

3  
20.03.2021 - 10:00

, 200m

2009 - 2010

: FINA 2021

1.				2009	I	,	"	"	<b>2:38.51</b>	I	503
	100m:	1:13.43	1:13.43	200m:	2:38.51	1:25.08					
2.				2009	II	,	"	"	<b>2:43.06</b>	II	462
	100m:	1:19.87	1:19.87	200m:	2:43.06	1:23.19					
3.				2009	II	,	"	"	<b>2:43.49</b>	II	459
	100m:	1:15.65	1:15.65	200m:	2:43.49	1:27.84					
4.				2010	II	,			<b>2:43.97</b>	II	455
	100m:	1:17.62	1:17.62	200m:	2:43.97	1:26.35					
5.				2009	II	,	"	"	<b>2:44.40</b>	II	451
	100m:	1:17.25	1:17.25	200m:	2:44.40	1:27.15					
6.				2009	II	,			<b>2:44.51</b>	II	450
	100m:	1:20.73	1:20.73	200m:	2:44.51	1:23.78					
7.				2009	II	,	-19		<b>2:46.16</b>	II	437
	100m:	1:20.15	1:20.15	200m:	2:46.16	1:26.01					
8.				2009	II	,	"	"	<b>2:47.23</b>	II	428
	100m:	1:19.54	1:19.54	200m:	2:47.23	1:27.69					
9.				2009	II	,			<b>2:47.28</b>	II	428
	100m:	1:19.59	1:19.59	200m:	2:47.28	1:27.69					
10.				2009	II	,			<b>2:47.55</b>	II	426
	100m:	1:19.81	1:19.81	200m:	2:47.55	1:27.74					
11.				2009	II	,			<b>2:47.85</b>	II	424
	100m:	1:16.14	1:16.14	200m:	2:47.85	1:31.71					
12.				2009	II	,		4	<b>2:48.22</b>	II	421
	100m:	1:20.85	1:20.85	200m:	2:48.22	1:27.37					
13.				2009	II	,	"	"	<b>2:49.61</b>	II	411
	100m:	1:18.82	1:18.82	200m:	2:49.61	1:30.79					
14.				2009	II	,	"	"	<b>2:50.77</b>	II	402
	100m:	1:23.53	1:23.53	200m:	2:50.77	1:27.24					
15.				2009	II	-	,		<b>2:51.52</b>	II	397
	100m:	1:22.86	1:22.86	200m:	2:51.52	1:28.66					
16.				2009	II	,	"	"	<b>2:51.91</b>	II	394
	100m:	1:24.14	1:24.14	200m:	2:51.91	1:27.77					
17.				2009	II	,	"	"	<b>2:51.92</b>	II	394
	100m:	1:21.08	1:21.08	200m:	2:51.92	1:30.84					
18.				2009	II	,	"	"	<b>2:52.23</b>	II	392
	100m:	1:21.63	1:21.63	200m:	2:52.23	1:30.60					
19.				2009	II	,	"	"	<b>2:52.67</b>	II	389
	100m:	1:20.35	1:20.35	200m:	2:52.67	1:32.32					
20.				2009	II	,	"	"	<b>2:52.84</b>	II	388
	100m:	1:24.21	1:24.21	200m:	2:52.84	1:28.63					
21.				2009	II	,	"	"	<b>2:53.39</b>	II	384
	100m:	1:20.70	1:20.70	200m:	2:53.39	1:32.69					

3,	, 200m	,	2009 - 2010									
22.	100m: 1:23.31	1:23.31	2009		200m: 2:55.82	1:32.51	,	"	"	<b>2:55.82</b>		369
23.	100m: 1:21.76	1:21.76	2009		200m: 2:55.99	1:34.23	,	"	"	<b>2:55.99</b>		368
24.	100m: 1:27.30	1:27.30	2009		200m: 2:56.35	1:29.05	,	"	"	<b>2:56.35</b>		365
25.	100m: 1:24.90	1:24.90	2009		200m: 2:56.60	1:31.70	,	"	"	<b>2:56.60</b>		364
26.	100m: 1:25.16	1:25.16	2009		200m: 2:58.26	1:33.10	,	-19		<b>2:58.26</b>		354
27.	100m: 1:27.23	1:27.23	2009		200m: 2:58.73	1:31.50	,	"	"	<b>2:58.73</b>		351
28.	100m: 1:23.67	1:23.67	2010		200m: 2:58.91	1:35.24	,	"	"	<b>2:58.91</b>		350
29.	100m: 1:27.33	1:27.33	2009		200m: 3:00.54	1:33.21	-	,		<b>3:00.54</b>		340
30.	100m: 1:25.16	1:25.16	2010		200m: 3:00.78	1:35.62	,	-19		<b>3:00.78</b>		339
31.	100m: 1:31.02	1:31.02	2009		200m: 3:00.99	1:29.97	,	"	"	<b>3:00.99</b>		338
32.	100m: 1:24.86	1:24.86	2009		200m: 3:01.02	1:36.16	,	"	"	<b>3:01.02</b>		338
33.	100m: 1:25.01	1:25.01	2009		200m: 3:02.95	1:37.94	,	"	"	<b>3:02.95</b>		327
34.	100m: 1:23.89	1:23.89	2009		200m: 3:03.60	1:39.71	,	"	"	<b>3:03.60</b>		324
35.	100m: 1:28.23	1:28.23	2010		200m: 3:03.65	1:35.42	,	"	"	<b>3:03.65</b>		323
36.	100m: 1:32.18	1:32.18	2009		200m: 3:03.66	1:31.48	,	-19		<b>3:03.66</b>		323
37.	100m: 1:26.55	1:26.55	2009		200m: 3:03.71	1:37.16	,	"	"	<b>3:03.71</b>		323
38.	100m: 1:26.14	1:26.14	2009		200m: 3:03.93	1:37.79	,	"	"	<b>3:03.93</b>		322
39.	100m: 1:23.04	1:23.04	2009		200m: 3:04.53	1:41.49	,	"	"	<b>3:04.53</b>		319
40.	100m: 1:31.20	1:31.20	2009		200m: 3:04.57	1:33.37	,			<b>3:04.57</b>		319
41.	100m: 1:27.37	1:27.37	2009		200m: 3:04.77	1:37.40	,	"	"	<b>3:04.77</b>		318
42.	100m: 1:27.03	1:27.03	2009		200m: 3:04.93	1:37.90	,	"	"	<b>3:04.93</b>		317
43.	100m: 1:22.16	1:22.16	2010		200m: 3:05.15	1:42.99	,	"	"	<b>3:05.15</b>		316

