

12  
31.10.2023 - 10:00

, 400m

3:35.30  
3:41.14

(CAN)

06.12.2016  
20.11.2017

: FINA 2023

			/			R.T.						
1.				2005			+0,69			<b>3:50.45</b>		781
	25m:	12.27	12.27	125m:	1:10.72	14.74	225m:	2:08.30	14.57	325m:	3:07.01	14.66
	50m:	26.51	14.24	150m:	1:24.94	14.22	250m:	2:22.96	14.66	350m:	3:21.82	14.81
	75m:	41.30	14.79	175m:	1:39.25	14.31	275m:	2:37.63	14.67	375m:	3:36.58	14.76
	100m:	55.98	14.68	200m:	1:53.73	14.48	300m:	2:52.35	14.72	400m:	3:50.45	13.87
2.				2006			+0,70			<b>3:53.51</b>		750
	25m:	12.57	12.57	125m:	1:11.11	14.71	225m:	2:10.64	14.94	325m:	3:10.82	14.58
	50m:	26.99	14.42	150m:	1:26.09	14.98	250m:	2:25.90	15.26	350m:	3:25.49	14.67
	75m:	41.62	14.63	175m:	1:40.85	14.76	275m:	2:40.93	15.03	375m:	3:39.62	14.13
	100m:	56.40	14.78	200m:	1:55.70	14.85	300m:	2:56.24	15.31	400m:	3:53.51	13.89
3.				2005			+0,75			<b>3:56.25</b>		725
	25m:	12.47	12.47	125m:	1:11.18	14.75	225m:	2:10.33	14.88	325m:	3:11.26	15.33
	50m:	26.74	14.27	150m:	1:25.98	14.80	250m:	2:25.43	15.10	350m:	3:26.69	15.43
	75m:	41.63	14.89	175m:	1:40.56	14.58	275m:	2:40.58	15.15	375m:	3:41.97	15.28
	100m:	56.43	14.80	200m:	1:55.45	14.89	300m:	2:55.93	15.35	400m:	3:56.25	14.28
4.				2005			+0,66			<b>3:56.51</b>		722
	25m:	12.28	12.28	125m:	1:10.81	15.02	225m:	2:11.58	15.29	325m:	3:13.62	15.54
	50m:	26.26	13.98	150m:	1:25.85	15.04	250m:	2:26.96	15.38	350m:	3:28.70	15.08
	75m:	40.83	14.57	175m:	1:41.07	15.22	275m:	2:42.37	15.41	375m:	3:43.39	14.69
	100m:	55.79	14.96	200m:	1:56.29	15.22	300m:	2:58.08	15.71	400m:	3:56.51	13.12
5.				2004			+0,65			<b>3:57.94</b>		709
	25m:	12.64	12.64	125m:	1:11.29	14.93	225m:	2:11.56	15.08	325m:	3:12.78	15.27
	50m:	26.90	14.26	150m:	1:26.20	14.91	250m:	2:26.75	15.19	350m:	3:28.09	15.31
	75m:	41.47	14.57	175m:	1:41.24	15.04	275m:	2:41.95	15.20	375m:	3:43.43	15.34
	100m:	56.36	14.89	200m:	1:56.48	15.24	300m:	2:57.51	15.56	400m:	3:57.94	14.51
6.				2002			-			<b>4:00.83</b>		684
	25m:	12.92	12.92	125m:	1:13.27	15.57	225m:	2:15.15	15.39	325m:	3:16.50	15.26
	50m:	27.17	14.25	150m:	1:28.70	15.43	250m:	2:30.53	15.38	350m:	3:31.48	14.98
	75m:	42.41	15.24	175m:	1:44.12	15.42	275m:	2:45.87	15.34	375m:	3:46.59	15.11
	100m:	57.70	15.29	200m:	1:59.76	15.64	300m:	3:01.24	15.37	400m:	4:00.83	14.24
7.				2006			+0,65			<b>4:01.53</b>		678
	25m:	12.95	12.95	125m:	1:12.69	15.09	225m:	2:14.50	15.52	325m:	3:16.56	15.31
	50m:	27.63	14.68	150m:	1:28.08	15.39	250m:	2:30.04	15.54	350m:	3:31.82	15.26
	75m:	42.53	14.90	175m:	1:43.44	15.36	275m:	2:45.68	15.64	375m:	3:47.03	15.21
	100m:	57.60	15.07	200m:	1:58.98	15.54	300m:	3:01.25	15.57	400m:	4:01.53	14.50
8.				2006			-			<b>4:02.55</b>		670
	25m:	13.07	13.07	125m:	1:13.02	15.09	225m:	2:14.91	15.40	325m:	3:16.58	15.41
	50m:	27.75	14.68	150m:	1:28.43	15.41	250m:	2:30.15	15.24	350m:	3:32.41	15.83
	75m:	42.72	14.97	175m:	1:43.83	15.40	275m:	2:45.49	15.34	375m:	3:47.86	15.45
	100m:	57.93	15.21	200m:	1:59.51	15.68	300m:	3:01.17	15.68	400m:	4:02.55	14.69
9.				2003			+0,64			<b>4:04.16</b>		656
	25m:	13.19	13.19	125m:	1:12.90	15.33	225m:	2:14.32	15.34	325m:	3:16.90	15.76
	50m:	27.58	14.39	150m:	1:28.08	15.18	250m:	2:29.77	15.45	350m:	3:32.68	15.78
	75m:	42.44	14.86	175m:	1:43.45	15.37	275m:	2:45.37	15.60	375m:	3:48.60	15.92
	100m:	57.57	15.13	200m:	1:58.98	15.53	300m:	3:01.14	15.77	400m:	4:04.16	15.56

	12,	, 400m							R.T.			
10.				2006					+0,68	<b>4:04.61</b>		653
	25m:	13.17	13.17	125m:	1:14.71	15.63	225m:	2:17.53	15.73	325m:	3:19.09	15.04
	50m:	28.14	14.97	150m:	1:30.51	15.80	250m:	2:33.27	15.74	350m:	3:34.55	15.46
	75m:	43.45	15.31	175m:	1:46.00	15.49	275m:	2:48.52	15.25	375m:	3:49.95	15.40
	100m:	59.08	15.63	200m:	2:01.80	15.80	300m:	3:04.05	15.53	400m:	4:04.61	14.66
11.				2007		-			+0,59	<b>4:05.75</b>		644
	25m:	12.77	12.77	125m:	1:12.60	15.26	225m:	2:14.82	15.51	325m:	3:18.27	15.73
	50m:	27.22	14.45	150m:	1:28.42	15.82	250m:	2:30.51	15.69	350m:	3:34.27	16.00
	75m:	42.14	14.92	175m:	1:43.68	15.26	275m:	2:46.31	15.80	375m:	3:50.34	16.07
	100m:	57.34	15.20	200m:	1:59.31	15.63	300m:	3:02.54	16.23	400m:	4:05.75	15.41
12.				2007		-			+0,64	<b>4:06.05</b>		641
	25m:	12.64	12.64	125m:	1:12.39	15.30	225m:	2:15.51	15.82	325m:	3:20.87	16.44
	50m:	26.97	14.33	150m:	1:27.83	15.44	250m:	2:31.69	16.18	350m:	3:37.67	16.80
	75m:	41.81	14.84	175m:	1:43.62	15.79	275m:	2:47.96	16.27	375m:	3:52.03	14.36
	100m:	57.09	15.28	200m:	1:59.69	16.07	300m:	3:04.43	16.47	400m:	4:06.05	14.02
13.				2007		-			+0,67	<b>4:06.39</b>		639
	25m:	12.40	12.40	125m:	1:11.68	15.30	225m:	2:14.63	15.87	325m:	3:19.22	16.24
	50m:	26.66	14.26	150m:	1:27.25	15.57	250m:	2:30.85	16.22	350m:	3:35.53	16.31
	75m:	41.42	14.76	175m:	1:42.84	15.59	275m:	2:46.88	16.03	375m:	3:51.62	16.09
	100m:	56.38	14.96	200m:	1:58.76	15.92	300m:	3:02.98	16.10	400m:	4:06.39	14.77
14.				2003					+0,78	<b>4:06.57</b>		637
	25m:	13.20	13.20	125m:	1:12.54	15.08	225m:	2:14.86	15.93	325m:	3:19.19	15.93
	50m:	27.79	14.59	150m:	1:27.89	15.35	250m:	2:31.01	16.15	350m:	3:35.29	16.10
	75m:	42.54	14.75	175m:	1:43.16	15.27	275m:	2:47.05	16.04	375m:	3:51.46	16.17
	100m:	57.46	14.92	200m:	1:58.93	15.77	300m:	3:03.26	16.21	400m:	4:06.57	15.11
15.				2008			-2		+0,71	<b>4:06.66</b>		637
	25m:	13.27	13.27	125m:	1:14.57	15.40	225m:	2:17.77	15.81	325m:	3:20.98	15.69
	50m:	28.36	15.09	150m:	1:30.16	15.59	250m:	2:33.99	16.22	350m:	3:37.03	16.05
	75m:	43.56	15.20	175m:	1:45.99	15.83	275m:	2:49.48	15.49	375m:	3:52.36	15.33
	100m:	59.17	15.61	200m:	2:01.96	15.97	300m:	3:05.29	15.81	400m:	4:06.66	14.30
16.				2007		-			+0,63	<b>4:06.98</b>		634
	25m:	13.32	13.32	125m:	1:13.81	15.20	225m:	2:16.89	15.69	325m:	3:20.41	15.59
	50m:	28.08	14.76	150m:	1:29.54	15.73	250m:	2:33.02	16.13	350m:	3:36.32	15.91
	75m:	43.12	15.04	175m:	1:45.23	15.69	275m:	2:48.70	15.68	375m:	3:51.88	15.56
	100m:	58.61	15.49	200m:	2:01.20	15.97	300m:	3:04.82	16.12	400m:	4:06.98	15.10
				2001					+0,67	<b>4:06.98</b>		634
	25m:	13.05	13.05	125m:	1:14.54	15.56	225m:	2:17.68	15.69	325m:	3:20.26	15.31
	50m:	27.88	14.83	150m:	1:30.37	15.83	250m:	2:33.60	15.92	350m:	3:35.88	15.62
	75m:	43.31	15.43	175m:	1:46.13	15.76	275m:	2:49.14	15.54	375m:	3:51.78	15.90
	100m:	58.98	15.67	200m:	2:01.99	15.86	300m:	3:04.95	15.81	400m:	4:06.98	15.20
18.				2005					+0,77	<b>4:07.50</b>		630
	25m:	12.59	12.59	125m:	1:12.89	15.63	225m:	2:16.08	15.78	325m:	3:20.21	16.01
	50m:	26.97	14.38	150m:	1:28.65	15.76	250m:	2:32.10	16.02	350m:	3:36.15	15.94
	75m:	42.15	15.18	175m:	1:44.42	15.77	275m:	2:48.21	16.11	375m:	3:52.43	16.28
	100m:	57.26	15.11	200m:	2:00.30	15.88	300m:	3:04.20	15.99	400m:	4:07.50	15.07
19.				2006					+0,70	<b>4:08.62</b>		622
	25m:	12.70	12.70	125m:	1:13.88	15.62	225m:	2:17.56	15.84	325m:	3:22.04	15.76
	50m:	26.91	14.21	150m:	1:29.70	15.82	250m:	2:33.61	16.05	350m:	3:38.23	16.19
	75m:	42.32	15.41	175m:	1:45.33	15.63	275m:	2:49.43	15.82	375m:	3:53.77	15.54
	100m:	58.26	15.94	200m:	2:01.72	16.39	300m:	3:06.28	16.85	400m:	4:08.62	14.85

	12,	, 400m							R.T.			
20.			2008	1					+0,60	<b>4:09.72</b>		614
	25m:	13.08	13.08	125m:	1:14.50	15.85	225m:	2:17.08	15.73	325m:	3:21.69	16.38
	50m:	27.86	14.78	150m:	1:30.12	15.62	250m:	2:32.95	15.87	350m:	3:38.20	16.51
	75m:	43.10	15.24	175m:	1:45.77	15.65	275m:	2:49.05	16.10	375m:	3:54.52	16.32
	100m:	58.65	15.55	200m:	2:01.35	15.58	300m:	3:05.31	16.26	400m:	4:09.72	15.20
21.			2006						+0,72	<b>4:10.08</b>		611
	25m:	12.89	12.89	125m:	1:14.78	15.62	225m:	2:18.90	16.11	325m:	3:22.68	15.49
	50m:	28.10	15.21	150m:	1:30.57	15.79	250m:	2:34.99	16.09	350m:	3:38.58	15.90
	75m:	43.45	15.35	175m:	1:46.40	15.83	275m:	2:51.09	16.10	375m:	3:54.60	16.02
	100m:	59.16	15.71	200m:	2:02.79	16.39	300m:	3:07.19	16.10	400m:	4:10.08	15.48
22.			2007						+0,86	<b>4:10.62</b>		607
	25m:	13.63	13.63	125m:	1:14.52	15.49	225m:	2:18.19	15.75	325m:	3:23.17	16.19
	50m:	28.23	14.60	150m:	1:30.59	16.07	250m:	2:34.45	16.26	350m:	3:39.72	16.55
	75m:	43.37	15.14	175m:	1:46.21	15.62	275m:	2:50.52	16.07	375m:	3:55.44	15.72
	100m:	59.03	15.66	200m:	2:02.44	16.23	300m:	3:06.98	16.46	400m:	4:10.62	15.18
23.			2006					-2	+0,80	<b>4:11.10</b>		603
	25m:	13.16	13.16	125m:	1:15.51	15.95	225m:	2:18.78	15.68	325m:	3:23.56	16.17
	50m:	27.90	14.74	150m:	1:31.24	15.73	250m:	2:34.70	15.92	350m:	3:39.51	15.95
	75m:	43.68	15.78	175m:	1:46.99	15.75	275m:	2:50.89	16.19	375m:	3:56.09	16.58
	100m:	59.56	15.88	200m:	2:03.10	16.11	300m:	3:07.39	16.50	400m:	4:11.10	15.01
24.			2004						+0,70	<b>4:11.26</b>		602
	25m:	12.80	12.80	125m:	1:13.47	15.60	225m:	2:17.92	16.11	325m:	3:23.71	16.23
	50m:	27.33	14.53	150m:	1:29.35	15.88	250m:	2:34.21	16.29	350m:	3:40.03	16.32
	75m:	42.48	15.15	175m:	1:45.49	16.14	275m:	2:50.80	16.59	375m:	3:55.95	15.92
	100m:	57.87	15.39	200m:	2:01.81	16.32	300m:	3:07.48	16.68	400m:	4:11.26	15.31
25.			2006					-2	+0,74	<b>4:12.55</b>	1	593
	25m:	13.35	13.35	125m:	1:14.99	15.73	225m:	2:19.84	16.43	325m:	3:25.43	16.48
	50m:	28.22	14.87	150m:	1:30.81	15.82	250m:	2:36.26	16.42	350m:	3:41.85	16.42
	75m:	43.72	15.50	175m:	1:47.00	16.19	275m:	2:52.57	16.31	375m:	3:57.80	15.95
	100m:	59.26	15.54	200m:	2:03.41	16.41	300m:	3:08.95	16.38	400m:	4:12.55	14.75
26.			2008					-2	+0,69	<b>4:13.24</b>	1	588
	25m:	13.53	13.53	125m:	1:16.44	16.59	225m:	2:20.54	16.07	325m:	3:26.33	16.73
	50m:	28.42	14.89	150m:	1:32.28	15.84	250m:	2:36.60	16.06	350m:	3:42.83	16.50
	75m:	44.02	15.60	175m:	1:48.46	16.18	275m:	2:53.36	16.76	375m:	3:58.70	15.87
	100m:	59.85	15.83	200m:	2:04.47	16.01	300m:	3:09.60	16.24	400m:	4:13.24	14.54
27.			2008						+0,90	<b>4:13.51</b>	1	586
	25m:	13.25	13.25	125m:	1:15.64	15.61	225m:	2:20.42	16.03	325m:	3:25.88	16.16
	50m:	28.55	15.30	150m:	1:32.14	16.50	250m:	2:36.72	16.30	350m:	3:42.54	16.66
	75m:	43.99	15.44	175m:	1:48.09	15.95	275m:	2:52.92	16.20	375m:	3:58.80	16.26
	100m:	1:00.03	16.04	200m:	2:04.39	16.30	300m:	3:09.72	16.80	400m:	4:13.51	14.71
28.			2008	1				-2	+0,57	<b>4:14.19</b>	1	582
	25m:	13.67	13.67	125m:	1:15.64	15.43	225m:	2:19.74	16.14	325m:	3:25.31	16.55
	50m:	28.92	15.25	150m:	1:31.37	15.73	250m:	2:36.02	16.28	350m:	3:42.22	16.91
	75m:	44.51	15.59	175m:	1:47.32	15.95	275m:	2:52.29	16.27	375m:	3:58.37	16.15
	100m:	1:00.21	15.70	200m:	2:03.60	16.28	300m:	3:08.76	16.47	400m:	4:14.19	15.82
29.			2008					-2	+0,65	<b>4:14.29</b>	1	581
	25m:	13.41	13.41	125m:	1:14.00	15.56	225m:	2:18.85	16.39	325m:	3:25.22	16.75
	50m:	28.07	14.66	150m:	1:29.88	15.88	250m:	2:35.38	16.53	350m:	3:41.93	16.71
	75m:	43.06	14.99	175m:	1:46.09	16.21	275m:	2:52.00	16.62	375m:	3:58.33	16.40
	100m:	58.44	15.38	200m:	2:02.46	16.37	300m:	3:08.47	16.47	400m:	4:14.29	15.96

	12,	, 400m							R.T.				
30.			2004	-					+0,80	<b>4:15.49</b>	1	573	
	25m:	13.27	13.27	125m:	1:14.09	15.63	225m:	2:18.98	16.50	325m:	3:25.41	16.76	
	50m:	27.90	14.63	150m:	1:30.09	16.00	250m:	2:35.61	16.63	350m:	3:42.47	17.06	
	75m:	43.00	15.10	175m:	1:46.20	16.11	275m:	2:51.84	16.23	375m:	3:59.36	16.89	
	100m:	58.46	15.46	200m:	2:02.48	16.28	300m:	3:08.65	16.81	400m:	4:15.49	16.13	
31.			2006	1					-2	+0,81	<b>4:16.17</b>	1	568
	25m:	13.71	13.71	125m:	1:16.21	15.80	225m:	2:21.04	16.45	325m:	3:27.58	16.62	
	50m:	29.02	15.31	150m:	1:32.22	16.01	250m:	2:37.73	16.69	350m:	3:44.24	16.66	
	75m:	44.73	15.71	175m:	1:48.19	15.97	275m:	2:54.27	16.54	375m:	4:00.51	16.27	
	100m:	1:00.41	15.68	200m:	2:04.59	16.40	300m:	3:10.96	16.69	400m:	4:16.17	15.66	
32.			2006							+0,77	<b>4:16.45</b>	1	566
	25m:	13.42	13.42	125m:	1:15.30	15.85	225m:	2:20.60	16.20	325m:	3:27.66	16.78	
	50m:	28.59	15.17	150m:	1:31.68	16.38	250m:	2:37.37	16.77	350m:	3:44.41	16.75	
	75m:	43.46	14.87	175m:	1:47.87	16.19	275m:	2:54.01	16.64	375m:	4:01.17	16.76	
	100m:	59.45	15.99	200m:	2:04.40	16.53	300m:	3:10.88	16.87	400m:	4:16.45	15.28	
33.			2008						-2	+0,77	<b>4:16.54</b>	1	566
	25m:	13.44	13.44	125m:	1:16.04	15.95	225m:	2:21.87	16.50	325m:	3:27.74	16.55	
	50m:	28.63	15.19	150m:	1:32.44	16.40	250m:	2:38.43	16.56	350m:	3:44.28	16.54	
	75m:	44.42	15.79	175m:	1:48.81	16.37	275m:	2:54.88	16.45	375m:	4:00.80	16.52	
	100m:	1:00.09	15.67	200m:	2:05.37	16.56	300m:	3:11.19	16.31	400m:	4:16.54	15.74	
34.			2007							+0,80	<b>4:16.70</b>	1	565
	25m:	13.82	13.82	125m:	1:16.93	16.43	225m:	2:22.01	16.31	325m:	3:28.29	16.84	
	50m:	28.82	15.00	150m:	1:33.20	16.27	250m:	2:38.46	16.45	350m:	3:44.73	16.44	
	75m:	44.44	15.62	175m:	1:49.34	16.14	275m:	2:54.91	16.45	375m:	4:00.99	16.26	
	100m:	1:00.50	16.06	200m:	2:05.70	16.36	300m:	3:11.45	16.54	400m:	4:16.70	15.71	
35.			2007	1						+0,67	<b>4:17.67</b>	1	558
	25m:	13.27	13.27	125m:	1:16.73	16.28	225m:	2:22.53	16.47	325m:	3:28.46	16.24	
	50m:	28.56	15.29	150m:	1:33.22	16.49	250m:	2:39.10	16.57	350m:	3:45.46	17.00	
	75m:	44.54	15.98	175m:	1:49.51	16.29	275m:	2:55.61	16.51	375m:	4:01.90	16.44	
	100m:	1:00.45	15.91	200m:	2:06.06	16.55	300m:	3:12.22	16.61	400m:	4:17.67	15.77	
36.			2007						-2	+0,67	<b>4:17.75</b>	1	558
	25m:	13.29	13.29	125m:	1:16.59	16.19	225m:	2:23.06	16.77	325m:	3:30.01	16.61	
	50m:	28.38	15.09	150m:	1:33.13	16.54	250m:	2:39.74	16.68	350m:	3:46.61	16.60	
	75m:	44.30	15.92	175m:	1:49.72	16.59	275m:	2:56.71	16.97	375m:	4:02.94	16.33	
	100m:	1:00.40	16.10	200m:	2:06.29	16.57	300m:	3:13.40	16.69	400m:	4:17.75	14.81	
37.			2008	1						+0,70	<b>4:18.29</b>	1	554
	25m:	13.80	13.80	125m:	1:17.10	16.36	225m:	2:23.58	16.61	325m:	3:30.07	16.55	
	50m:	29.04	15.24	150m:	1:33.74	16.64	250m:	2:40.21	16.63	350m:	3:46.75	16.68	
	75m:	44.85	15.81	175m:	1:50.29	16.55	275m:	2:56.93	16.72	375m:	4:02.70	15.95	
	100m:	1:00.74	15.89	200m:	2:06.97	16.68	300m:	3:13.52	16.59	400m:	4:18.29	15.59	
38.			2005						-2	+0,85	<b>4:20.96</b>	1	538
	25m:	13.74	13.74	125m:	1:16.59	16.14	225m:	2:23.89	17.36	325m:	3:32.27	17.23	
	50m:	28.68	14.94	150m:	1:33.23	16.64	250m:	2:40.61	16.72	350m:	3:49.11	16.84	
	75m:	44.59	15.91	175m:	1:49.85	16.62	275m:	2:58.29	17.68	375m:	4:05.68	16.57	
	100m:	1:00.45	15.86	200m:	2:06.53	16.68	300m:	3:15.04	16.75	400m:	4:20.96	15.28	
39.			2001							+0,60	<b>4:21.04</b>	1	537
	25m:	13.49	13.49	125m:	1:15.56	16.11	225m:	2:21.49	16.70	325m:	3:29.42	17.01	
	50m:	28.60	15.11	150m:	1:31.77	16.21	250m:	2:38.27	16.78	350m:	3:46.88	17.46	
	75m:	43.88	15.28	175m:	1:48.12	16.35	275m:	2:55.26	16.99	375m:	4:04.49	17.61	
	100m:	59.45	15.57	200m:	2:04.79	16.67	300m:	3:12.41	17.15	400m:	4:21.04	16.55	

		12, , 400m						R.T.				
40.				2008				-2	+0,74	<b>4:21.20</b>	1	536
	25m:	13.91	13.91	125m:	1:17.76	16.25	225m:	2:24.43	16.68	325m:	3:31.70	16.81
	50m:	29.40	15.49	150m:	1:34.43	16.67	250m:	2:41.04	16.61	350m:	3:48.68	16.98
	75m:	45.35	15.95	175m:	1:50.83	16.40	275m:	2:57.94	16.90	375m:	4:05.51	16.83
	100m:	1:01.51	16.16	200m:	2:07.75	16.92	300m:	3:14.89	16.95	400m:	4:21.20	15.69
41.				2007	1	-		-	+0,55	<b>4:22.13</b>	1	530
	25m:	13.04	13.04	125m:	1:16.57	16.49	225m:	2:23.63	17.15	325m:	3:32.56	17.17
	50m:	28.03	14.99	150m:	1:33.13	16.56	250m:	2:40.91	17.28	350m:	3:50.21	17.65
	75m:	43.80	15.77	175m:	1:49.67	16.54	275m:	2:58.13	17.22	375m:	4:07.66	17.45
	100m:	1:00.08	16.28	200m:	2:06.48	16.81	300m:	3:15.39	17.26	400m:	4:22.13	14.47
42.				2007	1	-		-	+0,75	<b>4:22.67</b>	1	527
	25m:	13.75	13.75	125m:	1:17.46	16.38	225m:	2:24.95	16.90	325m:	3:32.10	16.83
	50m:	29.12	15.37	150m:	1:34.03	16.57	250m:	2:41.58	16.63	350m:	3:49.10	17.00
	75m:	44.92	15.80	175m:	1:50.97	16.94	275m:	2:58.12	16.54	375m:	4:06.24	17.14
	100m:	1:01.08	16.16	200m:	2:08.05	17.08	300m:	3:15.27	17.15	400m:	4:22.67	16.43
43.				2007					+0,69	<b>4:22.82</b>	1	526
	25m:	14.16	14.16	125m:	1:18.50	16.44	225m:	2:24.71	16.62	325m:	3:32.75	16.73
	50m:	29.81	15.65	150m:	1:34.97	16.47	250m:	2:41.66	16.95	350m:	3:49.90	17.15
	75m:	46.19	16.38	175m:	1:51.47	16.50	275m:	2:58.81	17.15	375m:	4:06.57	16.67
	100m:	1:02.06	15.87	200m:	2:08.09	16.62	300m:	3:16.02	17.21	400m:	4:22.82	16.25
44.				2007	1				+0,71	<b>4:23.99</b>	1	519
	25m:	13.90	13.90	125m:	1:18.70	16.58	225m:	2:27.01	17.26	325m:	3:35.99	17.25
	50m:	29.50	15.60	150m:	1:35.92	17.22	250m:	2:43.85	16.84	350m:	3:52.15	16.16
	75m:	45.65	16.15	175m:	1:52.93	17.01	275m:	3:01.23	17.38	375m:	4:08.46	16.31
	100m:	1:02.12	16.47	200m:	2:09.75	16.82	300m:	3:18.74	17.51	400m:	4:23.99	15.53
45.				2008				-2	+0,74	<b>4:25.29</b>	1	512
	25m:	13.55	13.55	125m:	1:15.18	16.14	225m:	2:23.55	17.41	325m:	3:33.61	17.79
	50m:	28.09	14.54	150m:	1:31.75	16.57	250m:	2:40.67	17.12	350m:	3:51.21	17.60
	75m:	43.29	15.20	175m:	1:48.84	17.09	275m:	2:58.10	17.43	375m:	4:08.80	17.59
	100m:	59.04	15.75	200m:	2:06.14	17.30	300m:	3:15.82	17.72	400m:	4:25.29	16.49
46.				2008				-2	+0,75	<b>4:27.04</b>	1	502
	25m:	14.16	14.16	125m:	1:18.84	16.70	225m:	2:26.40	16.98	325m:	3:35.88	17.39
	50m:	29.56	15.40	150m:	1:35.63	16.79	250m:	2:43.60	17.20	350m:	3:53.13	17.25
	75m:	45.77	16.21	175m:	1:52.54	16.91	275m:	3:01.20	17.60	375m:	4:10.45	17.32
	100m:	1:02.14	16.37	200m:	2:09.42	16.88	300m:	3:18.49	17.29	400m:	4:27.04	16.59
47.				2008	1	-			+0,71	<b>4:27.30</b>	1	500
	25m:	13.42	13.42	125m:	1:19.17	17.36	225m:	2:27.41	16.99	325m:	3:35.81	17.50
	50m:	28.69	15.27	150m:	1:36.45	17.28	250m:	2:44.45	17.04	350m:	3:53.35	17.54
	75m:	44.79	16.10	175m:	1:53.27	16.82	275m:	3:01.41	16.96	375m:	4:10.93	17.58
	100m:	1:01.81	17.02	200m:	2:10.42	17.15	300m:	3:18.31	16.90	400m:	4:27.30	16.37
48.				2007				-2	+0,79	<b>4:27.39</b>	1	500
	25m:	14.41	14.41	125m:	1:21.21	16.77	225m:	2:29.26	17.17	325m:	3:38.34	17.08
	50m:	31.04	16.63	150m:	1:38.05	16.84	250m:	2:46.53	17.27	350m:	3:55.18	16.84
	75m:	47.78	16.74	175m:	1:55.02	16.97	275m:	3:03.96	17.43	375m:	4:11.86	16.68
	100m:	1:04.44	16.66	200m:	2:12.09	17.07	300m:	3:21.26	17.30	400m:	4:27.39	15.53
49.				2006	1				+0,85	<b>4:27.78</b>	1	497
	25m:	13.94	13.94	125m:	1:17.22	16.35	225m:	2:25.26	17.16	325m:	3:35.12	17.56
	50m:	29.26	15.32	150m:	1:34.35	17.13	250m:	2:42.59	17.33	350m:	3:53.24	18.12
	75m:	44.68	15.42	175m:	1:51.19	16.84	275m:	2:59.56	16.97	375m:	4:10.66	17.42
	100m:	1:00.87	16.19	200m:	2:08.10	16.91	300m:	3:17.56	18.00	400m:	4:27.78	17.12

		12, , 400m						R.T.				
50.				2008	1			+0,71	<b>4:28.10</b>		496	
	25m:	13.91	13.91	125m:	1:21.63	17.49	225m:	2:30.91	16.96	325m:	3:39.35	16.41
	50m:	30.25	16.34	150m:	1:38.99	17.36	250m:	2:48.28	17.37	350m:	3:56.07	16.72
	75m:	46.93	16.68	175m:	1:56.54	17.55	275m:	3:05.54	17.26	375m:	4:12.61	16.54
	100m:	1:04.14	17.21	200m:	2:13.95	17.41	300m:	3:22.94	17.40	400m:	4:28.10	15.49
51.				2008	1	-		+0,73	<b>4:29.91</b>		486	
	25m:	13.65	13.65	125m:	1:18.57	16.85	225m:	2:27.98	17.30	325m:	3:38.17	17.94
	50m:	29.05	15.40	150m:	1:35.59	17.02	250m:	2:45.43	17.45	350m:	3:56.02	17.85
	75m:	45.40	16.35	175m:	1:53.09	17.50	275m:	3:02.67	17.24	375m:	4:13.62	17.60
	100m:	1:01.72	16.32	200m:	2:10.68	17.59	300m:	3:20.23	17.56	400m:	4:29.91	16.29
52.				2004				+0,69	<b>4:32.59</b>		472	
	25m:	14.00	14.00	125m:	1:21.04	17.27	225m:	2:30.43	17.56	325m:	3:41.30	18.18
	50m:	30.29	16.29	150m:	1:38.13	17.09	250m:	2:47.91	17.48	350m:	3:59.51	18.21
	75m:	47.03	16.74	175m:	1:55.65	17.52	275m:	3:05.38	17.47	375m:	4:16.63	17.12
	100m:	1:03.77	16.74	200m:	2:12.87	17.22	300m:	3:23.12	17.74	400m:	4:32.59	15.96
53.				2006	1	-		+0,75	<b>4:33.78</b>		465	
	25m:	13.98	13.98	125m:	1:20.24	16.83	225m:	2:29.70	17.25	325m:	3:41.11	17.72
	50m:	30.08	16.10	150m:	1:37.46	17.22	250m:	2:47.87	18.17	350m:	3:59.06	17.95
	75m:	46.58	16.50	175m:	1:54.79	17.33	275m:	3:05.54	17.67	375m:	4:16.50	17.44
	100m:	1:03.41	16.83	200m:	2:12.45	17.66	300m:	3:23.39	17.85	400m:	4:33.78	17.28
54.				2007	1			+0,65	<b>4:37.81</b>		445	
	25m:	13.91	13.91	125m:	1:19.18	16.91	225m:	2:31.44	18.58	325m:	3:45.17	18.29
	50m:	29.59	15.68	150m:	1:36.77	17.59	250m:	2:49.83	18.39	350m:	4:03.38	18.21
	75m:	45.87	16.28	175m:	1:54.74	17.97	275m:	3:08.26	18.43	375m:	4:21.31	17.93
	100m:	1:02.27	16.40	200m:	2:12.86	18.12	300m:	3:26.88	18.62	400m:	4:37.81	16.50
55.				2007	1	-		+0,79	<b>4:39.19</b>		439	
	25m:	12.59	12.59	125m:	1:20.59	18.26	225m:	2:34.86	18.52	325m:	3:47.78	18.55
	50m:	27.25	14.66	150m:	1:39.00	18.41	250m:	2:53.24	18.38	350m:	4:05.40	17.62
	75m:	44.30	17.05	175m:	1:57.49	18.49	275m:	3:11.16	17.92	375m:	4:22.75	17.35
	100m:	1:02.33	18.03	200m:	2:16.34	18.85	300m:	3:29.23	18.07	400m:	4:39.19	16.44
56.				2008	1			+0,74	<b>4:42.62</b>		423	
	25m:	13.80	13.80	125m:	1:20.11	17.31	225m:	2:31.91	18.21	325m:	3:46.64	18.92
	50m:	29.46	15.66	150m:	1:37.70	17.59	250m:	2:50.17	18.26	350m:	4:05.38	18.74
	75m:	45.80	16.34	175m:	1:55.56	17.86	275m:	3:09.02	18.85	375m:	4:24.48	19.10
	100m:	1:02.80	17.00	200m:	2:13.70	18.14	300m:	3:27.72	18.70	400m:	4:42.62	18.14
DSQ				2005							1	
DSQ				2006				-2			1	

12, , 400m

12

, 400m

(17-18 )

31.10.2023 - 10:00

3:35.30

(CAN)

