

" (25)
 12-13 (2011 - 2012 . .), 10-11 (2013- 2014 . .)
 , 15.10 - 17.10.2024 .

4 , 800m 2011 - 2012
 16.10.2024 - 10:25

: FINA 2023

1.			2011	I								8:52.42	I	577
	50m:	30.32	30.32	250m:	2:44.63	33.40	450m:	4:59.50	33.12	650m:	7:14.06	33.84		
	100m:	1:03.28	32.96	300m:	3:18.62	33.99	500m:	5:32.75	33.25	700m:	7:48.00	33.94		
	150m:	1:37.12	33.84	350m:	3:52.25	33.63	550m:	6:06.35	33.60	750m:	8:21.84	33.84		
	200m:	2:11.23	34.11	400m:	4:26.38	34.13	600m:	6:40.22	33.87	800m:	8:52.42	30.58		
2.			2011	I								8:57.99	I	559
	50m:	30.26	30.26	250m:	2:45.80	34.11	450m:	5:01.69	33.75	650m:	7:17.99	34.43		
	100m:	1:03.29	33.03	300m:	3:19.54	33.74	500m:	5:35.47	33.78	700m:	7:52.43	34.44		
	150m:	1:37.30	34.01	350m:	3:53.58	34.04	550m:	6:09.26	33.79	750m:	8:26.69	34.26		
	200m:	2:11.69	34.39	400m:	4:27.94	34.36	600m:	6:43.56	34.30	800m:	8:57.99	31.30		
3.			2011	I								9:16.39	I	506
	50m:	30.37	30.37	250m:	2:46.58	34.76	450m:	5:09.15	36.23	650m:	7:31.91	35.77		
	100m:	1:03.56	33.19	300m:	3:21.34	34.76	500m:	5:44.75	35.60	700m:	8:07.38	35.47		
	150m:	1:37.42	33.86	350m:	3:56.93	35.59	550m:	6:20.57	35.82	750m:	8:42.74	35.36		
	200m:	2:11.82	34.40	400m:	4:32.92	35.99	600m:	6:56.14	35.57	800m:	9:16.39	33.65		
4.			2011	II								9:21.78	I	491
	50m:	31.87	31.87	250m:	2:53.29	35.69	450m:	5:16.17	35.81	650m:	7:38.09	35.44		
	100m:	1:06.52	34.65	300m:	3:29.13	35.84	500m:	5:51.74	35.57	700m:	8:13.67	35.58		
	150m:	1:42.01	35.49	350m:	4:04.77	35.64	550m:	6:27.10	35.36	750m:	8:48.78	35.11		
	200m:	2:17.60	35.59	400m:	4:40.36	35.59	600m:	7:02.65	35.55	800m:	9:21.78	33.00		
5.			2011	II								9:26.86	II	478
	50m:	32.09	32.09	250m:	2:54.40	35.97	450m:	5:18.85	36.10	650m:	7:43.43	36.07		
	100m:	1:06.84	34.75	300m:	3:30.92	36.52	500m:	5:54.82	35.97	700m:	8:19.39	35.96		
	150m:	1:42.13	35.29	350m:	4:06.80	35.88	550m:	6:31.40	36.58	750m:	8:54.92	35.53		
	200m:	2:18.43	36.30	400m:	4:42.75	35.95	600m:	7:07.36	35.96	800m:	9:26.86	31.94		
6.			2011	II								9:27.80	II	476
	50m:	33.20	33.20	250m:	2:56.13	35.82	450m:	5:19.38	35.74	650m:	7:42.76	35.87		
	100m:	1:08.37	35.17	300m:	3:31.82	35.69	500m:	5:54.73	35.35	700m:	8:18.08	35.32		
	150m:	1:44.44	36.07	350m:	4:07.65	35.83	550m:	6:31.02	36.29	750m:	8:53.94	35.86		
	200m:	2:20.31	35.87	400m:	4:43.64	35.99	600m:	7:06.89	35.87	800m:	9:27.80	33.86		
7.			2011	I								9:28.29	II	475
	50m:	32.18	32.18	250m:	2:53.79	35.65	450m:	5:18.05	36.21	650m:	7:41.99	35.71		
	100m:	1:06.98	34.80	300m:	3:29.59	35.80	500m:	5:54.60	36.55	700m:	8:17.67	35.68		
	150m:	1:42.74	35.76	350m:	4:06.12	36.53	550m:	6:30.61	36.01	750m:	8:53.40	35.73		
	200m:	2:18.14	35.40	400m:	4:41.84	35.72	600m:	7:06.28	35.67	800m:	9:28.29	34.89		
8.			2012	II								9:29.48	II	472
	50m:	31.96	31.96	250m:	2:55.78	36.00	450m:	5:20.52	35.84	650m:	7:43.80	36.38		
	100m:	1:07.37	35.41	300m:	3:31.91	36.13	500m:	5:56.77	36.25	700m:	8:20.00	36.20		
	150m:	1:43.77	36.40	350m:	4:08.27	36.36	550m:	6:32.51	35.74	750m:	8:55.99	35.99		
	200m:	2:19.78	36.01	400m:	4:44.68	36.41	600m:	7:07.42	34.91	800m:	9:29.48	33.49		
9.			2011	I								9:32.09	II	465
	50m:	31.91	31.91	250m:	2:53.13	36.38	450m:	5:17.70	36.19	650m:	7:43.56	36.50		
	100m:	1:06.24	34.33	300m:	3:28.90	35.77	500m:	5:54.66	36.96	700m:	8:19.72	36.16		
	150m:	1:41.49	35.25	350m:	4:05.41	36.51	550m:	6:30.68	36.02	750m:	8:56.13	36.41		
	200m:	2:16.75	35.26	400m:	4:41.51	36.10	600m:	7:07.06	36.38	800m:	9:32.09	35.96		
10.			2011	II								9:33.89	II	461
	50m:	32.61	32.61	250m:	2:55.63	36.08	450m:	5:20.23	36.32	650m:	7:46.03	36.44		
	100m:	1:07.93	35.32	300m:	3:31.30	35.67	500m:	5:56.70	36.47	700m:	8:22.59	36.56		
	150m:	1:43.98	36.05	350m:	4:07.53	36.23	550m:	6:33.29	36.59	750m:	8:59.47	36.88		
	200m:	2:19.55	35.57	400m:	4:43.91	36.38	600m:	7:09.59	36.30	800m:	9:33.89	34.42		

(25)