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3,	, 200m	,	2009 - 2010									
44.	100m: 1:25.86	1:25.86	2010	III	200m: 3:05.86	1:40.00	,	"	"	<b>3:05.86</b>	III	312
45.	100m: 1:27.63	1:27.63	2010	III	200m: 3:05.92	1:38.29	,	"	"	<b>3:05.92</b>	III	312
46.	100m: 1:32.67	1:32.67	2009	II	200m: 3:06.33	1:33.66	,	"	"	<b>3:06.33</b>	III	310
47.	100m: 1:32.03	1:32.03	2009	II	200m: 3:07.02	1:34.99	,	"	"	<b>3:07.02</b>	III	306
48.	100m: 1:27.97	1:27.97	2009	II	200m: 3:07.08	1:39.11	,			<b>3:07.08</b>	III	306
49.	100m: 1:25.31	1:25.31	2009	II	200m: 3:07.83	1:42.52	,			<b>3:07.83</b>	III	302
50.	100m: 1:28.23	1:28.23	2010	III	200m: 3:08.01	1:39.78	,	"	"	<b>3:08.01</b>	III	301
51.	100m: 1:30.79	1:30.79	2010	II	200m: 3:08.05	1:37.26	,			<b>3:08.05</b>	III	301
52.	100m: 1:30.85	1:30.85	2010	II	200m: 3:08.55	1:37.70	,		4	<b>3:08.55</b>	III	299
53.	100m: 1:31.67	1:31.67	2010	III	200m: 3:08.59	1:36.92	,		-19	<b>3:08.59</b>	III	299
54.	100m: 1:31.47	1:31.47	2010	III	200m: 3:08.98	1:37.51	,	"	"	<b>3:08.98</b>	III	297
55.	100m: 1:33.01	1:33.01	2010	III	200m: 3:10.16	1:37.15	,	"	"	<b>3:10.16</b>	III	291
56.	100m: 1:28.50	1:28.50	2009	II	200m: 3:11.07	1:42.57	,	"	"	<b>3:11.07</b>	III	287
57.	100m: 1:36.87	1:36.87	2009	III	200m: 3:11.86	1:34.99	,		4	<b>3:11.86</b>	III	284
58.	100m: 1:29.42	1:29.42	2010	II	200m: 3:12.76	1:43.34	,		4	<b>3:12.76</b>	III	280
59.	100m: 1:33.60	1:33.60	2010	III	200m: 3:12.90	1:39.30	,		4	<b>3:12.90</b>	III	279
60.	100m: 1:33.37	1:33.37	2010	III	200m: 3:13.50	1:40.13	-	,		<b>3:13.50</b>	III	276
61.	100m: 1:36.00	1:36.00	2010	III	200m: 3:14.49	1:38.49	,	"	"	<b>3:14.49</b>	III	272
62.	100m: 1:33.95	1:33.95	2009	III	200m: 3:15.01	1:41.06	,	"	"	<b>3:15.01</b>	III	270
63.	100m: 1:34.79	1:34.79	2009	III	200m: 3:15.80	1:41.01	,	"	"	<b>3:15.80</b>	III	267
64.	100m: 1:37.30	1:37.30	2010	III	200m: 3:20.27	1:42.97	,	"	"	<b>3:20.27</b>	III	249
DSQ			2009	II			,	"	"		II	

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SWISS TIMING QUANTUM AQUATIC

, 19.03 - 21.03.2021 .

