	29.60	100m:	1:01.89	32.29	1:01.89 535
27.	50m:	29.88	29.88	100m:	1:01.91	32.03	1:01.91 534
28.	50m:	29.69	29.69	100m:	1:01.92	32.23	1:01.92 534
29.	50m:	30.72	30.72	100m:	1:02.18	31.46	1:02.18 527
	50m:	29.85	29.85	100m:	1:02.18	32.33	1:02.18 527
31.	50m:	29.38	29.38	100m:	1:02.22	32.84	1:02.22 526
32.	50m:	30.45	30.45	100m:	1:02.23	31.78	1:02.23 526

	7,	, 100m	, 13								
33.	50m:	30.11	30.11	100m:	1:02.33	32.22	,	"	"	1:02.33	523
34.	50m:	29.99	29.99	100m:	1:02.37	32.38	,	"	"	1:02.37	522
35.	50m:	30.28	30.28	100m:	1:02.58	32.30	,	"	"	1:02.58	517
36.	50m:	30.53	30.53	100m:	1:02.67	32.14	,	19		1:02.67	515
37.	50m:	30.10	30.10	100m:	1:02.82	32.72	,	"	"	1:02.82	511
38.	50m:	31.15	31.15	100m:	1:03.01	31.86	,	"	"	1:03.01	507
39.	50m:	29.94	29.94	100m:	1:03.08	33.14	,			1:03.08	505
40.	50m:	30.66	30.66	100m:	1:03.11	32.45	,	"	"	1:03.11	504
41.	50m:	30.37	30.37	100m:	1:03.16	32.79	,	"	"	1:03.16	503
42.	50m:	29.95	29.95	100m:	1:03.36	33.41	,	"	"	1:03.36	498
	50m:	29.97	29.97	100m:	1:03.36	33.39	,	"	"	1:03.36	498
44.	50m:	30.26	30.26	100m:	1:03.37	33.11	,	"		1:03.37	498
45.	50m:	30.46	30.46	100m:	1:03.38	32.92	,	"	"	1:03.38	498
46.	50m:	30.60	30.60	100m:	1:03.43	32.83	,	"	"	1:03.43	497
47.	50m:	30.49	30.49	100m:	1:03.57	33.08	,			1:03.57	493
48.	50m:	30.39	30.39	100m:	1:03.64	33.25	,	"	"	1:03.64	492
49.	50m:	30.83	30.83	100m:	1:03.73	32.90	,			1:03.73	490
50.	50m:	30.63	30.63	100m:	1:03.74	33.11	,	"	"	1:03.74	489
51.	50m:	30.83	30.83	100m:	1:03.87	33.04	,	19		1:03.87	486
52.	50m:	29.94	29.94	100m:	1:03.98	34.04	,	"	"	1:03.98	484
53.	50m:	31.25	31.25	100m:	1:04.00	32.75	,	"	"	1:04.00	484
54.	50m:	32.20	32.20	100m:	1:04.07	31.87	,	"	"	1:04.07	482
55.	50m:	31.30	31.30	100m:	1:04.17	32.87	,		4	1:04.17	480
56.	50m:	30.33	30.33	100m:	1:04.35	34.02	,	"	"	1:04.35	476

	7,	, 100m	, 13								
57.	50m:	31.94	31.94	100m:	1:04.41	32.47	,	"	"	1:04.41	474
58.	50m:	30.61	30.61	100m:	1:04.56	33.95	,	"	"	1:04.56	471
59.	50m:	30.60	30.60	100m:	1:04.65	34.05	,	-		1:04.65	469
60.	50m:	31.14	31.14	100m:	1:04.78	33.64	,	"	"	1:04.78	466
61.	50m:	31.22	31.22	100m:	1:04.91	33.69	,	19		1:04.91	463
62.	50m:	30.66	30.66	100m:	1:05.13	34.47	,			1:05.13	459
63.	50m:	31.73	31.73	100m:	1:05.23	33.50	,			1:05.23	457
64.	50m:	31.35	31.35	100m:	1:05.71	34.36	,	"		1:05.71	447
65.	50m:	31.98	31.98	100m:	1:05.83	33.85	,			1:05.83	444
66.	50m:	30.83	30.83	100m:	1:05.95	35.12	,	"	"	1:05.95	442
67.	50m:	31.76	31.76	100m:	1:06.17	34.41	,	"	"	1:06.17	437
68.	50m:	31.76	31.76	100m:	1:06.18	34.42	,			1:06.18	437
69.	50m:	32.29	32.29	100m:	1:06.21	33.92	,	"	"	1:06.21	437
70.	50m:	30.92	30.92	100m:	1:06.37	35.45	,	"	"	1:06.37	434
71.	50m:	32.61	32.61	100m:	1:06.70	34.09	,	"	"	1:06.70	427
72.	50m:	32.18	32.18	100m:	1:06.87	34.69	,	"	"	1:06.87	424
73.	50m:	32.53	32.53	100m:	1:06.93	34.40	,			1:06.93	423
74.	50m:	32.05	32.05	100m:	1:07.34	35.29	,	"	"	1:07.34	415
75.	50m:	32.30	32.30	100m:	1:07.54	35.24	,	19		1:07.54	411
76.	50m:	32.79	32.79	100m:	1:07.58	34.79	,		4	1:07.58	411
77.	50m:	32.09	32.09	100m:	1:07.72	35.63	,	"	"	1:07.72	408
78.	50m:	32.85	32.85	100m:	1:07.76	34.91	,	"	"	1:07.76	407
79.	50m:	32.27	32.27	100m:	1:08.00	35.73	,	"	"	1:08.00	403
80.	50m:	32.96	32.96	100m:	1:08.04	35.08	,	"	"	1:08.04	402