4, , 800m			2011 - 2012								
22.			2011				1		9:51.52		421
	50m:	31.69 31.69	250m:	2:58.21 37.46	450m:	5:30.38 38.30	650m:	8:02.24 37.73			
	100m:	1:06.95 35.26	300m:	3:36.02 37.81	500m:	6:08.21 37.83	700m:	8:40.16 37.92			
	150m:	1:43.55 36.60	350m:	4:13.80 37.78	550m:	6:46.49 38.28	750m:	9:17.69 37.53			
	200m:	2:20.75 37.20	400m:	4:52.08 38.28	600m:	7:24.51 38.02	800m:	9:51.52 33.83			
23.			2011					9:53.55		416	
	100m:	1:09.38 1:09.38	300m:	3:39.24 1:15.38	500m:	6:10.74 1:15.84	700m:	8:42.20 1:15.03			
	200m:	2:23.86 1:14.48	400m:	4:54.90 1:15.66	600m:	7:27.17 1:16.43	800m:	9:53.55 1:11.35			
24.			2011				4		9:53.59		416
	50m:	31.70 31.70	250m:	2:56.01 37.34	450m:	5:28.42 38.27	650m:	8:02.32 38.43			
	100m:	1:05.70 34.00	300m:	3:33.81 37.80	500m:	6:06.99 38.57	700m:	8:40.33 38.01			
	150m:	1:41.49 35.79	350m:	4:11.82 38.01	550m:	6:45.39 38.40	750m:	9:18.15 37.82			
	200m:	2:18.67 37.18	400m:	4:50.15 38.33	600m:	7:23.89 38.50	800m:	9:53.59 35.44			
25.			2011				" "	9:54.35		415	
	50m:	33.71 33.71	250m:	3:02.93 37.27	450m:	5:35.23 38.33	650m:	8:06.25 37.04			
	100m:	1:11.06 37.35	300m:	3:40.80 37.87	500m:	6:13.56 38.33	700m:	8:43.55 37.30			
	150m:	1:48.21 37.15	350m:	4:18.92 38.12	550m:	6:51.58 38.02	750m:	9:19.66 36.11			
	200m:	2:25.66 37.45	400m:	4:56.90 37.98	600m:	7:29.21 37.63	800m:	9:54.35 34.69			
26.			2011				" "	9:54.68		414	
	50m:	31.67 31.67	250m:	2:57.39 37.78	450m:	5:29.08 37.93	650m:	8:01.51 38.47			
	100m:	1:06.11 34.44	300m:	3:34.95 37.56	500m:	6:06.68 37.60	700m:	8:40.15 38.64			
	150m:	1:42.29 36.18	350m:	4:12.92 37.97	550m:	6:44.97 38.29	750m:	9:18.16 38.01			
	200m:	2:19.61 37.32	400m:	4:51.15 38.23	600m:	7:23.04 38.07	800m:	9:54.68 36.52			
27.			2011					9:55.10		413	
	50m:	33.69 33.69	250m:	3:01.07 37.89	450m:	5:32.65 37.72	650m:	8:03.94 37.76			
	100m:	1:09.06 35.37	300m:	3:38.85 37.78	500m:	6:10.52 37.87	700m:	8:41.42 37.48			
	150m:	1:45.80 36.74	350m:	4:16.91 38.06	550m:	6:48.58 38.06	750m:	9:19.27 37.85			
	200m:	2:23.18 37.38	400m:	4:54.93 38.02	600m:	7:26.18 37.60	800m:	9:55.10 35.83			
28.			2011					9:56.65		410	
	50m:	31.38 31.38	250m:	2:57.56 37.36	450m:	5:28.16 37.86	650m:	8:03.42 38.98			
	100m:	1:07.05 35.67	300m:	3:35.12 37.56	500m:	6:06.54 38.38	700m:	8:42.22 38.80			
	150m:	1:43.57 36.52	350m:	4:12.36 37.24	550m:	6:45.42 38.88	750m:	9:21.46 39.24			
	200m:	2:20.20 36.63	400m:	4:50.30 37.94	600m:	7:24.44 39.02	800m:	9:56.65 35.19			
29.			2012				" "	9:58.50		406	
	50m:	34.09 34.09	250m:	3:01.38 37.19	450m:	5:33.59 37.89	650m:	8:05.57 37.60			
	100m:	1:10.12 36.03	300m:	3:38.81 37.43	500m:	6:11.54 37.95	700m:	8:44.47 38.90			
	150m:	1:46.86 36.74	350m:	4:17.12 38.31	550m:	6:49.98 38.44	750m:	9:22.30 37.83			
	200m:	2:24.19 37.33	400m:	4:55.70 38.58	600m:	7:27.97 37.99	800m:	9:58.50 36.20			
30.			2011				" "	9:59.68		404	
	50m:	33.65 33.65	250m:	3:03.32 38.02	450m:	5:34.49 38.24	650m:	8:07.30 38.05			
	100m:	1:10.45 36.80	300m:	3:40.84 37.52	500m:	6:12.84 38.35	700m:	8:45.18 37.88			
	150m:	1:47.86 37.41	350m:	4:18.15 37.31	550m:	6:50.87 38.03	750m:	9:23.36 38.18			
	200m:	2:25.30 37.44	400m:	4:56.25 38.10	600m:	7:29.25 38.38	800m:	9:59.68 36.32			
31.			2011				" "	10:00.34		402	
	50m:	32.73 32.73	250m:	3:03.00 38.79	450m:	5:36.20 38.17	650m:	8:07.97 37.97			
	100m:	1:07.90 35.17	300m:	3:41.49 38.49	500m:	6:14.15 37.95	700m:	8:46.43 38.46			
	150m:	1:45.47 37.57	350m:	4:19.38 37.89	550m:	6:52.14 37.99	750m:	9:22.43 36.00			
	200m:	2:24.21 38.74	400m:	4:58.03 38.65	600m:	7:30.00 37.86	800m:	10:00.34 37.91			
32.			2011				-19	10:01.12		401	
	100m:	1:08.96 1:08.96	300m:	3:39.03 1:15.09	500m:	6:12.90 1:17.28	700m:	8:48.37 1:18.94			
	200m:	2:23.94 1:14.98	400m:	4:55.62 1:16.59	600m:	7:29.43 1:16.53	800m:	10:01.12 1:12.75			