06.12.2016

3:41.14

20.11.2017

: FINA 2023

				/				R.T.				
1.				2005				+0,69 <b>3:50.45</b> 781				
	25m:	12.27	12.27	125m:	1:10.72	14.74	225m:	2:08.30	14.57	325m:	3:07.01	14.66
	50m:	26.51	14.24	150m:	1:24.94	14.22	250m:	2:22.96	14.66	350m:	3:21.82	14.81
	75m:	41.30	14.79	175m:	1:39.25	14.31	275m:	2:37.63	14.67	375m:	3:36.58	14.76
	100m:	55.98	14.68	200m:	1:53.73	14.48	300m:	2:52.35	14.72	400m:	3:50.45	13.87
2.				2006				+0,70 <b>3:53.51</b> 750				
	25m:	12.57	12.57	125m:	1:11.11	14.71	225m:	2:10.64	14.94	325m:	3:10.82	14.58
	50m:	26.99	14.42	150m:	1:26.09	14.98	250m:	2:25.90	15.26	350m:	3:25.49	14.67
	75m:	41.62	14.63	175m:	1:40.85	14.76	275m:	2:40.93	15.03	375m:	3:39.62	14.13
	100m:	56.40	14.78	200m:	1:55.70	14.85	300m:	2:56.24	15.31	400m:	3:53.51	13.89
3.				2005				+0,75 <b>3:56.25</b> 725				
	25m:	12.47	12.47	125m:	1:11.18	14.75	225m:	2:10.33	14.88	325m:	3:11.26	15.33
	50m:	26.74	14.27	150m:	1:25.98	14.80	250m:	2:25.43	15.10	350m:	3:26.69	15.43
	75m:	41.63	14.89	175m:	1:40.56	14.58	275m:	2:40.58	15.15	375m:	3:41.97	15.28
	100m:	56.43	14.80	200m:	1:55.45	14.89	300m:	2:55.93	15.35	400m:	3:56.25	14.28
4.				2005				+0,66 <b>3:56.51</b> 722				
	25m:	12.28	12.28	125m:	1:10.81	15.02	225m:	2:11.58	15.29	325m:	3:13.62	15.54
	50m:	26.26	13.98	150m:	1:25.85	15.04	250m:	2:26.96	15.38	350m:	3:28.70	15.08
	75m:	40.83	14.57	175m:	1:41.07	15.22	275m:	2:42.37	15.41	375m:	3:43.39	14.69
	100m:	55.79	14.96	200m:	1:56.29	15.22	300m:	2:58.08	15.71	400m:	3:56.51	13.12
5.				2006				+0,65 <b>4:01.53</b> 678				
	25m:	12.95	12.95	125m:	1:12.69	15.09	225m:	2:14.50	15.52	325m:	3:16.56	15.31
	50m:	27.63	14.68	150m:	1:28.08	15.39	250m:	2:30.04	15.54	350m:	3:31.82	15.26
	75m:	42.53	14.90	175m:	1:43.44	15.36	275m:	2:45.68	15.64	375m:	3:47.03	15.21
	100m:	57.60	15.07	200m:	1:58.98	15.54	300m:	3:01.25	15.57	400m:	4:01.53	14.50
6.				2006				- - +0,66 <b>4:02.55</b> 670				
	25m:	13.07	13.07	125m:	1:13.02	15.09	225m:	2:14.91	15.40	325m:	3:16.58	15.41
	50m:	27.75	14.68	150m:	1:28.43	15.41	250m:	2:30.15	15.24	350m:	3:32.41	15.83
	75m:	42.72	14.97	175m:	1:43.83	15.40	275m:	2:45.49	15.34	375m:	3:47.86	15.45
	100m:	57.93	15.21	200m:	1:59.51	15.68	300m:	3:01.17	15.68	400m:	4:02.55	14.69
7.				2006				+0,68 <b>4:04.61</b> 653				
	25m:	13.17	13.17	125m:	1:14.71	15.63	225m:	2:17.53	15.73	325m:	3:19.09	15.04
	50m:	28.14	14.97	150m:	1:30.51	15.80	250m:	2:33.27	15.74	350m:	3:34.55	15.46
	75m:	43.45	15.31	175m:	1:46.00	15.49	275m:	2:48.52	15.25	375m:	3:49.95	15.40
	100m:	59.08	15.63	200m:	2:01.80	15.80	300m:	3:04.05	15.53	400m:	4:04.61	14.66
8.				2005				+0,77 <b>4:07.50</b> 630				
	25m:	12.59	12.59	125m:	1:12.89	15.63	225m:	2:16.08	15.78	325m:	3:20.21	16.01
	50m:	26.97	14.38	150m:	1:28.65	15.76	250m:	2:32.10	16.02	350m:	3:36.15	15.94
	75m:	42.15	15.18	175m:	1:44.42	15.77	275m:	2:48.21	16.11	375m:	3:52.43	16.28
	100m:	57.26	15.11	200m:	2:00.30	15.88	300m:	3:04.20	15.99	400m:	4:07.50	15.07
9.				2006				+0,70 <b>4:08.62</b> 622				
	25m:	12.70	12.70	125m:	1:13.88	15.62	225m:	2:17.56	15.84	325m:	3:22.04	15.76
	50m:	26.91	14.21	150m:	1:29.70	15.82	250m:	2:33.61	16.05	350m:	3:38.23	16.19
	75m:	42.32	15.41	175m:	1:45.33	15.63	275m:	2:49.43	15.82	375m:	3:53.77	15.54
	100m:	58.26	15.94	200m:	2:01.72	16.39	300m:	3:06.28	16.85	400m:	4:08.62	14.85

12,		, 400m				(17-18 )							
												R.T.	
10.				2006				+0,72	<b>4:10.08</b>			611	
	25m:	12.89	12.89	125m:	1:14.78	15.62	225m:	2:18.90	16.11	325m:	3:22.68	15.49	
	50m:	28.10	15.21	150m:	1:30.57	15.79	250m:	2:34.99	16.09	350m:	3:38.58	15.90	
	75m:	43.45	15.35	175m:	1:46.40	15.83	275m:	2:51.09	16.10	375m:	3:54.60	16.02	
	100m:	59.16	15.71	200m:	2:02.79	16.39	300m:	3:07.19	16.10	400m:	4:10.08	15.48	
11.				2006				-2	+0,80	<b>4:11.10</b>			603
	25m:	13.16	13.16	125m:	1:15.51	15.95	225m:	2:18.78	15.68	325m:	3:23.56	16.17	
	50m:	27.90	14.74	150m:	1:31.24	15.73	250m:	2:34.70	15.92	350m:	3:39.51	15.95	
	75m:	43.68	15.78	175m:	1:46.99	15.75	275m:	2:50.89	16.19	375m:	3:56.09	16.58	
	100m:	59.56	15.88	200m:	2:03.10	16.11	300m:	3:07.39	16.50	400m:	4:11.10	15.01	
12.				2006				-2	+0,74	<b>4:12.55</b>	1		593
	25m:	13.35	13.35	125m:	1:14.99	15.73	225m:	2:19.84	16.43	325m:	3:25.43	16.48	
	50m:	28.22	14.87	150m:	1:30.81	15.82	250m:	2:36.26	16.42	350m:	3:41.85	16.42	
	75m:	43.72	15.50	175m:	1:47.00	16.19	275m:	2:52.57	16.31	375m:	3:57.80	15.95	
	100m:	59.26	15.54	200m:	2:03.41	16.41	300m:	3:08.95	16.38	400m:	4:12.55	14.75	
13.				2006	1			-2	+0,81	<b>4:16.17</b>	1		568
	25m:	13.71	13.71	125m:	1:16.21	15.80	225m:	2:21.04	16.45	325m:	3:27.58	16.62	
	50m:	29.02	15.31	150m:	1:32.22	16.01	250m:	2:37.73	16.69	350m:	3:44.24	16.66	
	75m:	44.73	15.71	175m:	1:48.19	15.97	275m:	2:54.27	16.54	375m:	4:00.51	16.27	
	100m:	1:00.41	15.68	200m:	2:04.59	16.40	300m:	3:10.96	16.69	400m:	4:16.17	15.66	
14.				2006					+0,77	<b>4:16.45</b>	1		566
	25m:	13.42	13.42	125m:	1:15.30	15.85	225m:	2:20.60	16.20	325m:	3:27.66	16.78	
	50m:	28.59	15.17	150m:	1:31.68	16.38	250m:	2:37.37	16.77	350m:	3:44.41	16.75	
	75m:	43.46	14.87	175m:	1:47.87	16.19	275m:	2:54.01	16.64	375m:	4:01.17	16.76	
	100m:	59.45	15.99	200m:	2:04.40	16.53	300m:	3:10.88	16.87	400m:	4:16.45	15.28	
15.				2005				-2	+0,85	<b>4:20.96</b>	1		538
	25m:	13.74	13.74	125m:	1:16.59	16.14	225m:	2:23.89	17.36	325m:	3:32.27	17.23	
	50m:	28.68	14.94	150m:	1:33.23	16.64	250m:	2:40.61	16.72	350m:	3:49.11	16.84	
	75m:	44.59	15.91	175m:	1:49.85	16.62	275m:	2:58.29	17.68	375m:	4:05.68	16.57	
	100m:	1:00.45	15.86	200m:	2:06.53	16.68	300m:	3:15.04	16.75	400m:	4:20.96	15.28	
16.				2006	1				+0,85	<b>4:27.78</b>	1		497
	25m:	13.94	13.94	125m:	1:17.22	16.35	225m:	2:25.26	17.16	325m:	3:35.12	17.56	
	50m:	29.26	15.32	150m:	1:34.35	17.13	250m:	2:42.59	17.33	350m:	3:53.24	18.12	
	75m:	44.68	15.42	175m:	1:51.19	16.84	275m:	2:59.56	16.97	375m:	4:10.66	17.42	
	100m:	1:00.87	16.19	200m:	2:08.10	16.91	300m:	3:17.56	18.00	400m:	4:27.78	17.12	
17.				2006	1	-			+0,75	<b>4:33.78</b>			465
	25m:	13.98	13.98	125m:	1:20.24	16.83	225m:	2:29.70	17.25	325m:	3:41.11	17.72	
	50m:	30.08	16.10	150m:	1:37.46	17.22	250m:	2:47.87	18.17	350m:	3:59.06	17.95	
	75m:	46.58	16.50	175m:	1:54.79	17.33	275m:	3:05.54	17.67	375m:	4:16.50	17.44	
	100m:	1:03.41	16.83	200m:	2:12.45	17.66	300m:	3:23.39	17.85	400m:	4:33.78	17.28	
DSQ				2005							1		
DSQ				2006				-2			1		



12, , 400m

12 , 400m (15-16 )  
31.10.2023 - 10:003:35.30 (CAN) 06.12.2016  
3:41.14 20.11.2017

: FINA 2023

								R.T.					
1.				2007	-	-	+0,59	<b>4:05.75</b>					644
	25m:	12.77	12.77	125m:	1:12.60	15.26	225m:	2:14.82	15.51	325m:	3:18.27	15.73	
	50m:	27.22	14.45	150m:	1:28.42	15.82	250m:	2:30.51	15.69	350m:	3:34.27	16.00	
	75m:	42.14	14.92	175m:	1:43.68	15.26	275m:	2:46.31	15.80	375m:	3:50.34	16.07	
	100m:	57.34	15.20	200m:	1:59.31	15.63	300m:	3:02.54	16.23	400m:	4:05.75	15.41	
2.				2007	-	-	+0,64	<b>4:06.05</b>					641
	25m:	12.64	12.64	125m:	1:12.39	15.30	225m:	2:15.51	15.82	325m:	3:20.87	16.44	
	50m:	26.97	14.33	150m:	1:27.83	15.44	250m:	2:31.69	16.18	350m:	3:37.67	16.80	
	75m:	41.81	14.84	175m:	1:43.62	15.79	275m:	2:47.96	16.27	375m:	3:52.03	14.36	
	100m:	57.09	15.28	200m:	1:59.69	16.07	300m:	3:04.43	16.47	400m:	4:06.05	14.02	
3.				2007	-	-	+0,67	<b>4:06.39</b>					639
	25m:	12.40	12.40	125m:	1:11.68	15.30	225m:	2:14.63	15.87	325m:	3:19.22	16.24	
	50m:	26.66	14.26	150m:	1:27.25	15.57	250m:	2:30.85	16.22	350m:	3:35.53	16.31	
	75m:	41.42	14.76	175m:	1:42.84	15.59	275m:	2:46.88	16.03	375m:	3:51.62	16.09	
	100m:	56.38	14.96	200m:	1:58.76	15.92	300m:	3:02.98	16.10	400m:	4:06.39	14.77	
4.				2008			-2	+0,71	<b>4:06.66</b>				637
	25m:	13.27	13.27	125m:	1:14.57	15.40	225m:	2:17.77	15.81	325m:	3:20.98	15.69	
	50m:	28.36	15.09	150m:	1:30.16	15.59	250m:	2:33.99	16.22	350m:	3:37.03	16.05	
	75m:	43.56	15.20	175m:	1:45.99	15.83	275m:	2:49.48	15.49	375m:	3:52.36	15.33	
	100m:	59.17	15.61	200m:	2:01.96	15.97	300m:	3:05.29	15.81	400m:	4:06.66	14.30	
5.				2007	-	-	+0,63	<b>4:06.98</b>					634
	25m:	13.32	13.32	125m:	1:13.81	15.20	225m:	2:16.89	15.69	325m:	3:20.41	15.59	
	50m:	28.08	14.76	150m:	1:29.54	15.73	250m:	2:33.02	16.13	350m:	3:36.32	15.91	
	75m:	43.12	15.04	175m:	1:45.23	15.69	275m:	2:48.70	15.68	375m:	3:51.88	15.56	
	100m:	58.61	15.49	200m:	2:01.20	15.97	300m:	3:04.82	16.12	400m:	4:06.98	15.10	
6.				2008	1			+0,60	<b>4:09.72</b>				614
	25m:	13.08	13.08	125m:	1:14.50	15.85	225m:	2:17.08	15.73	325m:	3:21.69	16.38	
	50m:	27.86	14.78	150m:	1:30.12	15.62	250m:	2:32.95	15.87	350m:	3:38.20	16.51	
	75m:	43.10	15.24	175m:	1:45.77	15.65	275m:	2:49.05	16.10	375m:	3:54.52	16.32	
	100m:	58.65	15.55	200m:	2:01.35	15.58	300m:	3:05.31	16.26	400m:	4:09.72	15.20	
7.				2007				+0,86	<b>4:10.62</b>				607
	25m:	13.63	13.63	125m:	1:14.52	15.49	225m:	2:18.19	15.75	325m:	3:23.17	16.19	
	50m:	28.23	14.60	150m:	1:30.59	16.07	250m:	2:34.45	16.26	350m:	3:39.72	16.55	
	75m:	43.37	15.14	175m:	1:46.21	15.62	275m:	2:50.52	16.07	375m:	3:55.44	15.72	
	100m:	59.03	15.66	200m:	2:02.44	16.23	300m:	3:06.98	16.46	400m:	4:10.62	15.18	
8.				2008			-2	+0,69	<b>4:13.24</b>	1			588
	25m:	13.53	13.53	125m:	1:16.44	16.59	225m:	2:20.54	16.07	325m:	3:26.33	16.73	
	50m:	28.42	14.89	150m:	1:32.28	15.84	250m:	2:36.60	16.06	350m:	3:42.83	16.50	
	75m:	44.02	15.60	175m:	1:48.46	16.18	275m:	2:53.36	16.76	375m:	3:58.70	15.87	
	100m:	59.85	15.83	200m:	2:04.47	16.01	300m:	3:09.60	16.24	400m:	4:13.24	14.54	
9.				2008				+0,90	<b>4:13.51</b>	1			586
	25m:	13.25	13.25	125m:	1:15.64	15.61	225m:	2:20.42	16.03	325m:	3:25.88	16.16	
	50m:	28.55	15.30	150m:	1:32.14	16.50	250m:	2:36.72	16.30	350m:	3:42.54	16.66	
	75m:	43.99	15.44	175m:	1:48.09	15.95	275m:	2:52.92	16.20	375m:	3:58.80	16.26	
	100m:	1:00.03	16.04	200m:	2:04.39	16.30	300m:	3:09.72	16.80	400m:	4:13.51	14.71	

12,		, 400m				(15-16 )		R.T.				
10.				2008	1			-2	+0,57	<b>4:14.19</b>	1	582
	25m:	13.67	13.67	125m:	1:15.64	15.43	225m:	2:19.74	16.14	325m:	3:25.31	16.55
	50m:	28.92	15.25	150m:	1:31.37	15.73	250m:	2:36.02	16.28	350m:	3:42.22	16.91
	75m:	44.51	15.59	175m:	1:47.32	15.95	275m:	2:52.29	16.27	375m:	3:58.37	16.15
	100m:	1:00.21	15.70	200m:	2:03.60	16.28	300m:	3:08.76	16.47	400m:	4:14.19	15.82
11.				2008				-2	+0,65	<b>4:14.29</b>	1	581
	25m:	13.41	13.41	125m:	1:14.00	15.56	225m:	2:18.85	16.39	325m:	3:25.22	16.75
	50m:	28.07	14.66	150m:	1:29.88	15.88	250m:	2:35.38	16.53	350m:	3:41.93	16.71
	75m:	43.06	14.99	175m:	1:46.09	16.21	275m:	2:52.00	16.62	375m:	3:58.33	16.40
	100m:	58.44	15.38	200m:	2:02.46	16.37	300m:	3:08.47	16.47	400m:	4:14.29	15.96
12.				2008				-2	+0,77	<b>4:16.54</b>	1	566
	25m:	13.44	13.44	125m:	1:16.04	15.95	225m:	2:21.87	16.50	325m:	3:27.74	16.55
	50m:	28.63	15.19	150m:	1:32.44	16.40	250m:	2:38.43	16.56	350m:	3:44.28	16.54
	75m:	44.42	15.79	175m:	1:48.81	16.37	275m:	2:54.88	16.45	375m:	4:00.80	16.52
	100m:	1:00.09	15.67	200m:	2:05.37	16.56	300m:	3:11.19	16.31	400m:	4:16.54	15.74
13.				2007		-		-	+0,80	<b>4:16.70</b>	1	565
	25m:	13.82	13.82	125m:	1:16.93	16.43	225m:	2:22.01	16.31	325m:	3:28.29	16.84
	50m:	28.82	15.00	150m:	1:33.20	16.27	250m:	2:38.46	16.45	350m:	3:44.73	16.44
	75m:	44.44	15.62	175m:	1:49.34	16.14	275m:	2:54.91	16.45	375m:	4:00.99	16.26
	100m:	1:00.50	16.06	200m:	2:05.70	16.36	300m:	3:11.45	16.54	400m:	4:16.70	15.71
14.				2007	1				+0,67	<b>4:17.67</b>	1	558
	25m:	13.27	13.27	125m:	1:16.73	16.28	225m:	2:22.53	16.47	325m:	3:28.46	16.24
	50m:	28.56	15.29	150m:	1:33.22	16.49	250m:	2:39.10	16.57	350m:	3:45.46	17.00
	75m:	44.54	15.98	175m:	1:49.51	16.29	275m:	2:55.61	16.51	375m:	4:01.90	16.44
	100m:	1:00.45	15.91	200m:	2:06.06	16.55	300m:	3:12.22	16.61	400m:	4:17.67	15.77
15.				2007				-2	+0,67	<b>4:17.75</b>	1	558
	25m:	13.29	13.29	125m:	1:16.59	16.19	225m:	2:23.06	16.77	325m:	3:30.01	16.61
	50m:	28.38	15.09	150m:	1:33.13	16.54	250m:	2:39.74	16.68	350m:	3:46.61	16.60
	75m:	44.30	15.92	175m:	1:49.72	16.59	275m:	2:56.71	16.97	375m:	4:02.94	16.33
	100m:	1:00.40	16.10	200m:	2:06.29	16.57	300m:	3:13.40	16.69	400m:	4:17.75	14.81
16.				2008	1	-			+0,70	<b>4:18.29</b>	1	554
	25m:	13.80	13.80	125m:	1:17.10	16.36	225m:	2:23.58	16.61	325m:	3:30.07	16.55
	50m:	29.04	15.24	150m:	1:33.74	16.64	250m:	2:40.21	16.63	350m:	3:46.75	16.68
	75m:	44.85	15.81	175m:	1:50.29	16.55	275m:	2:56.93	16.72	375m:	4:02.70	15.95
	100m:	1:00.74	15.89	200m:	2:06.97	16.68	300m:	3:13.52	16.59	400m:	4:18.29	15.59
17.				2008				-2	+0,74	<b>4:21.20</b>	1	536
	25m:	13.91	13.91	125m:	1:17.76	16.25	225m:	2:24.43	16.68	325m:	3:31.70	16.81
	50m:	29.40	15.49	150m:	1:34.43	16.67	250m:	2:41.04	16.61	350m:	3:48.68	16.98
	75m:	45.35	15.95	175m:	1:50.83	16.40	275m:	2:57.94	16.90	375m:	4:05.51	16.83
	100m:	1:01.51	16.16	200m:	2:07.75	16.92	300m:	3:14.89	16.95	400m:	4:21.20	15.69
18.				2007	1	-		-	+0,55	<b>4:22.13</b>	1	530
	25m:	13.04	13.04	125m:	1:16.57	16.49	225m:	2:23.63	17.15	325m:	3:32.56	17.17
	50m:	28.03	14.99	150m:	1:33.13	16.56	250m:	2:40.91	17.28	350m:	3:50.21	17.65
	75m:	43.80	15.77	175m:	1:49.67	16.54	275m:	2:58.13	17.22	375m:	4:07.66	17.45
	100m:	1:00.08	16.28	200m:	2:06.48	16.81	300m:	3:15.39	17.26	400m:	4:22.13	14.47
19.				2007	1	-		-	+0,75	<b>4:22.67</b>	1	527
	25m:	13.75	13.75	125m:	1:17.46	16.38	225m:	2:24.95	16.90	325m:	3:32.10	16.83
	50m:	29.12	15.37	150m:	1:34.03	16.57	250m:	2:41.58	16.63	350m:	3:49.10	17.00
	75m:	44.92	15.80	175m:	1:50.97	16.94	275m:	2:58.12	16.54	375m:	4:06.24	17.14
	100m:	1:01.08	16.16	200m:	2:08.05	17.08	300m:	3:15.27	17.15	400m:	4:22.67	16.43

, 30 - 02 2023

	12,	, 400m		(15-16 )				R.T.				
20.												
			/									
			2007					+0,69	<b>4:22.82</b>	1		526
	25m:	14.16	14.16	125m:	1:18.50	16.44	225m:	2:24.71	16.62	325m:	3:32.75	16.73
	50m:	29.81	15.65	150m:	1:34.97	16.47	250m:	2:41.66	16.95	350m:	3:49.90	17.15
	75m:	46.19	16.38	175m:	1:51.47	16.50	275m:	2:58.81	17.15	375m:	4:06.57	16.67
	100m:	1:02.06	15.87	200m:	2:08.09	16.62	300m:	3:16.02	17.21	400m:	4:22.82	16.25
21.			2007	1				+0,71	<b>4:23.99</b>	1		519
	25m:	13.90	13.90	125m:	1:18.70	16.58	225m:	2:27.01	17.26	325m:	3:35.99	17.25
	50m:	29.50	15.60	150m:	1:35.92	17.22	250m:	2:43.85	16.84	350m:	3:52.15	16.16
	75m:	45.65	16.15	175m:	1:52.93	17.01	275m:	3:01.23	17.38	375m:	4:08.46	16.31
	100m:	1:02.12	16.47	200m:	2:09.75	16.82	300m:	3:18.74	17.51	400m:	4:23.99	15.53
22.			2008					-2	+0,74	<b>4:25.29</b>	1	512
	25m:	13.55	13.55	125m:	1:15.18	16.14	225m:	2:23.55	17.41	325m:	3:33.61	17.79
	50m:	28.09	14.54	150m:	1:31.75	16.57	250m:	2:40.67	17.12	350m:	3:51.21	17.60
	75m:	43.29	15.20	175m:	1:48.84	17.09	275m:	2:58.10	17.43	375m:	4:08.80	17.59
	100m:	59.04	15.75	200m:	2:06.14	17.30	300m:	3:15.82	17.72	400m:	4:25.29	16.49
23.			2008					-2	+0,75	<b>4:27.04</b>	1	502
	25m:	14.16	14.16	125m:	1:18.84	16.70	225m:	2:26.40	16.98	325m:	3:35.88	17.39
	50m:	29.56	15.40	150m:	1:35.63	16.79	250m:	2:43.60	17.20	350m:	3:53.13	17.25
	75m:	45.77	16.21	175m:	1:52.54	16.91	275m:	3:01.20	17.60	375m:	4:10.45	17.32
	100m:	1:02.14	16.37	200m:	2:09.42	16.88	300m:	3:18.49	17.29	400m:	4:27.04	16.59
24.			2008	1	-			+0,71	<b>4:27.30</b>	1		500
	25m:	13.42	13.42	125m:	1:19.17	17.36	225m:	2:27.41	16.99	325m:	3:35.81	17.50
	50m:	28.69	15.27	150m:	1:36.45	17.28	250m:	2:44.45	17.04	350m:	3:53.35	17.54
	75m:	44.79	16.10	175m:	1:53.27	16.82	275m:	3:01.41	16.96	375m:	4:10.93	17.58
	100m:	1:01.81	17.02	200m:	2:10.42	17.15	300m:	3:18.31	16.90	400m:	4:27.30	16.37
25.			2007					-2	+0,79	<b>4:27.39</b>	1	500
	25m:	14.41	14.41	125m:	1:21.21	16.77	225m:	2:29.26	17.17	325m:	3:38.34	17.08
	50m:	31.04	16.63	150m:	1:38.05	16.84	250m:	2:46.53	17.27	350m:	3:55.18	16.84
	75m:	47.78	16.74	175m:	1:55.02	16.97	275m:	3:03.96	17.43	375m:	4:11.86	16.68
	100m:	1:04.44	16.66	200m:	2:12.09	17.07	300m:	3:21.26	17.30	400m:	4:27.39	15.53
26.			2008	1				+0,71	<b>4:28.10</b>			496
	25m:	13.91	13.91	125m:	1:21.63	17.49	225m:	2:30.91	16.96	325m:	3:39.35	16.41
	50m:	30.25	16.34	150m:	1:38.99	17.36	250m:	2:48.28	17.37	350m:	3:56.07	16.72
	75m:	46.93	16.68	175m:	1:56.54	17.55	275m:	3:05.54	17.26	375m:	4:12.61	16.54
	100m:	1:04.14	17.21	200m:	2:13.95	17.41	300m:	3:22.94	17.40	400m:	4:28.10	15.49
27.			2008	1	-			+0,73	<b>4:29.91</b>			486
	25m:	13.65	13.65	125m:	1:18.57	16.85	225m:	2:27.98	17.30	325m:	3:38.17	17.94
	50m:	29.05	15.40	150m:	1:35.59	17.02	250m:	2:45.43	17.45	350m:	3:56.02	17.85
	75m:	45.40	16.35	175m:	1:53.09	17.50	275m:	3:02.67	17.24	375m:	4:13.62	17.60
	100m:	1:01.72	16.32	200m:	2:10.68	17.59	300m:	3:20.23	17.56	400m:	4:29.91	16.29
28.			2007	1				+0,65	<b>4:37.81</b>			445
	25m:	13.91	13.91	125m:	1:19.18	16.91	225m:	2:31.44	18.58	325m:	3:45.17	18.29
	50m:	29.59	15.68	150m:	1:36.77	17.59	250m:	2:49.83	18.39	350m:	4:03.38	18.21
	75m:	45.87	16.28	175m:	1:54.74	17.97	275m:	3:08.26	18.43	375m:	4:21.31	17.93
	100m:	1:02.27	16.40	200m:	2:12.86	18.12	300m:	3:26.88	18.62	400m:	4:37.81	16.50
29.			2007	1	-			+0,79	<b>4:39.19</b>			439
	25m:	12.59	12.59	125m:	1:20.59	18.26	225m:	2:34.86	18.52	325m:	3:47.78	18.55
	50m:	27.25	14.66	150m:	1:39.00	18.41	250m:	2:53.24	18.38	350m:	4:05.40	17.62
	75m:	44.30	17.05	175m:	1:57.49	18.49	275m:	3:11.16	17.92	375m:	4:22.75	17.35
	100m:	1:02.33	18.03	200m:	2:16.34	18.85	300m:	3:29.23	18.07	400m:	4:39.19	16.44



, 30 - 02 2023

12, , 400m , (15-16 )

30.			/					R.T.				
			2008	1				+0,74	<b>4:42.62</b>		423	
	25m:	13.80	13.80	125m:	1:20.11	17.31	225m:	2:31.91	18.21	325m:	3:46.64	18.92
	50m:	29.46	15.66	150m:	1:37.70	17.59	250m:	2:50.17	18.26	350m:	4:05.38	18.74
	75m:	45.80	16.34	175m:	1:55.56	17.86	275m:	3:09.02	18.85	375m:	4:24.48	19.10
	100m:	1:02.80	17.00	200m:	2:13.70	18.14	300m:	3:27.72	18.70	400m:	4:42.62	18.14



, 30 - 02 2023

13  
31.10.2023 - 10:39

, 400m

4:31.13  
4:31.29

(GER)

15.11.2009  
16.11.2021

: FINA 2023

	/			R.T.								
1.	2001			+0,70			<b>5:01.84</b>	631				
25m:	14.01	14.01	125m:	1:24.69	19.20	225m:	2:43.00	21.97	325m:	4:08.50	18.41	
50m:	30.55	16.54	150m:	1:43.14	18.45	250m:	3:05.20	22.20	350m:	4:26.17	17.67	
75m:	47.78	17.23	175m:	2:02.19	19.05	275m:	3:27.51	22.31	375m:	4:44.30	18.13	
100m:	1:05.49	17.71	200m:	2:21.03	18.84	300m:	3:50.09	22.58	400m:	5:01.84	17.54	
2.	2009			+0,56			<b>5:06.54</b>	602				
25m:	14.75	14.75	125m:	1:28.74	20.59	225m:	2:49.22	21.74	325m:	4:13.87	19.02	
50m:	32.02	17.27	150m:	1:48.40	19.66	250m:	3:10.91	21.69	350m:	4:31.92	18.05	
75m:	49.77	17.75	175m:	2:07.95	19.55	275m:	3:32.80	21.89	375m:	4:50.15	18.23	
100m:	1:08.15	18.38	200m:	2:27.48	19.53	300m:	3:54.85	22.05	400m:	5:06.54	16.39	
3.	2007			+0,80			<b>5:09.95</b>	583				
25m:	15.08	15.08	125m:	1:31.48	18.73	225m:	2:49.94	22.35	325m:	4:15.32	19.27	
50m:	33.88	18.80	150m:	1:50.11	18.63	250m:	3:11.60	21.66	350m:	4:33.66	18.34	
75m:	52.99	19.11	175m:	2:09.11	19.00	275m:	3:33.97	22.37	375m:	4:51.87	18.21	
100m:	1:12.75	19.76	200m:	2:27.59	18.48	300m:	3:56.05	22.08	400m:	5:09.95	18.08	
4.	2006			-			+0,74	<b>5:10.26</b>	581			
25m:	14.14	14.14	125m:	1:28.44	21.10	225m:	2:49.96	22.05	325m:	4:15.51	18.71	
50m:	31.13	16.99	150m:	1:48.23	19.79	250m:	3:11.48	21.52	350m:	4:33.88	18.37	
75m:	49.02	17.89	175m:	2:08.44	20.21	275m:	3:33.95	22.47	375m:	4:52.64	18.76	
100m:	1:07.34	18.32	200m:	2:27.91	19.47	300m:	3:56.80	22.85	400m:	5:10.26	17.62	
5.	2006			+0,69			<b>5:11.50</b>	574				
25m:	13.42	13.42	125m:	1:27.50	20.21	225m:	2:48.61	22.47	325m:	4:17.83	18.83	
50m:	30.14	16.72	150m:	1:46.87	19.37	250m:	3:11.85	23.24	350m:	4:36.52	18.69	
75m:	48.20	18.06	175m:	2:06.62	19.75	275m:	3:35.42	23.57	375m:	4:54.56	18.04	
100m:	1:07.29	19.09	200m:	2:26.14	19.52	300m:	3:59.00	23.58	400m:	5:11.50	16.94	
6.	2008			+0,86			<b>5:11.56</b>	574				
25m:	15.05	15.05	125m:	1:33.49	20.61	225m:	2:54.20	22.29	325m:	4:19.36	18.48	
50m:	32.77	17.72	150m:	1:53.09	19.60	250m:	3:16.22	22.02	350m:	4:37.35	17.99	
75m:	52.03	19.26	175m:	2:12.54	19.45	275m:	3:38.47	22.25	375m:	4:55.09	17.74	
100m:	1:12.88	20.85	200m:	2:31.91	19.37	300m:	4:00.88	22.41	400m:	5:11.56	16.47	
7.	2008			+0,73			<b>5:13.29</b>	564				
25m:	15.00	15.00	125m:	1:31.26	19.95	225m:	2:52.58	21.58	325m:	4:19.32	18.61	
50m:	32.91	17.91	150m:	1:51.02	19.76	250m:	3:15.09	22.51	350m:	4:37.86	18.54	
75m:	51.46	18.55	175m:	2:10.78	19.76	275m:	3:37.72	22.63	375m:	4:55.96	18.10	
100m:	1:11.31	19.85	200m:	2:31.00	20.22	300m:	4:00.71	22.99	400m:	5:13.29	17.33	
8.	2010			-			+0,67	<b>5:14.05</b>	560			
25m:	14.46	14.46	125m:	1:29.90	20.42	225m:	2:51.74	22.70	325m:	4:20.35	18.34	
50m:	31.84	17.38	150m:	1:49.54	19.64	250m:	3:15.83	24.09	350m:	4:38.89	18.54	
75m:	50.49	18.65	175m:	2:09.34	19.80	275m:	3:37.62	21.79	375m:	4:57.43	18.54	
100m:	1:09.48	18.99	200m:	2:29.04	19.70	300m:	4:02.01	24.39	400m:	5:14.05	16.62	
9.	2009 1			-			+0,74	<b>5:17.27</b>	543			
25m:	15.32	15.32	125m:	1:31.91	19.83	225m:	2:54.02	23.12	325m:	4:23.28	17.71	
50m:	33.58	18.26	150m:	1:51.28	19.37	250m:	3:18.41	24.39	350m:	4:41.71	18.43	
75m:	52.41	18.83	175m:	2:10.89	19.61	275m:	3:40.83	22.42	375m:	5:00.19	18.48	
100m:	1:12.08	19.67	200m:	2:30.90	20.01	300m:	4:05.57	24.74	400m:	5:17.27	17.08	