	7,	, 100m	, 13								
81.	50m:	32.72	32.72	100m:	1:08.11	35.39	,	"	"	1:08.11	401
82.	50m:	33.30	33.30	100m:	1:08.21	34.91	,			1:08.21	399
83.	50m:	32.89	32.89	100m:	1:08.22	35.33	,	"	"	1:08.22	399
84.	50m:	33.30	33.30	100m:	1:08.23	34.93	,			1:08.23	399
85.	50m:	32.85	32.85	100m:	1:08.34	35.49	,	19		1:08.34	397
86.	50m:	32.37	32.37	100m:	1:08.35	35.98	,	"	"	1:08.35	397
87.	50m:	33.02	33.02	100m:	1:08.53	35.51	,	"	"	1:08.53	394
88.	50m:	32.85	32.85	100m:	1:08.57	35.72	,	"	"	1:08.57	393
89.	50m:	33.07	33.07	100m:	1:08.71	35.64	,	19		1:08.71	391
90.	50m:	32.52	32.52	100m:	1:08.72	36.20	,	"	"	1:08.72	390
91.	50m:	33.37	33.37	100m:	1:08.84	35.47	,	4		1:08.84	388
92.	50m:	32.99	32.99	100m:	1:08.90	35.91	,	"	"	1:08.90	387
93.	50m:	32.55	32.55	100m:	1:09.10	36.55	,	"	"	1:09.10	384
94.	50m:	33.18	33.18	100m:	1:09.20	36.02	,	"	"	1:09.20	382
95.	50m:	32.54	32.54	100m:	1:09.38	36.84	,	"	"	1:09.38	379
96.	50m:	33.10	33.10	100m:	1:09.55	36.45	,	"	"	1:09.55	377
97.	50m:	32.45	32.45	100m:	1:10.00	37.55	,			1:10.00	369
98.	50m:	34.26	34.26	100m:	1:10.14	35.88	,	"	"	1:10.14	367
99.	50m:	32.87	32.87	100m:	1:10.43	37.56	,	"	"	1:10.43	363
100.	50m:	34.03	34.03	100m:	1:11.19	37.16	,	"	"	1:11.19	351
101.	50m:	33.75	33.75	100m:	1:12.12	38.37	,	"	"	1:12.12	338
102.	50m:	34.30	34.30	100m:	1:12.15	37.85	,	"	"	1:12.15	337
103.	50m:	34.16	34.16	100m:	1:14.10	39.94	,	"	"	1:14.10	311
104.	50m:	35.67	35.67	100m:	1:17.24	41.57	,	"	"	1:17.24	275

,06-08.12.2019 .

7, , 100m , 13

DSQ ,

2004 II , " "

8
06.12.2019 - 12:10

, 400m

13

		4:49.78				24.11.2017			
II	9 +: 6:24.00 / 14 +: 4:33.76	I	9 +: 5:40.00 /	10 +: 5:18.50 /	12 +: 5:01.00 /				

: FINA 2019

1.			2000					5:07.23		598
	50m: 32.60	32.60	150m: 1:50.81	39.17	250m: 3:10.11	41.12	350m: 4:31.01	38.89		
	100m: 1:11.64	39.04	200m: 2:28.99	38.18	300m: 3:52.12	42.01	400m: 5:07.23	36.22		
2.			2006 I					5:16.89		545
	50m: 33.41	33.41	150m: 1:54.16	41.75	250m: 3:19.59	45.82	350m: 4:41.21	35.62		
	100m: 1:12.41	39.00	200m: 2:33.77	39.61	300m: 4:05.59	46.00	400m: 5:16.89	35.68		
3.			2003					5:18.54 I		537
	50m: 34.93	34.93	150m: 1:55.98	41.17	250m: 3:20.77	45.27	350m: 4:43.22	37.53		
	100m: 1:14.81	39.88	200m: 2:35.50	39.52	300m: 4:05.69	44.92	400m: 5:18.54	35.32		
4.			2006 I					5:20.77 I		526
	50m: 33.66	33.66	150m: 1:54.12	41.96	250m: 3:17.12	43.60	350m: 4:41.61	39.20		
	100m: 1:12.16	38.50	200m: 2:33.52	39.40	300m: 4:02.41	45.29	400m: 5:20.77	39.16		
5.			2002					5:21.32 I		523
	50m: 35.05	35.05	150m: 1:58.06	42.39	250m: 3:23.75	44.24	350m: 4:45.31	36.96		
	100m: 1:15.67	40.62	200m: 2:39.51	41.45	300m: 4:08.35	44.60	400m: 5:21.32	36.01		
6.			2004 I					5:26.43 I		499
	50m: 35.84	35.84	150m: 1:58.64	42.18	250m: 3:23.65	43.04	350m: 4:48.04	39.82		
	100m: 1:16.46	40.62	200m: 2:40.61	41.97	300m: 4:08.22	44.57	400m: 5:26.43	38.39		
7.			2005 I					5:27.35 I		494
	50m: 35.60	35.60	150m: 2:00.55	44.08	250m: 3:28.24	46.94	350m: 4:52.40	37.37		
	100m: 1:16.47	40.87	200m: 2:41.30	40.75	300m: 4:15.03	46.79	400m: 5:27.35	34.95		
8.			2006 I					5:31.51 I		476
	50m: 35.85	35.85	150m: 1:59.61	42.61	250m: 3:25.25	44.29	350m: 4:51.58	41.20		
	100m: 1:17.00	41.15	200m: 2:40.96	41.35	300m: 4:10.38	45.13	400m: 5:31.51	39.93		
9.			2006 I					5:40.59 II		439
	50m: 35.28	35.28	150m: 2:02.75	44.42	250m: 3:34.72	48.25	350m: 5:02.15	38.93		
	100m: 1:18.33	43.05	200m: 2:46.47	43.72	300m: 4:23.22	48.50	400m: 5:40.59	38.44		
10.			2006 I					5:44.06 II		426
	50m: 38.15	38.15	150m: 2:07.56	42.43	250m: 3:38.06	48.29	350m: 5:04.50	38.98		
	100m: 1:25.13	46.98	200m: 2:49.77	42.21	300m: 4:25.52	47.46	400m: 5:44.06	39.56		
11.			2006 II					5:45.91 II		419
	50m: 37.78	37.78	150m: 2:08.37	42.15	250m: 3:39.15	49.52	350m: 5:09.25	40.77		
	100m: 1:26.22	48.44	200m: 2:49.63	41.26	300m: 4:28.48	49.33	400m: 5:45.91	36.66		
12.			2005 II					5:48.92 II		408
	50m: 36.09	36.09	150m: 2:03.56	44.96	250m: 3:38.78	50.26	350m: 5:08.97	40.16		
	100m: 1:18.60	42.51	200m: 2:48.52	44.96	300m: 4:28.81	50.03	400m: 5:48.92	39.95		
13.			2004 I					5:54.01 II		391
	50m: 36.18	36.18	150m: 2:09.52	45.86	250m: 3:42.15	48.59	350m: 5:12.74	41.29		
	100m: 1:23.66	47.48	200m: 2:53.56	44.04	300m: 4:31.45	49.30	400m: 5:54.01	41.27		
14.			2005 II					6:02.43 II		364
	50m: 37.34	37.34	150m: 2:09.15	46.73	250m: 3:44.25	49.05	350m: 5:20.51	45.15		
	100m: 1:22.42	45.08	200m: 2:55.20	46.05	300m: 4:35.36	51.11	400m: 6:02.43	41.92		

