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: FINA 2023

1.	2007		,	"	"	<b>30.91</b>		591
2.	2008		,	"	"	<b>30.93</b>		590
3.	2007		,	"	"	<b>31.33</b>		568
4.	2007		,	"	"	<b>31.54</b>		556
5.	2007		,	-19		<b>31.90</b>		538
6.	2007		,	"	"	<b>31.98</b>		534
7.	2008		,	"	"	<b>32.33</b>		517
8.	2007		,	"	"	<b>32.39</b>		514
9.	2007		,	"	"	<b>32.62</b>		503
10.	2008		,	"	"	<b>32.66</b>		501
11.	2007		,	"	"	<b>32.92</b>		489
12.	2007		,	-19		<b>32.95</b>		488
13.	2007		,	"	"	<b>33.11</b>		481
14.	2007		,	"	"	<b>33.67</b>		457
15.	2007		,	"	"	<b>33.68</b>		457
16.	2007		,	"	"	<b>33.83</b>		451
17.	2007		,	"	"	<b>33.84</b>		450
18.	2007		,	"	"	<b>34.02</b>		443
19.	2008		-	,		<b>34.17</b>		438
20.	2007		,	"	"	<b>34.34</b>		431
21.	2007		,	-19		<b>34.45</b>		427
22.	2008		,	-19		<b>34.57</b>		422
23.	2007		,	"	"	<b>34.69</b>		418
24.	2007		,	"	"	<b>34.92</b>		410
25.	2008		,	"	"	<b>34.96</b>		408
26.	2008		,	"	"	<b>35.06</b>		405
27.	2008		,	-19		<b>35.13</b>		403
28.	2008		,	"	"	<b>35.72</b>		383
29.	2008		,	-19		<b>35.80</b>		380
30.	2007		,	"	"	<b>35.83</b>		379
31.	2008		,	"	"	<b>36.02</b>		373
32.	2008		,	"	"	<b>36.16</b>		369
33.	2007		,	-19		<b>36.32</b>		364
34.	2008		,	"	"	<b>36.47</b>		360
35.	2007		,	"	"	<b>36.75</b>		352
36.	2007		,	"	"	<b>36.86</b>		348
37.	2008		,	"	"	<b>36.94</b>		346
38.	2008		,	"	"	<b>37.13</b>		341
39.	2007		,	"	"	<b>37.17</b>		340
40.	2007		,	"	"	<b>37.27</b>		337
41.	2008		-	,		<b>37.50</b>		331
42.	2008		,	"	"	<b>37.52</b>		330
43.	2007		,	"	"	<b>37.57</b>		329
44.	2008		,	"	"	<b>37.58</b>		329
45.	2008		,	"	"	<b>37.61</b>		328
46.	2008		,	"	"	<b>37.93</b>		320

15-16 (2007-2008 . .), 13-14 (2009-2010 . .)  
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47.	2008		,	"	"	<b>38.02</b>		317
48.	2008		,	"	"	<b>38.73</b>		300
49.	2007		,	"	"	<b>39.11</b>		292
50.	2008		,	"	"	<b>39.17</b>		290
51.	2008		-	,		<b>41.15</b>		250

2 , 50m 2009 - 2010

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: FINA 2023

1.	2009		,	"	"	<b>35.66</b>		554
2.	2009		-	,	"	<b>35.79</b>		548
3.	2009		,	"	"	<b>35.81</b>		547
4.	2010		,	"	"	<b>36.27</b>		527
5.	2009		,	"	"	<b>36.43</b>		520
6.	2009		,	"	"	<b>36.84</b>		503
7.	2010		,	"	"	<b>37.22</b>		487
8.	2010		,	"	"	<b>37.67</b>		470
9.	2010		,	"	"	<b>37.73</b>		468
10.	2009		,	"	"	<b>38.90</b>		427
11.	2010		,	"	"	<b>38.94</b>		426
12.	2010		,	"	"	<b>38.95</b>		425
13.	2010		,	-19		<b>39.08</b>		421
14.	2010		,	"	"	<b>39.09</b>		421
15.	2010		,	"	"	<b>39.47</b>		409
16.	2010		,	"	"	<b>39.57</b>		405
17.	2009		,	"	"	<b>39.63</b>		404
18.	2010		,	"	"	<b>40.22</b>		386
19.	2010		,	"	"	<b>40.30</b>		384
20.	2009		-	,	"	<b>40.48</b>		379
21.	2010		,	"	"	<b>40.64</b>		374
22.	2009		,	4	"	<b>41.14</b>		361
23.	2009		,	"	"	<b>41.23</b>		358
24.	2010		,	"	"	<b>41.33</b>		356
25.	2010		,	"	"	<b>41.39</b>		354
26.	2010		,	"	"	<b>41.47</b>		352
27.	2010		,	"	"	<b>42.51</b>		327
28.	2010		,	"	"	<b>42.86</b>		319
29.	2010		,	"	"	<b>43.24</b>		311
30.	2009		,	"	"	<b>43.81</b>		299
31.	2010		,	"	"	<b>45.49</b>		267
32.	2010		,	"	"	<b>48.75</b>		217
33.	2009		,	"	"	<b>50.15</b>		199

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, 50m

2007 - 2008

: FINA 2023

1.	2007		,	"	"	<b>28.88</b>	I	553
2.	2007		,	"	"	<b>29.25</b>	I	532
3.	2007	I	,	"	"	<b>29.33</b>	I	528
4.	2007	I	,	"	"	<b>29.37</b>	I	526
5.	2007	I	,	"	"	<b>29.73</b>	I	507
6.	2007	I	,	"	1	<b>29.91</b>	I	498
7.	2007	I	-	,	"	<b>30.03</b>	I	492
8.	2007	I	,	"	"	<b>30.17</b>	II	485
9.	2008	I	,	"	"	<b>30.45</b>	II	472
10.	2007		,	"	"	<b>30.59</b>	II	465
11.	2008	II	-	,	"	<b>30.68</b>	II	461
12.	2008		,	"	1	<b>30.70</b>	II	460
13.	2008	I	,	"	"	<b>30.72</b>	II	459
14.	2007	I	,	"	"	<b>30.78</b>	II	457
15.	2008		,	"	"	<b>30.83</b>	II	454
16.	2007	I	,	"	"	<b>30.84</b>	II	454
17.	2007		,	"	4	<b>30.90</b>	II	451
18.	2007	I	,	"	"	<b>30.97</b>	II	448
19.	2008	I	,	"	"	<b>31.20</b>	II	438
20.	2007	I	,	"	"	<b>31.32</b>	II	433
21.	2007	II	,	"	"	<b>31.34</b>	II	433
22.	2008	II	,	"	"	<b>31.35</b>	II	432
23.	2008	I	,	"	"	<b>31.36</b>	II	432
24.	2008	II	,	"	"	<b>31.38</b>	II	431
25.	2007	I	,	"	"	<b>31.40</b>	II	430
26.	2008	I	,	"	"	<b>31.57</b>	II	423
27.	2008	II	,	"	"	<b>31.91</b>	II	410
28.	2008	I	,	"	"	<b>32.24</b>	II	397
29.	2007	II	,	"	-19	<b>32.25</b>	II	397
30.	2007	II	,	"	"	<b>32.28</b>	II	396
31.	2008	I	,	"	"	<b>32.29</b>	II	395
32.	2007	II	,	"	"	<b>32.42</b>	II	391
33.	2008	II	,	"	"	<b>32.63</b>	II	383
34.	2008	II	,	"	"	<b>32.80</b>	II	377
35.	-	2008	II	,	"	<b>33.08</b>	III	368
		2008	II	,	"	<b>33.08</b>	III	368
37.	2007	I	,	"	"	<b>33.12</b>	III	366
38.	2008	II	,	"	"	<b>33.71</b>	III	347
39.	2008	II	,	"	"	<b>33.76</b>	III	346
40.	2007	I	,	"	"	<b>33.79</b>	III	345
41.	2008	II	,	"	"	<b>34.03</b>	III	338
42.	2008	II	,	"	"	<b>34.12</b>	III	335
43.	2008	II	,	"	"	<b>34.14</b>	III	334
44.	2007	I	,	"	4	<b>34.26</b>	III	331
45.	2007	II	,	"	"	<b>34.34</b>	III	329
46.	2007	II	,	"	"	<b>35.62</b>	III	294