13,		, 400m						R.T.				
10.				2009				-2	+0,49	<b>5:17.36</b>	543	
	25m:	14.97	14.97	125m:	1:34.43	20.19	225m:	2:55.19	21.83	325m:	4:22.00	19.53
	50m:	33.49	18.52	150m:	1:54.01	19.58	250m:	3:17.21	22.02	350m:	4:41.10	19.10
	75m:	53.39	19.90	175m:	2:13.67	19.66	275m:	3:39.70	22.49	375m:	5:00.05	18.95
	100m:	1:14.24	20.85	200m:	2:33.36	19.69	300m:	4:02.47	22.77	400m:	5:17.36	17.31
11.				2009		-		-		<b>5:18.00</b>	539	
	25m:	15.30	15.30	125m:	1:35.22	21.38	225m:	2:56.72	22.35	325m:	4:23.28	19.75
	50m:	34.20	18.90	150m:	1:55.06	19.84	250m:	3:18.72	22.00	350m:	4:41.87	18.59
	75m:	53.88	19.68	175m:	2:15.07	20.01	275m:	3:41.05	22.33	375m:	5:00.51	18.64
	100m:	1:13.84	19.96	200m:	2:34.37	19.30	300m:	4:03.53	22.48	400m:	5:18.00	17.49
12.				2007		-		-	+0,63	<b>5:18.19</b>	538	
	25m:	15.27	15.27	125m:	1:31.92	20.89	225m:	2:54.10	23.49	325m:	4:24.18	19.86
	50m:	33.62	18.35	150m:	1:51.44	19.52	250m:	3:17.17	23.07	350m:	4:42.41	18.23
	75m:	52.00	18.38	175m:	2:11.22	19.78	275m:	3:41.01	23.84	375m:	5:00.89	18.48
	100m:	1:11.03	19.03	200m:	2:30.61	19.39	300m:	4:04.32	23.31	400m:	5:18.19	17.30
13.				2010				-2	+0,71	<b>5:18.50</b>	537	
	25m:	15.07	15.07	125m:	1:35.98	20.97	225m:	2:56.89	22.67	325m:	4:23.66	19.55
	50m:	33.95	18.88	150m:	1:55.39	19.41	250m:	3:18.98	22.09	350m:	4:42.20	18.54
	75m:	54.02	20.07	175m:	2:15.01	19.62	275m:	3:41.62	22.64	375m:	5:00.62	18.42
	100m:	1:15.01	20.99	200m:	2:34.22	19.21	300m:	4:04.11	22.49	400m:	5:18.50	17.88
14.				2010				-2	+0,67	<b>5:20.77</b>	1 526	
	25m:	15.55	15.55	125m:	1:36.70	20.41	225m:	2:58.62	22.44	325m:	4:26.81	18.77
	50m:	35.05	19.50	150m:	1:56.58	19.88	250m:	3:21.25	22.63	350m:	4:44.97	18.16
	75m:	55.69	20.64	175m:	2:16.69	20.11	275m:	3:44.31	23.06	375m:	5:03.75	18.78
	100m:	1:16.29	20.60	200m:	2:36.18	19.49	300m:	4:08.04	23.73	400m:	5:20.77	17.02
15.				2010	1			-2	+0,84	<b>5:23.94</b>	1 510	
	25m:	15.68	15.68	125m:	1:35.07	22.06	225m:	3:00.05	23.79	325m:	4:29.30	18.82
	50m:	34.26	18.58	150m:	1:55.93	20.86	250m:	3:23.42	23.37	350m:	4:47.71	18.41
	75m:	53.21	18.95	175m:	2:16.18	20.25	275m:	3:46.85	23.43	375m:	5:06.19	18.48
	100m:	1:13.01	19.80	200m:	2:36.26	20.08	300m:	4:10.48	23.63	400m:	5:23.94	17.75
16.				2008	1	-			+0,77	<b>5:24.66</b>	1 507	
	25m:	15.12	15.12	125m:	1:34.47	21.79	225m:	2:59.46	23.42	325m:	4:31.56	19.02
	50m:	32.99	17.87	150m:	1:54.65	20.18	250m:	3:24.70	25.24	350m:	4:50.15	18.59
	75m:	52.19	19.20	175m:	2:14.89	20.24	275m:	3:48.27	23.57	375m:	5:08.22	18.07
	100m:	1:12.68	20.49	200m:	2:36.04	21.15	300m:	4:12.54	24.27	400m:	5:24.66	16.44
17.				2009					+0,69	<b>5:25.19</b>	1 504	
	25m:	15.14	15.14	125m:	1:37.65	21.38	225m:	3:02.58	23.44	325m:	4:31.80	18.55
	50m:	34.82	19.68	150m:	1:58.23	20.58	250m:	3:25.74	23.16	350m:	4:50.36	18.56
	75m:	54.34	19.52	175m:	2:18.90	20.67	275m:	3:49.55	23.81	375m:	5:08.62	18.26
	100m:	1:16.27	21.93	200m:	2:39.14	20.24	300m:	4:13.25	23.70	400m:	5:25.19	16.57
18.				2009					+0,78	<b>5:26.50</b>	1 498	
	25m:	15.24	15.24	125m:	1:35.13	21.59	225m:	2:59.45	23.00	325m:	4:30.95	19.40
	50m:	33.83	18.59	150m:	1:55.67	20.54	250m:	3:23.24	23.79	350m:	4:50.62	19.67
	75m:	53.40	19.57	175m:	2:15.82	20.15	275m:	3:47.31	24.07	375m:	5:09.23	18.61
	100m:	1:13.54	20.14	200m:	2:36.45	20.63	300m:	4:11.55	24.24	400m:	5:26.50	17.27
19.				2008					+0,69	<b>5:27.24</b>	1 495	
	25m:	15.06	15.06	125m:	1:33.21	22.63	225m:	2:59.79	23.00	325m:	4:30.13	20.35
	50m:	32.61	17.55	150m:	1:54.28	21.07	250m:	3:23.24	23.45	350m:	4:49.74	19.61
	75m:	51.14	18.53	175m:	2:15.57	21.29	275m:	3:46.51	23.27	375m:	5:08.92	19.18
	100m:	1:10.58	19.44	200m:	2:36.79	21.22	300m:	4:09.78	23.27	400m:	5:27.24	18.32

13,		, 400m						R.T.				
20.				2009	1	-	-	+0,88	<b>5:27.88</b>	1	492	
	25m:	14.97	14.97	125m:	1:35.03	21.59	225m:	2:59.94	22.92	325m:	4:30.70	19.14
	50m:	33.03	18.06	150m:	1:55.79	20.76	250m:	3:23.71	23.77	350m:	4:50.67	19.97
	75m:	52.78	19.75	175m:	2:16.29	20.50	275m:	3:47.75	24.04	375m:	5:09.98	19.31
	100m:	1:13.44	20.66	200m:	2:37.02	20.73	300m:	4:11.56	23.81	400m:	5:27.88	17.90
21.				2009	1		-2	+0,82	<b>5:27.90</b>	1	492	
	25m:	16.36	16.36	125m:	1:37.72	22.03	225m:	3:02.61	24.18	325m:	4:33.58	19.17
	50m:	35.91	19.55	150m:	1:57.82	20.10	250m:	3:26.56	23.95	350m:	4:52.12	18.54
	75m:	55.64	19.73	175m:	2:18.09	20.27	275m:	3:50.39	23.83	375m:	5:10.32	18.20
	100m:	1:15.69	20.05	200m:	2:38.43	20.34	300m:	4:14.41	24.02	400m:	5:27.90	17.58
22.				2008			-2	+0,64	<b>5:28.60</b>	1	489	
	25m:	14.85	14.85	125m:	1:36.33	21.43	225m:	3:00.97	23.25	325m:	4:33.01	19.60
	50m:	34.00	19.15	150m:	1:56.71	20.38	250m:	3:24.66	23.69	350m:	4:51.90	18.89
	75m:	54.19	20.19	175m:	2:17.21	20.50	275m:	3:48.99	24.33	375m:	5:10.77	18.87
	100m:	1:14.90	20.71	200m:	2:37.72	20.51	300m:	4:13.41	24.42	400m:	5:28.60	17.83
23.				2010	1			+0,67	<b>5:28.61</b>	1	489	
	25m:	14.83	14.83	125m:	1:31.10	20.60	225m:	2:58.78	24.87	325m:	4:30.81	18.70
	50m:	32.48	17.65	150m:	1:51.11	20.01	250m:	3:22.83	24.05	350m:	4:50.11	19.30
	75m:	51.02	18.54	175m:	2:12.46	21.35	275m:	3:46.74	23.91	375m:	5:09.85	19.74
	100m:	1:10.50	19.48	200m:	2:33.91	21.45	300m:	4:12.11	25.37	400m:	5:28.61	18.76
24.				2008	1	-	-	+0,83	<b>5:29.86</b>	1	483	
	25m:	15.87	15.87	125m:	1:37.15	21.40	225m:	3:03.49	23.40	325m:	4:34.17	18.65
	50m:	35.12	19.25	150m:	1:58.08	20.93	250m:	3:27.53	24.04	350m:	4:52.33	18.16
	75m:	55.04	19.92	175m:	2:19.08	21.00	275m:	3:51.36	23.83	375m:	5:11.64	19.31
	100m:	1:15.75	20.71	200m:	2:40.09	21.01	300m:	4:15.52	24.16	400m:	5:29.86	18.22
25.				2009	1	-		+0,80	<b>5:32.21</b>	1	473	
	25m:	16.04	16.04	125m:	1:40.03	21.13	225m:	3:04.09	24.26	325m:	4:34.28	19.74
	50m:	35.99	19.95	150m:	1:59.58	19.55	250m:	3:27.44	23.35	350m:	4:53.86	19.58
	75m:	57.05	21.06	175m:	2:19.71	20.13	275m:	3:50.90	23.46	375m:	5:13.32	19.46
	100m:	1:18.90	21.85	200m:	2:39.83	20.12	300m:	4:14.54	23.64	400m:	5:32.21	18.89
26.				2007				+0,70	<b>5:39.96</b>	1	441	
	25m:	15.89	15.89	125m:	1:38.42	22.44	225m:	3:07.26	22.27	325m:	4:40.14	21.28
	50m:	34.74	18.85	150m:	2:00.37	21.95	250m:	3:30.28	23.02	350m:	5:00.99	20.85
	75m:	54.49	19.75	175m:	2:22.61	22.24	275m:	3:54.20	23.92	375m:	5:21.24	20.25
	100m:	1:15.98	21.49	200m:	2:44.99	22.38	300m:	4:18.86	24.66	400m:	5:39.96	18.72
27.				2006	1	-		+0,55	<b>5:41.44</b>		436	
	25m:	16.75	16.75	125m:	1:42.00	22.34	225m:	3:11.50	24.58	325m:	4:46.11	19.91
	50m:	36.91	20.16	150m:	2:03.18	21.18	250m:	3:36.37	24.87	350m:	5:05.23	19.12
	75m:	58.35	21.44	175m:	2:25.02	21.84	275m:	4:01.22	24.85	375m:	5:24.10	18.87
	100m:	1:19.66	21.31	200m:	2:46.92	21.90	300m:	4:26.20	24.98	400m:	5:41.44	17.34
28.				2009	1	-		+0,64	<b>5:44.70</b>		423	
	25m:	15.17	15.17	125m:	1:36.97	21.61	225m:	3:04.88	27.11	325m:	4:45.71	21.64
	50m:	33.96	18.79	150m:	1:57.27	20.30	250m:	3:31.57	26.69	350m:	5:06.41	20.70
	75m:	53.89	19.93	175m:	2:17.71	20.44	275m:	3:57.41	25.84	375m:	5:26.82	20.41
	100m:	1:15.36	21.47	200m:	2:37.77	20.06	300m:	4:24.07	26.66	400m:	5:44.70	17.88
29.				2010	1	-		+0,69	<b>5:55.13</b>		387	
	25m:	15.27	15.27	125m:	1:39.45	23.62	225m:	3:10.93	25.87	325m:	4:52.46	22.52
	50m:	34.11	18.84	150m:	2:01.54	22.09	250m:	3:36.42	25.49	350m:	5:15.63	23.17
	75m:	54.23	20.12	175m:	2:23.45	21.91	275m:	4:02.74	26.32	375m:	5:36.13	20.50
	100m:	1:15.83	21.60	200m:	2:45.06	21.61	300m:	4:29.94	27.20	400m:	5:55.13	19.00

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13, , 400m

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13, , 400m

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(15-17 )

31.10.2023 - 10:39

4:31.13 (GER) 15.11.2009  
4:31.29 - 16.11.2021

: FINA 2023

			/			R.T.						
1.			2007			+0,80	<b>5:09.95</b>			583		
	25m:	15.08	15.08	125m:	1:31.48	18.73	225m:	2:49.94	22.35	325m:	4:15.32	19.27
	50m:	33.88	18.80	150m:	1:50.11	18.63	250m:	3:11.60	21.66	350m:	4:33.66	18.34
	75m:	52.99	19.11	175m:	2:09.11	19.00	275m:	3:33.97	22.37	375m:	4:51.87	18.21
	100m:	1:12.75	19.76	200m:	2:27.59	18.48	300m:	3:56.05	22.08	400m:	5:09.95	18.08
2.			2006			-	<b>5:10.26</b>			581		
	25m:	14.14	14.14	125m:	1:28.44	21.10	225m:	2:49.96	22.05	325m:	4:15.51	18.71
	50m:	31.13	16.99	150m:	1:48.23	19.79	250m:	3:11.48	21.52	350m:	4:33.88	18.37
	75m:	49.02	17.89	175m:	2:08.44	20.21	275m:	3:33.95	22.47	375m:	4:52.64	18.76
	100m:	1:07.34	18.32	200m:	2:27.91	19.47	300m:	3:56.80	22.85	400m:	5:10.26	17.62
3.			2006			+0,69	<b>5:11.50</b>			574		
	25m:	13.42	13.42	125m:	1:27.50	20.21	225m:	2:48.61	22.47	325m:	4:17.83	18.83
	50m:	30.14	16.72	150m:	1:46.87	19.37	250m:	3:11.85	23.24	350m:	4:36.52	18.69
	75m:	48.20	18.06	175m:	2:06.62	19.75	275m:	3:35.42	23.57	375m:	4:54.56	18.04
	100m:	1:07.29	19.09	200m:	2:26.14	19.52	300m:	3:59.00	23.58	400m:	5:11.50	16.94
4.			2008			+0,86	<b>5:11.56</b>			574		
	25m:	15.05	15.05	125m:	1:33.49	20.61	225m:	2:54.20	22.29	325m:	4:19.36	18.48
	50m:	32.77	17.72	150m:	1:53.09	19.60	250m:	3:16.22	22.02	350m:	4:37.35	17.99
	75m:	52.03	19.26	175m:	2:12.54	19.45	275m:	3:38.47	22.25	375m:	4:55.09	17.74
	100m:	1:12.88	20.85	200m:	2:31.91	19.37	300m:	4:00.88	22.41	400m:	5:11.56	16.47
5.			2008			+0,73	<b>5:13.29</b>			564		
	25m:	15.00	15.00	125m:	1:31.26	19.95	225m:	2:52.58	21.58	325m:	4:19.32	18.61
	50m:	32.91	17.91	150m:	1:51.02	19.76	250m:	3:15.09	22.51	350m:	4:37.86	18.54
	75m:	51.46	18.55	175m:	2:10.78	19.76	275m:	3:37.72	22.63	375m:	4:55.96	18.10
	100m:	1:11.31	19.85	200m:	2:31.00	20.22	300m:	4:00.71	22.99	400m:	5:13.29	17.33
6.			2007			+0,63	<b>5:18.19</b>			538		
	25m:	15.27	15.27	125m:	1:31.92	20.89	225m:	2:54.10	23.49	325m:	4:24.18	19.86
	50m:	33.62	18.35	150m:	1:51.44	19.52	250m:	3:17.17	23.07	350m:	4:42.41	18.23
	75m:	52.00	18.38	175m:	2:11.22	19.78	275m:	3:41.01	23.84	375m:	5:00.89	18.48
	100m:	1:11.03	19.03	200m:	2:30.61	19.39	300m:	4:04.32	23.31	400m:	5:18.19	17.30
7.			2008 1			+0,77	<b>5:24.66</b> 1			507		
	25m:	15.12	15.12	125m:	1:34.47	21.79	225m:	2:59.46	23.42	325m:	4:31.56	19.02
	50m:	32.99	17.87	150m:	1:54.65	20.18	250m:	3:24.70	25.24	350m:	4:50.15	18.59
	75m:	52.19	19.20	175m:	2:14.89	20.24	275m:	3:48.27	23.57	375m:	5:08.22	18.07
	100m:	1:12.68	20.49	200m:	2:36.04	21.15	300m:	4:12.54	24.27	400m:	5:24.66	16.44
8.			2008			+0,69	<b>5:27.24</b> 1			495		
	25m:	15.06	15.06	125m:	1:33.21	22.63	225m:	2:59.79	23.00	325m:	4:30.13	20.35
	50m:	32.61	17.55	150m:	1:54.28	21.07	250m:	3:23.24	23.45	350m:	4:49.74	19.61
	75m:	51.14	18.53	175m:	2:15.57	21.29	275m:	3:46.51	23.27	375m:	5:08.92	19.18
	100m:	1:10.58	19.44	200m:	2:36.79	21.22	300m:	4:09.78	23.27	400m:	5:27.24	18.32
9.			2008			-2	<b>5:28.60</b> 1			489		
	25m:	14.85	14.85	125m:	1:36.33	21.43	225m:	3:00.97	23.25	325m:	4:33.01	19.60
	50m:	34.00	19.15	150m:	1:56.71	20.38	250m:	3:24.66	23.69	350m:	4:51.90	18.89
	75m:	54.19	20.19	175m:	2:17.21	20.50	275m:	3:48.99	24.33	375m:	5:10.77	18.87
	100m:	1:14.90	20.71	200m:	2:37.72	20.51	300m:	4:13.41	24.42	400m:	5:28.60	17.83



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13, , 400m , (15-17 )

								R.T.				
10.			2008	1	-	-	+0,83	<b>5:29.86</b>	1	483		
	25m:	15.87	15.87	125m:	1:37.15	21.40	225m:	3:03.49	23.40	325m:	4:34.17	18.65
	50m:	35.12	19.25	150m:	1:58.08	20.93	250m:	3:27.53	24.04	350m:	4:52.33	18.16
	75m:	55.04	19.92	175m:	2:19.08	21.00	275m:	3:51.36	23.83	375m:	5:11.64	19.31
	100m:	1:15.75	20.71	200m:	2:40.09	21.01	300m:	4:15.52	24.16	400m:	5:29.86	18.22
11.			2007				+0,70	<b>5:39.96</b>	1	441		
	25m:	15.89	15.89	125m:	1:38.42	22.44	225m:	3:07.26	22.27	325m:	4:40.14	21.28
	50m:	34.74	18.85	150m:	2:00.37	21.95	250m:	3:30.28	23.02	350m:	5:00.99	20.85
	75m:	54.49	19.75	175m:	2:22.61	22.24	275m:	3:54.20	23.92	375m:	5:21.24	20.25
	100m:	1:15.98	21.49	200m:	2:44.99	22.38	300m:	4:18.86	24.66	400m:	5:39.96	18.72
12.			2006	1	-	-	+0,55	<b>5:41.44</b>		436		
	25m:	16.75	16.75	125m:	1:42.00	22.34	225m:	3:11.50	24.58	325m:	4:46.11	19.91
	50m:	36.91	20.16	150m:	2:03.18	21.18	250m:	3:36.37	24.87	350m:	5:05.23	19.12
	75m:	58.35	21.44	175m:	2:25.02	21.84	275m:	4:01.22	24.85	375m:	5:24.10	18.87
	100m:	1:19.66	21.31	200m:	2:46.92	21.90	300m:	4:26.20	24.98	400m:	5:41.44	17.34
DSQ			2008									



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13, , 400m

13 , 400m (13-14 )  
31.10.2023 - 10:39

4:31.13 (GER) 15.11.2009  
4:31.29 - 16.11.2021

: FINA 2023

							R.T.					
1.				2009				+0,56	<b>5:06.54</b>	602		
	25m:	14.75	14.75	125m:	1:28.74	20.59	225m:	2:49.22	21.74	325m:	4:13.87	19.02
	50m:	32.02	17.27	150m:	1:48.40	19.66	250m:	3:10.91	21.69	350m:	4:31.92	18.05
	75m:	49.77	17.75	175m:	2:07.95	19.55	275m:	3:32.80	21.89	375m:	4:50.15	18.23
	100m:	1:08.15	18.38	200m:	2:27.48	19.53	300m:	3:54.85	22.05	400m:	5:06.54	16.39
2.				2010				-	+0,67	<b>5:14.05</b>	560	
	25m:	14.46	14.46	125m:	1:29.90	20.42	225m:	2:51.74	22.70	325m:	4:20.35	18.34
	50m:	31.84	17.38	150m:	1:49.54	19.64	250m:	3:15.83	24.09	350m:	4:38.89	18.54
	75m:	50.49	18.65	175m:	2:09.34	19.80	275m:	3:37.62	21.79	375m:	4:57.43	18.54
	100m:	1:09.48	18.99	200m:	2:29.04	19.70	300m:	4:02.01	24.39	400m:	5:14.05	16.62
3.				2009	1	-	-	+0,74	<b>5:17.27</b>	543		
	25m:	15.32	15.32	125m:	1:31.91	19.83	225m:	2:54.02	23.12	325m:	4:23.28	17.71
	50m:	33.58	18.26	150m:	1:51.28	19.37	250m:	3:18.41	24.39	350m:	4:41.71	18.43
	75m:	52.41	18.83	175m:	2:10.89	19.61	275m:	3:40.83	22.42	375m:	5:00.19	18.48
	100m:	1:12.08	19.67	200m:	2:30.90	20.01	300m:	4:05.57	24.74	400m:	5:17.27	17.08
4.				2009				-2	+0,49	<b>5:17.36</b>	543	
	25m:	14.97	14.97	125m:	1:34.43	20.19	225m:	2:55.19	21.83	325m:	4:22.00	19.53
	50m:	33.49	18.52	150m:	1:54.01	19.58	250m:	3:17.21	22.02	350m:	4:41.10	19.10
	75m:	53.39	19.90	175m:	2:13.67	19.66	275m:	3:39.70	22.49	375m:	5:00.05	18.95
	100m:	1:14.24	20.85	200m:	2:33.36	19.69	300m:	4:02.47	22.77	400m:	5:17.36	17.31
5.				2009				-	-	<b>5:18.00</b>	539	
	25m:	15.30	15.30	125m:	1:35.22	21.38	225m:	2:56.72	22.35	325m:	4:23.28	19.75
	50m:	34.20	18.90	150m:	1:55.06	19.84	250m:	3:18.72	22.00	350m:	4:41.87	18.59
	75m:	53.88	19.68	175m:	2:15.07	20.01	275m:	3:41.05	22.33	375m:	5:00.51	18.64
	100m:	1:13.84	19.96	200m:	2:34.37	19.30	300m:	4:03.53	22.48	400m:	5:18.00	17.49
6.				2010				-2	+0,71	<b>5:18.50</b>	537	
	25m:	15.07	15.07	125m:	1:35.98	20.97	225m:	2:56.89	22.67	325m:	4:23.66	19.55
	50m:	33.95	18.88	150m:	1:55.39	19.41	250m:	3:18.98	22.09	350m:	4:42.20	18.54
	75m:	54.02	20.07	175m:	2:15.01	19.62	275m:	3:41.62	22.64	375m:	5:00.62	18.42
	100m:	1:15.01	20.99	200m:	2:34.22	19.21	300m:	4:04.11	22.49	400m:	5:18.50	17.88
7.				2010				-2	+0,67	<b>5:20.77</b>	1	526
	25m:	15.55	15.55	125m:	1:36.70	20.41	225m:	2:58.62	22.44	325m:	4:26.81	18.77
	50m:	35.05	19.50	150m:	1:56.58	19.88	250m:	3:21.25	22.63	350m:	4:44.97	18.16
	75m:	55.69	20.64	175m:	2:16.69	20.11	275m:	3:44.31	23.06	375m:	5:03.75	18.78
	100m:	1:16.29	20.60	200m:	2:36.18	19.49	300m:	4:08.04	23.73	400m:	5:20.77	17.02
8.				2010	1	-2	+0,84	<b>5:23.94</b>	1	510		
	25m:	15.68	15.68	125m:	1:35.07	22.06	225m:	3:00.05	23.79	325m:	4:29.30	18.82
	50m:	34.26	18.58	150m:	1:55.93	20.86	250m:	3:23.42	23.37	350m:	4:47.71	18.41
	75m:	53.21	18.95	175m:	2:16.18	20.25	275m:	3:46.85	23.43	375m:	5:06.19	18.48
	100m:	1:13.01	19.80	200m:	2:36.26	20.08	300m:	4:10.48	23.63	400m:	5:23.94	17.75
9.				2009				+0,69	<b>5:25.19</b>	1	504	
	25m:	15.14	15.14	125m:	1:37.65	21.38	225m:	3:02.58	23.44	325m:	4:31.80	18.55
	50m:	34.82	19.68	150m:	1:58.23	20.58	250m:	3:25.74	23.16	350m:	4:50.36	18.56
	75m:	54.34	19.52	175m:	2:18.90	20.67	275m:	3:49.55	23.81	375m:	5:08.62	18.26
	100m:	1:16.27	21.93	200m:	2:39.14	20.24	300m:	4:13.25	23.70	400m:	5:25.19	16.57



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		13, , 400m				(13-14 )							
								R.T.					
10.				2009				+0,78	<b>5:26.50</b>	1		498	
	25m:	15.24	15.24	125m:	1:35.13	21.59	225m:	2:59.45	23.00	325m:	4:30.95	19.40	
	50m:	33.83	18.59	150m:	1:55.67	20.54	250m:	3:23.24	23.79	350m:	4:50.62	19.67	
	75m:	53.40	19.57	175m:	2:15.82	20.15	275m:	3:47.31	24.07	375m:	5:09.23	18.61	
	100m:	1:13.54	20.14	200m:	2:36.45	20.63	300m:	4:11.55	24.24	400m:	5:26.50	17.27	
11.				2009	1	-	-	+0,88	<b>5:27.88</b>	1		492	
	25m:	14.97	14.97	125m:	1:35.03	21.59	225m:	2:59.94	22.92	325m:	4:30.70	19.14	
	50m:	33.03	18.06	150m:	1:55.79	20.76	250m:	3:23.71	23.77	350m:	4:50.67	19.97	
	75m:	52.78	19.75	175m:	2:16.29	20.50	275m:	3:47.75	24.04	375m:	5:09.98	19.31	
	100m:	1:13.44	20.66	200m:	2:37.02	20.73	300m:	4:11.56	23.81	400m:	5:27.88	17.90	
12.				2009	1		-2	+0,82	<b>5:27.90</b>	1		492	
	25m:	16.36	16.36	125m:	1:37.72	22.03	225m:	3:02.61	24.18	325m:	4:33.58	19.17	
	50m:	35.91	19.55	150m:	1:57.82	20.10	250m:	3:26.56	23.95	350m:	4:52.12	18.54	
	75m:	55.64	19.73	175m:	2:18.09	20.27	275m:	3:50.39	23.83	375m:	5:10.32	18.20	
	100m:	1:15.69	20.05	200m:	2:38.43	20.34	300m:	4:14.41	24.02	400m:	5:27.90	17.58	
13.				2010	1			+0,67	<b>5:28.61</b>	1		489	
	25m:	14.83	14.83	125m:	1:31.10	20.60	225m:	2:58.78	24.87	325m:	4:30.81	18.70	
	50m:	32.48	17.65	150m:	1:51.11	20.01	250m:	3:22.83	24.05	350m:	4:50.11	19.30	
	75m:	51.02	18.54	175m:	2:12.46	21.35	275m:	3:46.74	23.91	375m:	5:09.85	19.74	
	100m:	1:10.50	19.48	200m:	2:33.91	21.45	300m:	4:12.11	25.37	400m:	5:28.61	18.76	
14.				2009	1	-		+0,80	<b>5:32.21</b>	1		473	
	25m:	16.04	16.04	125m:	1:40.03	21.13	225m:	3:04.09	24.26	325m:	4:34.28	19.74	
	50m:	35.99	19.95	150m:	1:59.58	19.55	250m:	3:27.44	23.35	350m:	4:53.86	19.58	
	75m:	57.05	21.06	175m:	2:19.71	20.13	275m:	3:50.90	23.46	375m:	5:13.32	19.46	
	100m:	1:18.90	21.85	200m:	2:39.83	20.12	300m:	4:14.54	23.64	400m:	5:32.21	18.89	
15.				2009	1	-		+0,64	<b>5:44.70</b>			423	
	25m:	15.17	15.17	125m:	1:36.97	21.61	225m:	3:04.88	27.11	325m:	4:45.71	21.64	
	50m:	33.96	18.79	150m:	1:57.27	20.30	250m:	3:31.57	26.69	350m:	5:06.41	20.70	
	75m:	53.89	19.93	175m:	2:17.71	20.44	275m:	3:57.41	25.84	375m:	5:26.82	20.41	
	100m:	1:15.36	21.47	200m:	2:37.77	20.06	300m:	4:24.07	26.66	400m:	5:44.70	17.88	
16.				2010	1	-		+0,69	<b>5:55.13</b>			387	
	25m:	15.27	15.27	125m:	1:39.45	23.62	225m:	3:10.93	25.87	325m:	4:52.46	22.52	
	50m:	34.11	18.84	150m:	2:01.54	22.09	250m:	3:36.42	25.49	350m:	5:15.63	23.17	
	75m:	54.23	20.12	175m:	2:23.45	21.91	275m:	4:02.74	26.32	375m:	5:36.13	20.50	
	100m:	1:15.83	21.60	200m:	2:45.06	21.61	300m:	4:29.94	27.20	400m:	5:55.13	19.00	
DSQ				2010									



, 30 - 02 2023

14  
31.10.2023 - 10:58

, 400m

3:56.47 (UAE) 20.12.2021  
3:56.47 (UAE) 20.12.2021

: FINA 2023

			/			R.T.						
1.			2005	-	-	+0,71	<b>4:23.14</b>		710			
	25m:	12.33	12.33	125m:	1:16.23	17.36	225m:	2:25.17	18.40	325m:	3:36.26	15.80
	50m:	27.32	14.99	150m:	1:32.95	16.72	250m:	2:43.53	18.36	350m:	3:51.87	15.61
	75m:	42.83	15.51	175m:	1:50.22	17.27	275m:	3:01.88	18.35	375m:	4:07.90	16.03
	100m:	58.87	16.04	200m:	2:06.77	16.55	300m:	3:20.46	18.58	400m:	4:23.14	15.24
2.			2007			+0,83	<b>4:25.14</b>		694			
	25m:	12.96	12.96	125m:	1:19.53	17.32	225m:	2:27.81	18.00	325m:	3:38.52	16.61
	50m:	28.78	15.82	150m:	1:36.16	16.63	250m:	2:45.70	17.89	350m:	3:54.47	15.95
	75m:	45.34	16.56	175m:	1:53.07	16.91	275m:	3:03.79	18.09	375m:	4:10.15	15.68
	100m:	1:02.21	16.87	200m:	2:09.81	16.74	300m:	3:21.91	18.12	400m:	4:25.14	14.99
3.			2003	-	-	+0,69	<b>4:26.34</b>		685			
	25m:	12.40	12.40	125m:	1:18.44	17.92	225m:	2:27.66	17.80	325m:	3:40.21	16.80
	50m:	27.98	15.58	150m:	1:35.61	17.17	250m:	2:45.73	18.07	350m:	3:55.88	15.67
	75m:	44.03	16.05	175m:	1:52.98	17.37	275m:	3:04.11	18.38	375m:	4:11.68	15.80
	100m:	1:00.52	16.49	200m:	2:09.86	16.88	300m:	3:23.41	19.30	400m:	4:26.34	14.66
4.			2003			+0,66	<b>4:26.77</b>		681			
	25m:	13.27	13.27	125m:	1:20.29	17.97	225m:	2:30.58	18.75	325m:	3:42.65	15.84
	50m:	29.20	15.93	150m:	1:37.25	16.96	250m:	2:49.17	18.59	350m:	3:57.56	14.91
	75m:	45.58	16.38	175m:	1:54.44	17.19	275m:	3:07.92	18.75	375m:	4:12.42	14.86
	100m:	1:02.32	16.74	200m:	2:11.83	17.39	300m:	3:26.81	18.89	400m:	4:26.77	14.35
5.			2002	-	-	+0,69	<b>4:27.07</b>		679			
	25m:	12.49	12.49	125m:	1:19.11	18.02	225m:	2:29.65	18.60	325m:	3:42.24	16.38
	50m:	28.17	15.68	150m:	1:36.31	17.20	250m:	2:48.11	18.46	350m:	3:57.51	15.27
	75m:	44.49	16.32	175m:	1:53.80	17.49	275m:	3:06.86	18.75	375m:	4:12.59	15.08
	100m:	1:01.09	16.60	200m:	2:11.05	17.25	300m:	3:25.86	19.00	400m:	4:27.07	14.48
6.			2007			+0,65	<b>4:28.81</b>		666			
	25m:	12.45	12.45	125m:	1:19.16	17.72	225m:	2:28.45	17.02	325m:	3:41.15	15.97
	50m:	28.11	15.66	150m:	1:36.54	17.38	250m:	2:47.29	18.84	350m:	3:57.04	15.89
	75m:	44.33	16.22	175m:	1:54.01	17.47	275m:	3:05.91	18.62	375m:	4:13.14	16.10
	100m:	1:01.44	17.11	200m:	2:11.43	17.42	300m:	3:25.18	19.27	400m:	4:28.81	15.67
7.			2005			+0,75	<b>4:31.99</b>		643			
	25m:	13.44	13.44	125m:	1:19.76	18.03	225m:	2:30.74	18.56	325m:	3:44.31	16.08
	50m:	29.11	15.67	150m:	1:37.26	17.50	250m:	2:49.53	18.79	350m:	4:00.35	16.04
	75m:	45.12	16.01	175m:	1:54.70	17.44	275m:	3:08.76	19.23	375m:	4:16.48	16.13
	100m:	1:01.73	16.61	200m:	2:12.18	17.48	300m:	3:28.23	19.47	400m:	4:31.99	15.51
8.			2008			+0,69	<b>4:34.49</b>		625			
	25m:	13.47	13.47	125m:	1:21.28	17.88	225m:	2:31.89	19.70	325m:	3:46.80	17.12
	50m:	29.49	16.02	150m:	1:38.14	16.86	250m:	2:50.79	18.90	350m:	4:03.29	16.49
	75m:	45.97	16.48	175m:	1:54.98	16.84	275m:	3:10.07	19.28	375m:	4:19.38	16.09
	100m:	1:03.40	17.43	200m:	2:12.19	17.21	300m:	3:29.68	19.61	400m:	4:34.49	15.11
9.			2006	-	-	+0,66	<b>4:34.79</b>		623			
	25m:	12.93	12.93	125m:	1:20.57	18.31	225m:	2:32.65	18.97	325m:	3:47.41	16.88
	50m:	28.60	15.67	150m:	1:38.26	17.69	250m:	2:51.60	18.95	350m:	4:03.50	16.09
	75m:	44.98	16.38	175m:	1:56.14	17.88	275m:	3:10.94	19.34	375m:	4:19.52	16.02
	100m:	1:02.26	17.28	200m:	2:13.68	17.54	300m:	3:30.53	19.59	400m:	4:34.79	15.27