,06-08.12.2019 .

8, , 400m , 13										
DSQ 2005 I 4										
50m:	35.62	35.62	150m:	1:59.73	42.62	250m:	3:32.54	50.19	350m:	5:02.66 39.11
100m:	1:17.11	41.49	200m:	2:42.35	42.62	300m:	4:23.55	51.01		
9 , 400m 15										
06.12.2019 - 12:30										
4:16.97 22.11.2013										
II	9 +: 5:46.00 /		I	9 +: 5:05.00 /		10 +: 4:46.00 /		12 +: 4:31.00 /		
14 +: 4:09.38										
: FINA 2019										
1.			2003		-	"	"	4:42.91		576
	50m:	31.54 31.54	150m:	1:43.68 36.70	250m:	3:01.08 41.55	350m:	4:13.22 30.88		
	100m:	1:06.98 35.44	200m:	2:19.53 35.85	300m:	3:42.34 41.26	400m:	4:42.91 29.69		
2.			2001 I			"	"	4:47.27 I		550
	50m:	30.20 30.20	150m:	1:39.40 35.32	250m:	2:55.41 39.85	350m:	4:12.63 36.05		
	100m:	1:04.08 33.88	200m:	2:15.56 36.16	300m:	3:36.58 41.17	400m:	4:47.27 34.64		
3.			2004 I			"	"	4:48.72 I		542
	50m:	30.64 30.64	150m:	1:41.92 36.39	250m:	2:59.89 41.79	350m:	4:16.62 34.57		
	100m:	1:05.53 34.89	200m:	2:18.10 36.18	300m:	3:42.05 42.16	400m:	4:48.72 32.10		
4.			2002			"	"	4:49.47 I		538
	50m:	29.36 29.36	150m:	1:42.90 39.33	250m:	3:00.46 38.77	350m:	4:17.30 35.50		
	100m:	1:03.57 34.21	200m:	2:21.69 38.79	300m:	3:41.80 41.34	400m:	4:49.47 32.17		
5.			2003			"	"	4:51.88 I		525
	50m:	31.02 31.02	150m:	1:44.91 37.09	250m:	3:01.73 40.02	350m:	4:18.15 35.55		
	100m:	1:07.82 36.80	200m:	2:21.71 36.80	300m:	3:42.60 40.87	400m:	4:51.88 33.73		
6.			2004 I			"	"	4:52.80 I		520
	50m:	29.82 29.82	150m:	1:43.44 38.99	250m:	3:02.55 40.33	350m:	4:19.35 35.70		
	100m:	1:04.45 34.63	200m:	2:22.22 38.78	300m:	3:43.65 41.10	400m:	4:52.80 33.45		
7.			2003 I			"	"	4:56.05 I		503
	50m:	30.63 30.63	150m:	1:43.67 37.86	250m:	3:03.45 42.86	350m:	4:21.89 35.26		
	100m:	1:05.81 35.18	200m:	2:20.59 36.92	300m:	3:46.63 43.18	400m:	4:56.05 34.16		
8.			2004 I			"	"	4:58.86 I		489
	50m:	30.97 30.97	150m:	1:46.12 39.19	250m:	3:05.25 41.93	350m:	4:23.79 36.28		
	100m:	1:06.93 35.96	200m:	2:23.32 37.20	300m:	3:47.51 42.26	400m:	4:58.86 35.07		
9.			2004 I			"	"	5:02.30 I		472
	50m:	32.17 32.17	150m:	1:48.80 39.84	250m:	3:08.66 41.03	350m:	4:27.08 36.38		
	100m:	1:08.96 36.79	200m:	2:27.63 38.83	300m:	3:50.70 42.04	400m:	5:02.30 35.22		
10.			2004 I			"	"	5:04.04 I		464
	50m:	32.98 32.98	150m:	1:50.17 38.79	250m:	3:10.55 42.25	350m:	4:30.18 36.55		
	100m:	1:11.38 38.40	200m:	2:28.30 38.13	300m:	3:53.63 43.08	400m:	5:04.04 33.86		
11.			2004 I			"	"	5:05.39 II		458
	50m:	32.38 32.38	150m:	1:49.62 40.06	250m:	3:11.71 42.94	350m:	4:30.76 34.93		
	100m:	1:09.56 37.18	200m:	2:28.77 39.15	300m:	3:55.83 44.12	400m:	5:05.39 34.63		
12.			2004 I			"	"	5:09.41 II		440
	50m:	30.92 30.92	150m:	1:47.47 39.33	250m:	3:12.16 45.91	350m:	4:34.19 36.13		
	100m:	1:08.14 37.22	200m:	2:26.25 38.78	300m:	3:58.06 45.90	400m:	5:09.41 35.22		
13.			2004 I			"	"	5:12.09 II		429
	50m:	32.90 32.90	150m:	1:52.42 41.50	250m:	3:14.81 41.97	350m:	4:35.16 37.12		
	100m:	1:10.92 38.02	200m:	2:32.84 40.42	300m:	3:58.04 43.23	400m:	5:12.09 36.93		
14.			2002 I			"	"	5:17.21 II		409
	50m:	31.56 31.56	150m:	1:53.22 44.01	250m:	3:19.32 43.34	350m:	4:40.67 39.00		
	100m:	1:09.21 37.65	200m:	2:35.98 42.76	300m:	4:01.67 42.35	400m:	5:17.21 36.54		

,06-08.12.2019 .