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47. 2008 II , " " **35.79** III 290

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: FINA 2023

1.				2008				1	<b>2:01.44</b>	592
	100m:	57.95	57.95	200m:	2:01.44	1:03.49				
2.				2008				" "	<b>2:01.45</b>	592
	100m:	1:00.53	1:00.53	200m:	2:01.45	1:00.92				
3.				2007	I			" "	<b>2:02.28</b>	I 580
	100m:	1:02.42	1:02.42	200m:	2:02.28	59.86				
4.				2007	I			" "	<b>2:03.72</b>	I 560
	100m:	1:00.33	1:00.33	200m:	2:03.72	1:03.39				
5.				2008				" "	<b>2:03.75</b>	I 559
	100m:	59.97	59.97	200m:	2:03.75	1:03.78				
6.				2008	I			" "	<b>2:03.95</b>	I 557
	100m:	1:00.71	1:00.71	200m:	2:03.95	1:03.24				
7.				2007	I			1	<b>2:04.82</b>	I 545
	100m:	58.92	58.92	200m:	2:04.82	1:05.90				
8.				2008	I			4	<b>2:07.46</b>	I 512
	100m:	1:02.88	1:02.88	200m:	2:07.46	1:04.58				
9.				2007	I			-19	<b>2:07.51</b>	I 511
	100m:	1:00.57	1:00.57	200m:	2:07.51	1:06.94				
10.				2007	II			" "	<b>2:07.64</b>	I 510
	100m:	1:01.61	1:01.61	200m:	2:07.64	1:06.03				
11.				2008	I			" "	<b>2:07.68</b>	I 509
	100m:	1:01.59	1:01.59	200m:	2:07.68	1:06.09				
12.				2007				-19	<b>2:07.72</b>	I 509
	100m:	1:01.88	1:01.88	200m:	2:07.72	1:05.84				
13.				2007	I			" "	<b>2:07.73</b>	I 509
	100m:	1:01.43	1:01.43	200m:	2:07.73	1:06.30				
14.				2008	I			" "	<b>2:08.02</b>	I 505
	100m:	1:02.05	1:02.05	200m:	2:08.02	1:05.97				
15.				2008	I			" "	<b>2:08.04</b>	I 505
	100m:	1:01.51	1:01.51	200m:	2:08.04	1:06.53				
16.				2007	I			" "	<b>2:08.15</b>	I 504
	100m:	1:02.03	1:02.03	200m:	2:08.15	1:06.12				
17.				2008	I			-19	<b>2:08.31</b>	I 502
	100m:	1:02.00	1:02.00	200m:	2:08.31	1:06.31				
18.				2007	I			" "	<b>2:08.56</b>	I 499
	100m:	1:02.17	1:02.17	200m:	2:08.56	1:06.39				

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4,		, 200m				2007 - 2008						
19.	100m:	1:01.68	1:01.68	2007	200m:	2:08.66	1:06.98	,	" "	<b>2:08.66</b>		498
20.	100m:	1:01.67	1:01.67	2008	200m:	2:08.81	1:07.14	,	4	<b>2:08.81</b>		496
21.	100m:	1:02.98	1:02.98	2007	200m:	2:08.94	1:05.96	,	" "	<b>2:08.94</b>		495
22.	100m:	1:02.20	1:02.20	2008	200m:	2:09.04	1:06.84	,	" "	<b>2:09.04</b>		493
23.	100m:	1:00.97	1:00.97	2007	200m:	2:09.15	1:08.18	,	" "	<b>2:09.15</b>		492
24.	100m:	1:00.65	1:00.65	2008	200m:	2:09.29	1:08.64	,	" "	<b>2:09.29</b>		491
25.	100m:	1:02.76	1:02.76	2007	200m:	2:09.43	1:06.67	,	-19	<b>2:09.43</b>		489
26.	100m:	1:02.54	1:02.54	2007	200m:	2:09.68	1:07.14	,	" "	<b>2:09.68</b>		486
27.	100m:	1:02.94	1:02.94	2008	200m:	2:09.71	1:06.77	,		<b>2:09.71</b>		486
28.	100m:	1:00.12	1:00.12	2007	200m:	2:09.78	1:09.66	,	-19	<b>2:09.78</b>		485
29.	100m:	1:02.32	1:02.32	2007	200m:	2:10.26	1:07.94	,	-19	<b>2:10.26</b>		480
30.	100m:	1:01.04	1:01.04	2008	200m:	2:10.53	1:09.49	,	-19	<b>2:10.53</b>		477
31.	100m:	1:00.73	1:00.73	2007	200m:	2:10.58	1:09.85	,	" "	<b>2:10.58</b>		476
32.	100m:	1:02.39	1:02.39	2007	200m:	2:10.67	1:08.28	,		<b>2:10.67</b>		475
33.	100m:	1:02.25	1:02.25	2008	200m:	2:10.98	1:08.73	,		<b>2:10.98</b>		472
34.	100m:	1:02.87	1:02.87	2007	200m:	2:11.13	1:08.26	,	-19	<b>2:11.13</b>		470
35.	100m:	1:02.67	1:02.67	2008	200m:	2:11.14	1:08.47	,	" "	<b>2:11.14</b>		470
36.	100m:	1:02.78	1:02.78	2007	200m:	2:12.23	1:09.45	,	" "	<b>2:12.23</b>		458
37.	100m:	1:05.50	1:05.50	2008	200m:	2:12.53	1:07.03	,	" "	<b>2:12.53</b>		455
38.	100m:	1:04.10	1:04.10	2008	200m:	2:12.62	1:08.52	,		<b>2:12.62</b>		454
39.	100m:	1:04.35	1:04.35	2007	200m:	2:13.58	1:09.23	,		<b>2:13.58</b>		445

