

24			, 800m			2011						
22.01.2025 - 14:10												
: FINA 2023												
1.			2011	I				9:24.40	605			
	50m:	33.14	33.14	250m:	2:53.98	35.47	450m:	5:16.30	35.61	650m:	7:38.93	35.55
	100m:	1:07.86	34.72	300m:	3:29.51	35.53	500m:	5:51.80	35.50	700m:	8:14.74	35.81
	150m:	1:43.21	35.35	350m:	4:05.20	35.69	550m:	6:27.44	35.64	750m:	8:50.12	35.38
	200m:	2:18.51	35.30	400m:	4:40.69	35.49	600m:	7:03.38	35.94	800m:	9:24.40	34.28
2.			2009	I				9:47.10	I	537		
	50m:	33.47	33.47	250m:	2:55.66	36.56	450m:	5:25.00	37.65	650m:	7:55.84	37.94
	100m:	1:07.80	34.33	300m:	3:32.66	37.00	500m:	6:02.61	37.61	700m:	8:33.67	37.83
	150m:	1:42.96	35.16	350m:	4:10.19	37.53	550m:	6:40.16	37.55	750m:	9:11.33	37.66
	200m:	2:19.10	36.14	400m:	4:47.35	37.16	600m:	7:17.90	37.74	800m:	9:47.10	35.77
3.			2011	I				9:57.30	I	510		
	50m:	35.19	35.19	250m:	3:04.99	37.65	450m:	5:35.30	37.68	650m:	8:06.46	38.19
	100m:	1:11.96	36.77	300m:	3:42.59	37.60	500m:	6:13.04	37.74	700m:	8:43.92	37.46
	150m:	1:49.42	37.46	350m:	4:20.07	37.48	550m:	6:50.46	37.42	750m:	9:21.61	37.69
	200m:	2:27.34	37.92	400m:	4:57.62	37.55	600m:	7:28.27	37.81	800m:	9:57.30	35.69
4.			2011	I				10:03.30	I	495		
	50m:	33.15	33.15	250m:	3:02.77	37.85	450m:	5:37.18	38.60	650m:	8:10.53	38.52
	100m:	1:09.46	36.31	300m:	3:41.24	38.47	500m:	6:15.78	38.60	700m:	8:48.79	38.26
	150m:	1:46.80	37.34	350m:	4:20.04	38.80	550m:	6:53.51	37.73	750m:	9:27.09	38.30
	200m:	2:24.92	38.12	400m:	4:58.58	38.54	600m:	7:32.01	38.50	800m:	10:03.30	36.21
5.			2009	I				10:03.41	I	495		
	50m:	34.82	34.82	250m:	3:05.05	37.56	450m:	5:37.55	38.00	650m:	8:11.66	38.25
	100m:	1:11.72	36.90	300m:	3:42.86	37.81	500m:	6:16.50	38.95	700m:	8:49.96	38.30
	150m:	1:49.82	38.10	350m:	4:21.16	38.30	550m:	6:54.64	38.14	750m:	9:28.34	38.38
	200m:	2:27.49	37.67	400m:	4:59.55	38.39	600m:	7:33.41	38.77	800m:	10:03.41	35.07
6.			2011	I				10:06.10	I	488		
	50m:	34.69	34.69	250m:	3:07.30	38.16	450m:	5:38.59	37.92	650m:	8:11.71	38.24
	100m:	1:12.81	38.12	300m:	3:45.03	37.73	500m:	6:16.88	38.29	700m:	8:49.92	38.21
	150m:	1:50.90	38.09	350m:	4:22.48	37.45	550m:	6:54.73	37.85	750m:	9:28.03	38.11
	200m:	2:29.14	38.24	400m:	5:00.67	38.19	600m:	7:33.47	38.74	800m:	10:06.10	38.07
7.			2009	I				10:09.40	I	480		
	50m:	33.69	33.69	250m:	3:02.13	37.53	450m:	5:35.91	38.80	650m:	8:12.73	39.46
	100m:	1:10.31	36.62	300m:	3:40.05	37.92	500m:	6:15.13	39.22	700m:	8:52.14	39.41
	150m:	1:47.22	36.91	350m:	4:18.32	38.27	550m:	6:54.16	39.03	750m:	9:31.23	39.09
	200m:	2:24.60	37.38	400m:	4:57.11	38.79	600m:	7:33.27	39.11	800m:	10:09.40	38.17
8.			2011	II				10:16.70	II	463		
	50m:	35.63	35.63	250m:	3:12.09	38.86	450m:	5:48.06	39.39	650m:	8:23.66	38.93
	100m:	1:14.76	39.13	300m:	3:50.71	38.62	500m:	6:26.80	38.74	700m:	9:02.52	38.86
	150m:	1:53.98	39.22	350m:	4:30.18	39.47	550m:	7:06.01	39.21	750m:	9:41.32	38.80
	200m:	2:33.23	39.25	400m:	5:08.67	38.49	600m:	7:44.73	38.72	800m:	10:16.70	35.38
9.			2008	I				10:18.65	II	459		