9,		, 400m		, 15								
15.				2002		"	"	5:18.53	II		404	
	50m:	31.65	31.65	150m:	1:47.35	36.75	250m:	3:15.29	51.62	350m:	4:44.14	36.23
	100m:	1:10.60	38.95	200m:	2:23.67	36.32	300m:	4:07.91	52.62	400m:	5:18.53	34.39
16.				2004 I		-	"	"	5:34.14	II	350	
	50m:	36.50	36.50	150m:	2:02.37	40.73	250m:	3:26.69	42.39	350m:	4:54.55	41.95
	100m:	1:21.64	45.14	200m:	2:44.30	41.93	300m:	4:12.60	45.91	400m:	5:34.14	39.59
DSQ				2004 II						5:55.94		

10				, 200m				13	
06.12.2019 - 12:45									
		2:09.63						24.11.2017	
II	9 +: 2:55.00 /		I	9 +: 2:35.75 /		10 +: 2:26.75 /		12 +: 2:18.75 /	
		14 +: 2:06.59							

: FINA 2019

1.				1998		"	"-	2:13.36		714		
	50m:	32.68	32.68	100m:	1:06.18	33.50	150m:	1:39.92	33.74	200m:	2:13.36	33.44
2.				2003				2:16.85		661		
	50m:	33.55	33.55	100m:	1:07.41	33.86	150m:	1:42.11	34.70	200m:	2:16.85	34.74
3.				2005		"	"	2:19.26		627		
	50m:	33.75	33.75	100m:	1:08.63	34.88	150m:	1:44.12	35.49	200m:	2:19.26	35.14
4.				2006 I				2:23.50		573		
	50m:	34.28	34.28	100m:	1:10.52	36.24	150m:	1:47.26	36.74	200m:	2:23.50	36.24
5.				2004		"	"	2:23.51		573		
	50m:	34.47	34.47	100m:	1:10.72	36.25	150m:	1:47.31	36.59	200m:	2:23.51	36.20
6.				2004				2:25.64		548		
	50m:	34.08	34.08	100m:	1:10.56	36.48	150m:	1:48.04	37.48	200m:	2:25.64	37.60
7.				2004			4	2:28.25	I	520		
	50m:	36.13	36.13	100m:	1:13.86	37.73	150m:	1:51.59	37.73	200m:	2:28.25	36.66
8.				2006			19	2:28.55	I	517		
	50m:	34.64	34.64	100m:	1:11.56	36.92	150m:	1:50.21	38.65	200m:	2:28.55	38.34
9.				2004		"	"	2:29.33	I	508		
	50m:	35.49	35.49	100m:	1:13.69	38.20	150m:	1:52.49	38.80	200m:	2:29.33	36.84
10.				2006 I		"	"	2:30.62	I	496		
	50m:	36.69	36.69	100m:	1:14.09	37.40	150m:	1:52.88	38.79	200m:	2:30.62	37.74
11.				2005				2:30.72	I	495		
	50m:	36.60	36.60	100m:	1:15.01	38.41	150m:	1:53.95	38.94	200m:	2:30.72	36.77
12.				2006 I		"	"	2:32.00	I	482		
	50m:	35.64	35.64	100m:	1:13.82	38.18	150m:	1:53.14	39.32	200m:	2:32.00	38.86
13.				2005		-		2:32.51	I	477		
	50m:	36.02	36.02	100m:	1:14.61	38.59	150m:	1:54.45	39.84	200m:	2:32.51	38.06
14.				2005 I		"	"	2:32.56	I	477		
	50m:	35.66	35.66	100m:	1:14.26	38.60	150m:	1:53.60	39.34	200m:	2:32.56	38.96
15.				2006 I		"	"	2:33.29	I	470		
	50m:	36.70	36.70	100m:	1:16.14	39.44	150m:	1:56.29	40.15	200m:	2:33.29	37.00
16.				2006 I				2:34.51	I	459		
	50m:	37.40	37.40	100m:	1:17.02	39.62	150m:	1:56.15	39.13	200m:	2:34.51	38.36
17.				2006 II		"	"	2:34.60	I	458		
	50m:	36.91	36.91	100m:	1:15.85	38.94	150m:	1:56.33	40.48	200m:	2:34.60	38.27