4,		, 200m				2007 - 2008			
40.	100m:	1:04.31	1:04.31	2007	I	200m:	2:13.64	1:09.33	<b>2:13.64</b>    444
41.	100m:	1:03.69	1:03.69	2008		200m:	2:14.07	1:10.38	<b>2:14.07</b>    440
42.	100m:	1:05.26	1:05.26	2008		200m:	2:14.24	1:08.98	<b>2:14.24</b>    438
43.	100m:	1:03.99	1:03.99	2007		200m:	2:14.95	1:10.96	<b>2:14.95</b>    431
44.	100m:	1:04.13	1:04.13	2007		200m:	2:15.40	1:11.27	<b>2:15.40</b>    427
45.	100m:	1:03.54	1:03.54	2007	I	200m:	2:15.53	1:11.99	<b>2:15.53</b>    426
46.	100m:	1:05.25	1:05.25	2008		200m:	2:16.64	1:11.39	<b>2:16.64</b>    415
47.	100m:	1:05.48	1:05.48	2007		200m:	2:16.86	1:11.38	<b>2:16.86</b>    413
48.	100m:	1:06.73	1:06.73	2008		200m:	2:17.29	1:10.56	<b>2:17.29</b>    410
49.	100m:	1:06.44	1:06.44	2008		200m:	2:17.48	1:11.04	<b>2:17.48</b>    408
50.	100m:	1:04.47	1:04.47	2008		200m:	2:17.49	1:13.02	<b>2:17.49</b>    408
51.	100m:	1:07.09	1:07.09	2008		200m:	2:17.77	1:10.68	<b>2:17.77</b>    405
52.	100m:	1:05.75	1:05.75	2007	I	200m:	2:18.03	1:12.28	<b>2:18.03</b>    403
53.	100m:	1:06.29	1:06.29	2008		200m:	2:18.88	1:12.59	<b>2:18.88</b>    396
54.	100m:	1:07.31	1:07.31	2007		200m:	2:19.35	1:12.04	<b>2:19.35</b>    392
55.	100m:	1:05.86	1:05.86	2008		200m:	2:19.99	1:14.13	<b>2:19.99</b>    386
56.	100m:	1:05.77	1:05.77	2008		200m:	2:20.13	1:14.36	<b>2:20.13</b>    385
57.	100m:	1:06.82	1:06.82	2008		200m:	2:20.38	1:13.56	<b>2:20.38</b>    383
58.	100m:	1:07.15	1:07.15	2008		200m:	2:20.79	1:13.64	<b>2:20.79</b>    380
59.	100m:	1:04.88	1:04.88	2007	I	200m:	2:20.98	1:16.10	<b>2:20.98</b>    378
60.	100m:	1:07.49	1:07.49	2008		200m:	2:21.19	1:13.70	<b>2:21.19</b>    377

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4,		, 200m				2007 - 2008			
61.	100m:	1:08.30	1:08.30	2008		2:21.28		376	
				200m:		1:12.98			
62.	100m:	1:09.65	1:09.65	2008		2:21.75		372	
				200m:		1:12.10			
63.	100m:	1:07.97	1:07.97	2007		2:21.90		371	
				200m:		1:13.93			
64.	100m:	1:07.36	1:07.36	2008		2:22.06		370	
				200m:		1:14.70			
65.	100m:	1:08.80	1:08.80	2007		2:22.44		367	
				200m:		1:13.64			
66.	100m:	1:08.76	1:08.76	2008		2:23.00		362	
				200m:		1:14.24			
67.	100m:	1:07.37	1:07.37	2007		2:23.58		358	
				200m:		1:16.21			
68.	100m:	1:10.49	1:10.49	2008		2:23.77		357	
				200m:		1:13.28			
69.	100m:	1:08.94	1:08.94	2007		2:24.38		352	
				200m:		1:15.44			
70.	100m:	1:09.92	1:09.92	2008		2:24.66		350	
				200m:		1:14.74			
71.	100m:	1:10.63	1:10.63	2008		2:25.68		343	
				200m:		1:15.05			
72.	100m:	1:11.03	1:11.03	2008		2:25.84		342	
				200m:		1:14.81			
73.	100m:	1:09.35	1:09.35	2008		2:26.32		338	
				200m:		1:16.97			
74.	100m:	1:12.36	1:12.36	2008		2:26.78		335	
				200m:		1:14.42			
75.	100m:	1:10.89	1:10.89	2008		2:27.02		333	
				200m:		1:16.13			
76.	100m:	1:10.16	1:10.16	2007		2:27.80		328	
				200m:		1:17.64			
77.	100m:	1:01.88	1:01.88	2008		2:27.83		328	
				200m:		1:25.95			
78.	100m:	1:11.00	1:11.00	2008		2:32.19		301	
				200m:		1:21.19			
79.	100m:	1:13.00	1:13.00	2008		2:32.97		296	
				200m:		1:19.97			
80.	100m:	1:13.22	1:13.22	2007		2:34.34		288	
				200m:		1:21.12			
81.	100m:	1:14.43	1:14.43	2008		2:35.96		279	
				200m:		1:21.53			

15-16 (2007-2008 . .), 13-14 (2009-2010 . .)  
 , 07.04 - 09.04.2023 .

4, , 200m , 2007 - 2008

82.	100m:	1:11.26	1:11.26	2007		200m:	2:42.13	1:30.87	,	"	"	<b>2:42.13</b>		249
83.	100m:	1:16.74	1:16.74	2007		200m:	2:43.50	1:26.76	,	"	"	<b>2:43.50</b>		242
DSQ				2008					,	"	"			
DSQ				2007					-	,				

5 , 200m 2009 - 2010

07.04.2023 - 10:45

: FINA 2023

1.	100m:	1:09.88	1:09.88	2009		200m:	2:29.09	1:19.21	,	"	"	<b>2:29.09</b>		545
2.	100m:	1:12.31	1:12.31	2009		200m:	2:30.24	1:17.93	,	"	"	<b>2:30.24</b>		532
3.	100m:	1:12.67	1:12.67	2009		200m:	2:35.58	1:22.91	,	"	"	<b>2:35.58</b>		479
4.	100m:	1:17.06	1:17.06	2010		200m:	2:40.27	1:23.21	,	"	"	<b>2:40.27</b>		439
5.	100m:	1:18.22	1:18.22	2009		200m:	2:42.73	1:24.51	,	"	"	<b>2:42.73</b>		419
6.	100m:	1:18.11	1:18.11	2009		200m:	2:44.24	1:26.13	,	"	"	<b>2:44.24</b>		407
7.	100m:	1:15.89	1:15.89	2010		200m:	2:47.96	1:32.07	,			<b>2:47.96</b>		381
8.	100m:	1:14.48	1:14.48	2009		200m:	2:50.80	1:36.32	,	"	"	<b>2:50.80</b>		362
9.	100m:	1:20.23	1:20.23	2010		200m:	2:57.19	1:36.96	,	-19		<b>2:57.19</b>		324

6 , 100m 2007 - 2008

07.04.2023 - 10:50

: FINA 2023

1.				2008					,	"	"	<b>1:00.72</b>		540
2.				2007					,	"	"	<b>1:00.85</b>		536
3.				2008					,			<b>1:00.90</b>		535
4.				2008					,	"	"	<b>1:01.30</b>		524
5.				2008					,	1		<b>1:01.92</b>		509
6.				2008					-	,		<b>1:02.15</b>		503
7.				2007					,	"	"	<b>1:02.30</b>		500

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«ALT-TIMING»



15-16 (2007-2008 . .), 13-14 (2009-2010 . .)  
 , 07.04 - 09.04.2023 .