4, , 800m		2011 - 2012											
33.				2011	I			"	"		10:02.26		399
	50m:	32.63	32.63	250m:	3:02.44	38.58	450m:	5:37.71	38.95	650m:	8:13.03	38.50	
	100m:	1:08.60	35.97	300m:	3:41.10	38.66	500m:	6:17.11	39.40	700m:	8:51.32	38.29	
	150m:	1:45.98	37.38	350m:	4:19.95	38.85	550m:	6:56.40	39.29	750m:	9:28.13	36.81	
	200m:	2:23.86	37.88	400m:	4:58.76	38.81	600m:	7:34.53	38.13	800m:	10:02.26	34.13	
34.				2011				"	"		10:04.22		395
	100m:	1:09.40	1:09.40	300m:	3:41.24	1:16.90	500m:	6:16.07	1:17.94	700m:	8:50.05	1:17.18	
	200m:	2:24.34	1:14.94	400m:	4:58.13	1:16.89	600m:	7:32.87	1:16.80	800m:	10:04.22	1:14.17	
35.				2011				"	"		10:04.97		393
	100m:	1:09.82	1:09.82	300m:	3:40.18	1:15.70	500m:	6:13.17	1:16.53	700m:	8:49.40	1:17.70	
	200m:	2:24.48	1:14.66	400m:	4:56.64	1:16.46	600m:	7:31.70	1:18.53	800m:	10:04.97	1:15.57	
36.				2012				"	"		10:05.23		393
	100m:	1:09.99	1:09.99	300m:	3:43.54	1:16.37	500m:	6:18.56	1:17.36	700m:	8:51.99	1:16.04	
	200m:	2:27.17	1:17.18	400m:	5:01.20	1:17.66	600m:	7:35.95	1:17.39	800m:	10:05.23	1:13.24	
37.				2011				-19			10:06.39		391
	50m:	34.33	34.33	250m:	3:08.46	39.08	450m:	5:42.46	37.94	650m:	8:16.07	38.56	
	100m:	1:12.02	37.69	300m:	3:47.25	38.79	500m:	6:20.59	38.13	700m:	8:54.89	38.82	
	150m:	1:50.66	38.64	350m:	4:25.95	38.70	550m:	6:58.95	38.36	750m:	9:32.44	37.55	
	200m:	2:29.38	38.72	400m:	5:04.52	38.57	600m:	7:37.51	38.56	800m:	10:06.39	33.95	
38.				2012				-19			10:06.58		390
	100m:	1:13.07	1:13.07	300m:	3:47.28	1:17.28	500m:	6:20.07	1:16.32	700m:	8:54.44	1:17.19	
	200m:	2:30.00	1:16.93	400m:	5:03.75	1:16.47	600m:	7:37.25	1:17.18	800m:	10:06.58	1:12.14	
39.				2011				"	"		10:06.70		390
	100m:	1:11.49	1:11.49	300m:	3:43.21	1:13.83	500m:	6:19.86	1:17.73	700m:	8:52.64	1:17.22	
	200m:	2:29.38	1:17.89	400m:	5:02.13	1:18.92	600m:	7:35.42	1:15.56	800m:	10:06.70	1:14.06	
40.				2011				"	"		10:06.78		390
	100m:	1:09.14	1:09.14	300m:	3:42.31	1:16.90	500m:	6:17.36	1:17.51	700m:	8:51.66	1:16.88	
	200m:	2:25.41	1:16.27	400m:	4:59.85	1:17.54	600m:	7:34.78	1:17.42	800m:	10:06.78	1:15.12	
41.				2011				"	"		10:09.37		385
	100m:	1:07.86	1:07.86	300m:	3:40.11	1:17.34	500m:	6:17.75	1:18.61	700m:	8:54.67	1:19.37	
	200m:	2:22.77	1:14.91	400m:	4:59.14	1:19.03	600m:	7:35.30	1:17.55	800m:	10:09.37	1:14.70	
42.				2011				"	"		10:10.53		383
	50m:	34.28	34.28	250m:	3:06.49	38.62	450m:	5:42.77	39.00	650m:	8:20.08	39.50	
	100m:	1:11.45	37.17	300m:	3:45.58	39.09	500m:	6:22.55	39.78	700m:	9:00.31	40.23	
	150m:	1:50.12	38.67	350m:	4:24.66	39.08	550m:	7:01.36	38.81	750m:	9:35.95	35.64	
	200m:	2:27.87	37.75	400m:	5:03.77	39.11	600m:	7:40.58	39.22	800m:	10:10.53	34.58	
43.				2012				"	"		10:11.88		380
	100m:	1:11.94	1:11.94	300m:	3:46.81	1:17.83	500m:	6:23.07	1:18.16	700m:	8:58.08	1:17.39	
	200m:	2:28.98	1:17.04	400m:	5:04.91	1:18.10	600m:	7:40.69	1:17.62	800m:	10:11.88	1:13.80	
44.				2011				-19			10:12.70		379
	50m:	34.02	34.02	250m:	3:06.65	38.25	450m:	5:42.84	39.17	650m:	8:17.61	38.39	
	100m:	1:11.74	37.72	300m:	3:45.35	38.70	500m:	6:21.70	38.86	700m:	8:56.67	39.06	
	150m:	1:49.69	37.95	350m:	4:24.46	39.11	550m:	7:00.70	39.00	750m:	9:35.69	39.02	
	200m:	2:28.40	38.71	400m:	5:03.67	39.21	600m:	7:39.22	38.52	800m:	10:12.70	37.01	
45.				2011				"	"		10:14.02		376
	100m:	1:12.58	1:12.58	300m:	3:49.36	1:18.57	500m:	6:25.90	1:18.06	700m:	9:00.98	1:17.25	
	200m:	2:30.79	1:18.21	400m:	5:07.84	1:18.48	600m:	7:43.73	1:17.83	800m:	10:14.02	1:13.04	