3, , 200m , 2009 - 2010

DSQ 2009 III , " 4 III  
 DSQ 2009 II , " " III  
 DSQ 2009 III , " " III

4 , 800m 2007 - 2008  
 20.03.2021 - 10:20

: FINA 2021

1.			2007	II						<b>9:20.52</b>	I	524
	100m:	1:04.54	1:04.54	300m:	3:26.19	1:11.20	500m:	5:47.64	1:10.77	700m:	8:10.80	1:11.90
	200m:	2:14.99	1:10.45	400m:	4:36.87	1:10.68	600m:	6:58.90	1:11.26	800m:	9:20.52	1:09.72
2.			2007	II						<b>9:26.13</b>	I	509
	100m:	1:05.14	1:05.14	300m:	3:28.43	1:12.11	500m:	5:51.53	1:11.81	700m:	8:16.29	1:12.10
	200m:	2:16.32	1:11.18	400m:	4:39.72	1:11.29	600m:	7:04.19	1:12.66	800m:	9:26.13	1:09.84
3.			2007	I						<b>9:29.43</b>	I	500
	100m:	1:07.68	1:07.68	300m:	3:31.62	1:11.94	500m:	5:55.41	1:11.92	700m:	8:18.42	1:11.06
	200m:	2:19.68	1:12.00	400m:	4:43.49	1:11.87	600m:	7:07.36	1:11.95	800m:	9:29.43	1:11.01
4.			2007	II					1	<b>9:30.15</b>	I	498
	100m:	1:07.51	1:07.51	300m:	3:30.22	1:11.50	500m:	5:53.98	1:12.08	700m:	8:19.05	1:12.34
	200m:	2:18.72	1:11.21	400m:	4:41.90	1:11.68	600m:	7:06.71	1:12.73	800m:	9:30.15	1:11.10
5.			2007	I						<b>9:34.14</b>	I	488
	100m:	1:08.85	1:08.85	300m:	3:33.12	1:12.82	500m:	5:57.69	1:12.77	700m:	8:22.62	1:12.33
	200m:	2:20.30	1:11.45	400m:	4:44.92	1:11.80	600m:	7:10.29	1:12.60	800m:	9:34.14	1:11.52
6.			2008	II						<b>9:38.60</b>	I	477
	100m:	1:06.28	1:06.28	300m:	3:30.21	1:12.31	500m:	5:59.18	1:14.10	700m:	8:26.36	1:12.69
	200m:	2:17.90	1:11.62	400m:	4:45.08	1:14.87	600m:	7:13.67	1:14.49	800m:	9:38.60	1:12.24
7.			2008	II						<b>9:41.78</b>	II	469
	100m:	1:05.62	1:05.62	300m:	3:29.17	1:12.16	500m:	5:57.63	1:15.16	700m:	8:28.78	1:15.94
	200m:	2:17.01	1:11.39	400m:	4:42.47	1:13.30	600m:	7:12.84	1:15.21	800m:	9:41.78	1:13.00
8.			2007	II						<b>9:43.29</b>	II	465
	100m:	1:08.21	1:08.21	300m:	3:33.24	1:12.46	500m:	6:01.20	1:14.21	700m:	8:30.00	1:14.61
	200m:	2:20.78	1:12.57	400m:	4:46.99	1:13.75	600m:	7:15.39	1:14.19	800m:	9:43.29	1:13.29
9.			2007	I						<b>9:46.35</b>	II	458
	100m:	1:07.60	1:07.60	300m:	3:34.37	1:13.87	500m:	6:04.23	1:13.89	700m:	8:34.54	1:14.98
	200m:	2:20.50	1:12.90	400m:	4:50.34	1:15.97	600m:	7:19.56	1:15.33	800m:	9:46.35	1:11.81
10.			2007	II						<b>9:48.76</b>	II	452
	100m:	1:06.45	1:06.45	300m:	3:32.55	1:13.56	500m:	6:03.93	1:15.17	700m:	8:33.87	1:14.40
	200m:	2:18.99	1:12.54	400m:	4:48.76	1:16.21	600m:	7:19.47	1:15.54	800m:	9:48.76	1:14.89
11.			2007	I						<b>9:49.08</b>	II	452
	100m:	1:08.70	1:08.70	300m:	3:32.96	1:12.37	500m:	6:02.56	1:15.35	700m:	8:34.20	1:15.97
	200m:	2:20.59	1:11.89	400m:	4:47.21	1:14.25	600m:	7:18.23	1:15.67	800m:	9:49.08	1:14.88
12.			2007	II						<b>9:54.00</b>	II	440
	100m:	1:09.22	1:09.22	300m:	3:40.87	1:16.63	500m:	6:12.55	1:14.85	700m:	8:41.41	1:13.63
	200m:	2:24.24	1:15.02	400m:	4:57.70	1:16.83	600m:	7:27.78	1:15.23	800m:	9:54.00	1:12.59
13.			2007	II						<b>9:57.85</b>	II	432
	100m:	1:10.20	1:10.20	300m:	3:43.73	1:17.44	500m:	6:15.28	1:15.68	700m:	8:46.19	1:14.92
	200m:	2:26.29	1:16.09	400m:	4:59.60	1:15.87	600m:	7:31.27	1:15.99	800m:	9:57.85	1:11.66

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SWISS TIMING QUANTUM AQUATIC