14,		, 400m						R.T.				
10.				2007	1			+0,62	<b>4:35.21</b>		621	
	25m:	12.20	12.20	125m:	1:18.51	18.09	225m:	2:30.94	19.07	325m:	3:46.49	16.68
	50m:	27.24	15.04	150m:	1:36.04	17.53	250m:	2:50.62	19.68	350m:	4:02.92	16.43
	75m:	43.40	16.16	175m:	1:53.86	17.82	275m:	3:10.00	19.38	375m:	4:19.11	16.19
	100m:	1:00.42	17.02	200m:	2:11.87	18.01	300m:	3:29.81	19.81	400m:	4:35.21	16.10
11.				2007		-		+0,71	<b>4:38.41</b>		599	
	25m:	12.85	12.85	125m:	1:18.71	17.07	225m:	2:29.29	20.83	325m:	3:50.01	17.19
	50m:	28.35	15.50	150m:	1:35.07	16.36	250m:	2:49.95	20.66	350m:	4:06.50	16.49
	75m:	44.86	16.51	175m:	1:51.90	16.83	275m:	3:11.24	21.29	375m:	4:22.86	16.36
	100m:	1:01.64	16.78	200m:	2:08.46	16.56	300m:	3:32.82	21.58	400m:	4:38.41	15.55
12.				2004				+0,65	<b>4:39.64</b>		592	
	25m:	13.48	13.48	125m:	1:23.85	18.21	225m:	2:33.81	18.91	325m:	3:50.41	17.78
	50m:	30.65	17.17	150m:	1:40.98	17.13	250m:	2:54.17	20.36	350m:	4:06.91	16.50
	75m:	48.05	17.40	175m:	1:58.33	17.35	275m:	3:12.73	18.56	375m:	4:23.35	16.44
	100m:	1:05.64	17.59	200m:	2:14.90	16.57	300m:	3:32.63	19.90	400m:	4:39.64	16.29
13.				2007		-		+0,79	<b>4:40.73</b>		585	
	25m:	13.35	13.35	125m:	1:22.43	17.90	225m:	2:33.97	20.30	325m:	3:50.82	17.46
	50m:	30.01	16.66	150m:	1:39.25	16.82	250m:	2:53.67	19.70	350m:	4:07.32	16.50
	75m:	47.12	17.11	175m:	1:56.40	17.15	275m:	3:13.39	19.72	375m:	4:24.03	16.71
	100m:	1:04.53	17.41	200m:	2:13.67	17.27	300m:	3:33.36	19.97	400m:	4:40.73	16.70
14.				2007		-		+0,69	<b>4:44.50</b>		562	
	25m:	13.13	13.13	125m:	1:20.57	17.94	225m:	2:34.80	20.32	325m:	3:55.03	17.85
	50m:	28.75	15.62	150m:	1:38.48	17.91	250m:	2:55.42	20.62	350m:	4:12.31	17.28
	75m:	45.06	16.31	175m:	1:56.70	18.22	275m:	3:15.92	20.50	375m:	4:29.25	16.94
	100m:	1:02.63	17.57	200m:	2:14.48	17.78	300m:	3:37.18	21.26	400m:	4:44.50	15.25
15.				2006				+0,64	<b>4:44.68</b>		561	
	25m:	13.06	13.06	125m:	1:23.97	18.12	225m:	2:37.20	19.51	325m:	3:55.72	16.46
	50m:	29.43	16.37	150m:	1:41.76	17.79	250m:	2:57.41	20.21	350m:	4:12.23	16.51
	75m:	47.51	18.08	175m:	1:59.73	17.97	275m:	3:17.57	20.16	375m:	4:28.63	16.40
	100m:	1:05.85	18.34	200m:	2:17.69	17.96	300m:	3:39.26	21.69	400m:	4:44.68	16.05
16.				2006			-2	+0,72	<b>4:50.78</b>	1	526	
	25m:	14.60	14.60	125m:	1:28.44	18.67	225m:	2:42.89	20.97	325m:	4:01.90	17.32
	50m:	31.87	17.27	150m:	1:46.14	17.70	250m:	3:03.39	20.50	350m:	4:19.30	17.40
	75m:	50.17	18.30	175m:	2:04.13	17.99	275m:	3:24.24	20.85	375m:	4:35.35	16.05
	100m:	1:09.77	19.60	200m:	2:21.92	17.79	300m:	3:44.58	20.34	400m:	4:50.78	15.43
17.				2005				+0,68	<b>4:51.08</b>	1	524	
	25m:	12.87	12.87	125m:	1:23.29	19.01	225m:	2:38.77	19.90	325m:	3:58.37	18.11
	50m:	29.07	16.20	150m:	1:41.63	18.34	250m:	2:59.10	20.33	350m:	4:16.09	17.72
	75m:	46.26	17.19	175m:	2:00.32	18.69	275m:	3:19.80	20.70	375m:	4:34.26	18.17
	100m:	1:04.28	18.02	200m:	2:18.87	18.55	300m:	3:40.26	20.46	400m:	4:51.08	16.82
18.				2008	1			+0,91	<b>4:52.65</b>	1	516	
	25m:	14.01	14.01	125m:	1:24.75	19.00	225m:	2:40.65	21.42	325m:	4:03.27	17.55
	50m:	30.56	16.55	150m:	1:43.06	18.31	250m:	3:02.09	21.44	350m:	4:19.82	16.55
	75m:	47.87	17.31	175m:	2:01.27	18.21	275m:	3:23.41	21.32	375m:	4:36.71	16.89
	100m:	1:05.75	17.88	200m:	2:19.23	17.96	300m:	3:45.72	22.31	400m:	4:52.65	15.94
19.				2005	1			+0,65	<b>4:53.45</b>	1	512	
	25m:	13.98	13.98	125m:	1:26.38	20.00	225m:	2:44.47	20.50	325m:	4:03.69	17.70
	50m:	31.71	17.73	150m:	1:45.60	19.22	250m:	3:04.66	20.19	350m:	4:20.80	17.11
	75m:	48.84	17.13	175m:	2:05.08	19.48	275m:	3:25.47	20.81	375m:	4:37.90	17.10
	100m:	1:06.38	17.54	200m:	2:23.97	18.89	300m:	3:45.99	20.52	400m:	4:53.45	15.55

		14, , 400m						R.T.				
20.				2008				-2	+0,82	<b>4:55.14</b>	1	503
	25m:	14.00	14.00	125m:	1:26.47	18.33	225m:	2:40.60	20.73	325m:	4:03.70	18.36
	50m:	31.01	17.01	150m:	1:43.91	17.44	250m:	3:01.86	21.26	350m:	4:21.27	17.57
	75m:	49.10	18.09	175m:	2:01.76	17.85	275m:	3:23.38	21.52	375m:	4:38.84	17.57
	100m:	1:08.14	19.04	200m:	2:19.87	18.11	300m:	3:45.34	21.96	400m:	4:55.14	16.30
21.				2008	1				+0,71	<b>4:57.44</b>	1	491
	25m:	13.59	13.59	125m:	1:26.14	20.01	225m:	2:44.21	20.66	325m:	4:05.90	18.91
	50m:	30.25	16.66	150m:	1:45.29	19.15	250m:	3:04.88	20.67	350m:	4:23.76	17.86
	75m:	47.73	17.48	175m:	2:04.59	19.30	275m:	3:25.85	20.97	375m:	4:41.24	17.48
	100m:	1:06.13	18.40	200m:	2:23.55	18.96	300m:	3:46.99	21.14	400m:	4:57.44	16.20
22.				2007				-2	+0,77	<b>4:57.76</b>	1	490
	25m:	14.14	14.14	125m:	1:27.70	18.93	225m:	2:43.62	20.14	325m:	4:05.53	17.65
	50m:	31.53	17.39	150m:	1:45.86	18.16	250m:	3:04.91	21.29	350m:	4:23.25	17.72
	75m:	50.18	18.65	175m:	2:04.42	18.56	275m:	3:26.55	21.64	375m:	4:40.92	16.67
	100m:	1:08.77	18.59	200m:	2:23.48	19.06	300m:	3:47.88	21.33	400m:	4:57.76	16.84
23.				2006					+0,62	<b>4:58.71</b>	1	485
	25m:	13.82	13.82	125m:	1:25.51	19.38	225m:	2:44.75	21.41	325m:	4:08.17	17.41
	50m:	30.15	16.33	150m:	1:44.48	18.97	250m:	3:06.45	21.70	350m:	4:25.47	17.30
	75m:	47.79	17.64	175m:	2:03.81	19.33	275m:	3:28.28	21.83	375m:	4:42.62	17.15
	100m:	1:06.13	18.34	200m:	2:23.34	19.53	300m:	3:50.76	22.48	400m:	4:58.71	16.09
24.				2008	1	-		-	+0,72	<b>4:59.01</b>	1	484
	25m:	13.64	13.64	125m:	1:25.48	19.87	225m:	2:43.05	20.74	325m:	4:07.28	18.17
	50m:	29.84	16.20	150m:	1:44.48	19.00	250m:	3:04.88	21.83	350m:	4:24.70	17.42
	75m:	47.10	17.26	175m:	2:03.45	18.97	275m:	3:26.56	21.68	375m:	4:42.15	17.45
	100m:	1:05.61	18.51	200m:	2:22.31	18.86	300m:	3:49.11	22.55	400m:	4:59.01	16.86
25.				2008				-2	+0,73	<b>5:05.03</b>		456
	25m:	13.66	13.66	125m:	1:25.78	19.44	225m:	2:44.12	23.46	325m:	4:12.24	18.29
	50m:	30.17	16.51	150m:	1:44.02	18.24	250m:	3:06.98	22.86	350m:	4:30.10	17.86
	75m:	48.02	17.85	175m:	2:02.26	18.24	275m:	3:30.35	23.37	375m:	4:47.97	17.87
	100m:	1:06.34	18.32	200m:	2:20.66	18.40	300m:	3:53.95	23.60	400m:	5:05.03	17.06
26.				2007					+0,72	<b>5:07.76</b>		444
	25m:	14.24	14.24	125m:	1:32.25	20.47	225m:	2:52.12	23.05	325m:	4:18.86	18.12
	50m:	32.40	18.16	150m:	1:51.18	18.93	250m:	3:15.01	22.89	350m:	4:35.73	16.87
	75m:	51.78	19.38	175m:	2:10.55	19.37	275m:	3:37.71	22.70	375m:	4:52.67	16.94
	100m:	1:11.78	20.00	200m:	2:29.07	18.52	300m:	4:00.74	23.03	400m:	5:07.76	15.09
27.				2008	1	-			+0,78	<b>5:09.51</b>		436
	25m:	14.20	14.20	125m:	1:28.41	20.91	225m:	2:48.81	21.07	325m:	4:13.43	20.29
	50m:	30.94	16.74	150m:	1:48.14	19.73	250m:	3:09.76	20.95	350m:	4:32.68	19.25
	75m:	48.74	17.80	175m:	2:08.01	19.87	275m:	3:31.12	21.36	375m:	4:51.68	19.00
	100m:	1:07.50	18.76	200m:	2:27.74	19.73	300m:	3:53.14	22.02	400m:	5:09.51	17.83
28.				2007	1	-			+0,76	<b>5:30.03</b>		360
	25m:	14.41	14.41	125m:	1:34.92	21.59	225m:	3:02.44	23.54	325m:	4:36.52	19.05
	50m:	34.06	19.65	150m:	1:55.80	20.88	250m:	3:28.44	26.00	350m:	4:54.04	17.52
	75m:	52.53	18.47	175m:	2:16.61	20.81	275m:	3:52.51	24.07	375m:	5:12.37	18.33
	100m:	1:13.33	20.80	200m:	2:38.90	22.29	300m:	4:17.47	24.96	400m:	5:30.03	17.66
DSQ				2007	1						1	

14, , 400m

14 , 400m

(17-18 )

31.10.2023 - 10:58

3:56.47	(UAE)	20.12.2021
3:56.47	(UAE)	20.12.2021

: FINA 2023

				/				R.T.				
1.				2005	-	-	+0,71	<b>4:23.14</b>		710		
	25m:	12.33	12.33	125m:	1:16.23	17.36	225m:	2:25.17	18.40	325m:	3:36.26	15.80
	50m:	27.32	14.99	150m:	1:32.95	16.72	250m:	2:43.53	18.36	350m:	3:51.87	15.61
	75m:	42.83	15.51	175m:	1:50.22	17.27	275m:	3:01.88	18.35	375m:	4:07.90	16.03
	100m:	58.87	16.04	200m:	2:06.77	16.55	300m:	3:20.46	18.58	400m:	4:23.14	15.24
2.				2005			+0,75	<b>4:31.99</b>		643		
	25m:	13.44	13.44	125m:	1:19.76	18.03	225m:	2:30.74	18.56	325m:	3:44.31	16.08
	50m:	29.11	15.67	150m:	1:37.26	17.50	250m:	2:49.53	18.79	350m:	4:00.35	16.04
	75m:	45.12	16.01	175m:	1:54.70	17.44	275m:	3:08.76	19.23	375m:	4:16.48	16.13
	100m:	1:01.73	16.61	200m:	2:12.18	17.48	300m:	3:28.23	19.47	400m:	4:31.99	15.51
3.				2006	-		+0,66	<b>4:34.79</b>		623		
	25m:	12.93	12.93	125m:	1:20.57	18.31	225m:	2:32.65	18.97	325m:	3:47.41	16.88
	50m:	28.60	15.67	150m:	1:38.26	17.69	250m:	2:51.60	18.95	350m:	4:03.50	16.09
	75m:	44.98	16.38	175m:	1:56.14	17.88	275m:	3:10.94	19.34	375m:	4:19.52	16.02
	100m:	1:02.26	17.28	200m:	2:13.68	17.54	300m:	3:30.53	19.59	400m:	4:34.79	15.27
4.				2006			+0,64	<b>4:44.68</b>		561		
	25m:	13.06	13.06	125m:	1:23.97	18.12	225m:	2:37.20	19.51	325m:	3:55.72	16.46
	50m:	29.43	16.37	150m:	1:41.76	17.79	250m:	2:57.41	20.21	350m:	4:12.23	16.51
	75m:	47.51	18.08	175m:	1:59.73	17.97	275m:	3:17.57	20.16	375m:	4:28.63	16.40
	100m:	1:05.85	18.34	200m:	2:17.69	17.96	300m:	3:39.26	21.69	400m:	4:44.68	16.05
5.				2006			-2	+0,72	<b>4:50.78</b>	1	526	
	25m:	14.60	14.60	125m:	1:28.44	18.67	225m:	2:42.89	20.97	325m:	4:01.90	17.32
	50m:	31.87	17.27	150m:	1:46.14	17.70	250m:	3:03.39	20.50	350m:	4:19.30	17.40
	75m:	50.17	18.30	175m:	2:04.13	17.99	275m:	3:24.24	20.85	375m:	4:35.35	16.05
	100m:	1:09.77	19.60	200m:	2:21.92	17.79	300m:	3:44.58	20.34	400m:	4:50.78	15.43
6.				2005				+0,68	<b>4:51.08</b>	1	524	
	25m:	12.87	12.87	125m:	1:23.29	19.01	225m:	2:38.77	19.90	325m:	3:58.37	18.11
	50m:	29.07	16.20	150m:	1:41.63	18.34	250m:	2:59.10	20.33	350m:	4:16.09	17.72
	75m:	46.26	17.19	175m:	2:00.32	18.69	275m:	3:19.80	20.70	375m:	4:34.26	18.17
	100m:	1:04.28	18.02	200m:	2:18.87	18.55	300m:	3:40.26	20.46	400m:	4:51.08	16.82
7.				2005	1			+0,65	<b>4:53.45</b>	1	512	
	25m:	13.98	13.98	125m:	1:26.38	20.00	225m:	2:44.47	20.50	325m:	4:03.69	17.70
	50m:	31.71	17.73	150m:	1:45.60	19.22	250m:	3:04.66	20.19	350m:	4:20.80	17.11
	75m:	48.84	17.13	175m:	2:05.08	19.48	275m:	3:25.47	20.81	375m:	4:37.90	17.10
	100m:	1:06.38	17.54	200m:	2:23.97	18.89	300m:	3:45.99	20.52	400m:	4:53.45	15.55
8.				2006				+0,62	<b>4:58.71</b>	1	485	
	25m:	13.82	13.82	125m:	1:25.51	19.38	225m:	2:44.75	21.41	325m:	4:08.17	17.41
	50m:	30.15	16.33	150m:	1:44.48	18.97	250m:	3:06.45	21.70	350m:	4:25.47	17.30
	75m:	47.79	17.64	175m:	2:03.81	19.33	275m:	3:28.28	21.83	375m:	4:42.62	17.15
	100m:	1:06.13	18.34	200m:	2:23.34	19.53	300m:	3:50.76	22.48	400m:	4:58.71	16.09



, 30 - 02 2023

14, , 400m

14 , 400m

(15-16 )

31.10.2023 - 10:58

3:56.47 (UAE) 20.12.2021  
3:56.47 (UAE) 20.12.2021

: FINA 2023

	/				R.T.						
1.	2007				+0,83				<b>4:25.14</b>	694	
25m:	12.96	12.96	125m:	1:19.53	17.32	225m:	2:27.81	18.00	325m:	3:38.52	16.61
50m:	28.78	15.82	150m:	1:36.16	16.63	250m:	2:45.70	17.89	350m:	3:54.47	15.95
75m:	45.34	16.56	175m:	1:53.07	16.91	275m:	3:03.79	18.09	375m:	4:10.15	15.68
100m:	1:02.21	16.87	200m:	2:09.81	16.74	300m:	3:21.91	18.12	400m:	4:25.14	14.99
2.	2007				+0,65				<b>4:28.81</b>	666	
25m:	12.45	12.45	125m:	1:19.16	17.72	225m:	2:28.45	17.02	325m:	3:41.15	15.97
50m:	28.11	15.66	150m:	1:36.54	17.38	250m:	2:47.29	18.84	350m:	3:57.04	15.89
75m:	44.33	16.22	175m:	1:54.01	17.47	275m:	3:05.91	18.62	375m:	4:13.14	16.10
100m:	1:01.44	17.11	200m:	2:11.43	17.42	300m:	3:25.18	19.27	400m:	4:28.81	15.67
3.	2008				+0,69				<b>4:34.49</b>	625	
25m:	13.47	13.47	125m:	1:21.28	17.88	225m:	2:31.89	19.70	325m:	3:46.80	17.12
50m:	29.49	16.02	150m:	1:38.14	16.86	250m:	2:50.79	18.90	350m:	4:03.29	16.49
75m:	45.97	16.48	175m:	1:54.98	16.84	275m:	3:10.07	19.28	375m:	4:19.38	16.09
100m:	1:03.40	17.43	200m:	2:12.19	17.21	300m:	3:29.68	19.61	400m:	4:34.49	15.11
4.	2007 1				+0,62				<b>4:35.21</b>	621	
25m:	12.20	12.20	125m:	1:18.51	18.09	225m:	2:30.94	19.07	325m:	3:46.49	16.68
50m:	27.24	15.04	150m:	1:36.04	17.53	250m:	2:50.62	19.68	350m:	4:02.92	16.43
75m:	43.40	16.16	175m:	1:53.86	17.82	275m:	3:10.00	19.38	375m:	4:19.11	16.19
100m:	1:00.42	17.02	200m:	2:11.87	18.01	300m:	3:29.81	19.81	400m:	4:35.21	16.10
5.	2007				-				+0,71	<b>4:38.41</b>	599
25m:	12.85	12.85	125m:	1:18.71	17.07	225m:	2:29.29	20.83	325m:	3:50.01	17.19
50m:	28.35	15.50	150m:	1:35.07	16.36	250m:	2:49.95	20.66	350m:	4:06.50	16.49
75m:	44.86	16.51	175m:	1:51.90	16.83	275m:	3:11.24	21.29	375m:	4:22.86	16.36
100m:	1:01.64	16.78	200m:	2:08.46	16.56	300m:	3:32.82	21.58	400m:	4:38.41	15.55
6.	2007				-				+0,79	<b>4:40.73</b>	585
25m:	13.35	13.35	125m:	1:22.43	17.90	225m:	2:33.97	20.30	325m:	3:50.82	17.46
50m:	30.01	16.66	150m:	1:39.25	16.82	250m:	2:53.67	19.70	350m:	4:07.32	16.50
75m:	47.12	17.11	175m:	1:56.40	17.15	275m:	3:13.39	19.72	375m:	4:24.03	16.71
100m:	1:04.53	17.41	200m:	2:13.67	17.27	300m:	3:33.36	19.97	400m:	4:40.73	16.70
7.	2007				-				+0,69	<b>4:44.50</b>	562
25m:	13.13	13.13	125m:	1:20.57	17.94	225m:	2:34.80	20.32	325m:	3:55.03	17.85
50m:	28.75	15.62	150m:	1:38.48	17.91	250m:	2:55.42	20.62	350m:	4:12.31	17.28
75m:	45.06	16.31	175m:	1:56.70	18.22	275m:	3:15.92	20.50	375m:	4:29.25	16.94
100m:	1:02.63	17.57	200m:	2:14.48	17.78	300m:	3:37.18	21.26	400m:	4:44.50	15.25
8.	2008 1				+0,91				<b>4:52.65</b>	1 516	
25m:	14.01	14.01	125m:	1:24.75	19.00	225m:	2:40.65	21.42	325m:	4:03.27	17.55
50m:	30.56	16.55	150m:	1:43.06	18.31	250m:	3:02.09	21.44	350m:	4:19.82	16.55
75m:	47.87	17.31	175m:	2:01.27	18.21	275m:	3:23.41	21.32	375m:	4:36.71	16.89
100m:	1:05.75	17.88	200m:	2:19.23	17.96	300m:	3:45.72	22.31	400m:	4:52.65	15.94
9.	2008				-2				+0,82	<b>4:55.14</b>	1 503
25m:	14.00	14.00	125m:	1:26.47	18.33	225m:	2:40.60	20.73	325m:	4:03.70	18.36
50m:	31.01	17.01	150m:	1:43.91	17.44	250m:	3:01.86	21.26	350m:	4:21.27	17.57
75m:	49.10	18.09	175m:	2:01.76	17.85	275m:	3:23.38	21.52	375m:	4:38.84	17.57
100m:	1:08.14	19.04	200m:	2:19.87	18.11	300m:	3:45.34	21.96	400m:	4:55.14	16.30



14,		, 400m				(15-16 )		R.T.				
10.				2008	1			+0,71	<b>4:57.44</b>	1	491	
	25m:	13.59	13.59	125m:	1:26.14	20.01	225m:	2:44.21	20.66	325m:	4:05.90	18.91
	50m:	30.25	16.66	150m:	1:45.29	19.15	250m:	3:04.88	20.67	350m:	4:23.76	17.86
	75m:	47.73	17.48	175m:	2:04.59	19.30	275m:	3:25.85	20.97	375m:	4:41.24	17.48
	100m:	1:06.13	18.40	200m:	2:23.55	18.96	300m:	3:46.99	21.14	400m:	4:57.44	16.20
11.				2007				-2	+0,77	<b>4:57.76</b>	1	490
	25m:	14.14	14.14	125m:	1:27.70	18.93	225m:	2:43.62	20.14	325m:	4:05.53	17.65
	50m:	31.53	17.39	150m:	1:45.86	18.16	250m:	3:04.91	21.29	350m:	4:23.25	17.72
	75m:	50.18	18.65	175m:	2:04.42	18.56	275m:	3:26.55	21.64	375m:	4:40.92	17.67
	100m:	1:08.77	18.59	200m:	2:23.48	19.06	300m:	3:47.88	21.33	400m:	4:57.76	16.84
12.				2008	1	-	-	+0,72	<b>4:59.01</b>	1	484	
	25m:	13.64	13.64	125m:	1:25.48	19.87	225m:	2:43.05	20.74	325m:	4:07.28	18.17
	50m:	29.84	16.20	150m:	1:44.48	19.00	250m:	3:04.88	21.83	350m:	4:24.70	17.42
	75m:	47.10	17.26	175m:	2:03.45	18.97	275m:	3:26.56	21.68	375m:	4:42.15	17.45
	100m:	1:05.61	18.51	200m:	2:22.31	18.86	300m:	3:49.11	22.55	400m:	4:59.01	16.86
13.				2008				-2	+0,73	<b>5:05.03</b>		456
	25m:	13.66	13.66	125m:	1:25.78	19.44	225m:	2:44.12	23.46	325m:	4:12.24	18.29
	50m:	30.17	16.51	150m:	1:44.02	18.24	250m:	3:06.98	22.86	350m:	4:30.10	17.86
	75m:	48.02	17.85	175m:	2:02.26	18.24	275m:	3:30.35	23.37	375m:	4:47.97	17.87
	100m:	1:06.34	18.32	200m:	2:20.66	18.40	300m:	3:53.95	23.60	400m:	5:05.03	17.06
14.				2007					+0,72	<b>5:07.76</b>		444
	25m:	14.24	14.24	125m:	1:32.25	20.47	225m:	2:52.12	23.05	325m:	4:18.86	18.12
	50m:	32.40	18.16	150m:	1:51.18	18.93	250m:	3:15.01	22.89	350m:	4:35.73	16.87
	75m:	51.78	19.38	175m:	2:10.55	19.37	275m:	3:37.71	22.70	375m:	4:52.67	16.94
	100m:	1:11.78	20.00	200m:	2:29.07	18.52	300m:	4:00.74	23.03	400m:	5:07.76	15.09
15.				2008	1	-		+0,78	<b>5:09.51</b>		436	
	25m:	14.20	14.20	125m:	1:28.41	20.91	225m:	2:48.81	21.07	325m:	4:13.43	20.29
	50m:	30.94	16.74	150m:	1:48.14	19.73	250m:	3:09.76	20.95	350m:	4:32.68	19.25
	75m:	48.74	17.80	175m:	2:08.01	19.87	275m:	3:31.12	21.36	375m:	4:51.68	19.00
	100m:	1:07.50	18.76	200m:	2:27.74	19.73	300m:	3:53.14	22.02	400m:	5:09.51	17.83
16.				2007	1	-		+0,76	<b>5:30.03</b>		360	
	25m:	14.41	14.41	125m:	1:34.92	21.59	225m:	3:02.44	23.54	325m:	4:36.52	19.05
	50m:	34.06	19.65	150m:	1:55.80	20.88	250m:	3:28.44	26.00	350m:	4:54.04	17.52
	75m:	52.53	18.47	175m:	2:16.61	20.81	275m:	3:52.51	24.07	375m:	5:12.37	18.33
	100m:	1:13.33	20.80	200m:	2:38.90	22.29	300m:	4:17.47	24.96	400m:	5:30.03	17.66
DSQ				2007	1						1	

15  
31.10.2023 - 11:17

, 200m

2:14.70  
2:16.88

-1

25.11.2022  
05.11.2021

: FINA 2023

				/				R.T.					
1.				2004				-	+0,57		<b>2:29.57</b>	728	
	25m:	16.10	16.10	75m:	53.55	18.82	125m:	1:31.80	19.10	175m:	2:10.17	19.29	
	50m:	34.73	18.63	100m:	1:12.70	19.15	150m:	1:50.88	19.08	200m:	2:29.57	19.40	
2.				2005				-	+0,71		<b>2:32.75</b>	683	
	25m:	16.59	16.59	75m:	54.45	18.99	125m:	1:33.73	19.63	175m:	2:12.87	19.62	
	50m:	35.46	18.87	100m:	1:14.10	19.65	150m:	1:53.25	19.52	200m:	2:32.75	19.88	
3.				2003				-	+0,67		<b>2:34.62</b>	659	
	25m:	15.74	15.74	75m:	53.72	19.29	125m:	1:33.24	19.97	175m:	2:14.12	20.66	
	50m:	34.43	18.69	100m:	1:13.27	19.55	150m:	1:53.46	20.22	200m:	2:34.62	20.50	
4.				2006				-	+0,71		<b>2:36.61</b>	634	
	25m:	16.42	16.42	75m:	55.17	19.87	125m:	1:35.35	20.17	175m:	2:16.41	20.55	
	50m:	35.30	18.88	100m:	1:15.18	20.01	150m:	1:55.86	20.51	200m:	2:36.61	20.20	
5.				2009				-	+0,68		<b>2:37.78</b>	620	
	25m:	16.67	16.67	75m:	55.84	20.14	125m:	1:36.42	20.66	175m:	2:17.29	20.27	
	50m:	35.70	19.03	100m:	1:15.76	19.92	150m:	1:57.02	20.60	200m:	2:37.78	20.49	
6.				2006				-	+0,70		<b>2:37.94</b>	618	
	25m:	16.22	16.22	75m:	55.91	19.90	125m:	1:36.25	20.04	175m:	2:17.36	20.57	
	50m:	36.01	19.79	100m:	1:16.21	20.30	150m:	1:56.79	20.54	200m:	2:37.94	20.58	
7.				2006				-	+0,70		<b>2:38.73</b>	609	
	25m:	16.27	16.27	75m:	56.07	20.12	125m:	1:37.18	20.68	175m:	2:18.30	20.61	
	50m:	35.95	19.68	100m:	1:16.50	20.43	150m:	1:57.69	20.51	200m:	2:38.73	20.43	
8.				2010				-	+0,74		<b>2:39.22</b>	603	
	25m:	16.64	16.64	75m:	55.59	19.78	125m:	1:36.52	20.62	175m:	2:18.54	20.94	
	50m:	35.81	19.17	100m:	1:15.90	20.31	150m:	1:57.60	21.08	200m:	2:39.22	20.68	
9.				2008				-	+0,74		<b>2:39.37</b>	602	
	25m:	16.98	16.98	75m:	56.40	19.93	125m:	1:36.99	20.38	175m:	2:18.35	21.17	
	50m:	36.47	19.49	100m:	1:16.61	20.21	150m:	1:57.18	20.19	200m:	2:39.37	21.02	
10.				2007				-	+0,65		<b>2:39.67</b>	598	
	25m:	16.69	16.69	75m:	56.99	20.30	125m:	1:38.63	19.87	175m:	2:19.72	20.39	
	50m:	36.69	20.00	100m:	1:18.76	21.77	150m:	1:59.33	20.70	200m:	2:39.67	19.95	
11.				2008				-	+0,69		<b>2:39.73</b>	597	
	25m:	17.04	17.04	75m:	56.12	19.88	125m:	1:37.05	20.64	175m:	2:19.06	21.10	
	50m:	36.24	19.20	100m:	1:16.41	20.29	150m:	1:57.96	20.91	200m:	2:39.73	20.67	
12.				2008				-	+0,84		<b>2:40.96</b>	584	
	25m:	18.17	18.17	75m:	58.79	20.61	125m:	1:39.91	20.62	175m:	2:20.70	20.43	
	50m:	38.18	20.01	100m:	1:19.29	20.50	150m:	2:00.27	20.36	200m:	2:40.96	20.26	
13.				2006				-2	+0,74		<b>2:41.29</b>	580	
	25m:	17.54	17.54	75m:	57.96	20.41	125m:	1:39.29	19.90	175m:	2:20.74	20.64	
	50m:	37.55	20.01	100m:	1:19.39	21.43	150m:	2:00.10	20.81	200m:	2:41.29	20.55	
14.				2008 1				-	+0,80		<b>2:41.84</b>	574	
	25m:	17.24	17.24	75m:	57.15	20.17	125m:	1:38.86	19.71	175m:	2:20.32	20.75	
	50m:	36.98	19.74	100m:	1:19.15	22.00	150m:	1:59.57	20.71	200m:	2:41.84	21.52	

15,		, 200m						R.T.				
15.				2008				+0,75	<b>2:42.05</b>		572	
	25m:	16.84	16.84	75m:	56.91	20.41	125m:	1:38.11	20.68	175m:	2:20.73	21.71
	50m:	36.50	19.66	100m:	1:17.43	20.52	150m:	1:59.02	20.91	200m:	2:42.05	21.32
16.				2006				+0,60	<b>2:42.42</b>		568	
	25m:	17.05	17.05	75m:	56.68	20.36	125m:	1:38.29	21.15	175m:	2:21.53	21.59
	50m:	36.32	19.27	100m:	1:17.14	20.46	150m:	1:59.94	21.65	200m:	2:42.42	20.89
17.				2010	1			+0,74	<b>2:42.61</b>		566	
	25m:	17.47	17.47	75m:	58.09	19.50	125m:	1:39.16	19.43	175m:	2:21.27	20.01
	50m:	38.59	21.12	100m:	1:19.73	21.64	150m:	2:01.26	22.10	200m:	2:42.61	21.34
18.				2005				+0,74	<b>2:42.99</b>		562	
	25m:	16.73	16.73	75m:	56.57	19.35	125m:	1:38.11	20.96	175m:	2:20.93	21.54
	50m:	37.22	20.49	100m:	1:17.15	20.58	150m:	1:59.39	21.28	200m:	2:42.99	22.06
19.				2006		-	-	+0,64	<b>2:43.11</b>		561	
	25m:	16.48	16.48	75m:	56.22	20.53	125m:	1:38.28	21.34	175m:	2:21.66	21.70
	50m:	35.69	19.21	100m:	1:16.94	20.72	150m:	1:59.96	21.68	200m:	2:43.11	21.45
				2007		-		+0,77	<b>2:43.11</b>		561	
	25m:	16.94	16.94	75m:	57.38	20.78	125m:	1:39.44	21.06	175m:	2:22.11	21.34
	50m:	36.60	19.66	100m:	1:18.38	21.00	150m:	2:00.77	21.33	200m:	2:43.11	21.00
21.				2007				+0,76	<b>2:43.14</b>		561	
	25m:	17.31	17.31	75m:	59.01	21.02	125m:	1:40.91	21.17	175m:	2:22.63	20.89
	50m:	37.99	20.68	100m:	1:19.74	20.73	150m:	2:01.74	20.83	200m:	2:43.14	20.51
22.				2006			-2	+0,68	<b>2:43.31</b>		559	
	25m:	16.94	16.94	75m:	58.21	20.88	125m:	1:39.97	19.88	175m:	2:22.55	20.58
	50m:	37.33	20.39	100m:	1:20.09	21.88	150m:	2:01.97	22.00	200m:	2:43.31	20.76
23.				2006				+0,77	<b>2:43.75</b>		555	
	25m:	17.67	17.67	75m:	58.20	20.41	125m:	1:39.27	20.76	175m:	2:21.75	21.60
	50m:	37.79	20.12	100m:	1:18.51	20.31	150m:	2:00.15	20.88	200m:	2:43.75	22.00
24.				2007				+0,83	<b>2:45.01</b>	1	542	
	25m:	16.85	16.85	75m:	56.86	20.36	125m:	1:39.36	21.56	175m:	2:23.41	21.96
	50m:	36.50	19.65	100m:	1:17.80	20.94	150m:	2:01.45	22.09	200m:	2:45.01	21.60
25.				2009				+0,76	<b>2:45.28</b>	1	539	
	25m:	16.84	16.84	75m:	58.24	21.05	125m:	1:40.95	21.30	175m:	2:24.03	21.79
	50m:	37.19	20.35	100m:	1:19.65	21.41	150m:	2:02.24	21.29	200m:	2:45.28	21.25
26.				2009				+0,67	<b>2:45.37</b>	1	538	
	25m:	17.18	17.18	75m:	58.47	21.02	125m:	1:41.70	21.65	175m:	2:24.01	21.23
	50m:	37.45	20.27	100m:	1:20.05	21.58	150m:	2:02.78	21.08	200m:	2:45.37	21.36
27.				2003				+0,77	<b>2:46.13</b>	1	531	
	25m:	16.67	16.67	75m:	57.93	20.94	125m:	1:41.50	21.91	175m:	2:25.23	22.17
	50m:	36.99	20.32	100m:	1:19.59	21.66	150m:	2:03.06	21.56	200m:	2:46.13	20.90
28.				2007		-	-		<b>2:48.06</b>	1	513	
	25m:	18.18	18.18	75m:	1:00.99	21.67	125m:	1:44.22	21.64	175m:	2:26.81	21.29
	50m:	39.32	21.14	100m:	1:22.58	21.59	150m:	2:05.52	21.30	200m:	2:48.06	21.25
29.				2009				+0,67	<b>2:48.35</b>	1	510	
	25m:	17.37	17.37	75m:	58.85	20.96	125m:	1:42.28	22.12	175m:	2:27.01	22.31
	50m:	37.89	20.52	100m:	1:20.16	21.31	150m:	2:04.70	22.42	200m:	2:48.35	21.34
30.				2010	1	-		+0,85	<b>2:48.46</b>	1	509	
	25m:	18.20	18.20	75m:	1:00.31	21.10	125m:	1:43.36	21.52	175m:	2:27.24	22.11
	50m:	39.21	21.01	100m:	1:21.84	21.53	150m:	2:05.13	21.77	200m:	2:48.46	21.22