4, , 800m				2011 - 2012							
46.				2011			"	"		10:14.31	376
	50m:	33.77	33.77	250m:	3:04.58	38.17	450m:	5:40.64	39.69	650m:	8:18.06 38.88
	100m:	1:10.54	36.77	300m:	3:43.59	39.01	500m:	6:20.27	39.63	700m:	8:57.35 39.29
	150m:	1:47.72	37.18	350m:	4:22.69	39.10	550m:	6:59.48	39.21	750m:	9:36.77 39.42
	200m:	2:26.41	38.69	400m:	5:00.95	38.26	600m:	7:39.18	39.70	800m:	10:14.31 37.54
47.				2011			-19			10:15.54	373
	100m:	1:12.10	1:12.10	300m:	3:47.42	1:25.83	500m:	6:23.07	1:16.97	700m:	8:58.16 1:17.44
	200m:	2:21.59	1:09.49	400m:	5:06.10	1:18.68	600m:	7:40.72	1:17.65	800m:	10:15.54 1:17.38
48.				2012			"	"		10:16.40	372
	100m:	1:12.34	1:12.34	300m:	3:47.78	1:18.10	500m:	6:24.47	1:18.86	700m:	9:01.54 1:18.53
	200m:	2:29.68	1:17.34	400m:	5:05.61	1:17.83	600m:	7:43.01	1:18.54	800m:	10:16.40 1:14.86
49.				2011						10:17.60	370
	50m:	34.43	34.43	250m:	3:06.56	38.53	450m:	5:42.96	39.64	650m:	8:20.95 39.42
	100m:	1:11.33	36.90	300m:	3:45.11	38.55	500m:	6:22.62	39.66	700m:	9:00.53 39.58
	150m:	1:49.36	38.03	350m:	4:23.98	38.87	550m:	7:02.06	39.44	750m:	9:40.05 39.52
	200m:	2:28.03	38.67	400m:	5:03.32	39.34	600m:	7:41.53	39.47	800m:	10:17.60 37.55
50.				2011						10:18.03	369
	100m:	1:11.34	1:11.34	300m:	3:48.53	1:19.18	500m:	6:27.69	1:19.28	700m:	9:04.32 1:18.08
	200m:	2:29.35	1:18.01	400m:	5:08.41	1:19.88	600m:	7:46.24	1:18.55	800m:	10:18.03 1:13.71
51.				2011			"	"		10:18.94	367
	50m:	34.24	34.24	250m:	3:07.32	38.80	450m:	5:44.40	38.97	650m:	8:22.16 39.54
	100m:	1:11.48	37.24	300m:	3:46.19	38.87	500m:	6:23.55	39.15	700m:	9:01.89 39.73
	150m:	1:49.83	38.35	350m:	4:25.96	39.77	550m:	7:03.40	39.85	750m:	9:40.96 39.07
	200m:	2:28.52	38.69	400m:	5:05.43	39.47	600m:	7:42.62	39.22	800m:	10:18.94 37.98
52.				2011			"	"		10:20.72	364
	100m:	1:11.44	1:11.44	300m:	3:50.90	1:20.43	500m:	6:30.26	1:20.23	700m:	9:06.09
	200m:	2:30.47	1:19.03	400m:	5:10.03	1:19.13	600m:	9:49.23	3:18.97	800m:	10:20.72 1:14.63
53.				2011			"	"		10:23.02	360
	100m:	1:11.88	1:11.88	300m:	3:47.10	1:17.88	500m:	6:25.37	1:19.68	700m:	9:05.47 1:20.00
	200m:	2:29.22	1:17.34	400m:	5:05.69	1:18.59	600m:	7:45.47	1:20.10	800m:	10:23.02 1:17.55
54.				2012			"	"		10:23.20	360
	50m:	31.17	31.17	250m:	3:01.89	38.95	450m:	5:43.25	40.52	650m:	8:26.34 40.63
	100m:	1:07.07	35.90	300m:	3:42.17	40.28	500m:	6:24.25	41.00	700m:	9:06.67 40.33
	150m:	1:44.40	37.33	350m:	4:22.11	39.94	550m:	7:04.67	40.42	750m:	9:46.09 39.42
	200m:	2:22.94	38.54	400m:	5:02.73	40.62	600m:	7:45.71	41.04	800m:	10:23.20 37.11
55.				2011			"	"		10:23.61	359
	100m:	1:12.62	1:12.62	300m:	3:50.50	1:19.00	500m:	6:30.44	1:19.66	700m:	9:08.00 1:18.92
	200m:	2:31.50	1:18.88	400m:	5:10.78	1:20.28	600m:	7:49.08	1:18.64	800m:	10:23.61 1:15.61
56.				2012			"	"		10:23.86	359
	50m:	35.99	35.99	250m:	3:14.31	39.31	450m:	5:54.38	39.61	650m:	8:30.16 39.70
	100m:	1:15.05	39.06	300m:	3:54.74	40.43	500m:	6:33.54	39.16	700m:	9:08.24 38.08
	150m:	1:54.82	39.77	350m:	4:34.76	40.02	550m:	7:11.93	38.39	750m:	9:48.38 40.14
	200m:	2:35.00	40.18	400m:	5:14.77	40.01	600m:	7:50.46	38.53	800m:	10:23.86 35.48
57.				2011			"	"		10:24.84	357
	100m:	1:10.76	1:10.76	300m:	3:43.86	1:17.66	500m:	6:23.65	1:20.66	700m:	9:07.07 1:22.00
	200m:	2:26.20	1:15.44	400m:	5:02.99	1:19.13	600m:	7:45.07	1:21.42	800m:	10:24.84 1:17.77
58.				2012			"	"		10:26.89	353
	50m:	34.98	34.98	250m:	3:12.68	39.89	450m:	5:52.13	39.84	650m:	8:31.46 39.38
	100m:	1:13.46	38.48	300m:	3:53.09	40.41	500m:	6:31.54	39.41	700m:	9:10.66 39.20
	150m:	1:52.99	39.53	350m:	4:32.26	39.17	550m:	7:12.06	40.52	750m:	9:51.05 40.39
	200m:	2:32.79	39.80	400m:	5:12.29	40.03	600m:	7:52.08	40.02	800m:	10:26.89 35.84

4, , 800m			2011 - 2012									
59.			2011							10:28.15		351
50m:	32.52	32.52	250m:	3:06.73	38.31	450m:	5:49.29	39.75	650m:	8:31.88	40.20	
100m:	1:09.72	37.20	300m:	3:47.39	40.66	500m:	6:29.56	40.27	700m:	9:12.92	41.04	
150m:	1:48.43	38.71	350m:	4:28.30	40.91	550m:	7:10.94	41.38	750m:	9:49.87	36.95	
200m:	2:28.42	39.99	400m:	5:09.54	41.24	600m:	7:51.68	40.74	800m:	10:28.15	38.28	
60.			2011							10:28.18		351
50m:	33.44	33.44	250m:	3:07.74	40.21	450m:	5:47.78	39.84	650m:	8:28.96	40.06	
100m:	1:10.39	36.95	300m:	3:47.81	40.07	500m:	6:27.90	40.12	700m:	9:09.17	40.21	
150m:	1:48.06	39.17	350m:	4:27.77	39.96	550m:	7:08.44	40.54	750m:	9:50.06	40.89	
200m:	2:27.53	39.47	400m:	5:07.94	40.17	600m:	7:48.90	40.46	800m:	10:28.18	38.12	
61.			2011							10:28.73		350
50m:	34.94	34.94	250m:	3:12.19	39.56	450m:	5:51.34	39.55	650m:	8:31.12	40.22	
100m:	1:13.43	38.49	300m:	3:51.86	39.67	500m:	6:31.28	39.94	700m:	9:11.17	40.05	
150m:	1:53.14	39.71	350m:	4:31.69	39.83	550m:	7:10.80	39.52	750m:	9:51.11	39.94	
200m:	2:32.63	39.49	400m:	5:11.79	40.10	600m:	7:50.90	40.10	800m:	10:28.73	37.62	
62.			2011							10:30.72		347
50m:	34.58	34.58	250m:	3:10.06	39.73	450m:	5:51.07	39.71	650m:	8:30.72	39.92	
100m:	1:12.24	37.66	300m:	3:50.85	40.79	500m:	6:30.79	39.72	700m:	9:11.00	40.28	
150m:	1:51.41	39.17	350m:	4:31.14	40.29	550m:	7:11.19	40.40	750m:	10:30.72	1:19.72	
200m:	2:30.33	38.92	400m:	5:11.36	40.22	600m:	7:50.80	39.61	800m:	10:30.72		
63.			2011							10:31.11		346
100m:	1:11.24	1:11.24	300m:	3:49.45	1:19.59	500m:	6:31.38	1:20.14	700m:	9:12.57	1:20.43	
200m:	2:29.86	1:18.62	400m:	5:11.24	1:21.79	600m:	7:52.14	1:20.76	800m:	10:31.11	1:18.54	
64.			2011							10:31.95		345
50m:	35.36	35.36	250m:	3:17.08	41.38	450m:	5:55.08	40.90	650m:	8:34.82	39.01	
100m:	1:14.72	39.36	300m:	3:56.05	38.97	500m:	6:35.00	39.92	700m:	9:13.82	39.00	
150m:	1:54.85	40.13	350m:	4:34.47	38.42	550m:	7:14.90	39.90	750m:	9:54.12	40.30	
200m:	2:35.70	40.85	400m:	5:14.18	39.71	600m:	7:55.81	40.91	800m:	10:31.95	37.83	
65.			2011							10:34.93		340
50m:	36.19	36.19	250m:	3:14.60	39.98	450m:	5:55.19	40.16	650m:	8:37.72	40.36	
100m:	1:14.43	38.24	300m:	3:54.14	39.54	500m:	6:35.62	40.43	700m:	9:18.58	40.86	
150m:	1:54.08	39.65	350m:	4:34.20	40.06	550m:	7:16.62	41.00	750m:	9:58.82	40.24	
200m:	2:34.62	40.54	400m:	5:15.03	40.83	600m:	7:57.36	40.74	800m:	10:34.93	36.11	
66.			2012							10:35.02		340
50m:	36.28	36.28	250m:	3:17.11	40.98	450m:	6:00.46	41.14	650m:	8:40.22	39.48	
100m:	1:15.61	39.33	300m:	3:58.12	41.01	500m:	6:41.57	41.11	700m:	9:19.84	39.62	
150m:	1:55.80	40.19	350m:	4:39.33	41.21	550m:	7:21.33	39.76	750m:	9:58.86	39.02	
200m:	2:36.13	40.33	400m:	5:19.32	39.99	600m:	8:00.74	39.41	800m:	10:35.02	36.16	
67.			2011							10:35.31		340
100m:	1:14.20	1:14.20	300m:	3:55.09	1:20.59	500m:	6:34.75	1:20.78	700m:	9:16.25	1:20.05	
200m:	2:34.50	1:20.30	400m:	5:13.97	1:18.88	600m:	7:56.20	1:21.45	800m:	10:35.31	1:19.06	
68.			2012							10:36.78		337
50m:	35.45	35.45	250m:	3:15.86	40.57	450m:	5:57.90	39.87	650m:	8:40.59	40.70	
100m:	1:14.42	38.97	300m:	3:56.76	40.90	500m:	6:38.25	40.35	700m:	9:21.15	40.56	
150m:	1:54.67	40.25	350m:	4:37.45	40.69	550m:	7:18.68	40.43	750m:	10:00.98	39.83	
200m:	2:35.29	40.62	400m:	5:18.03	40.58	600m:	7:59.89	41.21	800m:	10:36.78	35.80	
69.			2011							10:37.21		336
50m:	34.58	34.58	250m:	3:13.84	40.57	450m:	5:55.04	41.55	650m:	8:39.23	41.93	
100m:	1:13.60	39.02	300m:	3:53.69	39.85	500m:	6:36.00	40.96	700m:	9:20.40	41.17	
150m:	1:53.34	39.74	350m:	4:33.50	39.81	550m:	7:17.09	41.09	750m:	10:01.25	40.85	
200m:	2:33.27	39.93	400m:	5:13.49	39.99	600m:	7:57.30	40.21	800m:	10:37.21	35.96	