4,		, 800m				2007 - 2008					
14.				2007				"	"	<b>9:58.09</b>	431
	100m:	1:09.12	1:09.12	300m:	3:39.58	1:15.00	500m:	6:11.35	1:15.68	700m:	8:43.95 1:15.93
	200m:	2:24.58	1:15.46	400m:	4:55.67	1:16.09	600m:	7:28.02	1:16.67	800m:	9:58.09 1:14.14
15.				2007					4	<b>9:58.19</b>	431
	100m:	1:10.92	1:10.92	300m:	3:42.92	1:15.50	500m:	6:13.65	1:15.30	700m:	8:46.79 1:15.95
	200m:	2:27.42	1:16.50	400m:	4:58.35	1:15.43	600m:	7:30.84	1:17.19	800m:	9:58.19 1:11.40
16.				2008				"	"	<b>9:58.89</b>	430
	100m:	1:10.53	1:10.53	300m:	3:43.37	1:17.27	500m:	6:15.23	1:14.95	700m:	8:46.10 1:15.08
	200m:	2:26.10	1:15.57	400m:	5:00.28	1:16.91	600m:	7:31.02	1:15.79	800m:	9:58.89 1:12.79
17.				2007					4	<b>10:00.42</b>	426
	100m:	1:10.50	1:10.50	300m:	3:39.56	1:15.51	500m:	6:14.05	1:16.98	700m:	8:46.83 1:16.22
	200m:	2:24.05	1:13.55	400m:	4:57.07	1:17.51	600m:	7:30.61	1:16.56	800m:	10:00.42 1:13.59
18.				2007					-19	<b>10:00.79</b>	426
	100m:	1:11.02	1:11.02	300m:	3:42.67	1:16.33	500m:	6:14.10	1:15.03	700m:	8:47.69 1:16.93
	200m:	2:26.34	1:15.32	400m:	4:59.07	1:16.40	600m:	7:30.76	1:16.66	800m:	10:00.79 1:13.10
19.				2008				"	"	<b>10:00.88</b>	425
	100m:	1:11.51	1:11.51	300m:	3:42.47	1:15.93	500m:	6:15.86	1:16.43	700m:	8:47.64 1:14.76
	200m:	2:26.54	1:15.03	400m:	4:59.43	1:16.96	600m:	7:32.88	1:17.02	800m:	10:00.88 1:13.24
20.				2007				"	"	<b>10:06.19</b>	414
	100m:	1:11.69	1:11.69	300m:	2:27.14	57.05	500m:	4:59.74	1:16.97	700m:	7:33.18 1:17.01
	200m:	1:30.09	18.40	400m:	3:42.77	1:15.63	600m:	6:16.17	1:16.43	800m:	10:06.19 2:33.01
21.				2007					-19	<b>10:07.36</b>	412
	100m:	1:09.79	1:09.79	300m:	2:25.85	1:00.82	500m:	5:00.64	1:17.08	700m:	7:35.26 1:17.64
	200m:	1:25.03	15.24	400m:	3:43.56	1:17.71	600m:	6:17.62	1:16.98	800m:	10:07.36 2:32.10
22.				2008				-		<b>10:07.70</b>	411
	100m:	1:10.64	1:10.64	300m:	3:43.29	1:15.77	500m:	6:17.22	1:17.68	700m:	8:53.55 1:18.01
	200m:	2:27.52	1:16.88	400m:	4:59.54	1:16.25	600m:	7:35.54	1:18.32	800m:	10:07.70 1:14.15
23.				2008						<b>10:08.40</b>	410
	100m:	1:10.51	1:10.51	300m:	3:43.33	1:16.42	500m:	6:17.97	1:17.83	700m:	8:53.78 1:17.66
	200m:	2:26.91	1:16.40	400m:	5:00.14	1:16.81	600m:	7:36.12	1:18.15	800m:	10:08.40 1:14.62
24.				2007					-19	<b>10:10.60</b>	405
	100m:	1:00.83	1:00.83	300m:	3:39.28	1:17.40	500m:	6:16.45	1:18.89	700m:	8:54.73 1:19.38
	200m:	2:21.88	1:21.05	400m:	4:57.56	1:18.28	600m:	7:35.35	1:18.90	800m:	10:10.60 1:15.87
25.				2007						<b>10:11.10</b>	404
	100m:	1:06.78	1:06.78	300m:	3:43.04	1:17.37	500m:	6:22.00	1:19.16	700m:	8:59.00 1:17.68
	200m:	2:25.67	1:18.89	400m:	5:02.84	1:19.80	600m:	7:41.32	1:19.32	800m:	10:11.10 1:12.10
26.				2007				"	"	<b>10:15.31</b>	396
	100m:	1:12.99	1:12.99	300m:	3:49.43	1:18.44	500m:	6:25.27	1:17.33	700m:	9:01.47 1:16.89
	200m:	2:30.99	1:18.00	400m:	5:07.94	1:18.51	600m:	7:44.58	1:19.31	800m:	10:15.31 1:13.84
27.				2007					-19	<b>10:15.59</b>	396
	100m:	1:14.75	1:14.75	300m:	3:54.23	1:19.64	500m:	6:30.35	1:17.14	700m:	9:03.01 1:15.44
	200m:	2:34.59	1:19.84	400m:	5:13.21	1:18.98	600m:	7:47.57	1:17.22	800m:	10:15.59 1:12.58
28.				2007						<b>10:15.60</b>	396
	100m:	1:11.39	1:11.39	300m:	2:29.11	51.22	500m:	5:06.83	1:18.90	700m:	7:43.58 1:17.89
	200m:	1:37.89	26.50	400m:	3:47.93	1:18.82	600m:	6:25.69	1:18.86	800m:	10:15.60 2:32.02
29.				2008				"	"	<b>10:16.27</b>	394
	100m:	1:09.71	1:09.71	300m:	3:42.81	1:17.48	500m:	6:19.97	1:18.77	700m:	8:59.25 1:19.48
	200m:	2:25.33	1:15.62	400m:	5:01.20	1:18.39	600m:	7:39.77	1:19.80	800m:	10:16.27 1:17.02