15,		, 200m		,		/		R.T.				
31.				2008	1			+0,41	<b>2:49.09</b>	1	504	
	25m:	17.24	17.24	75m:	57.84	20.68	125m:	1:41.04	22.09	175m:	2:26.02	22.70
	50m:	37.16	19.92	100m:	1:18.95	21.11	150m:	2:03.32	22.28	200m:	2:49.09	23.07
32.				2005				+0,71	<b>2:49.30</b>	1	502	
	25m:	17.08	17.08	75m:	59.01	21.51	125m:	1:43.76	22.34	175m:	2:27.46	22.23
	50m:	37.50	20.42	100m:	1:21.42	22.41	150m:	2:05.23	21.47	200m:	2:49.30	21.84
33.				2009				-2	+0,80	<b>2:50.15</b>	1	494
	25m:	17.64	17.64	75m:	59.47	21.01	125m:	1:43.08	22.17	175m:	2:28.20	22.64
	50m:	38.46	20.82	100m:	1:20.91	21.44	150m:	2:05.56	22.48	200m:	2:50.15	21.95
34.				2008	1	-		+0,79	<b>2:51.06</b>	1	486	
	25m:	17.71	17.71	75m:	1:00.15	21.65	125m:	1:44.13	22.21	175m:	2:29.07	22.51
	50m:	38.50	20.79	100m:	1:21.92	21.77	150m:	2:06.56	22.43	200m:	2:51.06	21.99
35.				2010	1			+0,52	<b>2:51.18</b>	1	485	
	25m:	17.32	17.32	75m:	59.26	21.33	125m:	1:43.45	22.32	175m:	2:28.66	22.69
	50m:	37.93	20.61	100m:	1:21.13	21.87	150m:	2:05.97	22.52	200m:	2:51.18	22.52
36.				2006		-	-	+0,81	<b>2:52.02</b>	1	478	
	25m:	18.23	18.23	75m:	1:01.44	21.78	125m:	1:44.60	21.21	175m:	2:29.02	22.31
	50m:	39.66	21.43	100m:	1:23.39	21.95	150m:	2:06.71	22.11	200m:	2:52.02	23.00
37.				2008				+0,55	<b>2:52.15</b>	1	477	
	25m:	18.50	18.50	75m:	1:01.71	22.45	125m:	1:45.53	22.09	175m:	2:30.29	22.28
	50m:	39.26	20.76	100m:	1:23.44	21.73	150m:	2:08.01	22.48	200m:	2:52.15	21.86
38.				2007				+0,81	<b>2:54.97</b>		454	
	25m:	17.46	17.46	75m:	1:00.65	22.26	125m:	1:45.02	22.15	175m:	2:31.33	23.95
	50m:	38.39	20.93	100m:	1:22.87	22.22	150m:	2:07.38	22.36	200m:	2:54.97	23.64
39.				2009	1			-2	+0,81	<b>2:54.98</b>		454
	25m:	18.27	18.27	75m:	1:00.90	21.82	125m:	1:45.00	22.43	175m:	2:30.19	22.44
	50m:	39.08	20.81	100m:	1:22.57	21.67	150m:	2:07.75	22.75	200m:	2:54.98	24.79
40.				2009	1	-		+0,74	<b>2:56.02</b>		446	
	25m:	18.28	18.28	75m:	1:01.99	22.27	125m:	1:47.51	22.69	175m:	2:33.39	22.46
	50m:	39.72	21.44	100m:	1:24.82	22.83	150m:	2:10.93	23.42	200m:	2:56.02	22.63
41.				2010	1	-			<b>2:57.01</b>		439	
	25m:	17.63	17.63	75m:	1:01.31	22.93	125m:	1:48.16	23.11	175m:	2:34.44	23.05
	50m:	38.38	20.75	100m:	1:25.05	23.74	150m:	2:11.39	23.23	200m:	2:57.01	22.57
42.				2008	1			+0,76	<b>2:57.29</b>		437	
	25m:	19.18	19.18	75m:	1:03.60	22.41	125m:	1:48.85	22.83	175m:	2:34.36	22.72
	50m:	41.19	22.01	100m:	1:26.02	22.42	150m:	2:11.64	22.79	200m:	2:57.29	22.93
43.				2009	1			+0,86	<b>2:57.95</b>		432	
	25m:	18.01	18.01	75m:	1:01.95	22.65	125m:	1:47.85	23.25	175m:	2:35.29	23.58
	50m:	39.30	21.29	100m:	1:24.60	22.65	150m:	2:11.71	23.86	200m:	2:57.95	22.66
44.				2009	1			+0,82	<b>3:05.75</b>		380	
	25m:	19.24	19.24	75m:	1:05.36	23.78	125m:	1:53.69	24.12	175m:	2:42.21	24.33
	50m:	41.58	22.34	100m:	1:29.57	24.21	150m:	2:17.88	24.19	200m:	3:05.75	23.54

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15, , 200m

15, , 200m

(15-17 )

31.10.2023 - 11:17

2:14.70  
2:16.88

-1

25.11.2022  
05.11.2021

: FINA 2023

				/				R.T.				
1.				2006					+0,71	2:36.61		634
	25m:	16.42	16.42	75m:	55.17	19.87	125m:	1:35.35	20.17	175m:	2:16.41	20.55
	50m:	35.30	18.88	100m:	1:15.18	20.01	150m:	1:55.86	20.51	200m:	2:36.61	20.20
2.				2006					+0,70	2:37.94		618
	25m:	16.22	16.22	75m:	55.91	19.90	125m:	1:36.25	20.04	175m:	2:17.36	20.57
	50m:	36.01	19.79	100m:	1:16.21	20.30	150m:	1:56.79	20.54	200m:	2:37.94	20.58
3.				2006					+0,70	2:38.73		609
	25m:	16.27	16.27	75m:	56.07	20.12	125m:	1:37.18	20.68	175m:	2:18.30	20.61
	50m:	35.95	19.68	100m:	1:16.50	20.43	150m:	1:57.69	20.51	200m:	2:38.73	20.43
4.				2008					+0,74	2:39.37		602
	25m:	16.98	16.98	75m:	56.40	19.93	125m:	1:36.99	20.38	175m:	2:18.35	21.17
	50m:	36.47	19.49	100m:	1:16.61	20.21	150m:	1:57.18	20.19	200m:	2:39.37	21.02
5.				2007					+0,65	2:39.67		598
	25m:	16.69	16.69	75m:	56.99	20.30	125m:	1:38.63	19.87	175m:	2:19.72	20.39
	50m:	36.69	20.00	100m:	1:18.76	21.77	150m:	1:59.33	20.70	200m:	2:39.67	19.95
6.				2008					+0,69	2:39.73		597
	25m:	17.04	17.04	75m:	56.12	19.88	125m:	1:37.05	20.64	175m:	2:19.06	21.10
	50m:	36.24	19.20	100m:	1:16.41	20.29	150m:	1:57.96	20.91	200m:	2:39.73	20.67
7.				2008					+0,84	2:40.96		584
	25m:	18.17	18.17	75m:	58.79	20.61	125m:	1:39.91	20.62	175m:	2:20.70	20.43
	50m:	38.18	20.01	100m:	1:19.29	20.50	150m:	2:00.27	20.36	200m:	2:40.96	20.26
8.				2006					-2	+0,74	2:41.29	580
	25m:	17.54	17.54	75m:	57.96	20.41	125m:	1:39.29	19.90	175m:	2:20.74	20.64
	50m:	37.55	20.01	100m:	1:19.39	21.43	150m:	2:00.10	20.81	200m:	2:41.29	20.55
9.				2008 1						+0,80	2:41.84	574
	25m:	17.24	17.24	75m:	57.15	20.17	125m:	1:38.86	19.71	175m:	2:20.32	20.75
	50m:	36.98	19.74	100m:	1:19.15	22.00	150m:	1:59.57	20.71	200m:	2:41.84	21.52
10.				2008						+0,75	2:42.05	572
	25m:	16.84	16.84	75m:	56.91	20.41	125m:	1:38.11	20.68	175m:	2:20.73	21.71
	50m:	36.50	19.66	100m:	1:17.43	20.52	150m:	1:59.02	20.91	200m:	2:42.05	21.32
11.				2006						+0,60	2:42.42	568
	25m:	17.05	17.05	75m:	56.68	20.36	125m:	1:38.29	21.15	175m:	2:21.53	21.59
	50m:	36.32	19.27	100m:	1:17.14	20.46	150m:	1:59.94	21.65	200m:	2:42.42	20.89
12.				2006						+0,64	2:43.11	561
	25m:	16.48	16.48	75m:	56.22	20.53	125m:	1:38.28	21.34	175m:	2:21.66	21.70
	50m:	35.69	19.21	100m:	1:16.94	20.72	150m:	1:59.96	21.68	200m:	2:43.11	21.45
				2007						+0,77	2:43.11	561
	25m:	16.94	16.94	75m:	57.38	20.78	125m:	1:39.44	21.06	175m:	2:22.11	21.34
	50m:	36.60	19.66	100m:	1:18.38	21.00	150m:	2:00.77	21.33	200m:	2:43.11	21.00
14.				2007						+0,76	2:43.14	561
	25m:	17.31	17.31	75m:	59.01	21.02	125m:	1:40.91	21.17	175m:	2:22.63	20.89
	50m:	37.99	20.68	100m:	1:19.74	20.73	150m:	2:01.74	20.83	200m:	2:43.14	20.51

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15,		, 200m				(15-17 )						
		/						R.T.				
15.				2006				-2	+0,68	<b>2:43.31</b>	559	
	25m:	16.94	16.94	75m:	58.21	20.88	125m:	1:39.97	19.88	175m:	2:22.55	20.58
	50m:	37.33	20.39	100m:	1:20.09	21.88	150m:	2:01.97	22.00	200m:	2:43.31	20.76
16.				2006					+0,77	<b>2:43.75</b>	555	
	25m:	17.67	17.67	75m:	58.20	20.41	125m:	1:39.27	20.76	175m:	2:21.75	21.60
	50m:	37.79	20.12	100m:	1:18.51	20.31	150m:	2:00.15	20.88	200m:	2:43.75	22.00
17.				2007					+0,83	<b>2:45.01</b>	1 542	
	25m:	16.85	16.85	75m:	56.86	20.36	125m:	1:39.36	21.56	175m:	2:23.41	21.96
	50m:	36.50	19.65	100m:	1:17.80	20.94	150m:	2:01.45	22.09	200m:	2:45.01	21.60
18.				2007		-		-		<b>2:48.06</b>	1 513	
	25m:	18.18	18.18	75m:	1:00.99	21.67	125m:	1:44.22	21.64	175m:	2:26.81	21.29
	50m:	39.32	21.14	100m:	1:22.58	21.59	150m:	2:05.52	21.30	200m:	2:48.06	21.25
19.				2008	1				+0,41	<b>2:49.09</b>	1 504	
	25m:	17.24	17.24	75m:	57.84	20.68	125m:	1:41.04	22.09	175m:	2:26.02	22.70
	50m:	37.16	19.92	100m:	1:18.95	21.11	150m:	2:03.32	22.28	200m:	2:49.09	23.07
20.				2008	1	-			+0,79	<b>2:51.06</b>	1 486	
	25m:	17.71	17.71	75m:	1:00.15	21.65	125m:	1:44.13	22.21	175m:	2:29.07	22.51
	50m:	38.50	20.79	100m:	1:21.92	21.77	150m:	2:06.56	22.43	200m:	2:51.06	21.99
21.				2006		-		-	+0,81	<b>2:52.02</b>	1 478	
	25m:	18.23	18.23	75m:	1:01.44	21.78	125m:	1:44.60	21.21	175m:	2:29.02	22.31
	50m:	39.66	21.43	100m:	1:23.39	21.95	150m:	2:06.71	22.11	200m:	2:52.02	23.00
22.				2008					+0,55	<b>2:52.15</b>	1 477	
	25m:	18.50	18.50	75m:	1:01.71	22.45	125m:	1:45.53	22.09	175m:	2:30.29	22.28
	50m:	39.26	20.76	100m:	1:23.44	21.73	150m:	2:08.01	22.48	200m:	2:52.15	21.86
23.				2007					+0,81	<b>2:54.97</b>	454	
	25m:	17.46	17.46	75m:	1:00.65	22.26	125m:	1:45.02	22.15	175m:	2:31.33	23.95
	50m:	38.39	20.93	100m:	1:22.87	22.22	150m:	2:07.38	22.36	200m:	2:54.97	23.64
24.				2008	1				+0,76	<b>2:57.29</b>	437	
	25m:	19.18	19.18	75m:	1:03.60	22.41	125m:	1:48.85	22.83	175m:	2:34.36	22.72
	50m:	41.19	22.01	100m:	1:26.02	22.42	150m:	2:11.64	22.79	200m:	2:57.29	22.93



15,		, 200m											
15		, 200m										(13-14 )	
31.10.2023 - 11:17													
				2:14.70				-1				25.11.2022	
				2:16.88								05.11.2021	
: FINA 2023													
		/		R.T.									
1.			2009						+0,68		<b>2:37.78</b>		620
	25m:	16.67	16.67	75m:	55.84	20.14	125m:	1:36.42	20.66	175m:	2:17.29	20.27	
	50m:	35.70	19.03	100m:	1:15.76	19.92	150m:	1:57.02	20.60	200m:	2:37.78	20.49	
2.			2010						+0,74		<b>2:39.22</b>		603
	25m:	16.64	16.64	75m:	55.59	19.78	125m:	1:36.52	20.62	175m:	2:18.54	20.94	
	50m:	35.81	19.17	100m:	1:15.90	20.31	150m:	1:57.60	21.08	200m:	2:39.22	20.68	
3.			2010		1				+0,74		<b>2:42.61</b>		566
	25m:	17.47	17.47	75m:	58.09	19.50	125m:	1:39.16	19.43	175m:	2:21.27	20.01	
	50m:	38.59	21.12	100m:	1:19.73	21.64	150m:	2:01.26	22.10	200m:	2:42.61	21.34	
4.			2009						+0,76		<b>2:45.28</b>		1 539
	25m:	16.84	16.84	75m:	58.24	21.05	125m:	1:40.95	21.30	175m:	2:24.03	21.79	
	50m:	37.19	20.35	100m:	1:19.65	21.41	150m:	2:02.24	21.29	200m:	2:45.28	21.25	
5.			2009						+0,67		<b>2:45.37</b>		1 538
	25m:	17.18	17.18	75m:	58.47	21.02	125m:	1:41.70	21.65	175m:	2:24.01	21.23	
	50m:	37.45	20.27	100m:	1:20.05	21.58	150m:	2:02.78	21.08	200m:	2:45.37	21.36	
6.			2009						+0,67		<b>2:48.35</b>		1 510
	25m:	17.37	17.37	75m:	58.85	20.96	125m:	1:42.28	22.12	175m:	2:27.01	22.31	
	50m:	37.89	20.52	100m:	1:20.16	21.31	150m:	2:04.70	22.42	200m:	2:48.35	21.34	
7.			2010		1		-		+0,85		<b>2:48.46</b>		1 509
	25m:	18.20	18.20	75m:	1:00.31	21.10	125m:	1:43.36	21.52	175m:	2:27.24	22.11	
	50m:	39.21	21.01	100m:	1:21.84	21.53	150m:	2:05.13	21.77	200m:	2:48.46	21.22	
8.			2009						-2 +0,80		<b>2:50.15</b>		1 494
	25m:	17.64	17.64	75m:	59.47	21.01	125m:	1:43.08	22.17	175m:	2:28.20	22.64	
	50m:	38.46	20.82	100m:	1:20.91	21.44	150m:	2:05.56	22.48	200m:	2:50.15	21.95	
9.			2010		1				+0,52		<b>2:51.18</b>		1 485
	25m:	17.32	17.32	75m:	59.26	21.33	125m:	1:43.45	22.32	175m:	2:28.66	22.69	
	50m:	37.93	20.61	100m:	1:21.13	21.87	150m:	2:05.97	22.52	200m:	2:51.18	22.52	
10.			2009		1				-2 +0,81		<b>2:54.98</b>		454
	25m:	18.27	18.27	75m:	1:00.90	21.82	125m:	1:45.00	22.43	175m:	2:30.19	22.44	
	50m:	39.08	20.81	100m:	1:22.57	21.67	150m:	2:07.75	22.75	200m:	2:54.98	24.79	
11.			2009		1		-		+0,74		<b>2:56.02</b>		446
	25m:	18.28	18.28	75m:	1:01.99	22.27	125m:	1:47.51	22.69	175m:	2:33.39	22.46	
	50m:	39.72	21.44	100m:	1:24.82	22.83	150m:	2:10.93	23.42	200m:	2:56.02	22.63	
12.			2010		1		-				<b>2:57.01</b>		439
	25m:	17.63	17.63	75m:	1:01.31	22.93	125m:	1:48.16	23.11	175m:	2:34.44	23.05	
	50m:	38.38	20.75	100m:	1:25.05	23.74	150m:	2:11.39	23.23	200m:	2:57.01	22.57	
13.			2009		1				+0,86		<b>2:57.95</b>		432
	25m:	18.01	18.01	75m:	1:01.95	22.65	125m:	1:47.85	23.25	175m:	2:35.29	23.58	
	50m:	39.30	21.29	100m:	1:24.60	22.65	150m:	2:11.71	23.86	200m:	2:57.95	22.66	
14.			2009		1				+0,82		<b>3:05.75</b>		380
	25m:	19.24	19.24	75m:	1:05.36	23.78	125m:	1:53.69	24.12	175m:	2:42.21	24.33	
	50m:	41.58	22.34	100m:	1:29.57	24.21	150m:	2:17.88	24.19	200m:	3:05.75	23.54	



16  
31.10.2023 - 11:36

, 200m

1:49.46  
1:53.10

(TUR)

12.12.2009  
12.11.2015

: FINA 2023

				/				R.T.				
1.				2004				+0,65	<b>2:00.58</b>	695		
	25m:	12.02	12.02	75m:	42.22	15.47	125m:	1:14.03	15.90	175m:	1:45.46	15.52
	50m:	26.75	14.73	100m:	58.13	15.91	150m:	1:29.94	15.91	200m:	2:00.58	15.12
2.				2006				+0,73	<b>2:02.31</b>	666		
	25m:	12.23	12.23	75m:	43.05	15.48	125m:	1:14.43	15.72	175m:	1:46.02	16.06
	50m:	27.57	15.34	100m:	58.71	15.66	150m:	1:29.96	15.53	200m:	2:02.31	16.29
3.				2004				+0,60	<b>2:03.90</b>	641		
	25m:	12.81	12.81	75m:	43.61	15.40	125m:	1:15.59	16.17	175m:	1:47.22	15.79
	50m:	28.21	15.40	100m:	59.42	15.81	150m:	1:31.43	15.84	200m:	2:03.90	16.68
4.				2006				+0,70	<b>2:04.34</b>	634		
	25m:	12.41	12.41	75m:	43.57	15.80	125m:	1:16.00	16.34	175m:	1:48.62	16.28
	50m:	27.77	15.36	100m:	59.66	16.09	150m:	1:32.34	16.34	200m:	2:04.34	15.72
5.				2003				+0,74	<b>2:04.48</b>	632		
	25m:	12.45	12.45	75m:	43.45	15.36	125m:	1:15.69	15.92	175m:	1:48.32	15.96
	50m:	28.09	15.64	100m:	59.77	16.32	150m:	1:32.36	16.67	200m:	2:04.48	16.16
6.				2006				+0,66	<b>2:07.69</b>	585		
	25m:	13.11	13.11	75m:	45.49	16.30	125m:	1:19.01	16.64	175m:	1:51.73	16.09
	50m:	29.19	16.08	100m:	1:02.37	16.88	150m:	1:35.64	16.63	200m:	2:07.69	15.96
7.				2008				+0,79	<b>2:08.46</b>	575		
	25m:	13.35	13.35	75m:	46.06	16.90	125m:	1:19.46	15.31	175m:	1:52.38	16.69
	50m:	29.16	15.81	100m:	1:04.15	18.09	150m:	1:35.69	16.23	200m:	2:08.46	16.08
8.				2007				+0,66	<b>2:09.29</b>	564		
	25m:	12.95	12.95	75m:	44.97	16.29	125m:	1:18.08	16.61	175m:	1:51.42	16.96
	50m:	28.68	15.73	100m:	1:01.47	16.50	150m:	1:34.46	16.38	200m:	2:09.29	17.87
9.				2005				+0,66	<b>2:09.32</b>	564		
	25m:	12.63	12.63	75m:	44.94	16.54	125m:	1:18.94	16.42	175m:	1:52.86	16.97
	50m:	28.40	15.77	100m:	1:02.52	17.58	150m:	1:35.89	16.95	200m:	2:09.32	16.46
10.				2005				+0,67	<b>2:09.51</b>	561		
	25m:	13.43	13.43	75m:	45.20	16.23	125m:	1:17.73	16.19	175m:	1:51.34	17.65
	50m:	28.97	15.54	100m:	1:01.54	16.34	150m:	1:33.69	15.96	200m:	2:09.51	18.17
11.				2001				+0,64	<b>2:09.55</b>	561		
	25m:	12.86	12.86	75m:	45.06	16.48	125m:	1:18.36	16.55	175m:	1:52.62	17.17
	50m:	28.58	15.72	100m:	1:01.81	16.75	150m:	1:35.45	17.09	200m:	2:09.55	16.93
12.				2005				+0,76	<b>2:11.00</b>	1	542	
	25m:	13.58	13.58	75m:	45.09	15.90	125m:	1:18.38	16.82	175m:	1:53.61	17.83
	50m:	29.19	15.61	100m:	1:01.56	16.47	150m:	1:35.78	17.40	200m:	2:11.00	17.39
13.				2007				+0,65	<b>2:12.19</b>	1	528	
	25m:	13.38	13.38	75m:	46.72	16.62	125m:	1:20.20	16.76	175m:	1:54.00	17.02
	50m:	30.10	16.72	100m:	1:03.44	16.72	150m:	1:36.98	16.78	200m:	2:12.19	18.19
14.				2003				+0,72	<b>2:13.42</b>	1	513	
	25m:	12.86	12.86	75m:	46.08	17.34	125m:	1:20.88	17.33	175m:	1:55.65	17.62
	50m:	28.74	15.88	100m:	1:03.55	17.47	150m:	1:38.03	17.15	200m:	2:13.42	17.77

16,		, 200m											
				/				R.T.					
15.				2007					+0,73	<b>2:15.30</b>	1		492
	25m:	13.15	13.15	75m:	45.95	16.98	125m:	1:20.46	17.52	175m:	1:56.74		18.47
	50m:	28.97	15.82	100m:	1:02.94	16.99	150m:	1:38.27	17.81	200m:	2:15.30		18.56
16.				2007				-2	+0,77	<b>2:16.75</b>	1		477
	25m:	13.50	13.50	75m:	46.01	16.71	125m:	1:19.66	16.91	175m:	1:56.22		18.97
	50m:	29.30	15.80	100m:	1:02.75	16.74	150m:	1:37.25	17.59	200m:	2:16.75		20.53
17.				2006	1				+0,63	<b>2:17.22</b>	1		472
	25m:	13.11	13.11	75m:	45.02	16.23	125m:	1:19.77	17.64	175m:	1:56.91		18.88
	50m:	28.79	15.68	100m:	1:02.13	17.11	150m:	1:38.03	18.26	200m:	2:17.22		20.31
18.				2006		-		-	+0,65	<b>2:17.36</b>	1		470
	25m:	13.36	13.36	75m:	46.57	17.10	125m:	1:21.99	17.97	175m:	1:59.18		18.51
	50m:	29.47	16.11	100m:	1:04.02	17.45	150m:	1:40.67	18.68	200m:	2:17.36		18.18
19.				2008	1	-			+0,77	<b>2:21.83</b>			427
	25m:	13.12	13.12	75m:	46.23	16.53	125m:	1:22.72	18.62	175m:	2:01.53		19.73
	50m:	29.70	16.58	100m:	1:04.10	17.87	150m:	1:41.80	19.08	200m:	2:21.83		20.30
20.				2005	1				+0,81	<b>2:26.54</b>			387
	25m:	15.24	15.24	75m:	51.91	18.39	125m:	1:29.67	19.11	175m:	2:08.38		19.33
	50m:	33.52	18.28	100m:	1:10.56	18.65	150m:	1:49.05	19.38	200m:	2:26.54		18.16
21.				2008	1				+0,78	<b>2:32.63</b>			343
	25m:	13.75	13.75	75m:	48.94	18.20	125m:	1:28.18	20.06	175m:	2:11.09		21.71
	50m:	30.74	16.99	100m:	1:08.12	19.18	150m:	1:49.38	21.20	200m:	2:32.63		21.54
22.				2008	1				+0,67	<b>2:43.66</b>			278
	25m:	14.30	14.30	75m:	49.28	17.77	125m:	1:28.77	20.27	175m:	2:17.68		25.71
	50m:	31.51	17.21	100m:	1:08.50	19.22	150m:	1:51.97	23.20	200m:	2:43.66		25.98

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16, , 200m

16 , 200m (17-18 )  
31.10.2023 - 11:36

1:49.46 (TUR) 12.12.2009  
1:53.10 12.11.2015

: FINA 2023

				/				R.T.				
1.				2006				+0,73	<b>2:02.31</b>	666		
	25m:	12.23	12.23	75m:	43.05	15.48	125m:	1:14.43	15.72	175m:	1:46.02	16.06
	50m:	27.57	15.34	100m:	58.71	15.66	150m:	1:29.96	15.53	200m:	2:02.31	16.29
2.				2006				+0,70	<b>2:04.34</b>	634		
	25m:	12.41	12.41	75m:	43.57	15.80	125m:	1:16.00	16.34	175m:	1:48.62	16.28
	50m:	27.77	15.36	100m:	59.66	16.09	150m:	1:32.34	16.34	200m:	2:04.34	15.72
3.				2006				+0,66	<b>2:07.69</b>	585		
	25m:	13.11	13.11	75m:	45.49	16.30	125m:	1:19.01	16.64	175m:	1:51.73	16.09
	50m:	29.19	16.08	100m:	1:02.37	16.88	150m:	1:35.64	16.63	200m:	2:07.69	15.96
4.				2005				+0,66	<b>2:09.32</b>	564		
	25m:	12.63	12.63	75m:	44.94	16.54	125m:	1:18.94	16.42	175m:	1:52.86	16.97
	50m:	28.40	15.77	100m:	1:02.52	17.58	150m:	1:35.89	16.95	200m:	2:09.32	16.46
5.				2005				+0,67	<b>2:09.51</b>	561		
	25m:	13.43	13.43	75m:	45.20	16.23	125m:	1:17.73	16.19	175m:	1:51.34	17.65
	50m:	28.97	15.54	100m:	1:01.54	16.34	150m:	1:33.69	15.96	200m:	2:09.51	18.17
6.				2005				+0,76	<b>2:11.00</b>	1	542	
	25m:	13.58	13.58	75m:	45.09	15.90	125m:	1:18.38	16.82	175m:	1:53.61	17.83
	50m:	29.19	15.61	100m:	1:01.56	16.47	150m:	1:35.78	17.40	200m:	2:11.00	17.39
7.				2006	1			+0,63	<b>2:17.22</b>	1	472	
	25m:	13.11	13.11	75m:	45.02	16.23	125m:	1:19.77	17.64	175m:	1:56.91	18.88
	50m:	28.79	15.68	100m:	1:02.13	17.11	150m:	1:38.03	18.26	200m:	2:17.22	20.31
8.				2006			-	-	+0,65	<b>2:17.36</b>	1	470
	25m:	13.36	13.36	75m:	46.57	17.10	125m:	1:21.99	17.97	175m:	1:59.18	18.51
	50m:	29.47	16.11	100m:	1:04.02	17.45	150m:	1:40.67	18.68	200m:	2:17.36	18.18
9.				2005	1			+0,81	<b>2:26.54</b>	387		
	25m:	15.24	15.24	75m:	51.91	18.39	125m:	1:29.67	19.11	175m:	2:08.38	19.33
	50m:	33.52	18.28	100m:	1:10.56	18.65	150m:	1:49.05	19.38	200m:	2:26.54	18.16



, 30 - 02 2023

16, , 200m

16 , 200m (15-16 )  
31.10.2023 - 11:36

1:49.46 (TUR) 12.12.2009  
1:53.10 12.11.2015

: FINA 2023

				/				R.T.					
1.				2008				+0,79	<b>2:08.46</b>	575			
	25m:	13.35	13.35	75m:	46.06	16.90	125m:	1:19.46	15.31	175m:	1:52.38	16.69	
	50m:	29.16	15.81	100m:	1:04.15	18.09	150m:	1:35.69	16.23	200m:	2:08.46	16.08	
2.				2007				+0,66	<b>2:09.29</b>	564			
	25m:	12.95	12.95	75m:	44.97	16.29	125m:	1:18.08	16.61	175m:	1:51.42	16.96	
	50m:	28.68	15.73	100m:	1:01.47	16.50	150m:	1:34.46	16.38	200m:	2:09.29	17.87	
3.				2007				+0,65	<b>2:12.19</b>	1	528		
	25m:	13.38	13.38	75m:	46.72	16.62	125m:	1:20.20	16.76	175m:	1:54.00	17.02	
	50m:	30.10	16.72	100m:	1:03.44	16.72	150m:	1:36.98	16.78	200m:	2:12.19	18.19	
4.				2007				+0,73	<b>2:15.30</b>	1	492		
	25m:	13.15	13.15	75m:	45.95	16.98	125m:	1:20.46	17.52	175m:	1:56.74	18.47	
	50m:	28.97	15.82	100m:	1:02.94	16.99	150m:	1:38.27	17.81	200m:	2:15.30	18.56	
5.				2007				-2	+0,77	<b>2:16.75</b>	1	477	
	25m:	13.50	13.50	75m:	46.01	16.71	125m:	1:19.66	16.91	175m:	1:56.22	18.97	
	50m:	29.30	15.80	100m:	1:02.75	16.74	150m:	1:37.25	17.59	200m:	2:16.75	20.53	
6.				2008	1	-				+0,77	<b>2:21.83</b>	427	
	25m:	13.12	13.12	75m:	46.23	16.53	125m:	1:22.72	18.62	175m:	2:01.53	19.73	
	50m:	29.70	16.58	100m:	1:04.10	17.87	150m:	1:41.80	19.08	200m:	2:21.83	20.30	
7.				2008	1				+0,78	<b>2:32.63</b>	343		
	25m:	13.75	13.75	75m:	48.94	18.20	125m:	1:28.18	20.06	175m:	2:11.09	21.71	
	50m:	30.74	16.99	100m:	1:08.12	19.18	150m:	1:49.38	21.20	200m:	2:32.63	21.54	
8.				2008	1				+0,67	<b>2:43.66</b>	278		
	25m:	14.30	14.30	75m:	49.28	17.77	125m:	1:28.77	20.27	175m:	2:17.68	25.71	
	50m:	31.51	17.21	100m:	1:08.50	19.22	150m:	1:51.97	23.20	200m:	2:43.66	25.98	

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31.10.2023 - 11:43

, 50m

				22.11 22.77			-1	(CHN)	23.11.2022 14.12.2018	
: FINA 2023										
				/			R.T.			
1.	25m:	11.52	11.52	2001 50m:	23.87	12.35	+0,53	<b>23.87</b>	794	
2.	25m:	11.68	11.68	2005 50m:	24.05	12.37	-	+0,72	<b>24.05</b>	776
3.	25m:	11.71	11.71	2002 50m:	24.10	12.39		+0,56	<b>24.10</b>	772
4.	25m:	12.03	12.03	1994 50m:	24.49	12.46	-	+0,57	<b>24.49</b>	735
5.	25m:	12.04	12.04	1993 50m:	24.83	12.79		+0,57	<b>24.83</b>	706
6.	25m:	12.35	12.35	2006 50m:	25.37	13.02	-	+0,60	<b>25.37</b>	661
7.	25m:	12.58	12.58	2005 50m:	25.47	12.89		+0,65	<b>25.47</b>	654
8.	25m:	12.80	12.80	2003 50m:	25.61	12.81		+0,66	<b>25.61</b>	643
	25m:	12.53	12.53	2004 50m:	25.61	13.08		+0,57	<b>25.61</b>	643
10.	25m:	12.76	12.76	2007 50m:	25.65	12.89	-	+0,64	<b>25.65</b>	640
11.	25m:	12.77	12.77	2004 50m:	25.67	12.90		+0,64	<b>25.67</b>	638
12.	25m:	12.75	12.75	2006 50m:	25.90	13.15	-2	+0,71	<b>25.90</b>	622
13.	25m:	12.77	12.77	2006 50m:	26.04	13.27	-2	+0,63	<b>26.04</b>	612
14.	25m:	12.80	12.80	2002 50m:	26.08	13.28	-	+0,55	<b>26.08</b>	609
15.	25m:	12.99	12.99	2005 50m:	26.14	13.15		+0,60	<b>26.14</b>	605
16.	25m:	12.77	12.77	2003 50m:	26.16	13.39		+0,76	<b>26.16</b>	603
17.	25m:	12.85	12.85	2002 50m:	26.22	13.37		+0,62	<b>26.22</b>	599
18.	25m:	12.78	12.78	2007 50m:	26.28	13.50		+0,64	<b>26.28</b>	595
	25m:	12.93	12.93	2004 50m:	26.28	13.35		+0,59	<b>26.28</b>	595