4, , 800m						2011 - 2012					
70.				2011 I						10:37.41	II 336
50m:	33.58	33.58	250m:	3:10.74	39.49	450m:	5:53.18	40.99	650m:	8:37.66	41.42
100m:	1:10.85	37.27	300m:	3:51.55	40.81	500m:	6:34.01	40.83	700m:	9:19.19	41.53
150m:	1:50.33	39.48	350m:	4:31.97	40.42	550m:	7:14.89	40.88	750m:	10:00.45	41.26
200m:	2:31.25	40.92	400m:	5:12.19	40.22	600m:	7:56.24	41.35	800m:	10:37.41	36.96
71.			2011 II							10:37.87	II 335
100m:	1:13.20	1:13.20	300m:	3:54.92	1:21.09	500m:	6:37.71	1:20.67	700m:	9:21.20	1:21.43
200m:	2:33.83	1:20.63	400m:	5:17.04	1:22.12	600m:	7:59.77	1:22.06	800m:	10:37.87	1:16.67
72.			2011 III							10:37.89	II 335
100m:	1:14.18	1:14.18	300m:	3:57.70	1:21.13	500m:	6:40.35	1:22.20	700m:	9:21.57	1:20.59
200m:	2:36.57	1:22.39	400m:	5:18.15	1:20.45	600m:	8:00.98	1:20.63	800m:	10:37.89	1:16.32
73.			2011 III							10:39.52	II 333
100m:	1:12.14	1:12.14	300m:	3:53.40	1:20.99	500m:	6:37.93	1:22.29	700m:	9:21.58	1:21.88
200m:	2:32.41	1:20.27	400m:	5:15.64	1:22.24	600m:	7:59.70	1:21.77	800m:	10:39.52	1:17.94
74.			2012 II							10:40.02	II 332
50m:	34.35	34.35	250m:	3:16.55	40.75	450m:	6:00.40	41.08	650m:	8:41.76	40.02
100m:	1:14.40	40.05	300m:	3:58.02	41.47	500m:	6:41.89	41.49	700m:	9:21.95	40.19
150m:	1:55.43	41.03	350m:	4:39.55	41.53	550m:	7:21.81	39.92	750m:	10:01.88	39.93
200m:	2:35.80	40.37	400m:	5:19.32	39.77	600m:	8:01.74	39.93	800m:	10:40.02	38.14
75.			2011 III							10:40.60	II 331
50m:	34.68	34.68	250m:	3:14.41	40.59	450m:	5:58.57	41.44	650m:	8:42.40	40.77
100m:	1:12.94	38.26	300m:	3:54.84	40.43	500m:	6:39.62	41.05	700m:	9:23.27	40.87
150m:	1:53.07	40.13	350m:	4:35.77	40.93	550m:	7:20.84	41.22	750m:	10:04.44	41.17
200m:	2:33.82	40.75	400m:	5:17.13	41.36	600m:	8:01.63	40.79	800m:	10:40.60	36.16
76.			2011 II							10:41.42	II 330
50m:	36.18	36.18	250m:	3:17.64	41.06	450m:	6:01.69	41.47	650m:	8:45.49	40.85
100m:	1:15.10	38.92	300m:	3:58.32	40.68	500m:	6:30.53	28.84	700m:	9:25.70	40.21
150m:	1:55.28	40.18	350m:	4:39.25	40.93	550m:	7:23.91	53.38	750m:	10:05.44	39.74
200m:	2:36.58	41.30	400m:	5:20.22	40.97	600m:	8:04.64	40.73	800m:	10:41.42	35.98
77.			2011 II							10:41.49	II 330
100m:	1:12.87	1:12.87	300m:	3:54.82	1:21.55	500m:	6:39.61	1:23.10	700m:	9:23.84	1:21.80
200m:	2:33.27	1:20.40	400m:	5:16.51	1:21.69	600m:	8:02.04	1:22.43	800m:	10:41.49	1:17.65
78.			2011 III							10:41.50	II 330
100m:	1:13.18	1:13.18	300m:	3:54.85	1:22.21	500m:	6:41.10	1:21.76	700m:	9:26.79	1:22.78
200m:	2:32.64	1:19.46	400m:	5:19.34	1:24.49	600m:	8:04.01	1:22.91	800m:	10:41.50	1:14.71
79.			2011 III							10:41.67	II 329
100m:	1:11.69	1:11.69	300m:	3:54.07	1:22.12	500m:	6:39.14	1:22.16	700m:	9:24.68	1:23.12
200m:	2:31.95	1:20.26	400m:	5:16.98	1:22.91	600m:	8:01.56	1:22.42	800m:	10:41.67	1:16.99
80.			2012 III							10:43.58	II 327
50m:	35.42	35.42	250m:	3:15.96	40.37	450m:	5:59.51	40.80	650m:	8:44.74	40.74
100m:	1:15.37	39.95	300m:	3:57.13	41.17	500m:	6:41.84	42.33	700m:	9:25.81	41.07
150m:	1:54.72	39.35	350m:	4:37.65	40.52	550m:	7:23.95	42.11	750m:	10:04.98	39.17
200m:	2:35.59	40.87	400m:	5:18.71	41.06	600m:	8:04.00	40.05	800m:	10:43.58	38.60
81.			2012 II							10:43.94	II 326
100m:	1:13.82	1:13.82	300m:	3:58.24	1:21.80	500m:	6:41.58	1:22.09	700m:	9:26.30	1:22.33
200m:	2:36.44	1:22.62	400m:	5:19.49	1:21.25	600m:	8:03.97	1:22.39	800m:	10:43.94	1:17.64
82.			2011 II							10:44.22	II 326
50m:	34.05	34.05	250m:	3:13.12	40.68	450m:	5:57.83	41.01	650m:	8:43.24	41.49
100m:	1:12.77	38.72	300m:	3:54.26	41.14	500m:	6:39.11	41.28	700m:	9:24.87	41.63
150m:	1:51.74	38.97	350m:	4:36.02	41.76	550m:	7:20.03	40.92	750m:	10:05.28	40.41
200m:	2:32.44	40.70	400m:	5:16.82	40.80	600m:	8:01.75	41.72	800m:	10:44.22	38.94