4,	, 800m	,	2007 - 2008								
30.			2008				"	"		<b>10:16.96</b>	393
100m:	1:10.26	1:10.26	300m:	3:44.82	1:18.08	500m:	6:22.09	1:18.53	700m:	8:59.52	1:18.35
200m:	2:26.74	1:16.48	400m:	5:03.56	1:18.74	600m:	7:41.17	1:19.08	800m:	10:16.96	1:17.44
31.			2007					4		<b>10:18.38</b>	390
100m:	1:11.68	1:11.68	300m:	3:48.45	1:19.01	500m:	6:26.54	1:19.09	700m:	9:03.83	1:18.16
200m:	2:29.44	1:17.76	400m:	5:07.45	1:19.00	600m:	7:45.67	1:19.13	800m:	10:18.38	1:14.55
32.			2007				"	"		<b>10:18.54</b>	390
100m:	1:10.25	1:10.25	300m:	3:45.67	1:18.80	500m:	6:24.16	1:19.70	700m:	9:02.32	1:18.70
200m:	2:26.87	1:16.62	400m:	5:04.46	1:18.79	600m:	7:43.62	1:19.46	800m:	10:18.54	1:16.22
33.			2007				"	"		<b>10:18.93</b>	389
100m:	1:13.32	1:13.32	300m:	3:50.77	1:19.67	500m:	6:29.55	1:19.54	700m:	9:06.36	1:16.78
200m:	2:31.10	1:17.78	400m:	5:10.01	1:19.24	600m:	7:49.58	1:20.03	800m:	10:18.93	1:12.57
34.			2008				"	"		<b>10:20.30</b>	387
100m:	1:10.97	1:10.97	300m:	3:45.13	1:17.48	500m:	6:22.48	1:18.86	700m:	9:03.52	1:20.34
200m:	2:27.65	1:16.68	400m:	5:03.62	1:18.49	600m:	7:43.18	1:20.70	800m:	10:20.30	1:16.78
35.			2007				"	"		<b>10:20.50</b>	386
100m:	1:10.61	1:10.61	300m:	3:45.54	1:17.96	500m:	6:23.60	1:18.50	700m:	9:01.00	1:18.53
200m:	2:27.58	1:16.97	400m:	5:05.10	1:19.56	600m:	7:42.47	1:18.87	800m:	10:20.50	1:19.50
36.			2008							<b>10:21.10</b>	385
100m:	1:11.38	1:11.38	300m:	3:47.69	1:17.74	500m:	6:25.28	1:19.45	700m:	9:05.41	1:21.01
200m:	2:29.95	1:18.57	400m:	5:05.83	1:18.14	600m:	7:44.40	1:19.12	800m:	10:21.10	1:15.69
37.			2007				"	"		<b>10:21.43</b>	385
100m:	1:06.88	1:06.88	300m:	3:43.72	1:18.32	500m:	6:24.15	1:20.21	700m:	9:04.66	1:20.78
200m:	2:25.40	1:18.52	400m:	5:03.94	1:20.22	600m:	7:43.88	1:19.73	800m:	10:21.43	1:16.77
38.			2007				"	"		<b>10:22.52</b>	383
100m:	1:10.42	1:10.42	300m:	3:48.98	1:19.77	500m:	6:25.84	1:19.40	700m:	9:06.51	1:20.36
200m:	2:29.21	1:18.79	400m:	5:06.44	1:17.46	600m:	7:46.15	1:20.31	800m:	10:22.52	1:16.01
39.			2007				"	"		<b>10:22.55</b>	383
100m:	1:10.42	1:10.42	300m:	3:50.48	1:20.27	500m:	6:29.12	1:18.97	700m:	9:10.70	1:19.86
200m:	2:30.21	1:19.79	400m:	5:10.15	1:19.67	600m:	7:50.84	1:21.72	800m:	10:22.55	1:11.85
40.			2007				"	"		<b>10:24.10</b>	380
100m:	1:11.41	1:11.41	300m:	3:50.16	1:20.00	500m:	6:30.22	1:19.74	700m:	9:08.72	1:18.76
200m:	2:30.16	1:18.75	400m:	5:10.48	1:20.32	600m:	7:49.96	1:19.74	800m:	10:24.10	1:15.38
41.			2007				"	"		<b>10:24.95</b>	378
100m:	1:12.46	1:12.46	300m:	3:51.04	1:19.26	500m:	6:29.85	1:19.47	700m:	9:08.36	1:18.78
200m:	2:31.78	1:19.32	400m:	5:10.38	1:19.34	600m:	7:49.58	1:19.73	800m:	10:24.95	1:16.59
42.			2007					-19		<b>10:25.64</b>	377
100m:	1:11.65	1:11.65	300m:	3:49.48	1:19.07	500m:	6:28.93	1:20.37	700m:	9:09.65	1:20.93
200m:	2:30.41	1:18.76	400m:	5:08.56	1:19.08	600m:	7:48.72	1:19.79	800m:	10:25.64	1:15.99
43.			2008				"	"		<b>10:26.92</b>	375
100m:	1:13.05	1:13.05	300m:	3:52.70	1:20.18	500m:	6:33.87	1:20.17	700m:	9:11.30	1:18.27
200m:	2:32.52	1:19.47	400m:	5:13.70	1:21.00	600m:	7:53.03	1:19.16	800m:	10:26.92	1:15.62
44.			2008				"	"		<b>10:27.65</b>	373
100m:	1:12.40	1:12.40	300m:	3:53.44	1:20.54	500m:	6:33.69	1:19.94	700m:	9:11.83	1:18.34
200m:	2:32.90	1:20.50	400m:	5:13.75	1:20.31	600m:	7:53.49	1:19.80	800m:	10:27.65	1:15.82
45.			2008				"	"		<b>10:28.18</b>	372
100m:	1:13.44	1:13.44	300m:	3:54.15	1:20.30	500m:	6:35.43	1:20.75	700m:	9:13.68	1:19.05
200m:	2:33.85	1:20.41	400m:	5:14.68	1:20.53	600m:	7:54.63	1:19.20	800m:	10:28.18	1:14.50