	50m:	34.93	34.93	250m:	3:05.17	38.03	450m:	5:42.60	39.53	650m:	8:22.93	39.94
	100m:	1:11.69	36.76	300m:	3:44.04	38.87	500m:	6:22.56	39.96	700m:	9:02.73	39.80
	150m:	1:49.24	37.55	350m:	4:23.04	39.00	550m:	7:02.81	40.25	750m:	9:42.24	39.51
	200m:	2:27.14	37.90	400m:	5:03.07	40.03	600m:	7:42.99	40.18	800m:	10:18.65	36.41
10.			2009	II				10:28.76	II	437		
	50m:	35.64	35.64	250m:	3:13.20	39.82	450m:	5:51.47	39.24	650m:	8:30.28	39.64
	100m:	1:13.49	37.85	300m:	3:52.70	39.50	500m:	6:30.71	39.24	700m:	9:10.25	39.97
	150m:	1:53.32	39.83	350m:	4:32.66	39.96	550m:	7:10.50	39.79	750m:	9:50.91	40.66
	200m:	2:33.38	40.06	400m:	5:12.23	39.57	600m:	7:50.64	40.14	800m:	10:28.76	37.85

24,		, 800m		, 2011									
11.				2011	I					-19	10:31.49	II	432
	50m:	35.93	35.93	250m:	3:14.97	39.35	450m:	5:53.11	39.92	650m:	8:31.86	38.90	
	100m:	1:15.59	39.66	300m:	3:53.32	38.35	500m:	6:32.40	39.29	700m:	9:11.04	39.18	
	150m:	1:55.23	39.64	350m:	4:32.83	39.51	550m:	7:12.90	40.50	750m:	9:51.14	40.10	
	200m:	2:35.62	40.39	400m:	5:13.19	40.36	600m:	7:52.96	40.06	800m:	10:31.49	40.35	
12.				2011	II					-19	10:31.63	II	431
	50m:	36.22	36.22	250m:	3:14.29	39.69	450m:	5:54.14	40.57	650m:	8:34.27	40.36	
	100m:	1:15.32	39.10	300m:	3:53.62	39.33	500m:	6:33.72	39.58	700m:	9:14.16	39.89	
	150m:	1:54.78	39.46	350m:	4:33.40	39.78	550m:	7:14.04	40.32	750m:	9:55.34	41.18	
	200m:	2:34.60	39.82	400m:	5:13.57	40.17	600m:	7:53.91	39.87	800m:	10:31.63	36.29	
13.				2011	II					" "	10:42.78	II	409
	100m:	1:15.49	1:15.49	300m:	3:58.14	1:22.74	500m:	6:39.24	1:21.13	700m:	9:21.93	1:21.00	
	200m:	2:35.40	1:19.91	400m:	5:18.11	1:19.97	600m:	8:00.93	1:21.69	800m:	10:42.78	1:20.85	
14.				2011	II						10:43.79	II	407
	100m:	1:14.01	1:14.01	300m:	3:59.54	1:22.94	500m:	6:44.66	1:22.65	700m:	9:26.60	1:20.51	
	200m:	2:36.60	1:22.59	400m:	5:22.01	1:22.47	600m:	8:06.09	1:21.43	800m:	10:43.79	1:17.19	
15.				2009	I					" "	10:44.22	II	407
	50m:	34.78	34.78	250m:	3:10.56	39.94	450m:	5:54.70	41.40	650m:	8:42.14	42.08	
	100m:	1:12.33	37.55	300m:	3:51.43	40.87	500m:	6:36.24	41.54	700m:	9:24.21	42.07	
	150m:	1:51.39	39.06	350m:	4:32.31	40.88	550m:	7:18.59	42.35	750m:	10:10.89	46.68	
	200m:	2:30.62	39.23	400m:	5:13.30	40.99	600m:	8:00.06	41.47	800m:	10:44.22	33.33	
16.				2011	II					4	10:48.89	II	398
	50m:	34.85	34.85	250m:	3:15.74	40.34	450m:	6:00.24	41.11	650m:	8:45.89	41.62	
	100m:	1:13.47	38.62	300m:	3:57.14	41.40	500m:	6:41.43	41.19	700m:	9:27.50	41.61	
	150m:	1:54.29	40.82	350m:	4:38.45	41.31	550m:	7:22.69	41.26	750m:	10:08.73	41.23	
	200m:	2:35.40	41.11	400m:	5:19.13	40.68	600m:	8:04.27	41.58	800m:	10:48.89	40.16	
17.				2011	II					" "	11:03.20	II	373
	100m:	1:15.35	1:15.35	300m:	4:01.28	1:23.55	500m:	6:51.84	1:24.77	700m:	9:41.19	1:25.05	
	200m:	2:37.73	1:22.38	400m:	5:27.07	1:25.79	600m:	8:16.14	1:24.30	800m:	11:03.20	1:22.01	
18.				2011	II					" "	11:04.25	II	371
	100m:	1:20.37	1:20.37	300m:	4:09.22	1:24.13	500m:	6:56.60	1:24.04	700m:	9:44.18	1:23.65	