4, , 800m			2011 - 2012									
83.			2012	III			"	"		10:44.31	II	325
	50m:	35.82 35.82	250m:	3:18.40 40.43	450m:	6:00.69 41.04	650m:	8:44.69 41.06				
	100m:	1:16.23 40.41	300m:	3:58.89 40.49	500m:	6:41.74 41.05	700m:	9:25.89 41.20				
	150m:	1:56.86 40.63	350m:	4:39.53 40.64	550m:	7:22.55 40.81	750m:	10:06.37 40.48				
	200m:	2:37.97 41.11	400m:	5:19.65 40.12	600m:	8:03.63 41.08	800m:	10:44.31 37.94				
84.			2011	II			"	"		10:45.31	II	324
	50m:	33.99 33.99	250m:	3:12.60 41.70	450m:	6:00.00 41.90	650m:	8:46.84 41.27				
	100m:	1:11.21 37.22	300m:	3:54.23 41.63	500m:	6:42.14 42.14	700m:	9:27.59 40.75				
	150m:	1:49.94 38.73	350m:	4:35.72 41.49	550m:	7:24.02 41.88	750m:	10:08.76 41.17				
	200m:	2:30.90 40.96	400m:	5:18.10 42.38	600m:	8:05.57 41.55	800m:	10:45.31 36.55				
85.			2012	III			"	"		10:46.74	II	322
	50m:	35.82 35.82	250m:	3:15.08 40.16	450m:	6:00.96 41.43	650m:	8:46.98 40.95				
	100m:	1:14.46 38.64	300m:	3:56.03 40.95	500m:	6:43.00 42.04	700m:	9:28.48 41.50				
	150m:	1:54.43 39.97	350m:	4:37.58 41.55	550m:	7:24.96 41.96	750m:	10:09.31 40.83				
	200m:	2:34.92 40.49	400m:	5:19.53 41.95	600m:	8:06.03 41.07	800m:	10:46.74 37.43				
86.			2011	III			"	"		10:46.95	II	321
	100m:	1:11.35 1:11.35	300m:	3:55.63 1:23.10	500m:	6:42.52 1:23.32	700m:	9:27.81 1:22.25				
	200m:	2:32.53 1:21.18	400m:	5:19.20 1:23.57	600m:	8:05.56 1:23.04	800m:	10:46.95 1:19.14				
87.			2011	II			"	"		10:47.03	II	321
	100m:	1:11.75 1:11.75	300m:	3:52.96 1:22.43	500m:	6:41.13 1:24.79	700m:	9:26.43 1:22.68				
	200m:	2:30.53 1:18.78	400m:	5:16.34 1:23.38	600m:	8:03.75 1:22.62	800m:	10:47.03 1:20.60				
88.			2011	III			"	"		10:48.31	II	319
	100m:	1:14.12 1:14.12	300m:	3:54.89 1:21.18	500m:	6:40.47 1:22.91	700m:	9:27.35 1:23.42				
	200m:	2:33.71 1:19.59	400m:	5:17.56 1:22.67	600m:	8:03.93 1:23.46	800m:	10:48.31 1:20.96				
89.			2011	III			"	"		10:49.17	II	318
	100m:	1:16.46 1:16.46	300m:	3:59.88 1:21.93	500m:	6:44.70 1:22.98	700m:	9:29.11 1:21.91				
	200m:	2:37.95 1:21.49	400m:	5:21.72 1:21.84	600m:	8:07.20 1:22.50	800m:	10:49.17 1:20.06				
90.			2012	II			"	"		10:49.56	II	318
	100m:	1:12.64 1:12.64	300m:	3:54.99 1:21.49	500m:	6:40.07 1:23.63	700m:	9:27.52 1:24.07				
	200m:	2:33.50 1:20.86	400m:	5:16.44 1:21.45	600m:	8:03.45 1:23.38	800m:	10:49.56 1:22.04				
91.			2012	III			"	"		10:49.98	II	317
	50m:	34.85 34.85	250m:	3:17.78 41.98	450m:	6:04.21 42.70	650m:	8:50.25 41.54				
	100m:	1:14.05 39.20	300m:	3:58.69 40.91	500m:	6:45.78 41.57	700m:	9:31.22 40.97				
	150m:	1:54.61 40.56	350m:	4:40.10 41.41	550m:	7:26.98 41.20	750m:	10:11.44 40.22				
	200m:	2:35.80 41.19	400m:	5:21.51 41.41	600m:	8:08.71 41.73	800m:	10:49.98 38.54				
92.			2011	III			"	"		10:50.71	II	316
	100m:	1:16.80 1:16.80	300m:	4:02.82 1:23.84	500m:	6:49.30 1:23.56	700m:	9:34.15 1:22.15				
	200m:	2:38.98 1:22.18	400m:	5:25.74 1:22.92	600m:	8:12.00 1:22.70	800m:	10:50.71 1:16.56				
93.			2011	III			"	"		10:51.13	II	315
	100m:	1:13.25 1:13.25	300m:	3:57.28 1:22.09	500m:	6:44.34 1:23.84	700m:	9:30.97 1:23.38				
	200m:	2:35.19 1:21.94	400m:	5:20.50 1:23.22	600m:	8:07.59 1:23.25	800m:	10:51.13 1:20.16				
94.			2011	II			"	"		10:51.27	II	315
	50m:	34.85 34.85	250m:	3:17.43 39.97	450m:	6:00.57 40.73	650m:	8:53.11 46.89				
	100m:	1:14.49 39.64	300m:	3:58.12 40.69	500m:	6:42.72 42.15	700m:	9:31.57 38.46				
	150m:	1:55.65 41.16	350m:	4:39.77 41.65	550m:	7:24.56 41.84	750m:	10:13.66 42.09				
	200m:	2:37.46 41.81	400m:	5:19.84 40.07	600m:	8:06.22 41.66	800m:	10:51.27 37.61				
95.			2011	II			"	"		10:51.37	II	315
	100m:	1:14.80 1:14.80	300m:	3:58.77 1:22.42	500m:	6:44.75 1:23.40	700m:	9:30.97 8:03.28				
	200m:	2:36.35 1:21.55	400m:	5:21.35 1:22.58	600m:	1:27.69	800m:	10:51.37 1:20.40				