4,	, 800m	,	2007 - 2008
46.			2007    " " 10:29.11    371
100m:	1:13.88 1:13.88	300m:	3:52.60 1:19.33 500m:
200m:	2:33.27 1:19.39	400m:	5:13.07 1:20.47 600m:
			700m:
			800m:
47.			2007    " " 10:30.52    368
100m:	1:10.51 1:10.51	300m:	3:48.03 1:20.08 500m:
200m:	2:27.95 1:17.44	400m:	5:09.67 1:21.64 600m:
			700m:
			800m:
48.			2007    " " 10:30.80    368
100m:	1:14.61 1:14.61	300m:	3:54.40 1:20.98 500m:
200m:	2:33.42 1:18.81	400m:	5:14.57 1:20.17 600m:
			700m:
			800m:
49.			2007    " " 10:30.83    368
100m:	1:14.30 1:14.30	300m:	3:53.76 1:20.66 500m:
200m:	2:33.10 1:18.80	400m:	5:13.91 1:20.15 600m:
			700m:
			800m:
50.			2008    4 10:31.13    367
100m:	1:12.67 1:12.67	300m:	3:51.97 1:20.27 500m:
200m:	2:31.70 1:19.03	400m:	5:11.73 1:19.76 600m:
			700m:
			800m:
51.			2008    " " 10:31.25    367
100m:	1:14.68 1:14.68	300m:	3:54.57 1:19.42 500m:
200m:	2:35.15 1:20.47	400m:	5:13.95 1:19.38 600m:
			700m:
			800m:
52.			2008    " " 10:31.36    367
100m:	1:12.33 1:12.33	300m:	3:50.69 1:20.15 500m:
200m:	2:30.54 1:18.21	400m:	5:11.41 1:20.72 600m:
			700m:
			800m:
53.			2008    " " 10:32.74    364
100m:	1:13.21 1:13.21	300m:	3:54.79 1:21.07 500m:
200m:	2:33.72 1:20.51	400m:	5:14.52 1:19.73 600m:
			700m:
			800m:
54.			2007    " " 10:33.17    364
100m:	1:14.77 1:14.77	300m:	3:56.51 1:21.54 500m:
200m:	2:34.97 1:20.20	400m:	5:17.61 1:21.10 600m:
			700m:
			800m:
55.			2007    , C " " 10:33.46    363
100m:	1:15.90 1:15.90	300m:	3:56.50 1:20.00 500m:
200m:	2:36.50 1:20.60	400m:	5:17.48 1:20.98 600m:
			700m:
			800m:
56.			2007    " " 10:33.98    362
100m:	1:10.46 1:10.46	300m:	3:50.25 1:21.05 500m:
200m:	2:29.20 1:18.74	400m:	5:11.54 1:21.29 600m:
			700m:
			800m:
57.			2007    " " 10:34.23    362
100m:	1:12.96 1:12.96	300m:	3:50.67 1:18.88 500m:
200m:	2:31.79 1:18.83	400m:	5:11.99 1:21.32 600m:
			700m:
			800m:
58.			2008    " " 10:34.50    361
100m:	1:10.24 1:10.24	300m:	3:49.39 1:20.37 500m:
200m:	2:29.02 1:18.78	400m:	5:11.24 1:21.85 600m:
			700m:
			800m:
			2008    " " 10:34.50    361
100m:	1:11.37 1:11.37	300m:	3:53.03 1:21.57 500m:
200m:	2:31.46 1:20.09	400m:	5:16.39 1:23.36 600m:
			700m:
			800m:
60.			2007    - , 10:34.58    361
100m:	1:07.55 1:07.55	300m:	3:49.50 1:21.97 500m:
200m:	2:27.53 1:19.98	400m:	5:12.24 1:22.74 600m:
			700m:
			800m:
61.			2008    , -19 10:34.84    361
100m:	1:12.40 1:12.40	300m:	3:52.38 1:20.16 500m:
200m:	2:32.22 1:19.82	400m:	5:13.89 1:21.51 600m:
			700m:
			800m:

4,		, 800m				2007 - 2008					
62.				2008				"	"	<b>10:34.92</b>	361
	100m:	1:11.88	1:11.88	300m:	3:51.31	1:20.94	500m:	6:35.26	1:22.04	700m:	9:18.72 1:21.68
	200m:	2:30.37	1:18.49	400m:	5:13.22	1:21.91	600m:	7:57.04	1:21.78	800m:	10:34.92 1:16.20
63.				2008				"	"	<b>10:36.25</b>	358
	100m:	1:10.88	1:10.88	300m:	3:51.23	1:21.27	500m:	6:34.17	1:21.82	700m:	9:18.25 1:22.51
	200m:	2:29.96	1:19.08	400m:	5:12.35	1:21.12	600m:	7:55.74	1:21.57	800m:	10:36.25 1:18.00
64.				2007				-19		<b>10:36.36</b>	358
	100m:	1:12.65	1:12.65	300m:	3:52.23	1:20.94	500m:	6:34.74	1:21.20	700m:	9:18.71 1:22.86
	200m:	2:31.29	1:18.64	400m:	5:13.54	1:21.31	600m:	7:55.85	1:21.11	800m:	10:36.36 1:17.65
65.				2007						<b>10:37.31</b>	357
	100m:	1:14.14	1:14.14	300m:	3:55.75	1:21.68	500m:	6:37.22	1:20.41	700m:	9:19.49 1:21.06
	200m:	2:34.07	1:19.93	400m:	5:16.81	1:21.06	600m:	7:58.43	1:21.21	800m:	10:37.31 1:17.82
66.				2007				"	"	<b>10:37.54</b>	356
	100m:	1:13.20	1:13.20	300m:	3:55.04	1:20.95	500m:	6:38.08	1:22.01	700m:	9:19.97 1:20.59
	200m:	2:34.09	1:20.89	400m:	5:16.07	1:21.03	600m:	7:59.38	1:21.30	800m:	10:37.54 1:17.57
67.				2007				"	"	<b>10:37.99</b>	355
	100m:	1:12.00	1:12.00	300m:	3:55.37	1:22.30	500m:	6:40.24	1:22.64	700m:	9:22.12 1:20.31
	200m:	2:33.07	1:21.07	400m:	5:17.60	1:22.23	600m:	8:01.81	1:21.57	800m:	10:37.99 1:15.87
68.				2008				-		<b>10:39.17</b>	353
	100m:	1:13.47	1:13.47	300m:	3:56.60	1:21.81	500m:	6:41.53	1:22.76	700m:	9:26.97 1:22.58
	200m:	2:34.79	1:21.32	400m:	5:18.77	1:22.17	600m:	8:04.39	1:22.86	800m:	10:39.17 1:12.20
69.				2008				"	"	<b>10:39.37</b>	353
	100m:	1:11.41	1:11.41	300m:	3:52.00	1:20.74	500m:	6:35.69	1:21.22	700m:	9:19.89 1:21.89
	200m:	2:31.26	1:19.85	400m:	5:14.47	1:22.47	600m:	7:58.00	1:22.31	800m:	10:39.37 1:19.48
70.				2007				"	"	<b>10:39.60</b>	353
	100m:	1:14.91	1:14.91	300m:	3:56.17	1:20.45	500m:	6:37.65	1:20.76	700m:	9:19.68 1:21.08
	200m:	2:35.72	1:20.81	400m:	5:16.89	1:20.72	600m:	7:58.60	1:20.95	800m:	10:39.60 1:19.92
71.				2008				"	"	<b>10:39.95</b>	352
	100m:	1:12.43	1:12.43	300m:	3:53.75	1:20.89	500m:	6:38.44	1:22.47	700m:	9:23.57 1:22.02
	200m:	2:32.86	1:20.43	400m:	5:15.97	1:22.22	600m:	8:01.55	1:23.11	800m:	10:39.95 1:16.38
72.				2008				"	"	<b>10:40.15</b>	352
	100m:	1:15.15	1:15.15	300m:	3:56.63	1:21.12	500m:	6:40.04	1:21.74	700m:	9:24.05 1:21.43
	200m:	2:35.51	1:20.36	400m:	5:18.30	1:21.67	600m:	8:02.62	1:22.58	800m:	10:40.15 1:16.10
73.				2007				"	"	<b>10:41.21</b>	350
	100m:	1:12.90	1:12.90	300m:	3:53.59	1:20.54	500m:	6:34.42	1:19.44	700m:	9:22.71 1:22.47
	200m:	2:33.05	1:20.15	400m:	5:14.98	1:21.39	600m:	8:00.24	1:25.82	800m:	10:41.21 1:18.50
74.				2008				"	"	<b>10:41.36</b>	350
	100m:	1:12.70	1:12.70	300m:	3:53.96	1:21.41	500m:	6:39.16	1:22.25	700m:	9:23.61 1:21.11
	200m:	2:32.55	1:19.85	400m:	5:16.91	1:22.95	600m:	8:02.50	1:23.34	800m:	10:41.36 1:17.75
75.				2007				-19		<b>10:43.14</b>	347
	100m:	1:16.19	1:16.19	300m:	4:00.59	1:22.94	500m:	6:45.86	1:22.19	700m:	9:26.77 1:19.80
	200m:	2:37.65	1:21.46	400m:	5:23.67	1:23.08	600m:	8:06.97	1:21.11	800m:	10:43.14 1:16.37
76.				2007						<b>10:43.76</b>	346
	100m:	1:11.62	1:11.62	300m:	3:54.52	1:21.43	500m:	6:39.89	1:23.73	700m:	9:25.76 1:21.74
	200m:	2:33.09	1:21.47	400m:	5:16.16	1:21.64	600m:	8:04.02	1:24.13	800m:	10:43.76 1:18.00
77.				2007				-19		<b>10:45.36</b>	343
	100m:	1:12.36	1:12.36	300m:	3:54.86	1:21.53	500m:	6:39.57	1:22.71	700m:	9:25.02 1:22.64
	200m:	2:33.33	1:20.97	400m:	5:16.86	1:22.00	600m:	8:02.38	1:22.81	800m:	10:45.36 1:20.34