6, , 100m , 2007 - 2008

8.	2008		,	"	"	<b>1:02.99</b>		483
9.	2008		-	,		<b>1:03.20</b>		479
10.	2007		,	"	"	<b>1:03.46</b>		473
11.	2007			,	"	<b>1:04.08</b>		459
12.	2007			,	"	<b>1:04.20</b>		456
	2007			,		<b>1:04.20</b>		456
14.	2008		,	"	"	<b>1:04.33</b>		454
15.	2008		,	"	"	<b>1:04.39</b>		452
16.	2007		,		-19	<b>1:04.56</b>		449
17.	2007		,	"	"	<b>1:04.68</b>		446
18.	2007			,	"	<b>1:04.96</b>		441
19.	2007		,	"	"	<b>1:05.09</b>		438
20.	2008		,		"	<b>1:05.39</b>		432
21.	2008		-	,		<b>1:05.96</b>		421
22.	2007		,	"	"	<b>1:06.22</b>		416
23.	2007		,		-19	<b>1:06.96</b>		402
24.	2008		,		"	<b>1:07.17</b>		398
25.	2008		,		"	<b>1:07.86</b>		386
26.	2008		,		"	<b>1:08.15</b>		382
27.	2007		,	"	"	<b>1:08.91</b>		369
28.	2007		,		"	<b>1:10.07</b>		351
29.	2007		,		"	<b>1:10.51</b>		344
30.	2008		,	"	"	<b>1:10.53</b>		344
31.	2007		,		"	<b>1:11.65</b>		328
32.	2007		,		"	<b>1:13.68</b>		302

7

, 100m

2009 - 2010

07.04.2023 - 10:55

: FINA 2023

1.	2009		,	"	"	<b>1:00.59</b>		621
2.	2009		,	"	"	<b>1:01.08</b>		606
3.	2009		,	"	"	<b>1:02.87</b>		556
4.	2009		,		1	<b>1:03.09</b>		550
5.	2009		,	"	"	<b>1:03.35</b>		543
6.	2009		,		"	<b>1:03.75</b>		533
7.	2009		,		1	<b>1:03.87</b>		530
8.	2010		,	"	"	<b>1:04.42</b>		517
9.	2010		,		"	<b>1:04.70</b>		510
10.	2009		,	"	"	<b>1:04.93</b>		505
11.	2009		,		"	<b>1:05.08</b>		501
12.	2009		,		4	<b>1:05.18</b>		499
13.	2009		,	"	"	<b>1:05.50</b>		492
14.	2009		,		"	<b>1:05.58</b>		490
15.	2009		,		"	<b>1:06.02</b>		480
16.	2010		,		4	<b>1:06.04</b>		480

« »(50 .)

«ALT-TIMING»

7, , 100m , 2009 - 2010

17.	2009	I	,	1		<b>1:06.37</b>	II	472
18.	2009	I	,	"	"	<b>1:06.39</b>	II	472
19.	2009	I	,	"	"	<b>1:06.55</b>	II	469
20.	2009	II	,	"	"	<b>1:06.66</b>	II	466
21.	2010	II	,	"	"	<b>1:07.08</b>	II	458
22.	2010	I	,	"	"	<b>1:07.34</b>	II	452
23.	2010	II	,	"	"	<b>1:07.51</b>	II	449
24.	2009	II	,	"	"	<b>1:07.52</b>	II	449
25.	2010	II	,	"	"	<b>1:07.53</b>	II	448
26.	2010	II	,	"	"	<b>1:07.60</b>	II	447
27.	2010	II	,	-19		<b>1:08.11</b>	II	437
28.	2009	II	,			<b>1:08.23</b>	II	435
29.	2009	I	,	-19		<b>1:08.33</b>	II	433
30.	2010	II	,	-19		<b>1:08.40</b>	II	432
31.	2010	II	,	"	"	<b>1:08.57</b>	II	428
32.	2009	I	,	"	"	<b>1:08.66</b>	II	427
33.	2009	II	,	"	"	<b>1:08.67</b>	II	426
34.	2010	II	,	"	"	<b>1:09.19</b>	II	417
35.	2010	II	,	"	"	<b>1:09.30</b>	II	415
36.	2009	II	,	"	"	<b>1:09.31</b>	II	415
37.	2010	II	,	"	"	<b>1:09.32</b>	II	415
38.	2009	II	,			<b>1:09.51</b>	II	411
39.	2009	II	,			<b>1:09.73</b>	II	407
	2010	II	,	"	"	<b>1:09.73</b>	II	407
41.	2010	II	,	"	"	<b>1:09.82</b>	II	406
42.	2010	II	,	"	"	<b>1:09.84</b>	II	405
43.	2010	II	,	"	"	<b>1:10.02</b>	II	402
44.	2009	II	,	"	"	<b>1:10.50</b>	II	394
45.	2009	II	,	"	"	<b>1:10.54</b>	II	393
46.	2009	II	,			<b>1:10.73</b>	II	390
47.	2009	II	,	"	"	<b>1:10.86</b>	II	388
48.	2009	II	,	4		<b>1:11.37</b>	II	380
49.	2009	II	,	"	"	<b>1:11.74</b>	II	374
50.	2010	II	,	"	"	<b>1:11.75</b>	II	374
51.	2009	II	,			<b>1:12.08</b>	II	369
52.	2009	II	,	-19		<b>1:12.22</b>	II	367
53.	2009	II	,	"	"	<b>1:12.45</b>	II	363
54.	2010	II	,	"	"	<b>1:12.48</b>	II	363
55.	2009	II	,	"	"	<b>1:12.71</b>	II	359
56.	2009	II	,	"	"	<b>1:12.93</b>	II	356
57.	2009	II	,	"	"	<b>1:13.15</b>	II	353
58.	2010	II	,	"	"	<b>1:13.16</b>	II	353
59.	2010	II	,			<b>1:13.22</b>	II	352
60.	2009	II	,	"	"	<b>1:13.23</b>	II	352
61.	2010	II	,			<b>1:13.94</b>	III	342
62.	2010	II	,	"	"	<b>1:14.05</b>	III	340
63.	2010	II	,	"	"	<b>1:15.07</b>	III	326
64.	2009	II	,	"	"	<b>1:15.14</b>	III	325

15-16 (2007-2008 . .), 13-14 (2009-2010 . .)  
 , 07.04 - 09.04.2023 .

7, , 100m , 2009 - 2010

65.	2010		,	"	"				<b>1:15.25</b>		324
66.	2009		,	"	"	"			<b>1:16.01</b>		314
67.	2009		,	"	"	"			<b>1:16.49</b>		308
68.	2010		,	"	"	"			<b>1:16.50</b>		308
69.	2010		,	"	"	"			<b>1:17.14</b>		301
70.	2010		,	"	"	"			<b>1:18.91</b>		281

8 , 400m 2007 - 2008  
 07.04.2023 - 11:10

: FINA 2023

1.	2007		,	4					<b>4:38.03</b>		674
100m:	1:05.14	1:05.14	200m:	2:17.05	1:11.91	300m:	3:32.92	1:15.87	400m:	4:38.03	1:05.11
2.	2008		,	"	"				<b>4:46.45</b>		616
100m:	1:06.20	1:06.20	200m:	2:18.63	1:12.43	300m:	3:39.03	1:20.40	400m:	4:46.45	1:07.42
3.	2008		,	"	"				<b>4:52.46</b>		579
100m:	1:06.25	1:06.25	200m:	2:20.29	1:14.04	300m:	3:45.07	1:24.78	400m:	4:52.46	1:07.39
4.	2007		,	"	"				<b>5:04.93</b>		511
100m:	1:04.27	1:04.27	200m:	2:23.27	1:19.00	300m:	3:53.04	1:29.77	400m:	5:04.93	1:11.89
5.	2008		,	"	"				<b>5:06.48</b>		503
100m:	1:11.64	1:11.64	200m:	2:26.91	1:15.27	300m:	3:56.87	1:29.96	400m:	5:06.48	1:09.61
6.	2008		,	"	"				<b>5:07.42</b>		499
100m:	1:12.31	1:12.31	200m:	2:29.50	1:17.19	300m:	4:00.68	1:31.18	400m:	5:07.42	1:06.74
7.	2007		,	"	"				<b>5:11.44</b>		479
100m:	1:08.56	1:08.56	200m:	2:29.06	1:20.50	300m:	3:58.15	1:29.09	400m:	5:11.44	1:13.29
8.	2007		,	"	"				<b>5:14.91</b>		464
100m:	1:13.72	1:13.72	200m:	2:36.63	1:22.91	300m:	4:04.34	1:27.71	400m:	5:14.91	1:10.57
9.	2008		,	"	"				<b>5:21.49</b>		436
100m:	1:15.47	1:15.47	200m:	2:38.49	1:23.02	300m:	4:06.81	1:28.32	400m:	5:21.49	1:14.68
10.	2008		,	"	"				<b>5:21.82</b>		434
100m:	1:13.76	1:13.76	200m:	2:31.94	1:18.18	300m:	4:07.15	1:35.21	400m:	5:21.82	1:14.67
11.	2007		,	"	"				<b>5:21.97</b>		434
100m:	1:14.99	1:14.99	200m:	2:38.11	1:23.12	300m:	4:10.04	1:31.93	400m:	5:21.97	1:11.93
12.	2008		,	"	"				<b>5:35.40</b>		384
100m:	1:14.11	1:14.11	200m:	2:38.18	1:24.07	300m:	4:14.48	1:36.30	400m:	5:35.40	1:20.92

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15-16 (2007-2008 . .), 13-14 (2009-2010 . .)  
 , 07.04 - 09.04.2023 .