4, , 800m			2011 - 2012									
108.			2012	III			"	"	10:57.68	II	306	
	50m:	35.30 35.30	250m:	3:19.13 41.95	450m:	6:07.41 41.96	650m:	8:56.33 41.89				
	100m:	1:14.80 39.50	300m:	4:00.94 41.81	500m:	6:49.76 42.35	700m:	9:37.51 41.18				
	150m:	1:55.75 40.95	350m:	4:43.11 42.17	550m:	7:31.53 41.77	750m:	10:18.93 41.42				
	200m:	2:37.18 41.43	400m:	5:25.45 42.34	600m:	8:14.44 42.91	800m:	10:57.68 38.75				
109.			2012	III					10:59.73	II	303	
	100m:	1:16.51 1:16.51	300m:	4:02.87 1:23.75	500m:	6:51.41 1:25.00	700m:	9:37.75 1:23.13				
	200m:	2:39.12 1:22.61	400m:	5:26.41 1:23.54	600m:	8:14.62 1:23.21	800m:	10:59.73 1:21.98				
110.			2011	III			"	"	11:00.09	II	303	
	100m:	1:15.91 1:15.91	300m:	4:02.22 1:23.81	500m:	6:52.12 1:25.78	700m:	9:42.66 1:25.19				
	200m:	2:38.41 1:22.50	400m:	5:26.34 1:24.12	600m:	8:17.47 1:25.35	800m:	11:00.09 1:17.43				
111.			2011	II					11:00.14	II	303	
	100m:	1:14.86 1:14.86	300m:	4:02.41 1:23.83	500m:	6:50.50 1:24.72	700m:	9:38.83 1:23.90				
	200m:	2:38.58 1:23.72	400m:	5:25.78 1:23.37	600m:	8:14.93 1:24.43	800m:	11:00.14 1:21.31				
112.			2012	III			"	"	11:00.42	II	302	
	100m:	1:15.44 1:15.44	300m:	4:00.91 1:23.09	500m:	6:48.89 1:23.86	700m:	9:38.67 1:25.40				
	200m:	2:37.82 1:22.38	400m:	5:25.03 1:24.12	600m:	8:13.27 1:24.38	800m:	11:00.42 1:21.75				
113.			2011	III			"	"	11:01.20	II	301	
	100m:	1:17.00 1:17.00	300m:	4:03.60 1:23.38	500m:	6:49.91 1:23.21	700m:	9:39.00 1:25.80				
	200m:	2:40.22 1:23.22	400m:	5:26.70 1:23.10	600m:	8:13.20 1:23.29	800m:	11:01.20 1:22.20				
114.			2012	II			"	"	11:01.60	II	301	
	50m:	35.16 35.16	250m:	3:19.46 41.46	450m:	6:09.71 41.86	650m:	8:59.20 42.09				
	100m:	1:14.92 39.76	300m:	4:02.03 42.57	500m:	6:51.43 41.72	700m:	9:41.27 42.07				
	150m:	1:56.46 41.54	350m:	4:44.09 42.06	550m:	7:34.07 42.64	750m:	10:23.04 41.77				
	200m:	2:38.00 41.54	400m:	5:27.85 43.76	600m:	8:17.11 43.04	800m:	11:01.60 38.56				
115.			2012	III					11:01.62	II	301	
	50m:	36.32 36.32	250m:	3:19.22 41.66	450m:	6:09.25 43.05	650m:	8:59.77 42.51				
	100m:	1:15.30 38.98	300m:	4:01.02 41.80	500m:	6:52.36 43.11	700m:	9:42.88 43.11				
	150m:	1:56.56 41.26	350m:	4:43.59 42.57	550m:	7:34.95 42.59	750m:	10:23.60 40.72				
	200m:	2:37.56 41.00	400m:	5:26.20 42.61	600m:	8:17.26 42.31	800m:	11:01.62 38.02				
116.			2012	III			"	"	11:02.73	III	299	
	50m:	33.74 33.74	250m:	3:17.22 42.40	450m:	6:09.21 43.49	650m:	9:01.13 42.75				
	100m:	1:12.54 38.80	300m:	3:59.46 42.24	500m:	6:52.66 43.45	700m:	9:43.65 42.52				
	150m:	1:53.41 40.87	350m:	4:42.46 43.00	550m:	7:35.80 43.14	750m:	10:24.57 40.92				
	200m:	2:34.82 41.41	400m:	5:25.72 43.26	600m:	8:18.38 42.58	800m:	11:02.73 38.16				
117.			2012	III			"	"	11:03.13	III	298	
	100m:	1:14.30 1:14.30	300m:	4:00.82 1:24.40	500m:	6:52.15 1:26.15	700m:	9:42.19 1:25.17				
	200m:	2:36.42 1:22.12	400m:	5:26.00 1:25.18	600m:	8:17.02 1:24.87	800m:	11:03.13 1:20.94				
118.			2011	III			-	, Ant Team	11:03.31	III	298	
	50m:	34.25 34.25	250m:	3:16.32 40.93	450m:	6:05.81 42.72	650m:	8:57.89 42.61				
	100m:	1:13.15 38.90	300m:	3:58.05 41.73	500m:	6:49.00 43.19	700m:	9:41.14 43.25				
	150m:	1:53.78 40.63	350m:	4:40.34 42.29	550m:	7:32.14 43.14	750m:	10:24.11 42.97				
	200m:	2:35.39 41.61	400m:	5:23.09 42.75	600m:	8:15.28 43.14	800m:	11:03.31 39.20				
119.			2011	III			-	-19	11:03.35	III	298	
	50m:	35.78 35.78	250m:	3:20.81 41.24	450m:	6:08.66 42.42	650m:	9:00.51 42.64				
	100m:	1:16.43 40.65	300m:	4:02.82 42.01	500m:	6:50.90 42.24	700m:	9:42.16 41.65				
	150m:	1:58.51 42.08	350m:	4:43.81 40.99	550m:	7:34.76 43.86	750m:	10:24.80 42.64				
	200m:	2:39.57 41.06	400m:	5:26.24 42.43	600m:	8:17.87 43.11	800m:	11:03.35 38.55				

" (25)
 12-13 (2011 - 2012 . .), 10-11 (2013- 2014 . .)
 , 15.10 - 17.10.2024 .