10, , 200m , 13

18.			2006 I				2:35.20 I		453
50m:	37.25	37.25	100m: 1:15.77	38.52	150m: 1:55.24	39.47	200m: 2:35.20	39.96	
19.			2004 I				2:36.50 II		442
50m:	36.13	36.13	100m: 1:15.44	39.31	150m: 1:56.38	40.94	200m: 2:36.50	40.12	
20.			2004 I				2:38.72 II		423
50m:	37.01	37.01	100m: 1:16.76	39.75	150m: 1:58.00	41.24	200m: 2:38.72	40.72	
21.			2005 II				2:39.14 II		420
50m:	38.53	38.53	100m: 1:18.52	39.99	150m: 1:59.15	40.63	200m: 2:39.14	39.99	
22.			2006 I			4	2:39.63 II		416
50m:	38.82	38.82	100m: 1:19.17	40.35	150m: 1:59.89	40.72	200m: 2:39.63	39.74	
23.			2005 II				2:39.72 II		415
50m:	38.11	38.11	100m: 1:17.29	39.18	150m: 1:58.01	40.72	200m: 2:39.72	41.71	
24.			2004 I				2:40.21 II		412
50m:	39.12	39.12	100m: 1:19.47	40.35	150m: 2:00.07	40.60	200m: 2:40.21	40.14	
25.			2005 II				2:40.37 II		410
50m:	38.04	38.04	100m: 1:18.49	40.45	150m: 1:59.68	41.19	200m: 2:40.37	40.69	
26.			2006 I			1	2:43.86 II		385
50m:	36.96	36.96	100m: 1:18.73	41.77	150m: 2:01.41	42.68	200m: 2:43.86	42.45	
27.			2005 I				2:44.17 II		383
50m:	37.51	37.51	100m: 1:17.84	40.33	150m: 2:00.33	42.49	200m: 2:44.17	43.84	
28.			2006 I				2:44.34 II		381
50m:	39.17	39.17	100m: 1:20.31	41.14	150m: 2:02.59	42.28	200m: 2:44.34	41.75	
29.			2005 II				2:45.92 II		371
50m:	38.77	38.77	100m: 1:20.77	42.00	150m: 2:03.25	42.48	200m: 2:45.92	42.67	
30.			2006 II				2:48.47 II		354
50m:	38.98	38.98	100m: 1:21.25	42.27	150m: 2:05.19	43.94	200m: 2:48.47	43.28	
31.			2004 I				2:52.35 II		331
50m:	42.02	42.02	100m: 1:25.85	43.83	150m: 2:10.97	45.12	200m: 2:52.35	41.38	

11

, 4 x 50m

15

06.12.2019 - 13:10

1:31.86

29.11.2014

: FINA 2019

1.		1					1:34.79		642
			02	24.40			02	23.22	
			01	23.42			02	23.75	
2.		"	" 1				1:35.37		630
			01	24.82			02	24.39	
			99	23.57			93	22.59	
3.		2					1:36.28		613
			02	24.59			01	24.18	
			01	23.59			01	23.92	
4.		"	" 2				1:36.71		605
			01	25.07			04	23.44	
			01	24.49			02	23.71	
5.		"	" 1				1:36.85		602
			03	25.21			94	22.77	
			02	24.37			03	24.50	

	11,	, 4 x 50m	, 15				
6.		19 1		19	1:38.33		575
		00	24.67		98	24.36	
		93	24.71		04	24.59	
7.		19		19	1:38.41		574
		02	25.29		04	24.99	
		02	24.14		03	23.99	
8.		1			1:38.97		564
		02	1:29:28.88		01	24.61	
		01			01	24.83	
9.		" 1		" "	1:39.55		554
		04	25.18		05	25.51	
		03	24.79		01	24.07	
10.		1			1:41.50		523
		02	25.22		01	25.07	
		01	25.80		04	25.41	
11.		" 1		" "	1:41.63		521
		02	25.36		04	25.82	
		03	25.59		04	24.86	
12.		" 1		" "	1:42.33		510
		04	25.91		04	25.28	
		04	25.87		03	25.27	
13.		" 1		" "	1:42.69		505
		02	24.84		03	25.34	
		04	27.47		03	25.04	
14.		" 1		" "	1:42.99		501
		01	25.85		02	25.89	
		02	25.64		03	25.61	
15.		" 2		" "	1:43.17		498
		03	25.73		04	25.91	
		03	25.79		04	25.74	
16.		" 1		" "	1:44.89		474
		03	26.93		04	26.31	
		03	26.03		04	25.62	
		" 3		" "	1:44.89		474
		02	26.84		03	26.54	
		03	25.55		02	25.96	
18.		" 3		" "	1:48.37		430
		04	27.83		04	26.94	
		04	26.90		04	26.70	
DSQ		" 1		" "	1:34.34		
		96	22.96		97	23.16	
		98	23.62		96	24.60	

12
06.12.2019 - 13:15

, 4 x 50m

13

1:46.21

19.11.2011

: FINA 2019

1.	,	1						1:43.49	747
	,		98	25.67	,		98	25.46	
	,		04	26.43	,		03	25.93	
2.	,	1						1:51.27	601
	,		01	27.91	,		01	27.99	
	,		01	27.30	,		01	28.07	
3.	,	2						1:51.37	599
	,		06	28.18	,		99	27.29	
	,		04	27.74	,		02	28.16	
4.	,	"	" 1				"	1:52.93	575
	,		99	29.52	,		03	29.04	
	,		03	27.44	,		02	26.93	
5.	,	19 1					19	1:53.38	568
	,		04	28.12	,		06	28.72	
	,		06	29.19	,		02	27.35	
6.	,	" 1					"	1:54.87	546
	,		05	28.82	,		06	28.55	
	,		06	30.32	,		05	27.18	
7.	,	"	" 1				"	1:55.93	531
	,		05	28.49	,		04	31.05	
	,		03	27.03	,		04	29.36	
8.	,	" 1					"	1:57.13	515
	,		05	29.27	,		06	28.86	
	,		04	30.14	,		02	28.86	
9.	,	"	" 2				"	1:58.63	496
	,		05	29.79	,		06	29.94	
	,		05	29.98	,		06	28.92	
10.	,	19 2					19	1:58.68	495
	,		03	29.77	,		06	29.53	
	,		05	29.48	,		05	29.90	
11.	,	1 1					1	2:02.37	451
	,		06	30.39	,		06	31.58	
	,		06	31.19	,		06	29.21	
12.	,	"	" 1				"	2:03.69	437
	,		06	30.01	,		06	30.49	
	,		05	31.86	,		05	31.33	