9 , 400m 2009 - 2010  
 07.04.2023 - 11:15

: FINA 2023

1.			2009								<b>5:21.35</b>	569
	100m:	1:13.84	1:13.84	200m:	2:37.53	1:23.69	300m:	4:08.77	1:31.24	400m:	5:21.35	1:12.58
2.			2009				-				<b>5:28.14</b>	534
	100m:	1:13.36	1:13.36	200m:	2:37.30	1:23.94	300m:	4:11.58	1:34.28	400m:	5:28.14	1:16.56
3.			2009								<b>5:31.85</b>	517
	100m:	1:14.67	1:14.67	200m:	2:40.88	1:26.21	300m:	4:17.74	1:36.86	400m:	5:31.85	1:14.11
4.			2010					4			<b>5:31.94</b>	516
	100m:	1:15.84	1:15.84	200m:	2:39.47	1:23.63	300m:	4:16.12	1:36.65	400m:	5:31.94	1:15.82
5.			2010								<b>5:32.69</b>	513
	100m:	1:17.95	1:17.95	200m:	2:38.66	1:20.71	300m:	4:14.60	1:35.94	400m:	5:32.69	1:18.09
6.			2010								<b>5:36.15</b>	497
	100m:	1:17.21	1:17.21	200m:	2:44.41	1:27.20	300m:	4:20.30	1:35.89	400m:	5:36.15	1:15.85
7.			2010								<b>5:38.04</b>	489
	100m:	1:18.59	1:18.59	200m:	2:48.16	1:29.57	300m:	4:18.93	1:30.77	400m:	5:38.04	1:19.11
8.			2010								<b>5:47.55</b>	450
	100m:	1:14.06	1:14.06	200m:	2:43.50	1:29.44	300m:	4:24.16	1:40.66	400m:	5:47.55	1:23.39
9.			2010								<b>5:48.14</b>	447
	100m:	1:21.64	1:21.64	200m:	2:53.68	1:32.04	300m:	4:27.38	1:33.70	400m:	5:48.14	1:20.76
10.			2010								<b>5:54.13</b>	425
	100m:	1:19.20	1:19.20	200m:	2:47.86	1:28.66	300m:	4:30.92	1:43.06	400m:	5:54.13	1:23.21
11.			2010					" "			<b>6:10.98</b>	370
	100m:	1:30.95	1:30.95	200m:	3:06.62	1:35.67	300m:	4:45.39	1:38.77	400m:	6:10.98	1:25.59

10 , 200m 2009 - 2010  
 07.04.2023 - 11:25

: FINA 2023

1.			2009								<b>2:28.94</b>	568
	100m:	1:10.38	1:10.38	200m:	2:28.94	1:18.56						
2.			2009					4			<b>2:32.87</b>	525
	100m:	1:15.37	1:15.37	200m:	2:32.87	1:17.50						
3.			2009						" "		<b>2:33.34</b>	520
	100m:	1:15.78	1:15.78	200m:	2:33.34	1:17.56						
4.			2009						" "		<b>2:33.84</b>	515
	100m:	1:14.80	1:14.80	200m:	2:33.84	1:19.04						
5.			2009					/ "			<b>2:34.57</b>	508
	100m:	1:15.63	1:15.63	200m:	2:34.57	1:18.94						
6.			2009						" "		<b>2:35.12</b>	502
	100m:	1:16.07	1:16.07	200m:	2:35.12	1:19.05						

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15-16 (2007-2008 . .), 13-14 (2009-2010 . .)  
 , 07.04 - 09.04.2023 .

10, , 200m ,		2009 - 2010	
7.	100m: 1:15.14 1:15.14	2009 I 200m: 2:35.34 1:20.20	- , <b>2:35.34</b> I 500
8.	100m: 1:15.01 1:15.01	2010 II 200m: 2:36.09 1:21.08	, " " <b>2:36.09</b> I 493
9.	100m: 1:17.39 1:17.39	2010 I 200m: 2:36.99 1:19.60	, " " <b>2:36.99</b> I 485
10.	100m: 1:19.90 1:19.90	2009 I 200m: 2:40.37 1:20.47	, " " <b>2:40.37</b> II 455
11.	100m: 1:19.42 1:19.42	2009 I 200m: 2:41.48 1:22.06	, " " <b>2:41.48</b> II 445
12.	100m: 1:22.75 1:22.75	2010 II 200m: 2:46.69 1:23.94	, " " <b>2:46.69</b> II 405
13.	100m: 1:24.39 1:24.39	2010 II 200m: 2:48.06 1:23.67	, " " <b>2:48.06</b> II 395
14.	100m: 1:22.98 1:22.98	2010 II 200m: 2:50.73 1:27.75	, " " <b>2:50.73</b> II 377
15.	100m: 1:26.84 1:26.84	2010 II 200m: 2:51.37 1:24.53	, " " <b>2:51.37</b> II 372
16.	100m: 1:24.96 1:24.96	2010 II 200m: 2:53.13 1:28.17	, " " <b>2:53.13</b> II 361
17.	100m: 1:22.16 1:22.16	2009 II 200m: 2:53.65 1:31.49	, <b>2:53.65</b> II 358
18.	100m: 1:27.68 1:27.68	2010 II 200m: 2:56.00 1:28.32	, " " <b>2:56.00</b> II 344
19.	100m: 1:27.02 1:27.02	2009 II 200m: 2:56.34 1:29.32	, <b>2:56.34</b> II 342
20.	100m: 1:27.51 1:27.51	2009 II 200m: 2:57.03 1:29.52	, " " <b>2:57.03</b> II 338
21.	100m: 1:29.17 1:29.17	2010 II 200m: 2:57.14 1:27.97	, " " <b>2:57.14</b> II 337
22.	100m: 1:26.01 1:26.01	2009 II 200m: 2:57.46 1:31.45	, <b>2:57.46</b> II 335
23.	100m: 1:27.47 1:27.47	2010 II 200m: 2:58.76 1:31.29	- , <b>2:58.76</b> III 328

15-16 (2007-2008 . .), 13-14 (2009-2010 . .)  
 , 07.04 - 09.04.2023 .