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	17,		, 50m									
				/						R.T.		
20.				2007						+0,65	<b>26.32</b>	592
	25m:	13.05	13.05	50m:	26.32	13.27						
21.				2005						+0,57	<b>26.38</b>	588
	25m:	12.91	12.91	50m:	26.38	13.47						
				2007								
	25m:	12.78	12.78	50m:	26.38	13.60				+0,62	<b>26.38</b>	588
23.				2005								
	25m:	13.09	13.09	50m:	26.39	13.30			-2	+0,67	<b>26.39</b>	588
24.				2007								
	25m:	12.85	12.85	50m:	26.44	13.59				+0,58	<b>26.44</b>	584
25.				2005								
	25m:	13.06	13.06	50m:	26.45	13.39				+0,60	<b>26.45</b>	584
26.				2005								
	25m:	12.94	12.94	50m:	26.51	13.57				+0,60	<b>26.51</b>	580
				2006								
	25m:	12.98	12.98	50m:	26.51	13.53			-2	+0,71	<b>26.51</b>	580
28.				2005								
	25m:	12.75	12.75	50m:	26.52	13.77				+0,56	<b>26.52</b>	579
29.				2002								
	25m:	12.97	12.97	50m:	26.56	13.59				+0,62	<b>26.56</b>	576
30.				2007								
	25m:	13.19	13.19	50m:	26.72	13.53				+0,58	<b>26.72</b>	566
				2004								
	25m:	13.11	13.11	50m:	26.72	13.61				+0,58	<b>26.72</b>	566
				2001								
	25m:	13.21	13.21	50m:	26.72	13.51				+0,58	<b>26.72</b>	566
33.				2006								
	25m:	13.04	13.04	50m:	26.73	13.69			-2	+0,59	<b>26.73</b>	565
34.				2007								
	25m:	13.35	13.35	50m:	26.78	13.43				+0,64	<b>26.78</b>	562
35.				2006	1							
	25m:	13.18	13.18	50m:	26.83	13.65			-2	+0,66	<b>26.83</b>	559
36.				2005								
	25m:	13.20	13.20	50m:	26.89	13.69				+0,62	<b>26.89</b>	555
37.				2007								
	25m:	13.30	13.30	50m:	26.92	13.62				+0,60	<b>26.92</b>	554
38.				2005								
	25m:	13.21	13.21	50m:	26.93	13.72				+0,61	<b>26.93</b>	553
39.				2007								
	25m:	13.16	13.16	50m:	26.94	13.78				+0,58	<b>26.94</b>	552
40.				2003								
	25m:	13.50	13.50	50m:	27.12	13.62				+0,68	<b>27.12</b>	541

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	17,		, 50m								
				/					R.T.		
41.	25m:	13.48	13.48	2006	50m:	27.15	13.67		+0,63	<b>27.15</b>	540
42.	25m:	13.60	13.60	2007	50m:	27.36	13.76		+0,58	<b>27.36</b>	527
43.	25m:	13.73	13.73	2006	50m:	27.37	13.64		+0,67	<b>27.37</b>	527
44.	25m:	13.39	13.39	2005	50m:	27.38	13.99	-	+0,59	<b>27.38</b>	526
45.	25m:	13.39	13.39	2008	50m:	27.45	14.06		+0,67	<b>27.45</b>	522
46.	25m:	13.36	13.36	2006	50m:	27.48	14.12	-2	+0,64	<b>27.48</b>	520
47.	25m:	13.47	13.47	2006	50m:	27.49	14.02		+0,68	<b>27.49</b>	520
48.	25m:	13.55	13.55	2007	50m:	27.53	13.98	-2	+0,56	<b>27.53</b>	518
49.	25m:	13.39	13.39	2005	50m:	27.57	14.18		+0,60	<b>27.57</b>	1 515
50.	25m:	13.39	13.39	2006	50m:	27.59	14.20	-2	+0,58	<b>27.59</b>	1 514
51.	25m:	13.42	13.42	2003	50m:	27.62	14.20		+0,55	<b>27.62</b>	1 512
52.	25m:	13.64	13.64	2008	50m:	27.64	14.00	1	+0,62	<b>27.64</b>	1 511
	25m:	13.58	13.58	2005	50m:	27.64	14.06		+0,68	<b>27.64</b>	1 511
54.	25m:	13.87	13.87	2005	50m:	27.79	13.92	-2	+0,72	<b>27.79</b>	1 503
55.	25m:	13.79	13.79	2006	50m:	27.82	14.03		+0,74	<b>27.82</b>	1 501
56.	25m:	13.70	13.70	2003	50m:	27.83	14.13		+0,64	<b>27.83</b>	1 501
57.	25m:	13.74	13.74	2006	50m:	27.89	14.15		+0,66	<b>27.89</b>	1 498
58.	25m:	13.85	13.85	2008	50m:	27.96	14.11	-2	+0,66	<b>27.96</b>	1 494
59.	25m:	13.75	13.75	2004	50m:	27.98	14.23		+0,63	<b>27.98</b>	1 493
60.	25m:	13.53	13.53	2007	50m:	28.04	14.51	1	+0,62	<b>28.04</b>	1 490
61.	25m:	13.72	13.72	2006	50m:	28.08	14.36		+0,69	<b>28.08</b>	1 488



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	17,		, 50m										
				/					R.T.				
61.	25m:	13.83	13.83	2006	50m:	28.08	14.25		+0,61	<b>28.08</b>	1	488	
63.	25m:	13.96	13.96	2007	50m:	28.09	14.13	-2	+0,66	<b>28.09</b>	1	487	
	25m:	14.02	14.02	2005	50m:	28.09	14.07	-2	+0,62	<b>28.09</b>	1	487	
65.	25m:	13.88	13.88	2006	50m:	28.11	14.23	-2	+0,66	<b>28.11</b>	1	486	
66.	25m:	13.98	13.98	2007	50m:	28.12	14.14	-2	+0,67	<b>28.12</b>	1	486	
	25m:	13.89	13.89	2006	50m:	28.12	14.23	1	+0,58	<b>28.12</b>	1	486	
68.	25m:	13.79	13.79	2003	50m:	28.23	14.44		+0,61	<b>28.23</b>	1	480	
69.	25m:	13.91	13.91	2007	50m:	28.27	14.36	1	-2	+0,61	<b>28.27</b>	1	478
70.	25m:	14.07	14.07	2008	50m:	28.32	14.25	1		+0,69	<b>28.32</b>	1	475
71.	25m:	14.10	14.10	2007	50m:	28.40	14.30	1	-2	+0,65	<b>28.40</b>	1	471
72.	25m:	14.04	14.04	2007	50m:	28.42	14.38	1		+0,68	<b>28.42</b>	1	470
73.	25m:	14.12	14.12	2005	50m:	28.43	14.31			+0,67	<b>28.43</b>	1	470
74.	25m:	14.23	14.23	2008	50m:	28.47	14.24	1	-	+0,68	<b>28.47</b>	1	468
75.	25m:	14.10	14.10	2007	50m:	28.48	14.38			+0,72	<b>28.48</b>	1	467
76.	25m:	14.11	14.11	2007	50m:	28.59	14.48			+0,67	<b>28.59</b>	1	462
77.	25m:	14.23	14.23	2001	50m:	28.60	14.37			+0,77	<b>28.60</b>	1	462
78.	25m:	13.95	13.95	2006	50m:	28.61	14.66			+0,66	<b>28.61</b>	1	461
79.	25m:	14.38	14.38	2005	50m:	28.62	14.24		-2	+0,63	<b>28.62</b>	1	461
80.	25m:	14.41	14.41	2007	50m:	28.72	14.31			+0,79	<b>28.72</b>	1	456
81.	25m:	14.12	14.12	2003	50m:	28.79	14.67			+0,72	<b>28.79</b>	1	452
82.	25m:	14.27	14.27	2008	50m:	28.81	14.54	1		+0,60	<b>28.81</b>	1	451



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	17,	, 50m						R.T.			
82.				2006	1			+0,68	<b>28.81</b>	1	451
	25m:	14.28	14.28	50m:	28.81	14.53					
84.				2001				+0,66	<b>28.84</b>	1	450
	25m:	14.19	14.19	50m:	28.84	14.65					
85.				2006				+0,74	<b>28.91</b>	1	447
	25m:	14.14	14.14	50m:	28.91	14.77					
86.				2006	1		-	+0,70	<b>29.03</b>	1	441
	25m:	14.24	14.24	50m:	29.03	14.79					
87.				2008				+0,68	<b>29.15</b>	1	436
	25m:	14.26	14.26	50m:	29.15	14.89					
88.				2007			-2	+0,74	<b>29.29</b>	1	430
	25m:	14.72	14.72	50m:	29.29	14.57					
89.				2008	1		-	+0,60	<b>29.35</b>	1	427
	25m:	14.39	14.39	50m:	29.35	14.96					
90.				2007	1			+0,64	<b>29.61</b>		416
	25m:	14.61	14.61	50m:	29.61	15.00					
91.				2006			-	+0,71	<b>29.70</b>		412
	25m:	14.93	14.93	50m:	29.70	14.77					
92.				2005			-2	+0,64	<b>29.73</b>		411
	25m:	14.42	14.42	50m:	29.73	15.31					
93.				2008	1		-	+0,60	<b>29.76</b>		410
	25m:	14.64	14.64	50m:	29.76	15.12					
94.				2007			-2	+0,83	<b>30.04</b>		398
	25m:	14.97	14.97	50m:	30.04	15.07					
95.				2005				+0,65	<b>30.20</b>		392
	25m:	15.01	15.01	50m:	30.20	15.19					
96.				2007	1			+0,59	<b>30.21</b>		392
	25m:	14.93	14.93	50m:	30.21	15.28					
97.				2007	1			+0,63	<b>30.28</b>		389
	25m:	14.79	14.79	50m:	30.28	15.49					
				2003	1			+0,63	<b>30.28</b>		389
	25m:	15.06	15.06	50m:	30.28	15.22					
99.				2006	1			+0,82	<b>30.34</b>		387
	25m:	14.95	14.95	50m:	30.34	15.39					
100.				2008	1			+0,70	<b>30.35</b>		386
	25m:	15.19	15.19	50m:	30.35	15.16					
101.				2007	1			+0,69	<b>30.49</b>		381
	25m:	15.05	15.05	50m:	30.49	15.44					
102.				2007	1		-	+0,78	<b>31.41</b>		348
	25m:	15.54	15.54	50m:	31.41	15.87					
103.				2008	1		-	+0,71	<b>32.01</b>		329
	25m:	15.51	15.51	50m:	32.01	16.50					

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17, , 50m

31.10.2023 - 11:43 17 , 50m (17-18 )

				22.11 22.77				-1	(CHN)	23.11.2022 14.12.2018
: FINA 2023										
				/				R.T.		
1.				2005	-	-	+0,72	<b>24.05</b>	776	
	25m:	11.68	11.68	50m:	24.05	12.37				
2.				2006	-	-	+0,60	<b>25.37</b>	661	
	25m:	12.35	12.35	50m:	25.37	13.02				
3.				2005			+0,65	<b>25.47</b>	654	
	25m:	12.58	12.58	50m:	25.47	12.89				
4.				2006		-2	+0,71	<b>25.90</b>	622	
	25m:	12.75	12.75	50m:	25.90	13.15				
5.				2006		-2	+0,63	<b>26.04</b>	612	
	25m:	12.77	12.77	50m:	26.04	13.27				
6.				2005			+0,60	<b>26.14</b>	605	
	25m:	12.99	12.99	50m:	26.14	13.15				
7.				2005			+0,57	<b>26.38</b>	588	
	25m:	12.91	12.91	50m:	26.38	13.47				
8.				2005		-2	+0,67	<b>26.39</b>	588	
	25m:	13.09	13.09	50m:	26.39	13.30				
9.				2005			+0,60	<b>26.45</b>	584	
	25m:	13.06	13.06	50m:	26.45	13.39				
10.				2005			+0,60	<b>26.51</b>	580	
	25m:	12.94	12.94	50m:	26.51	13.57				
				2006		-2	+0,71	<b>26.51</b>	580	
	25m:	12.98	12.98	50m:	26.51	13.53				
12.				2005	-	-	+0,56	<b>26.52</b>	579	
	25m:	12.75	12.75	50m:	26.52	13.77				
13.				2006		-2	+0,59	<b>26.73</b>	565	
	25m:	13.04	13.04	50m:	26.73	13.69				
14.				2006	1	-2	+0,66	<b>26.83</b>	559	
	25m:	13.18	13.18	50m:	26.83	13.65				
15.				2005			+0,62	<b>26.89</b>	555	
	25m:	13.20	13.20	50m:	26.89	13.69				
16.				2005	-		+0,61	<b>26.93</b>	553	
	25m:	13.21	13.21	50m:	26.93	13.72				
17.				2006			+0,63	<b>27.15</b>	540	
	25m:	13.48	13.48	50m:	27.15	13.67				
18.				2006			+0,67	<b>27.37</b>	527	
	25m:	13.73	13.73	50m:	27.37	13.64				
19.				2005	-	-	+0,59	<b>27.38</b>	526	
	25m:	13.39	13.39	50m:	27.38	13.99				



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17,	, 50m	,	(17-18 )										
20.	25m:	13.36	13.36	2006	50m:	27.48	14.12	-2	+0,64	<b>27.48</b>		520	
21.	25m:	13.47	13.47	2006	50m:	27.49	14.02		+0,68	<b>27.49</b>		520	
22.	25m:	13.39	13.39	2005	50m:	27.57	14.18		+0,60	<b>27.57</b>	1	515	
23.	25m:	13.39	13.39	2006	50m:	27.59	14.20	-2	+0,58	<b>27.59</b>	1	514	
24.	25m:	13.58	13.58	2005	50m:	27.64	14.06		+0,68	<b>27.64</b>	1	511	
25.	25m:	13.87	13.87	2005	50m:	27.79	13.92	-2	+0,72	<b>27.79</b>	1	503	
26.	25m:	13.79	13.79	2006	50m:	27.82	14.03		+0,74	<b>27.82</b>	1	501	
27.	25m:	13.74	13.74	2006	50m:	27.89	14.15		+0,66	<b>27.89</b>	1	498	
28.	25m:	13.72	13.72	2006	50m:	28.08	14.36		+0,69	<b>28.08</b>	1	488	
	25m:	13.83	13.83	2006	50m:	28.08	14.25		+0,61	<b>28.08</b>	1	488	
30.	25m:	14.02	14.02	2005	50m:	28.09	14.07	-2	+0,62	<b>28.09</b>	1	487	
31.	25m:	13.88	13.88	2006	50m:	28.11	14.23	-2	+0,66	<b>28.11</b>	1	486	
32.	25m:	13.89	13.89	2006	50m:	28.12	14.23	1	+0,58	<b>28.12</b>	1	486	
33.	25m:	14.12	14.12	2005	50m:	28.43	14.31		+0,67	<b>28.43</b>	1	470	
34.	25m:	13.95	13.95	2006	50m:	28.61	14.66		+0,66	<b>28.61</b>	1	461	
35.	25m:	14.38	14.38	2005	50m:	28.62	14.24	-2	+0,63	<b>28.62</b>	1	461	
36.	25m:	14.28	14.28	2006	50m:	28.81	14.53	1	+0,68	<b>28.81</b>	1	451	
37.	25m:	14.14	14.14	2006	50m:	28.91	14.77		+0,74	<b>28.91</b>	1	447	
38.	25m:	14.24	14.24	2006	50m:	29.03	14.79	1	-	+0,70	<b>29.03</b>	1	441
39.	25m:	14.93	14.93	2006	50m:	29.70	14.77		-	+0,71	<b>29.70</b>		412
40.	25m:	14.42	14.42	2005	50m:	29.73	15.31	-2	+0,64	<b>29.73</b>		411	



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	17,		, 50m			(17-18 )				
				/				R.T.		
41.				2005				+0,65	<b>30.20</b>	392
	25m:	15.01	15.01	50m:	30.20	15.19				
42.				2006 1				+0,82	<b>30.34</b>	387
	25m:	14.95	14.95	50m:	30.34	15.39				



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17, , 50m

17 , 50m

(15-16 )

31.10.2023 - 11:43

				22.11				-1		23.11.2022
				22.77				(CHN)		14.12.2018
: FINA 2023										
				/				R.T.		
1.				2007	-	-	+0,64	<b>25.65</b>	640	
	25m:	12.76	12.76	50m:	25.65	12.89				
2.				2007			+0,64	<b>26.28</b>	595	
	25m:	12.78	12.78	50m:	26.28	13.50				
3.				2007			+0,65	<b>26.32</b>	592	
	25m:	13.05	13.05	50m:	26.32	13.27				
4.				2007	-	-	+0,62	<b>26.38</b>	588	
	25m:	12.78	12.78	50m:	26.38	13.60				
5.				2007	-	-	+0,58	<b>26.44</b>	584	
	25m:	12.85	12.85	50m:	26.44	13.59				
6.				2007	-	-	+0,58	<b>26.72</b>	566	
	25m:	13.19	13.19	50m:	26.72	13.53				
7.				2007	-		+0,64	<b>26.78</b>	562	
	25m:	13.35	13.35	50m:	26.78	13.43				
8.				2007			+0,60	<b>26.92</b>	554	
	25m:	13.30	13.30	50m:	26.92	13.62				
9.				2007			+0,58	<b>26.94</b>	552	
	25m:	13.16	13.16	50m:	26.94	13.78				
10.				2007			+0,58	<b>27.36</b>	527	
	25m:	13.60	13.60	50m:	27.36	13.76				
11.				2008			+0,67	<b>27.45</b>	522	
	25m:	13.39	13.39	50m:	27.45	14.06				
12.				2007		-2	+0,56	<b>27.53</b>	518	
	25m:	13.55	13.55	50m:	27.53	13.98				
13.				2008 1			+0,62	<b>27.64</b> 1	511	
	25m:	13.64	13.64	50m:	27.64	14.00				
14.				2008		-2	+0,66	<b>27.96</b> 1	494	
	25m:	13.85	13.85	50m:	27.96	14.11				
15.				2007 1			+0,62	<b>28.04</b> 1	490	
	25m:	13.53	13.53	50m:	28.04	14.51				
16.				2007		-2	+0,66	<b>28.09</b> 1	487	
	25m:	13.96	13.96	50m:	28.09	14.13				
17.				2007		-2	+0,67	<b>28.12</b> 1	486	
	25m:	13.98	13.98	50m:	28.12	14.14				
18.				2007 1		-2	+0,61	<b>28.27</b> 1	478	
	25m:	13.91	13.91	50m:	28.27	14.36				
19.				2008 1			+0,69	<b>28.32</b> 1	475	
	25m:	14.07	14.07	50m:	28.32	14.25				

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17,		, 50m		(15-16 )		R.T.					
20.	25m:	14.10	14.10	2007 1	28.40	14.30	-2	+0,65	<b>28.40</b>	1	471
21.	25m:	14.04	14.04	2007 1	28.42	14.38		+0,68	<b>28.42</b>	1	470
22.	25m:	14.23	14.23	2008 1	28.47	14.24	-	+0,68	<b>28.47</b>	1	468
23.	25m:	14.10	14.10	2007	28.48	14.38		+0,72	<b>28.48</b>	1	467
24.	25m:	14.11	14.11	2007	28.59	14.48		+0,67	<b>28.59</b>	1	462
25.	25m:	14.41	14.41	2007	28.72	14.31		+0,79	<b>28.72</b>	1	456
26.	25m:	14.27	14.27	2008 1	28.81	14.54		+0,60	<b>28.81</b>	1	451
27.	25m:	14.26	14.26	2008	29.15	14.89		+0,68	<b>29.15</b>	1	436
28.	25m:	14.72	14.72	2007	29.29	14.57	-2	+0,74	<b>29.29</b>	1	430
29.	25m:	14.39	14.39	2008 1	29.35	14.96		+0,60	<b>29.35</b>	1	427
30.	25m:	14.61	14.61	2007 1	29.61	15.00		+0,64	<b>29.61</b>		416
31.	25m:	14.64	14.64	2008 1	29.76	15.12		+0,60	<b>29.76</b>		410
32.	25m:	14.97	14.97	2007	30.04	15.07	-2	+0,83	<b>30.04</b>		398
33.	25m:	14.93	14.93	2007 1	30.21	15.28		+0,59	<b>30.21</b>		392
34.	25m:	14.79	14.79	2007 1	30.28	15.49		+0,63	<b>30.28</b>		389
35.	25m:	15.19	15.19	2008 1	30.35	15.16		+0,70	<b>30.35</b>		386
36.	25m:	15.05	15.05	2007 1	30.49	15.44		+0,69	<b>30.49</b>		381
37.	25m:	15.54	15.54	2007 1	31.41	15.87		+0,78	<b>31.41</b>		348
38.	25m:	15.51	15.51	2008 1	32.01	16.50		+0,71	<b>32.01</b>		329



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18  
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, 50m

				25.60			-1			24.11.2022
				26.64			-			17.12.2022
: FINA 2023										
				/			R.T.			
1.				2003	-	-	+0,55	<b>27.50</b>		774
	25m:	13.53	13.53	50m:	27.50	13.97				
2.				2002			+0,75	<b>27.92</b>		739
	25m:	13.67	13.67	50m:	27.92	14.25				
3.				2006	-	-	+0,65	<b>28.97</b>		662
	25m:	14.10	14.10	50m:	28.97	14.87				
4.				2001			+0,63	<b>29.45</b>		630
	25m:	14.55	14.55	50m:	29.45	14.90				
5.				2010			+0,64	<b>29.48</b>		628
	25m:	14.67	14.67	50m:	29.48	14.81				
6.				2003			+0,69	<b>29.55</b>		623
	25m:	14.66	14.66	50m:	29.55	14.89				
7.				2008			+0,69	<b>29.90</b>		602
	25m:	14.84	14.84	50m:	29.90	15.06				
8.				2005	-	-	+0,68	<b>29.99</b>		596
	25m:	15.01	15.01	50m:	29.99	14.98				
9.				2007		-2	+0,63	<b>30.01</b>		595
	25m:	14.74	14.74	50m:	30.01	15.27				
10.				2004			+0,66	<b>30.18</b>	1	585
	25m:	14.96	14.96	50m:	30.18	15.22				
11.				2008			+0,68	<b>30.28</b>	1	579
	25m:	14.96	14.96	50m:	30.28	15.32				
12.				2006			+0,67	<b>30.30</b>	1	578
	25m:	14.82	14.82	50m:	30.30	15.48				
13.				2009	-	-	+0,60	<b>30.32</b>	1	577
	25m:	14.95	14.95	50m:	30.32	15.37				
				2008			+0,73	<b>30.32</b>	1	577
	25m:	15.05	15.05	50m:	30.32	15.27				
15.				2007			+0,61	<b>30.33</b>	1	576
	25m:	15.19	15.19	50m:	30.33	15.14				
				2005	-	-	+0,60	<b>30.33</b>	1	576
	25m:	14.99	14.99	50m:	30.33	15.34				
17.				2007	-	-	+0,67	<b>30.34</b>	1	576
	25m:	14.90	14.90	50m:	30.34	15.44				
18.				2007		-2	+0,65	<b>30.38</b>	1	574
	25m:	14.95	14.95	50m:	30.38	15.43				
19.				2007	-	-	+0,55	<b>30.59</b>	1	562
	25m:	15.31	15.31	50m:	30.59	15.28				



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	18,		, 50m										
				/						R.T.			
20.				2009	1					+0,68	<b>30.65</b>	1	559
	25m:	15.15	15.15	50m:		30.65	15.50						
21.				2008						+0,57	<b>30.70</b>	1	556
	25m:	15.14	15.14	50m:		30.70	15.56						
22.				2005						+0,65	<b>30.72</b>	1	555
	25m:	15.10	15.10	50m:		30.72	15.62						
23.				2009					-2	+0,74	<b>30.81</b>	1	550
	25m:	15.42	15.42	50m:		30.81	15.39						
24.				2008					-	+0,69	<b>30.95</b>	1	543
	25m:	15.30	15.30	50m:		30.95	15.65						
25.				2007						+0,73	<b>31.02</b>	1	539
	25m:	15.52	15.52	50m:		31.02	15.50						
26.				2007					-2	+0,65	<b>31.13</b>	1	533
	25m:	15.33	15.33	50m:		31.13	15.80						
27.				2009						+0,71	<b>31.23</b>	1	528
	25m:	15.24	15.24	50m:		31.23	15.99						
28.				2010					-	+0,54	<b>31.27</b>	1	526
	25m:	15.59	15.59	50m:		31.27	15.68						
29.				2006						+0,67	<b>31.31</b>	1	524
	25m:	15.49	15.49	50m:		31.31	15.82						
30.				2008					-2	+0,55	<b>31.36</b>	1	521
	25m:	15.48	15.48	50m:		31.36	15.88						
31.				2009	1					+0,68	<b>31.54</b>	1	513
	25m:	15.68	15.68	50m:		31.54	15.86						
32.				2009						+0,74	<b>31.63</b>	1	508
	25m:	15.83	15.83	50m:		31.63	15.80						
33.				2003					-2	+0,78	<b>31.64</b>	1	508
	25m:	15.72	15.72	50m:		31.64	15.92						
34.				2007						+0,68	<b>31.65</b>	1	507
	25m:	15.74	15.74	50m:		31.65	15.91						
35.				2008					-2	+0,70	<b>31.74</b>	1	503
	25m:	15.81	15.81	50m:		31.74	15.93						
36.				2007						+0,70	<b>31.89</b>		496
	25m:	15.53	15.53	50m:		31.89	16.36						
37.				2008					-	+0,72	<b>31.90</b>		495
	25m:	15.75	15.75	50m:		31.90	16.15						
38.				2010					-	+0,83	<b>31.93</b>		494
	25m:	15.87	15.87	50m:		31.93	16.06						
39.				2006	1				-	+0,73	<b>31.95</b>		493
	25m:	15.75	15.75	50m:		31.95	16.20						
40.				2007						+0,60	<b>31.98</b>		492
	25m:	15.45	15.45	50m:		31.98	16.53						



	18,	, 50m	,					R.T.		
40.			/	2007		-	-	+0,74	<b>31.98</b>	492
	25m:	15.71	15.71	50m:	31.98	16.27				
42.				2006	1			+0,67	<b>32.01</b>	490
	25m:	15.59	15.59	50m:	32.01	16.42				
43.				2009	1			+0,84	<b>32.02</b>	490
	25m:	16.02	16.02	50m:	32.02	16.00				
44.				2007		-	-	+0,78	<b>32.03</b>	489
	25m:	15.72	15.72	50m:	32.03	16.31				
45.				2009				+0,71	<b>32.05</b>	488
	25m:	15.92	15.92	50m:	32.05	16.13				
				2008		-		+0,68	<b>32.05</b>	488
	25m:	15.59	15.59	50m:	32.05	16.46				
47.				2006		-		+0,73	<b>32.07</b>	488
	25m:	15.71	15.71	50m:	32.07	16.36				
48.				2007				+0,81	<b>32.12</b>	485
	25m:	16.14	16.14	50m:	32.12	15.98				
49.				2010	1	-	-	+0,67	<b>32.14</b>	484
	25m:	15.92	15.92	50m:	32.14	16.22				
50.				2008				+0,68	<b>32.16</b>	483
	25m:	15.81	15.81	50m:	32.16	16.35				
51.				2009		-		+0,74	<b>32.18</b>	483
	25m:	15.91	15.91	50m:	32.18	16.27				
52.				2009			-2	+0,68	<b>32.28</b>	478
	25m:	15.80	15.80	50m:	32.28	16.48				
53.				2004				+0,60	<b>32.39</b>	473
	25m:	15.63	15.63	50m:	32.39	16.76				
54.				2008	1	-		+0,68	<b>32.41</b>	472
	25m:	15.93	15.93	50m:	32.41	16.48				
55.				2009	1		-2	+0,64	<b>32.44</b>	471
	25m:	15.94	15.94	50m:	32.44	16.50				
56.				2008	1			+0,80	<b>32.54</b>	467
	25m:	15.81	15.81	50m:	32.54	16.73				
57.				2008			-2	+0,61	<b>32.56</b>	466
	25m:	15.99	15.99	50m:	32.56	16.57				
58.				2008	1		-2	+0,73	<b>32.64</b>	462
	25m:	16.05	16.05	50m:	32.64	16.59				
59.				2006	1	-		+0,87	<b>32.65</b>	462
	25m:	16.23	16.23	50m:	32.65	16.42				
60.				2008	1	-		+0,70	<b>32.75</b>	458
	25m:	16.51	16.51	50m:	32.75	16.24				
61.				2008	1			+0,70	<b>32.81</b>	455
	25m:	14.95	14.95	50m:	32.81	17.86				

	18,	, 50m	,					R.T.			
62.	25m:	16.51	16.51	2010	50m:	33.10	16.59	-	+0,69	<b>33.10</b>	443
63.	25m:	16.35	16.35	2010	50m:	33.16	16.81	-	+0,67	<b>33.16</b>	441
64.	25m:	16.56	16.56	2008	50m:	33.18	16.62	-	+0,71	<b>33.18</b>	440
65.	25m:	16.44	16.44	2008	50m:	33.48	17.04		+0,78	<b>33.48</b>	428
66.	25m:	16.54	16.54	2010	50m:	33.55	17.01	-	+0,69	<b>33.55</b>	426
67.	25m:	16.36	16.36	2009	50m:	33.56	17.20	-	+0,75	<b>33.56</b>	425
68.	25m:	16.87	16.87	2008	50m:	33.74	16.87	-	+0,98	<b>33.74</b>	419
69.	25m:	16.65	16.65	2008	50m:	33.79	17.14	-	+0,73	<b>33.79</b>	417
70.	25m:	16.50	16.50	2006	50m:	33.85	17.35		+0,72	<b>33.85</b>	415
71.	25m:	16.58	16.58	2009	50m:	34.03	17.45		+0,74	<b>34.03</b>	408
72.	25m:	16.79	16.79	2008	50m:	34.18	17.39		+0,70	<b>34.18</b>	403
73.	25m:	17.14	17.14	2010	50m:	34.37	17.23		+0,83	<b>34.37</b>	396
74.	25m:	17.17	17.17	2009	50m:	34.43	17.26	-	+0,76	<b>34.43</b>	394
75.	25m:	18.50	18.50	2009	50m:	37.30	18.80	-2	+0,74	<b>37.30</b>	310
76.	25m:	18.15	18.15	2009	50m:	37.41	19.26		+0,94	<b>37.41</b>	307

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18, , 50m

18 , 50m (15-17 )  
31.10.2023 - 12:04

25.60 -1 24.11.2022  
26.64 - 17.12.2022

: FINA 2023

								R.T.		
1.				2006	-	-	+0,65	<b>28.97</b>	662	
	25m:	14.10	14.10	50m:	28.97	14.87				
2.				2008			+0,69	<b>29.90</b>	602	
	25m:	14.84	14.84	50m:	29.90	15.06				
3.				2007		-2	+0,63	<b>30.01</b>	595	
	25m:	14.74	14.74	50m:	30.01	15.27				
4.				2008			+0,68	<b>30.28</b> 1	579	
	25m:	14.96	14.96	50m:	30.28	15.32				
5.				2006			+0,67	<b>30.30</b> 1	578	
	25m:	14.82	14.82	50m:	30.30	15.48				
6.				2008			+0,73	<b>30.32</b> 1	577	
	25m:	15.05	15.05	50m:	30.32	15.27				
7.				2007			+0,61	<b>30.33</b> 1	576	
	25m:	15.19	15.19	50m:	30.33	15.14				
8.				2007	-	-	+0,67	<b>30.34</b> 1	576	
	25m:	14.90	14.90	50m:	30.34	15.44				
9.				2007		-2	+0,65	<b>30.38</b> 1	574	
	25m:	14.95	14.95	50m:	30.38	15.43				
10.				2007	-	-	+0,55	<b>30.59</b> 1	562	
	25m:	15.31	15.31	50m:	30.59	15.28				
11.				2008			+0,57	<b>30.70</b> 1	556	
	25m:	15.14	15.14	50m:	30.70	15.56				
12.				2008	-	-	+0,69	<b>30.95</b> 1	543	
	25m:	15.30	15.30	50m:	30.95	15.65				
13.				2007			+0,73	<b>31.02</b> 1	539	
	25m:	15.52	15.52	50m:	31.02	15.50				
14.				2007		-2	+0,65	<b>31.13</b> 1	533	
	25m:	15.33	15.33	50m:	31.13	15.80				
15.				2006			+0,67	<b>31.31</b> 1	524	
	25m:	15.49	15.49	50m:	31.31	15.82				
16.				2008		-2	+0,55	<b>31.36</b> 1	521	
	25m:	15.48	15.48	50m:	31.36	15.88				
17.				2007			+0,68	<b>31.65</b> 1	507	
	25m:	15.74	15.74	50m:	31.65	15.91				
18.				2008		-2	+0,70	<b>31.74</b> 1	503	
	25m:	15.81	15.81	50m:	31.74	15.93				
19.				2007	-		+0,70	<b>31.89</b>	496	
	25m:	15.53	15.53	50m:	31.89	16.36				



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18,	, 50m	,	(15-17 )							
				/				R.T.		
20.	25m:	15.75	15.75	2008		-	-	+0,72	<b>31.90</b>	495
				50m:	31.90	16.15				
21.	25m:	15.75	15.75	2006	1	-	-	+0,73	<b>31.95</b>	493
				50m:	31.95	16.20				
22.	25m:	15.45	15.45	2007				+0,60	<b>31.98</b>	492
				50m:	31.98	16.53				
	25m:	15.71	15.71	2007		-	-	+0,74	<b>31.98</b>	492
				50m:	31.98	16.27				
24.	25m:	15.59	15.59	2006	1			+0,67	<b>32.01</b>	490
				50m:	32.01	16.42				
25.	25m:	15.72	15.72	2007		-	-	+0,78	<b>32.03</b>	489
				50m:	32.03	16.31				
26.	25m:	15.59	15.59	2008		-		+0,68	<b>32.05</b>	488
				50m:	32.05	16.46				
27.	25m:	15.71	15.71	2006		-		+0,73	<b>32.07</b>	488
				50m:	32.07	16.36				
28.	25m:	16.14	16.14	2007				+0,81	<b>32.12</b>	485
				50m:	32.12	15.98				
29.	25m:	15.81	15.81	2008				+0,68	<b>32.16</b>	483
				50m:	32.16	16.35				
30.	25m:	15.93	15.93	2008	1	-		+0,68	<b>32.41</b>	472
				50m:	32.41	16.48				
31.	25m:	15.81	15.81	2008	1			+0,80	<b>32.54</b>	467
				50m:	32.54	16.73				
32.	25m:	15.99	15.99	2008			-2	+0,61	<b>32.56</b>	466
				50m:	32.56	16.57				
33.	25m:	16.05	16.05	2008	1		-2	+0,73	<b>32.64</b>	462
				50m:	32.64	16.59				
34.	25m:	16.23	16.23	2006	1	-		+0,87	<b>32.65</b>	462
				50m:	32.65	16.42				
35.	25m:	16.51	16.51	2008	1	-		+0,70	<b>32.75</b>	458
				50m:	32.75	16.24				
36.	25m:	14.95	14.95	2008	1			+0,70	<b>32.81</b>	455
				50m:	32.81	17.86				
37.	25m:	16.56	16.56	2008	1	-	-	+0,71	<b>33.18</b>	440
				50m:	33.18	16.62				
38.	25m:	16.44	16.44	2008	1			+0,78	<b>33.48</b>	428
				50m:	33.48	17.04				
39.	25m:	16.87	16.87	2008		-		+0,98	<b>33.74</b>	419
				50m:	33.74	16.87				
40.	25m:	16.65	16.65	2008	1	-		+0,73	<b>33.79</b>	417
				50m:	33.79	17.14				