	200m:	2:45.09	1:24.72	400m:	5:32.56	1:23.34	600m:	8:20.53	1:23.93	800m:	11:04.25	1:20.07	
19.				2011	II					" "	11:10.46	II	361
	50m:	36.59	36.59	250m:	3:25.71	43.20	450m:	6:17.39	42.86	650m:	9:09.92	42.81	
	100m:	1:17.24	40.65	300m:	4:08.70	42.99	500m:	7:00.60	43.21	700m:	9:52.27	42.35	
	150m:	1:59.61	42.37	350m:	4:51.45	42.75	550m:	7:43.67	43.07	750m:	10:32.86	40.59	
	200m:	2:42.51	42.90	400m:	5:34.53	43.08	600m:	8:27.11	43.44	800m:	11:10.46	37.60	
20.				2011	II						11:12.52	II	357
	100m:	1:17.00	1:17.00	300m:	4:08.52	1:25.69	500m:	7:01.46	1:26.88	700m:	9:52.58	1:25.78	
	200m:	2:42.83	1:25.83	400m:	5:34.58	1:26.06	600m:	8:26.80	1:25.34	800m:	11:12.52	1:19.94	
21.				2011	II						11:20.80	II	344
	100m:	1:19.84	1:19.84	300m:	4:11.27	1:26.66	500m:	7:05.04	1:27.06	700m:	9:58.17	1:26.41	
	200m:	2:44.61	1:24.77	400m:	5:37.98	1:26.71	600m:	8:31.76	1:26.72	800m:	11:20.80	1:22.63	
22.				2011	II						12:09.07	III	280
	100m:	1:23.96	1:23.96	300m:	4:28.56	1:32.29	500m:	7:35.16	1:27.16	700m:	10:40.78	1:32.57	
	200m:	2:56.27	1:32.31	400m:	6:08.00	1:39.44	600m:	9:08.21	1:33.05	800m:	12:09.07	1:28.29	

, 21.01-23.01.2025 .

24, , 800m											
EXH			2011				-19		9:28.14		593
50m:	33.10	33.10	250m:	2:56.14	35.75	450m:	5:19.46	35.95	650m:	7:42.96	35.66
100m:	1:08.68	35.58	300m:	3:31.67	35.53	500m:	5:55.12	35.66	700m:	8:18.96	36.00
150m:	1:44.48	35.80	350m:	4:07.74	36.07	550m:	6:31.17	36.05	750m:	8:54.72	35.76
200m:	2:20.39	35.91	400m:	4:43.51	35.77	600m:	7:07.30	36.13	800m:	9:28.14	33.42
EXH			2008				" "		9:33.90		575
50m:	33.40	33.40	250m:	2:55.05	35.60	450m:	5:19.58	36.06	650m:	7:45.39	36.65
100m:	1:08.45	35.05	300m:	3:31.18	36.13	500m:	5:55.92	36.34	700m:	8:21.91	36.52
150m:	1:43.84	35.39	350m:	4:07.34	36.16	550m:	6:32.42	36.50	750m:	8:58.16	36.25
200m:	2:19.45	35.61	400m:	4:43.52	36.18	600m:	7:08.74	36.32	800m:	9:33.90	35.74
EXH			2008				" "		9:43.62		547
50m:	34.28	34.28	250m:	2:58.94	36.53	450m:	5:25.50	36.74	650m:	7:54.19	37.73
100m:	1:09.55	35.27	300m:	3:35.46	36.52	500m:	6:02.27	36.77	700m:	8:31.57	37.38
150m:	1:45.74	36.19	350m:	4:12.11	36.65	550m:	6:39.26	36.99	750m:	9:08.62	37.05
200m:	2:22.41	36.67	400m:	4:48.76	36.65	600m:	7:16.46	37.20	800m:	9:43.62	35.00
EXH			2010				" "		9:54.28		518
50m:	32.74	32.74	250m:	3:00.92	37.37	450m:	5:31.46	37.79	650m:	8:02.36	37.51
100m:	1:09.07	36.33	300m:	3:38.35	37.43	500m:	6:09.55	38.09	700m:	8:40.09	37.73
150m:	1:46.29	37.22	350m:	4:15.98	37.63	550m:	6:47.12	37.57	750m:	9:18.10	38.01
200m:	2:23.55	37.26	400m:	4:53.67	37.69	600m:	7:24.85	37.73	800m:	9:54.28	36.18
EXH			2008				1		10:06.30		488
50m:	34.47	34.47	250m:	3:02.07	37.65	450m:	5:35.54	38.57	650m:	8:09.79	38.77
100m:	1:10.58	36.11	300m:	3:39.89	37.82	500m:	6:13.91	38.37	700m:	8:48.99	39.20
150m:	1:47.32	36.74	350m:	4:18.50	38.61	550m:	6:52.57	38.66	750m:	9:28.20	39.21
200m:	2:24.42	37.10	400m:	4:56.97	38.47	600m:	7:31.02	38.45	800m:	10:06.30	38.10