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 07.04.2023 - 11:30

, 1500m

2009 - 2010

: FINA 2023

1.			2009	,	"	"	<b>18:52.42</b>	537				
	100m:	1:08.06	1:08.06	500m:	6:06.52	1:14.90	900m:	11:11.04	1:16.17	1300m:	16:18.77	1:17.29
	200m:	2:21.96	1:13.90	600m:	7:21.45	1:14.93	1000m:	12:26.92	1:15.88	1400m:	17:37.04	1:18.27
	300m:	3:36.28	1:14.32	700m:	8:37.80	1:16.35	1100m:	13:44.09	1:17.17	1500m:	18:52.42	1:15.38
	400m:	4:51.62	1:15.34	800m:	9:54.87	1:17.07	1200m:	15:01.48	1:17.39			
2.			2009	I	,	"	"	<b>18:59.45</b>	I	527		
	100m:	1:10.97	1:10.97	500m:	6:12.16	1:14.62	900m:	11:18.91	1:17.55	1300m:	16:28.58	1:17.14
	200m:	2:26.22	1:15.25	600m:	7:27.90	1:15.74	1000m:	12:36.50	1:17.59	1400m:	17:45.98	1:17.40
	300m:	3:41.38	1:15.16	700m:	8:44.54	1:16.64	1100m:	13:53.63	1:17.13	1500m:	18:59.45	1:13.47
	400m:	4:57.54	1:16.16	800m:	10:01.36	1:16.82	1200m:	15:11.44	1:17.81			
3.			2009	I	,	"	"	<b>19:19.25</b>	I	500		
	100m:	1:10.27	1:10.27	500m:	6:15.30	1:16.76	900m:	11:28.26	1:19.62	1300m:	16:45.56	1:19.86
	200m:	2:25.72	1:15.45	600m:	7:32.10	1:16.80	1000m:	12:47.19	1:18.93	1400m:	18:04.68	1:19.12
	300m:	3:42.01	1:16.29	700m:	8:50.12	1:18.02	1100m:	14:06.36	1:19.17	1500m:	19:19.25	1:14.57
	400m:	4:58.54	1:16.53	800m:	10:08.64	1:18.52	1200m:	15:25.70	1:19.34			
4.			2009		,			<b>19:29.90</b>	I	487		
	100m:	1:13.06	1:13.06	500m:	6:25.06	1:18.55	900m:	11:40.15	1:19.19	1300m:	16:57.37	1:18.93
	200m:	2:31.68	1:18.62	600m:	7:43.85	1:18.79	1000m:	12:58.98	1:18.83	1400m:	18:16.12	1:18.75
	300m:	3:48.42	1:16.74	700m:	9:02.18	1:18.33	1100m:	14:18.72	1:19.74	1500m:	19:29.90	1:13.78
	400m:	5:06.51	1:18.09	800m:	10:20.96	1:18.78	1200m:	15:38.44	1:19.72			
5.			2009	I	,	-19		<b>19:48.27</b>	I	464		
	100m:	1:10.67	1:10.67	500m:	6:19.10	1:18.90	900m:	11:40.89	1:20.49	1300m:	17:07.16	1:22.17
	200m:	2:26.16	1:15.49	600m:	7:39.56	1:20.46	1000m:	13:01.75	1:20.86	1400m:	18:28.15	1:20.99
	300m:	3:42.96	1:16.80	700m:	9:00.36	1:20.80	1100m:	14:23.92	1:22.17	1500m:	19:48.27	1:20.12
	400m:	5:00.20	1:17.24	800m:	10:20.40	1:20.04	1200m:	15:44.99	1:21.07			
6.			2009	I	,	"	"	<b>19:55.72</b>	I	456		
	100m:	1:17.46	1:17.46	500m:	6:35.27	1:19.94	900m:	11:54.87	1:20.55	1300m:	17:17.11	1:20.45
	200m:	2:37.67	1:20.21	600m:	7:54.52	1:19.25	1000m:	13:15.38	1:20.51	1400m:	18:38.15	1:21.04
	300m:	3:56.47	1:18.80	700m:	9:14.47	1:19.95	1100m:	14:35.72	1:20.34	1500m:	19:55.72	1:17.57
	400m:	5:15.33	1:18.86	800m:	10:34.32	1:19.85	1200m:	15:56.66	1:20.94			
7.			2009	I	,	1		<b>20:06.89</b>	I	443		
	100m:	1:16.05	1:16.05	500m:	6:37.12	1:20.75	900m:	12:01.61	1:21.14	1300m:	17:27.85	1:20.60
	200m:	2:35.78	1:19.73	600m:	7:58.03	1:20.91	1000m:	13:22.88	1:21.27	1400m:	18:46.27	1:18.42
	300m:	3:55.93	1:20.15	700m:	9:19.29	1:21.26	1100m:	14:45.13	1:22.25	1500m:	20:06.89	1:20.62
	400m:	5:16.37	1:20.44	800m:	10:40.47	1:21.18	1200m:	16:07.25	1:22.12			
8.			2009	II	,			<b>20:26.32</b>	I	422		
	100m:	1:12.34	1:12.34	500m:	6:38.17	1:21.88	900m:	12:12.91	1:24.68	1300m:	17:48.91	1:24.40
	200m:	2:31.48	1:19.14	600m:	8:02.31	1:24.14	1000m:	13:36.72	1:23.81	1400m:	19:10.29	1:21.38
	300m:	3:53.26	1:21.78	700m:	9:25.71	1:23.40	1100m:	15:01.92	1:25.20	1500m:	20:26.32	1:16.03
	400m:	5:16.29	1:23.03	800m:	10:48.23	1:22.52	1200m:	16:24.51	1:22.59			
9.			2010	II	,			<b>20:52.93</b>	II	396		
	100m:	1:16.83	1:16.83	500m:	6:53.27	1:24.41	900m:	12:32.73	1:25.56	1300m:	18:13.20	1:25.21
	200m:	2:40.84	1:24.01	600m:	8:19.58	1:26.31	1000m:	13:57.49	1:24.76	1400m:	19:37.62	1:24.42
	300m:	4:04.89	1:24.05	700m:	9:42.11	1:22.53	1100m:	15:23.09	1:25.60	1500m:	20:52.93	1:15.31
	400m:	5:28.86	1:23.97	800m:	11:07.17	1:25.06	1200m:	16:47.99	1:24.90			
10.			2009	I	,	"	"	<b>20:58.83</b>	II	390		
	100m:	1:13.78	1:13.78	500m:	6:46.43	1:24.06	900m:	12:25.82	1:25.00	1300m:	18:10.96	1:26.35
	200m:	2:35.98	1:22.20	600m:	8:10.53	1:24.10	1000m:	13:51.51	1:25.69	1400m:	19:35.92	1:24.96
	300m:	3:59.00	1:23.02	700m:	9:35.61	1:25.08	1100m:	15:17.67	1:26.16	1500m:	20:58.83	1:22.91
	400m:	5:22.37	1:23.37	800m:	11:00.82	1:25.21	1200m:	16:44.61	1:26.94			

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15-16 (2007-2008 . .), 13-14 (2009-2010 . .)  
 , 07.04 - 09.04.2023 .