4, , 800m				2011 - 2012							
159.				2011 III		" "		11:58.36	III	235	
	100m:	1:25.02	1:25.02	300m:	4:27.12	1:31.94	500m:	7:29.12	1:30.12	700m:	10:32.63 1:31.40
	200m:	2:55.18	1:30.16	400m:	5:59.00	1:31.88	600m:	9:01.23	1:32.11	800m:	11:58.36 1:25.73
160.				2012 1				12:00.14	III	233	
	100m:	1:22.18	1:22.18	300m:	4:23.71	1:31.55	500m:	7:27.84	1:32.40	700m:	10:33.33 1:32.45
	200m:	2:52.16	1:29.98	400m:	5:55.44	1:31.73	600m:	9:00.88	1:33.04	800m:	12:00.14 1:26.81
161.				2012 III				12:00.16	III	233	
	100m:	1:20.46	1:20.46	300m:	4:24.49	1:31.97	500m:	7:28.85	1:32.15	700m:	10:32.75 1:32.22
	200m:	2:52.52	1:32.06	400m:	5:56.70	1:32.21	600m:	9:00.53	1:31.68	800m:	12:00.16 1:27.41
162.				2011 III				12:00.35	III	233	
	100m:	1:15.54	1:15.54	300m:	4:14.94	1:32.43	500m:	7:27.51	1:37.51	700m:	10:35.32 1:33.16
	200m:	2:42.51	1:26.97	400m:	5:50.00	1:35.06	600m:	9:02.16	1:34.65	800m:	12:00.35 1:25.03
163.				2011 III				12:03.16	III	230	
	100m:	1:18.25	1:18.25	300m:	4:20.29	1:32.45	500m:	7:28.17	1:34.12	700m:	10:36.98 1:34.97
	200m:	2:47.84	1:29.59	400m:	5:54.05	1:33.76	600m:	9:02.01	1:33.84	800m:	12:03.16 1:26.18
164.				2011 III				12:04.02	III	229	
	50m:	37.57	37.57	250m:	3:33.78	45.45	450m:	6:39.83	46.92	650m:	9:48.38 47.05
	100m:	1:19.47	41.90	300m:	4:20.30	46.52	500m:	7:26.99	47.16	700m:	10:35.65 47.27
	150m:	2:03.10	43.63	350m:	5:06.23	45.93	550m:	8:13.31	46.32	750m:	11:21.35 45.70
	200m:	2:48.33	45.23	400m:	5:52.91	46.68	600m:	9:01.33	48.02	800m:	12:04.02 42.67
165.				2011 III				12:04.74	III	229	
	100m:	1:20.43	1:20.43	300m:	4:25.82	1:33.70	500m:	7:35.38	1:34.52	700m:	10:39.80 1:31.70
	200m:	2:52.12	1:31.69	400m:	6:00.86	1:35.04	600m:	9:08.10	1:32.72	800m:	12:04.74 1:24.94
166.				2012 III				12:06.94	III	226	
	100m:	1:22.67	1:22.67	300m:	4:24.66	1:30.91	500m:	7:28.67	1:32.14	700m:	10:35.35 1:33.66
	200m:	2:53.75	1:31.08	400m:	5:56.53	1:31.87	600m:	9:01.69	1:33.02	800m:	12:06.94 1:31.59
167.				2011 III				12:08.43	III	225	
	50m:	36.95	36.95	250m:	3:37.17	46.92	450m:	6:42.92	47.33	650m:	9:52.13 47.08
	100m:	1:19.57	42.62	300m:	4:23.41	46.24	500m:	7:31.05	48.13	700m:	10:38.66 46.53
	150m:	2:05.32	45.75	350m:	5:08.99	45.58	550m:	8:18.32	47.27	750m:	11:24.49 45.83
	200m:	2:50.25	44.93	400m:	5:55.59	46.60	600m:	9:05.05	46.73	800m:	12:08.43 43.94
168.				2012 III				12:08.66	III	225	
	100m:	1:20.45	1:20.45	300m:	4:24.95	1:33.24	500m:	7:34.71	1:35.24	700m:	42.62
	200m:	2:51.71	1:31.26	400m:	5:59.47	1:34.52	600m:	9:11.54	1:36.83	800m:	12:08.66 11:26.04
169.				2012 III				12:09.75	III	224	
	100m:	1:22.78	1:22.78	300m:	4:25.89	1:32.71	500m:	7:32.94	1:33.42	700m:	10:39.40 1:32.64
	200m:	2:53.18	1:30.40	400m:	5:59.52	1:33.63	600m:	9:06.76	1:33.82	800m:	12:09.75 1:30.35
170.				2011 III				12:11.40	III	222	
	100m:	1:22.03	1:22.03	300m:	4:30.49	1:35.23	500m:	7:39.38	1:33.59	700m:	10:45.38 1:31.95
	200m:	2:55.26	1:33.23	400m:	6:05.79	1:35.30	600m:	9:13.43	1:34.05	800m:	12:11.40 1:26.02
171.				2012 III				12:14.35	III	220	
	100m:	1:23.04	1:23.04	300m:	4:30.49	1:33.05	500m:	7:38.90	1:34.21	700m:	10:46.94 1:33.52
	200m:	2:57.44	1:34.40	400m:	6:04.69	1:34.20	600m:	9:13.42	1:34.52	800m:	12:14.35 1:27.41
172.				2011 III				12:20.66	III	214	
	100m:	1:21.60	1:21.60	300m:	4:31.35	1:34.85	500m:	7:41.03	1:35.27	700m:	10:56.23 1:39.63
	200m:	2:56.50	1:34.90	400m:	6:05.76	1:34.41	600m:	9:16.60	1:35.57	800m:	12:20.66 1:24.43
173.				2012 III				12:29.14	1	207	
	100m:	1:19.19	1:19.19	300m:	4:26.28	1:31.50	500m:	7:38.28	1:37.53	700m:	10:51.97 1:36.75
	200m:	2:54.78	1:35.59	400m:	6:00.75	1:34.47	600m:	9:15.22	1:36.94	800m:	12:29.14 1:37.17

12-13 (2011 - 2012 . .), " (25)
10-11 (2013- 2014 . .)
, 15.10 - 17.10.2024 .

4, , 800m , 2011 - 2012

DSQ 2012 || , " " ||