13
06.12.2019 - 13:25

, 800m

15

		7:58.54						07.12.2007	
II	9 +: 11:06.00 / 14 +: 7:45.64	I	9 +: 9:28.00 /	10 +: 8:50.00 /	12 +: 8:17.00 /				
1.			1998		"	"		8:14.00	723
	50m: 28.98 28.98	300m: 3:00.78 1:01.67	600m: 6:10.62 1:03.57						
	100m: 58.61 29.63	400m: 4:03.69 1:02.91	700m: 7:13.93 1:03.31						
	200m: 1:59.11 1:00.50	500m: 5:07.05 1:03.36	800m: 8:14.00 1:00.07						
2.			2003		"	"		8:26.26	671
	50m: 30.88 30.88	300m: 3:09.99 1:03.85	600m: 6:21.71 1:03.83						
	100m: 1:02.23 31.35	400m: 4:13.89 1:03.90	700m: 7:25.79 1:04.08						
	200m: 2:06.14 1:03.91	500m: 5:17.88 1:03.99	800m: 8:26.26 1:00.47						
3.			2004		"	"		8:26.27	671
	50m: 2:05.74 2:05.74	200m: 3:41.35 1:03.58	400m: 5:48.91 1:03.89	600m: 7:57.79 1:04.27					
	100m: 2:37.77 32.03	300m: 4:45.02 1:03.67	500m: 6:53.52 1:04.61	800m: 8:26.27 28.48					
4.			2001		"	"		8:36.00	634
	50m: 29.42 29.42	300m: 3:07.67 1:04.64	600m: 6:23.86 1:05.85						
	100m: 59.90 30.48	400m: 4:12.88 1:05.21	700m: 7:30.83 1:06.97						
	200m: 2:03.03 1:03.13	500m: 5:18.01 1:05.13	800m: 8:36.00 1:05.17						
5.			2004 I		"	"		8:44.85	603
	50m: 30.31 30.31	300m: 3:16.13 1:06.28	600m: 6:34.52 1:06.03						
	100m: 1:03.37 33.06	400m: 4:22.40 1:06.27	700m: 7:41.19 1:06.67						
	200m: 2:09.85 1:06.48	500m: 5:28.49 1:06.09	800m: 8:44.85 1:03.66						
6.			2001		"	"		8:49.40	587
	50m: 30.80 30.80	300m: 3:13.45 1:05.76	600m: 6:34.86 1:07.71						
	100m: 1:02.99 32.19	400m: 4:20.10 1:06.65	700m: 7:42.64 1:07.78						
	200m: 2:07.69 1:04.70	500m: 5:27.15 1:07.05	800m: 8:49.40 1:06.76						
7.			2004		"	"		8:51.53 I	580
	50m: 29.35 29.35	300m: 3:17.38 1:07.84	600m: 6:41.02 1:07.50						
	100m: 1:02.17 32.82	400m: 4:25.46 1:08.08	700m: 7:47.46 1:06.44						
	200m: 2:09.54 1:07.37	500m: 5:33.52 1:08.06	800m: 8:51.53 1:04.07						
8.			2001 I		"	"		8:56.95 I	563
	50m:	250m:	450m:	650m:					
	100m: 1:04.52	300m: 3:18.70	500m: 5:33.81	700m: 7:50.42					
	150m:	350m:	550m:	750m:					
	200m: 2:11.47	400m: 4:26.26	600m: 6:42.87	800m: 8:56.95					
9.			2004		"	"		8:58.11 I	559
	50m: 31.29 31.29	300m: 3:15.71 1:06.66	600m: 6:41.19 1:09.43						
	100m: 1:03.85 32.56	400m: 4:22.89 1:07.18	700m: 7:50.90 1:09.71						
	200m: 2:09.05 1:05.20	500m: 5:31.76 1:08.87	800m: 8:58.11 1:07.21						
10.			2001		"	"		8:59.04 I	556
	50m: 31.58 31.58	300m: 3:18.30 1:06.97	600m: 6:43.05 1:09.17						
	100m: 1:04.75 33.17	400m: 4:25.72 1:07.42	700m: 7:52.49 1:09.44						
	200m: 2:11.33 1:06.58	500m: 5:33.88 1:08.16	800m: 8:59.04 1:06.55						
11.			2003		"	"		9:00.15 I	553
	50m:	250m:	450m:	650m:					
	100m: 1:03.56	300m: 3:17.10	500m: 5:34.35	700m: 7:53.39					
	150m:	350m:	550m:	750m:					
	200m: 2:09.71	400m: 4:25.76	600m: 6:42.70	800m: 9:00.15					
12.			2002		"	"		9:04.05 I	541
	50m: 32.77 32.77	300m: 3:26.95 1:11.13	600m: 7:02.05 1:12.35						
	100m: 1:06.48 33.71	400m: 4:38.08 1:11.13	700m: 8:13.71 1:11.66						
	200m: 2:15.82 1:09.34	500m: 5:49.70 1:11.62	800m: 9:04.05 50.34						
13.			2002		"	"		9:08.21 I	529
	50m: 30.95 30.95	300m: 3:21.95 1:09.04	600m: 6:52.42 1:09.94						
	100m: 1:04.81 33.86	400m: 4:32.23 1:10.28	700m: 8:02.96 1:10.54						
	200m: 2:12.91 1:08.10	500m: 5:42.48 1:10.25	800m: 9:08.21 1:05.25						