11, , 1500m , 2009 - 2010

11.			2009							<b>21:11.46</b>		379
100m:	1:19.65	1:19.65	500m:	6:58.50	1:25.66	900m:	12:43.00	1:23.30	1300m:	18:25.00	1:26.00	
200m:	2:43.50	1:23.85	600m:	8:24.00	1:25.50	1000m:	14:07.50	1:24.50	1400m:	19:50.50	1:25.50	
300m:	4:08.23	1:24.73	700m:	9:39.00	1:15.00	1100m:	15:33.82	1:26.32	1500m:	21:11.46	1:20.96	
400m:	5:32.84	1:24.61	800m:	11:19.70	1:40.70	1200m:	16:59.00	1:25.18				
12.			2009							<b>22:00.87</b>		338
100m:	1:22.04	1:22.04	500m:	7:16.53	1:28.89	900m:	13:14.66	1:29.19	1300m:	19:11.88	1:27.05	
200m:	2:50.50	1:28.46	600m:	8:46.58	1:30.05	1000m:	14:43.73	1:29.07	1400m:	20:39.09	1:27.21	
300m:	4:18.83	1:28.33	700m:	10:16.43	1:29.85	1100m:	16:13.60	1:29.87	1500m:	22:00.87	1:21.78	
400m:	5:47.64	1:28.81	800m:	11:45.47	1:29.04	1200m:	17:44.83	1:31.23				
13.			2009							<b>22:15.91</b>		327
100m:	1:22.59	1:22.59	500m:	7:17.39	1:29.39	900m:	13:15.20	1:28.73	1300m:	19:20.46	1:31.97	
200m:	2:51.29	1:28.70	600m:	8:47.73	1:30.34	1000m:	14:45.60	1:30.40	1400m:	20:50.58	1:30.12	
300m:	4:19.63	1:28.34	700m:	10:16.57	1:28.84	1100m:	16:16.76	1:31.16	1500m:	22:15.91	1:25.33	
400m:	5:48.00	1:28.37	800m:	11:46.47	1:29.90	1200m:	17:48.49	1:31.73				
14.			2010							<b>23:05.98</b>		292
100m:	1:24.35	1:24.35	500m:	7:30.90	1:32.59	900m:	13:45.14	1:34.15	1300m:	20:03.64	1:33.89	
200m:	2:54.18	1:29.83	600m:	9:04.42	1:33.52	1000m:	15:19.28	1:34.14	1400m:	21:35.92	1:32.28	
300m:	4:25.82	1:31.64	700m:	10:37.08	1:32.66	1100m:	16:54.24	1:34.96	1500m:	23:05.98	1:30.06	
400m:	5:58.31	1:32.49	800m:	12:10.99	1:33.91	1200m:	18:29.75	1:35.51				

12 , 800m 2007 - 2008

07.04.2023 - 11:50

: FINA 2023

1.			2008							<b>8:52.72</b>		611
100m:	1:04.02	1:04.02	300m:	3:16.54	1:06.06	500m:	5:30.71	1:07.16	700m:	7:47.43	1:08.43	
200m:	2:10.48	1:06.46	400m:	4:23.55	1:07.01	600m:	6:39.00	1:08.29	800m:	8:52.72	1:05.29	
2.			2008							<b>9:04.34</b>		572
100m:	1:04.82	1:04.82	300m:	3:19.88	1:07.97	500m:	5:37.50	1:09.30	700m:	7:56.54	1:09.82	
200m:	2:11.91	1:07.09	400m:	4:28.20	1:08.32	600m:	6:46.72	1:09.22	800m:	9:04.34	1:07.80	
3.			2008					1		<b>9:10.85</b>		552
100m:	1:04.58	1:04.58	300m:	3:22.32	1:09.10	500m:	5:42.94	1:10.71	700m:	8:03.77	1:10.21	
200m:	2:13.22	1:08.64	400m:	4:32.23	1:09.91	600m:	6:53.56	1:10.62	800m:	9:10.85	1:07.08	
4.			2007					4		<b>9:16.21</b>		537
100m:	1:06.52	1:06.52	300m:	3:26.99	1:09.43	500m:	5:47.85	1:09.76	700m:	8:09.01	1:10.22	
200m:	2:17.56	1:11.04	400m:	4:38.09	1:11.10	600m:	6:58.79	1:10.94	800m:	9:16.21	1:07.20	
5.			2008					"	"	<b>9:16.88</b>		535
100m:	1:06.62	1:06.62	300m:	3:26.77	1:10.47	500m:	5:48.46	1:10.57	700m:	8:09.58	1:10.05	
200m:	2:16.30	1:09.68	400m:	4:37.89	1:11.12	600m:	6:59.53	1:11.07	800m:	9:16.88	1:07.30	
6.			2007					4		<b>9:17.63</b>		532
100m:	1:06.58	1:06.58	300m:	3:27.11	1:10.60	500m:	5:49.02	1:10.87	700m:	8:10.82	1:10.87	
200m:	2:16.51	1:09.93	400m:	4:38.15	1:11.04	600m:	6:59.95	1:10.93	800m:	9:17.63	1:06.81	
7.			2008					4		<b>9:18.90</b>		529
100m:	1:08.39	1:08.39	300m:	3:31.58	1:11.35	500m:	5:52.87	1:10.15	700m:	8:11.98	1:09.10	
200m:	2:20.23	1:11.84	400m:	4:42.72	1:11.14	600m:	7:02.88	1:10.01	800m:	9:18.90	1:06.92	

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15-16 (2007-2008 . . .), 13-14 (2009-2010 . . .)  
 , 07.04 - 09.04.2023 .