, 30 - 02 2023

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	18,		, 50m	,	(15-17 )					
	,			/			R.T.			
41.	25m:	16.50	16.50	2006	50m:	33.85	17.35	+0,72	<b>33.85</b>	415
42.	25m:	16.79	16.79	2008 1	50m:	34.18	17.39	+0,70	<b>34.18</b>	403



, 30 - 02 2023

18, , 50m

18 , 50m (13-14 )  
31.10.2023 - 12:04

25.60 -1 24.11.2022  
26.64 - 17.12.2022

: FINA 2023

								R.T.		
1.				2010				+0,64	<b>29.48</b>	628
	25m:	14.67	14.67	50m:	29.48	14.81				
2.				2009			-	+0,60	<b>30.32</b>	1 577
	25m:	14.95	14.95	50m:	30.32	15.37				
3.				2009	1			+0,68	<b>30.65</b>	1 559
	25m:	15.15	15.15	50m:	30.65	15.50				
4.				2009			-2	+0,74	<b>30.81</b>	1 550
	25m:	15.42	15.42	50m:	30.81	15.39				
5.				2009				+0,71	<b>31.23</b>	1 528
	25m:	15.24	15.24	50m:	31.23	15.99				
6.				2010			-	+0,54	<b>31.27</b>	1 526
	25m:	15.59	15.59	50m:	31.27	15.68				
7.				2009	1			+0,68	<b>31.54</b>	1 513
	25m:	15.68	15.68	50m:	31.54	15.86				
8.				2009				+0,74	<b>31.63</b>	1 508
	25m:	15.83	15.83	50m:	31.63	15.80				
9.				2010			-	+0,83	<b>31.93</b>	494
	25m:	15.87	15.87	50m:	31.93	16.06				
10.				2009	1			+0,84	<b>32.02</b>	490
	25m:	16.02	16.02	50m:	32.02	16.00				
11.				2009				+0,71	<b>32.05</b>	488
	25m:	15.92	15.92	50m:	32.05	16.13				
12.				2010	1		-	+0,67	<b>32.14</b>	484
	25m:	15.92	15.92	50m:	32.14	16.22				
13.				2009				+0,74	<b>32.18</b>	483
	25m:	15.91	15.91	50m:	32.18	16.27				
14.				2009			-2	+0,68	<b>32.28</b>	478
	25m:	15.80	15.80	50m:	32.28	16.48				
15.				2009	1		-2	+0,64	<b>32.44</b>	471
	25m:	15.94	15.94	50m:	32.44	16.50				
16.				2010			-	+0,69	<b>33.10</b>	443
	25m:	16.51	16.51	50m:	33.10	16.59				
17.				2010	1			+0,67	<b>33.16</b>	441
	25m:	16.35	16.35	50m:	33.16	16.81				
18.				2010	1			+0,69	<b>33.55</b>	426
	25m:	16.54	16.54	50m:	33.55	17.01				
19.				2009	1			+0,75	<b>33.56</b>	425
	25m:	16.36	16.36	50m:	33.56	17.20				

, 30 - 02 2023

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	18,	, 50m	,	(13-14 )						
			/				R.T.			
20.			2009	1			+0,74	<b>34.03</b>	408	
	25m:	16.58	16.58	50m:	34.03	17.45				
21.			2010				+0,83	<b>34.37</b>	396	
	25m:	17.14	17.14	50m:	34.37	17.23				
22.			2009	1		-	+0,76	<b>34.43</b>	394	
	25m:	17.17	17.17	50m:	34.43	17.26				
23.			2009	1			-2	+0,74	<b>37.30</b>	310
	25m:	18.50	18.50	50m:	37.30	18.80				
24.			2009					+0,94	<b>37.41</b>	307
	25m:	18.15	18.15	50m:	37.41	19.26				

, 30 - 02 2023

19  
31.10.2023 - 12:20

, 4 x 50m

2010

1:36.11  
1:43.27

RUS

-

16.12.2022  
27.11.2021

: FINA 2023

						R.T.			
1.	-	-	-	-	-	+0,75	<b>1:47.49</b>	693	
		05	+0,75	24.30			94	+0,31	23.91
		05	+0,56	32.47			03	+0,25	26.81
2.						+0,61	<b>1:48.18</b>	680	
		02	+0,61	24.25			02	+0,47	30.29
		01	+0,47	27.80			01	+0,17	25.84
3.						+0,67	<b>1:49.98</b>	647	
		03	+0,67	25.61			02	+0,40	24.49
		03	+0,28	32.15			03	+0,39	27.73
4.						+0,60	<b>1:51.02</b>	629	
		04	+0,60	30.73			04	+0,28	24.40
		00	+0,22	28.41			07	+0,27	27.48
5.		-2			-2	+0,62	<b>1:52.32</b>	607	
		06	+0,62	26.55			07	+0,54	29.33
		06	+0,47	29.28			03	+0,56	27.16
6.	-					+0,64	<b>1:54.04</b>	580	
		03	+0,64	26.30			09	+0,63	29.86
		06	+0,38	29.72			06	+0,54	28.16



20  
31.10.2023 - 12:23 , 800m8:04.65  
8:20.1703.11.2021  
09.11.2015

: FINA 2023

			/			R.T.						
1.			1997	-	-	+0,78	<b>8:51.33</b>		725			
	25m:	13.75	13.75	225m:	2:24.75	16.71	425m:	4:38.27	17.00	625m:	6:53.52	17.02
	50m:	29.40	15.65	250m:	2:41.29	16.54	450m:	4:54.77	16.50	650m:	7:10.54	17.02
	75m:	45.40	16.00	275m:	2:57.80	16.51	475m:	5:11.41	16.64	675m:	7:27.87	17.33
	100m:	1:01.64	16.24	300m:	3:14.22	16.42	500m:	5:28.27	16.86	700m:	7:45.01	17.14
	125m:	1:18.30	16.66	325m:	3:30.78	16.56	525m:	5:45.38	17.11	725m:	8:02.13	17.12
	150m:	1:34.82	16.52	350m:	3:47.44	16.66	550m:	6:02.17	16.79	750m:	8:18.96	16.83
	175m:	1:51.43	16.61	375m:	4:04.46	17.02	575m:	6:19.35	17.18	775m:	8:35.53	16.57
	200m:	2:08.04	16.61	400m:	4:21.27	16.81	600m:	6:36.50	17.15	800m:	8:51.33	15.80
2.			1998				+0,85	<b>8:55.15</b>		710		
	25m:	14.37	14.37	225m:	2:26.91	16.79	425m:	4:42.39	17.03	625m:	6:57.60	17.24
	50m:	30.24	15.87	250m:	2:43.88	16.97	450m:	4:59.13	16.74	650m:	7:14.48	16.88
	75m:	46.66	16.42	275m:	3:00.82	16.94	475m:	5:16.20	17.07	675m:	7:31.62	17.14
	100m:	1:03.26	16.60	300m:	3:17.60	16.78	500m:	5:33.07	16.87	700m:	7:48.56	16.94
	125m:	1:19.99	16.73	325m:	3:34.54	16.94	525m:	5:49.98	16.91	725m:	8:05.54	16.98
	150m:	1:36.81	16.82	350m:	3:51.43	16.89	550m:	6:06.68	16.70	750m:	8:22.58	17.04
	175m:	1:53.49	16.68	375m:	4:08.48	17.05	575m:	6:23.56	16.88	775m:	8:39.22	16.64
	200m:	2:10.12	16.63	400m:	4:25.36	16.88	600m:	6:40.36	16.80	800m:	8:55.15	15.93
3.			2006				+0,75	<b>9:12.25</b>		646		
	25m:	14.28	14.28	225m:	2:28.57	17.36	425m:	4:49.23	17.69	625m:	7:10.38	17.56
	50m:	29.97	15.69	250m:	2:45.99	17.42	450m:	5:06.95	17.72	650m:	7:27.84	17.46
	75m:	46.32	16.35	275m:	3:03.38	17.39	475m:	5:24.73	17.78	675m:	7:45.26	17.42
	100m:	1:02.88	16.56	300m:	3:20.86	17.48	500m:	5:42.37	17.64	700m:	8:03.05	17.79
	125m:	1:19.63	16.75	325m:	3:38.50	17.64	525m:	6:00.21	17.84	725m:	8:20.86	17.81
	150m:	1:36.70	17.07	350m:	3:56.25	17.75	550m:	6:17.72	17.51	750m:	8:38.73	17.87
	175m:	1:53.86	17.16	375m:	4:13.88	17.63	575m:	6:35.37	17.65	775m:	8:56.03	17.30
	200m:	2:11.21	17.35	400m:	4:31.54	17.66	600m:	6:52.82	17.45	800m:	9:12.25	16.22
4.			2005				+0,88	<b>9:12.33</b>		645		
	25m:	14.80	14.80	225m:	2:31.09	17.31	425m:	4:50.66	17.44	625m:	7:11.04	17.42
	50m:	31.10	16.30	250m:	2:48.42	17.33	450m:	5:08.30	17.64	650m:	7:28.73	17.69
	75m:	47.94	16.84	275m:	3:05.88	17.46	475m:	5:25.85	17.55	675m:	7:46.16	17.43
	100m:	1:05.06	17.12	300m:	3:23.48	17.60	500m:	5:43.44	17.59	700m:	8:03.78	17.62
	125m:	1:22.17	17.11	325m:	3:40.79	17.31	525m:	6:01.03	17.59	725m:	8:21.41	17.63
	150m:	1:39.32	17.15	350m:	3:58.41	17.62	550m:	6:18.65	17.62	750m:	8:39.00	17.59
	175m:	1:56.55	17.23	375m:	4:15.74	17.33	575m:	6:36.08	17.43	775m:	8:56.03	17.03
	200m:	2:13.78	17.23	400m:	4:33.22	17.48	600m:	6:53.62	17.54	800m:	9:12.33	16.30
5.			2008				+0,77	<b>9:19.86</b>		620		
	25m:	15.67	15.67	225m:	2:34.09	17.31	425m:	4:54.86	17.44	625m:	7:17.04	17.57
	50m:	32.73	17.06	250m:	2:51.47	17.38	450m:	5:12.47	17.61	650m:	7:34.77	17.73
	75m:	49.69	16.96	275m:	3:09.16	17.69	475m:	5:29.94	17.47	675m:	7:52.42	17.65
	100m:	1:06.93	17.24	300m:	3:26.90	17.74	500m:	5:47.74	17.80	700m:	8:10.46	18.04
	125m:	1:24.21	17.28	325m:	3:44.40	17.50	525m:	6:05.40	17.66	725m:	8:28.23	17.77
	150m:	1:41.68	17.47	350m:	4:01.96	17.56	550m:	6:23.52	18.12	750m:	8:45.88	17.65
	175m:	1:59.14	17.46	375m:	4:19.40	17.44	575m:	6:41.38	17.86	775m:	9:02.72	16.84
	200m:	2:16.78	17.64	400m:	4:37.42	18.02	600m:	6:59.47	18.09	800m:	9:19.86	17.14



20, , 800m

			/			R.T.						
6.			2010	1			+0,74	9:23.60	607			
	25m:	15.16	15.16	225m:	2:32.99	17.65	425m:	4:56.17	18.12	625m:	7:19.55	18.22
	50m:	31.76	16.60	250m:	2:51.12	18.13	450m:	5:13.85	17.68	650m:	7:37.82	18.27
	75m:	48.42	16.66	275m:	3:08.79	17.67	475m:	5:31.87	18.02	675m:	7:55.58	17.76
	100m:	1:05.47	17.05	300m:	3:26.39	17.60	500m:	5:49.42	17.55	700m:	8:13.55	17.97
	125m:	1:23.02	17.55	325m:	3:43.70	17.31	525m:	6:07.11	17.69	725m:	8:31.18	17.63
	150m:	1:40.32	17.30	350m:	4:01.73	18.03	550m:	6:25.64	18.53	750m:	8:49.20	18.02
	175m:	1:57.74	17.42	375m:	4:19.80	18.07	575m:	6:43.50	17.86	775m:	9:06.88	17.68
	200m:	2:15.34	17.60	400m:	4:38.05	18.25	600m:	7:01.33	17.83	800m:	9:23.60	16.72
7.			2008		-	-	+0,71	9:26.37	598			
	25m:	15.29	15.29	225m:	2:36.22	17.75	425m:	4:58.46	17.88	625m:	7:21.69	17.89
	50m:	32.17	16.88	250m:	2:53.82	17.60	450m:	5:16.36	17.90	650m:	7:39.74	18.05
	75m:	49.52	17.35	275m:	3:11.63	17.81	475m:	5:34.41	18.05	675m:	7:57.88	18.14
	100m:	1:07.20	17.68	300m:	3:29.19	17.56	500m:	5:52.25	17.84	700m:	8:16.01	18.13
	125m:	1:25.14	17.94	325m:	3:47.04	17.85	525m:	6:10.31	18.06	725m:	8:34.00	17.99
	150m:	1:42.92	17.78	350m:	4:05.04	18.00	550m:	6:28.19	17.88	750m:	8:51.99	17.99
	175m:	2:00.68	17.76	375m:	4:22.92	17.88	575m:	6:46.01	17.82	775m:	9:09.43	17.44
	200m:	2:18.47	17.79	400m:	4:40.58	17.66	600m:	7:03.80	17.79	800m:	9:26.37	16.94
8.			2008				+0,88	9:29.08	590			
	25m:	14.85	14.85	225m:	2:32.68	17.65	425m:	4:56.22	18.10	625m:	7:22.06	18.23
	50m:	31.32	16.47	250m:	2:50.40	17.72	450m:	5:14.33	18.11	650m:	7:40.33	18.27
	75m:	47.99	16.67	275m:	3:08.17	17.77	475m:	5:32.62	18.29	675m:	7:58.64	18.31
	100m:	1:05.10	17.11	300m:	3:26.07	17.90	500m:	5:50.92	18.30	700m:	8:16.87	18.23
	125m:	1:22.38	17.28	325m:	3:44.09	18.02	525m:	6:09.14	18.22	725m:	8:35.50	18.63
	150m:	1:39.61	17.23	350m:	4:02.13	18.04	550m:	6:27.40	18.26	750m:	8:53.59	18.09
	175m:	1:57.20	17.59	375m:	4:20.19	18.06	575m:	6:45.71	18.31	775m:	9:11.79	18.20
	200m:	2:15.03	17.83	400m:	4:38.12	17.93	600m:	7:03.83	18.12	800m:	9:29.08	17.29
9.			2007				+0,60	9:31.94	581			
	25m:	14.74	14.74	225m:	2:37.07	18.01	425m:	5:02.09	17.88	625m:	7:28.53	18.04
	50m:	31.65	16.91	250m:	2:55.45	18.38	450m:	5:20.57	18.48	650m:	7:47.04	18.51
	75m:	49.11	17.46	275m:	3:13.32	17.87	475m:	5:38.61	18.04	675m:	8:04.89	17.85
	100m:	1:06.82	17.71	300m:	3:31.52	18.20	500m:	5:57.10	18.49	700m:	8:22.94	18.05
	125m:	1:24.67	17.85	325m:	3:49.77	18.25	525m:	6:15.13	18.03	725m:	8:40.43	17.49
	150m:	1:43.07	18.40	350m:	4:07.82	18.05	550m:	6:33.86	18.73	750m:	8:58.46	18.03
	175m:	2:01.08	18.01	375m:	4:26.03	18.21	575m:	6:52.01	18.15	775m:	9:15.54	17.08
	200m:	2:19.06	17.98	400m:	4:44.21	18.18	600m:	7:10.49	18.48	800m:	9:31.94	16.40
10.			2010		-	-		9:33.13	578			
	25m:	14.74	14.74	225m:	2:33.80	17.69	425m:	5:00.25	18.79	625m:	7:27.71	18.46
	50m:	31.59	16.85	250m:	2:51.76	17.96	450m:	5:18.70	18.45	650m:	7:46.18	18.47
	75m:	48.46	16.87	275m:	3:09.96	18.20	475m:	5:37.26	18.56	675m:	8:04.64	18.46
	100m:	1:05.59	17.13	300m:	3:28.19	18.23	500m:	5:55.56	18.30	700m:	8:22.63	17.99
	125m:	1:23.01	17.42	325m:	3:46.08	17.89	525m:	6:14.30	18.74	725m:	8:40.64	18.01
	150m:	1:40.52	17.51	350m:	4:04.62	18.54	550m:	6:32.76	18.46	750m:	8:58.75	18.11
	175m:	1:58.20	17.68	375m:	4:23.33	18.71	575m:	6:51.11	18.35	775m:	9:16.13	17.38
	200m:	2:16.11	17.91	400m:	4:41.46	18.13	600m:	7:09.25	18.14	800m:	9:33.13	17.00
11.			2009	1	-	-	+0,69	9:33.60	576			
	25m:	14.83	14.83	225m:	2:34.61	18.12	425m:	5:01.25	18.28	625m:	7:27.70	18.11
	50m:	31.20	16.37	250m:	2:52.67	18.06	450m:	5:19.49	18.24	650m:	7:46.03	18.33
	75m:	47.94	16.74	275m:	3:10.74	18.07	475m:	5:38.00	18.51	675m:	8:04.19	18.16
	100m:	1:05.24	17.30	300m:	3:29.83	19.09	500m:	5:56.35	18.35	700m:	8:22.50	18.31
	125m:	1:22.75	17.51	325m:	3:47.94	18.11	525m:	6:14.78	18.43	725m:	8:40.18	17.68
	150m:	1:40.45	17.70	350m:	4:06.31	18.37	550m:	6:32.98	18.20	750m:	8:58.40	18.22
	175m:	1:58.32	17.87	375m:	4:24.70	18.39	575m:	6:51.37	18.39	775m:	9:16.43	18.03
	200m:	2:16.49	18.17	400m:	4:42.97	18.27	600m:	7:09.59	18.22	800m:	9:33.60	17.17



20, , 800m

								R.T.				
12.				2009				-2	+0,88	9:35.58	1	570
	25m:	15.73	15.73	225m:	2:37.07	18.15	425m:	5:01.35	18.24	625m:	7:28.26	18.20
	50m:	32.73	17.00	250m:	2:54.88	17.81	450m:	5:19.43	18.08	650m:	7:46.78	18.52
	75m:	50.10	17.37	275m:	3:12.79	17.91	475m:	5:37.88	18.45	675m:	8:05.36	18.58
	100m:	1:07.76	17.66	300m:	3:30.72	17.93	500m:	5:56.40	18.52	700m:	8:23.90	18.54
	125m:	1:25.48	17.72	325m:	3:48.71	17.99	525m:	6:14.70	18.30	725m:	8:41.79	17.89
	150m:	1:43.22	17.74	350m:	4:06.76	18.05	550m:	6:32.99	18.29	750m:	9:00.21	18.42
	175m:	2:01.01	17.79	375m:	4:25.01	18.25	575m:	6:51.49	18.50	775m:	9:18.20	17.99
	200m:	2:18.92	17.91	400m:	4:43.11	18.10	600m:	7:10.06	18.57	800m:	9:35.58	17.38
13.				2008				-2	+0,74	9:38.42	1	562
	25m:	14.85	14.85	225m:	2:35.56	18.02	425m:	5:03.25	18.62	625m:	7:31.13	18.28
	50m:	31.77	16.92	250m:	2:54.04	18.48	450m:	5:21.94	18.69	650m:	7:49.91	18.78
	75m:	48.50	16.73	275m:	3:12.40	18.36	475m:	5:40.35	18.41	675m:	8:08.30	18.39
	100m:	1:05.94	17.44	300m:	3:30.67	18.27	500m:	5:59.04	18.69	700m:	8:26.81	18.51
	125m:	1:23.30	17.36	325m:	3:49.10	18.43	525m:	6:17.57	18.53	725m:	8:45.22	18.41
	150m:	1:41.32	18.02	350m:	4:07.71	18.61	550m:	6:35.93	18.36	750m:	9:03.75	18.53
	175m:	1:59.32	18.00	375m:	4:26.03	18.32	575m:	6:54.36	18.43	775m:	9:21.63	17.88
	200m:	2:17.54	18.22	400m:	4:44.63	18.60	600m:	7:12.85	18.49	800m:	9:38.42	16.79
14.				2008	1	-			+0,79	9:42.17	1	551
	25m:	15.73	15.73	225m:	2:41.33	18.37	425m:	5:07.91	18.63	625m:	7:35.59	18.55
	50m:	33.39	17.66	250m:	2:59.63	18.30	450m:	5:26.35	18.44	650m:	7:53.87	18.28
	75m:	51.54	18.15	275m:	3:18.20	18.57	475m:	5:45.08	18.73	675m:	8:12.48	18.61
	100m:	1:09.69	18.15	300m:	3:36.18	17.98	500m:	6:03.30	18.22	700m:	8:30.75	18.27
	125m:	1:27.89	18.20	325m:	3:54.61	18.43	525m:	6:21.94	18.64	725m:	8:48.79	18.04
	150m:	1:46.23	18.34	350m:	4:12.79	18.18	550m:	6:40.36	18.42	750m:	9:07.07	18.28
	175m:	2:04.49	18.26	375m:	4:31.03	18.24	575m:	6:58.82	18.46	775m:	9:25.05	17.98
	200m:	2:22.96	18.47	400m:	4:49.28	18.25	600m:	7:17.04	18.22	800m:	9:42.17	17.12
15.				2009	1	-2			+0,95	9:42.76	1	549
	25m:	16.25	16.25	225m:	2:41.89	18.24	425m:	5:09.61	18.84	625m:	7:36.95	18.40
	50m:	33.96	17.71	250m:	3:00.39	18.50	450m:	5:28.18	18.57	650m:	7:55.48	18.53
	75m:	52.14	18.18	275m:	3:18.59	18.20	475m:	5:46.46	18.28	675m:	8:13.88	18.40
	100m:	1:10.24	18.10	300m:	3:36.85	18.26	500m:	6:05.07	18.61	700m:	8:32.06	18.18
	125m:	1:28.35	18.11	325m:	3:55.55	18.70	525m:	6:23.41	18.34	725m:	8:50.46	18.40
	150m:	1:46.80	18.45	350m:	4:13.79	18.24	550m:	6:41.98	18.57	750m:	9:08.37	17.91
	175m:	2:05.42	18.62	375m:	4:32.15	18.36	575m:	7:00.23	18.25	775m:	9:26.06	17.69
	200m:	2:23.65	18.23	400m:	4:50.77	18.62	600m:	7:18.55	18.32	800m:	9:42.76	16.70
16.				2010					+0,69	9:44.17	1	545
	25m:	15.56	15.56	225m:	2:40.15	18.37	425m:	5:09.01	18.49	625m:	7:36.50	18.45
	50m:	32.69	17.13	250m:	2:58.65	18.50	450m:	5:27.58	18.57	650m:	7:54.80	18.30
	75m:	50.71	18.02	275m:	3:17.08	18.43	475m:	5:45.99	18.41	675m:	8:13.35	18.55
	100m:	1:08.74	18.03	300m:	3:35.73	18.65	500m:	6:04.43	18.44	700m:	8:31.57	18.22
	125m:	1:27.01	18.27	325m:	3:54.47	18.74	525m:	6:22.84	18.41	725m:	8:50.08	18.51
	150m:	1:45.00	17.99	350m:	4:13.15	18.68	550m:	6:41.35	18.51	750m:	9:08.50	18.42
	175m:	2:03.37	18.37	375m:	4:31.84	18.69	575m:	6:59.77	18.42	775m:	9:26.59	18.09
	200m:	2:21.78	18.41	400m:	4:50.52	18.68	600m:	7:18.05	18.28	800m:	9:44.17	17.58
17.				2008	1	-2			+0,77	9:45.22	1	542
	25m:	15.72	15.72	225m:	2:37.94	18.23	425m:	5:07.01	18.72	625m:	7:35.94	18.35
	50m:	33.10	17.38	250m:	2:56.38	18.44	450m:	5:25.68	18.67	650m:	7:54.64	18.70
	75m:	50.48	17.38	275m:	3:14.90	18.52	475m:	5:44.07	18.39	675m:	8:13.59	18.95
	100m:	1:08.34	17.86	300m:	3:33.40	18.50	500m:	6:02.85	18.78	700m:	8:32.10	18.51
	125m:	1:25.92	17.58	325m:	3:51.94	18.54	525m:	6:22.11	19.26	725m:	8:50.87	18.77
	150m:	1:43.71	17.79	350m:	4:10.41	18.47	550m:	6:41.44	19.33	750m:	9:09.37	18.50
	175m:	2:01.55	17.84	375m:	4:29.30	18.89	575m:	6:59.62	18.18	775m:	9:27.91	18.54
	200m:	2:19.71	18.16	400m:	4:48.29	18.99	600m:	7:17.59	17.97	800m:	9:45.22	17.31

	20,	, 800m							R.T.				
18.			2006						+0,73	<b>9:45.97</b>	1	540	
	25m:	15.56	15.56	225m:	2:41.59	18.57	425m:	5:09.17	18.58	625m:	7:38.10	18.67	
	50m:	32.94	17.38	250m:	3:00.03	18.44	450m:	5:27.66	18.49	650m:	7:56.58	18.48	
	75m:	50.98	18.04	275m:	3:18.54	18.51	475m:	5:46.55	18.89	675m:	8:15.31	18.73	
	100m:	1:09.29	18.31	300m:	3:36.98	18.44	500m:	6:05.09	18.54	700m:	8:33.86	18.55	
	125m:	1:27.72	18.43	325m:	3:55.43	18.45	525m:	6:23.67	18.58	725m:	8:52.26	18.40	
	150m:	1:46.06	18.34	350m:	4:13.81	18.38	550m:	6:42.35	18.68	750m:	9:10.52	18.26	
	175m:	2:04.58	18.52	375m:	4:32.29	18.48	575m:	7:00.92	18.57	775m:	9:28.85	18.33	
	200m:	2:23.02	18.44	400m:	4:50.59	18.30	600m:	7:19.43	18.51	800m:	9:45.97	17.12	
19.			2008						-2	+0,57	<b>9:48.62</b>	1	533
	25m:	15.18	15.18	225m:	2:38.88	18.33	425m:	5:06.09	18.66	625m:	7:38.12	18.94	
	50m:	32.36	17.18	250m:	2:57.05	18.17	450m:	5:24.98	18.89	650m:	7:57.27	19.15	
	75m:	50.30	17.94	275m:	3:15.12	18.07	475m:	5:43.93	18.95	675m:	8:16.55	19.28	
	100m:	1:08.13	17.83	300m:	3:33.45	18.33	500m:	6:02.75	18.82	700m:	8:35.58	19.03	
	125m:	1:26.02	17.89	325m:	3:51.93	18.48	525m:	6:21.74	18.99	725m:	8:54.81	19.23	
	150m:	1:44.29	18.27	350m:	4:10.51	18.58	550m:	6:41.10	19.36	750m:	9:13.50	18.69	
	175m:	2:02.35	18.06	375m:	4:28.61	18.10	575m:	7:00.19	19.09	775m:	9:31.41	17.91	
	200m:	2:20.55	18.20	400m:	4:47.43	18.82	600m:	7:19.18	18.99	800m:	9:48.62	17.21	
20.			2008						-2	+0,77	<b>9:52.16</b>	1	524
	25m:	15.40	15.40	225m:	2:41.87	18.67	425m:	5:11.66	19.15	625m:	7:42.95	18.76	
	50m:	32.64	17.24	250m:	3:00.35	18.48	450m:	5:30.31	18.65	650m:	8:01.55	18.60	
	75m:	50.18	17.54	275m:	3:18.83	18.48	475m:	5:49.41	19.10	675m:	8:20.76	19.21	
	100m:	1:08.87	18.69	300m:	3:37.48	18.65	500m:	6:08.13	18.72	700m:	8:39.37	18.61	
	125m:	1:27.56	18.69	325m:	3:56.32	18.84	525m:	6:27.20	19.07	725m:	8:58.00	18.63	
	150m:	1:45.94	18.38	350m:	4:14.87	18.55	550m:	6:46.08	18.88	750m:	9:16.57	18.57	
	175m:	2:04.68	18.74	375m:	4:33.61	18.74	575m:	7:05.20	19.12	775m:	9:34.88	18.31	
	200m:	2:23.20	18.52	400m:	4:52.51	18.90	600m:	7:24.19	18.99	800m:	9:52.16	17.28	
21.			2008	1	-					+0,63	<b>9:52.59</b>	1	522
	25m:	15.06	15.06	225m:	2:40.19	18.71	425m:	5:11.35	18.84	625m:	7:43.69	19.26	
	50m:	31.83	16.77	250m:	2:58.74	18.55	450m:	5:30.18	18.83	650m:	8:02.32	18.63	
	75m:	49.20	17.37	275m:	3:17.42	18.68	475m:	5:49.44	19.26	675m:	8:21.11	18.79	
	100m:	1:07.23	18.03	300m:	3:36.14	18.72	500m:	6:08.21	18.77	700m:	8:39.70	18.59	
	125m:	1:25.65	18.42	325m:	3:55.31	19.17	525m:	6:27.52	19.31	725m:	8:58.82	19.12	
	150m:	1:44.25	18.60	350m:	4:14.61	19.30	550m:	6:46.57	19.05	750m:	9:17.39	18.57	
	175m:	2:02.98	18.73	375m:	4:33.59	18.98	575m:	7:05.62	19.05	775m:	9:35.71	18.32	
	200m:	2:21.48	18.50	400m:	4:52.51	18.92	600m:	7:24.43	18.81	800m:	9:52.59	16.88	
22.			2009							+0,76	<b>9:55.16</b>	1	516
	25m:	15.39	15.39	225m:	2:43.38	18.52	425m:	5:12.24	18.67	625m:	7:44.63	19.24	
	50m:	33.46	18.07	250m:	3:01.77	18.39	450m:	5:31.37	19.13	650m:	8:03.56	18.93	
	75m:	51.91	18.45	275m:	3:20.36	18.59	475m:	5:50.18	18.81	675m:	8:22.83	19.27	
	100m:	1:10.30	18.39	300m:	3:38.75	18.39	500m:	6:08.87	18.69	700m:	8:42.06	19.23	
	125m:	1:28.96	18.66	325m:	3:57.23	18.48	525m:	6:27.81	18.94	725m:	9:01.24	19.18	
	150m:	1:47.70	18.74	350m:	4:15.96	18.73	550m:	6:47.03	19.22	750m:	9:20.29	19.05	
	175m:	2:05.98	18.28	375m:	4:34.74	18.78	575m:	7:06.36	19.33	775m:	9:38.74	18.45	
	200m:	2:24.86	18.88	400m:	4:53.57	18.83	600m:	7:25.39	19.03	800m:	9:55.16	16.42	
23.			2010	1	-					+0,86	<b>9:55.24</b>	1	515
	25m:	16.32	16.32	225m:	2:43.60	18.95	425m:	5:14.74	18.51	625m:	7:44.96	18.77	
	50m:	34.48	18.16	250m:	3:02.69	19.09	450m:	5:33.57	18.83	650m:	8:04.44	19.48	
	75m:	52.57	18.09	275m:	3:21.43	18.74	475m:	5:52.53	18.96	675m:	8:23.36	18.92	
	100m:	1:10.52	17.95	300m:	3:40.55	19.12	500m:	6:11.31	18.78	700m:	8:42.93	19.57	
	125m:	1:28.81	18.29	325m:	3:59.54	18.99	525m:	6:30.35	19.04	725m:	9:01.77	18.84	
	150m:	1:47.14	18.33	350m:	4:18.63	19.09	550m:	6:49.23	18.88	750m:	9:20.84	19.07	
	175m:	2:05.73	18.59	375m:	4:37.57	18.94	575m:	7:07.73	18.50	775m:	9:38.35	17.51	
	200m:	2:24.65	18.92	400m:	4:56.23	18.66	600m:	7:26.19	18.46	800m:	9:55.24	16.89	