4,	, 800m	,	2007 - 2008
78.			2007    " " 10:45.61    343
100m:	1:06.42 1:06.42	300m:	3:46.46 1:22.21 500m:
200m:	2:24.25 1:17.83	400m:	5:09.66 1:23.20 600m:
			700m:
			800m:
79.			2007    " " 10:48.46    338
100m:	1:12.82 1:12.82	300m:	3:56.06 1:22.78 500m:
200m:	2:33.28 1:20.46	400m:	5:19.45 1:23.39 600m:
			700m:
			800m:
80.			2007    " " 10:49.77    336
100m:	1:14.94 1:14.94	300m:	4:00.90 1:23.47 500m:
200m:	2:37.43 1:22.49	400m:	5:23.70 1:22.80 600m:
			700m:
			800m:
81.			2007    " " 10:50.92    335
100m:	1:14.54 1:14.54	300m:	3:58.34 1:22.62 500m:
200m:	2:35.72 1:21.18	400m:	5:22.76 1:24.42 600m:
			700m:
			800m:
82.			2007    " " 10:51.83    333
100m:	1:15.63 1:15.63	300m:	4:01.20 1:22.82 500m:
200m:	2:38.38 1:22.75	400m:	5:23.69 1:22.49 600m:
			700m:
			800m:
83.			2007    " " 10:53.14    331
100m:	1:15.46 1:15.46	300m:	4:00.14 1:23.42 500m:
200m:	2:36.72 1:21.26	400m:	5:23.31 1:23.17 600m:
			700m:
			800m:
84.			2007    " " 10:53.17    331
100m:	1:12.79 1:12.79	300m:	3:58.53 1:22.99 500m:
200m:	2:35.54 1:22.75	400m:	5:21.77 1:23.24 600m:
			700m:
			800m:
85.			2007    C " " 10:55.18    328
100m:	1:17.08 1:17.08	300m:	4:00.90 1:23.07 500m:
200m:	2:37.83 1:20.75	400m:	5:25.36 1:24.46 600m:
			700m:
			800m:
86.			2007    C " " 10:56.31    326
100m:	1:14.90 1:14.90	300m:	3:58.18 1:22.09 500m:
200m:	2:36.09 1:21.19	400m:	5:20.76 1:22.58 600m:
			700m:
			800m:
87.			2007    " " 10:58.56    323
100m:	1:16.97 1:16.97	300m:	4:03.19 1:23.50 500m:
200m:	2:39.69 1:22.72	400m:	5:27.60 1:24.41 600m:
			700m:
			800m:
88.			2007    " " 10:59.97    321
100m:	1:18.78 1:18.78	300m:	4:07.22 1:24.00 500m:
200m:	2:43.22 1:24.44	400m:	5:29.94 1:22.72 600m:
			700m:
			800m:
89.			2008    " " 10:59.99    321
100m:	1:16.31 1:16.31	300m:	4:03.30 1:24.73 500m:
200m:	2:38.57 1:22.26	400m:	5:27.91 1:24.61 600m:
			700m:
			800m:
90.			2007    " " 11:00.59    320
100m:	1:18.76 1:18.76	300m:	4:07.45 1:24.68 500m:
200m:	2:42.77 1:24.01	400m:	5:32.29 1:24.84 600m:
			700m:
			800m:
91.			2008    " " 11:01.58    319
100m:	1:18.01 1:18.01	300m:	4:05.60 1:24.68 500m:
200m:	2:40.92 1:22.91	400m:	5:29.61 1:24.01 600m:
			700m:
			800m:
92.			2008    " " 11:02.89    317
100m:	1:16.22 1:16.22	300m:	4:05.40 1:25.16 500m:
200m:	2:40.24 1:24.02	400m:	5:30.73 1:25.33 600m:
			700m:
			800m:
93.			2008    " " 11:03.07    317
100m:	1:15.46 1:15.46	300m:	4:05.65 1:25.81 500m:
200m:	2:39.84 1:24.38	400m:	5:32.38 1:26.73 600m:
			700m:
			800m:

4,	, 800m	,	2007 - 2008									
94.			2008								<b>11:03.69</b>	316
100m:	1:17.05	1:17.05	300m:	4:06.68	1:25.15	500m:	6:54.50	1:23.66	700m:	9:43.71	1:24.99	
200m:	2:41.53	1:24.48	400m:	5:30.84	1:24.16	600m:	8:18.72	1:24.22	800m:	11:03.69	1:19.98	
95.			2007								<b>11:06.75</b>	311
100m:	1:12.85	1:12.85	300m:	3:56.75	1:23.16	500m:	6:49.14	1:27.12	700m:	9:44.26	1:27.12	
200m:	2:33.59	1:20.74	400m:	5:22.02	1:25.27	600m:	8:17.14	1:28.00	800m:	11:06.75	1:22.49	
96.			2008								<b>11:08.68</b>	309
100m:	1:19.51	1:19.51	300m:	4:06.82	1:24.58	500m:	6:56.90	1:24.82	700m:	9:47.02	1:25.50	
200m:	2:42.24	1:22.73	400m:	5:32.08	1:25.26	600m:	8:21.52	1:24.62	800m:	11:08.68	1:21.66	
97.			2007								<b>11:08.95</b>	308
100m:	1:16.11	1:16.11	300m:	4:03.55	1:24.18	500m:	6:54.89	1:26.05	700m:	9:46.23	1:25.86	
200m:	2:39.37	1:23.26	400m:	5:28.84	1:25.29	600m:	8:20.37	1:25.48	800m:	11:08.95	1:22.72	
98.			2007								<b>11:09.09</b>	308
100m:	1:18.36	1:18.36	300m:	4:04.40	1:22.68	500m:	6:57.95	1:25.81	700m:	9:47.86	1:24.58	
200m:	2:41.72	1:23.36	400m:	5:32.14	1:27.74	600m:	8:23.28	1:25.33	800m:	11:09.09	1:21.23	
99.			2008								<b>11:09.90</b>	307
100m:	1:13.43	1:13.43	300m:	4:00.47	1:23.88	500m:	6:51.30	1:25.45	700m:	9:44.19	1:25.92	
200m:	2:36.59	1:23.16	400m:	5:25.85	1:25.38	600m:	8:18.27	1:26.97	800m:	11:09.90	1:25.71	
100.			2008								<b>11:13.39</b>	302
100m:	1:19.31	1:19.31	300m:	4:08.00	1:24.87	500m:	7:00.09	1:26.60	700m:	9:51.29	1:24.73	
200m:	2:43.13	1:23.82	400m:	5:33.49	1:25.49	600m:	8:26.56	1:26.47	800m:	11:13.39	1:22.10	
101.			2008								<b>11:17.98</b>	296
100m:	1:18.83	1:18.83	300m:	4:10.73	1:25.00	500m:	7:04.76	1:26.48	700m:	9:57.73	1:25.97	
200m:	2:45.73	1:26.90	400m:	5:38.28	1:27.55	600m:	8:31.76	1:27.00	800m:	11:17.98	1:20.25	
102.			2008								<b>11:18.99</b>	295
100m:	1:16.18	1:16.18	300m:	4:05.81	1:25.34	500m:	7:00.13	1:27.02	700m:	9:55.20	1:27.30	
200m:	2:40.47	1:24.29	400m:	5:33.11	1:27.30	600m:	8:27.90	1:27.77	800m:	11:18.99	1:23.79	
103.			2008								<b>11:39.46</b>	270
100m:	1:18.57	1:18.57	300m:	4:15.84	1:29.72	500m:	7:17.66	1:31.49	700m:	10:15.13	1:29.17	
200m:	2:46.12	1:27.55	400m:	5:46.17	1:30.33	600m:	8:45.96	1:28.30	800m:	11:39.46	1:24.33	
104.			2008								<b>11:49.66</b>	258
100m:	1:21.80	1:21.80	300m:	4:23.08	1:30.91	500m:	7:22.72	1:29.21	700m:	10:21.22	1:28.65	
200m:	2:52.17	1:30.37	400m:	5:53.51	1:30.43	600m:	8:52.57	1:29.85	800m:	11:49.66	1:28.44	
105.			2007								<b>11:54.05</b>	253
100m:	1:18.30	1:18.30	300m:	4:14.73	1:30.57	500m:	7:22.27	1:35.26	700m:	10:28.28	1:32.55	
200m:	2:44.16	1:25.86	400m:	5:47.01	1:32.28	600m:	8:55.73	1:33.46	800m:	11:54.05	1:25.77	
106.			2008								<b>12:14.55</b>	233
100m:	1:23.13	1:23.13	300m:	4:29.52	1:33.63	500m:	7:38.58	1:34.07	700m:	10:45.66	1:32.90	
200m:	2:55.89	1:32.76	400m:	6:04.51	1:34.99	600m:	9:12.76	1:34.18	800m:	12:14.55	1:28.89	
107.			2007								<b>12:18.38</b>	229
100m:	1:22.56	1:22.56	300m:	4:28.88	1:35.37	500m:	7:39.74	1:35.48	700m:	10:50.81	1:34.51	
200m:	2:53.51	1:30.95	400m:	6:04.26	1:35.38	600m:	9:16.30	1:36.56	800m:	12:18.38	1:27.57	
DSQ			2007									