	13,	, 800m		, 15						
14.			2003		4			9:08.47	I	528
	50m:	31.31 31.31	300m:	3:22.41 1:08.89	600m:	6:52.37 1:10.25				
	100m:	1:04.79 33.48	400m:	4:32.41 1:10.00	700m:	8:02.87 1:10.50				
	200m:	2:13.52 1:08.73	500m:	5:42.12 1:09.71	800m:	9:08.47 1:05.60				
15.			2003 I		"	"		9:12.65	I	516
	50m:		250m:		450m:		650m:			
	100m:	1:03.83	300m:	3:21.19	500m:	5:41.87	700m:	8:03.57		
	150m:		350m:		550m:		750m:			
	200m:	2:11.95	400m:	4:30.89	600m:	6:52.41	800m:	9:12.65		
16.			2002 I					9:18.93	I	499
	50m:	32.66 32.66	300m:	3:29.94 1:11.19	600m:	7:01.77 1:09.74				
	100m:	1:07.40 34.74	400m:	4:40.86 1:10.92	700m:	8:11.97 1:10.20				
	200m:	2:18.75 1:11.35	500m:	5:52.03 1:11.17	800m:	9:18.93 1:06.96				
17.			2004 II		"	"		9:19.05	I	498
	50m:		250m:		450m:		650m:			
	100m:	1:05.79	300m:	3:27.05	500m:	5:49.39	700m:	8:09.79		
	150m:		350m:		550m:		750m:			
	200m:	2:16.19	400m:	4:37.70	600m:	7:00.79	800m:	9:19.05		
18.			2004 I		"	"		9:23.10	I	488
19.			2004 I		"	"		9:29.81	II	471
	50m:		250m:		450m:		650m:			
	100m:	1:05.96	300m:	3:27.73	500m:	5:52.31	700m:	8:19.00		
	150m:		350m:		550m:		750m:			
	200m:	2:16.18	400m:	4:40.42	600m:	7:05.42	800m:	9:29.81		
20.			2004 I		"	"		9:30.77	II	468
	50m:	32.34 32.34	300m:	3:32.66 1:12.96	600m:	7:09.51 1:11.80				
	100m:	1:07.22 34.88	400m:	4:45.05 1:12.39	700m:	8:21.51 1:12.00				
	200m:	2:19.70 1:12.48	500m:	5:57.71 1:12.66	800m:	9:30.77 1:09.26				
21.			2004 I					9:35.69	II	456
	50m:	32.94 32.94	300m:	3:33.91 1:13.88	600m:	7:15.81 1:14.19				
	100m:	1:08.14 35.20	400m:	4:47.67 1:13.76	700m:	8:27.30 1:11.49				
	200m:	2:20.03 1:11.89	500m:	6:01.62 1:13.95	800m:	9:35.69 1:08.39				
22.			2004 II		"	"		9:40.33	II	446
	50m:		250m:		450m:		650m:			
	100m:	1:09.01	300m:	3:35.68	500m:	6:02.45	700m:	8:30.12		
	150m:		350m:		550m:		750m:			
	200m:	2:22.12	400m:	4:48.97	600m:	7:16.89	800m:	9:40.33		
23.			2002 I		"	"		9:41.79	II	442
	50m:		250m:		450m:		650m:			
	100m:	1:06.72	300m:	3:32.58	500m:	6:01.54	700m:	8:30.91		
	150m:		350m:		550m:		750m:			
	200m:	2:18.58	400m:	4:46.60	600m:	7:16.39	800m:	9:41.79		
24.			2003 II			4		9:42.13	II	441
	50m:		250m:		450m:		650m:			
	100m:	1:07.27	300m:	3:34.12	500m:	6:01.41	700m:	8:29.95		
	150m:		350m:		550m:		750m:			
	200m:	2:20.21	400m:	4:47.49	600m:	7:16.34	800m:	9:42.13		
25.			2004 I		"	"		9:50.17	II	424
	50m:		250m:		450m:		650m:			
	100m:	1:07.53	300m:	3:33.42	500m:	6:01.77	700m:	8:34.83		
	150m:		350m:		550m:		750m:			
	200m:	2:19.63	400m:	4:47.06	600m:	7:17.14	800m:	9:50.17		
26.			2004 II		"	"		10:02.60	II	398
	50m:	32.20 32.20	300m:	3:40.22 1:17.41	600m:	7:32.21 1:16.51				
	100m:	1:07.42 35.22	400m:	4:58.45 1:18.23	700m:	8:49.85 1:17.64				
	200m:	2:22.81 1:15.39	500m:	6:15.70 1:17.25	800m:	10:02.60 1:12.75				

	13,	, 800m	, 15						
27.			2004 II					10:03.84 II	395
	50m:	32.81 32.81	300m:	3:41.10 1:16.48	600m:	7:32.85 1:18.08			
	100m:	1:09.04 36.23	400m:	4:57.46 1:16.36	700m:	8:49.76 1:16.91			
	200m:	2:24.62 1:15.58	500m:	6:14.77 1:17.31	800m:	10:03.84 1:14.08			
28.			2004 II				19	10:31.29 II	346
	50m:		250m:		450m:			650m:	
	100m:	1:11.36	300m:	3:49.10	500m:	6:30.47		700m:	9:12.41
	150m:		350m:		550m:			750m:	
	200m:	2:29.37	400m:	5:09.18	600m:	7:51.61		800m:	10:31.29
EXH			2005 I					9:08.47 I	528
	50m:		250m:		450m:			650m:	
	100m:	1:04.46	300m:	3:22.07	500m:	5:41.80		700m:	8:02.54
	150m:		350m:		550m:			750m:	
	200m:	2:13.20	400m:	4:32.08	600m:	6:52.02		800m:	9:08.47

	14	, 1500m	13
06.12.2019 - 14:25			
	16:14.56		24.11.2017
II	9 +: 22:44.50 /	I	9 +: 20:14.50 /
	12 +: 17:22.50 /		14 +: 16:02.75
			10 +: 18:31.50 /