		12, , 800m				2007 - 2008					
24.				2008	I	-	,			<b>9:47.63</b>	455
	100m:	1:07.68	1:07.68	300m:	3:35.03	1:13.67	500m:	6:05.25	1:15.60	700m:	8:37.37 1:14.81
	200m:	2:21.36	1:13.68	400m:	4:49.65	1:14.62	600m:	7:22.56	1:17.31	800m:	9:47.63 1:10.26
25.				2008	I	,	"	"		<b>9:47.87</b>	454
	100m:	1:08.64	1:08.64	300m:	3:33.87	1:13.15	500m:	6:04.59	1:15.68	700m:	8:36.71 1:16.57
	200m:	2:20.72	1:12.08	400m:	4:48.91	1:15.04	600m:	7:20.14	1:15.55	800m:	9:47.87 1:11.16
26.				2007		,	"	"		<b>9:50.61</b>	448
	100m:	1:09.27	1:09.27	300m:	3:38.18	1:15.55	500m:	6:07.89	1:15.12	700m:	8:37.42 1:13.94
	200m:	2:22.63	1:13.36	400m:	4:52.77	1:14.59	600m:	7:23.48	1:15.59	800m:	9:50.61 1:13.19
27.				2008		,	"	"		<b>9:53.21</b>	442
	100m:	1:07.90	1:07.90	300m:	3:34.05	1:13.63	500m:	6:05.57	1:16.42	700m:	8:39.80 1:17.74
	200m:	2:20.42	1:12.52	400m:	4:49.15	1:15.10	600m:	7:22.06	1:16.49	800m:	9:53.21 1:13.41
28.				2008	I	,	"	"		<b>9:55.41</b>	437
	100m:	1:09.33	1:09.33	300m:	3:35.74	1:13.81	500m:	6:05.92	1:15.30	700m:	8:39.27 1:17.25
	200m:	2:21.93	1:12.60	400m:	4:50.62	1:14.88	600m:	7:22.02	1:16.10	800m:	9:55.41 1:16.14
29.				2008		,	"	"		<b>9:57.63</b>	432
	100m:	1:09.38	1:09.38	300m:	3:39.37	1:15.22	500m:	6:10.68	1:15.76	700m:	8:43.37 1:16.38
	200m:	2:24.15	1:14.77	400m:	4:54.92	1:15.55	600m:	7:26.99	1:16.31	800m:	9:57.63 1:14.26
30.				2007		,	"	"		<b>10:00.42</b>	426
	100m:	1:09.11	1:09.11	300m:	3:38.12	1:14.27	500m:	6:10.43	1:16.48	700m:	8:44.93 1:18.37
	200m:	2:23.85	1:14.74	400m:	4:53.95	1:15.83	600m:	7:26.56	1:16.13	800m:	10:00.42 1:15.49
31.				2008		,	"	"		<b>10:03.69</b>	420
	100m:	1:09.11	1:09.11	300m:	3:38.55	1:15.63	500m:	6:13.42	1:17.58	700m:	8:48.77 1:18.09
	200m:	2:22.92	1:13.81	400m:	4:55.84	1:17.29	600m:	7:30.68	1:17.26	800m:	10:03.69 1:14.92
32.				2007		,	"	"		<b>10:04.01</b>	419
	100m:	1:10.61	1:10.61	300m:	3:43.75	1:17.25	500m:	6:17.81	1:16.70	700m:	8:51.67 1:16.06
	200m:	2:26.50	1:15.89	400m:	5:01.11	1:17.36	600m:	7:35.61	1:17.80	800m:	10:04.01 1:12.34
33.				2008		,	"	"		<b>10:10.21</b>	406
	100m:	1:09.37	1:09.37	300m:	3:42.48	1:17.24	500m:	6:19.21	1:18.00	700m:	8:56.01 1:18.17
	200m:	2:25.24	1:15.87	400m:	5:01.21	1:18.73	600m:	7:37.84	1:18.63	800m:	10:10.21 1:14.20
34.				2007	I	,	"	"		<b>10:11.42</b>	404
	100m:	1:09.83	1:09.83	300m:	3:44.10	1:17.59	500m:	6:20.30	1:17.74	700m:	8:55.37 1:17.56
	200m:	2:26.51	1:16.68	400m:	5:02.56	1:18.46	600m:	7:37.81	1:17.51	800m:	10:11.42 1:16.05
35.				2007		,	"	"		<b>10:12.24</b>	402
	100m:	1:13.92	1:13.92	300m:	3:50.44	1:18.80	500m:	6:25.03	1:17.46	700m:	8:58.55 1:16.74
	200m:	2:31.64	1:17.72	400m:	5:07.57	1:17.13	600m:	7:41.81	1:16.78	800m:	10:12.24 1:13.69
36.				2008		,	-19			<b>10:13.50</b>	400
	100m:	1:11.87	1:11.87	300m:	3:47.94	1:19.16	500m:	6:25.30	1:18.41	700m:	8:59.75 1:16.85
	200m:	2:28.78	1:16.91	400m:	5:06.89	1:18.95	600m:	7:42.90	1:17.60	800m:	10:13.50 1:13.75
37.				2008		,	"	"		<b>10:13.79</b>	399
	100m:	1:09.99	1:09.99	300m:	3:43.78	1:17.55	500m:	6:21.52	1:18.08	700m:	8:57.52 1:17.83
	200m:	2:26.23	1:16.24	400m:	5:03.44	1:19.66	600m:	7:39.69	1:18.17	800m:	10:13.79 1:16.27
38.				2008		,	"	"		<b>10:21.04</b>	385
	100m:	1:09.91	1:09.91	300m:	3:44.95	1:18.74	500m:	6:24.81	1:20.21	700m:	9:05.27 1:20.11
	200m:	2:26.21	1:16.30	400m:	5:04.60	1:19.65	600m:	7:45.16	1:20.35	800m:	10:21.04 1:15.77
39.				2008		,	"	"		<b>10:25.62</b>	377
	100m:	1:14.12	1:14.12	300m:	3:53.94	1:21.43	500m:	6:32.19	1:18.66	700m:	9:10.78 1:18.65
	200m:	2:32.51	1:18.39	400m:	5:13.53	1:19.59	600m:	7:52.13	1:19.94	800m:	10:25.62 1:14.84

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«ALT-TIMING»

12, , 800m				2007 - 2008					
40.			2008			"	"	<b>10:25.75</b>	377
100m:	1:13.65	1:13.65	300m:	3:52.69	1:20.16	500m:	6:33.11	1:20.68	700m: 9:12.61 1:18.96
200m:	2:32.53	1:18.88	400m:	5:12.43	1:19.74	600m:	7:53.65	1:20.54	800m: 10:25.75 1:13.14
41.			2008			4		<b>10:26.55</b>	375
100m:	1:10.86	1:10.86	300m:	3:49.11	1:20.06	500m:	6:27.84	1:20.20	700m: 9:09.25 1:20.88
200m:	2:29.05	1:18.19	400m:	5:07.64	1:18.53	600m:	7:48.37	1:20.53	800m: 10:26.55 1:17.30
42.			2008			"	"	<b>10:27.63</b>	373
100m:	1:11.02	1:11.02	300m:	3:49.35	1:19.14	500m:	6:29.24	1:19.43	700m: 9:13.12 1:23.34
200m:	2:30.21	1:19.19	400m:	5:09.81	1:20.46	600m:	7:49.78	1:20.54	800m: 10:27.63 1:14.51
43.			2007			"	"	<b>10:37.60</b>	356
100m:	1:11.10	1:11.10	300m:	3:47.67	1:19.20	500m:	6:32.47	1:22.68	700m: 9:17.24 1:21.53
200m:	2:28.47	1:17.37	400m:	5:09.79	1:22.12	600m:	7:55.71	1:23.24	800m: 10:37.60 1:20.36
44.			2008			"	"	<b>10:40.01</b>	352
100m:	1:15.10	1:15.10	300m:	3:56.44	1:20.78	500m:	6:39.17	1:20.74	700m: 9:21.29 1:21.17
200m:	2:35.66	1:20.56	400m:	5:18.43	1:21.99	600m:	8:00.12	1:20.95	800m: 10:40.01 1:18.72
45.			2008			"	"	<b>10:50.89</b>	335
100m:	1:15.32	1:15.32	300m:	4:00.34	1:22.71	500m:	6:46.82	1:22.79	700m: 9:32.02 1:22.69
200m:	2:37.63	1:22.31	400m:	5:24.03	1:23.69	600m:	8:09.33	1:22.51	800m: 10:50.89 1:18.87
46.			2008			-19		<b>10:53.93</b>	330
100m:	1:16.31	1:16.31	300m:	4:02.78	1:23.27	500m:	6:49.79	1:23.28	700m: 9:34.63 1:22.28
200m:	2:39.51	1:23.20	400m:	5:26.51	1:23.73	600m:	8:12.35	1:22.56	800m: 10:53.93 1:19.30
47.			2007					<b>11:10.79</b>	306
100m:	1:17.15	1:17.15	300m:	4:04.92	1:24.74	500m:	6:54.45	1:24.53	700m: 9:47.75 1:27.77
200m:	2:40.18	1:23.03	400m:	5:29.92	1:25.00	600m:	8:19.98	1:25.53	800m: 11:10.79 1:23.04
48.			2008			"	"	<b>11:12.17</b>	304
100m:	1:15.71	1:15.71	300m:	4:05.67	1:25.19	500m:	6:57.83	1:26.49	700m: 9:49.32 1:25.75
200m:	2:40.48	1:24.77	400m:	5:31.34	1:25.67	600m:	8:23.57	1:25.74	800m: 11:12.17 1:22.85
49.			2008			"	"	<b>11:24.91</b>	287
100m:	1:17.83	1:17.83	300m:	4:09.88	1:26.97	500m:	7:03.86	1:26.79	700m: 9:58.91 1:27.57
200m:	2:42.91	1:25.08	400m:	5:37.07	1:27.19	600m:	8:31.34	1:27.48	800m: 11:24.91 1:26.00
50.			2007			"	"	<b>11:53.16</b>	254
100m:	1:20.08	1:20.08	300m:	4:22.46	1:32.66	500m:	7:26.20	1:31.50	700m: 10:25.60 1:29.20
200m:	2:49.80	1:29.72	400m:	5:54.70	1:32.24	600m:	8:56.40	1:30.20	800m: 11:53.16 1:27.56
DNF			2007			-19			