

17.11.2024			32			, 400m			2010		
: FINA 2023											
1.			2008								
	50m:	32.18	32.18	150m:	1:42.97	35.41	250m:	2:53.11	34.60	350m:	4:00.87
	100m:	1:07.56	35.38	200m:	2:18.51	35.54	300m:	3:27.76	34.65	400m:	4:38.39
											33.11
											37.52
2.			2009								
	50m:	32.58	32.58	150m:	1:40.90	34.08	250m:	2:51.51	35.51	350m:	4:03.07
	100m:	1:06.82	34.24	200m:	2:16.00	35.10	300m:	3:27.33	35.82	400m:	4:38.63
											35.74
											35.56
3.			2008								
	50m:	31.89	31.89	150m:	1:42.66	35.81	250m:	2:55.14	36.44	350m:	4:08.28
	100m:	1:06.85	34.96	200m:	2:18.70	36.04	300m:	3:31.73	36.59	400m:	4:44.17
											36.55
											35.89
4.			2009	I							
	50m:	32.82	32.82	150m:	1:43.80	35.69	250m:	2:55.85	36.36	350m:	4:10.18
	100m:	1:08.11	35.29	200m:	2:19.49	35.69	300m:	3:32.71	36.86	400m:	4:44.52
											37.47
											34.34
5.			2008								
	50m:	33.03	33.03	150m:	1:44.70	36.06	250m:	2:57.17	36.33	350m:	4:10.94
	100m:	1:08.64	35.61	200m:	2:20.84	36.14	300m:	3:33.52	36.35	400m:	4:44.96
											37.42
											34.02
6.			2008								
	50m:	32.81	32.81	150m:	1:44.70	36.31	250m:	2:57.66	36.20	350m:	4:10.37
	100m:	1:08.39	35.58	200m:	2:21.46	36.76	300m:	3:34.09	36.43	400m:	4:46.05
											36.28
											35.68
7.			2008								
	50m:	32.27	32.27	150m:	1:42.16	35.33	250m:	2:55.07	36.92	350m:	4:09.76
	100m:	1:06.83	34.56	200m:	2:18.15	35.99	300m:	3:32.15	37.08	400m:	4:46.17
											37.61
											36.41
8.			2008								
	50m:	32.67	32.67	150m:	1:44.93	36.59	250m:	2:58.98	37.11	350m:	4:13.38
	100m:	1:08.34	35.67	200m:	2:21.87	36.94	300m:	3:36.53	37.55	400m:	4:48.88
											36.85
											35.50
9.			2003								
	50m:	32.46	32.46	150m:	1:46.04	36.76	250m:	2:59.33	36.30	350m:	4:13.04
	100m:	1:09.28	36.82	200m:	2:23.03	36.99	300m:	3:36.19	36.86	400m:	4:50.05
											36.85
											37.01
10.			2009								
	50m:	32.69	32.69	150m:	1:44.29	36.32	250m:	2:59.38	37.81	350m:	4:14.97
	100m:	1:07.97	35.28	200m:	2:21.57	37.28	300m:	3:37.02	37.64	400m:	4:52.87
											37.95
											37.90
11.			2009	I							
	50m:	34.05	34.05	150m:	1:47.56	37.36	250m:	3:01.67	37.10	350m:	4:17.12
	100m:	1:10.20	36.15	200m:	2:24.57	37.01	300m:	3:39.45	37.78	400m:	4:53.94
											37.67
											36.82
12.			2008	I							
	50m:	34.21	34.21	150m:	1:49.08	37.84	250m:	3:05.70	38.30	350m:	4:21.75
	100m:	1:11.24	37.03	200m:	2:27.40	38.32	300m:	3:43.99	38.29	400m:	4:57.69
											37.76
											35.94
13.			2010	I							
	50m:	34.74	34.74	150m:	1:48.91	36.88	250m:	3:04.15	38.02	350m:	4:20.34
	100m:	1:12.03	37.29	200m:	2:26.13	37.22	300m:	3:42.21	38.06	400m:	4:57.79
											38.13
											37.45
14.			2010								
	50m:	33.04	33.04	150m:	1:46.77	37.24	250m:	3:02.26	37.71	350m:	4:17.63
	100m:	1:09.53	36.49	200m:	2:24.55	37.78	300m:	3:40.28	38.02	400m:	4:58.17
											37.35
											40.54
15.			2010	I							
	50m:	34.13	34.13	150m:	1:48.61	37.51	250m:	3:03.03	37.16	350m:	4:20.26
	100m:	1:11.10	36.97	200m:	2:25.87	37.26	300m:	3:41.47	38.44	400m:	4:58.24
											38.79
											37.98