20, , 800m

								R.T.				
24.			2010	1		-2	+0,71	<b>10:00.27</b>	1		503	
	25m:	15.64	15.64	225m:	2:42.79	18.58	425m:	5:12.46	18.82	625m:	7:46.43	19.54
	50m:	33.72	18.08	250m:	3:01.33	18.54	450m:	5:31.49	19.03	650m:	8:06.16	19.73
	75m:	51.94	18.22	275m:	3:19.88	18.55	475m:	5:50.46	18.97	675m:	8:25.71	19.55
	100m:	1:10.16	18.22	300m:	3:38.62	18.74	500m:	6:09.71	19.25	700m:	8:44.95	19.24
	125m:	1:28.61	18.45	325m:	3:57.37	18.75	525m:	6:28.87	19.16	725m:	9:04.17	19.22
	150m:	1:47.11	18.50	350m:	4:16.09	18.72	550m:	6:48.27	19.40	750m:	9:23.43	19.26
	175m:	2:05.77	18.66	375m:	4:34.84	18.75	575m:	7:07.36	19.09	775m:	9:41.99	18.56
	200m:	2:24.21	18.44	400m:	4:53.64	18.80	600m:	7:26.89	19.53	800m:	10:00.27	18.28
25.			2007	1	-		+0,72	<b>10:06.67</b>	1		487	
	25m:	15.79	15.79	225m:	2:43.31	18.70	425m:	5:16.38	19.49	625m:	7:52.10	19.62
	50m:	33.41	17.62	250m:	3:02.28	18.97	450m:	5:35.53	19.15	650m:	8:11.67	19.57
	75m:	51.64	18.23	275m:	3:21.34	19.06	475m:	5:54.80	19.27	675m:	8:31.11	19.44
	100m:	1:09.93	18.29	300m:	3:40.41	19.07	500m:	6:14.30	19.50	700m:	8:50.83	19.72
	125m:	1:28.36	18.43	325m:	3:59.47	19.06	525m:	6:33.85	19.55	725m:	9:10.39	19.56
	150m:	1:46.96	18.60	350m:	4:18.63	19.16	550m:	6:53.30	19.45	750m:	9:29.87	19.48
	175m:	2:05.72	18.76	375m:	4:37.82	19.19	575m:	7:12.93	19.63	775m:	9:48.70	18.83
	200m:	2:24.61	18.89	400m:	4:56.89	19.07	600m:	7:32.48	19.55	800m:	10:06.67	17.97
26.			2009	1			+0,80	<b>10:11.33</b>	1		476	
	25m:	16.04	16.04	225m:	2:45.25	19.22	425m:	5:18.42	19.73	625m:	7:56.99	20.21
	50m:	33.95	17.91	250m:	3:03.87	18.62	450m:	5:37.90	19.48	650m:	8:17.07	20.08
	75m:	52.33	18.38	275m:	3:22.50	18.63	475m:	5:57.97	20.07	675m:	8:37.07	20.00
	100m:	1:11.06	18.73	300m:	3:41.35	18.85	500m:	6:17.56	19.59	700m:	8:56.76	19.69
	125m:	1:29.51	18.45	325m:	4:00.48	19.13	525m:	6:37.83	20.27	725m:	9:17.14	20.38
	150m:	1:48.09	18.58	350m:	4:19.96	19.48	550m:	6:57.39	19.56	750m:	9:36.87	19.73
	175m:	2:06.95	18.86	375m:	4:39.46	19.50	575m:	7:17.31	19.92	775m:	9:54.96	18.09
	200m:	2:26.03	19.08	400m:	4:58.69	19.23	600m:	7:36.78	19.47	800m:	10:11.33	16.37
27.			2010	1	-		+0,72	<b>10:12.55</b>	1		473	
	25m:	16.25	16.25	225m:	2:47.03	19.30	425m:	5:21.87	19.45	625m:	7:57.69	19.53
	50m:	34.69	18.44	250m:	3:06.70	19.67	450m:	5:41.59	19.72	650m:	8:17.42	19.73
	75m:	53.45	18.76	275m:	3:25.82	19.12	475m:	6:00.98	19.39	675m:	8:36.92	19.50
	100m:	1:12.03	18.58	300m:	3:44.95	19.13	500m:	6:20.67	19.69	700m:	8:56.31	19.39
	125m:	1:30.97	18.94	325m:	4:04.26	19.31	525m:	6:40.28	19.61	725m:	9:16.08	19.77
	150m:	1:49.61	18.64	350m:	4:23.63	19.37	550m:	6:59.54	19.26	750m:	9:35.22	19.14
	175m:	2:08.79	19.18	375m:	4:43.15	19.52	575m:	7:18.99	19.45	775m:	9:54.47	19.25
	200m:	2:27.73	18.94	400m:	5:02.42	19.27	600m:	7:38.16	19.17	800m:	10:12.55	18.08
28.			2008	1	-		+0,76	<b>10:22.38</b>			451	
	25m:	16.57	16.57	225m:	2:47.21	19.36	425m:	5:25.83	20.79	625m:	8:05.76	19.73
	50m:	34.78	18.21	250m:	3:06.45	19.24	450m:	5:45.79	19.96	650m:	8:26.45	20.69
	75m:	53.07	18.29	275m:	3:25.95	19.50	475m:	6:06.15	20.36	675m:	8:45.94	19.49
	100m:	1:12.01	18.94	300m:	3:46.00	20.05	500m:	6:26.32	20.17	700m:	9:05.47	19.53
	125m:	1:31.05	19.04	325m:	4:06.09	20.09	525m:	6:46.20	19.88	725m:	9:24.71	19.24
	150m:	1:49.76	18.71	350m:	4:25.50	19.41	550m:	7:06.66	20.46	750m:	9:44.70	19.99
	175m:	2:08.69	18.93	375m:	4:45.21	19.71	575m:	7:26.66	20.00	775m:	10:04.19	19.49
	200m:	2:27.85	19.16	400m:	5:05.04	19.83	600m:	7:46.03	19.37	800m:	10:22.38	18.19
29.			2009	1	-		+0,77	<b>10:40.78</b>			413	
	25m:	16.83	16.83	225m:	2:55.34	20.24	425m:	5:39.02	20.04	625m:	8:23.70	20.32
	50m:	35.44	18.61	250m:	3:15.80	20.46	450m:	5:59.76	20.74	650m:	8:44.50	20.80
	75m:	54.51	19.07	275m:	3:36.43	20.63	475m:	6:20.21	20.45	675m:	9:05.27	20.77
	100m:	1:14.27	19.76	300m:	3:56.71	20.28	500m:	6:41.11	20.90	700m:	9:25.86	20.59
	125m:	1:34.09	19.82	325m:	4:16.92	20.21	525m:	7:01.36	20.25	725m:	9:44.94	19.08
	150m:	1:54.65	20.56	350m:	4:37.51	20.59	550m:	7:22.36	21.00	750m:	10:05.28	20.34
	175m:	2:14.85	20.20	375m:	4:58.24	20.73	575m:	7:42.82	20.46	775m:	10:23.08	17.80
	200m:	2:35.10	20.25	400m:	5:18.98	20.74	600m:	8:03.38	20.56	800m:	10:40.78	17.70

, 30 - 02 2023

20, , 800m  
20 , 800m (15-17 )  
31.10.2023 - 12:23

8:04.65  
8:20.17

03.11.2021  
09.11.2015

: FINA 2023

	/				R.T.						
1.	2006				+0,75				<b>9:12.25</b>	646	
25m:	14.28	14.28	225m:	2:28.57	17.36	425m:	4:49.23	17.69	625m:	7:10.38	17.56
50m:	29.97	15.69	250m:	2:45.99	17.42	450m:	5:06.95	17.72	650m:	7:27.84	17.46
75m:	46.32	16.35	275m:	3:03.38	17.39	475m:	5:24.73	17.78	675m:	7:45.26	17.42
100m:	1:02.88	16.56	300m:	3:20.86	17.48	500m:	5:42.37	17.64	700m:	8:03.05	17.79
125m:	1:19.63	16.75	325m:	3:38.50	17.64	525m:	6:00.21	17.84	725m:	8:20.86	17.81
150m:	1:36.70	17.07	350m:	3:56.25	17.75	550m:	6:17.72	17.51	750m:	8:38.73	17.87
175m:	1:53.86	17.16	375m:	4:13.88	17.63	575m:	6:35.37	17.65	775m:	8:56.03	17.30
200m:	2:11.21	17.35	400m:	4:31.54	17.66	600m:	6:52.82	17.45	800m:	9:12.25	16.22
2.	2008				+0,77				<b>9:19.86</b>	620	
25m:	15.67	15.67	225m:	2:34.09	17.31	425m:	4:54.86	17.44	625m:	7:17.04	17.57
50m:	32.73	17.06	250m:	2:51.47	17.38	450m:	5:12.47	17.61	650m:	7:34.77	17.73
75m:	49.69	16.96	275m:	3:09.16	17.69	475m:	5:29.94	17.47	675m:	7:52.42	17.65
100m:	1:06.93	17.24	300m:	3:26.90	17.74	500m:	5:47.74	17.80	700m:	8:10.46	18.04
125m:	1:24.21	17.28	325m:	3:44.40	17.50	525m:	6:05.40	17.66	725m:	8:28.23	17.77
150m:	1:41.68	17.47	350m:	4:01.96	17.56	550m:	6:23.52	18.12	750m:	8:45.88	17.65
175m:	1:59.14	17.46	375m:	4:19.40	17.44	575m:	6:41.38	17.86	775m:	9:02.72	16.84
200m:	2:16.78	17.64	400m:	4:37.42	18.02	600m:	6:59.47	18.09	800m:	9:19.86	17.14
3.	2008				- -				<b>+0,71</b>	<b>9:26.37</b>	598
25m:	15.29	15.29	225m:	2:36.22	17.75	425m:	4:58.46	17.88	625m:	7:21.69	17.89
50m:	32.17	16.88	250m:	2:53.82	17.60	450m:	5:16.36	17.90	650m:	7:39.74	18.05
75m:	49.52	17.35	275m:	3:11.63	17.81	475m:	5:34.41	18.05	675m:	7:57.88	18.14
100m:	1:07.20	17.68	300m:	3:29.19	17.56	500m:	5:52.25	17.84	700m:	8:16.01	18.13
125m:	1:25.14	17.94	325m:	3:47.04	17.85	525m:	6:10.31	18.06	725m:	8:34.00	17.99
150m:	1:42.92	17.78	350m:	4:05.04	18.00	550m:	6:28.19	17.88	750m:	8:51.99	17.99
175m:	2:00.68	17.76	375m:	4:22.92	17.88	575m:	6:46.01	17.82	775m:	9:09.43	17.44
200m:	2:18.47	17.79	400m:	4:40.58	17.66	600m:	7:03.80	17.79	800m:	9:26.37	16.94
4.	2008				+0,88				<b>9:29.08</b>	590	
25m:	14.85	14.85	225m:	2:32.68	17.65	425m:	4:56.22	18.10	625m:	7:22.06	18.23
50m:	31.32	16.47	250m:	2:50.40	17.72	450m:	5:14.33	18.11	650m:	7:40.33	18.27
75m:	47.99	16.67	275m:	3:08.17	17.77	475m:	5:32.62	18.29	675m:	7:58.64	18.31
100m:	1:05.10	17.11	300m:	3:26.07	17.90	500m:	5:50.92	18.30	700m:	8:16.87	18.23
125m:	1:22.38	17.28	325m:	3:44.09	18.02	525m:	6:09.14	18.22	725m:	8:35.50	18.63
150m:	1:39.61	17.23	350m:	4:02.13	18.04	550m:	6:27.40	18.26	750m:	8:53.59	18.09
175m:	1:57.20	17.59	375m:	4:20.19	18.06	575m:	6:45.71	18.31	775m:	9:11.79	18.20
200m:	2:15.03	17.83	400m:	4:38.12	17.93	600m:	7:03.83	18.12	800m:	9:29.08	17.29
5.	2007				+0,60				<b>9:31.94</b>	581	
25m:	14.74	14.74	225m:	2:37.07	18.01	425m:	5:02.09	17.88	625m:	7:28.53	18.04
50m:	31.65	16.91	250m:	2:55.45	18.38	450m:	5:20.57	18.48	650m:	7:47.04	18.51
75m:	49.11	17.46	275m:	3:13.32	17.87	475m:	5:38.61	18.04	675m:	8:04.89	17.85
100m:	1:06.82	17.71	300m:	3:31.52	18.20	500m:	5:57.10	18.49	700m:	8:22.94	18.05
125m:	1:24.67	17.85	325m:	3:49.77	18.25	525m:	6:15.13	18.03	725m:	8:40.43	17.49
150m:	1:43.07	18.40	350m:	4:07.82	18.05	550m:	6:33.86	18.73	750m:	8:58.46	18.03
175m:	2:01.08	18.01	375m:	4:26.03	18.21	575m:	6:52.01	18.15	775m:	9:15.54	17.08
200m:	2:19.06	17.98	400m:	4:44.21	18.18	600m:	7:10.49	18.48	800m:	9:31.94	16.40



20, , 800m , (15-17 )

								R.T.				
6.			2008			-2	+0,74	<b>9:38.42</b>	1		562	
	25m:	14.85	14.85	225m:	2:35.56	18.02	425m:	5:03.25	18.62	625m:	7:31.13	18.28
	50m:	31.77	16.92	250m:	2:54.04	18.48	450m:	5:21.94	18.69	650m:	7:49.91	18.78
	75m:	48.50	16.73	275m:	3:12.40	18.36	475m:	5:40.35	18.41	675m:	8:08.30	18.39
	100m:	1:05.94	17.44	300m:	3:30.67	18.27	500m:	5:59.04	18.69	700m:	8:26.81	18.51
	125m:	1:23.30	17.36	325m:	3:49.10	18.43	525m:	6:17.57	18.53	725m:	8:45.22	18.41
	150m:	1:41.32	18.02	350m:	4:07.71	18.61	550m:	6:35.93	18.36	750m:	9:03.75	18.53
	175m:	1:59.32	18.00	375m:	4:26.03	18.32	575m:	6:54.36	18.43	775m:	9:21.63	17.88
	200m:	2:17.54	18.22	400m:	4:44.63	18.60	600m:	7:12.85	18.49	800m:	9:38.42	16.79
7.			2008	1	-		+0,79	<b>9:42.17</b>	1		551	
	25m:	15.73	15.73	225m:	2:41.33	18.37	425m:	5:07.91	18.63	625m:	7:35.59	18.55
	50m:	33.39	17.66	250m:	2:59.63	18.30	450m:	5:26.35	18.44	650m:	7:53.87	18.28
	75m:	51.54	18.15	275m:	3:18.20	18.57	475m:	5:45.08	18.73	675m:	8:12.48	18.61
	100m:	1:09.69	18.15	300m:	3:36.18	17.98	500m:	6:03.30	18.22	700m:	8:30.75	18.27
	125m:	1:27.89	18.20	325m:	3:54.61	18.43	525m:	6:21.94	18.64	725m:	8:48.79	18.04
	150m:	1:46.23	18.34	350m:	4:12.79	18.18	550m:	6:40.36	18.42	750m:	9:07.07	18.28
	175m:	2:04.49	18.26	375m:	4:31.03	18.24	575m:	6:58.82	18.46	775m:	9:25.05	17.98
	200m:	2:22.96	18.47	400m:	4:49.28	18.25	600m:	7:17.04	18.22	800m:	9:42.17	17.12
8.			2008	1	-2		+0,77	<b>9:45.22</b>	1		542	
	25m:	15.72	15.72	225m:	2:37.94	18.23	425m:	5:07.01	18.72	625m:	7:35.94	18.35
	50m:	33.10	17.38	250m:	2:56.38	18.44	450m:	5:25.68	18.67	650m:	7:54.64	18.70
	75m:	50.48	17.38	275m:	3:14.90	18.52	475m:	5:44.07	18.39	675m:	8:13.59	18.95
	100m:	1:08.34	17.86	300m:	3:33.40	18.50	500m:	6:02.85	18.78	700m:	8:32.10	18.51
	125m:	1:25.92	17.58	325m:	3:51.94	18.54	525m:	6:22.11	19.26	725m:	8:50.87	18.77
	150m:	1:43.71	17.79	350m:	4:10.41	18.47	550m:	6:41.44	19.33	750m:	9:09.37	18.50
	175m:	2:01.55	17.84	375m:	4:29.30	18.89	575m:	6:59.62	18.18	775m:	9:27.91	18.54
	200m:	2:19.71	18.16	400m:	4:48.29	18.99	600m:	7:17.59	17.97	800m:	9:45.22	17.31
9.			2006				+0,73	<b>9:45.97</b>	1		540	
	25m:	15.56	15.56	225m:	2:41.59	18.57	425m:	5:09.17	18.58	625m:	7:38.10	18.67
	50m:	32.94	17.38	250m:	3:00.03	18.44	450m:	5:27.66	18.49	650m:	7:56.58	18.48
	75m:	50.98	18.04	275m:	3:18.54	18.51	475m:	5:46.55	18.89	675m:	8:15.31	18.73
	100m:	1:09.29	18.31	300m:	3:36.98	18.44	500m:	6:05.09	18.54	700m:	8:33.86	18.55
	125m:	1:27.72	18.43	325m:	3:55.43	18.45	525m:	6:23.67	18.58	725m:	8:52.26	18.40
	150m:	1:46.06	18.34	350m:	4:13.81	18.38	550m:	6:42.35	18.68	750m:	9:10.52	18.26
	175m:	2:04.58	18.52	375m:	4:32.29	18.48	575m:	7:00.92	18.57	775m:	9:28.85	18.33
	200m:	2:23.02	18.44	400m:	4:50.59	18.30	600m:	7:19.43	18.51	800m:	9:45.97	17.12
10.			2008			-2	+0,57	<b>9:48.62</b>	1		533	
	25m:	15.18	15.18	225m:	2:38.88	18.33	425m:	5:06.09	18.66	625m:	7:38.12	18.94
	50m:	32.36	17.18	250m:	2:57.05	18.17	450m:	5:24.98	18.89	650m:	7:57.27	19.15
	75m:	50.30	17.94	275m:	3:15.12	18.07	475m:	5:43.93	18.95	675m:	8:16.55	19.28
	100m:	1:08.13	17.83	300m:	3:33.45	18.33	500m:	6:02.75	18.82	700m:	8:35.58	19.03
	125m:	1:26.02	17.89	325m:	3:51.93	18.48	525m:	6:21.74	18.99	725m:	8:54.81	19.23
	150m:	1:44.29	18.27	350m:	4:10.51	18.58	550m:	6:41.10	19.36	750m:	9:13.50	18.69
	175m:	2:02.35	18.06	375m:	4:28.61	18.10	575m:	7:00.19	19.09	775m:	9:31.41	17.91
	200m:	2:20.55	18.20	400m:	4:47.43	18.82	600m:	7:19.18	18.99	800m:	9:48.62	17.21
11.			2008			-2	+0,77	<b>9:52.16</b>	1		524	
	25m:	15.40	15.40	225m:	2:41.87	18.67	425m:	5:11.66	19.15	625m:	7:42.95	18.76
	50m:	32.64	17.24	250m:	3:00.35	18.48	450m:	5:30.31	18.65	650m:	8:01.55	18.60
	75m:	50.18	17.54	275m:	3:18.83	18.48	475m:	5:49.41	19.10	675m:	8:20.76	19.21
	100m:	1:08.87	18.69	300m:	3:37.48	18.65	500m:	6:08.13	18.72	700m:	8:39.37	18.61
	125m:	1:27.56	18.69	325m:	3:56.32	18.84	525m:	6:27.20	19.07	725m:	8:58.00	18.63
	150m:	1:45.94	18.38	350m:	4:14.87	18.55	550m:	6:46.08	18.88	750m:	9:16.57	18.57
	175m:	2:04.68	18.74	375m:	4:33.61	18.74	575m:	7:05.20	19.12	775m:	9:34.88	18.31
	200m:	2:23.20	18.52	400m:	4:52.51	18.90	600m:	7:24.19	18.99	800m:	9:52.16	17.28

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20, , 800m , (15-17 )

								R.T.				
12.			2008	1	-			+0,63	9:52.59	1	522	
	25m:	15.06	15.06	225m:	2:40.19	18.71	425m:	5:11.35	18.84	625m:	7:43.69	19.26
	50m:	31.83	16.77	250m:	2:58.74	18.55	450m:	5:30.18	18.83	650m:	8:02.32	18.63
	75m:	49.20	17.37	275m:	3:17.42	18.68	475m:	5:49.44	19.26	675m:	8:21.11	18.79
	100m:	1:07.23	18.03	300m:	3:36.14	18.72	500m:	6:08.21	18.77	700m:	8:39.70	18.59
	125m:	1:25.65	18.42	325m:	3:55.31	19.17	525m:	6:27.52	19.31	725m:	8:58.82	19.12
	150m:	1:44.25	18.60	350m:	4:14.61	19.30	550m:	6:46.57	19.05	750m:	9:17.39	18.57
	175m:	2:02.98	18.73	375m:	4:33.59	18.98	575m:	7:05.62	19.05	775m:	9:35.71	18.32
	200m:	2:21.48	18.50	400m:	4:52.51	18.92	600m:	7:24.43	18.81	800m:	9:52.59	16.88
13.			2007	1	-			+0,72	10:06.67	1	487	
	25m:	15.79	15.79	225m:	2:43.31	18.70	425m:	5:16.38	19.49	625m:	7:52.10	19.62
	50m:	33.41	17.62	250m:	3:02.28	18.97	450m:	5:35.53	19.15	650m:	8:11.67	19.57
	75m:	51.64	18.23	275m:	3:21.34	19.06	475m:	5:54.80	19.27	675m:	8:31.11	19.44
	100m:	1:09.93	18.29	300m:	3:40.41	19.07	500m:	6:14.30	19.50	700m:	8:50.83	19.72
	125m:	1:28.36	18.43	325m:	3:59.47	19.06	525m:	6:33.85	19.55	725m:	9:10.39	19.56
	150m:	1:46.96	18.60	350m:	4:18.63	19.16	550m:	6:53.30	19.45	750m:	9:29.87	19.48
	175m:	2:05.72	18.76	375m:	4:37.82	19.19	575m:	7:12.93	19.63	775m:	9:48.70	18.83
	200m:	2:24.61	18.89	400m:	4:56.89	19.07	600m:	7:32.48	19.55	800m:	10:06.67	17.97
14.			2008	1	-			+0,76	10:22.38		451	
	25m:	16.57	16.57	225m:	2:47.21	19.36	425m:	5:25.83	20.79	625m:	8:05.76	19.73
	50m:	34.78	18.21	250m:	3:06.45	19.24	450m:	5:45.79	19.96	650m:	8:26.45	20.69
	75m:	53.07	18.29	275m:	3:25.95	19.50	475m:	6:06.15	20.36	675m:	8:45.94	19.49
	100m:	1:12.01	18.94	300m:	3:46.00	20.05	500m:	6:26.32	20.17	700m:	9:05.47	19.53
	125m:	1:31.05	19.04	325m:	4:06.09	20.09	525m:	6:46.20	19.88	725m:	9:24.71	19.24
	150m:	1:49.76	18.71	350m:	4:25.50	19.41	550m:	7:06.66	20.46	750m:	9:44.70	19.99
	175m:	2:08.69	18.93	375m:	4:45.21	19.71	575m:	7:26.66	20.00	775m:	10:04.19	19.49
	200m:	2:27.85	19.16	400m:	5:05.04	19.83	600m:	7:46.03	19.37	800m:	10:22.38	18.19



, 30 - 02 2023

20, , 800m

20 , 800m

(13-14 )

31.10.2023 - 12:23

8:04.65

03.11.2021

8:20.17

09.11.2015

: FINA 2023

			/			R.T.					
1.			2010	1		+0,74	<b>9:23.60</b>			607	
25m:	15.16	15.16	225m:	2:32.99	17.65	425m:	4:56.17	18.12	625m:	7:19.55	18.22
50m:	31.76	16.60	250m:	2:51.12	18.13	450m:	5:13.85	17.68	650m:	7:37.82	18.27
75m:	48.42	16.66	275m:	3:08.79	17.67	475m:	5:31.87	18.02	675m:	7:55.58	17.76
100m:	1:05.47	17.05	300m:	3:26.39	17.60	500m:	5:49.42	17.55	700m:	8:13.55	17.97
125m:	1:23.02	17.55	325m:	3:43.70	17.31	525m:	6:07.11	17.69	725m:	8:31.18	17.63
150m:	1:40.32	17.30	350m:	4:01.73	18.03	550m:	6:25.64	18.53	750m:	8:49.20	18.02
175m:	1:57.74	17.42	375m:	4:19.80	18.07	575m:	6:43.50	17.86	775m:	9:06.88	17.68
200m:	2:15.34	17.60	400m:	4:38.05	18.25	600m:	7:01.33	17.83	800m:	9:23.60	16.72
2.			2010		-				<b>9:33.13</b>		578
25m:	14.74	14.74	225m:	2:33.80	17.69	425m:	5:00.25	18.79	625m:	7:27.71	18.46
50m:	31.59	16.85	250m:	2:51.76	17.96	450m:	5:18.70	18.45	650m:	7:46.18	18.47
75m:	48.46	16.87	275m:	3:09.96	18.20	475m:	5:37.26	18.56	675m:	8:04.64	18.46
100m:	1:05.59	17.13	300m:	3:28.19	18.23	500m:	5:55.56	18.30	700m:	8:22.63	17.99
125m:	1:23.01	17.42	325m:	3:46.08	17.89	525m:	6:14.30	18.74	725m:	8:40.64	18.01
150m:	1:40.52	17.51	350m:	4:04.62	18.54	550m:	6:32.76	18.46	750m:	8:58.75	18.11
175m:	1:58.20	17.68	375m:	4:23.33	18.71	575m:	6:51.11	18.35	775m:	9:16.13	17.38
200m:	2:16.11	17.91	400m:	4:41.46	18.13	600m:	7:09.25	18.14	800m:	9:33.13	17.00
3.			2009	1	-	-		+0,69	<b>9:33.60</b>		576
25m:	14.83	14.83	225m:	2:34.61	18.12	425m:	5:01.25	18.28	625m:	7:27.70	18.11
50m:	31.20	16.37	250m:	2:52.67	18.06	450m:	5:19.49	18.24	650m:	7:46.03	18.33
75m:	47.94	16.74	275m:	3:10.74	18.07	475m:	5:38.00	18.51	675m:	8:04.19	18.16
100m:	1:05.24	17.30	300m:	3:29.83	19.09	500m:	5:56.35	18.35	700m:	8:22.50	18.31
125m:	1:22.75	17.51	325m:	3:47.94	18.11	525m:	6:14.78	18.43	725m:	8:40.18	17.68
150m:	1:40.45	17.70	350m:	4:06.31	18.37	550m:	6:32.98	18.20	750m:	8:58.40	18.22
175m:	1:58.32	17.87	375m:	4:24.70	18.39	575m:	6:51.37	18.39	775m:	9:16.43	18.03
200m:	2:16.49	18.17	400m:	4:42.97	18.27	600m:	7:09.59	18.22	800m:	9:33.60	17.17
4.			2009		-2	+0,88	<b>9:35.58</b>	1		570	
25m:	15.73	15.73	225m:	2:37.07	18.15	425m:	5:01.35	18.24	625m:	7:28.26	18.20
50m:	32.73	17.00	250m:	2:54.88	17.81	450m:	5:19.43	18.08	650m:	7:46.78	18.52
75m:	50.10	17.37	275m:	3:12.79	17.91	475m:	5:37.88	18.45	675m:	8:05.36	18.58
100m:	1:07.76	17.66	300m:	3:30.72	17.93	500m:	5:56.40	18.52	700m:	8:23.90	18.54
125m:	1:25.48	17.72	325m:	3:48.71	17.99	525m:	6:14.70	18.30	725m:	8:41.79	17.89
150m:	1:43.22	17.74	350m:	4:06.76	18.05	550m:	6:32.99	18.29	750m:	9:00.21	18.42
175m:	2:01.01	17.79	375m:	4:25.01	18.25	575m:	6:51.49	18.50	775m:	9:18.20	17.99
200m:	2:18.92	17.91	400m:	4:43.11	18.10	600m:	7:10.06	18.57	800m:	9:35.58	17.38
5.			2009	1	-2	+0,95	<b>9:42.76</b>	1		549	
25m:	16.25	16.25	225m:	2:41.89	18.24	425m:	5:09.61	18.84	625m:	7:36.95	18.40
50m:	33.96	17.71	250m:	3:00.39	18.50	450m:	5:28.18	18.57	650m:	7:55.48	18.53
75m:	52.14	18.18	275m:	3:18.59	18.20	475m:	5:46.46	18.28	675m:	8:13.88	18.40
100m:	1:10.24	18.10	300m:	3:36.85	18.26	500m:	6:05.07	18.61	700m:	8:32.06	18.18
125m:	1:28.35	18.11	325m:	3:55.55	18.70	525m:	6:23.41	18.34	725m:	8:50.46	18.40
150m:	1:46.80	18.45	350m:	4:13.79	18.24	550m:	6:41.98	18.57	750m:	9:08.37	17.91
175m:	2:05.42	18.62	375m:	4:32.15	18.36	575m:	7:00.23	18.25	775m:	9:26.06	17.69
200m:	2:23.65	18.23	400m:	4:50.77	18.62	600m:	7:18.55	18.32	800m:	9:42.76	16.70



20, , 800m , (13-14 )

								R.T.				
6.				2010				+0,69	<b>9:44.17</b>	1	545	
	25m:	15.56	15.56	225m:	2:40.15	18.37	425m:	5:09.01	18.49	625m:	7:36.50	18.45
	50m:	32.69	17.13	250m:	2:58.65	18.50	450m:	5:27.58	18.57	650m:	7:54.80	18.30
	75m:	50.71	18.02	275m:	3:17.08	18.43	475m:	5:45.99	18.41	675m:	8:13.35	18.55
	100m:	1:08.74	18.03	300m:	3:35.73	18.65	500m:	6:04.43	18.44	700m:	8:31.57	18.22
	125m:	1:27.01	18.27	325m:	3:54.47	18.74	525m:	6:22.84	18.41	725m:	8:50.08	18.51
	150m:	1:45.00	17.99	350m:	4:13.15	18.68	550m:	6:41.35	18.51	750m:	9:08.50	18.42
	175m:	2:03.37	18.37	375m:	4:31.84	18.69	575m:	6:59.77	18.42	775m:	9:26.59	18.09
	200m:	2:21.78	18.41	400m:	4:50.52	18.68	600m:	7:18.05	18.28	800m:	9:44.17	17.58
7.				2009				+0,76	<b>9:55.16</b>	1	516	
	25m:	15.39	15.39	225m:	2:43.38	18.52	425m:	5:12.24	18.67	625m:	7:44.63	19.24
	50m:	33.46	18.07	250m:	3:01.77	18.39	450m:	5:31.37	19.13	650m:	8:03.56	18.93
	75m:	51.91	18.45	275m:	3:20.36	18.59	475m:	5:50.18	18.81	675m:	8:22.83	19.27
	100m:	1:10.30	18.39	300m:	3:38.75	18.39	500m:	6:08.87	18.69	700m:	8:42.06	19.23
	125m:	1:28.96	18.66	325m:	3:57.23	18.48	525m:	6:27.81	18.94	725m:	9:01.24	19.18
	150m:	1:47.70	18.74	350m:	4:15.96	18.73	550m:	6:47.03	19.22	750m:	9:20.29	19.05
	175m:	2:05.98	18.28	375m:	4:34.74	18.78	575m:	7:06.36	19.33	775m:	9:38.74	18.45
	200m:	2:24.86	18.88	400m:	4:53.57	18.83	600m:	7:25.39	19.03	800m:	9:55.16	16.42
8.				2010	1	-		+0,86	<b>9:55.24</b>	1	515	
	25m:	16.32	16.32	225m:	2:43.60	18.95	425m:	5:14.74	18.51	625m:	7:44.96	18.77
	50m:	34.48	18.16	250m:	3:02.69	19.09	450m:	5:33.57	18.83	650m:	8:04.44	19.48
	75m:	52.57	18.09	275m:	3:21.43	18.74	475m:	5:52.53	18.96	675m:	8:23.36	18.92
	100m:	1:10.52	17.95	300m:	3:40.55	19.12	500m:	6:11.31	18.78	700m:	8:42.93	19.57
	125m:	1:28.81	18.29	325m:	3:59.54	18.99	525m:	6:30.35	19.04	725m:	9:01.77	18.84
	150m:	1:47.14	18.33	350m:	4:18.63	19.09	550m:	6:49.23	18.88	750m:	9:20.84	19.07
	175m:	2:05.73	18.59	375m:	4:37.57	18.94	575m:	7:07.73	18.50	775m:	9:38.35	17.51
	200m:	2:24.65	18.92	400m:	4:56.23	18.66	600m:	7:26.19	18.46	800m:	9:55.24	16.89
9.				2010	1	-2		+0,71	<b>10:00.27</b>	1	503	
	25m:	15.64	15.64	225m:	2:42.79	18.58	425m:	5:12.46	18.82	625m:	7:46.43	19.54
	50m:	33.72	18.08	250m:	3:01.33	18.54	450m:	5:31.49	19.03	650m:	8:06.16	19.73
	75m:	51.94	18.22	275m:	3:19.88	18.55	475m:	5:50.46	18.97	675m:	8:25.71	19.55
	100m:	1:10.16	18.22	300m:	3:38.62	18.74	500m:	6:09.71	19.25	700m:	8:44.95	19.24
	125m:	1:28.61	18.45	325m:	3:57.37	18.75	525m:	6:28.87	19.16	725m:	9:04.17	19.22
	150m:	1:47.11	18.50	350m:	4:16.09	18.72	550m:	6:48.27	19.40	750m:	9:23.43	19.26
	175m:	2:05.77	18.66	375m:	4:34.84	18.75	575m:	7:07.36	19.09	775m:	9:41.99	18.56
	200m:	2:24.21	18.44	400m:	4:53.64	18.80	600m:	7:26.89	19.53	800m:	10:00.27	18.28
10.				2009	1			+0,80	<b>10:11.33</b>	1	476	
	25m:	16.04	16.04	225m:	2:45.25	19.22	425m:	5:18.42	19.73	625m:	7:56.99	20.21
	50m:	33.95	17.91	250m:	3:03.87	18.62	450m:	5:37.90	19.48	650m:	8:17.07	20.08
	75m:	52.33	18.38	275m:	3:22.50	18.63	475m:	5:57.97	20.07	675m:	8:37.07	20.00
	100m:	1:11.06	18.73	300m:	3:41.35	18.85	500m:	6:17.56	19.59	700m:	8:56.76	19.69
	125m:	1:29.51	18.45	325m:	4:00.48	19.13	525m:	6:37.83	20.27	725m:	9:17.14	20.38
	150m:	1:48.09	18.58	350m:	4:19.96	19.48	550m:	6:57.39	19.56	750m:	9:36.87	19.73
	175m:	2:06.95	18.86	375m:	4:39.46	19.50	575m:	7:17.31	19.92	775m:	9:54.96	18.09
	200m:	2:26.03	19.08	400m:	4:58.69	19.23	600m:	7:36.78	19.47	800m:	10:11.33	16.37
11.				2010	1	-		+0,72	<b>10:12.55</b>	1	473	
	25m:	16.25	16.25	225m:	2:47.03	19.30	425m:	5:21.87	19.45	625m:	7:57.69	19.53
	50m:	34.69	18.44	250m:	3:06.70	19.67	450m:	5:41.59	19.72	650m:	8:17.42	19.73
	75m:	53.45	18.76	275m:	3:25.82	19.12	475m:	6:00.98	19.39	675m:	8:36.92	19.50
	100m:	1:12.03	18.58	300m:	3:44.95	19.13	500m:	6:20.67	19.69	700m:	8:56.31	19.39
	125m:	1:30.97	18.94	325m:	4:04.26	19.31	525m:	6:40.28	19.61	725m:	9:16.08	19.77
	150m:	1:49.61	18.64	350m:	4:23.63	19.37	550m:	6:59.54	19.26	750m:	9:35.22	19.14
	175m:	2:08.79	19.18	375m:	4:43.15	19.52	575m:	7:18.99	19.45	775m:	9:54.47	19.25
	200m:	2:27.73	18.94	400m:	5:02.42	19.27	600m:	7:38.16	19.17	800m:	10:12.55	18.08

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20, , 800m , (13-14 )

		/				R.T.					
12.		2009	1	-		+0,77	10:40.78	413			
25m:	16.83	16.83	225m:	2:55.34	20.24	425m:	5:39.02	20.04	625m:	8:23.70	20.32
50m:	35.44	18.61	250m:	3:15.80	20.46	450m:	5:59.76	20.74	650m:	8:44.50	20.80
75m:	54.51	19.07	275m:	3:36.43	20.63	475m:	6:20.21	20.45	675m:	9:05.27	20.77
100m:	1:14.27	19.76	300m:	3:56.71	20.28	500m:	6:41.11	20.90	700m:	9:25.86	20.59
125m:	1:34.09	19.82	325m:	4:16.92	20.21	525m:	7:01.36	20.25	725m:	9:44.94	19.08
150m:	1:54.65	20.56	350m:	4:37.51	20.59	550m:	7:22.36	21.00	750m:	10:05.28	20.34
175m:	2:14.85	20.20	375m:	4:58.24	20.73	575m:	7:42.82	20.46	775m:	10:23.08	17.80
200m:	2:35.10	20.25	400m:	5:18.98	20.74	600m:	8:03.38	20.56	800m:	10:40.78	17.70