: FINA 2019

1.			2002					18:11.61	598
	50m:	32.66 32.66	400m:	4:44.45 1:12.35	800m:	9:38.07 1:13.73	1200m:	14:29.56 1:13.25	
	100m:	1:07.24 34.58	500m:	5:57.52 1:13.07	900m:	10:50.57 1:12.50	1300m:	15:43.80 1:14.24	
	200m:	2:19.46 1:12.22	600m:	7:10.69 1:13.17	1000m:	12:03.00 1:12.43	1400m:	16:58.98 1:15.18	
	300m:	3:32.10 1:12.64	700m:	8:24.34 1:13.65	1100m:	13:16.31 1:13.31	1500m:	18:11.61 1:12.63	
2.			2005				19	18:14.28	593
	50m:	34.66 34.66	400m:	4:50.98 1:13.10	800m:	9:42.15 1:13.15	1200m:	14:35.35 1:14.36	
	100m:	1:10.69 36.03	500m:	6:03.25 1:12.27	900m:	10:54.31 1:12.16	1300m:	15:49.74 1:14.39	
	200m:	2:24.40 1:13.71	600m:	7:15.78 1:12.53	1000m:	12:07.30 1:12.99	1400m:	17:03.99 1:14.25	
	300m:	3:37.88 1:13.48	700m:	8:29.00 1:13.22	1100m:	13:20.99 1:13.69	1500m:	18:14.28 1:10.29	
3.			2005 I					18:47.27 I	543
	50m:	35.47 35.47	400m:	4:56.93 1:15.48	800m:	9:58.74 1:16.12	1200m:	15:02.14 1:16.20	
	100m:	1:13.02 37.55	500m:	6:11.96 1:15.03	900m:	11:14.31 1:15.57	1300m:	16:18.86 1:16.72	
	200m:	2:26.94 1:13.92	600m:	7:27.13 1:15.17	1000m:	12:30.26 1:15.95	1400m:	17:35.47 1:16.61	
	300m:	3:41.45 1:14.51	700m:	8:42.62 1:15.49	1100m:	13:45.94 1:15.68	1500m:	18:47.27 1:11.80	
4.			2005 I					18:51.27 I	537
	50m:		450m:		850m:		1250m:		
	100m:	1:10.80	500m:	6:14.42	900m:	11:18.72	1300m:	16:21.64	
	150m:		550m:		950m:		1350m:		
	200m:	2:26.78	600m:	7:30.86	1000m:	12:34.56	1400m:	17:37.49	
	250m:		650m:		1050m:		1450m:		
	300m:	3:42.39	700m:	8:47.10	1100m:	13:50.41	1500m:	18:51.27	
	350m:		750m:		1150m:				
	400m:	4:58.40	800m:	10:03.02	1200m:	15:06.29			
5.			2003 I					19:26.64 I	489
	50m:		450m:		850m:		1250m:		
	100m:	1:12.70	500m:	6:18.83	900m:	11:33.67	1300m:	16:50.25	
	150m:		550m:		950m:		1350m:		
	200m:	2:28.32	600m:	7:36.09	1000m:	12:51.21	1400m:	18:08.57	
	250m:		650m:		1050m:		1450m:		
	300m:	3:46.26	700m:	8:55.07	1100m:	14:10.83	1500m:	19:26.64	
	350m:		750m:		1150m:				
	400m:	5:02.95	800m:	10:14.17	1200m:	15:30.25			

14,	, 1500m	, 13					
6.		2005 I		"	"	19:28.92 I	487
50m:		450m:		850m:		1250m:	
100m: 1:13.09		500m: 6:24.78		900m: 11:37.74		1300m: 16:53.87	
150m:		550m:		950m:		1350m:	
200m: 2:30.32		600m: 7:42.05		1000m: 12:56.32		1400m: 18:12.99	
250m:		650m:		1050m:		1450m:	
300m: 3:48.41		700m: 9:00.46		1100m: 14:15.26		1500m: 19:28.92	
350m:		750m:		1150m:			
400m: 5:06.71		800m: 10:19.18		1200m: 15:34.83			
7.		2005 II		"	"	20:02.43 I	447
50m: 35.13 35.13		400m: 5:16.13 1:20.81		800m: 10:39.17 1:20.73		1200m: 16:02.13 1:20.55	
100m: 1:14.02 38.89		500m: 6:37.95 1:21.82		900m: 11:59.48 1:20.31		1300m: 17:22.85 1:20.72	
200m: 2:34.28 1:20.26		600m: 7:58.04 1:20.09		1000m: 13:19.87 1:20.39		1400m: 18:44.52 1:21.67	
300m: 3:55.32 1:21.04		700m: 9:18.44 1:20.40		1100m: 14:41.58 1:21.71		1500m: 20:02.43 1:17.91	
8.		2006 II				20:09.32 I	439
50m:		450m:		850m:		1250m:	
100m: 1:13.75		500m: 6:37.68		900m: 12:02.34		1300m: 17:30.26	
150m:		550m:		950m:		1350m:	
200m: 2:33.97		600m: 7:58.88		1000m: 13:24.32		1400m: 18:52.04	
250m:		650m:		1050m:		1450m:	
300m: 3:55.05		700m: 9:19.19		1100m: 14:45.72		1500m: 20:09.32	
350m:		750m:		1150m:			
400m: 5:15.84		800m: 10:41.28		1200m: 16:07.79			
9.		2006 I		"	"	20:11.09 I	437
50m: 35.59 35.59		400m: 5:02.77 1:18.08		800m: 10:32.46 1:24.26		1200m: 16:03.39 1:22.10	
100m: 1:12.84 37.25		500m: 6:22.89 1:20.12		900m: 11:56.80 1:24.34		1300m: 17:27.07 1:23.68	
200m: 2:27.99 1:15.15		600m: 7:44.71 1:21.82		1000m: 13:19.63 1:22.83		1400m: 18:49.92 1:22.85	
300m: 3:44.69 1:16.70		700m: 9:08.20 1:23.49		1100m: 14:41.29 1:21.66		1500m: 20:11.09 1:21.17	
10.		2005 II		"	"	20:59.21 II	389
50m: 37.62 37.62		400m: 5:30.18 1:25.25		800m: 11:09.51 1:23.99		1200m: 16:47.40 1:24.15	
100m: 1:17.96 40.34		500m: 6:55.97 1:25.79		900m: 12:34.16 1:24.65		1300m: 18:11.77 1:24.37	
200m: 2:41.32 1:23.36		600m: 8:21.65 1:25.68		1000m: 13:58.59 1:24.43		1400m: 19:36.27 1:24.50	
300m: 4:04.93 1:23.61		700m: 9:45.52 1:23.87		1100m: 15:23.25 1:24.66		1500m: 20:59.21 1:22.94	